

This Holiday Season, Stop Dating Your iPhone!



If you want to celebrate the holidays with your honey in a wholesome, sentimental way, then you've got to ditch your addiction to your phone! Dating coach [David Wygant](#) hilariously depicts the struggles of a couple with one partner stuck on their touch-screen device throughout every moment of the day. Watch and learn how detrimental it can be to your relationship. If you want to give your significant other the best gift this season, get off your iPhone and live in the moment!

Related Link: [Five Ways to Get Your Partner to Put Down the Phone When You're On a Date](#)

For more articles from David Wygant, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Screwing the Rules Video Dating Tips: 'Tis the Season to...Breakup?



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Expert from E!'s *Famously Single* Talks About Breaking Up During the Holidays

Related Link: [Heartbroken? Heal and Move On...Like I Did](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House discusses breaking up during the holiday season. Sure, the holidays are all about kissing under the mistletoe, snuggling by the fire, and walking hand-in-hand as the snow falls. But that's not all: "From now until Christmas, breakups are steadily on the incline," dating coach and *Screwing the Rules: The No-Games Guide to Love* author Laurel House reveals. "In fact, it's the most popular time of year to breakup. Thankfully, on Christmas, that number actually plummets and picks up again in March." So why does heartbreak happen so often over the holidays? We want to be surrounded by the people we love; if you don't truly have those feelings for your partner, it'll become even more apparent during this busy and stressful time. Listen up for the other reasons that House shares and find out why it's important to say goodbye now instead of waiting until the new year.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Have you ever dealt with a breakup during the holidays? Share your best advice below!

Single in Stilettos Show: How to Move On After a Breakup



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima chats with dating coach and author Abiola Abrams about post traumatic love disorder, which refers to being stuck in the past and unable to heal after a tough breakup. First, you have to identify the signs of this disorder: bed hopping from man to man; spending late hours at the office to avoid dating; jumping into another bad relationship; and being afraid to be alone. If you recognize any of these symptoms in your behavior, it's time to find a cure, which includes five simple steps. Start by doing a self-assessment; then, list out past relationships and the lessons you've learned from them; next, learn how to love yourself unconditionally; additionally, learn more about yourself through the dating process; and finally, take baby steps towards meeting the right man.

Related Link: [Abiola Abrams on How to Attract Love in Your Life](#)

Remember that dating is never easy. Despite your heartbreak, don't get discouraged and just stay focused on finding a healthy relationship with someone special!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: How do you pick yourself up and move on after a breakup?

Screwing the Rules Video Dating Tips: Busting the Soul Mate Myth





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Author Christine Hassler Teaches Us How to Deal with an 'Expectation Hangover'](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House chats with *Expectation Hangover* author Christine Hassler about soul mates and why she believes you don't have only one. "Soul mates are anyone that we learn a lesson from," Hassler explains. "We think our soul mate is this person who's going to come and make our soul feel whole and complete, but that's not the case." She adds, "Your true soul mate is *you*. Anything you want from someone else is something you're really yearning to give yourself."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube](#)

[channel](#).

What do you think about the soul mate myth? Tell us in the comments below!

Single in Stilettos Show: How to Talk About Being Exclusive with Your Partner



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima and dating coach Robert Manni discuss how to talk about being exclusive with your beau. The author of *The Guys' Guy's*

Guide to Love shares five important things to remember when you bring up this subject: make sure it's a good time to have a serious conversation; do it in person; let him know it means a lot to you; never give him an ultimatum; and remember that it's about what you *both* want.

Related Link: [Robert Manni on How to Get a Second Date](#)

Ultimately, it's a conversation between the two of you. Although you may be focused on sharing your feelings with your partner, be sure to listen to him in return. Pay attention to how he responds. If he says he's just not ready, respect his wishes and be patient. However, if he says he doesn't want to be exclusive with you, it may be time to move on.

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best tip for talking about being exclusive with your partner? Share your comments below!

Single in Stilettos Show: 5 Biggest Dating Mistakes Women Make with Men!





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon from TheDatingTruth.com about the five biggest dating mistakes that women make with men. Ladies, here are things you often do that are keeping you single: You think you can't be beautiful *and* smart; you always have to prove a point; you lead with your credentials and accomplishments; you can't give a good sound bite and tend to dominate the conversation; and you put down other women.

Related Link: [Ms. Solomon on How to Talk to a Guy](#)

If you can avoid making these five dating mistakes, you'll have a more successful love life in no time!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you avoid making these dating mistakes? Share your tips in the comments below!

Screwing the Rules Video Dating Tips: Do THIS When Meeting His Family Over the Holidays



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously*

Single Dating Coach Laurel House

Related Link: [Laurel House on Meeting Your Partner's Family Over the Holidays](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about what to do when you meet your partner's parents. "There are several things you can do to make that greeting less stressful and actually fun for everyone," she explains. "You just have to remember to keep the romance and connection alive." Listen up to find out everything you need to know before your beau joins your family's Thanksgiving table!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you prepare for meeting your significant other's family over the holidays? Tell us in the comments below!

Single in Stilettos Show: Why You Can't Make Him Love You





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Duana Welch, PhD, author of *Love Actually: 10 Proven Steps from I Wish to I Do!*, about why you can't make a man fall in love with you. Usually, if a woman asks the question, "How can I make a man love me?," it's because the relationship is one-sided. It's impossible to make a man see you as his perfect match if he simply doesn't have feelings for you. Remember that love is reciprocal – you can't *make* him love you if he doesn't!

Related Link: [5 Signs He's Interested in You](#)

Listen up to find out what a man looks for in a woman, what a woman wants in a man, and more great dating advice!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Do you agree with Duana's thoughts about making a man fall in love with you? Tell us what you think in the comments below!

Single in Stilettos Show: How to Meet a Guy



So many women struggle with the first step when it comes to dating: how to meet a great guy. You can't just do one or two things and expect the right man to come along; you need to put yourself out there in a variety of ways if you really want to find someone special. On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp to answer this elusive question. If you want to meet men, he recommends that you: go out more; try online dating; make eye contact and smile; compliment him; and always look your best.

Related Link: [Tripp on Top 5 Dating Mistakes that Women Make](#)

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Ladies, what's your best tip for how to meet a guy? Share with us in the comments below!

Screwing the Rules Video Dating Tips: How to Make a Guy Fall in Love with You





By [E!'s Famously Single Dating Coach, Laurel House](#)

At home, you may be the independent woman who fixes that leaky faucet by herself and lights up the grill without a second thought. At work, you may be the boss who oversees a team of employees and keeps everyone in line. While these two roles show off your strength, in order to make a guy fall in love with you, you need to be willing to assert your...weakness.

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

"Yes, men are attracted to confidence and beauty, inside and out. They're attracted to fun, to enthusiasm," explains relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) in this week's [dating advice](#) video. "But if you want them to fall in love, you need to show your vulnerability; you need to surrender; and you need to show your humanity."

Related Link: [Laurel House Reveals Your Must-Have Mantra](#)

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best tip for making a guy fall in love? Tell us in the comments below!

Single in Stilettos Show: Best Ways to Start a Conversation with a Man



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to writer, speaker, and author Zan Perrion about the best way to start a conversation with a man. He's worked with thousands of men and really knows what they want from women. The problem, he says, with women approaching men to start a conversation is "they're damned if they do, and they're damned if they don't." If they don't say hello to that cute guy in the corner, they go home alone because he's not doing his job and being the man. But if you do make the first move as a woman, even if the relationship works out, you may forever be holding up his end of the bargain. Listen up for more great dating tips from Perrion!

Related Link: [Zan Perrion on What Scares a Man Away](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best tip for making the first move? Tell us in the comments below!

Single in Stilettos Show: Are You an Unavailable Woman?





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to passionate living coach and author Abiola Abrams about ways you're being unavailable and how to attract love in your life. Here are some things you may be doing to block love from entering your life: You're not really trying to meet the right man; you complain to your friends and family that there are no good men out there; you think all men are cheaters; you think it's impossible to meet a man because there are more women than men in your city; you keep making excuses as to why you can't meet someone; you're stuck in a past relationship; you're using your looks or work to hold you back; you think men your age just want to date younger women; you think of yourself as a victim; or you're afraid of the love you deserve, being vulnerable, and/or intimacy.

Related Link: [Abiola Abrams on Insecurity and Dating](#)

Sure, it's hard to meet the right guy, but it's not impossible. If you're feeling hopeless, it's time to look inward and consider the advice in the video above!

For more information about Single in Stilettos shows,

click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you make yourself available to potential partners? Tell us in the comments below!

Screwing the Rules Video Dating Tips: Dress Up for Your Man



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Communicating About Tough Topics](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how Halloween can influence your time spent between the sheets with your partner. "Halloween is a great excuse to dress up, to play a role, to be something a little different, to be edgier, to be sexier, to be more demure, to be more discreet, to be dangerous," she shares. This idea extends beyond what you wear to that Halloween party too. If you're in a serious relationship, this is a great opportunity to dress up in a costume for just your man to see. Even if your chemistry is still off the charts, "changing it up is always a good idea," House explains. "It's not just about being scary or having crazy teeth. It's about fulfilling fantasies."

Listen up for her best tips for "adding a little spice" to your relationship!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What's your favorite Halloween costume – both in and out of the bedroom?

Single in Stilettos Show: How to Get a Second Date



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Robert Manni, author of *The Guys' Guy's Guide to Love*, about how to get a second date. It's easy to get him to say yes to a first date, but securing another night out with the right guy can be a bit trickier. Here are some tips that Manni recommends following: have confidence; don't drink too much; dress the part; talk about your dreams; have a conversation and really get to know him; and send a "thank you" text afterwards.

Related Link: [5 Ways Women Sabotage Themselves with Men](#)

Of course, whether or not he asks you out again is ultimately

up to him, but if you follow the advice above, he'll be more likely to do so. Good luck!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best advice for ensuring that he asks you out again? Share your comments below!

Single in Stilettos Show: Conquer Your Fear of Talking to a Handsome Man





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, dating coach at TheDatingTruth.com, about conquering your fear of talking to a handsome man. We've all been there: We're approached by an incredibly good-looking guy, and before we know it, we're tongue-tied or babbling, looking down at our feet, and feeling like a fool. Here are a few tips from Ms. Solomon to help you gracefully handle this situation: Talk to every man, not just the attractive ones; have a prop or a conversation topic in mind; and recognize and acknowledge that you're nervous.

Related Link: [The One Thing Men Want from Women](#)

Next time, armed with this advice, you'll be ready to talk to the hottest man in the room!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Any other tips for approaching a handsome guy? Tell us in the comments below!

Screwing the Rules Video Dating Tips: What's Wrong With You?



By [E!'s Famosly Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famosly Single* Dating Coach Laurel House

Related Link: [Your Must-Have Dating Mantra](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks to *Expectation Hangover: Overcoming Disappointment in Work, Love, and Life* author Christine Hassler about a simple question: What's wrong with you? When faced with that question, what do you think? There's generally a common theme of "judgment," says Hassler. "We're terrible critics of ourselves." Instead, the answer should be, "Absolutely nothing." As Hassler explains, "We forget our fabulousness and look to our flaws."

Listen up for more tips on how to recognize your gifts and your uniqueness!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you see the good in yourself? Share your tips in the comments below!

Single in Stilettos Show: He's Great, But...





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about common first date mistakes that women make. So often, we immediately dismiss a guy if we don't feel an instant attraction to him...but doesn't he deserve another chance? Here are four things women often think after a date that hold them back from finding love: I want amazing chemistry from the start; I just wasn't attracted to him; he's great, but I don't want to go on a second date; and if I'm not going to date him, I don't need to be his friend.

Related Link: [Do You Push for Commitment Too Soon?](#)

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: How do you keep an open mind after a not-so-great first date?

Single in Stilettos Show: 5 Signs He's Interested in You



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about how to know if a guy is interested in you. Here are the top five signs to look out for: He can't stop staring at you; he calls or contacts you in some way; he wants to show you off to his family and friends; he tries to make you laugh; and he acts nervous around you. Don't miss the rest of Mr. Locario's advice in the video above!

Related Link: [Mr. Locario on Why He Didn't Call You Back](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you know if a guy is interested in you? Share with us in the comments below!

Screwing the Rules Video Dating Tips: Decide to Fall in Love



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Your Must-Have Relationship Mantra](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about what it means to decide to fall in love. If you keep going out with great people but you're just not feeling it, it might be because you're *choosing* not to be open and available. "You have to decide to open your heart. You have to decide to be vulnerable. You have to have conversations that express vulnerability," she explains. Otherwise, your relationships will continue to be one-sided. Listen up for more great dating advice!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best tip for opening yourself up to love? Tell us in the comments below!

Single in Stilettos Show: How to Communicate with a Man





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp about how to communicate effectively with a man. As every woman knows (and has been told time and time again), communication is key in any relationship. Here are Tripp's best three tips for talking to your guy: be direct; be clear and don't beat around the bush; and never assume. Watch the video above for more great advice!

Related Link: [Top 5 Dating Mistakes Woman Make](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best advice for communicating with your partner? Tell us in the comments below.

Single in Stilettos Weekly Show: Flirting Tips



On this week's [Single in Stilettos](#) video, founder Suzanne Oshima talks to passionate living coach and author Abiola Abrams about how to flirt with men. She shares more than just external flirting tips and describes bombshell flirting as exuding positive, feminine energy. Here are her tips for working on your inner flirt game: be tuned into your inner receptivity; flirt with everyone; imagine yourself as a magnet; and expect a male miracle. When you change your energy, true love will come your way!

Related Link: [Abiola Abrams on Insecurity and Dating](#)

For more information about Single in Stilettos shows,

click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are your best flirting tips? Tell us in the comments below.

Screwing the Rules Video Dating Tips: Your Must-Have Mantra



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Find the Love of Your Life](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) discusses your must-have relationship mantra. “‘Here I am.’ That’s it!” she shares. “Not ‘Here I am – am I good enough?’ or ‘Here I am – do you like me?’ It’s confident. It’s comfortable.” If you don’t recognize your own value and worth, then you can never expect a man to do so. Remember that you can only be who you are – and someday, you’ll find a partner who loves you for you.

For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

What is your must-have mantra? Tell us in the comments below!

Single in Stilettos Show: Dating Advice for Women in Their 30s





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima chats with New York City Gal blogger Melissa Braverman about tips for women dating in their 30s. The ladies discuss: the biggest challenges you face as a single woman in your 30s; how to navigate those challenges; the pressure to “settle down” by a certain age; what to do if you get discouraged with dating; and how to stay motivated in your search for love.

Related Link: [Abiola Abrams on Insecurity and Dating](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What your best tip for someone dating in her 30s? Tell us in the comments below!

Single in Stilettos Show: How to Make a Man Fall in Love With You



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to writer, speaker, and romance artist Zan Perrion about what makes a woman irresistible to a man. Here are five qualities that Perrion says will make a man fall in love: a woman with a certain grace and elegance that implies beauty on the inside and out; someone with a feminine spirit; a woman who inspires him to be the best version of himself; someone who is supportive; and a woman who is completely devoted to him. Watch the video above to find out more about the importance of these traits!

Related Link: [Zan Perrion on What Scares a Man Away](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think is the #1 quality in a woman that makes a man fall in love? Tell us in the comments below!