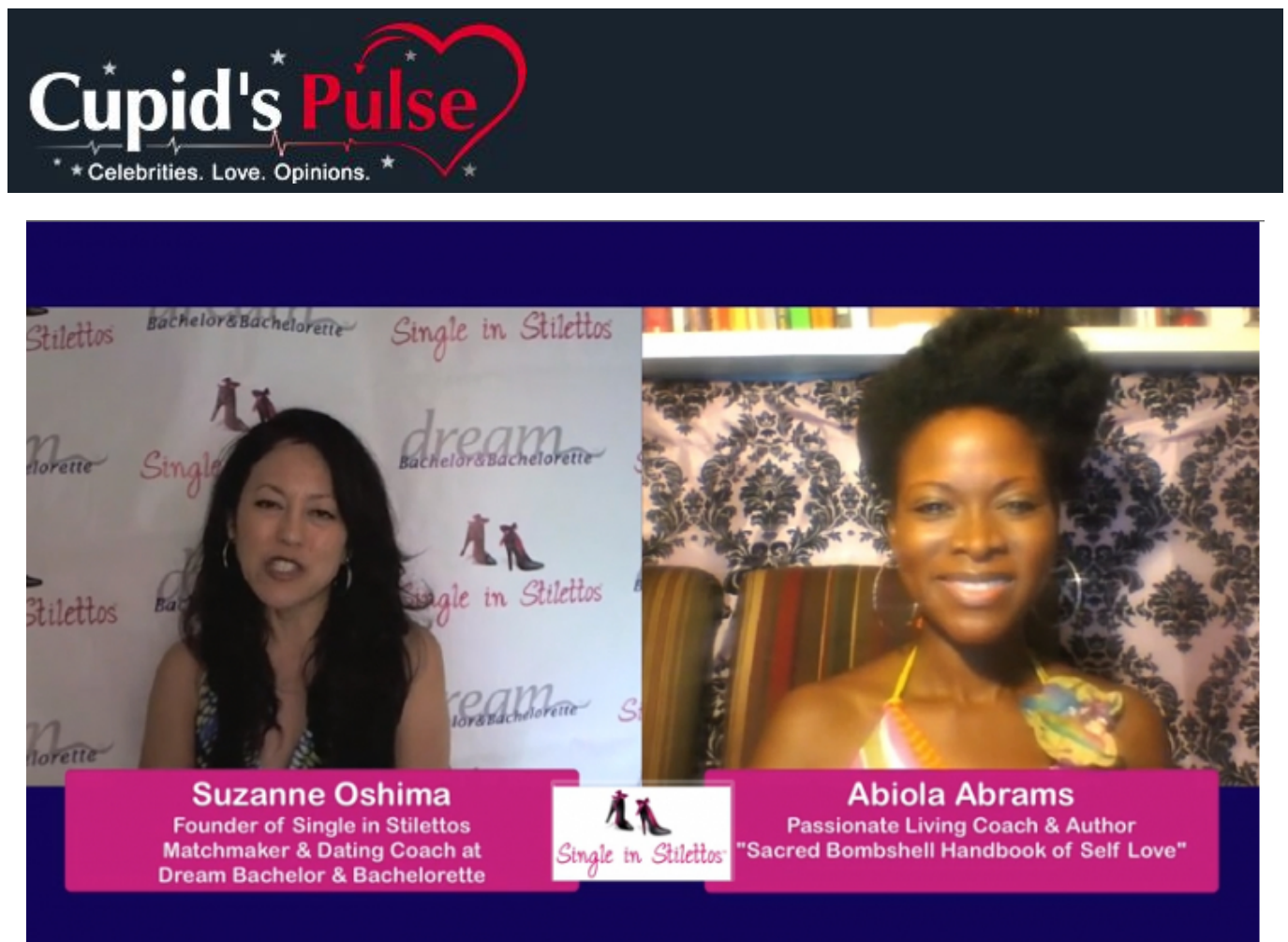


Single in Stilettos Weekly Show: Flirting Tips



On this week's [Single in Stilettos](#) video, founder Suzanne Oshima talks to passionate living coach and author Abiola Abrams about how to flirt with men. She shares more than just external flirting tips and describes bombshell flirting as exuding positive, feminine energy. Here are her tips for working on your inner flirt game: be tuned into your inner receptivity; flirt with everyone; imagine yourself as a magnet; and expect a male miracle. When you change your energy, true love will come your way!

Related Link: [Abiola Abrams on Insecurity and Dating](#)

For more information about Single in Stilettos shows,

click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are your best flirting tips? Tell us in the comments below.

‘Blood, Sweat and Heels’ Star Brie Bythewood on Departure From Reality TV and Celebrity Pregnancy





Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

Bravo's *Blood, Sweat and Heels* reality TV star Brie Bythewood has it all: an impressive career, a devoted man, and soon, a little girl to call her own. CupidsPulse.com Executive Editor Lori Bizzoco spoke with the real estate developer at the *OK!* Magazine New York Fashion Week event on September 10th to get some insight on her celebrity pregnancy and the upcoming season of the hit show. However, this week, there have been rumblings that Bythewood won't be returning to *Blood, Sweat and Heels*, so we followed up with her and got the full scoop on her plans for the future. Here's what we know:

Bravo Star Talks About Reality TV Show

The mom-to-be spoke to us about the recent rumors of her departure from the reality TV show, "It was a decision made months ago," she reveals in our celebrity interview. "For me, my pregnancy is, and has been, my focus."

Related Link: ['Blood, Sweat and Heels' Star Brie Bythewood on](#)

Baby Announcement: “There Won’t Be Any Pregnancy Scenes on the Show”

When we asked Bythewood if there were any new projects brewing or if she would be taking a break, she said that instead of slowing down, her schedule has actually picked up, and she has a new project in the works, hinting, “That will be something everyone will have to wait to see! I can’t really get into the details about it quite yet, but it will be very different from what you saw on *Blood, Sweat and Heels*.”



Brie Bythewood is thrilled about having a baby girl. Photo: Alicia Bythewood

Brie Bythewood Dishes on Her Celebrity Pregnancy

The Emerson alumna describes the father of her soon-to-be daughter as her “heartbeat” and gushes that he’ll be an amazing dad. She goes on to say, “He’ll be the first man [our daughter] ever loves, and she doesn’t know how amazing of a person that is to have as a first love.”

While speaking of the gender reveal party she and her longtime boyfriend hosted, Bythewood reflects on the day their doctor called to announce the sex of their baby. She appointed her mother as the keeper of the secret, as she wanted the news to remain a surprise so she could share the moment with the rest of her loved ones. So when the party came around, the original Mama Bythewood filled a box with pink balloons, and when the couple opened it, they rejoiced at the news of a baby girl on her way.

Related Link: [‘Blood, Sweat and Heels’ Star Brie Bythewood Says, “I Don’t Know How to Be Anyone Other Than Me”](#)

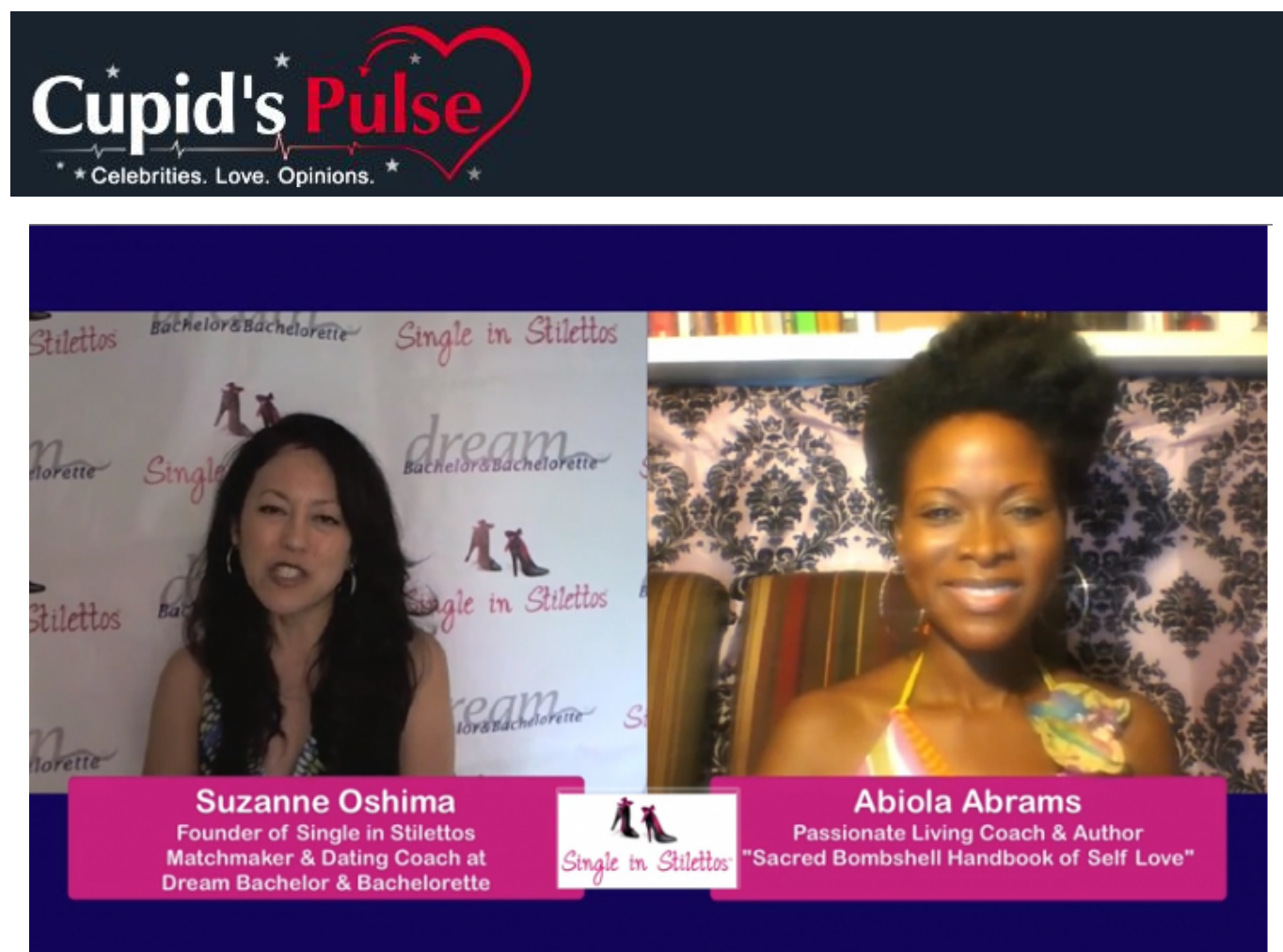
It was difficult to meet up with a few of her former castmates to tell them the news of her [celebrity pregnancy](#), and she regrets that they read the story in the press first. She states, “We couldn’t get it together, so I said, ‘You know what, you’re going to read some news; I wanted to tell you first.’ But I refused to tell them over the phone.”

We’re sad that there will be no pregnancy and celebrity romance on the second season of *Blood, Sweat and Heels* – we’ll miss the class and sophistication that the mama-to-be brought to the small screen!

You can keep up with Brie on Twitter @BrieBythewood!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Gossip Columnist Perez Hilton on Dating in NYC: “It’s Raining Men, But It’s Exhausting”



Interview by [Lori Bizzoco](#). Written by Christina DeRosa.
It's hard to keep up with Perez Hilton, as he's always on the go trying to get celebrity gossip for his own popular website.

But the blogger slowed down for a moment to catch up with CupidsPulse.com at *OK!* Magazine's New York Fashion Week celebration. During a one-on-one celebrity video interview, he gave us the latest scoop on living a healthy life and looking for a relationship and love in New York City.

Perez Hilton Talks Celebrity Dating

When asked about [celebrity dating](#) in New York, Hilton shared that he isn't giving up on the hope of finding someone special. He's continued to online date, as he shared in his last interview with us (see related link below). "It's great; I'm not gonna complain," he adds. "It's raining men, but it's exhausting going on so many first dates."

Related Link: [Perez Hilton on Dating with a Child and Finding Love Online](#)

What he wants in a partner is quite simple: "Somebody who is happy – happy professionally, happy personally, and happy with the direction their life is heading in," the blogger tells us. "Someone who knows who they are, knows what they want."

With his son adjusting to the New York lifestyle, we were curious to find out if there would be more kids in his future. The celebrity gossip columnist replies, "If I'm lucky!"

Hilton also reveals his plan for staying slim and healthy: that large bag with him on the red carpet. When asked what was in the bag, the star admits, "My food." His secret: "Nothing special – no juicing, no weirdness, just healthy food really."

Related Link: [Perez Hilton Opens Up About Fatherhood](#)

Celebrity Gossip Columnist on

Fashion

Ever the fashionista himself, he says, "What I have most enjoyed about fashion week is just getting to wear so many fun clothes."

He said that his inspiration behind the black and white unitard and black boots he was wearing at the *OK!* event was to pay homage to the beloved red carpet queen herself: Joan Rivers. So sweet!

Keep up with Perez via Twitter @PerezHilton.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Screwing the Rules Video Dating Tips: Your Must-Have Mantra





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Find the Love of Your Life](#)

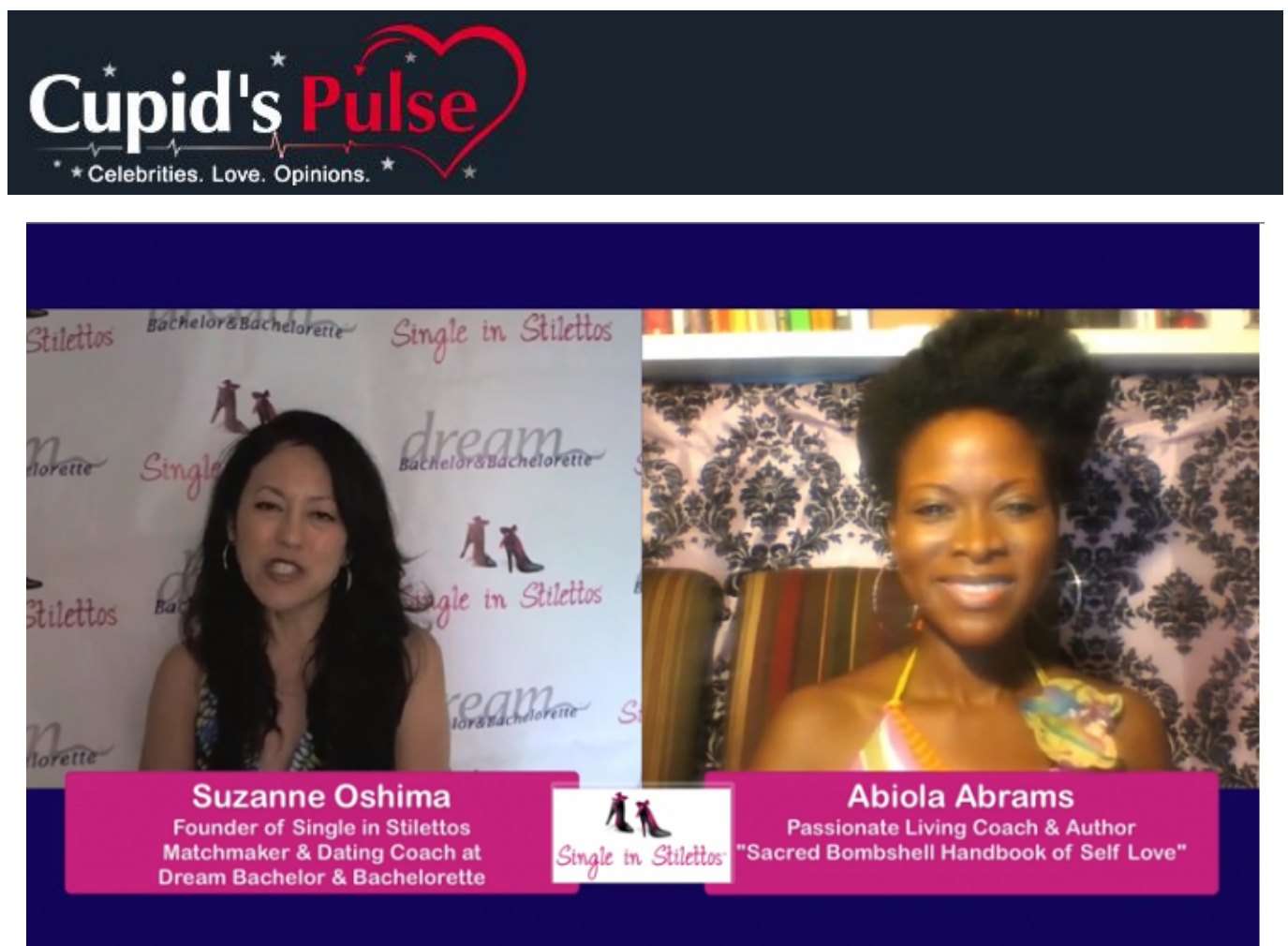
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) discusses your must-have relationship mantra. "'Here I am.' That's it!" she shares. "Not 'Here I am – am I good enough?' or 'Here I am – do you like me?' It's confident. It's comfortable." If you don't recognize your own value and worth, then you can never expect a man to do so. Remember that you can only be who you are – and someday, you'll find a partner who loves you for you.

For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

What is your must-have mantra? Tell us in the comments below!

Reality TV Stars Deena Cortese and Chris Buckner Talk 'Couples Therapy' on VH1



Interview by Ashley Pacifico. Written by Stephanie Salsini. Fans of *Jersey Shore* and *Snooki & Jwoww* recognize Deena Cortese as the hilarious little “meatball” who is best friends with Snooki. In our exclusive celebrity interview during *OK! Magazine's* New York Fashion Week celebration, CupidsPulse.com asked Cortese and her boyfriend Chris

Buckner about what we could expect to see from them on the reality TV show *Couples Therapy* as well as their best fashion [dating advice](#).

Related Link: [Snooki Prepares for Wedding Day with 'Great Gatsby'-Themed Bridal Shower](#)

Reality TV Stars Talk *Couples Therapy*

Viewers know Cortese for her crazy partying, but you won't be seeing that behavior from her on *Couples Therapy*. "You're going to see a completely different side of me. I open up about a lot of stuff that I didn't feel comfortable opening up on *Jersey Shore*, so it should be very interesting," the reality TV star reveals. Buckner also shares his thoughts on being filmed for the VH1 show: "It was an awesome experience. There were a lot of ups and downs. I know it's going to be a lot of fun to watch."

When the celebrity couple aren't on television, the pair enjoys going all out for their date nights. "We do a lot of little getaways, like spending a couple of nights in Atlantic City, getting dinner, and seeing a comedy show – the whole nine yards!" Cortese explains.

Related Link: [Deena Cortese Says Snooki Will Be a 'Great Mom'](#)

Deena Cortese on Fashion Dating Advice

Of course, with NYFW in full swing, we had to ask the New Jersey native about her favorite date night look. "Bebe fits my little body with curves so well. I usually wear a bodycon dress or something like that," she says. Buckner picks his outfits a bit differently, taking fashion advice from his

girlfriend: "Whatever Deena says looks good, that's what I'm wearing. If it matches what she's wearing, I'm in it," he reveals.

Tune in to VH1 to see Deena and Chris on Couples Therapy on VH1 on Wednesdays at 9/8c. You can follow them both on Twitter: @DeenaNicoleMTV and @cbuckner_!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

'The Sorrentinos' Reality TV Stars Frank and Linda Sorrentino Talk Fashion and Dating Advice





Interview by Ashley Pacifico. Written by Stephanie Salsini. Does the name Mike “The Situation” Sorrentino ring a bell to you? If not, here’s what you need to know: The reality TV star made his debut on the show *Jersey Shore* and has been a pop culture icon ever since. He was such a hit with fans that his family was offered a spin-off show on TVGN: *The Sorrentinos*. At *OK!* Magazine’s New York Fashion Week celebration, CupidsPulse.com interviewed his brother Frank and his mother Linda for some inside scoop on fashion and [dating advice](#).

Related Link: [‘Jersey Shore’ Creator SallyAnn Salsano Dishes About Love in Italy](#)

Reality TV Stars Share Fashion Tips

Going on a first date can be scary. With that thought in mind, Linda reveals her best fashion advice. “It depends on where you are going. If you are going to a fancy restaurant, you have to look the part, maybe wearing a nice dress,” the family matriarch explains in our exclusive celebrity interview. “But if you are going some place casual for a drink, you might want

to wear nice heels, jeans, and a blazer.”

Of course, Frank’s answer to what women should wear was a bit different from his mom’s: “Short and accessible,” he says with a laugh.

When it comes to dating someone with bad style, Linda recommends kindly suggesting alternative outfits. “There are staples that everyone should have, like a white shirt and dark jeans. Steer your man to that direction,” the reality TV star shares.

Related Link: [‘Jersey Shore’ Cast Against a Hook-Up Between The Situation and ‘DWTS’ Partner](#)

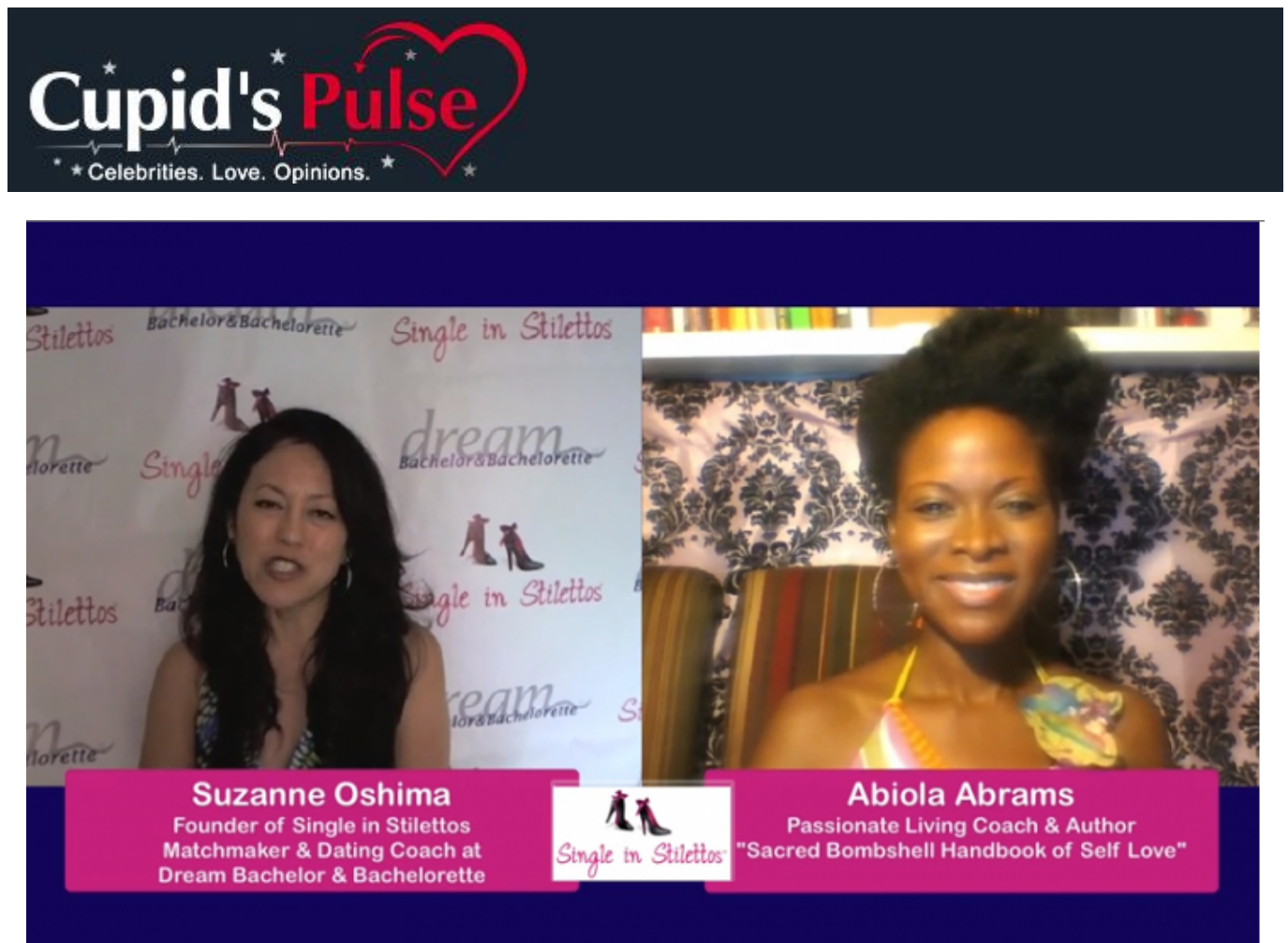
Linda Sorrentino’s Best Dating Advice

As fans of the show have seen, Linda’s relationship and love life has been filled with ups and downs, including a blind date and a bad experience with a matchmaker. “It wasn’t a great date, but that’s the chance you take,” she says of the latter experience. “I’m very open to that...because you just don’t know when the right guy will come along.” The best date, Linda believes, “is when you are introduced by someone. They already know that person; there is already a background; and they aren’t a stranger. So that’s what I am hoping for.”

Tune in tonight at 10/9c to see the season finale of The Sorrentinos on TVGN!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: Dating Advice for Women in Their 30s



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima chats with New York City Gal blogger Melissa Braverman about tips for women dating in their 30s. The ladies discuss: the biggest challenges you face as a single woman in your 30s; how to navigate those challenges; the pressure to "settle down" by a certain age; what to do if you get discouraged with dating; and how to stay motivated in your search for love.

Related Link: [Abiola Abrams on Insecurity and Dating](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What your best tip for someone dating in her 30s? Tell us in the comments below!

‘The Bachelor’ Stars Catherine and Sean Lowe on Celebrity Baby Plans: “Not Anytime Soon”



Interview by [Lori Bizzoco](#).

It's every *Bachelor* couple's fairytale to walk down the aisle after finding true love on ABC's hit reality TV show. For happy celebrity couple Catherine and Sean Lowe, that fairytale turned into a reality when the couple got hitched in a televised wedding earlier this year. Our executive editor and founder Lori Bizzoco talked to the happy celebrity couple at *OK!* magazine's New York Fashion Week celebration to get the scoop on married life, their recent appearance on *Bachelor In Paradise*, and their [celebrity baby](#) plans.

***The Bachelor* Couple Talk Marriage and Celebrity Baby Plans**

Related Link: [Ok! Magazine New York Fashion Week Celebration](#)

Since becoming Mr. and Mrs., it's no surprise that the newlyweds have learned a few things about each other. For instance, Sean reveals, "She's messy...and I'm a neat freak, so we're working on that." Still, marriage is "wonderful" for the pair. "I'm with my best friend all the time, so I can't ask for anything more than that," the former *Bachelor* adds.

As fans recently saw, the celebrity couple appeared on the finale of *Bachelor In Paradise* to give the final two pairs – Marcus Grodd and Lacy Faddoul and Cody Sattler and Michelle Money – a bit of relationship advice. While they believe that both reality TV dups will last, they're particularly excited for newly-engaged Grodd and Faddoul. "If Lacy ends up moving to Dallas to be with Marcus, we'll be doing some double dates," Catherine says.

We couldn't resist asking about their future plans for a celebrity baby. Not anytime soon!" Catherine shares. "But yes, of course, we want a family."

Related Link: [Sean Lowe Writes, "My Wife is Hot and I'm in](#)

Love”

In the mean time, the happy couple is enjoying their time together as husband and wife. When it comes to date night outfits, the fashionable graphic designer says, “There is never a go-to. It’s always, ‘What are we doing?’ I need to be appropriately dressed.” Looking lovingly at her hubby, she adds, “I like wearing my hair up because he likes my hair up.”

Keep up with Sean and Catherine on Twitter: @SeanLowe09 and @clmgiudici!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: How to Make a Man Fall in Love With You





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to writer, speaker, and romance artist Zan Perrion about what makes a woman irresistible to a man. Here are five qualities that Perrion says will make a man fall in love: a woman with a certain grace and elegance that implies beauty on the inside and out; someone with a feminine spirit; a woman who inspires him to be the best version of himself; someone who is supportive; and a woman who is completely devoted to him. Watch the video above to find out more about the importance of these traits!

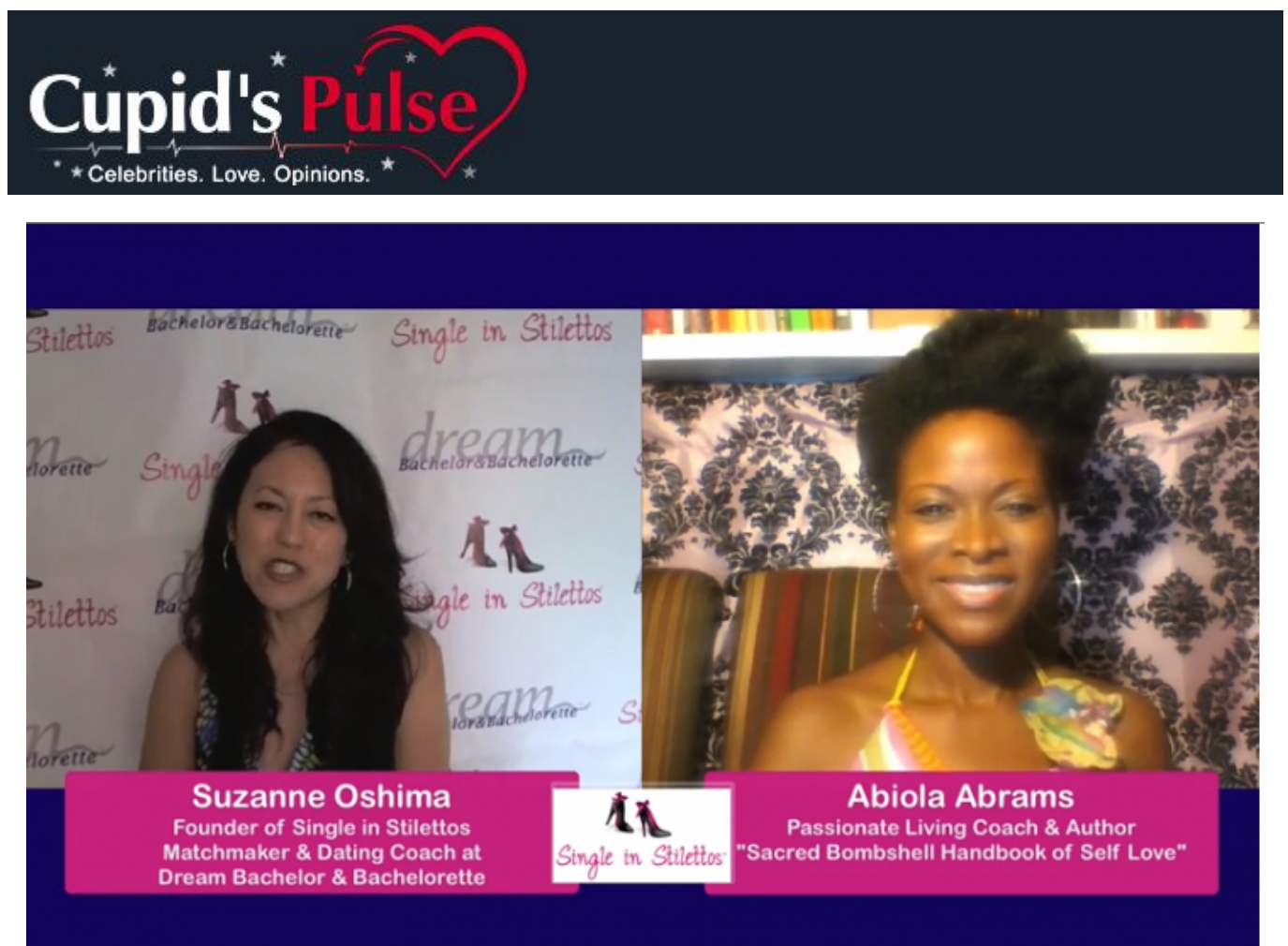
Related Link: [Zan Perrion on What Scares a Man Away](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think is the #1 quality in a woman that makes a man fall in love? Tell us in the comments below!

Screwing the Rules Video Dating Tips: The Best Dating Question to Ask on a First Date



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously*

Single Dating Coach Laurel House

Related Link: [Do THIS for Better Dates](#)

If you're insecure about what to chat about on a first date or tired of having boring conversations, then this week's [dating advice](#) video, from relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) is for you. She encourages you to ask one "magic" question: Why? "That's it! Why adds so much – it's the one thing that you can tack onto any mundane subject and suddenly transform it into something that matters," she explains. Listen up for more great dating tips!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What's your go-to first date conversation topic?

Single in Stilettos Show: 5 Signs He's Not The One!





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Robert Manni, dating coach and author of *The Guy's Guys Guide to Love*, about how to know if the man you're dating is The One. Here are five signs that he's *not* your soul mate: He's too jealous; he overindulges when it comes to drugs or alcohol; he has different views than you about money; he doesn't want to be around your family; and he's abusive in some way.

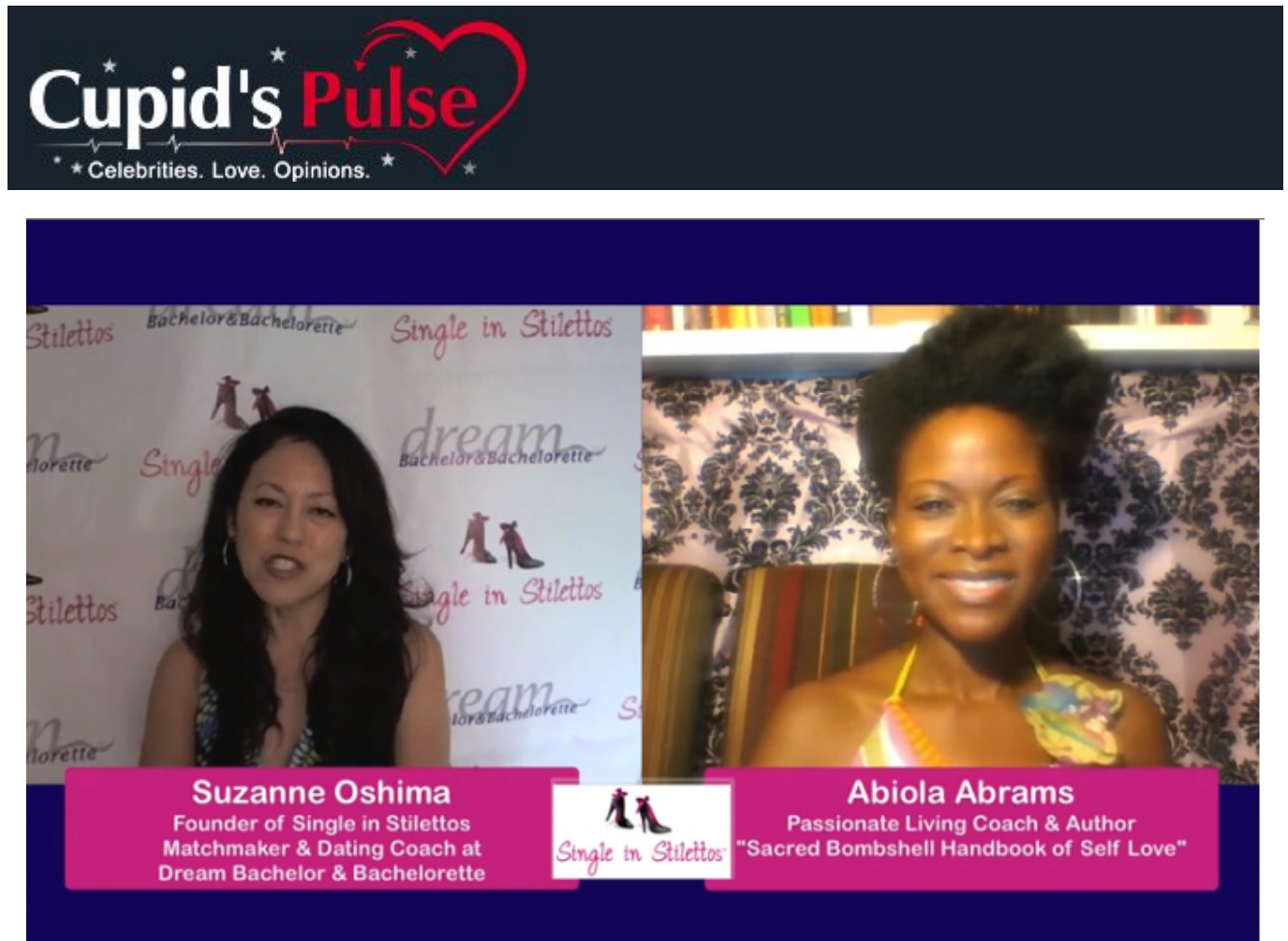
Related Link: [Robert Manni on How to Be Successful at Online Dating](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you know when you found The One? Tell us in the comments below.

Single in Stilettos Show: The One Thing Men Want from Women



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, who became a dating coach after she realized that dating came easy to her. She didn't understand why so many women were complaining about finding love...and in today's video, she shares some of her secrets with you. So what is the one thing that men want? Fun! It's really *that* simple. Here are four ways that you can be more fun: learn how to flirt; be adventurous and spontaneous; radiate a positive attitude; and keep conversation light-hearted.

Related Link: [Ms. Solomon Reveals Where to Meet Men](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you have more fun when dating? Share in the comments below.

Single in Stilettos Show: 4 Signs He May Be Falling for You





On this week's Single in Stilettos show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about four signs that your crush is falling for you. You may be looking for something that screams "He's so into you!" but remember that subtle signals reveal his true feelings too. Here are four indications that he likes you: his actions say he wants you even if his words don't; he becomes protective of you; he volunteers to do things for you; and he introduces you to his family.

Listen up for more great dating advice!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Screwing the Rules Video Dating Tips: Do THIS for Better Dates



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach on Having Better Dates

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) reveals what two little words will allow you to connect more with your

partner and make your next date even better than the last. “‘Me too’ is the universal connector,” she explains. “It’s what allows you to understand and be empathetic with someone else.” It also shows your vulnerability and willingness to open yourself up. This simple phrase reassures your significant other that they aren’t alone, reminding them that they have *you* during both the good and bad moments.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Try using “me too” on your next date and let us know how it goes!

Single in Stilettos Show: Top 5 Dating Mistakes Women Make





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp about the top five dating mistakes that women make. As someone who works regularly with men and knows what they want in a partner, he's seen what happens after women make one of these errors: You don't offer to pay for the date; you act like you don't care; you don't show *any* affection; you talk too much; and you don't give him a chance to be a gentleman. Taking any of these missteps, especially in the beginning stages of dating, can turn a man off...so avoid these behaviors if at all possible!

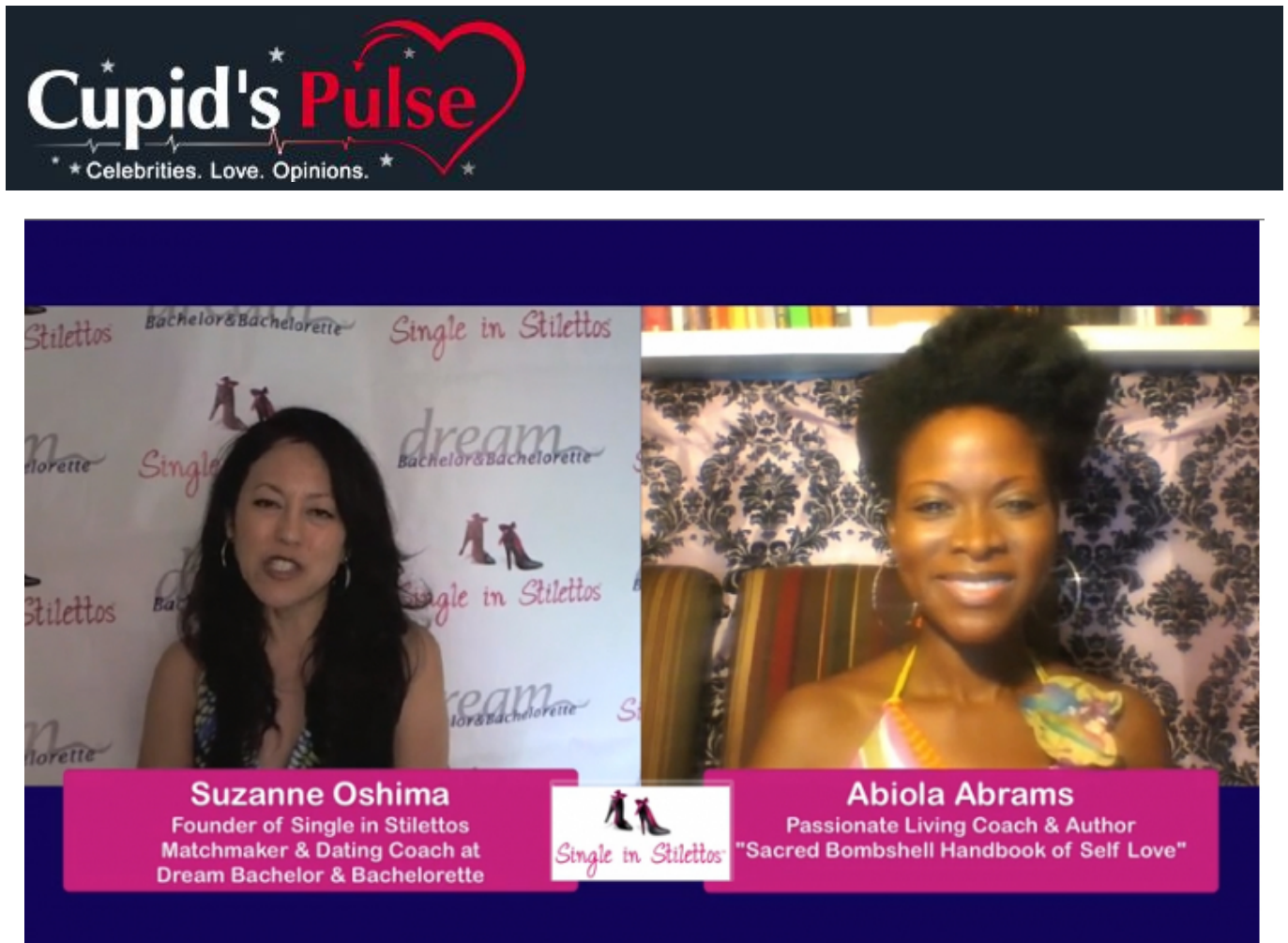
Related Link: [Tripp on How to Be More Than a Fling to Him](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Ladies, what dating mistake do you find yourself making most often? Tell us in the comments below!

Single in Stilettos Show: Why He Didn't Call You Back



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about the reasons why he didn't call you back. He explains five possible scenarios, straight from a man's point of view: He already has a girlfriend; he never really liked you in the first place; he's scared of or intimidated by you; he's just a player; or he views dating as nothing more than a game.

Related Link: [Mr. Locario on Where Are All the Good Men?!](#)

Remember that sometimes, when a guy doesn't call you back,

it's for the best. After all, you deserve better than that!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you handle it when a guy doesn't call you back? Tell us in the comments below.

Screwing the Rules Video Dating Tips: Forget the Bouquet!





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about why it's the big and little things that create a happy romance. "Relationships aren't about the high notes. They're about the in between," she explains. "It's actually the mundane, the day-to-day, the little things – that's what a relationship is made of." You know you really care about someone when you find yourself sending "thinking of you" texts or picking up Kleenexes because you remembered they ran out.

Dating Advice from E!'s *Famously Single* Dating Coach on Why to Buy Flowers

Related Link: [Find the Love of Your Life](#)

House adds, "Just the big things are not enough to sustain a relationship. On the same note, just the little things, while

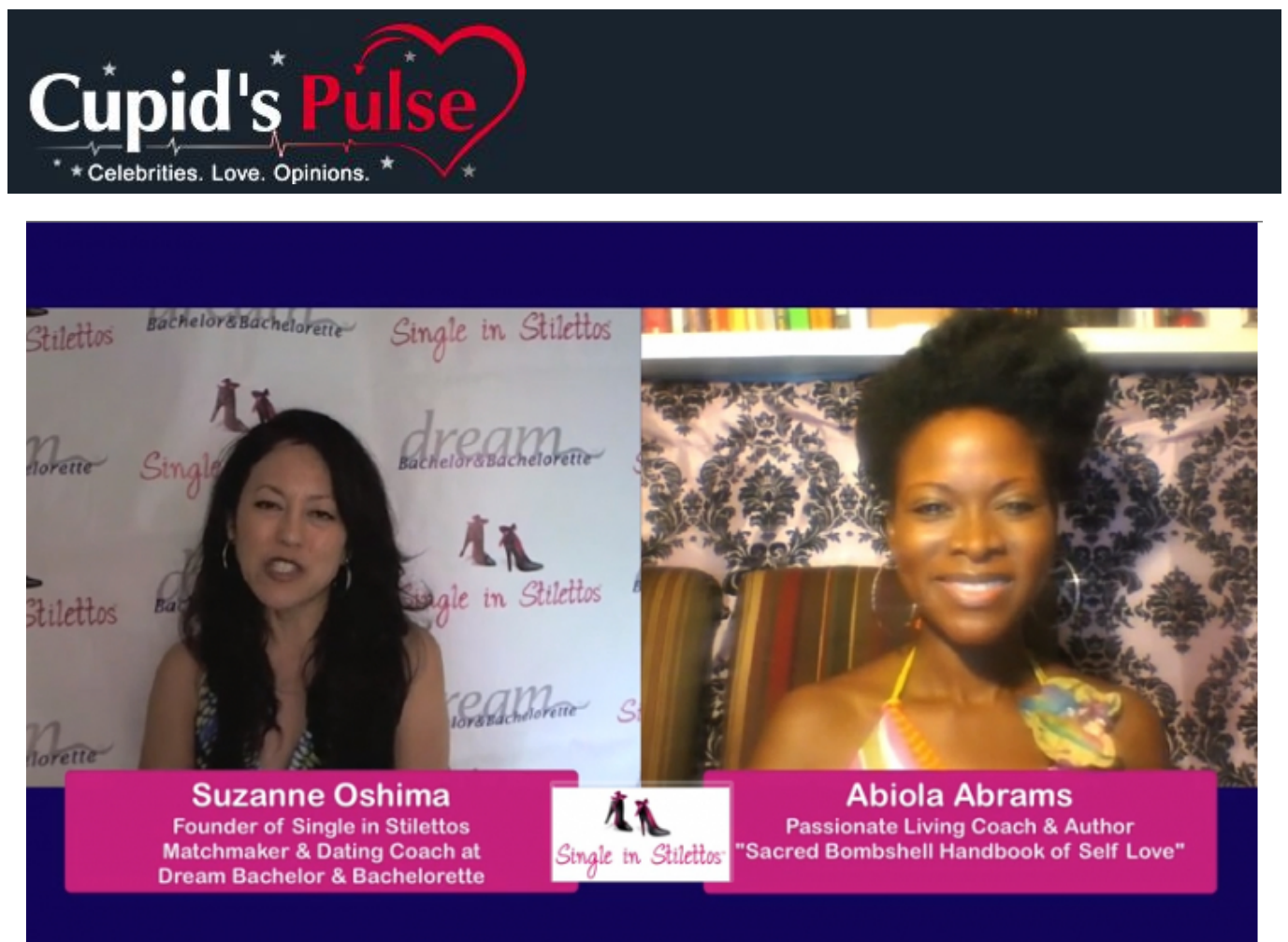
they're great...sometimes, you need something a little bigger."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Let us know your thoughts in the comments below!

Single in Stilettos Show: What Scares a Man Away



Ever wonder why the guy you were seeing suddenly stopped

calling you, never to be heard from again? As author Zan Perrion explains on this week's [Single in Stilettos](#) show, you may have scared him away by being too demanding, dramatic, needy, rejecting, or jealous.

Related Link: [Zan Perrion on How to Have the "Exclusive Relationship" Talk with Him](#)

Watch the video above to learn how *not* to make these mistakes with future men!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What mistake do you make that scares men away? Tell us in the comments below!

Single in Stilettos Show: Insecurity and Dating





On this week's [Singles in Stilettos](#) show, founder Suzanne Oshima talks to Abiola Abrams, author of *The Sacred Bombshell Handbook of Self Love*, about insecurities and dating. We all have insecurities, but it's important to fill those holes of self-doubt so you can be your best self. Remember that he can't love you if you don't love yourself. In the video above, Abrams shares her best tips for overcoming insecurities when it comes to dating, including: journaling; writing a list of what makes you beautiful; accepting who you are; being grateful; looking within; and surrounding yourself with positive people.

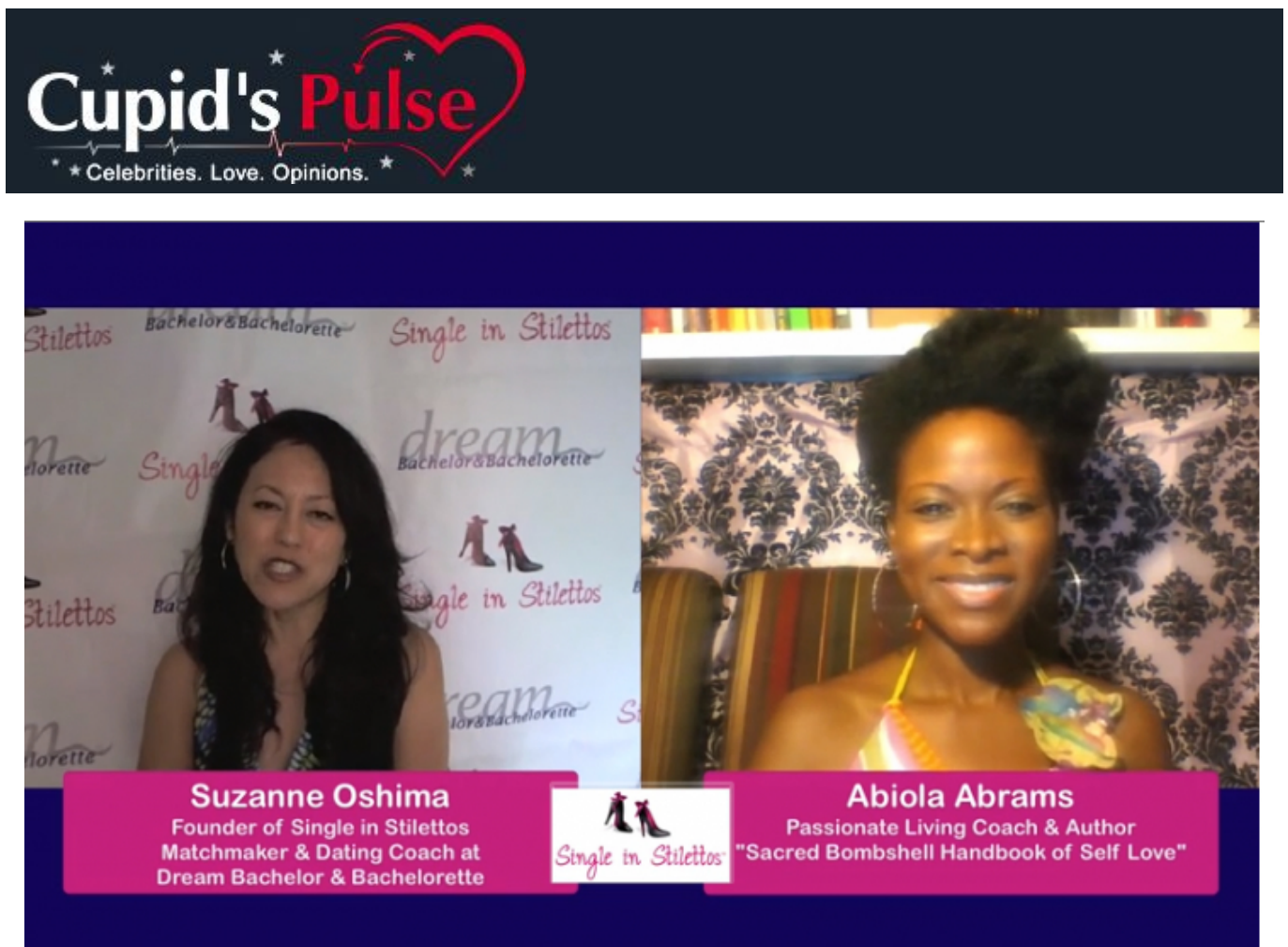
Related Link: [Robert Manni on 5 Ways Women Sabotage Themselves with Men](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

How do you overcome insecurities when it comes to dating? Tell us in the comments below.

Screwing the Rules Video Dating Tips: Turn Him Off with Filler Words



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Filler Words

Related Link: [Communicating About Tough Topics](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares why using filler words – like, um, well, anyway – will instantly turn a guy off. “You’re not stupid, so don’t act like it,” she says. “Or rather, don’t sound like it.” While it’s natural to want to fill every moment of silence, she encourages you to use this time wisely: “Think about what you’re going to say next.”

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Any tips for avoiding the use of filler words? Tell us in the comments below.

Single in Stilettos Show: How to Get a Man to Open Up





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima speaks with women's dating coach Jonathon Aslay about how and when to approach your honey with tough conversations. Aslay shares the key skills every woman should practice when trying to get her man to open up.

Related Link: [Jonathon Aslay on Why Men Are Commitment Phobic](#)

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

How do you get your man to open up? Tell us in the comments below!

Single in Stilettos Show: How

to Be Successful with Online Dating



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach and author Robert Manni about how to be successful with online dating. He answers the following questions: What are the three main things men look for in an online dating profile? What should you do if you're not getting a response? How can a woman contact a man without seeming desperate?

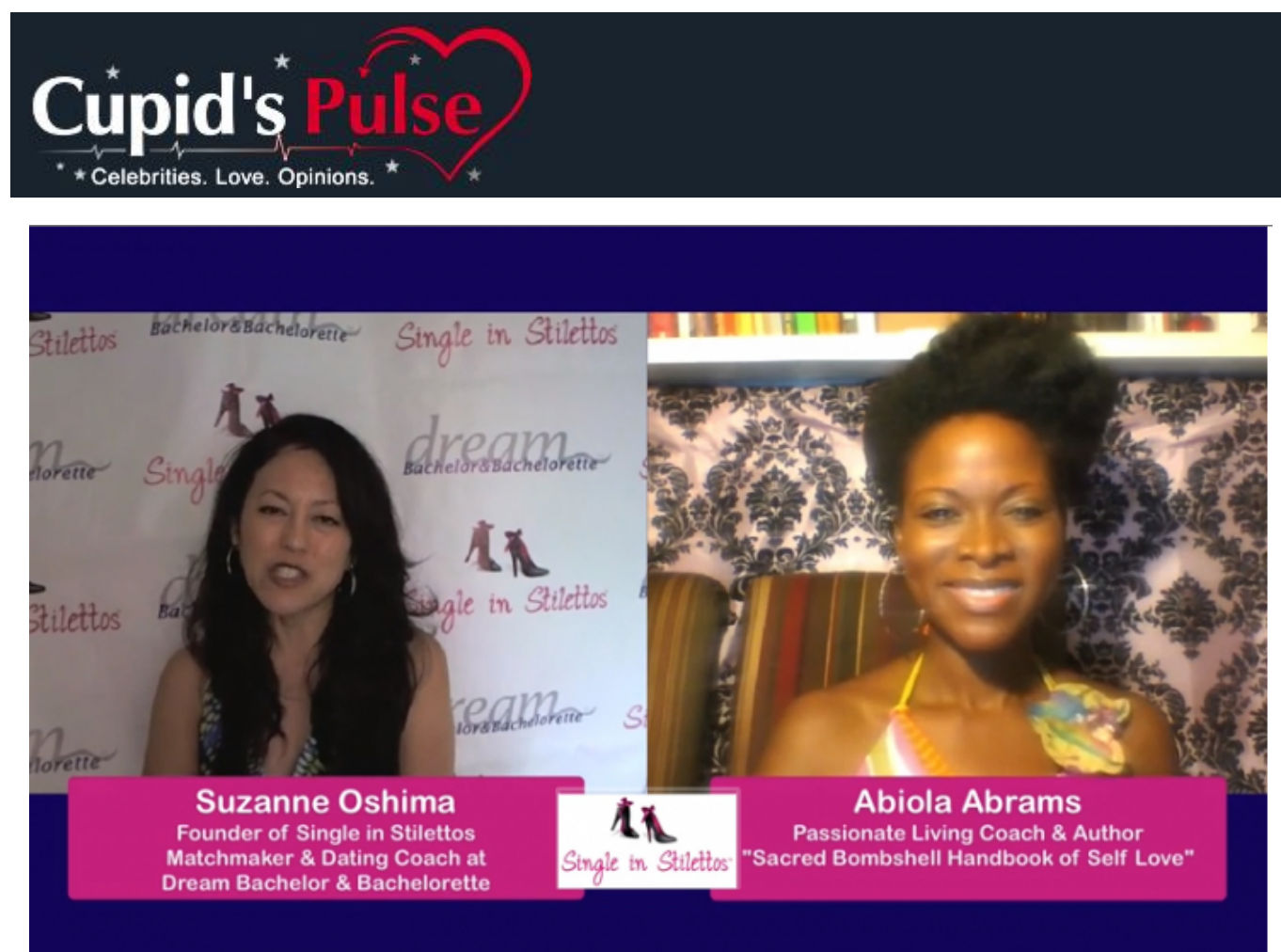
Related Link: [Robert Manni on 5 Ways Women Sabotage Themselves with Men](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What is your best online dating tip? Tell us in the comments below.

Screwing the Rules Video Dating Tips: Dating Red Flags Revealed on Facebook



By [E!'s Famously Single Dating Coach, Laurel House](#)

Ever wonder if social media can reveal red flags when it comes

to that new guy you're dating? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) believes it can! If your partner asks you to unfriend your cute male friends or feels uncomfortable with you maintaining contact with your ex, it's time for a conversation. "It can really be the ruin of relationships if you let it be," she explains.

Dating Advice from E!'s *Famously Single* Laurel House on Social Media Red Flags

When it comes to *your* feelings about your partner's social media habits, it's important to trust them until you have a reason not to. If you continually fail to trust them, the dating expert says "pretty soon, that person is going to start acting in a way that's not trustworthy. You're blaming them for something they haven't done."

Related Link: [How to Get a Guy to Commit](#)

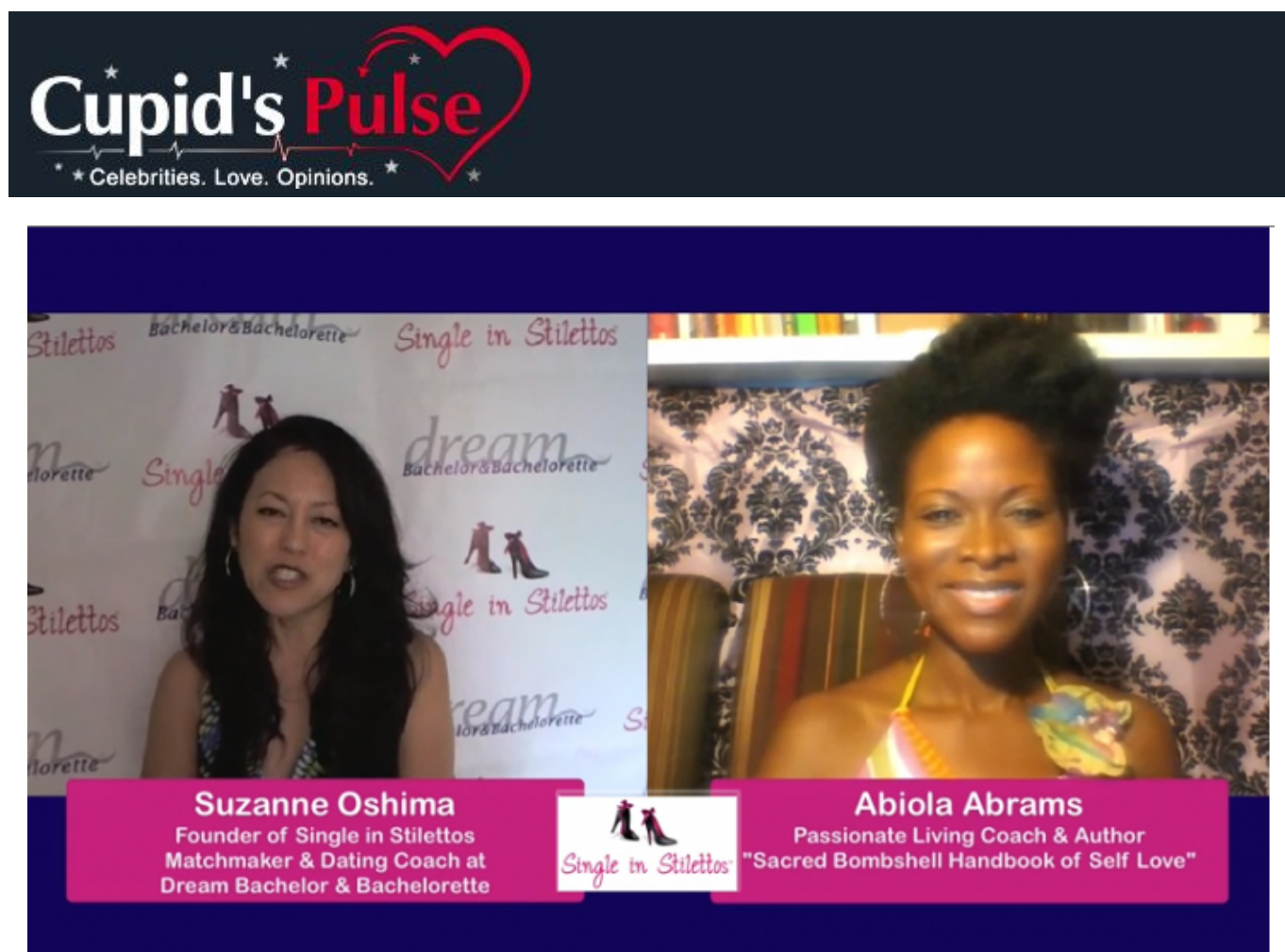
Watch the video above for more great dating tips!

For more information about our dating mentor, click [here](#).

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How to handle social media issues with your new guy? Tell us in the comments below.

Single in Stilettos Show: Do You Push for Commitment Too Soon?



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about signs that you may be pushing for commitment too soon. Don't worry – we've all done it! In fact, the top reason why a guy ends a relationship after only a few months is because he's simply feeling too much pressure. In order to not make this mistake, you need to first understand *why* you're pushing him so hard. You may be feeling pressure from your friends, family, the media, or even yourself, thanks to your biological clock.

Related Link: [Lori Bizzoco: My Biological Clock is Ticking](#)

[Away!](#)

Next, Fidelis shares four ways to avoid pushing for commitment too soon: Remain present in the moment; make sure you have your own life; don't think so far ahead; and establish clear boundaries.

For more information about Single in Stilettos shows, click [here](#).

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Cupid wants to know: How do you avoid pushing for commitment too soon?