

# Expert Dating Advice: How to Be a Smarter Dater



On this week's [Single in Stiletto](#) show, founder and matchmaker Suzanne Oshima talks to dating expert and relationship author Tinzley Bradford about how to be a smarter dater. "I do what I do because I love to help women be better!" Bradford, writer of *The Settle-Free Dating Method for Women*, exclaims.

## Relationship Author Helps You Find the Right Man

Here are Bradford's three best pieces of expert [dating advice](#) to help you be a smarter dater:

**1. Be observant:** “I’m a strong believer in watching what people do versus what they say,” the dating expert reveals. If he says he’s going to call you at a certain time but never does, that’s something important for you to note. Always keep his actions in mind.

**Related Link:** [Expert Dating Advice About Why You Shouldn’t Give Up on Finding the Right Man](#)

**2. Be aware of who you’re dating:** If you already see some not-so-great sides of your partner, it may be time to move on. For instance, if you want a serious relationship and love, but he just wants to “Netflix and chill,” be smart and *listen* to what he says. “Ladies, you can’t change a man’s mind,” Oshima explains.

**Related Link:** [Relationship Advice About True Love](#)

**3. Don’t overstress:** You don’t have to go on a date every night or even every weekend. Don’t put too much pressure on yourself. “Date yourself sometimes,” Bradford shares of this piece of expert dating advice. “Take time for *you*. A little downtime never hurts.”

*For more relationship advice videos and additional information about Single in Stilettoes shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What’s your best piece of love advice for being a smarter dater? Share with us in the comments below!**

---

# Will I Ever Find Love? Dating Advice for Women Over 40



**Suzanne Oshima**  
Founder of Single in Stiletto  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette



**Tinzley Bradford**  
Author of  
"The Settle Free Dating Method for Women"

In this week's [Single in Stiletto](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to relationship expert and intimacy coach Iris Benrubi about her best [dating advice](#) for single women over 40. If you're wondering if you'll ever find a relationship and love, check out the video above!

## Three Tips to Help You Find a Relationship and Love

Here are three pieces of expert dating advice to help you meet The One:

**1. Do something different:** Look at what you've been doing in your search for love and try something new. "If you're not meeting the right man and the same thing keeps happening in the dating scene...you need to start doing things differently," Oshima explains. For instance, if you haven't had any luck at a bar, head to the park or coffee shop.

**Related Link:** [Expert Dating Advice on Why You Shouldn't Give Up on Finding the Right Man](#)

**2. Handle your anxiety:** There are a lot of risks when it comes to looking for love, and it's important to handle the anxiety that comes with that risk in a healthy way. "Learn to soothe yourself so you're not depending on a man to soothe you," Benrubi shares.

**Related Link:** [Dating Experts Reveal How to Meet the Right Man](#)

**3. Learn to acknowledge men:** "They need to know that you admire and respect them," Benrubi says. It's important that he knows how he makes you feel. It's *that* simple!

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What is your best dating advice to meet the right man? Tell us in the comments below!**

---

# Expert Dating Advice About

# Why You Shouldn't Give Up on Finding the Right Man



On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to dating expert and family therapist David Steele about why you shouldn't give up on finding the right relationship and love.

## Dating Experts Encourage You to Keep Looking for Mr. Right

According to this expert [dating advice](#), you shouldn't let your frustration and anger discourage you. Steele shares three important tips:

**1. Believe in yourself:** "Believe that you are wonderful, that

you deserve to love and be loved, and that there's the perfect person out there for you," he explains. "You have to believe that." Remember that, while you're looking for your soul mate, they're also looking for you.

**Related Link:** [Expert Dating Advice: Top Four Places to Meet Mr. Right](#)

**2. Practice conscious dating:** That means being aware of who you are and what you want and then using dating strategies to get your ideal relationship and love. "It can feel like finding a needle in a haystack, but it doesn't have to," says the dating expert, who met his wife in just three months (after 200 dates!). Say no to everyone who isn't the right fit for you.

**Related Link:** [Relationship Advice: How to Get Engaged in a Year](#)

**3. Be the chooser:** Make the choice that is right for you. If you don't see a future with someone, don't say yes to that second date!

Watch the video above for more great expert dating advice!

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Got any tips for someone ready to give up on their search for The One? Tell us in the comments below!**

---

# Dating Advice: How To Approach A Man Without Seeming Desperate



On this week's Single in Stilettos [dating advice](#) video, matchmaker Suzanne Oshima talks to relationship expert Matt Adams about how to approach a man without seeming desperate.

## Dating Advice On Making The First Move

If you're single and looking for your next relationship and love, then you know how hard it can be to approach a man without appearing desperate. Desperation is about neediness

and we all know that isn't attractive. Check out the expert dating advice tips below on how to approach a man.

**1. Give value.** Dating experts reveal that you need to have the mindset that you need to give the guy something. The first step to approaching a man is to bring something to the table, like being funny or having something interesting to say.

**Related Link:** [Dating Experts Reveal How to Attract the Right Man](#)

**2. Compliments.** Give out sincere compliments, because men love them and it feeds their ego. Again, you want to give the man good feelings.

**Related Link:** [Relationship Advice: How To Get Engaged In A Year!](#)

**3. Social touching.** Don't be afraid to touch him. Touching is the next phase of acceptance, so if you touch his forearm, it lets a guy know that you're accepting him into your space. Maybe even touch his triceps and compliment his strength.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What's your advice on approaching a man without seeming desperate? Tell us in the comments below!**

---



# Relationship Advice Video: Dating After a Divorce or Break-Up



On this week's [Single in Stilettos relationship advice](#) video, matchmaker Suzanne Oshima talks to My Own Diva founder Marianne Jordan about looking for love after a divorce or break-up. Jordan knows about this challenge from first-hand experience: She married when she was 26-years-old and found herself divorced in her early 30s. The dating expert launched her company when she realized there was no support for younger women dealing with the end of marriage, and now, My Own Diva also caters to those going through a tough break-up or the loss of a loved one.

# Post-Divorce Relationship Advice

**Related Link:** [Looking for Love? 5 Things That Belong on Your Must-Have List](#)

Here are some of the love advice questions Jordan answers in the video above: How long should you wait after a divorce to look for a new relationship and love? How hard is it to take that first step into the dating world? And what do you do if you get scared? Plus, she reveals her five best tips for how to open up your heart again.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What is your best love advice for someone dating after divorce? Tell us in the comments below!**

---

## Dating Experts Reveal How to Attract the Right Man





On this week's [Single in Stiletto](#) expert dating advice video, matchmaker Suzanne Oshima and dating expert Nicole Moore discuss how to attract the right man and find a lasting relationship and love.

## Expert Dating Advice to Meet Someone Special

If you're ready to meet The One, consider these three pieces of [dating advice](#):

**1. You have to stop hating men:** Grab a friend or a journal and clear out all of the negative thoughts in your head. Remember that "good men really want women who love men because that makes them feel safe," Moore says.

**Related Link:** [Five Ways to Get His Undivided Attention](#)

**2. You must have confidence:** Every single man wants confidence in a partner. "When you're confident in yourself, he's going to trust that he's making a good choice in you," she shares. "And men want to make a good decision. They hate to fail!" To

channel your inner confidence, make a list of 30 reasons why you're a great catch.

**Related Link:** [Celebrity Couples: What True Love Looks Like](#)

**3. Believe that you can attract the right guy:** "It doesn't matter what the dating field is; it matters what *you* want," Moore says. "Hold in your mind, 'I'm the woman who only attracts high-quality men.'" Be firm and strong in that positioning.

As the dating expert explains, "I believe love is a skill, and if you learn it, you can really make it work well." We couldn't agree more!

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What is your best dating advice to attract the right man? Tell us in the comments below!**

---

**Celebrity News: Wendy Williams Talks Celebrity Mom Kelly Rutherford Losing Custody Battle & Appeal!**



By [Emma Malefakis](#)

Today, the one and only Wendy Williams sent the CupidsPulse.com team another SHOUT OUT, asking for our readers opinion on the final ruling in celebrity mom Kelly Rutherford's custody battle with ex-husband, Daniel Giersch.

As many of you know from watching this intense celebrity news and gossip play out over the past six years, the celebrity couple divorced in 2010, just four years after they met. The international custody battle has been going on ever since.

**Related Link:** [Wendy Williams Gives Gavin Rossdale A Piece of Her Mind Surrounding New Celebrity Couple Gwen Stefani & Blake Shelton!](#)

The six year battle has finally come to an end for the moment and not in Rutherford's favor, even after she was said to have

spent \$1.5 million on legal fees. Rutherford's ex-husband, Giersch has been awarded full custody of their two children, six-year-old Helena and nine-year-old, Hermes. The celebrity mom will only be allowed to visit her children in Monaco or France.

## **Breaking Celebrity News: Kelly Rutherford loses appeal by the U.S. Courts following custody battle.**

**Related Link:** ['Gossip Girl' Star Kelly Rutherford Gets a Court Date for Marital Battles](#)

Many believe the *Gossip Girl* star's actions in August are what lost her the case. Rutherford disobeyed a Monaco court order and tried to keep her children in New York over the summer, Giersch and his lawyers accused her of child abduction and kidnapping. Watch the clip above to hear what Wendy has to say about this celebrity news and hot topic, and then share your opinion below!

At the end of the day, we find the agreement to be a little harsh. No mother should be taken away from her children unless of course she is creating harm to them.

Please comment below and let us know what you think.

**What do you think about celebrity mom Kelly Rutherford losing both her custody battle and appeal?**

It's Wendy's Holiday Gift Grab!

Watch The Wendy Williams Show weekdays through December 18, 2015 and follow [@WendyWilliams](#) on Twitter for details on how to win one of this year's hottest gifts!

**NO PURCHASE NECESSARY.** Sweepstakes starts 12/17/15 10:30 a.m. ET and ends 12/18/15 10:00 a.m. ET. Subject to Official Rules

available at <http://community.wendyshow.com/giftgrabrules>.

---

# Dating Advice for Women: Get Out of Your Dating Rut & Find the Right Man



On this week's [Single in Stiletto](#) show, founder and matchmaker Suzanne Oshima talks to relationship expert Marni Battista about how to get out of your dating rut and meet someone special.

**Related Link:** [How to Communicate to Get What You Need](#)

# Follow This Dating Advice to Find the Right Man

The relationship experts believe that, if the same thing keeps happening in your search for a relationship and love, you need to look inward and make some changes. They discuss their best [dating advice](#) to help you do a dating cleanse and stop repeating the same negative patterns. Plus, they share how staying in your comfort zone can keep you single, why you need to go on at least three dates with someone before making a decision about them, and what the biggest turn-off is for men on a first date.

**Related Link:** [Get Back in the Dating Game This New Year](#)

Watch the video above for more great dating advice!

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What is your best love advice to get out of a dating rut? Tell us in the comments below!**

---

## Expert Dating Advice: Top Four Places to Meet Mr. Right







In this week's [dating advice](#) video from [Single in Stiletto](#), founder Suzanne Oshima and relationship author Duana Welch discuss the top four places to meet Mr. Right.

## Consider This Expert Dating Advice If You Want to Meet Mr. Right

To follow this expert dating advice, the best places to meet Mr. Right are listed below:

**1. Look for your future in your past:** Welch says that 10 percent of women have a "lost love." If you broke up because of outside circumstances, like moving away or a background difference, it's worth reconnecting. These couples "often know within one hour that this person is The One for them," explains the relationship author. "And their divorce rate is *two percent.*"

**Related Link:** [Duana Welch Says Living Together Doesn't Prepare You for More](#)

**2. Ask your friends and family to set you up:** Statistically,

most people meet their significant other this way. It's so successful because it capitalizes on familiarity and safety. "It's an informal matchmaking process that works really well," says Welch.

**3. Get online:** Between 2002 and 2008, according to the Harris Survey, one in three new marriages were between people who met through online dating – and those couples were slightly happier than pairs who met another way. "That's my story," the relationship author of *Love Actually* shares. "I met my husband online."

**Related Link:** [How to Ditch Your "Better Than Nothing" Relationship and Love](#)

**4. Use the Law of Proximity:** You're most likely to marry someone you've met in person (duh!), and therefore, the single biggest predictor of a life partner is geographic nearness. "You need to put yourself next to this person," Welch says. "Let's say that you're taking a couple of college classes, and there's a really attractive guy in that class...You need to sit next to him."

*For more relationship advice videos and additional information about Single in Stilettoes shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Where is the best place to find true love? Tell us in the comments below!**

---

# Relationship Advice On Finding True Love



On this week's Single in Stilettos [relationship advice](#) video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford reveal how to find relationships and love that will last a lifetime!

## Dating Experts Give Relationship Advice On Finding True Love

Check out the video above for the best relationship advice on how to find true love.

**1. Be with someone who wants to be with you.** The person you're dating should be able to tell you, without hesitating, that

they're looking for the same things you are. The relationship experts revealed their dating advice that you need to watch out for the man who will pursue you one week and disappear the next.

**Related Link:** [Relationship Advice: How To Get A Ring On The Finger!](#)

**2. Be a lovable person.** Even though you may have had bad experiences in the past, don't be critical or downgrading of the man you're dating currently. That negatively isn't good for either of you!

**Related Link:** [Dating Advice: Balancing Your Career & Relationships and Love](#)

**3. Be patient.** Don't let the fact that you're single consume you. Hang out with friends and family and do things to keep you occupied. Just enjoy life as you are, have fun, do something different, and flirt. The worst thing you can do is stress over being single.

*For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What are your tips for finding true love? Tell us in the comments below!**

---

# Dating Advice: Balancing Your

# Career & Relationships and Love



On this week's [Single in Stilettos](#) relationship advice video, dating experts Suzanne Oshima and CupidsPulse.com Executive Editor [Lori Bizzoco](#) reveal three [dating advice](#) tips on balancing your relationships and love with a booming career!

## Dating Advice On How To Balance Your Love Life & A Booming Career

If you've ever wondered, "Can I really have it all?", these relationship experts are here to tell you that you can. We may not be able to have it all at the same time, but you can balance your career and love life with these tips below.

**1. Prioritization.** Make sure you set priorities for yourself so you're happy with what you've accomplished, whether it be at work or in your personal life. Also, communicate what's important to you with your significant other and even your boss.

**Related Link:** [Dating Advice: First Date Tips For Women!](#)

**2. Time management.** Need some dating advice? Start devoting time to your relationship the same way you do with work. Set boundaries and make sure you're not working 12-14 hour days, because that's not healthy. If you make a time commitment to someone, be there, whether it's with your friends or your partner.

**Related Link:** [Relationship Advice: How To Get A Ring On The Finger!](#)

**3. Communication.** Take interest in your partners day and ask about their coworkers, while sharing details about your own job. You'll feel connected and it will help you unwind after a stressful work day. But limit job chit chat, so it doesn't consume the relationship.

*For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What is your advice on balancing a career and your love life? Tell us in the comments below!**

---

# Dating Advice: First Date Tips For Women!



On this week's Single in Stiletto's [dating advice](#) video, matchmaker Suzanne Oshima talks to relationship expert Matt Adams about what turns a man off on a first date.

## First Date Dating Advice From Relationship Expert Matt Adams

On a first date, the biggest turn off for a man is when a woman talks about her relationship goals right off the bat. Yes, men want to know if you want to get married and have kids, but not in the first meeting. Wait to share your relationship and love goals, so that your date can get to know

you and assess what role you'll play in their life.

**Related Link:** [Dating Advice: How To Get A Man To Call You Back](#)

Listen to this expert dating advice and take the pressure off yourself on the first date. Go out, have fun, and meet new people. Make sure you aren't being negative, either. People don't want to hear about your bad day or why your previous relationships haven't worked out. The experts share their love advice to spin everything into a positive, so you can present your best self first.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What are your first date tips? Tell us in the comments below!**

---

**Wendy Williams Gives Gavin Rossdale A Piece of Her Mind Surrounding New Celebrity Couple Gwen Stefani & Blake Shelton!**







**Suzanne Oshima**

Founder of Single in Stiletto  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette



**Tinzley Bradford**

Author of  
"The Settle Free Dating Method for Women"

By [Rebecca White](#)

Today, the beautiful and fascinating Wendy Williams sent Executive Editor, [Lori Bizzoco](#) and the CupidsPulse.com team a SHOUT OUT and shared her opinion about Gavin Rossdale's trash talking behavior surrounding his soon-to-be ex-wife's new [celebrity relationship](#). "Well, you should have thought about that, Gavin," said the well-known media personality and daytime talk show host. Known for her catchphrase, *How you doin?* Wendy is speaking about Gavin's alleged affair with the couple's nanny and past affair with cross-dresser, Peter Robinson. Wendy definitely supports [celebrity couple](#) Gwen Stefani and Blake Shelton, especially after the celebrity gossip surrounding Gavin's affairs. Watch a clip of the show above for Wendy's take on the hot topic and then share your opinion below!

**Related Link:** [Gwen Stefani and Gavin Rossdale Settle Celebrity Divorce and Will Share Custody](#)

# Wendy Williams Talks About New Couple Gwen Stefani And Blake Shelton

Gwen Stefani and Gavin Rossdale have made celebrity news and headlines recently due to their heartbreaking split after 13 years of marriage. The couple's celebrity divorce filing wasn't completely shocking, but Gwen's quick rebound with co-star of *The Voice* Blake Shelton threw us for a loop. Gavin has reportedly been upset with Gwen's behavior saying that she's flaunting her new celebrity couple status.

**Related Link:** [Celebrity News: Are Gwen Stefani and Blake Shelton More Than Friends?](#)

In the end, Gavin's behavior seems a little childish. Wendy shares her relationship advice for the actor and musician, saying that he needs to stop trash talking his celebrity ex! The talk show host advises that he should take the high road, disengage from social media, and stop dating for awhile. Team Wendy and us at CupidsPulse.com are dying to know what you think. Please comment on this hot topic below!

**How long do you think Gwen Stefani and Blake Shelton's relationship will last? Should Gavin and Miranda just move on? Let us know in the comments below!**

**Related Link:** [Gwen Stefani and Gavin Rossdale Split After 13 Years of Celebrity Marriage](#)

You could also win BIG money just by watching "The Wendy Williams Show."

Visit Wendy's Facebook page to enter for your chance to win up to \$5,000 during "Wendy's Windfall" giveaway! Each weekday starting until Wednesday, November 25, 2015, a lucky viewer will be called at random and asked to answer a question about

a recent episode of the show.

**NO PURCHASE NECESSARY.** Ends 11/15/15. 50 US/DC, 18+ only. Subject to Official Rules available at [facebook.com/wendyshow](https://facebook.com/wendyshow).

*You can learn more about Wendy Williams by following her on Twitter @WendyWilliams or subscribing to her YouTube channel.*

*For more videos from [Cupidspulse.com](http://Cupidspulse.com), check out our [Youtube channel](#).*

---

## Relationship Advice On How To Fall In Love





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [relationship advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) gives relationship advice for how to fall in love. Check out the video above for more details!

## Relationship Advice from E!'s *Famously Single* Dating Coach On Falling In Love

Have you ever thought of falling in love as a decision, rather than the spontaneous, exciting chemistry that's often shown in the movies? Most people haven't, however, relationship expert Laurel House shares that people need to stop waiting to fall and instead make the decision to open your heart and let your guard down. The simple act of falling in love is called chemistry, which is actually a drug, and it fades. The dating expert featured on *E!'s Famously Single* reveals that chemistry shows itself in the brain in the same location as cocaine and

even shows similar attributes.

**Related Link:** [Expert Dating Advice: How To Find The Good Guys Sexy](#)

While the high of falling in love feels good, it also fixes blinders to your face that makes it hard to see the warning signs that would prove that your relationship and love won't lead you to happily ever after. If you want to truly experience love, House's relationship advice is to make the decision to open your heart and date smart. With a clear head and minus the facade, you can make the decision to find love. The decision includes being vulnerable because if you aren't, you won't feel their love and you won't love them either. Watch the video above to find out how to fall in love correctly!

*For more relationship advice videos from House, click [here](#).*

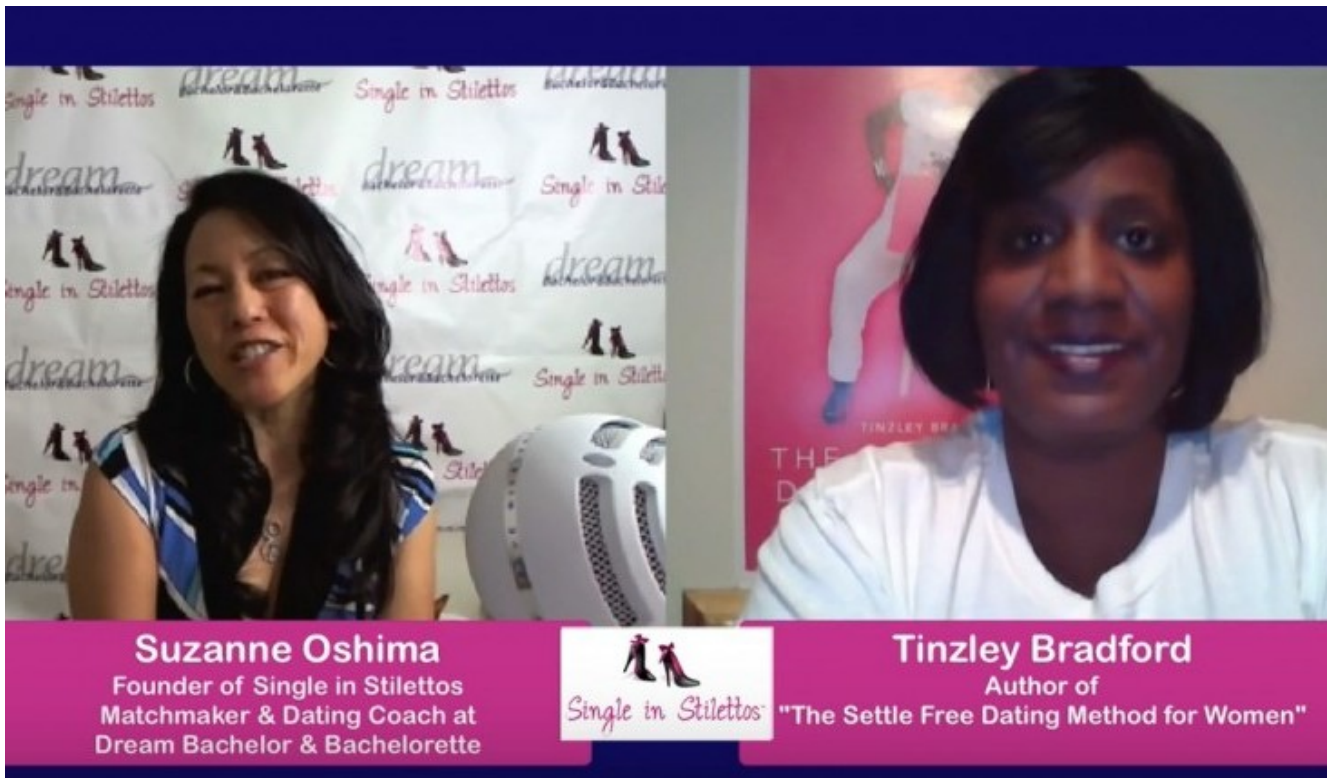
*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Do you think falling in love is a decision or a feeling? Tell us in the comments below!**

---

## **Relationship Advice: Living Together Doesn't Prepare You For More**





In this week's [relationship advice](#) video, matchmaker and dating expert Suzanne Oshima talks to relationship author Duana Welch about why living together doesn't prepare you for more. Check out their [dating advice](#) in the video above!

## Relationship Advice On Moving In Together

Although it might be quite shocking and contrary to popular belief, surveys show that moving in together actually won't benefit your relationship and love. It might even make it suffer. The experts say that those who move in together before marriage are more likely to get divorced and cheat on each other.

**Related Link:** [Dating Advice Reveals What Men Really Want In A Woman](#)

Experts say women may need some relationship advice that when a man asks you to move in, he isn't asking you to marry him. Without that commitment to marriage, men are less likely to propose and more likely to have an affair. If you end up

moving in together before marriage, or before you've set your wedding date, you might end up playing at commitment, instead of fully committing.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What do you think about moving in together before marriage? Tell us in the comments below!**

---

## **Celebrity Couple: Brad & Angelina Star in New Movie, By The Sea**





**Suzanne Oshima**

Founder of Single in Stiletto  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette



**Tinzley Bradford**

Author of  
"The Settle Free Dating Method for Women"

Celebrity couple Brad Pitt and Angelina Jolie are back on the silver screen and fans are anxiously waiting to see them again. It's been 10 years since their infamous *Mr. and Mrs. Smith* movie made Brangelina a household name. Now the two have joined forces in the acting world again and will be in a drama film that Jolie wrote titled, *By the Sea*. Jolie's film follows a married couple in the 1970s, the couple seems to have a faltering relationship. Will they make it through? Pitt made a comment that he and Angelina were long overdue in terms of working together. Well, we cannot wait to see their chemistry again on the silver screen. This is one celebrity couple that America loves to watch!

For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).

---



# Online Dating Advice: When To Jump Back Online After A Breakup



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's relationship advice video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) gives online [dating advice](#) for when to get back online after a nasty breakup

## Online Dating Advice After A

# Breakup From E!'s *Famously Single* Laurel House

If you're recently heartbroken and don't know when to get back out in the dating world, then this dating advice is for you. Relationship experts reveal that getting back out there doesn't always mean looking for a new relationship and love. You need time to be alone and heal, but going out, flirting, and feeling sexy is a necessary reminder that you're a hot commodity.

**Related Link:** [Relationship Expert Reveals What to Do Before You Begin Online Dating](#)

Moving on isn't always easy, so check out what steps to take after a breakup. First, you need to end social media relationships, because you don't want to see what your ex is up to. Then, you need to list all of the bad things about your former romance. It's too easy to fantasize about what used to be. Next, you need to refresh your look and do something that will make you feel good about yourself again. For the rest of the steps from E!'s *'Famously Single'*; star Laurel House, check out the video above!

*For more relationship advice videos from House, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**When do you think you should get back online after a breakup? Tell us in the comments below!**

---

# Dating Advice Reveals What Men Really Want In A Woman



**Suzanne Oshima**  
Founder of Single in Stilettos  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette



**Tinzley Bradford**  
Author of  
"The Settle Free Dating Method for Women"

In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about what men really want in a woman. Check out their [dating advice](#) in the video above!

## Dating Advice For Women: What A Man Really Wants

**1. Respect.** Respect can be shown by saying thank you and being grateful for the hard work a man puts into a date. Some women have a sense of entitlement and expect men to do certain things, but our dating advice is to be grateful and honor him.

**Related Link:** [Relationship Experts Talk Capturing His Attention \(in person!\)](#)

**2. A woman who knows how to have fun.** No one likes boring dates, with little interaction because it's such a turn off. Listen to this love advice and when you're on a date, put yourself out there and have fun.

**Related Link:** [Dating Experts Reveal 5 Things You Need To Know About Men](#)

**3. A bright woman.** Men love brilliant women, so communicate your brilliance. Don't be a narcissist or brag about your accomplishments, though. Men gravitate toward intellectual women, so flirt with your brilliance.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What do you think a man really wants? Tell us in the comments below!**

---

# Relationship Advice: How To Get A Ring On THAT Finger!





On this week's [Single in Stiletto](#) relationship advice video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford talk about how long you should wait before you get engaged.

## Dating Experts Give Relationship Advice On When To Tie The Knot

Have you been in a relationship and love for a few years and he still hasn't proposed? It seems like we've all been there, but don't fret because the experts have this [relationship advice](#): It's okay to ask him and talk to him about it! If you've been together for 2-4 years, then it's time to have a talk. Don't waste your time when you're dating, because if he likes you, he should put a ring on it.

**Related Link:** [Dating Experts Reveal 5 Things You Need To Know About Men](#)

You also want to make sure you never give a man an ultimatum and you value what he wants. Marriage is about compromise and it's about both of you, so you need to have a discussion about

it. Learn about where both of you are regarding the idea of marriage, whether you're comfortable financially or even at your career. You never want to force someone into marriage. Listen to this relationship advice, because if he's dodging the talk, that could be a red flag that maybe he isn't ready for marriage.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How long should you wait before getting engaged? Tell us in the comments below!**

---

**Relationship      Expert      Talks**  
**Striking          Up          Party**  
**Conversation**





**Suzanne Oshima**

Founder of Single in Stiletto  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette



**Tinzley Bradford**

Author of  
"The Settle Free Dating Method for Women"

By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [relationship advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how to start a conversation at a party. Her dating advice is simple: Dig in and reveal yourself.

## **E!'s *Famously Single* Dating Coach Gives Top Tips For Party Conversation**

When you go to a party and see someone really hot standing across the way, how do you casually start a conversation? The relationship expert empathizes that finding a point of entry can be difficult. The first step is to overcome your nerves! Harness them and get your adrenaline pumping so it empowers you. You want to walk up confident in how interesting you are.

**Related Link:** [Dating Expert Says Look For What You Need, Not Want!](#)

Once you find the confidence to approach the hottie across the

way, you'll want a few topics to discuss. For example, if you're a foodie, talk about the food being served at the party. Or be a bar fly and talk about cocktails. Either way, relationship experts, whether from *E!'s Famously Single* or not, say you'll want to show a passion of yours and reveal something about yourself. Remember to dig deep and get past the surface if you want a relationship and love.

*For more relationship advice videos from House, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How do you start up conversation at a party? Tell us in the comments below!**

---

## **Dating Experts Reveal 5 Things You Need To Know About Men**







On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima and dating expert Robert Manni reveal the five things women need to know about men when they're dating!

## Dating Expert Reveals Relationship Advice: 5 Things You Need To Know About Men

**1. Men are sexually wired.** They think about sex a lot. But, the dating experts say just because he thinks of it, doesn't mean that's his only intent.

**2. What you see is what you get.** Men say what they think and are straightforward. You can tell a lot by his demeanor, sense of humor, and how he dresses. Unless he's a player. The experts relationship advice is to sort through the players and genuine guys.

**Related Link:** [Relationship Experts Talk Capturing His](#)

[Attention \(in person!\)](#)

**3. Patronizing women.** A lot of men tell women what they want to hear, with sex in mind. Women have to be careful and sort out if what they're hearing is true.

**4. Men are driven by fear and ego.** Men are competitive with each other and are ultimately loners. They don't confide in each other and are left to sort things out on their own. Men have a fear of losing rather than the desire to win.

**Related Link:** [Expert Dating Advice: How to Make a Relationship and Love Work](#)

**5. Men want a solid relationship and love.** They are looking for something reliable. Men want a woman who is attractive and a friend they can confide in.

*For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What do you think women need to know about men? Tell us in the comments below!**

---

## Dating Advice: How To Get A Man To Call You Back





On this week's [Single in Stiletto](#) relationship advice video, matchmaker Suzanne Oshima talks to dating expert Matt Adams about how to get a man to stop texting you and actually pick up the phone.

**Related Link:** [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

## **Matt Adams Reveals Dating Advice On Becoming A Priority In A Mans Life**

Are you struggling with how to become a priority in your relationship and love? Then, you've come to the right place, because Matt Adams reveals his best love advice for how to get a man to value you. First, you cannot be needy! Don't require something of the man your dating and instead give him value. For example, text him something interesting or funny that doesn't need a reply.

**Related Link:** [Expert Dating Advice: What A Man Doesn't Want In A Woman](#)

You can bait him with something, like a mysterious story. Say, "I'm so embarrassed, you'll never guess what I did today." Then, when he replies, you'll respond and say "Too much to text, call me later!" Now, you're setting him up to chase you a bit to get that missing information. It's vulnerable and yet mysterious. If they don't bite the bait, then they probably aren't as interested as you might think.

*For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How do you get a man to call instead of text? Tell us in the comments below!**

---

## **Celebrity Mom Molly Sims Shares Secret To Losing Baby Weight In Celebrity Video Interview**





Interview by [Lori Bizzoco](#). Written by Mackenzie Scibetta.

Keeping up with healthy trends is hard enough when you're single, but what about when you're busy balancing work and raising two kids? Model, actress, and [celebrity mom](#) Molly Sims shares that it's easy with simple scheduling and planning ahead. In our exclusive [celebrity video interview](#), Molly Sims opens up further about raising her family and how she keeps her life in harmony.

## Molly Sims Shares How To Be Healthy as a Celebrity Mom

Raising a 3-year-old and 6-month old baby is time-consuming. Squeezing in exercise time can seem like an impossible task. Molly Sims' advice for staying fit is to schedule time for yourself, even if it's only five minutes. "Even if you have 20 minutes you can workout," she says. "Even if it's at your house, even if it's on your block." Sims also shares that you can fit in a workout if you cut time away from other chores,

such as getting ready in the morning. “Know what you’re going to wear for the week, it saves a lot of time and a lot of angst,” she added. Getting ahead as much as you can is vital to managing a hectic work week. Also, make sure you carve time out for your significant other! Your relationship and love life is important, so work with your partner as a team in order to balance everything on your to-do list.

**Related Link:** [Celebrity Video Interview: Molly Sims Talks About Her “Rocking Red” Hair: “I Feel Really Good!”](#)

In terms of finding time to eat healthy, Sims suggests always having a pack of almonds or a banana on hand to avoid indulging in sugary snacks when you’re on the go. It’s easy to be tempted by the convenience of fast food when you’re in a hurry, but having a healthy alternative with you will give you no reason to cave.

**Related Link:** [Comedian Wayne Brady On His Modern Family and Celebrity Ex: “We Truly Love Each Other – Like Back to the Wall, Fight Anybody”](#)

Throughout the celebrity video interview, Sims shows a clear sense of self-worth and self-love, demonstrating how important it is to be confident with ourselves. “The best advice I can give woman is feeling good on the inside...it’s really about feeling good with yourself right now,” Sims says. Rather than over-stress yourself with losing weight, first you must set a goal to be happy on the inside. Stress doesn’t have any benefit to our life so you must focus on personal happiness, then move on to weight loss. Sims also shares her own weight loss struggle. After giving birth to her first child she had to lose 85 lbs! Sims proves that even celebrity moms deal with the same weight-loss issues as regular moms.

*You can learn more about Molly Sims by following her on Twitter @MollyBSims or [www.instagram.com/mollybsims/](http://www.instagram.com/mollybsims/).*

*For more videos from [Cupidspulse.com](http://Cupidspulse.com), check out our [Youtube](#)*

[channel.](#)

---

# Dating Advice: Don't Let Jealousy Impact Your Friendships



By [E!'s Famously Single Dating Coach, Laurel House](#)  
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how jealousy impacts your friendships. Her dating advice is simple: Just because you're in a relationship and love doesn't mean you have to drop your opposite sex friends.

# Dating Advice from E!'s *Famously Single* Dating Coach Laurel House That Will Help Your Friendships

Being in a committed relationship is not a single gender jail, where your partner is the bodyguard. The relationship expert offers everyone a reality check: Friends often last longer than new lovers. Your BFF's have been there through the good times and the bad. So don't disengage with your friends when you're spoken for and decide to go back when you're single. You'll most likely lose a lot of friends that way.

**Related Link:** [Dating Expert Says Look For What You Need, Not Want!](#)

House also reveals that you *can* be friends with people of the opposite sex! Her dating advice? As long as you both have an understanding that you're just friends, then it shouldn't impact your love life. There should be no lying or hiding your friends from your partner. But make sure you have a conversation with your honey to talk about your comfort levels.

*For more relationship advice videos from House, click [here](#).*

*For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).*

**Do you think you can be friends with people of the opposite sex? Tell us in the comments below!**