

Breaking Up: How To Ditch Your “Better Than Nothing” Relationship And Love



On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about ditching those better than nothing (BTN) relationships and love.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

End Your 'Better Than Nothing' Relationships and Love

Have you ever been in a better than nothing relationship and love? The type where a lot of your standards are met, but you just know that this isn't your final choice. If you're in this type of romantic rendezvous, get out of it as soon as possible! "It's a time waster," the relationship experts say.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

Here are five ways to know when it's time to ditch your BTN love:

- 1. If they lack one of your must have.** Don't stay with your honey if you aren't fully satisfied.
- 2. If the pain outweighs the pleasure.** Relationships should be happy, not painful.
- 3. If they don't love you enough.** You deserve someone who worships the ground you walk on.
- 4. If you don't love them enough.** You deserve to worship the ground someone walks on.
- 5. If your intuition says so.** Your intuition was created to protect you, so listen to it!

Listen to the love advice above to find out how to end one of these toxic flings!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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What do you think about better than nothing relationships?

Tell us in the comments below!

Relationship Experts Talk Capturing His Attention (In Person!)



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to capture his attention (in person!). Check out their expert dating advice above!

Three Tips From Relationship Experts: How To Capture His Attention

1. Appearance. Men are visual creatures, so make sure you're emulating the best version of yourself. You are your brand, so present yourself accordingly.

Related Link: [Expert Dating Advice: What A Man Doesn't Want In A Woman](#)

2. Energy. If you have a positive energy and openness, then people will gravitate towards you, the relationship experts say. Be excited about yourself and your life, because that is attractive.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

3. Pursue men yourself. Don't be afraid to initiate conversation, ladies. If you want a relationship and love, get out of your head, and go after the guys you want to date.

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How do you capture his attention in person? Tell us in the comments below!

Dating Expert Says Look For What You Need, Not Want!



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the secret on how to be happy in your relationship and love for the rest of your life! Her expert love advice is simple: Make sure you're looking for what you need versus what you want.

E!'s *Famously Single* Dating Expert On Wants Vs. Needs

If your love life isn't where you want it to be, then you may be searching too hard for what you want, instead of what you

need. The list of “must-haves” that you judge every potential partner by, is actually just a list of preferences and aren’t essential to a lasting relationship. “You need someone who makes you feel like a priority and communicates with you,” the dating expert shares. But you don’t necessarily need that person to be tall, dark, and handsome.

Related Link: [Expert Dating Advice: How To Find The Good Guys Sexy](#)

Start looking at your needs as sexy. It’s sexy when your honey shows up physically and emotionally for you. It’s sexy when your love is kind to you and respects you. It’s attractive when you share the same core values. If you don’t have your needs met, the connection won’t last. “Get your needs met and your wants will be fulfilled,” House says.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you know your wants versus your needs? Tell us in the comments below!

Celebrity Video Interview: Master Sommelier Talks Relationship and Love Advice



By [Rebecca White](#)

If you're keeping up with New York Fashion Week, then you know that the worlds of fashion and wine are colliding this year. Master Sommelier DLynn Proctor shares his best relationship and [love advice](#) concerning all things wine in our celebrity video interview.

Related Link: [Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: "We Carve Out Time for Each Other"](#)

DLynn Proctor Talks Love Advice In Celebrity Video Interview

Sometimes ordering wine at a restaurant can be stressful, especially on a first date or special occasion such as an anniversary or Valentine's Day. Proctor's love advice is to

make sure you communicate with your sommelier. "Give your somm buzz words, like light or bold, medium wines, fruity, dry, sweet, etc.," he says. After that, your somm will easily be able to make a pairing sure to improve your date night.

But if you still need some dating advice concerning wine, then look out for these recommendations. For a first date, you can't go wrong with the Bin 28 Kalimna Shiraz, Proctor shares. "A lot of beginners can enjoy this and the price is affordable!" he says. But, maybe your relationship is more mature, and you're searching for an anniversary wine. In that case, go with the Penfolds Grange Shiraz that can be order at the finest establishments.

In regards to his own relationship and love life, Proctor jokes that being a sommelier has only improved his marriage. "The wine seller is always stocked and the wife is always happy. She drinks very well," he says with a laugh.

You can keep up with DLynn on Twitter @WineauxDLynnP and www.instagram.com/penfoldsdlynnp/.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Relationship Advice On Dating Your Ex





In this week's [relationship advice video](#) from [Single in Stilettos](#), matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about dating your ex.

Expert Dating Advice: Should You Date Your Ex?

Make sure you listen to this expert dating advice and ask these three questions before you decide whether or not to go back to your old partner:

1. Do you harbor any resentments? If the issues aren't resolved, then don't go back to your old flame! Here's some relationship advice: You have to go in with a clean slate, if you've made the decision to go backwards, instead of forwards.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

2. What caused the break up? You need to assess what went wrong and what arguments were had. Make sure you know what

you're willing to deal with.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

3. Is it worth the effort? You need to make sure the circumstances have changed, so you'll nurture a healthier relationship and love.

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Would you get back together with your ex? Tell us in the comments below!

Expert Dating Advice: How to Make a Relationship and Love Work





On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to [dating expert](#) and Robert Manni about how to make a relationship and love work.

Dating Expert Robert Manni Reveals How to Keep Your Relationship and Love Strong

Here are five pieces of expert dating advice to follow if you want a strong relationship and love:

1. Pay attention: As Manni explains, "Guys are not that good at paying attention, and women pay attention to *everything*." If you want to keep your partner happy, be mindful to their needs.

Related Link: [Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!](#)

2. Give your partner the benefit of the doubt: People are very quick to point out if something's not completely right, but a

lot of times, there's a rationale behind people's behavior. Don't jump to conclusions!

3. Have shared values: "A couple can be opposites, but it's the values that count – they need to sync up," the dating expert says. For instance, two people need the same viewpoint on money, trust, and family, which often goes back to how they were raised.

4. Communicate: It's important that neither person shuts down when it comes to communication. Really listen and hear where the other person is coming from. "It's very important that women don't expect men to read their minds and that men are willing to engage about an issue," Manni shares. "Both women and men have to meet each other halfway."

Related Link: [Relationship Advice Video: Three Things Women Don't Know About Men](#)

5. Always keep dating: It's easy to get comfortable and unintentionally take things for granted. "I'm guilty of that all the time," the relationship author of *The Guy's Guys Guide to Love* admits. "You have to keep the mindset – and the heartset – that the person you're with is somebody that you're constantly wooing."

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Relationship Expert Reveals The Secret To A Great First Date



By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the secret on how to never have a bad first date again! Her expert dating advice is simple: Always pre-qualify your dates.

Relationship Expert from E!'s

Famously Single Says to Pre-Qualify Potential Matches Before a First Date

We all know that relationships and love can be tricky. Whether you meet through work, friends, or even online, you must pre-qualify all of your dates before you give them any personal information. With online dating in particular, if you move too quickly, you may realize how weird or creepy they are too late. “You’re afraid, and now, they have your phone number,” the relationship expert shares.

Related Link: [Relationship Expert Reveals What to Do Before You Begin Online Dating](#)

To avoid having a bad first date, pre-qualify your potential matches by asking strategic and substantive questions. Be vulnerable and remember to go down before you go up. Even share your core values and ask for their’s to ensure a positive outcome. “Online dating can be the most amazing and easy way to meet people,” House says. “But it can be exhausting, confusing, and a waste of time if you don’t pre-qualify.”

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you pre-qualify your dates? Tell us in the comments below!

Relationship Advice Video: Rejection Is Part of Dating – Get Used to It!



In this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to [dating expert](#) David Crowther about one part of looking for a relationship and love that you *must* accept: rejection.

Expert Relationship Advice About Rejection

As Oshima says, "Nobody likes rejection." For some people, if they face too much rejection, they want to stop dating all

together, which is a huge mistake. According to the relationship advice video, it can affect us physically. For instance, we may experience a tight feeling in our chest or the blood rush to our face. “With the proper outlook and a grandiose goal, it’s something you can overcome,” Crowther explains.

Related Link: [Relationship Advice Video: Should I Date More Than One Man?](#)

The dating expert also discusses the idea of the default future, which means that, if you keep doing what you’re doing, you’re going to continue following the same path. Instead, you must step outside of your comfort zone and put yourself in the position to be rejected. Eventually, you’ll realize that those guys aren’t the right fit for you anyways!

Check out the rest of his love advice in the video above!

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Comedian Wayne Brady On His Modern Family and Celebrity Ex: “We Truly Love Each Other – Like Back to the Wall,

Fight Anybody”



Interview by [Lori Bizzoco](#). Written by Katelyn Di Salvo.

Actor, improv artist, and comedian Wayne Brady was in New York City this week to team up with Charmin to host the “Keep it Clean Comedy Show.” The event gave young comedians from schools all over the city a platform to deliver five minutes of their best, clean potty humor routines in front of a live audience. In our [exclusive celebrity interview](#) with the television host, he opens up about the show, his upcoming role as Lola in *Kinky Boots* on Broadway, and his modern family dynamic!

Wayne Brady Discusses Charmin's "Keep it Clean Comedy Show"

Brady has a lot on his plate these days. He is best known for hosting *Let's Make a Deal* on CBS as well as being on the very popular *Who's Line Is It Anyway?* Additionally, the actor is developing an improv game show with Ryan Seacrest and a sitcom with his producing partner – who also happens to be his celebrity ex – Mandie Taketa.

Even with his full schedule, the busy celeb still made time to give back and help out the future of comedy for Charmin's "Keep It Clean Comedy Show." Brady opened up the show with classic interactive improv and even brought his daughter Maile on stage for some father-daughter comedy. He says getting involved with the event was a "no-brainer" because he was excited about helping these young, aspiring comedians. Plus, Charmin offered to donate to his favorite charity, Ronald McDonald House Charities. He was so impressed with the young talent at the event that he thought he could cast a baby *Saturday Night Live*!

Related Link: [Former 'TLC' Member Rozanda 'Chilli' Thomas Denies Dating Wayne Brady](#)

Comedian Shares His Excitement for His Latest Gig on Broadway

NYC will be seeing a lot more of Brady come November. The actor will be the next star of *Kinky Boots*, playing the role of Lola. He's performed on Broadway before, acting as Billy Flynn in *Chicago*. However, the Emmy winner believes that being on Broadway will be different this time around because "Lola is an amazing role." It's no surprise that it'll take a lot of

discipline to “sing those songs, wear those heels, walk that walk, and be the guy that helps to hold the entire show up.” The celeb explains that his role as Billy Flynn was “cool and poppin’,” a very different character to play. “For my money, this Lola is one of the best roles on Broadway,” he shares.

Brady also clears up the belief that he *is* his work, saying, “It’s a job. I think that there’s this weird misconception that I believe most people carry around that, if you’re a stand-up comedian or if you do improv, whatever you do on stage is how you should be in life.” He explains that he isn’t a wind-up doll and is a different person in real life. “When I’m on stage, I let out all the stops – that’s why I started acting,” he reveals. “When I was a kid, you got to use your imagination and be whoever you wanted to be...and then come back to real life and just chill.”

The Dynamic of His Modern Celebrity Family

As fans know, Brady went through a [celebrity divorce](#) with Mandie Taketa in 2007. But unlike many celebrity exes, the two managed to stay close, parenting *and* working together. Last fall, he went through some tough times and battled depression, and the comedian credits his ex-wife for helping him get through it.

Brady confirms that his relationship with Taketa (who was sitting next to him with daughter Maile during our interview) works for a simple reason: “We love each other. We truly love each other – like back to the wall, fight anybody, like I can say something about her, but you can’t because I will fight you, and she will kill you for me,” he explains. “So we have love and friendship. Add to that that we are parents together and business partners in this beautiful venture of a child.” Given his experience, he doesn’t understand the people who can’t be friends, love each other,

and happily co-exist because, at the end of the day, they are still a family.

The comedian shares that he's happily single at the moment. "I tried dating in the past, and it's not that I don't want to or won't, but now is not the time," he says. "I'm enjoying my life. I've got my daughter; I get to hang out with my best friend; and I get to do amazing work. I'll get around to it at some point."

Related Link: [Holly Madison Says Her Past As Playboy Bunny is Like "The Elephant in the Room That Never Goes Away"](#)

The celebrity father didn't hesitate when asked to give his daughter [dating advice](#), quoting his daughter's mother and saying, "Don't give anybody your time that won't respect your boundaries and respect you as a person. You've got to be willing and ready to do what you have to do to back that up. I wouldn't want her to be with someone who doesn't pay attention to those things."

Catch Wayne Brady in Kinky Boots on Broadway this fall! You can follow the star on Twitter @waynebrady.

Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks





In today's [relationship advice video](#), Single in Stilettos founder and matchmaker Suzanne Oshima talks to dating expert Matt Adams about the number one thing a man wants in a woman *after* looks.

Expert Love Advice from Dating Expert Matt Adams

According to Adams, he looks for physical attraction first and a good personality second. "It's really what attracts me to them," he reveals. "If you don't have as juicy of a personality, you've got to work on that a little bit." There's more to this expert love advice though: Most of the men who the dating expert counsels want a woman who adds value to their lives. "Are you fun? Are you flirty? Are you adventurous?" he asks. "What are you doing to help his life? Those kind of things are how a man is assessing you as you're going through the dating process."

Related Link: [Expert Dating Advice: What a Man Doesn't Want in a Woman](#)

Watch the video above for more great expert love advice!

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Hey guys! What do you look for in a potential partner? Tell us in the comments below.

Dating Expert Gives Love Advice: Is It Okay To Fake It?





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares great love advice on whether or not it's okay to fake it! Her expert dating advice is to communicate and ensure that your man knows how to please you.

E!'s *Famously Single* Dating Coach Talks Faking It

It's no surprise that dating experts want to make sure that you're communicating in your relationship and love. If your honey doesn't know how to please you, "that's a real problem in the relationship!" House explains. But when your styles clash, you're not in the mood, and it's simply not going to happen, what do you do? You have three options:

1. You fake it and give the guy a break: Sure, you've given him the false confidence that he's doing a great job,

but you've also missed him. You even rewarded him for a job poorly done and did yourself a disservice. Don't make this mistake!

Related Link: [Expert Dating Advice: How To Find The Good Guys Sexy](#)

2. You feign suddenly remembering that you're busy: You were supposed to call your mom, or maybe you're too tired or really stressed. This is alright because at least you haven't missed him, but your avoidance isn't helping your cause either. Don't put off the conversation.

Related Link: [Screwing the Rules Video Dating Tips: Dress Up for Your Man](#)

3. You fess up in a nice way: You tell him that it's not going to happen like that, but if he did *this* instead, it would feel so amazing. He needs to know that just because a certain technique worked on someone else doesn't mean it'll work on you. We have different experiences and preferences. Styles don't always mesh up at first, but that doesn't mean that they won't eventually. Don't be afraid to let him know what you like!

If he's paying attention and he cares, he'll make adjustments for you. Don't forget to also pay attention to his styles and make sure he's happy as well. Communication is key for maximum pleasure.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think about faking it? Tell us in the comments below!

Relationship Advice Video: 5 Things That Belong On Your Must-Have List



On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about the five things that belong on your must-have list.

Relationship Advice Video Reveals What To Have On Your Must-Have List

While some relationship experts assert that you need to throw away your must-have list, others give love advice about what you need to be looking for when it comes to your next relationship and love. The relationship advice video above reveals the 5 things that belong on every woman's must-have list:

Related Link: [Dating Experts Say Your List Of Must-Haves Isn't That Important!](#)

1. Someone who is kind and respectful: Your gold standard should be someone who expresses kindness even when things aren't going his way. You don't want to be with someone who will take it out on you when they've had a bad day.

2. Someone who wants the same amount and type of intimacy: Everyone has a different attachment style, but you need to align yourself with someone who has the same style as you. If you are secure and want to cuddle a lot, you can't be with someone who is avoidant and doesn't want to spend time with you.

3. Someone whose past won't ruin your future: The biggest indicator of how someone will act in the future is their past. If your partner has a harrowing story, make sure they learned from it and overcame the obstacles thrown their way.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

4. Someone who is at least as into you as you are into them: Science proves that men fall harder and faster during the falling in love stage of a relationship and love. If your man isn't as into it as you are, take a step back and reevaluate.

5. Someone who heals rather than worsens your own issues: The reason we get into intimate partnerships is to have a good time, so make sure you're having a *great* time with someone who makes your life happier.

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What do you think every woman should have on her must-have list? Tell us in the comments below!

Expert Dating Advice: What A Man Doesn't Want In A Woman





In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about what men don't want in a woman. Check out their expert dating advice above!

Expert Dating Advice For Women

In any relationship and love, you are 50 percent of the equation. So before you start blaming the man for how he acts on a first date, start thinking about what *you're* contributing to the conversation. Follow this expert dating advice and remember these three things that men don't want in a woman:

1. A sense of entitlement: Men hate women who are entitled and self-centered. Just think: You wouldn't like it if one of your girlfriends acted that way! It completely turns them off and puts a bad taste in their mouth. Don't be demanding or have expectations when you aren't giving anything back. A man wants a woman who really appreciates him.

Related Link: [Relationship Experts Reveal 5 Ways To Survive A](#)

[First Date](#)

2. Someone who is boring: Men also hate it when a woman looks bored on a date and, in turn, is boring to hangout with. If you look at your phone on a date and only reply with one word answers, then you need to start putting yourself out there. Don't be scared to let loose! Beware, though, because you also can't just keep talking about yourself. You need to ask him questions too and engage in conversation.

Related Link: [Dating Experts Say Your List Of Must-Haves Isn't That Important!](#)

3. Someone who is superficial: Never play the superficial card. Men don't like having superficial conversations, like talking about your shoes or tanning regimen. Why would you talk about those things on a date? If you're nervous and shy, stray away from these topics because it makes you look dumb and entitled (see #1!).

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What do you think men don't want in a woman? Tell us in the comments below!

Relationship Expert Reveals What to Do Before You Begin

Online Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how to prepare for online dating.

Expert Online Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Before you begin online dating, you need to turn your focus inward. "Do some soul searching and figure out who you truly are at your core, what you stand for as a person, what you actually enjoy doing, what your dating purpose is, and what

you truly need as opposed to what you want,” says relationship expert Laurel House. She believes that the answers to those questions are essential when it comes to being authentic and attracting the right person for your next relationship and love. This idea holds true whether you use online dating or another method to meet someone special. Otherwise, according to this expert dating advice, you may end up in a partnership that doesn’t suit you.

Related Link: [Love Advice: What Makes a Great Online Dating Profile](#)

“This is something that I work on with my clients every single day, and it’s really hard – being honest with yourself first,” she adds.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Love Advice for Women: He’s Definitely Interested...But He’s Not Pursuing Me!





In this week's [relationship advice video](#) from [Single in Stilettos](#), matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about what to do when a guy is definitely interested but isn't pursuing you.

Dating Experts Share Love Advice For Women

Has a guy ever gone out with you and acted into you but then pulled back suddenly and temporarily? If so, don't worry! It happens to women all of the time, and we have some love advice for you. Relationship experts agree that he may be too shy or scared to evolve the relationship and love. While you don't want to come across as demanding or sassy, you can still ask him what's going on in a cute way, like by sending him a text that says you miss him. If you're vulnerable with him, hopefully, he'll be vulnerable with you too.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

However, if this game continues over a long period of time, follow this love advice and just say, "Next!" Your time is valuable, and so are you. Know your self worth, and don't become that desperate, nagging woman. Dating should have a push-pull dynamic with *both* parties initiating conversation and dates. If you're trying to develop the relationship and he doesn't respond, then you're wasting your time and his. You'll need to pull back and kindly stop initiating anything.

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What would you do if he was interested but not pursuing you? Tell us in the comments below!

Relationship Experts Reveal 5 Ways To Survive A First Date





On this week's dating advice video from [Single in Stilettos](#), matchmaker Suzanne Oshima and [relationship author](#) Robert Manni give us five ways to survive a first date. Check out what these relationship experts have to say!

Dating Advice Video: Best First Dates Tips For Women

1. Make a good first impression: These relationship experts remind us that you only get one chance to make a great first impression. Within three seconds of meeting you, a man will decide whether or not he wants to see you again, so make those three seconds count!

Related Link: [Dating Experts Give First Date Tips](#)

2. Don't show up late: If you aren't punctual, then you're telling your date that you don't respect their time. If you're running late, make sure to send a text at least 10 minutes before you're supposed to be there, just to be courteous.

3. Don't drink too much: Men hate it when a woman gets too "sloppy" on a date and can't handle whatever amount of alcohol she drinks. After all, no one wants to date a lush!

4. Have an exit strategy: He's nice, but you aren't feeling it. If that's the case, don't waste your time – or his. Be polite and tell him that you think he's great, but there just isn't a connection. Most of the time, he'll appreciate your honesty.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

5. Don't have sex with him: Can you have sex with a man on a first date? Sure. But will it work out? Highly unlikely. Men can have sex with anyone with no emotional connection, so if you're just looking for sex, then go ahead. But if you want a relationship and love, then you should wait!

If you follow these first date tips, you're more likely to succeed at getting a second date...and a third date and a fourth date!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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What is your best first date tip? Tell us in the comments below!

Expert Dating Advice from Laurel House: First Date Conversation Tips



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s Famously Single dating coach, [Laurel House](#) shares great first date conversations tips to help you land that second date. Her expert dating advice is to forget the small talk and open yourself up to deeper conversations.

E!'s *Famously Single* Dating Coach On What To Talk About On A First Date

You may be wondering how to get passed the small talk on a first date in order to form a lasting relationship and love. "Be revealing, be vulnerable, be you," says the relationship author. The biggest mistake you can make is to view the first date as merely an opportunity to see if you're chemically drawn to each other. Doing so will set you up for a fast burn out of fireworks rather than a lasting flame. Remember that the initial hit of chemistry can be exciting but also blinding.

Related Link: [Dating Experts Give First Date Tips](#)

The first date is the perfect time to see if your core values align. Talking about shared interests is great, but you need to dig even deeper. The conversation should reflect your desire to have a substantive relationship. House's expert dating advice is to ask the most important question: Why? The first date is about learning new things, and the answer to that question will help you understand each other and your points of view. So pull your walls down! By sharing first, you're creating an environment of safety and trust.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think is the best way to move beyond the small talk on a first date? Tell us in the comments below!

Dating Experts Say Your List Of Must-Haves Isn't That Important!



On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to [dating expert](#) Marni Kinrys about why your list of must-haves isn't as important as you may think.

Expert Love Advice About Your List of Must-Haves

Do you ever wonder why you can't find a relationship and love to last a lifetime? The truth is, you probably have a long

list of must-haves and ridiculous expectations. Dating experts agree that women put too much pressure on men. For instance, they expect them to be charismatic and witty, like the guys we see in movies; however, in real life, these type of men are usually the jerks.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

If you have a list of must-haves that is impossible to meet, listen to this expert love advice: Open your parameters and help a man out instead of waiting for him to fail! Add to the conversation and ask your date questions so he can feel more confident. Remember that you're looking for a life partner, and it just doesn't matter how tall he is or if he has a full head of hair. The more closed off you are and the more things you have on your list, the longer you'll be single. We all have a picture perfect man in our heads, but we need to let go of that idea in order to give the right guy a chance.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best love advice for meeting The One? Tell us in the comments below!

Relationship Advice Video: Should I Date More Than One

Man?



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating consultant David Crowther about dating multiple people at once. Check out their best love advice in the video above!

Relationship Advice Video Reveals That You Should Date More Than One Man At A Time

Finding a relationship and love that will last a lifetime can take awhile. That's why these two dating experts agree that you should never date only one man at a time *unless* you've decided to be exclusive with someone. According to

this relationship advice video, you don't want to put all of your eggs in one basket!

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

To follow their dating advice, date several men at once and weed out the people who aren't right for you. As time goes on, you'll get to know your dates on a more intimate level and eventually discover who isn't a good fit for you. When that happens, you can move on to someone who is more compatible with you for a long-term relationship.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Love Advice: What Makes A Great Online Dating Profile





By [E!'s Famously Single Dating Coach, Laurel House](#)

Most dating experts agree that, when it comes to online dating, creating your profile is of the utmost importance. In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) says, "Online dating isn't a game!" Her best love advice is to have a strategy to invite the right people into your life and eliminate the wrong people.

E!'s *Famously Single* Dating Expert Laurel House Talks About Online Dating

It's no surprise that the relationship expert believes that photos play a major role in your online dating profile. "This is especially true for a woman's profile because men are visual creatures, while women are emotional creatures," she shares. Make sure that your photos are high quality and that they show your best self-living your best life. Your pictures

should be a visual biography of where you hang out, what activities you enjoy, and who you like to hang out with. "All of these things reveal who you are," House explains.

Related Link: [Dating Expert Shares Number One Rule of Successful Online Dating](#)

However, the most important element to your profile is that "it's an authentic depiction of who you are. Your profile should make the reader feel like they're getting a good sense of *you*." In order to do so, you may need to hire someone to write it for you – and that isn't a bad thing! House's love advice can teach you how to create your best profile and also how to evaluate the profiles of potential dates.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What elements do you think make a great online dating profile? Tell us in the comments below!

Dating Experts Share Best Online Dating Advice





In this week's [relationship advice video](#), matchmaker Suzanne Oshima talks to dating expert Matt Adams about online dating tips, including how to email a man and what to include in your profile. Don't miss this helpful online dating advice!

Consider This Online Dating Advice!

If you're searching online for your next relationship and love, then this dating advice may help you find The One. Dating experts agree that the message you send to a potential partner should be very personal. For example, tell him that he caught your attention and then say something about his profile. You can compliment a picture he has or discuss common interests. It's smart to show him that you read his profile and then invite him to reply back. "If you want to stand out, stay away from short greetings," Adams says.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

However, you don't just need to be concerned with his profile

but with yours as well. Make sure you have good photos that will capture his attention and that it's well written. "If you aren't getting responses back, that means something's going on with your profile," Oshima advises.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Share your best online dating advice with us in the comments below!

Relationship Advice Video: Two Quick Ways To Figure Out If He's The One





On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about how to figure out if he's The One.

Related Link: [Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?](#)

Relationship Author Shares Love Advice On Figuring Out If He's The One

1. Look, lean, and listen: First, lean close to your date; then, look directly in their eyes; and lastly, listen to what they have to say. While you're doing these three things, ask him open-ended questions. According to this relationship advice video, this method completely disarms people because everyone wants someone who will listen to them.

The relationship author encourages you to ask *this* question: "You know, I've had some relationships that didn't work out, and I imagine you have as well. Can you tell me what your ex

would say when asked why you're not still together?"

2. Write a list of every single thing that you want in a life partner: Welch shares her love advice and says you need to write everything from the sublime to the ridiculous on the list. Then, divide it into must-haves (the shorter list) and put everything else on your wants.

When you go on a date, find creative ways to learn if there are any deal breakers. Look at dating as a job interview. You don't want to wait until you're already in love to ask those important questions!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Video Interview: Jonathan Adler Talks Summer Home Decor and Relationship Advice





By Katelyn Di Salvo

Summer has finally arrived, and designer Jonathan Adler is giving his best tips on how to transform your home into a relaxing sanctuary! This entrepreneur started in pottery and has expanded to much more since then. In our [exclusive celebrity interview](#), he opened up about all things within the home including how to decorate your space when it comes to relationships and love. You don't want to miss this celebrity interview!

Related Link: [Celebrity Video Interview: Tim Gunn Talks First Date Fashion and Summer Trends](#)

Jonathan Adler Talks Home Decor Tips For the Summer

As the saying goes, "mi casa es su casa," and this cannot be more true than at this time of the year! Summertime is when many of us get the most traffic coming through our homes with

friends and relatives staying for extended visits during the warmer weather. Entertaining can add a lot of pressure when it comes to ensuring your hosting skills are up to par. So, how do you make your guests feel like their at home? “I like to make my guests feel like they are in the most luxurious hotel on earth!” exclaims Adler. He says the best way to make your home feel comfortable and relaxing for your guests is to have stacks of towels, fresh flowers, and some POND’S moist towelettes that come in a very chic vanity case designed by Adler himself!

As far as brightening up the home for the warmer weather, Adler says pops of color are the way to go. “Summer is a great time to throw in some bright and colorful pillows, or you can take up a rug,” he says. “There’s just lots of ways to make it all feel fresh and carefree for the summer,” he explains.

Related Link: [Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards](#)

The Successful Designer Discusses His Celebrity Relationship and Love

Jonathan Adler has been in his [celebrity relationship](#) with husband Simon Doonan for nearly two decades! The celebrity couple met on a blind date, and Adler explains it was “easy breezy” from the moment they met. The designer even shared his secret when it comes to relationships and love! “I never even thought twice about it. From the second we met it was just sort of done.”

Designing a home with your significant other can be very stressful, especially if you’re butting heads on how it should look. In this case Adler believes that the men should stay out of it, saying, “If it’s a straight couple I think the big challenge is when the man starts weighing in on design decisions, which he shouldn’t, the wife is always right, and

if it's a gay couple I think whoever has the chicest shoes should make the decisions!"

We love his thinking!

Adler says he has a lot of upcoming projects, and even shared that he is leaving for Italy for one of those exciting tasks soon. We cannot wait to see what he has in store for us next!

You can find his one-of-a-kind designs at *Neiman Marcus*, and his home decor either on JonathanAdler.com or in one of his 26 stores worldwide!

Dating Expert Gives Love Advice On When To Date After a Break-up





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) knows how important it is to jump back into the dating world after a break-up and the questions that come up after a break-up. "Getting back out there isn't always the purpose of getting into a relationship," the dating expert explains. "You need to be alone, focus on yourself, and move on in a healthy way. But going out, flirting, feeling sexy, and being picked up in the early post-break-up stage can show you that there truly are lots of fish in the sea."

Dating Expert From E!'s *Famously Single* Talks About Dating After a Break-Up

In this week's relationship advice video post, the *Screwing the Rules* dating expert shares the six steps that you should

complete before you start dating again after a break-up:

Related Link: [Dating Expert Shares Number One Rule of Successful Online Dating](#)

1. Put an end to social media friendships: You don't want to see what your ex is up to. You don't want the temptation nor do you want to reach out. That means you might need to block them on Facebook and unfollow them on Instagram.

2. Write down the bad: It's way too easy to fantasize about the amazing moments you shared. Instead, remind yourself of all of the bad things. Write down a list of why you broke up in the first place and then read it whenever you need a reminder.

3. Refresh your look: It's time to make yourself feel attractive again. Get back into the gym. Get a facial. Do *something*. Just think it through before you dramatically alter your hairstyle!

Related Link: [Relationship Expert Shares Best Love Advice for How To Break Up Over Email](#)

4. Reconnect with yourself: Break-ups are all about bummers with benefits, so extract the good from the bad. Think about what lessons you learned, how you changed, and what you're going to do differently next time.

5. Explore your passions: Indulge in a class that you've always wanted to take. Join a group and go on hikes with like-minded people. Sign up for a cooking class and learn how to make Spanish tapas. You have time to spare now and maybe even some money, so start working on yourself again.

6. Stop crying and start online dating: This is a chance to window shop your future options. It also simultaneously keeps you busy late at night when you're feeling the most lonely, sad, and tempted to reach out to your ex.

For more love advice from Laurel House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

When did you start dating again after a break-up? Tell us your story below!