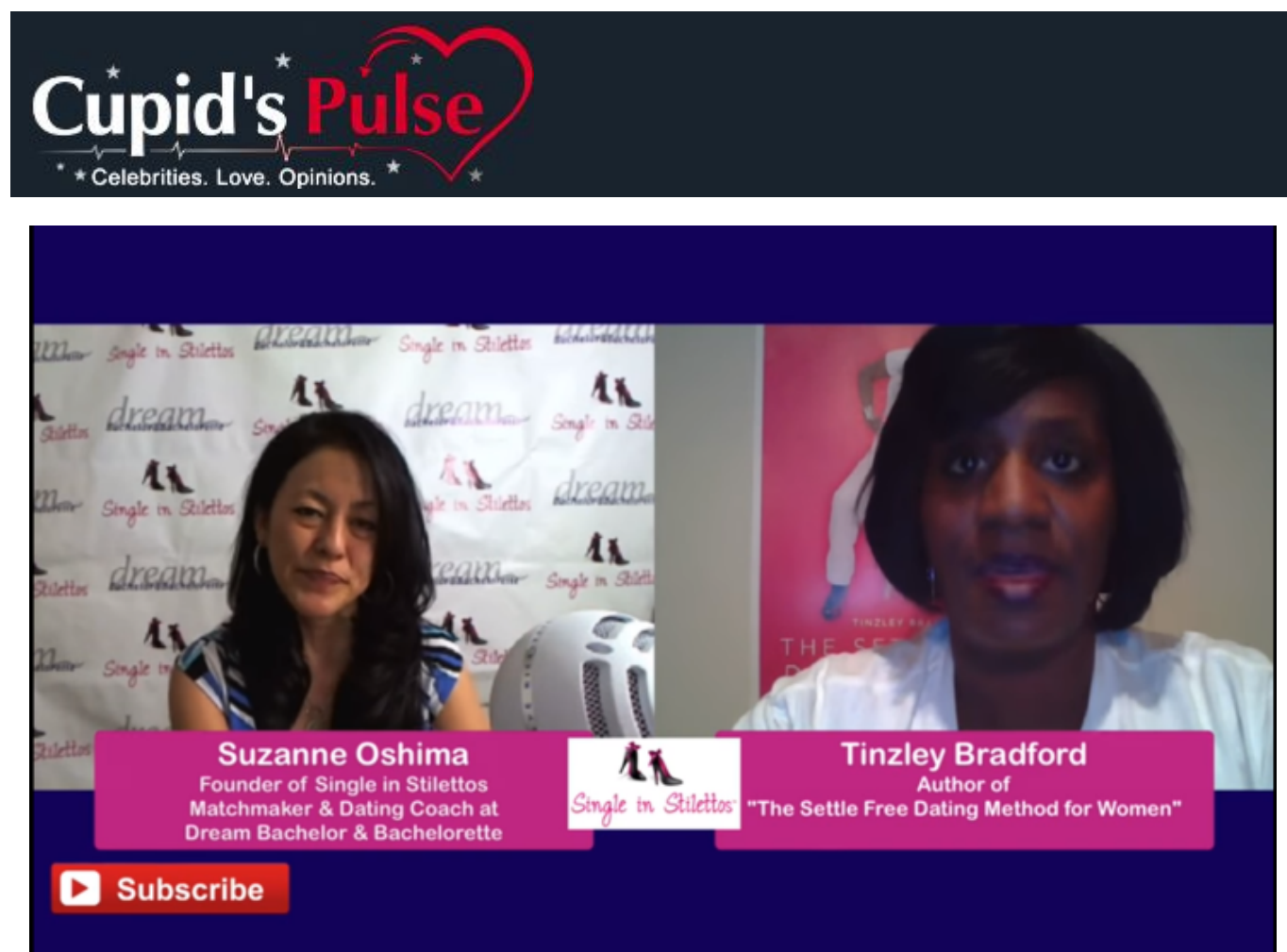


# Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer her [dating advice](#) for those questioning whether they should be happy with themselves before meeting a man. Follow these dating tips to help find a happiness that isn't dependent on a man.

## Dating Advice On Being Happy Before

# Settling Down

**1. Take time for yourself.** You need to find someone that complements you rather than completes you. Focusing on what makes you happy will make you feel fulfilled and help attract someone who admires your happiness.

**Related Link:** [Dating Advice: 3 Tips to Turn Around Your Dating](#)

**2. No settling.** Don't settle for less than you deserve. If you're complacent with a mate that isn't right for you, there is no way you can be happy later on. Also, if you aren't happy with yourself, you will end up resenting the man you're with because you aren't satisfied with where you're at in life.

**Related Link:** [Relationship Advice: How to Find Real Love](#)

**3. Find balance.** You must be present in your relationship. Men seek out attention the same way women do. So if you're pursuing your dreams or career, make sure to follow this dating advice and take time away from work to be with your significant other.

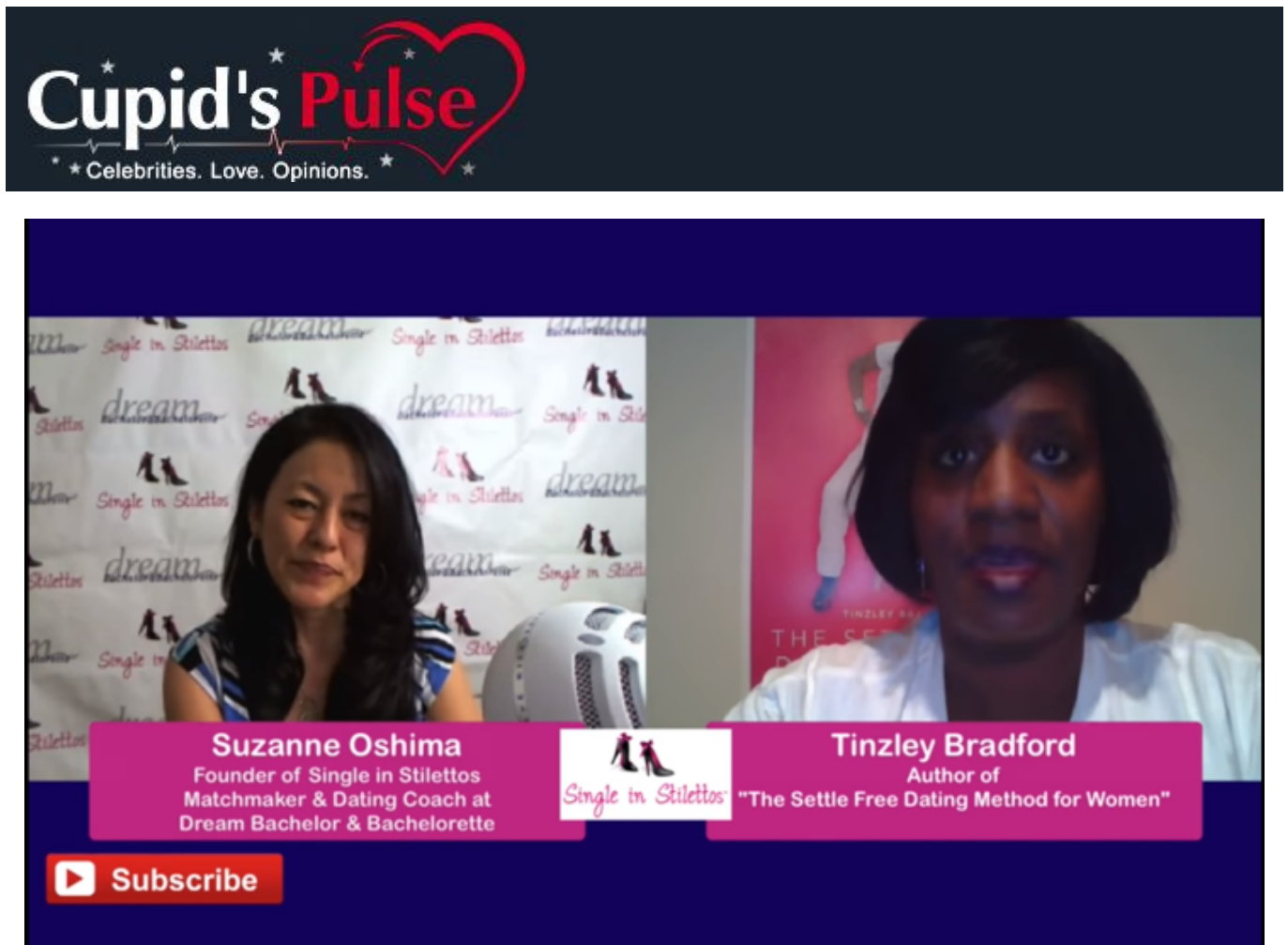
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## Dating Advice: 3 Tips to Turn

# Around Your Dating Life



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Iris Benrubi to offer her [dating advice](#) to those that want to turn their dating life around.

## Dating Advice To Improve Your Future Dates

**1. Look for patterns.** If you want to get different results, you need to determine what your type is and date people who are outside of that type. The qualities you think you like might just be the reason why things haven't worked the way you wanted them to. The experts dating tip: Your type might not be the best type for you.

**Related Link:** [Dating Advice: The Secrets to Attraction](#)

**2. Know your needs.** Don't compromise on your important wants and needs. Being clear on what you want in the very beginning will weed out the ones who aren't right for you and save you from wasting time with those you aren't compatible with.

**Related Link:** [Expert Dating Advice: What is Love & How Do I Find It?](#)

**3. Get feminine.** Expert dating advice says to show that you're open and need someone. For men especially, it's important to show that there is a place for him in your life. Asking a man to contribute is one way to show that he is needed and will keep him interested since he'll know for sure there is a role for him in your life.

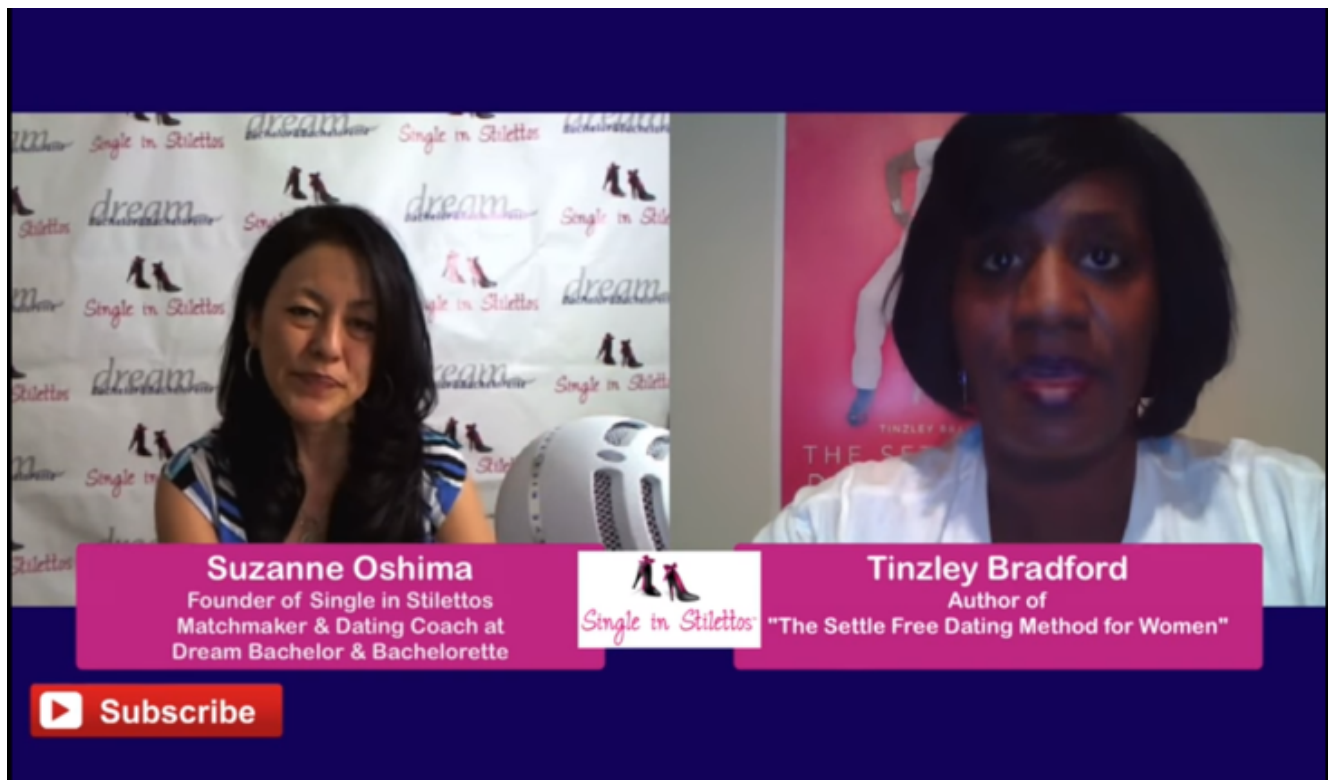
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## Dating Advice: Use The Law of Attraction to Attract the Right Man





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert David Steele to give his [dating advice](#) for attracting the right man using the laws of attraction.

## Dating Advice On How To Attract The Right Man

**1. Be ready.** When approaching a relationship, in order to avoid relationship problems, make sure you're ready to transition from single to dating. To find the love of your life you need to be available in order to meet him.

**Related Link:** [Dating Advice: The Secrets to Attraction](#)

**2. Don't settle.** Accepting less means you'll get less. Settling for someone you know isn't right for you is setting yourself up for failure much like a self-fulfilling prophecy.

**Related Link:** [Expert Dating Advice: What is Love & How Do I Find It?](#)

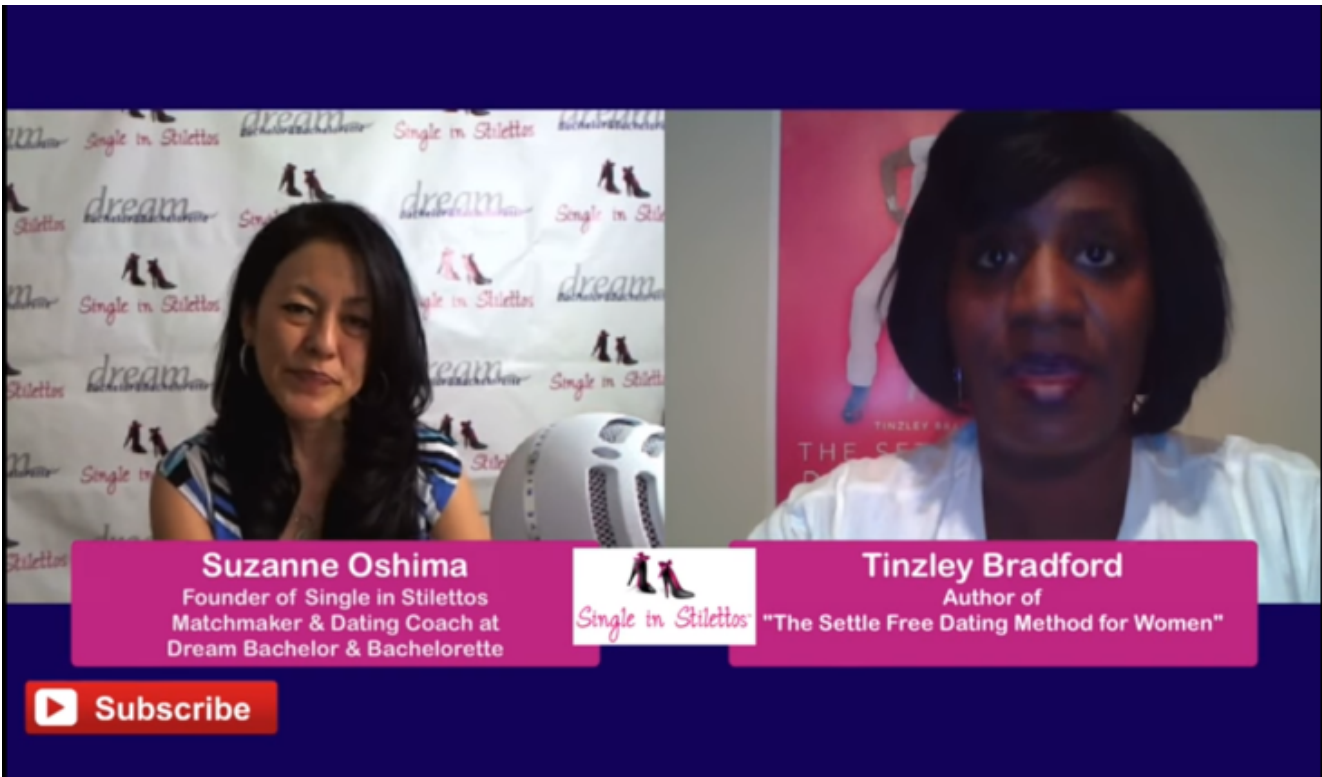

**3. Take risks.** You have to put yourself out there and take a chance. The experts dating advice is that getting out of your comfort zone will expose you to much more. Strictly sticking to what you're used to can be limiting.

*For more relationship advice videos and additional information Single in Stilettos show, click [here](#).*

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## Dating Advice On Why Men Pull Away



The video thumbnail features two women in a split-screen format. On the left, Suzanne Oshima is shown against a backdrop with 'Single in Stilettos' and 'dream' logos. On the right, Tinzley Bradford is shown against a red backdrop with a book cover titled 'THE SETTLE FREE DATING METHOD FOR WOMEN'.

**Suzanne Oshima**  
Founder of Single in Stilettos  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette

**Tinzley Bradford**  
Author of  
"The Settle Free Dating Method for Women"

 **Subscribe**



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to give their [dating advice](#) on what to do when men pull away.

## Dating Advice On What To Do When Men Disappear

**1. They need to reevaluate.** In every relationship, a man will pull away after the honeymoon phase in order to reevaluate and make sure they want to go to the next level with you. Expert dating tip: Give them their space and time to evaluate, then when they come back be happy and receptive.

**Related Link:** [Dating Advice: Online Dating Tips To Find Your Soulmate](#)

**2. There's something going on in their life.** They're evaluating a crisis at work, or something is going on with their friends or family. Maybe they're scared or not able to take the relationship where they want to go. Be happy and accepting if this happens.

**Related Link:** [Dating Advice: The Secrets to Attraction](#)

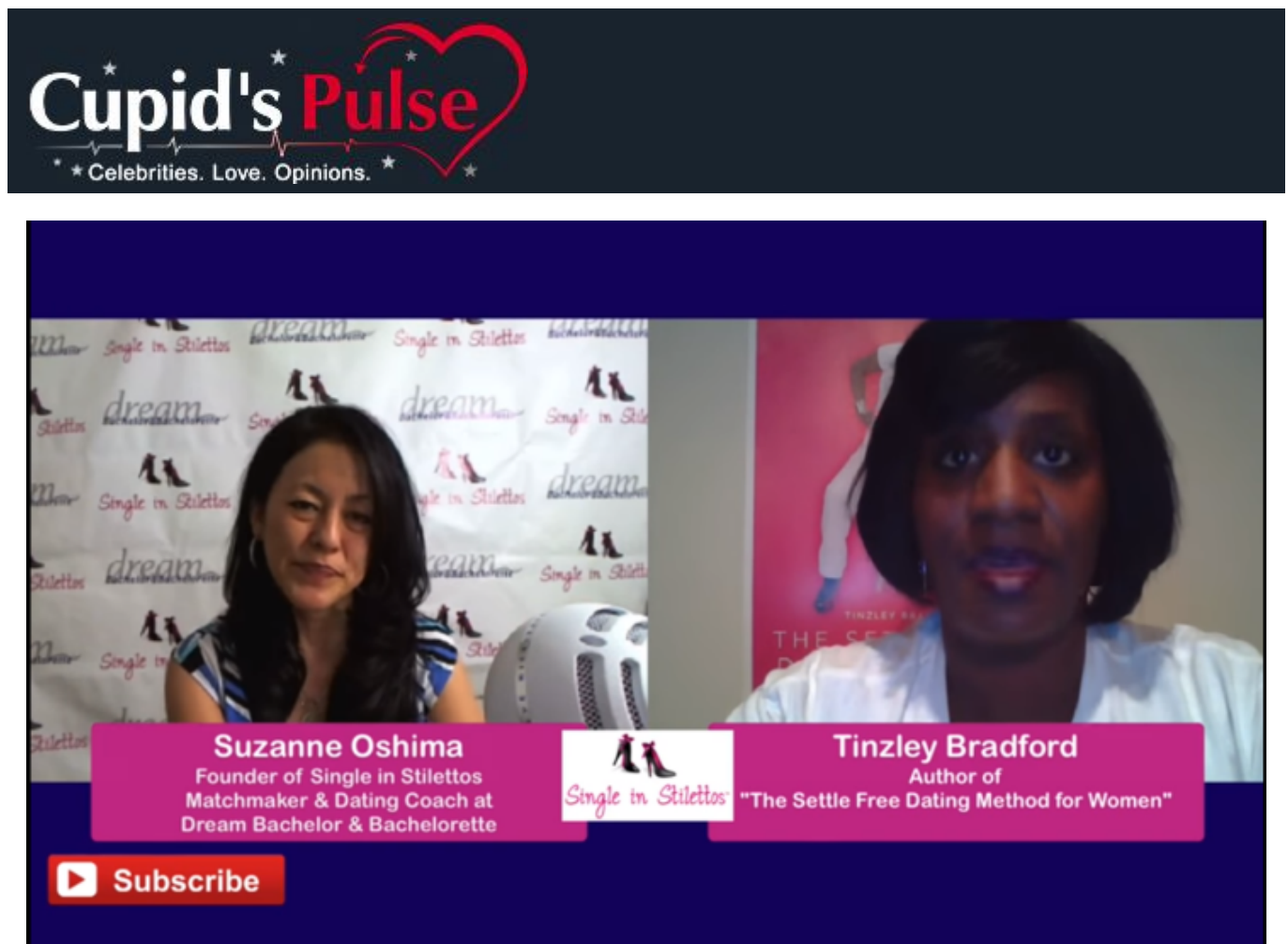
**3. They're done.** For some reason or another, they've decided they aren't interested anymore. The experts dating advice is to not pursue him because you aren't desperate.

*For more relationship advice videos and additional information Single in Stilettos show, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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# Dating Advice: Online Dating Tips To Find Your Soulmate



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Dr. Diana Kirschner to give their [dating advice](#) on the secrets of attraction.

## Relationship Experts Talk Online Dating Advice

Trying to find your soulmate is rough, especially after experiencing bad break-ups or relationship problems. But have no fear, because the experts say that everyone has a soulmate.



Your soulmate has to be willing to grow and meet the basics. Try online dating if you want to find someone who has the same value system, wants the future you want, and feels like it's coming home.

**Related Link:** [Dating Advice: The Secrets to Attraction](#)

In order to find love online, there is simple dating advice that you could try to find great guys. First, your online profile should feature a great photo. Men are visual, so pictures count. Wear red, smile, make eye contact with the camera and wear moderate makeup. Also, be proactive about messaging men online, especially if you're not getting the responses that you want.

**Related Link:** [Dating Advice For Women: What Are Men Attracted To?](#)

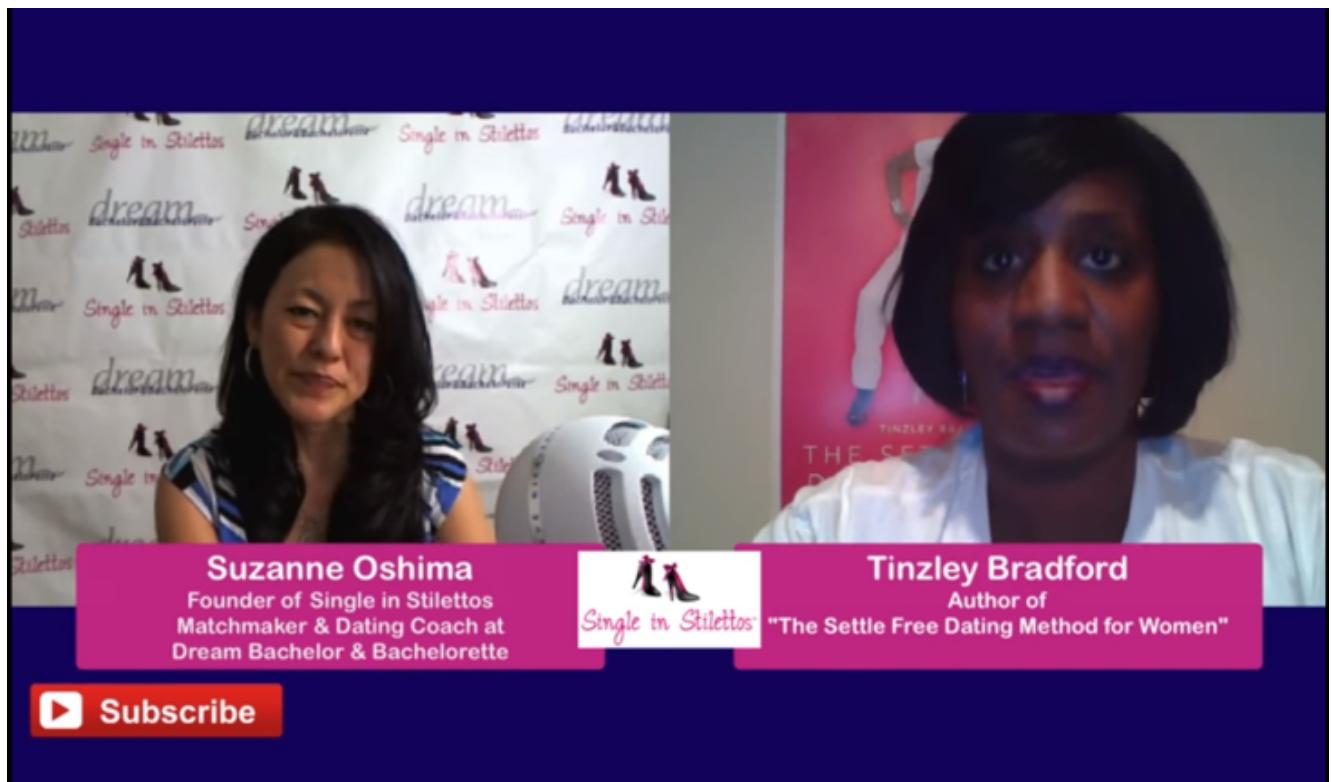
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## Kate Beckinsale Talks Victorian-Era Dating Advice





By [Dena Linzer](#)

The rules of dating are those unwritten do's and don'ts that women are supposed to follow within the dating scene. It's the dating advice told to us by our mothers, our friends, and the media. "Don't wear dark lipstick on the first date," "offer to pay the check," "Don't seem intimidating" to name a few. Not that we actually follow these rules, but we still hear them nonetheless. We thought they were bad *today*, but imagine what women in the 1800s went through just to have a conversation with a guy. Kate Beckinsale, star of the new film *Love & Friendship* based on a Jane Austen novella, reads and reacts to Victorian-era dating advice with the help of a gentleman straight out of the 1800s. You might want to steer clear of these dating tips and tricks for your next date night.

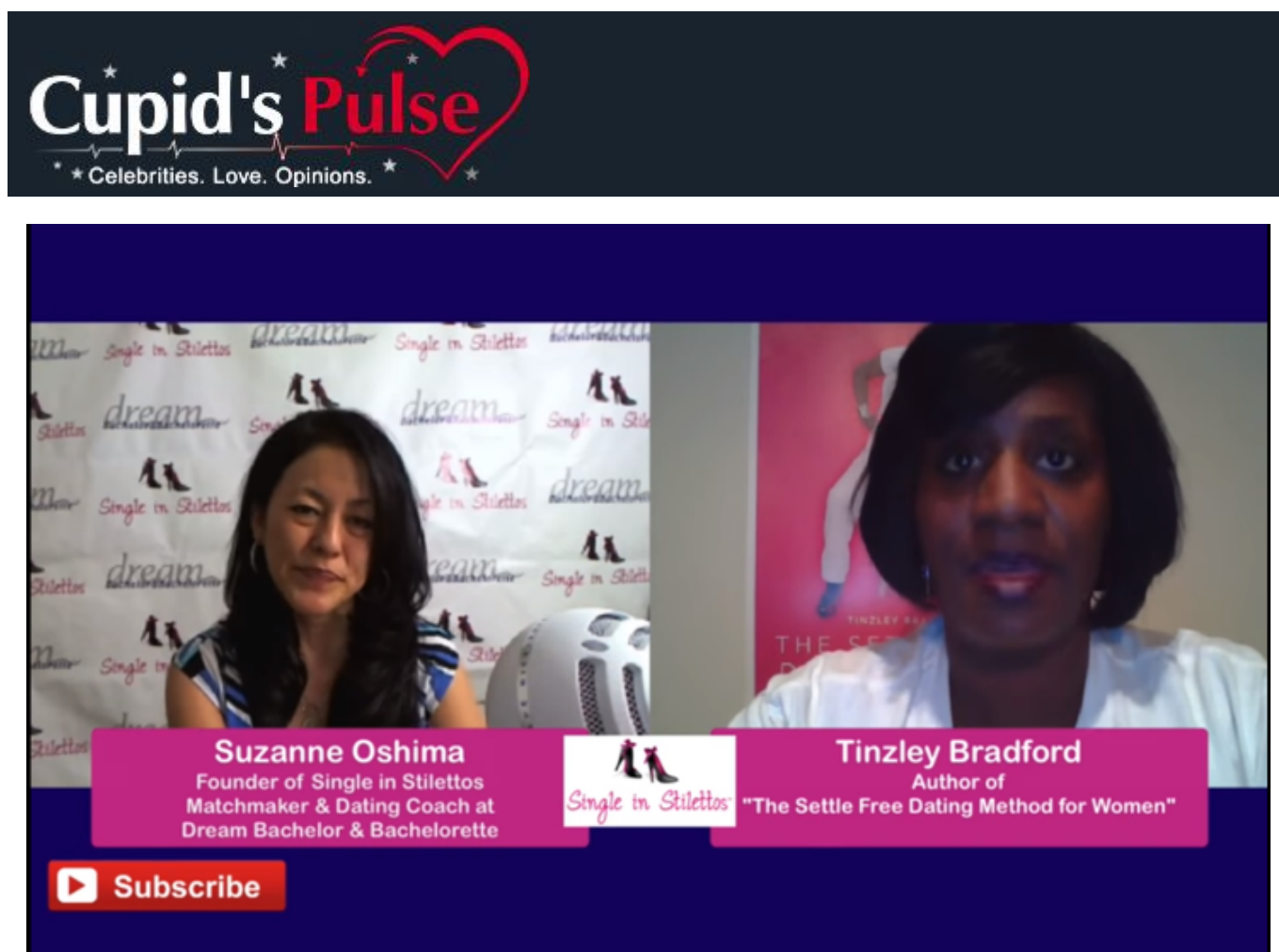
The video is now live on [VanityFair.com](#) and *Vanity Fair's* channel on [THE SCENE](#), the video platform from Condé Nast Entertainment.

*Love & Friendship*, written and directed by Walt Stillman, hits theatres tomorrow.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

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# Dating Advice: The Secrets to Attraction



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to give their [dating advice](#) on the secrets of attraction.

# Dating Advice: Relationship Experts Reveal Secrets of Attraction

The expert dating advice is simple. Practice, practice, practice. Check out their dating tips below.

**1. Eye contact and smiling.** Women don't realize how important this is! Hold eye contact and smile, it makes you approachable.

**Related Link:** [Dating Advice For Women: What Are Men Attracted To?](#)

**2. Tone of voice.** Sometimes women come across as bossy and demanding, even when they don't mean to. Take a breath, soften your voice, slow down.

**3. Confidence in body language.** Throw shoulders back and bring the energy down into your body. Lean back into things instead of leaning into them.

*For more relationship advice videos and additional information Single in Stilettos show, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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## 'Rich Kids of Beverly Hills' Reality TV Stars Play Brides

# Magazine Nearlywed Game



By [Dena Linzer](#)

The days before your wedding are exciting, nerve-racking, and very very busy. It's a time to test your patience as a couple and get to know one another even better. This is no different for celebrity couples and reality TV stars. The *Rich Kids of Beverly Hills* reality TV stars and soon-to-be-newlyweds, Morgan Stewart and Brendan Fitzpatrick, play the Nearlywed Game, hosted by E.J. Johnson to test how much they pay attention to their significant other and answer questions about their celebrity wedding.

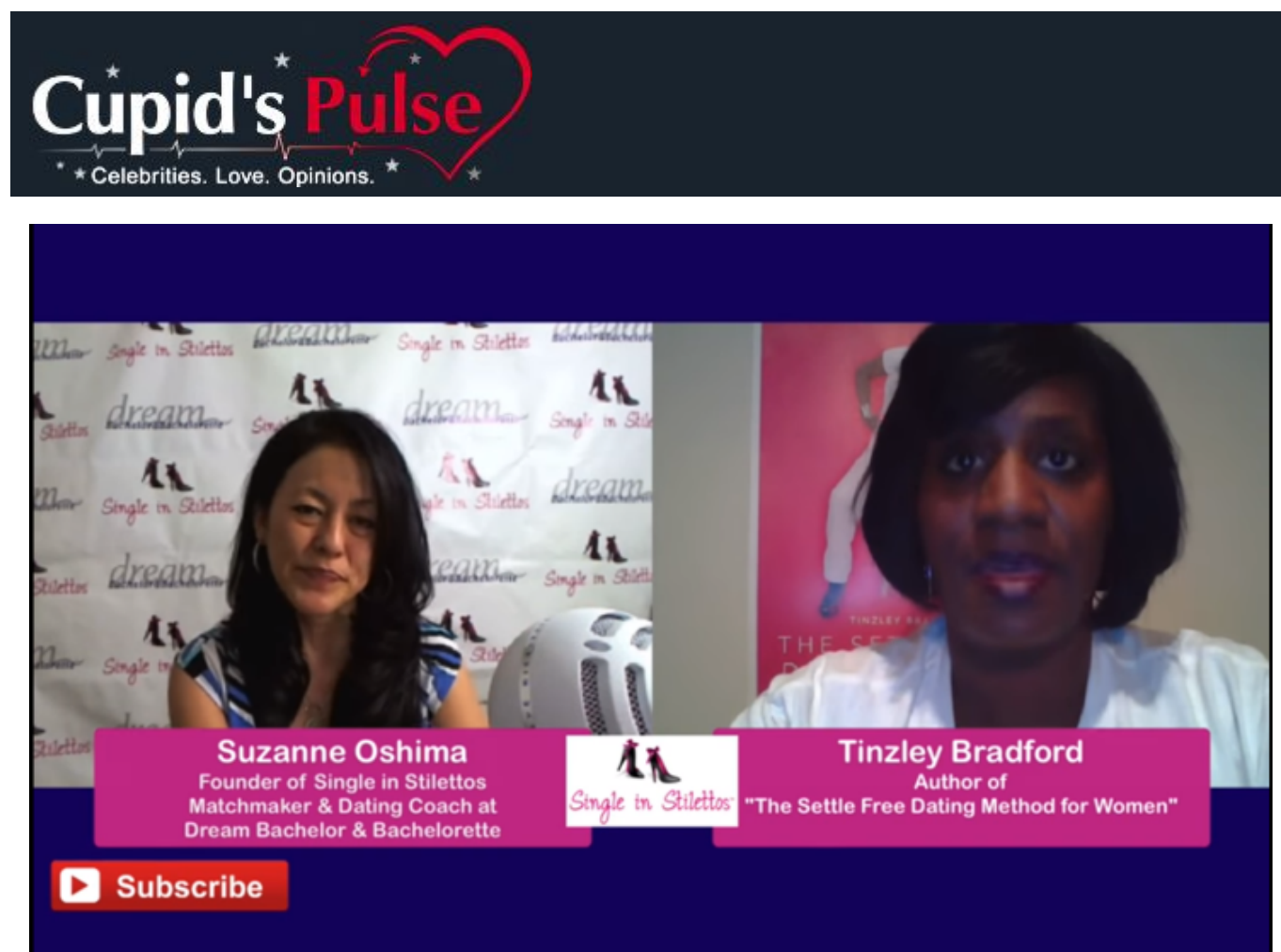
How well does the reality couple know each other? Find out!

The video is now live on [Brides.com](#) and *Brides'* channel on [THE SCENE](#), the video platform from Condé Nast Entertainment.

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# Celebrity Interview: 'Full House' Star Candace Cameron Bure Talks 'Fuller House' & Relationship Advice



By [Rebecca White](#)

Her career has come full circle since the *Full House* star



Candace Cameron Bure has reprised her role as DJ Tanner on the Netflix original *Fuller House*. In our exclusive [celebrity interview](#), the actress talks about the show's revival, her relationship advice for moms with a busy schedule, and her partnership with Unilever to inspire people to change their recycling habits.

## Candace Cameron Bure Opens Up About Career and Relationship Advice in Celebrity Interview

The excitement was palpable when fans first learned that *Fuller House* would be coming to Netflix earlier this year. The 13-episode series premiered in February and the cast will begin filming season two next week, Bure shared with us in our celebrity interview. But the fans weren't the only ones excited. The cast had been hoping and praying that the revival would develop as well. "It's been so wonderful," the celebrity mom shares. "We are so happy that all of the fans embraced it and enjoyed all the episodes in season one."

**Related Link:** [Celebrity Interview: 'DWTS' Contestant Candace Cameron Bure Says "Dance Parties" Have Always Been Her Favorite Family Activity!](#)

On top of the *Full House* revival, Bure is also a co-host on *The View*, acting in multiple productions, and is a busy wife and mother managing a career and her family life. "I work hard, I hustle, and I grind," she says. "At the end of the day, you can't forget what's most important and for me that's my family. For all the moms out there juggling both like I am, work hard but give yourself a break. Just remember that the ultimate legacy is the legacy you leave with your children, not on a resume."

Although the actress is working on both coasts right now, her

celebrity relationship with husband Valeri Bure still comes first. "When we're home and together, it's about the quality time," she shares. "It's just being present and enjoying one another's company." Bure also reveals that they don't have to do anything extravagant in order to keep the marriage going. "The marriage is all about the communication and the love," Bure says.

**Related Link:** [Celebrity Interview: 'Fuller House' Actress Lori Loughlin Talks About the Holidays & Her 'Tight Knit Family'](#)

With the summer coming up, the talk show host has recently partnered with Unilever in order to inspire people to make a change in their recycling habits. The star shares that only 14 percent of Americans recycle their bathroom bottles while 56 percent recycle their kitchen items. As a self-proclaimed beauty junkie, Bure wants to #ReimagineRecycling and bring awareness to bottle bias. "All our bathroom products should be recycled as well," she says. "This is such an easy thing to do and it makes a big change for our planet."

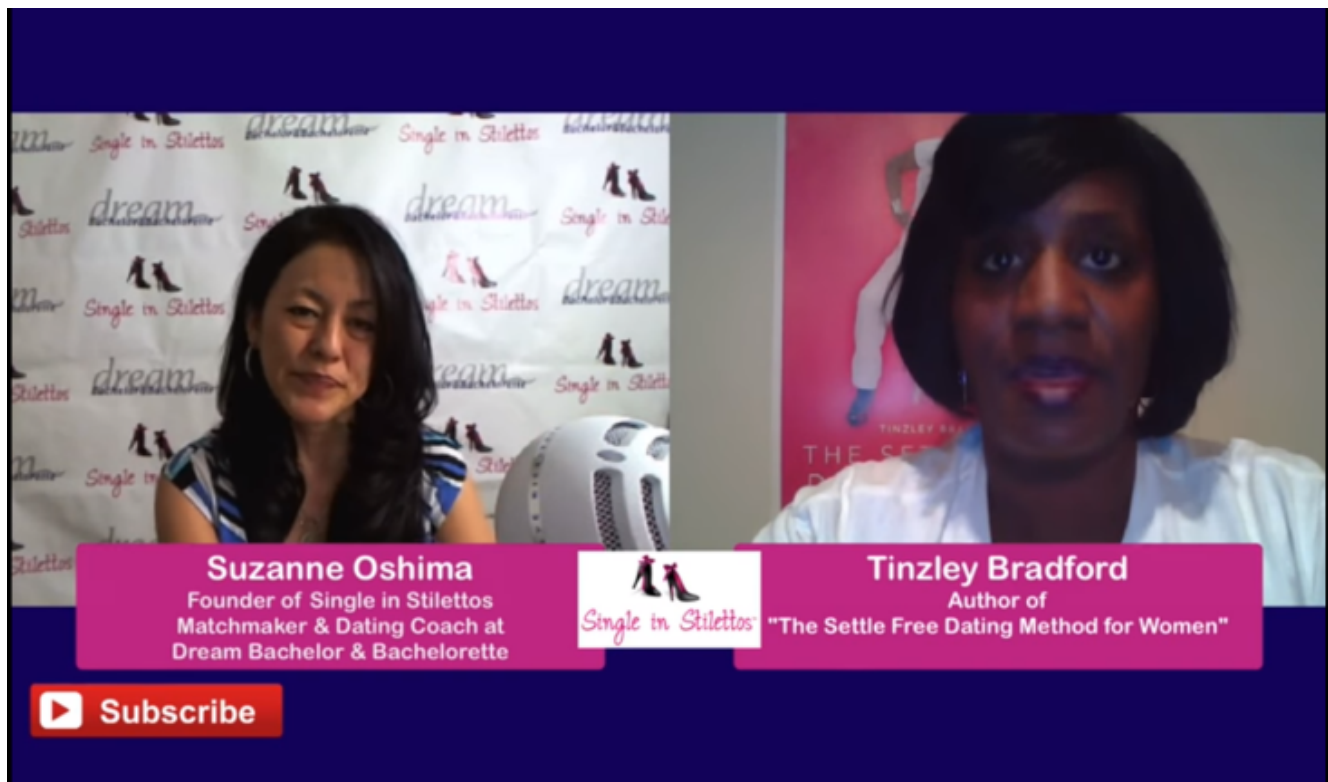
Keep up with Candace on Twitter [@candacecbure](#) and [Instagram](#).

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## Dating Advice For Women: What Are Men Attracted To?





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tripp to give their [dating advice](#) on what attracts men.

## Dating Advice On Attracting The Right Man

Tripp has worked with thousands of men to help them find the woman of their dreams. Now he gives his dating advice to women so they can avoid relationship problems and find the man of their dreams. Below are the top 10 things that men are attracted to in a woman.

1. A man is attracted to a woman who's not "crazy."
2. A man is attracted to a woman who's emotionally stable.

**Related Link:** [Relationship Advice: How to Find Real Love](#)

3. A man is attracted to a woman who is independent.
4. A man is attracted to a woman who can take care of herself

but still needs a man.

5. A man is attracted to a woman's feminine energy.

6. A man is attracted to a woman who is put together.

**Related Link:** [Dating Advice: How To Attract A Man Through Your Body Language](#)

7. A man is attracted to a woman who has a life

8. A man is attracted to a woman who he's attracted to physically, but every guy is different

9. A man is attracted to a woman who takes care of her body

10. A man is attracted to a woman with confidence

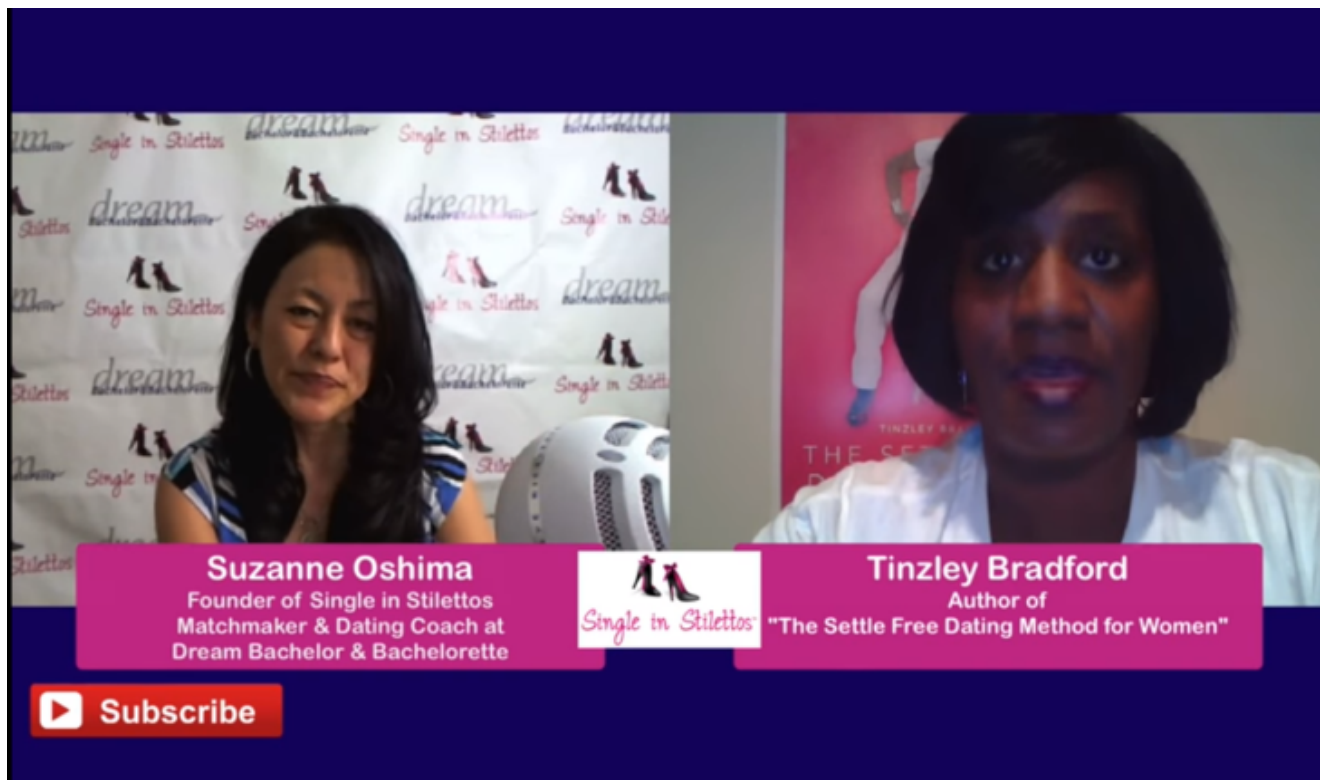
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## Relationship Advice: How to Find Real Love





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant-Johnson to give their [relationship advice](#) on how to find real love, even if you've been in the dating world for awhile.

## Relationship Advice on Finding True Love

**1. Clarity.** It's important to have clarity about what you want in terms of a relationship in your life. One dating tip: This doesn't mean having a huge list, but there is a power in being able to say what you want.

**Related Link:** [Dating Advice: How To Attract A Man Through Your Body Language](#)

**2. Conviction.** The experts relationship advice is to have conviction and belief that finding love is possible for you.

**3. Compassion.** Have compassion for yourself and recognize that

all you've been trying to do is get one of your deepest needs met. Also, approach potential dating partners with compassion as well.

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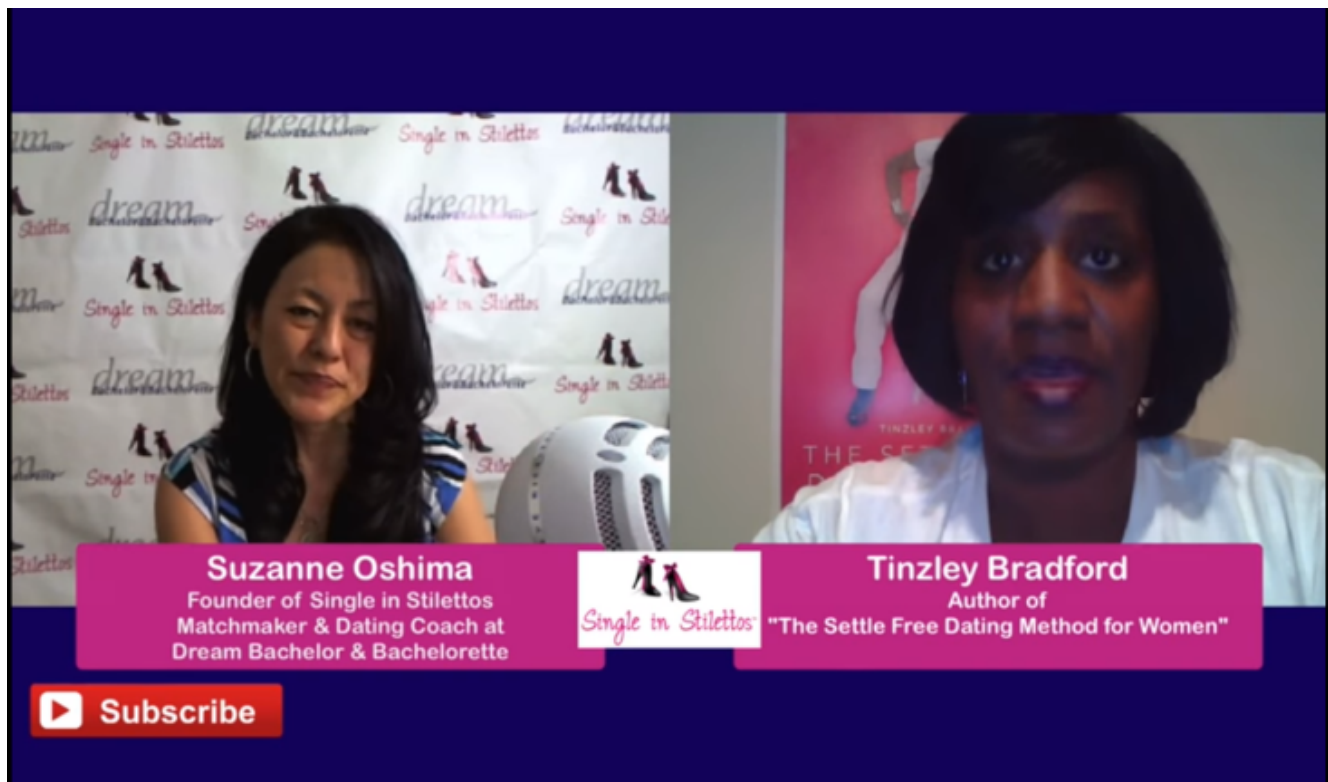
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## Pitch Perfect: Skylar Astin Says Celebrity Wedding Will Happen This Year







Interview by [Lori Bizzoco](#). Written by [Dena Linzer](#)

Fans smiled, laughed, and adored him in *Pitch Perfect* and *Pitch Perfect 2*, where the charming Skylar Astin melted our hearts alongside Anna Kendrick. But the aca-awesome news revealed during our [exclusive celebrity interview](#) last week was that the two love birds plan to tie the knot before years end! Astin spoke to us about his [celebrity wedding](#) and discussed his career and his partnership with megabus.com.

## Celebrity Interview: Skylar Astin Talks Career and Upcoming Celebrity Wedding

While planning a wedding may be stressful to some, the New York City native says he and Camp want to have a “very unique and very relaxed” wedding, where everything is calm, cool and collected. The *Pitch Perfect* stars have been together since June 2013 and announced their celebrity engagement in January 2016. While the duo doesn’t know the exact date, Astin

confirms the pair will tie the knot by the end of the year. The wedding planning is going well and the two are having fun putting together what Astin calls “the best, most meaningful party of your life.” Heartthrob and talented singer, Astin is just as sweet off screen as his on-screen character, Jesse in *Pitch Perfect*. He thinks of his celebrity wedding to Anna Camp as “our own love story.”

**Related Link:** [Hottest Single Celebrity Ladies of 2015](#)

When it comes to Astin’s career, the star has a packed schedule, between his upcoming series and movies. But this is exactly what Astin wants. “I love being busy,” he shares. He feels fortunate to be at the height of his career. Astin is entertaining on the big screen and on the stage as well, with his experience on Broadway. The star says that he enjoys both while explaining that the beauty of working on Broadway is that you have the freedom to change your character each night.

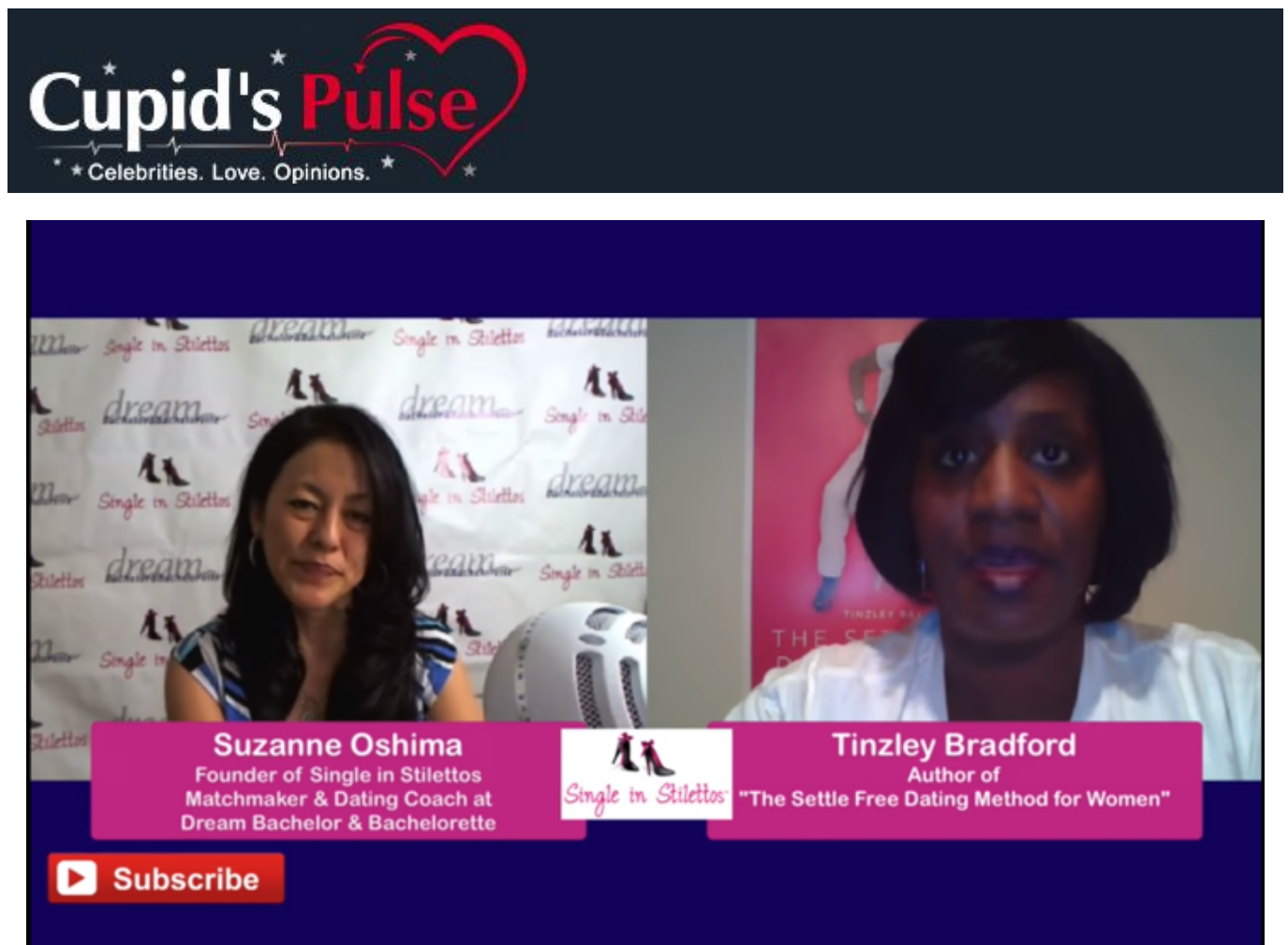
**Related Link:** [Anna Kendrick Speaks Out About Celebrity Marriage](#)

The charismatic actor and singer also sees the importance in charity work. “Since I actually have a voice, I want to use it for good things,” he says. Using his voice, Astin has partnered with megabus.com to provide eco-friendly travel. Megabus.com is an express bus service that goes to 120 cities, transporting 81 passengers in a comfortable double decker bus. For their 10th anniversary, megabus.com is partnering with Arbor Day Foundation to plant 10,000 trees along their bus routes. They also have a Green Road initiative where they are educating their drivers on driving in an eco-friendly way.

Keep up with Skylar on Twitter [@SkylarAstin](#) and [Instagram](#)

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# Dating Advice: How To Attract A Man Through Your Body Language



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert and author of *The Power of Women Over Men and How to Use It* Nick Karson to talk expert [dating advice](#) on how to show a man you're interested in him through your body language.

# Dating Advice On Attracting A Man Through Your Body Language

Dating is not easy, but expert dating advice says one of the best ways to show a man that you're attracted to him is through your body language. Experts say your body language can say more to a man than you ever could. Their three best dating tips are to smile, hold eye contact, and lean into his personal space a bit.

**1. Smile.** One of the biggest things you can do to show a man that you're interested, is to smile. It's a green light because men are so nervous and want to say hi, but don't always feel comfortable. If you can hold his gaze and give him a sweet smile, it makes you approachable.

**Related Link:** [Dating Advice: First Date Do's and Don'ts](#)

**2. Holding his eye contact for 2-3 seconds.** Doing this shows that you're listening and are engaged in the conversation.

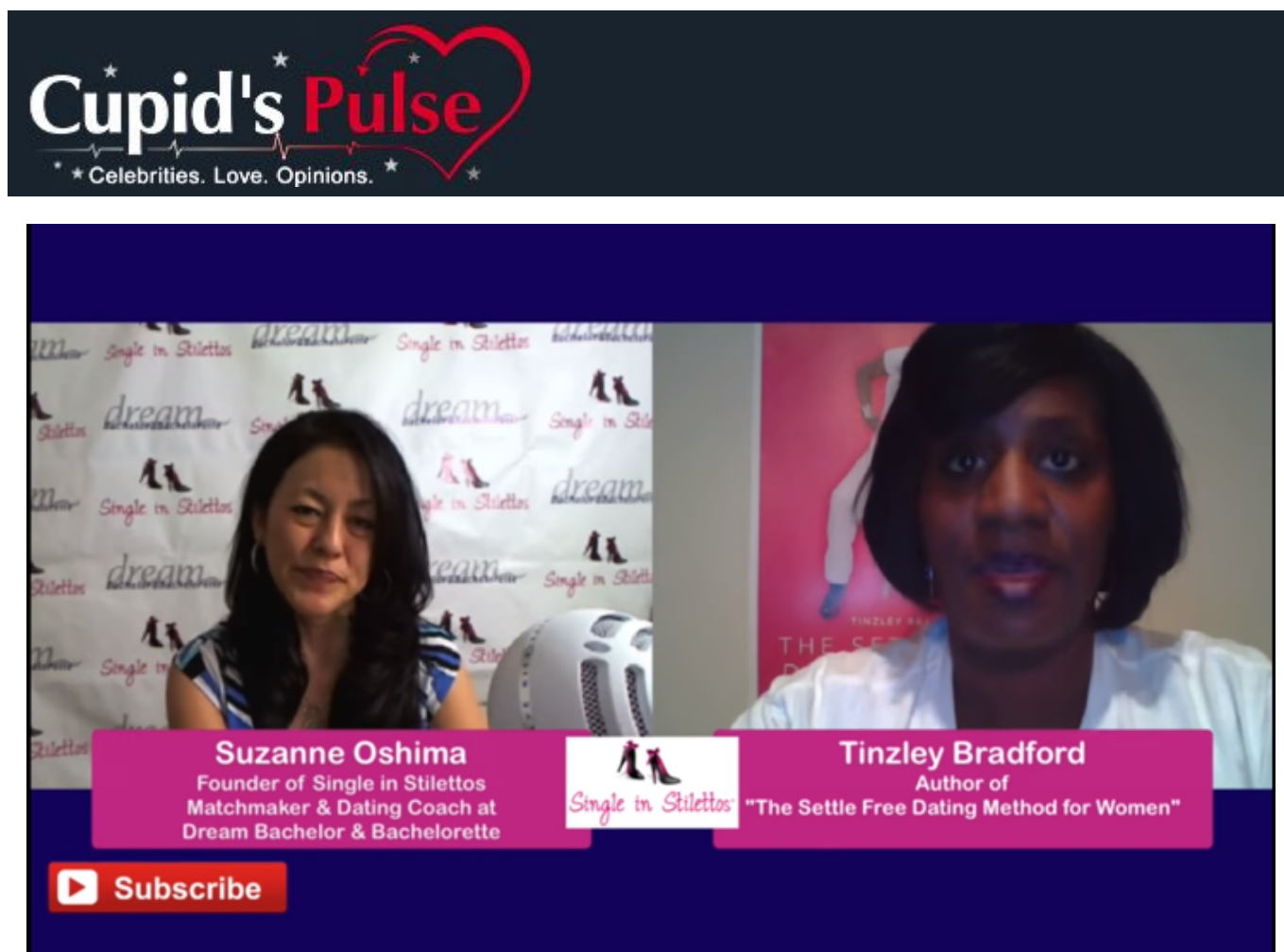
**3. Lean in.** Go into his personal space a beat and lean in when you're talking to him. When women do that little hair toss, it shows men that you like them.

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# Dating Advice: First Date Do's and Don'ts



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert and author of *121 First Dates* Wendy Newman to talk expert [dating advice](#) on first date do's and don'ts.

## Dating Advice: First Date Tips

Dating experts acknowledge that it can take awhile to find the man of your dreams, but they have some dating tips on how to act on a first date.

1. **Show up natural.** Be yourself and don't have an agenda.

Throw away that checklist and don't prequalify the person you're dating.

**2. Get to know each other.** Show up and try to get to know who the person is. Find out what they love and what they're passionate about.

**Related Link:** [Author Wendy Newman Shares the Relationship and Love Advice She Learned After 121\(!\) First Dates](#)

**3. Be clear if you don't like him.** Be gracious and pleasant, but don't act happy and flirty only to say no to a second date or dodge his calls.

**4. Don't be negative.** A first date is not the time to complain about your day at work, your parents, your friends, or even an ex. Be positive and pleasant to be around.

**5. Don't talk about the long term future on a first date.** Women think they're serious and that men date for sport. But it's just the way that you approach dating that's different. Men realize that a first date is just a first date. It's a baby step. Expert dating advice: Don't go into it trying to find your husband. Just try to get to know each other.

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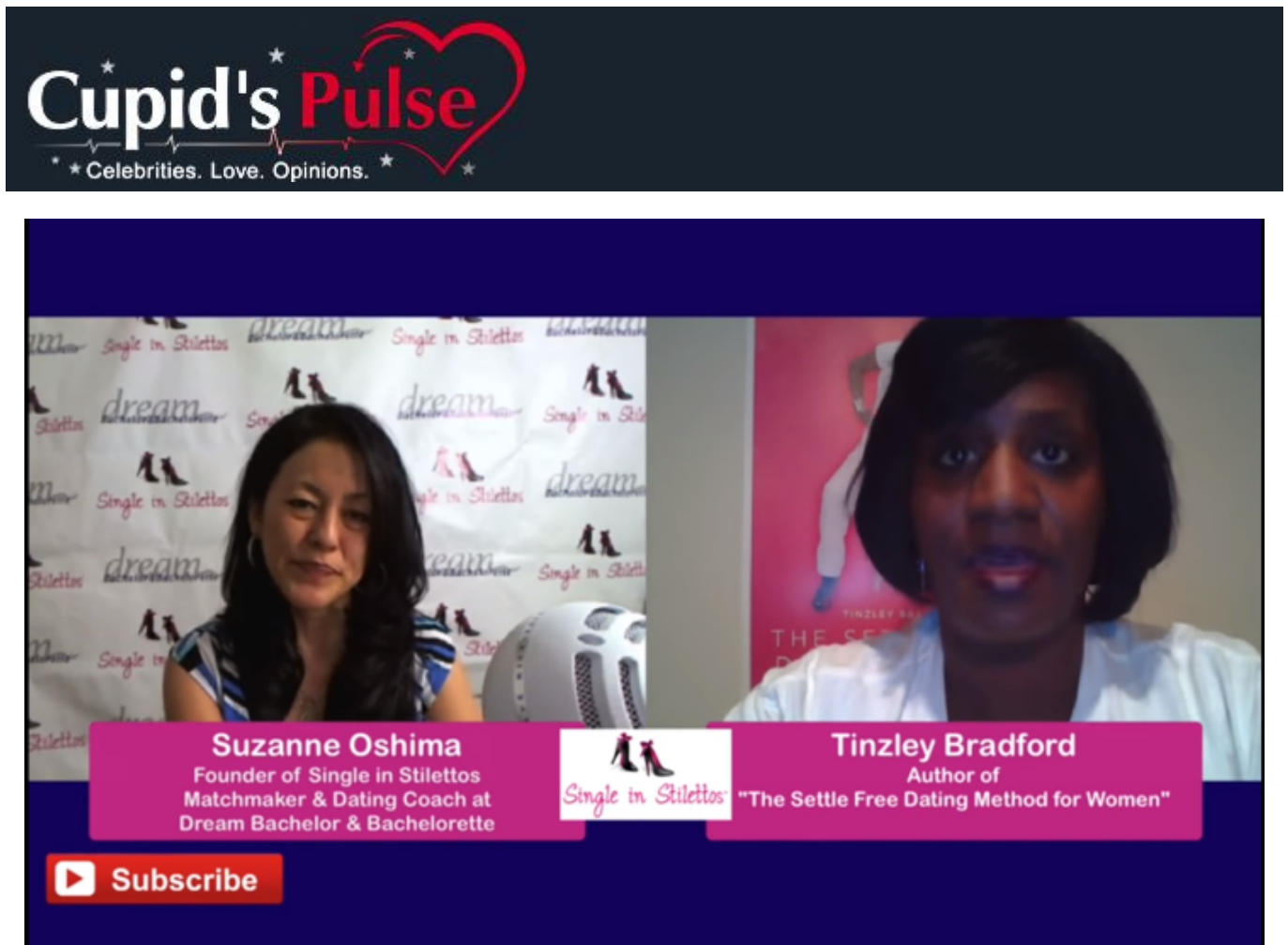
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## Expert Dating Advice: What



# Men Want & Why They Cheat



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima turns the conversation over to relationship expert and author of "The Problem With Women...is Men," Charles J. Orlando to talk expert [dating advice](#) about none other than men, what they want, and why they cheat.

## Dating Advice On What Men Want & Why They Cheat

Men want women who are confident, intelligent, energetic, honest, and supportive. Men respond to women who bring confidence to the table, but that is not to be mistaken with being a bitch. "Confidence is knowing who you are, it's

knowing where you're going, and it's knowing who's going with you," Orlando said. He also wants someone he can talk with, not talk at. Sometimes a woman's intelligence can be troublesome to men if it's greater than his own. When women are smarter men have to be comfortable with that. Some men don't know their place as anything other than being a protector/provider, so it forces them to find their new masculine. But Orlando did note, a man doesn't open a door for a woman because he thinks she's incapable, he opens the door because he values you. Men also want someone who is energetic and spontaneous, so Orlando's dating advice is to bring excitement to the relationship. He wants these things to remain throughout the relationship. Spontaneity is often the first to go, Orlando said, but men want to keep it.

**Related Link:** [Dating Advice: Get Inspired by Childhood Funn](#)

Men cheat for a variety of reasons, but Orlando said, "before physical act of betrayal, the relationship has already broken down." There is something missing in the relationship even before the inception of an affair. But what is it exactly that compels men to cheat? One, the opportunity to have sex without getting caught, which also caters to physical/sexual gratification that is emotionally detached. Two, he wants to have sexual variety. He's curious about being with someone he found physically attractive. Three, for the thrill of the chase. He misses that challenge and wants to know he's still got it. And finally, the desire to feel important or feel special. He wanted a ego boost because he wasn't getting it at home. "For any wife who won't there's a neighbor who will," Orlando said.

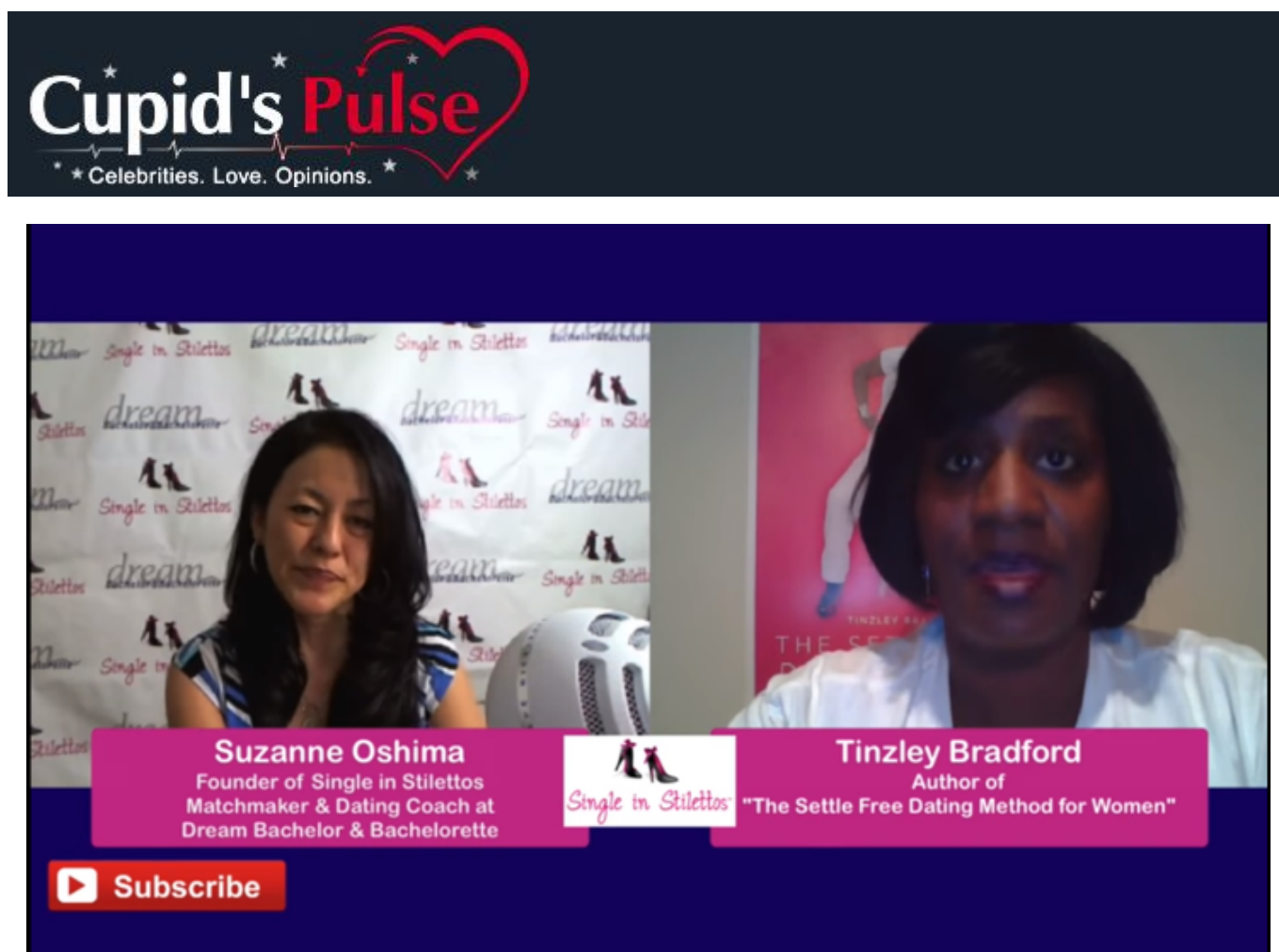
**Related Link:** [Relationship Advice: 4 Ways to Break Up With Your In The Nicest Way Possible](#)

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# Relationship Advice: How and Where To Meet Men



On this week's [Single in Stilettos](#) video, matchmaker Suzanne Oshima and dating expert Marni Kinrys give [relationship advice](#) on how and where to meet the man of your dreams.

# Relationship Advice On How To Meet 'The One'

Meeting 'the one' can seem like an impossible task, but this expert love advice will have you dating someone new in no time. To start, the experts say that you have to put yourself out there. Having a social life requires work and effort. Delegate one day a week where you will do something that will put you in a position to meet a man. Whether that be having a dinner party for singles, going to a bar, going to a singles event, joining a running club for singles, or online dating, there are so many places to meet someone new.

**Related Link:** [Expert Dating Advice On How To Handle Dating A Player](#)

Remember, it's important to be active and do more than two things to meet someone. Men (and women) are everywhere, it's just a matter of opening your eyes and looking around. Women: Don't be afraid to approach a man and just say hi. If he's interested, he'll take the lead from there. The biggest confusion and misconception is that people don't want to be approached.

**Related Link:** [Expert Dating Advice On How To Flirt With Men](#)

You can even start a conversation with someone on the subway or at the grocery store. Just opening yourself up to any and all opportunities will help you find the man of your dreams. Follow this relationship advice, because the only way you can have people in your life, is to be open to it.

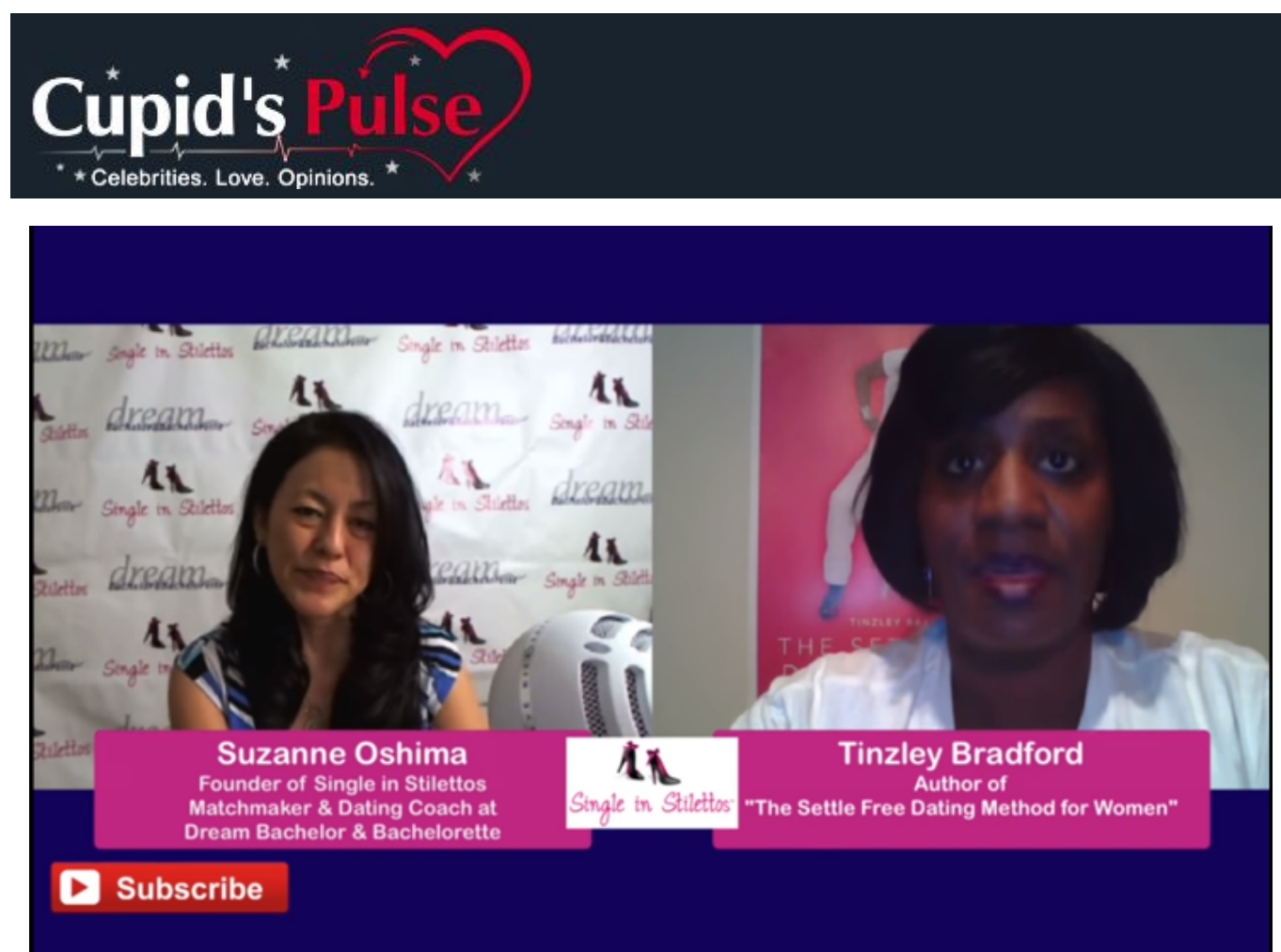
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How and where did you meet the man of your dreams? Tell us in the comments below!

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## Expert Dating Advice: Three Signs He Is Unavailable



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks about the language of love with relationship expert Nicole Moore who provides [dating advice](#) on the three defining ways men show you that they are unavailable for a relationship.

# Expert Dating Advice: Three Signs He is Unavailable

Similar to many readers, relationship problems are not foreign to the dating experts. For Moore, to solve her own woes and to provide others with dating advice, she developed a knack for love. “After enough pain, I got fed up and thought ‘I’m going to figure out how to make love work’ and I devoted my life to learning about love, how to love well and I figured out love is skill like anything else. It’s a learnable skill,” the expert shares. “When you know how to do the skill of love right you can have an amazing loving relationship.” Here are three signs that the guy you’re in to just isn’t available.

**1. He tells you.** If he says he isn’t looking for a relationship, or work is his priority, or his profile states that he’s just looking for friends and fun, take the hint. Regardless of these overt cues, women think he will commit to a loving relationship with them. “Look at what he is saying rather than what you are desiring or the fantasy that you made up in your mind,” Moore says. Pay attention to him and the way he talks about relationships; if he shows any of the signs above, it is very unlikely that man is available to you for a relationship.

**Related Link:** [Dating Advice: 5 Tips for Bunny Hopping Yourself into Romance](#)

**2. Is he present?** When you’re with him what’s his energy like? Is it focused on you? Is he uncomfortable? Is he looking around, checking his phone and making you feel as if he isn’t fully with you? “The reason people aren’t present on the deeper level is because there is stuff inside of them they haven’t dealt with yet. They can’t hang out in their body, they have to go to their heads,” Moore says. Dating tip: Once he faces enough of his inner demons, he’ll make you feel like you’re the only two in the room and he’s ready to make the two



of you a happy item.

**Related Link:** [Relationship Advice: Ec-friendly Jewelry Makes for a Great Conversation Starter](#)

**3. How does he talk about women in general?** If he talks negatively about women or talks negatively about his acts in the past he's not ready for you yet. He is either not over his exes or could have preconceived notions of women that are unfavorable and these two factors will prevent him from giving himself to you fully or at all. "He's going to hold himself back because he's actually afraid that women are going to hurt him," Moore reveals.

**Related Link:** [Celebrity Couple News: Kanye West Helped Kim Kardashian Fight Back During Nude Selfie Controversy](#)

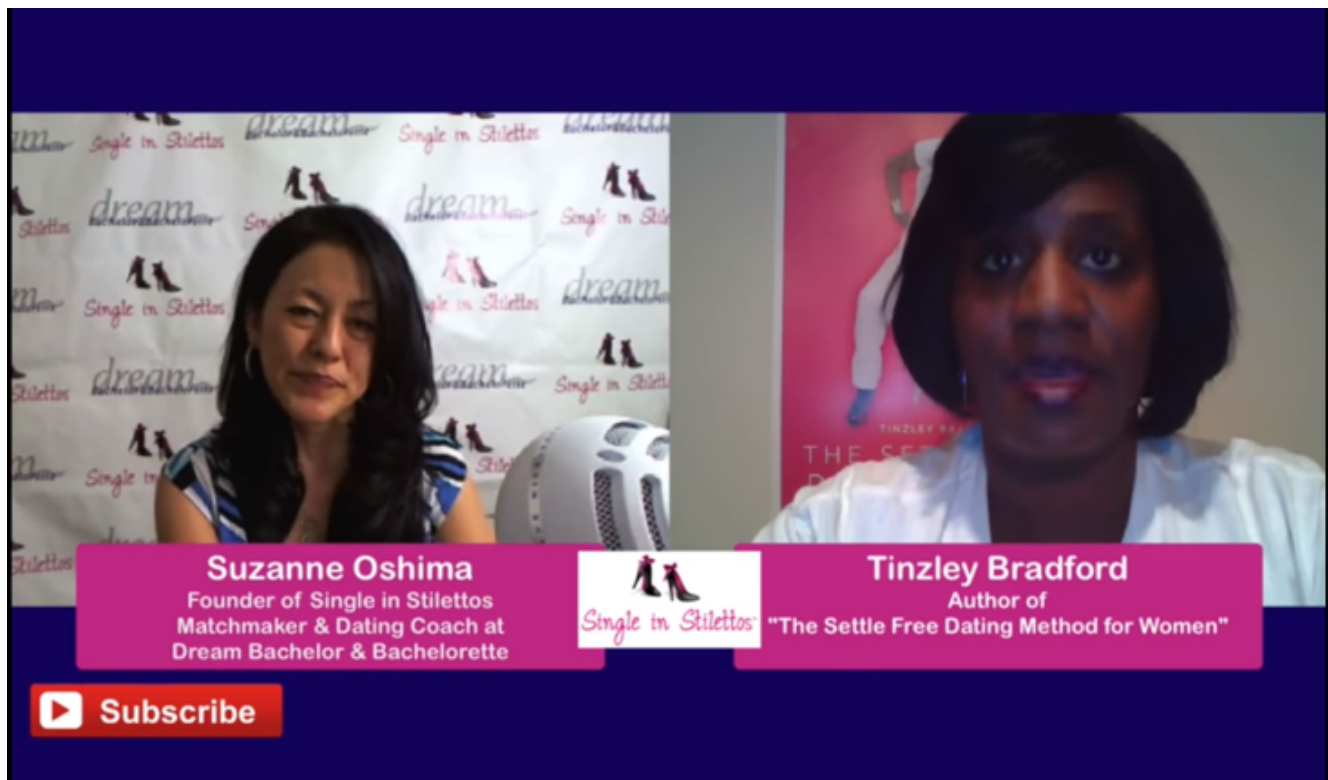
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## Expert Dating Advice On How To Handle Dating A Player





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks [dating advice](#) with relationship expert Robert Manni. Speaking from a guy's perspective, Manni provides dating advice on dating a player and how to know if you're looking into the eyes of one.

## Relationship Expert Talks Dating Advice: How To Handle Dating A Player

When women think of a player, oftentimes they think they can change them, but Manni says otherwise. "I certainly think anybody can evolve and I don't think that it's the women's responsibility to change a man," he says. "I think you can lead the horse to water but he has to drink. So a man has to want to change and he has to want to change for the right reason. If a woman is there to support him in his desire to be the best he can be that's the best case scenario."

**1. Signals of a player.** On your first date, does he have something planned? Does he pick up the check...does he pick up

anything other than his phone? Did he ask you out in person or over the phone, as in speaking on the phone? If a majority of your answers are no, chances are this guy is at the plate ready to bat.

**Related Link:** [Celebrity Interview: Blake Cooper Griffin Gives Relationship Advice & Says, "Don't be Reckless with Other People's Hearts"](#)

**2. Get to know him better.** As Manni says, "Text only gives you a portion of what that other person is." As a woman, you have to speak up. Tell him you want to talk over the phone, tell him you want to get to know him better. But don't demand it, put the idea on the table in a flirty, playful way. "Regardless of the situation when a man and woman first meet each other they have to take the time and prioritize the need to learn about the other person," Manni says.

**Related Link:** [Expert Dating Advice: What is Love and How Do I Find It?](#)

**3. Be yourself.** When competing against the model types and the classic womanizers, the only way to stand out for men and women alike is to be your authentic self and to be confident in who you are.

**Related Link:** [Dating Advice: Moving Your Relationship From Online to Face-to-Face](#)

Providing guys with a guide to love in his book, Manni now offers women his best dating tip from the man's perspective: "The things that every guy seeks in women is somebody who understands him and is supportive of what their ambition, goal, or dream is. And if you can make the man feel that you believe in them they will be putty in your hands."

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Have advice on dating a player? Share in the comments below!

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# Dating Advice: How To Flirt With A Little Touch



In this week's [Single in Stilettos](#) episode, founder and matchmaker Suzanne Oshima talks [dating advice](#) with Patty Contenta, founder of Sensuality Secrets, about how to get sensual with a little touch. Professional ballroom dancer

turned relationship expert, Contenta adapted her smooth moves from the dance floor to the playground of dating to turn heads and even get an encore in the form of a date. “I was this really sultry, mysterious, alluring woman and I wondered if I could be this in everyday life and if that would help me in my dating scenario,” Contenta says.

## Relationship Experts Talk Dating Advice On Flirting

**1. Touch any item on him you enjoy.** It can be his watch, tie, even the lapels on his jacket, Contenta says. Acknowledge these things and compliment them. Perhaps even get him to share the story behind these items. But touching rather than simply asking will leave an imprint.

**Related Link:** [Expert Dating Advice on How to Flirt With Men](#)

**2. Touch his extremities.** A great dating tip from Contenta: Extremities are a safe zone. His shoulder, arm, wrist, hand. The simple physical connection between your hands can calm him, make him feel comfortable, and it shows that you appreciate him and what he has to say.

**Related Link:** [Expert Dating Advice: Mastering the Nonverbal Cues of Flirting](#)

**3. Touch his lower back.** Touching a guy’s lower back as you walk by is a great way to make him remember you. Contenta shares the dating advice that the higher back is safer than the lower, but this touch will come naturally as the chemistry develops.

**Related Link:** [Kris Jenner Gives Her Best Dating Advice](#)

For her best piece of dating and relationship advice, Contenta says: Eye contact, smiling, self touch. “I’m here, I’m present, I’m in my feminine, and I’m with you,” she adds.

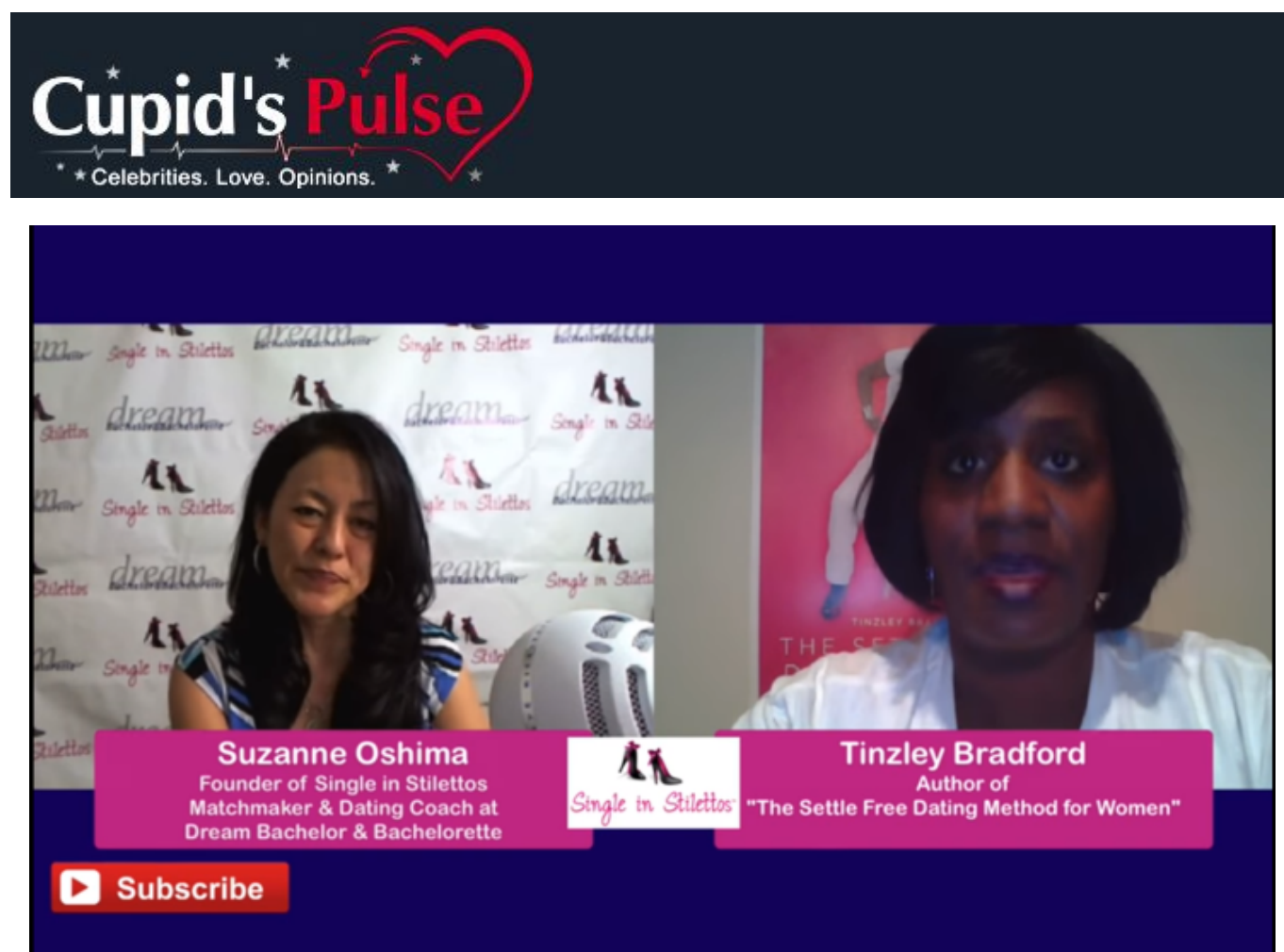
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Have a tip on how to flirt with a little touch? Share your experience in the comments below!

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# Expert Dating Advice: Signs That He's Not Interested in You



On this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to dating expert



Tinzley Bradford about signs that he's not interested in you. Don't miss their expert [dating advice](#)!

## Is He Interested in You? Use This Dating Advice to Find Out

Here are three signs that he's just not into you:

**1. He doesn't call, text, or hang out with you:** It's simple: He'll pursue you if he likes you. "If you're dating a man and he's interested in you, you don't have to keep begging him," Bradford says. Oshima also encourages you to be wary of guys who disappear after a night together; they're just using you as a "filler."

**Related Link:** [Expert Dating Advice: How to Be a Smarter Dater](#)

**2. He uses a dry, dull tone:** There's no engagement when you're talking. He may even be short with you. "There's going to be laughter... There's going to be fun times," the dating expert says of someone who's interested in you. And if he's on his phone while you're together? That's another red flag!

**Related Link:** [Relationship Advice on Finding True Love](#)

**3. You haven't met his family or friends:** Be careful if the relationship is one-sided. "You don't know anything about him...because he hasn't told you anything about him," Bradford explains. If he likes you, he'll bring you into his world.

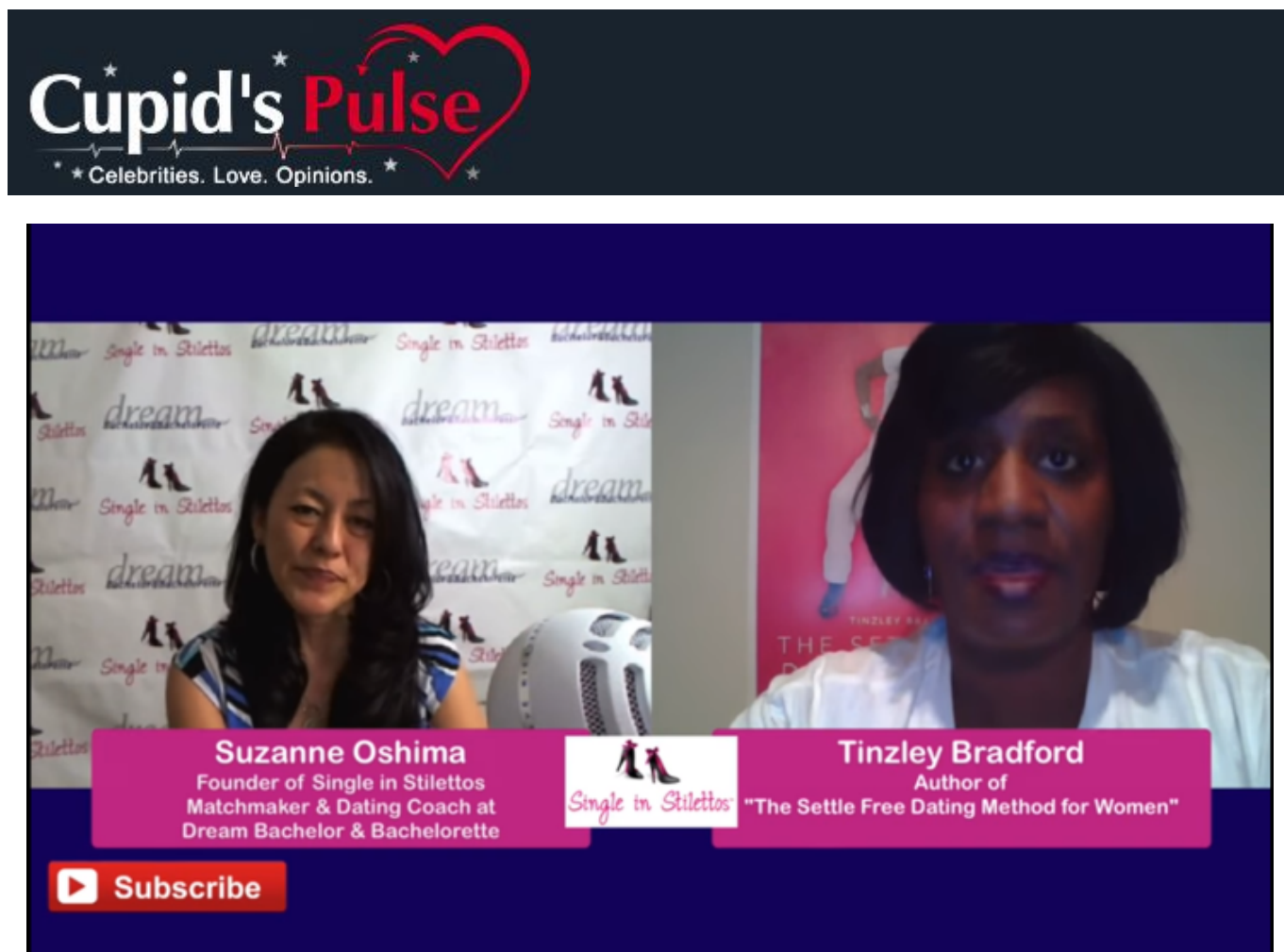
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**How do you know if he's interested in you? Tell us in the comments below!**

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# Expert Dating Advice: The Help You Need to Find Love



On this week's episode of the [Single in Stilettos](#) show, founder of the [dating advice](#) site and matchmaker Susanne Oshima chats with intimacy and relationship coach Iris Benrubi to discuss why, even though you're doing everything you can to find love, it's just not working.

# Dating Advice to Help You Find Love

As a counseling psychologist, Benrubi set out on a mission to help others become emotionally intimate with themselves, which in turn allows them to foster more deeply connected relationships. In the video above, she shares her three best pieces of dating advice to help you find The One:

**1. Do what you love:** By going out and doing what you love, you might just meet someone who loves doing the same thing. “If you can actually learn to go out there and do things that you love and have a great life and be open to meeting a man in those situations, not only will you attract a healthier man, but you’ll also attract a man with the same qualities you have,” the dating expert explains. In doing so, you’ll appear to be a whole and satisfied woman, which will attract a fulfilled man. A guy doesn’t want to feel responsible for your happiness; instead, he wants to be the one who enhances it. Or as Benrubi says, “He wants to be the icing on the cake, but he doesn’t want to be the cake.”

**Related Link:** [Kris Jenner Gives Her Best Dating Advice](#)

**2. Notice how you communicate with a man:** Complaining? *Again?* If he hasn’t already tuned you out, he’s going to – and then, your relationship may become a thing of the past. Men don’t want to listen to complaints; they want to feel valued in their relationship. Focus on what he does well and make it known to him that he is succeeding with you. “If you want a good man to hang around, you want to let him know he’s making a difference to the quality of your life,” Benrubi shares.

**Related Link:** [Expert Dating Advice on How To Flirt With Men](#)

**3. Get in touch with your feminine side:** A woman needs to let down her masculine walls to allow a potential partner, the bearer of masculinity, to step in and contribute to her life. The dating expert explains that single women often become

too self-sufficient, taking on both masculine and feminine roles. As a woman in a relationship, allow the masculine behaviors to be passed on to your special someone. Ask him to help you lift that heavy box or change that light bulb – he'll get fulfillment, and you get to watch!

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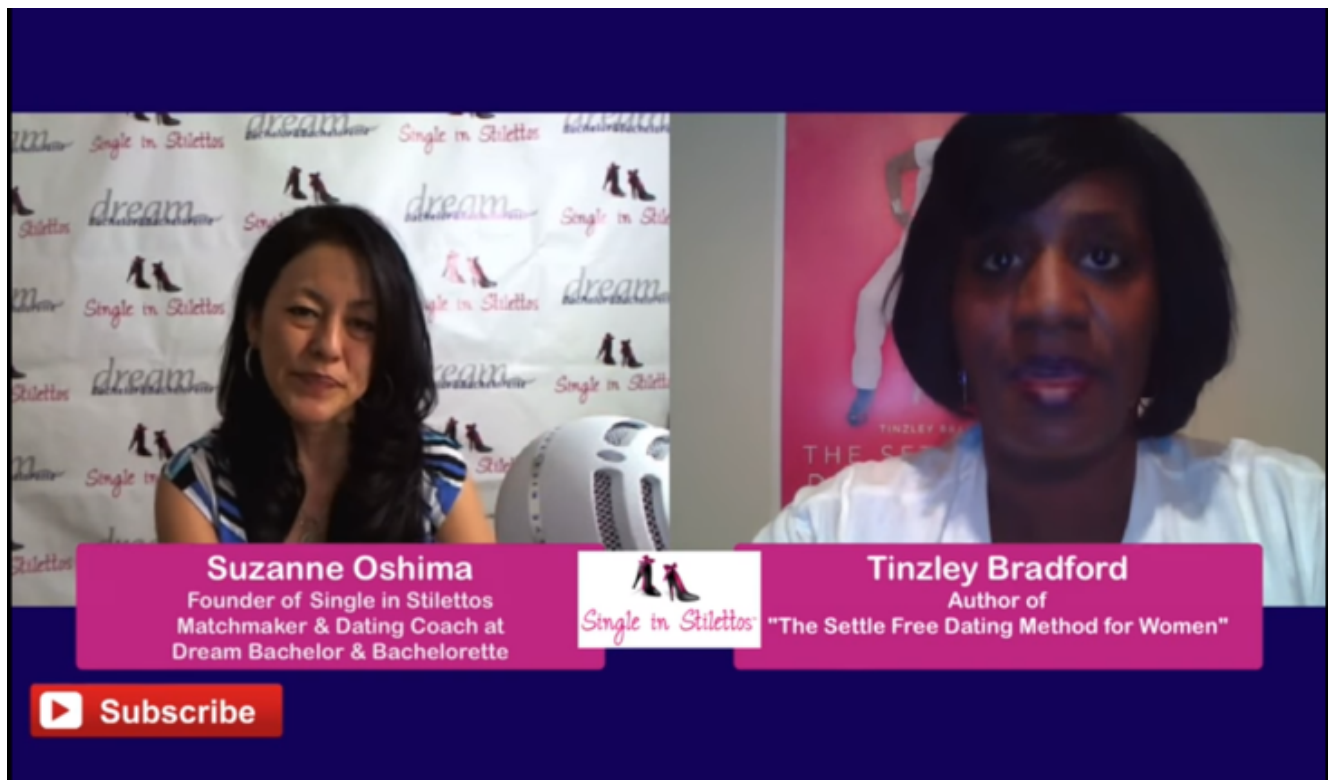
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**What's your best dating advice for finding love? Tell us in the comments below!**

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## **Expert Dating Advice On How To Flirt With Men**





In this week's episode of [Single in Stilettos](#), founder of the [dating advice](#) site and matchmaker Suzanne Oshima sat down with dating and flirting expert, Tracey Steinberg to share tips on how to flirt with men.

## Dating Advice On Flirting With Men

Civil litigation attorney turned dating expert, Steinberg knows a thing or two about men, love and how to get him to fall in love by the power of flirting. "Flirting is one of life's greatest pleasures and if you're missing out on it that's a shame," Steinberg says. "As women it's our right to flirt, let's not give that up." Below are a few of her tips on how to flirt with men!

**1. Eye contact.** Flirting is about nonverbal language and your inner voice shines through your eyes. Show him you're interested in him by making strong eye contact, while keeping the spoken conversation light and fun.

**Related Link:** [Dating Expert Gives Five Body Language Cues to Look for on a First Date](#)

**2. Complement freely.** Confident men love to be around women who make them feel confident and who support what makes them so confident. A great piece of dating advice: men love being complimented just as much as women. Steinberg said men swoon over compliments about features like their biceps, because they work out routinely waiting for a cute girl to notice.

**Related Link:** [Expert Dating Advice About Dating Traps to Avoid](#)

**3. Align yourself with his passions.** If you're talking about what he loves, he's going to love talking to you. Maybe the conversation will continue to a second date at a fancy restaurant (we like the way Steinberg thinks!). If you find yourself wanting to have this conversation, but getting lost in it, be honest and have him teach you a thing or two. He'll love it.

**4. Let him feel confident that you're interested.** The relationship expert said even the most confident men fear rejection. If you really want that date with him, make it clear to him that you would go on a date with him. Men need to be built up just like women do.

**Related Link:** [Relationship Advice: 10 Emotional Stages of Being in a New Relationship](#)

**5. Light conversation.** This is not your therapist you're talking to, in fact he's hardly more than a stranger: do not spill your problems out on the table. Keep the conversation light and silly; keep up the enthusiasm and talk about things that make you feel confident. And never forget to be the authentic woman you are!

These dating tips should help you land your first date with your new, big-biceped guy and once you do put Steinberg's best piece of dating and relationship advice to work: "Treat him like royalty."

*For more relationship advice videos and additional information*



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What's your best piece of advice for how to flirt with men?  
Share with us in the comments below!

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## Expert Dating Advice About Dating Traps to Avoid



On the latest episode of the [Single in Stilettos](#) show, matchmaker and dating coach Suzanne Oshima talked [dating](#)

[advice](#) with David Steele, a marriage and family therapist, relationship coach and founder of the Relationship Coaching Institute. Through his experience professionally and personally, Steele had an epiphany: “Singles become couples, that’s absolutely where we need to start.”

## Dating Advice On The Worst Dating Traps

**The Scarcity Trap:** The fear that there is not someone out there for you often takes the reins and drives you into an undesirable relationship and love. You then settle and find yourself in a state of greater unhappiness than before. Fear, desperation, and the need to survive in the dating world all set in. “We believe we have to settle for less or be all alone, that what we really want is not out there,” he explains. Steele’s expert dating advice is that what’s in your mind is destined to become reality, and it may not be the destiny you’re after.

**Related Link:** [Dating Experts Give Dating Advice to Attract a High Quality Man](#)

**The Attraction Trap:** The dating expert says that we may be attached to a lot of things: our favorite clothes, ice cream –especially after a relationship rough patch, I might add – and people. However, that does not necessarily mean we love them. Oftentimes, we mistake attraction and chemistry as love. “We tend to interpret these strong feelings as love – it’s meant to be – because we’re feeling it so strongly, so we really have to balance our heads with our hearts,” Steele says. When dating, we need to be clear about who we are, what we want, and what we need.

**Related Link:** [Dating Advice: 7 Guys You’re Probably Not Going to Marry](#)

**The Rescue Trap:** ‘I Need a Hero’ may have been a hit, but

entering the dating realm with that mantra will be a fail almost every time, as per Steele's relationship advice. When we are unhappy or struggling, we often think that a relationship or another person will solve all of our woes, yet this is the wrong reason to choose a relationship. "If we're not happy, we're going to attract more unhappiness in our life," Steele says. "Success breeds success, and misery loves company."

**Related Link:** [Expert Dating Advice: Top 4 Places to Meet Mr. Right](#)

On a very real note, relationship expert Steele adds, "A relationship won't solve all your problems. It won't cure your depression. It won't make you happy all by itself. You're just basically going to get more of what you already have that you don't want." And this is why you must find your own happiness before looking for it in others!

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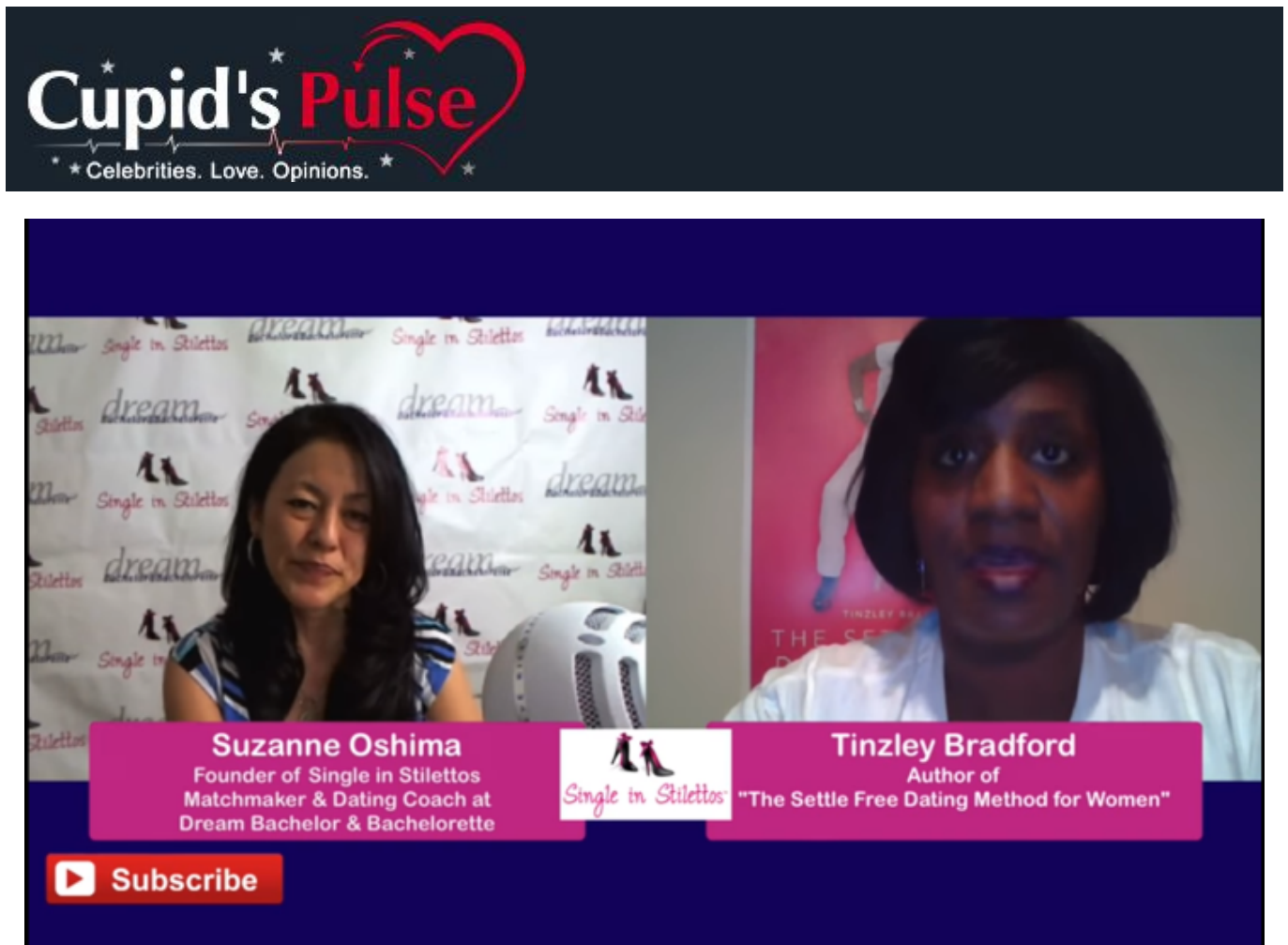
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**What's your best piece of love advice for avoiding dating traps? Share with us in the comments below!**

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**Dating                      Experts                      Give  
Relationship              Advice              To**

# Attract a High Quality Man



On this week's [Single in Stilettos](#) post, founder and matchmaker Suzanne Oshima talks expert [relationship advice](#) with love coach Nicole Moore on finding your next relationship and love. They're not talking how to attract just any man, but a high quality man. "You want to be an energy of 'I am the prize,'" Moore exclaimed.

## Author Gives Relationship Advice To Help You Find The Right Man

Here are Moore's three best pieces of expert relationship advice to help you be magnetic to a high quality man:

**1. Be present in your body, not your head.** When you are present in your head, you are dating from your insecurities

and fears, but when you are present in your body, you transition from thinking to feeling. The dating experts say that men are constantly thinking they want a woman who will make them feel. A high quality man will love the energy you emit when you are totally present in the date and not in your own head.

**Related Link:** [Dating Experts Reveal How To Attract the Right Man](#)

**2. Do not hate men.** Women often hold negative notions of men: they cheat, they lie, all they want is sex. But here's some love advice: If these thoughts are in your mind, he can read them in your energy and when he does he is not going to feel safe or comfortable with you. When you love and appreciate men, they will flock to you because your energy makes them want to be around you.

**3. Be confident in yourself and what you have to offer.** High quality men know they have options and they want to be confident in making their choice, but first they must feel confident about you. If you act confidently in front of him, he will be confident in your presence.

**Related Link:** [Expert Dating Advice: How to be a Smarter Dater](#)

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**What's your best piece of love advice for being a smarter dater? Share with us in the comments below!**