

Best Selling Author Sylvia Day Discusses Crossfire Series, Love and Having it All



By Nicole Cavanagh and [Lori Bizzoco](#)

#1 New York Times Best selling author, Sylvia Day chats with CupidsPulse.com about her new novel, and shares where her inspirations come from. A true romantic herself, Day knew she wanted to be a romance novelist when she was just twelve years old! She speaks about current trends between relationships, love, and reading and tells us how she wants to spread her message about happy endings. Plus, find out about her newest project, the upcoming groundbreaking collaboration with

Cosmopolitan and Harlequin. Day believes women really can have it all and reinforces pursuing your dreams both in life and in love.

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Dating Advice: Mario Batali Shares His Tips for Cooking at Home on Date Night



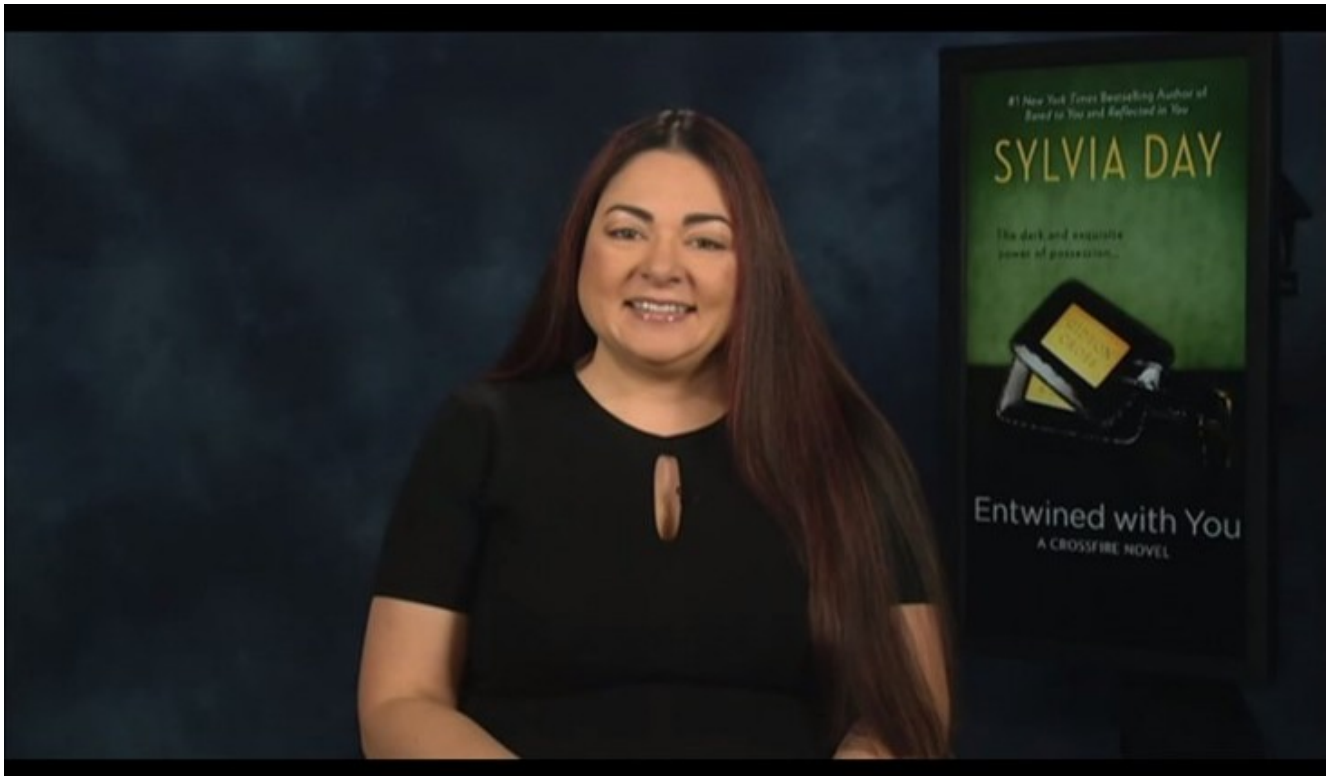
By [Whitney Baker Johnson](#)

In this exclusive video interview, chef Mario Batali shares his tips for cooking at home on date night and prepares a chicken pasta salad, a recipe that he put a spin on in honor of Hellmann's 100th birthday. Plus, he chats about which of his restaurants is the best spot for a romantic night out, the importance of bringing your family together for dinner and his sons' new cookbook, *The Batali Brothers Cookbook* – which they originally put together as a Father's Day gift!

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Owl City's Adam Young Says Fame "Puts Pressure" on His Love Life



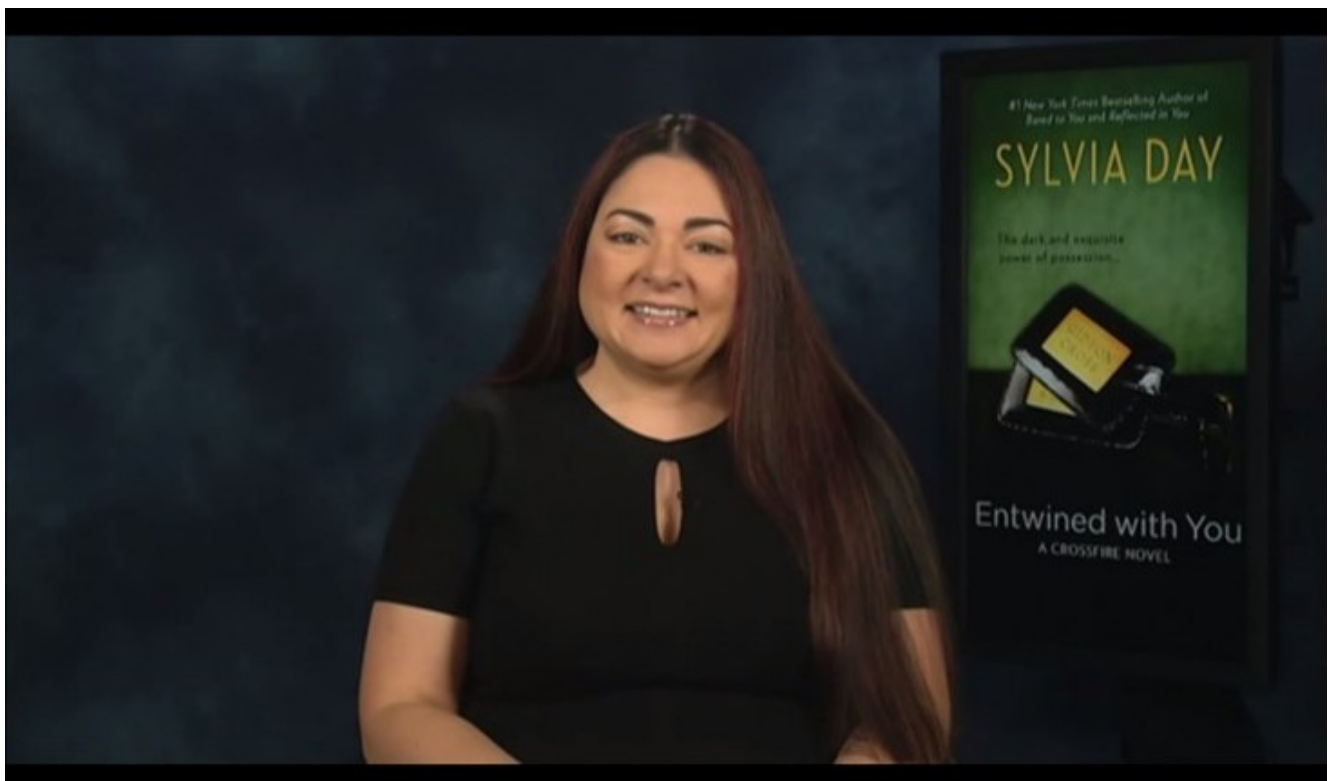


By Royal Young

Owl City's Adam Young first captured our hearts with his 2009 hit "Fireflies," a song that he says he never expected to connect with so many people because "it's a such a weird song that isn't really about anything." Since then, the humble musician has experienced a fast rise to fame but held on to his optimistic attitude and small-town upbringing. Most recently, he has partnered with Oreo on Wonderfilled, a campaign about sharing wonder with those around you and trying to make the world a better place. They wanted an "upbeat, witty, quick and catchy" theme song, and Young was a natural fit. Here, he chats with CupidsPulse.com about his career, his new partnership and his love life.

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Illusionist David Copperfield Keeps His Relationship Magical By Relaxing in The Bahamas!



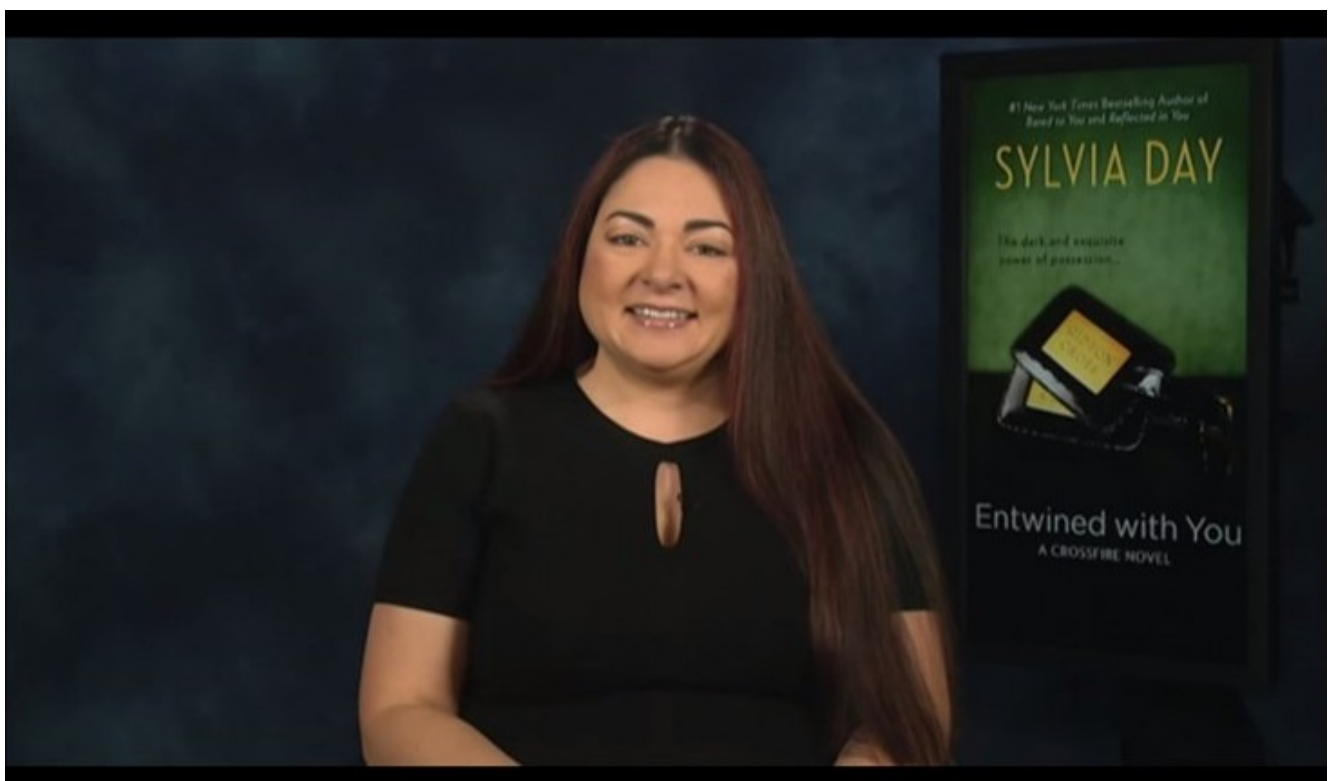
By Royal Young

World renowned illusionist, David Copperfield, talks with us about keeping the magic alive, not only when he's performing a show, but in his personal relationship as well. Copperfield, performs over 500 shows a year and has won 21 Emmy Awards. He has accomplished mind-boggling illusions such as walking on the Great Wall of China and making the Statue of Liberty disappear. His newest passion is focused on educating people about the joy of relaxing in the Bahamas. Copperfield who

enjoys The Bahamas with his family owns a chain of eleven islands “Musha Cay and the Islands of Copperfield Bay” which he calls the most “magical vacation destination in the world.”

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Celebrity News: Actor William Levy Plays Casanova in New Pepsi Next Campaign



By [Lori Bizzoco](#)

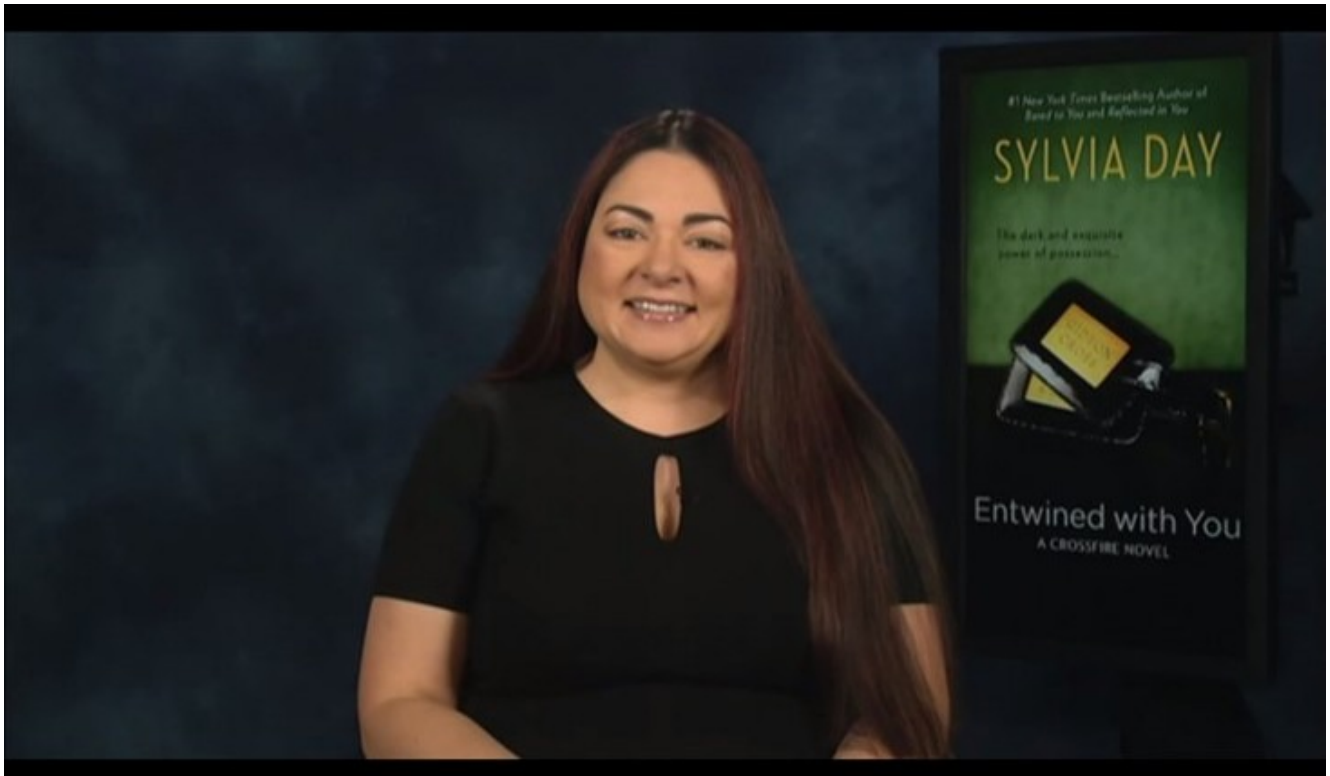
Actor William Levy has had a very busy career! Modeling, *Telemundo*, JLo's *I'm Into You* music video, VH1's *Single Ladies*, *Dancing with the Stars* and so many other credits to his name. Now Levy is here to chat with us personally and giving us the scoop on his upcoming movies "Addicted" and "Single Moms Club." He also talks to us about life as a single dad, what he looks for in a woman and his newest campaign for Pepsi Next Campaign. William will play six different characters in the upcoming campaign, including the role of Casanova, one of his favorites.

Which William Levy Character is Your Favorite? Check them out [here](#).

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'Scary Movie 5' Actress Molly Shannon Talks About Life's Biggest Headaches & Being a "Happy Mom"



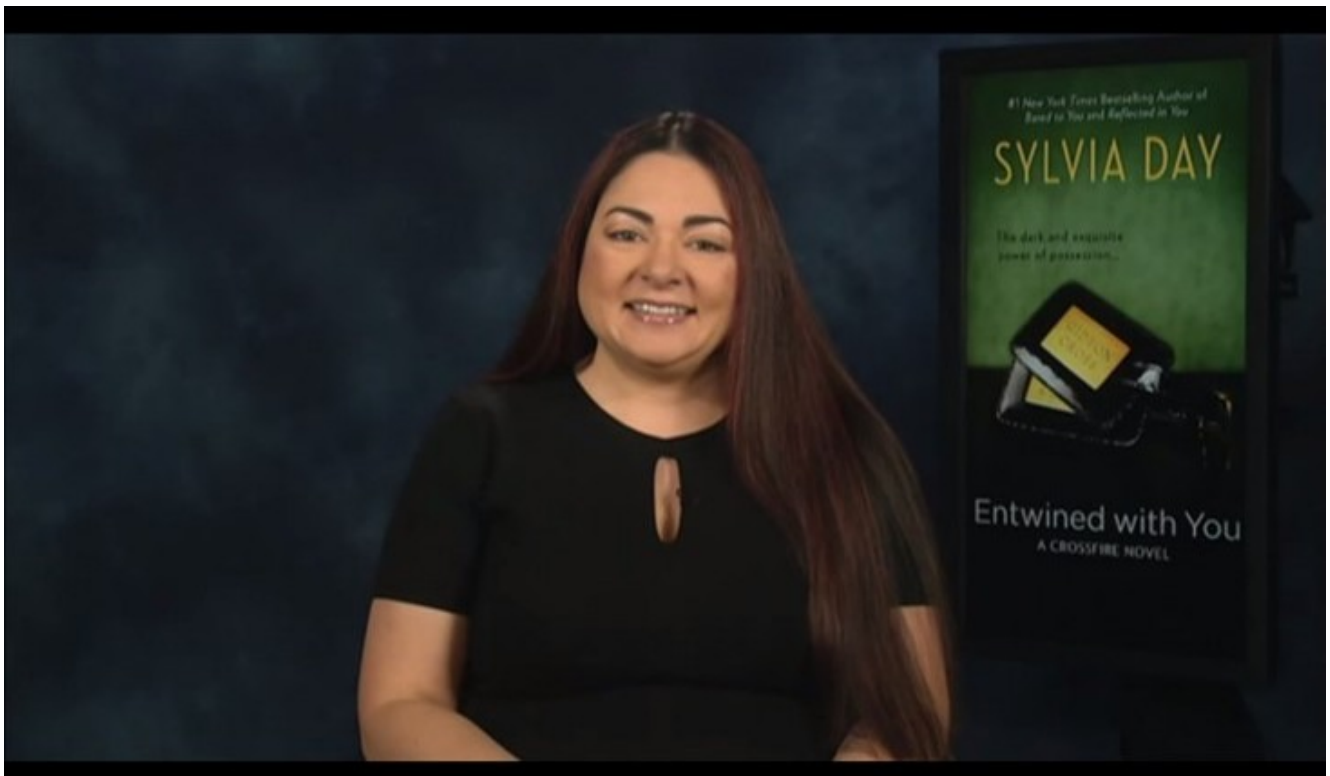


By [Lori Bizzoco](#)

Actress and comedienne Molly Shannon first stole our hearts on *Saturday Night Live* in the mid-1990s. Since then, her career has expanded to include movie star in *How the Grinch Stole Christmas* and the recently-released *Scary Movie 5*.

Additionally, she's a children's author, her book *Tilly the Trickster*, is inspired by her own childhood and the silly antics she used to play. Here, the newly-named Excedrin spokesperson chats about what gives her the biggest headache. Shannon also opens up about life with her husband Fritz Chesnut and their two children, Stella and Nolan. She gives us the inside scoop about how she uses her comedic background and attitude to be a better parent, saying, "I know for sure that my kids think of me as a happy mom, someone full of joy." For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Trainer Harley Pasternak Tells Us About 'The Body Reset Diet'



By [Lori Bizzoco](#)

Celebrity trainer [Harley Pasternak](#) knows what it takes to keep his A-list clients, including couples Megan Fox and Brian Austin Green as well as Hilary Duff and Mike Comrie, in shape – and now, he’s teaching the rest of us how to be healthier in his new book, [The Body Reset Diet](#). In this exclusive interview, the well-known diet and fitness guru shares his tips to help singles and couples adopt a well-balanced lifestyle. “This book is about giving people a jump start, letting them press the reset button, to drop a bunch of weight really safely and very quickly and then giving them the tools

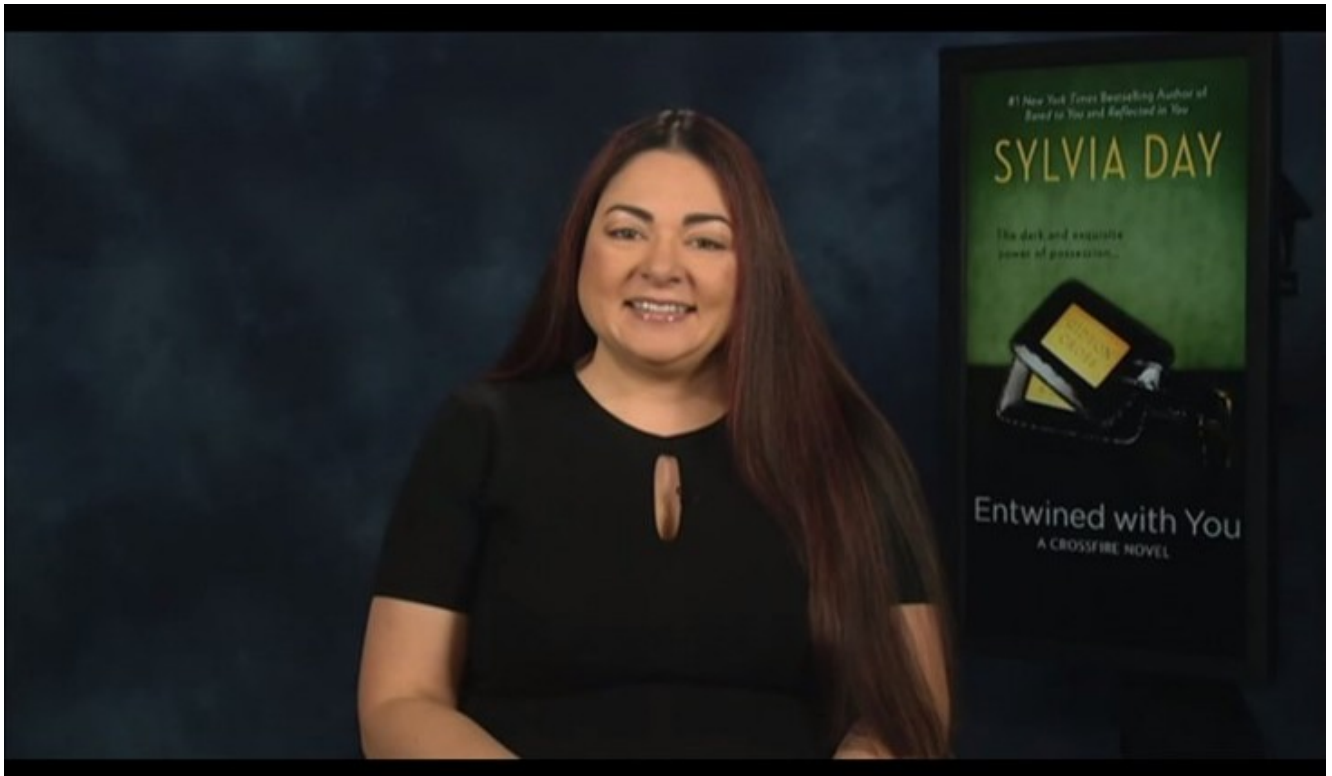
to keep it off," he says.

Additionally, Pasternak chats about helping celebrity moms like Jessica Simpson and Milla Jovovich get fit again after giving birth. Plus, he discusses why programs like Shaklee 180 and *The Body Reset Diet* work so well and ensure that you're your best self.

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Dermatologist Dr. Jeffrey Benabio Says to Keep it Simple When Grooming Skin for Date Night this Fall

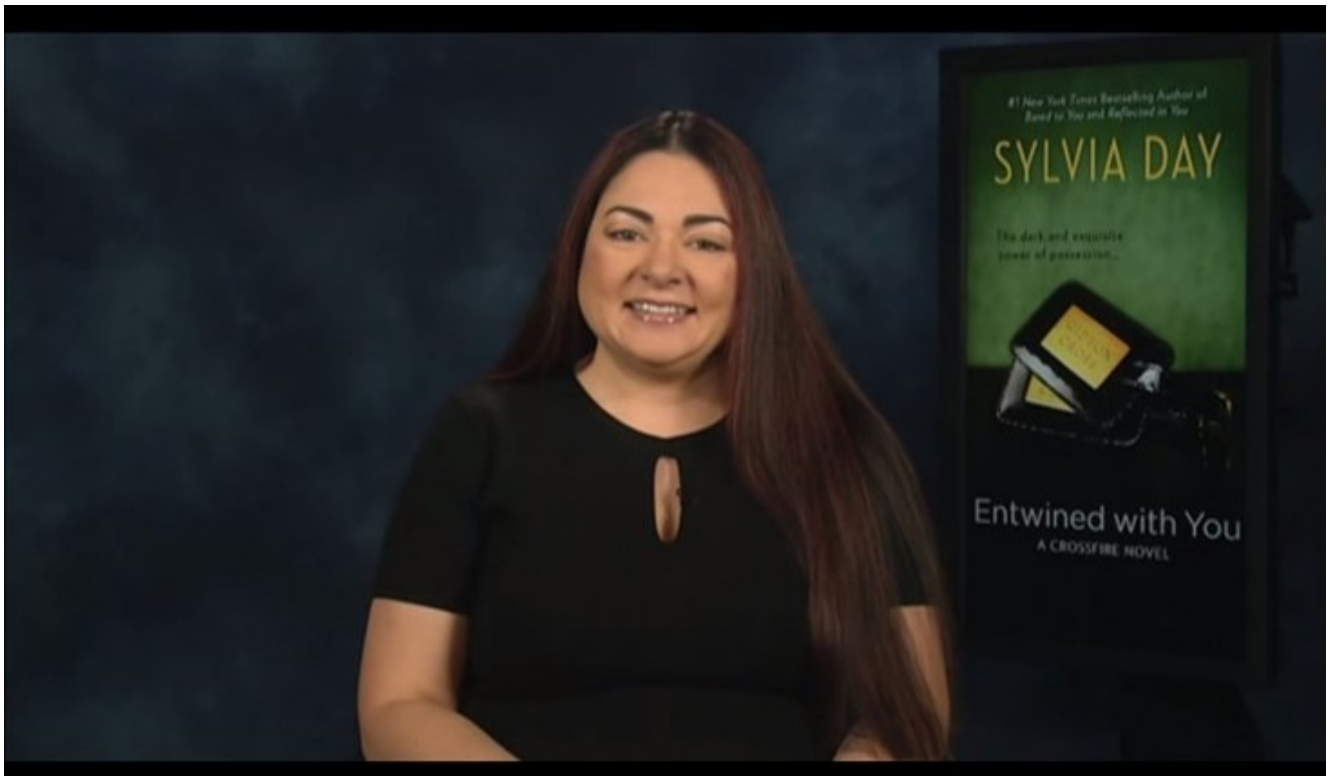




This fall don't let the cooler weather wreck havoc on your skin. As you plan those awesome autumn date nights you can now do it with confidence and keep your complexion looking radiant. Executive Editor, [Lori Bizzoco](#) had the chance to chat with nationally-renowned Dermatologist Dr. Jeffrey Benabio, called by Glamour the "rock-star of Dermatology." Lori and Dr. Benabio chatted about the types of foods you can eat, supplements you can take, and topical steps that help ensure your skin looks its best without breaking the bank. For instance, the new, mild formula in [Dove Body Wash](#) is a prime example of a product that works well for both men and women. *For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

Erin Andrews Says Potential

Partners Have to 'Compete' With Her Dad

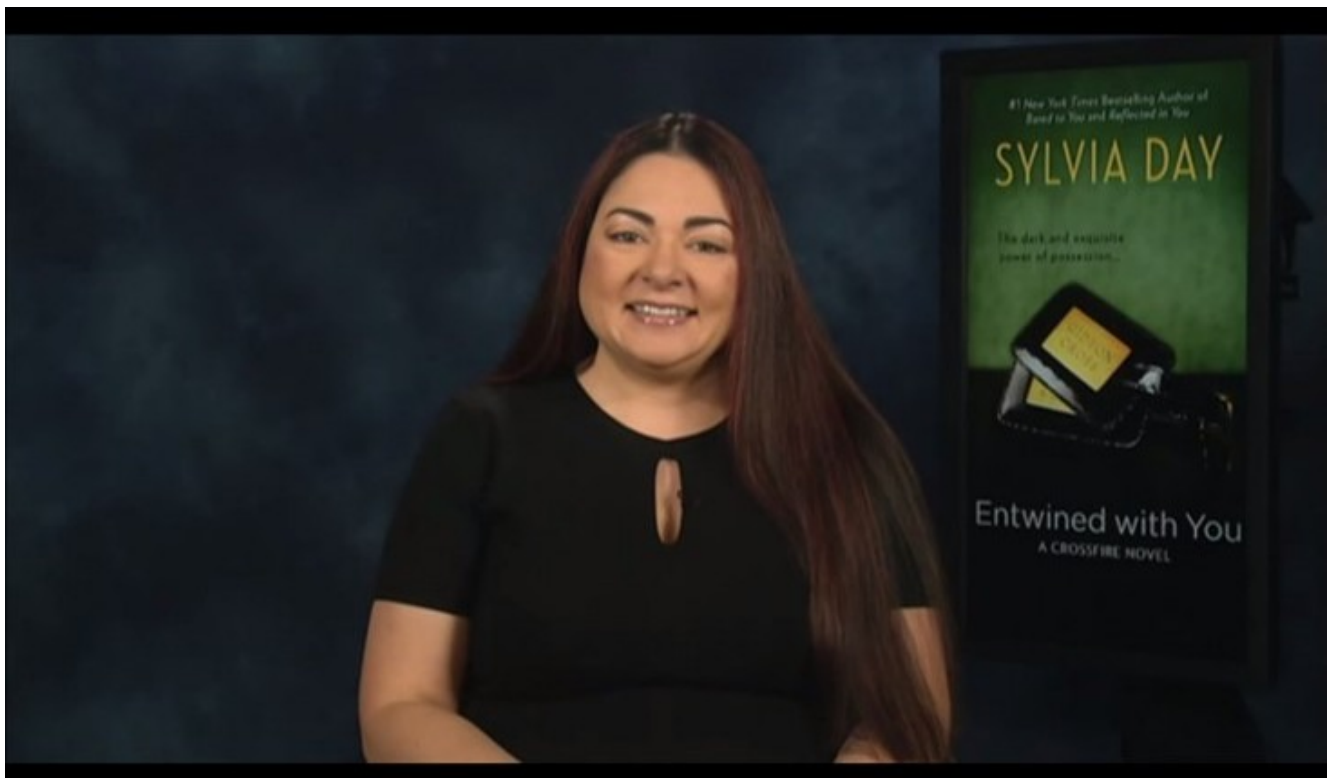


If you ask Erin Andrews about her place in the pantheon of women's sportscasters, she will graciously credit the ladies who came before her. However, there's no doubt that she is a trail blazer in sports broadcasting. She has gained notoriety and admiration for her work ethic, knowledge, and natural on-camera abilities. All of this, she says, is part of being an "unapologetically strong woman." Recently, [Lori Bizzoco](#) had the chance to chat with Erin about her new career path, touting her father's influence as a main proponent of pushing her as far as she's come. Further, she says, her father stands as a standard for when she's dating. "He [her father] is a strong man by my side, and I think that's why I can't find anyone on the other side yet because they have to compete with

my old man!”

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Anna Post Talks Etiquette Rules for Dating



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Oh, you think you’ve found the perfect man, haven’t you? Everything is going swimmingly right up until... he lets off a biblical belch right in front of your friends. Or maybe he isn’t entirely courteous to your server at the dinner party you planned with four other couples. Even worse, his sense of

style leaves you cringing at the thought of anyone seeing the two of you together. Deal breakers or bad habits? Whatever the case may be, Anna Post, the great-great-granddaughter of etiquette queen Emily Post, knows what the books say about bad manners, and now, she's teaming with Ponds to help women put their best face forward.

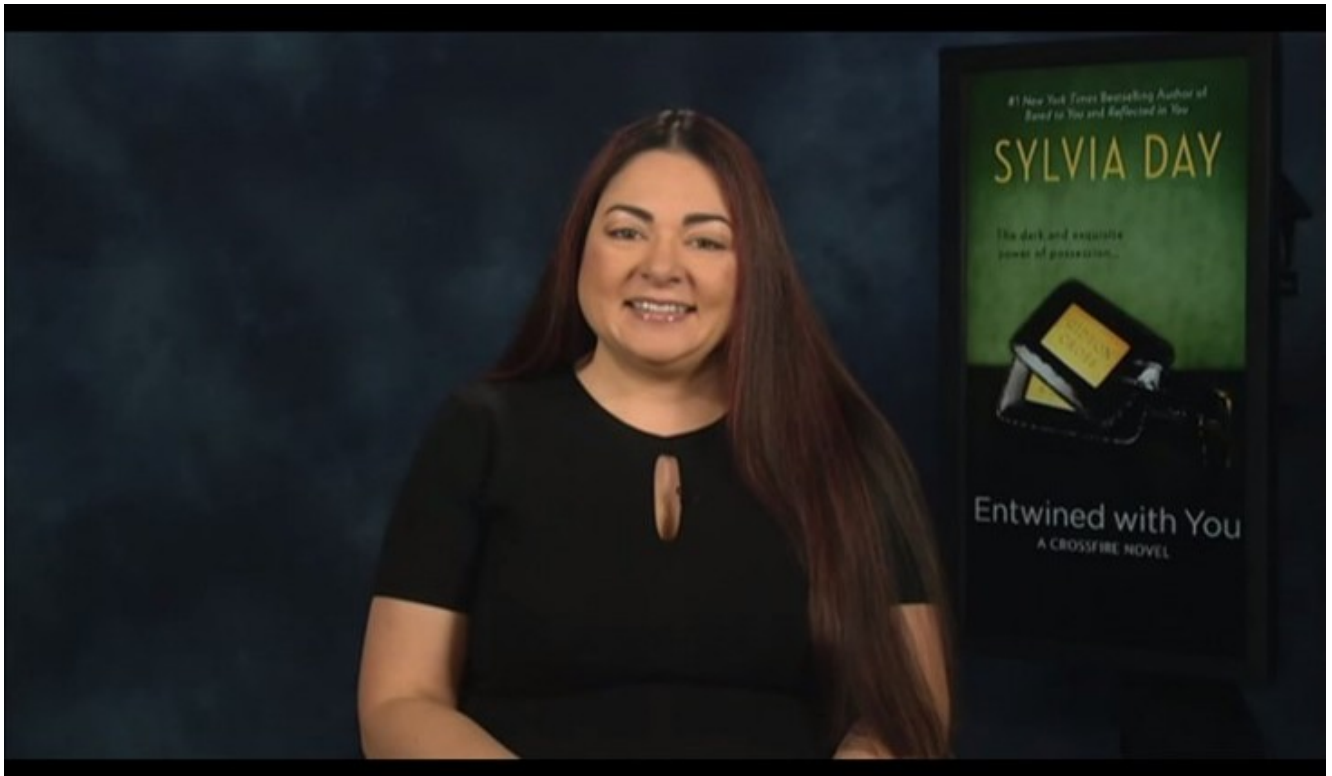
What's great is that Anna is also up-to-date when it comes to technology etiquette in the dating world. For example, is it right for a man to ask me out via text? When should you change your Facebook status? To gain perspective, we chatted with Anna about the small behavioral details that add up to big relationship problems. From eating with your mouth open to digital dating techniques, Anna sheds insight on all of the things you may need to know.

To get more tips from etiquette expert Anna Post and join the beauty conversation, log on to www.facebook.com/PONDS.

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Celebrity Stylist June Ambrose Tells Us How Women Can “Find Their Fabulous”





By Daniela Agurcia

Celebrity stylist June Ambrose has worked with A-listers including Alicia Keys and her husband Swizz Beatz, Jay-Z and Sean Combs, and now, she's sharing her fashion tips with CupidsPulse.com. "Fashion is your voice, your expression. It's how one exudes confidence from the inside out," she explains. Watch our video interview with Ambrose to learn more about her personal style advice, her go-to date night outfit and her role as a Caress Fabulista.

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U.S. Women's Soccer Star Hope

Solo Chats About Her Training and Love Life



By [Whitney Baker](#)

Despite her hectic schedule as she prepares for the 2012 Summer Olympic games, Hope Solo, goalkeeper for the United State's Women's National Soccer team, strives to live a balanced life – both on the field and off the field. When she's not training, she loves being social and enjoying life. As for romance? She is looking for a confident and honest partner, someone who wants the best in everything that they do.

Solo's also partnering with Unilever to promote their Simple Skincare line. As someone with sensitive skin, she

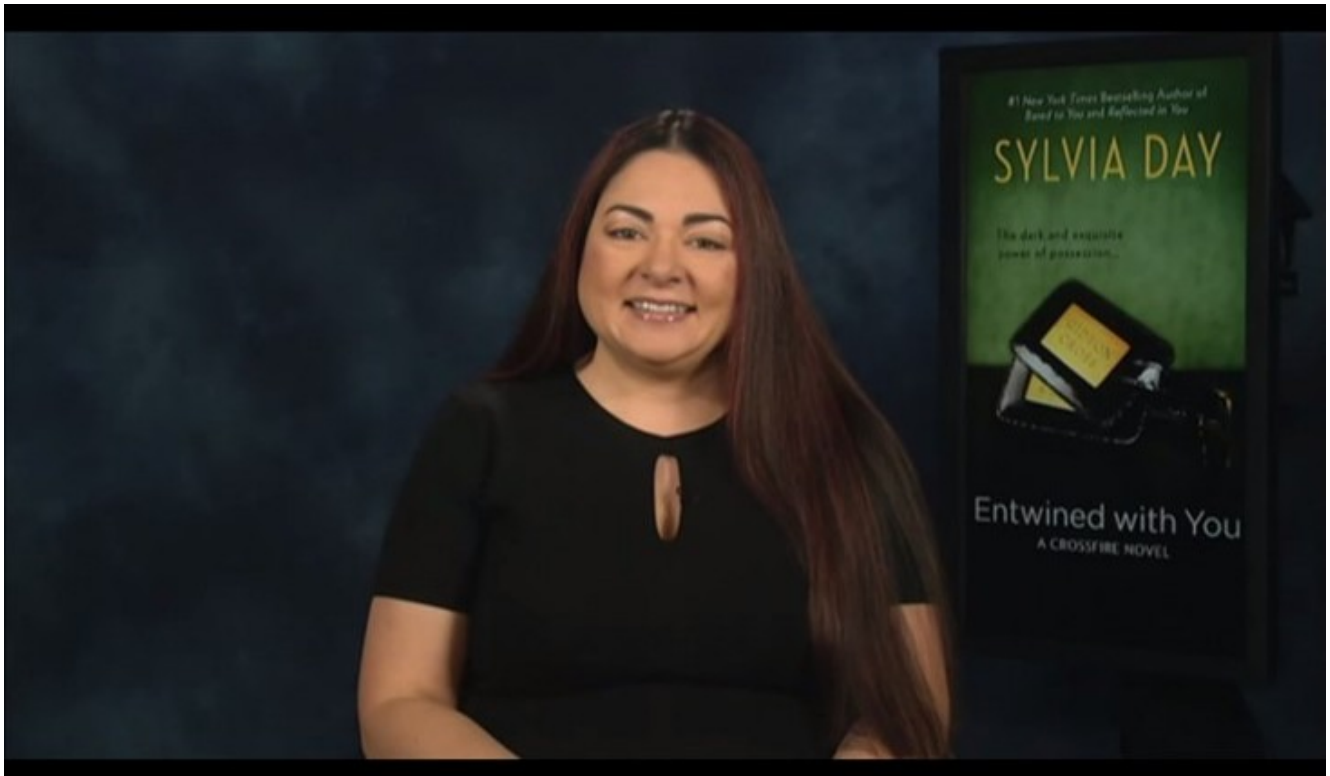
understands the importance of a skincare line that she can trust as she travels from city to city.

For a chance to win a trip to Los Angeles and meet Solo, visit the Escape with Hope Facebook page!

For more videos from CupidsPulse.com, check out our YouTube channel.

Celebrity Trainer Gunnar Peterson Discusses Relationships, Health and his 8-Week Gunnar Challenge





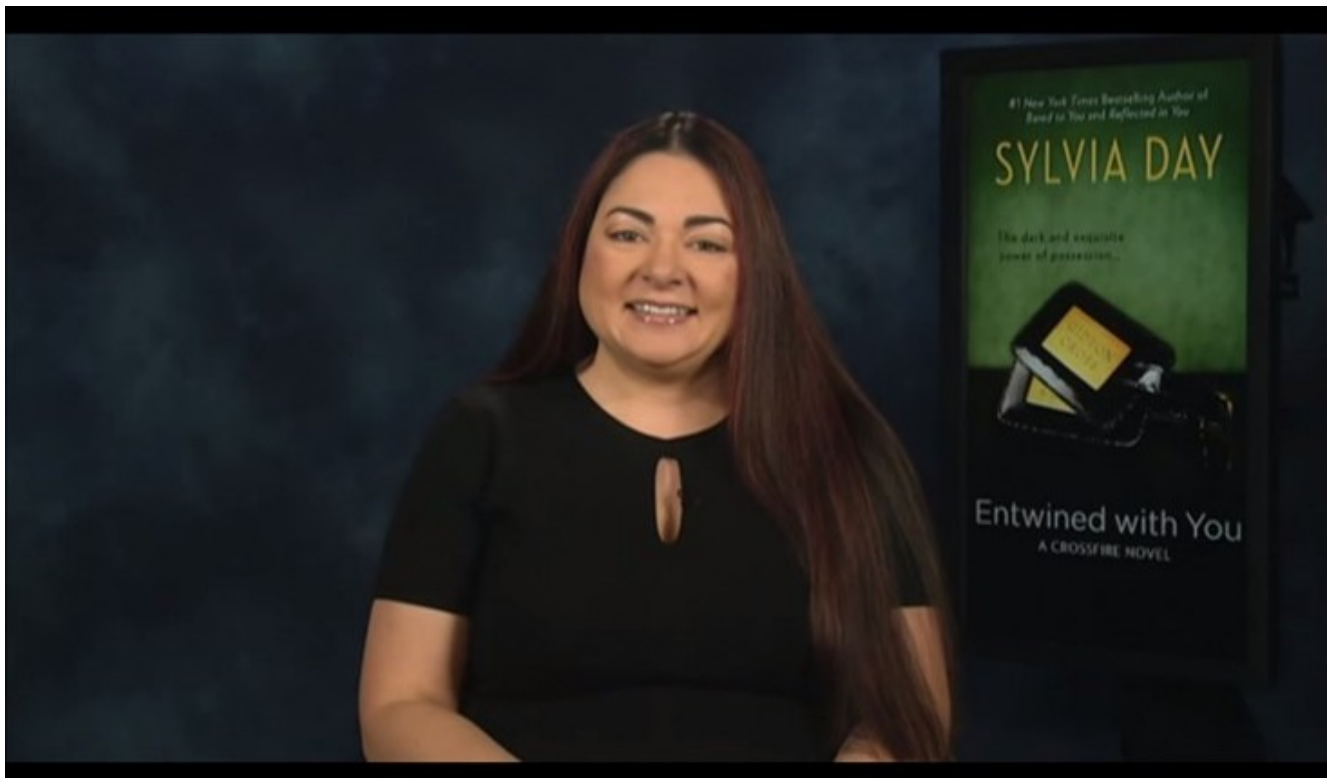
By Nisha Ramirez

Celebrity trainer Gunnar Peterson, is all about keeping celebrities in top shape for when they're on and off camera. For those who are looking to get in shape celebrity-style, Peterson is debuting a new diet and fitness program called The Gunnar Challenge. The trainer guru says that his 8-week challenge is great for couples and a must for anyone looking to boost their confidence. He doesn't advocate for training couples together, but he did make the point that couples should have mutual fitness goals. By accepting The Gunnar Challenge for yourself first, you can make a dedication to yourself that will yield positive results. The interactive online challenge starts May 21st and Gunnar wants you to accept the challenge for yourself and your love life. Beach season is only a few weeks away, so why not get started?

To find out more about Gunnar Peterson and how you can get involved with The Gunnar Challenge, www.gunnarchallenge.com.

For more videos from CupidsPulse.com, check out our YouTube channel.

Paula Patton Says “Passion” is Key to a Successful Relationship



By Steven Zangrillo

If you didn't have the opportunity to catch Paula Patton sizzle in Mission: Impossible 3, don't fret. Just ask her about her marriage with singer/songwriter Robin Thicke, and you'll see Paula light up the room with her million dollar smile. "Passion," she gushes, is the key to a lasting and happy relationship. She further took the time to discuss her

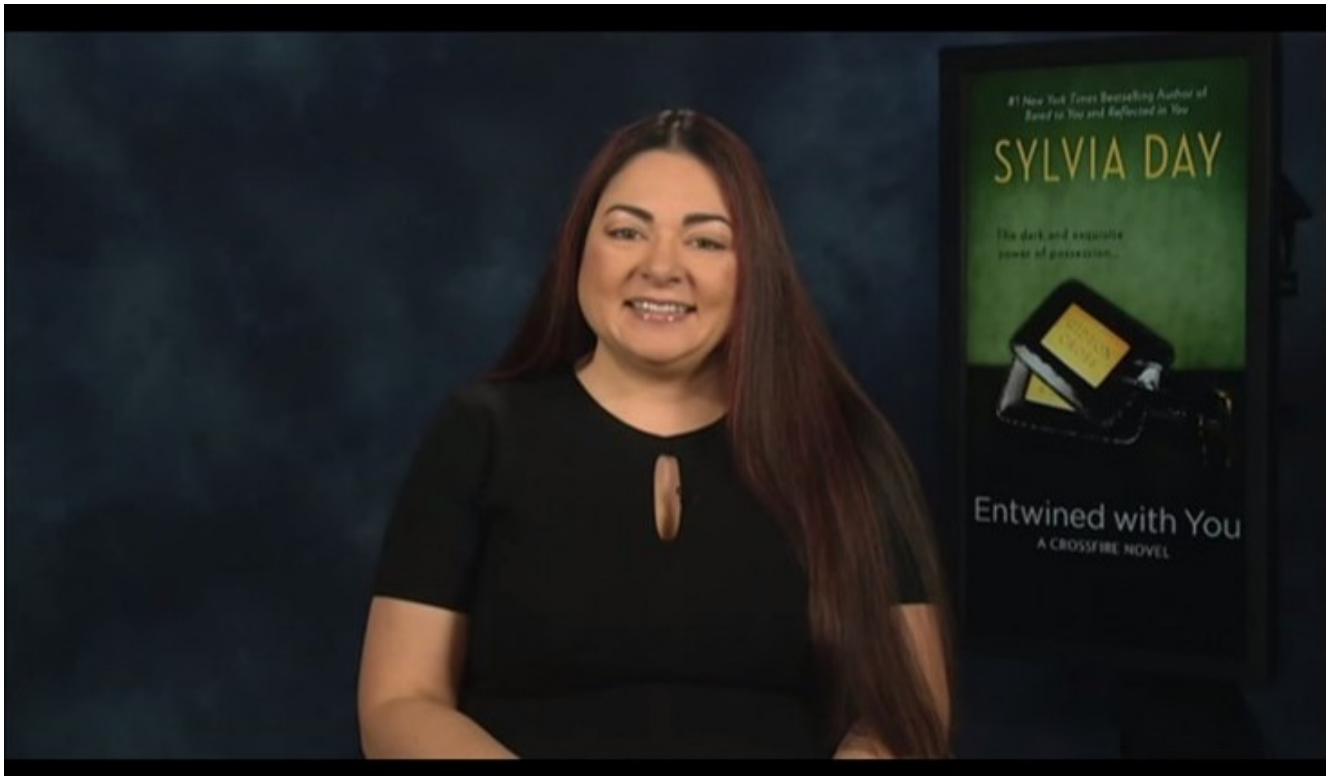
marriage's bumpy ride from a high school romance to a stable and successful marriage. Compromise was another major component, coupled with simply "liking each other."

The rest of us men will just have to remain flush with envy. Good job, Mr. Thicke.

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Nick Cannon Helps To Launch Badoo Project in New York, Discusses Marriage With Mariah Carey





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Interview by Steven Zangrillo. Video by Richard Zangrillo. If you've grown bored of going through the motions with Facebook and Twitter, you'll be relieved to know that there is new social media busting at the virtual seam.

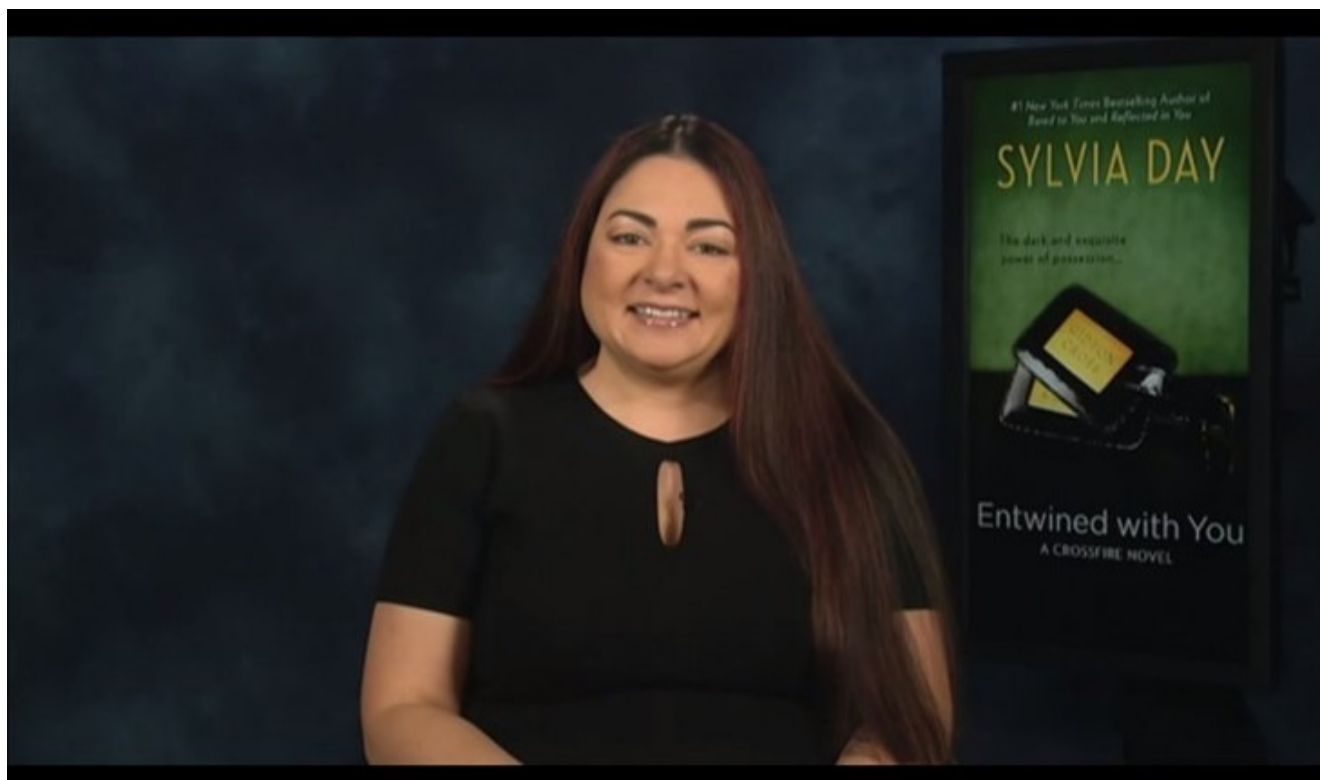
Badoo, an international stalwart in the Social Media community, recently made it's virtual footprint in the chic streets of SoHo, New York. The Badoo Project, hosted by Nick Cannon, was a 3 day photo shoot centralized around the idea of putting your best foot forward when choosing your profile pictures. The Badoo Project brought together four top celebrity photographers – Dan Martenson, Brooke Nipar, Danielle Levitt, and Kenneth Cappello – to capture 1000 portraits of New Yorkers. We caught up with Nick Cannon and the rest of the Badoo team, who took us through the whole Badoo experience.

Interested in meeting new people? Maybe it's time you give Badoo a try.

Learn more about Badoo at Badoo.com.

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Video Exclusive: 'DWTS' Contestant Sherri Shepherd Chats About the Three Men in Her Life



By [Whitney Baker](#)

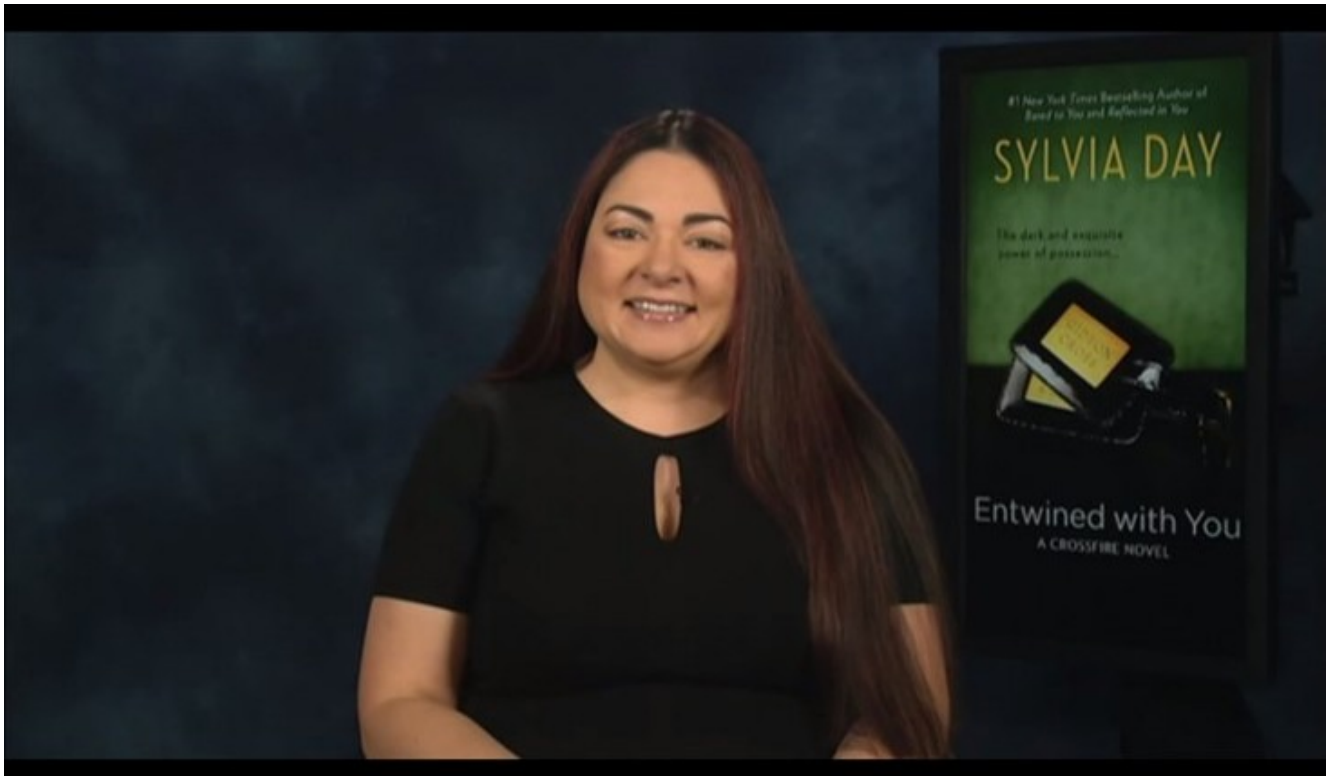
The key to a good life is a happy life – and no one knows

better than TV personality Sherri Shepherd. In addition to her co-host gig on *The View* and her work with the recently-launched Clorox Toilet Lounge, she has not one but *three* men in her life: her six-year-old son Jeffrey, her husband Lamar Sally and her *Dancing With The Stars* partner Val Chmerkovskiy. Stepping out of her comfort zone and onto the dance floor, Shepherd is sure to keep us laughing as we root for her week after week.

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“I Will Always Love You” by Whitney Houston





By Daniela Agurcia

Girls all over the world stood in front of their mirrors, hairbrush in hand, while singing along to Whitney Houston's hit single, "I Will Always Love You," when it first debuted in 1992. Houston's cover of Dolly Parton's "I Will Always Love You" was said to have transformed the original country song into a memorizing gospel-like song. It remained number one on the charts for weeks all over the world, a hit record.

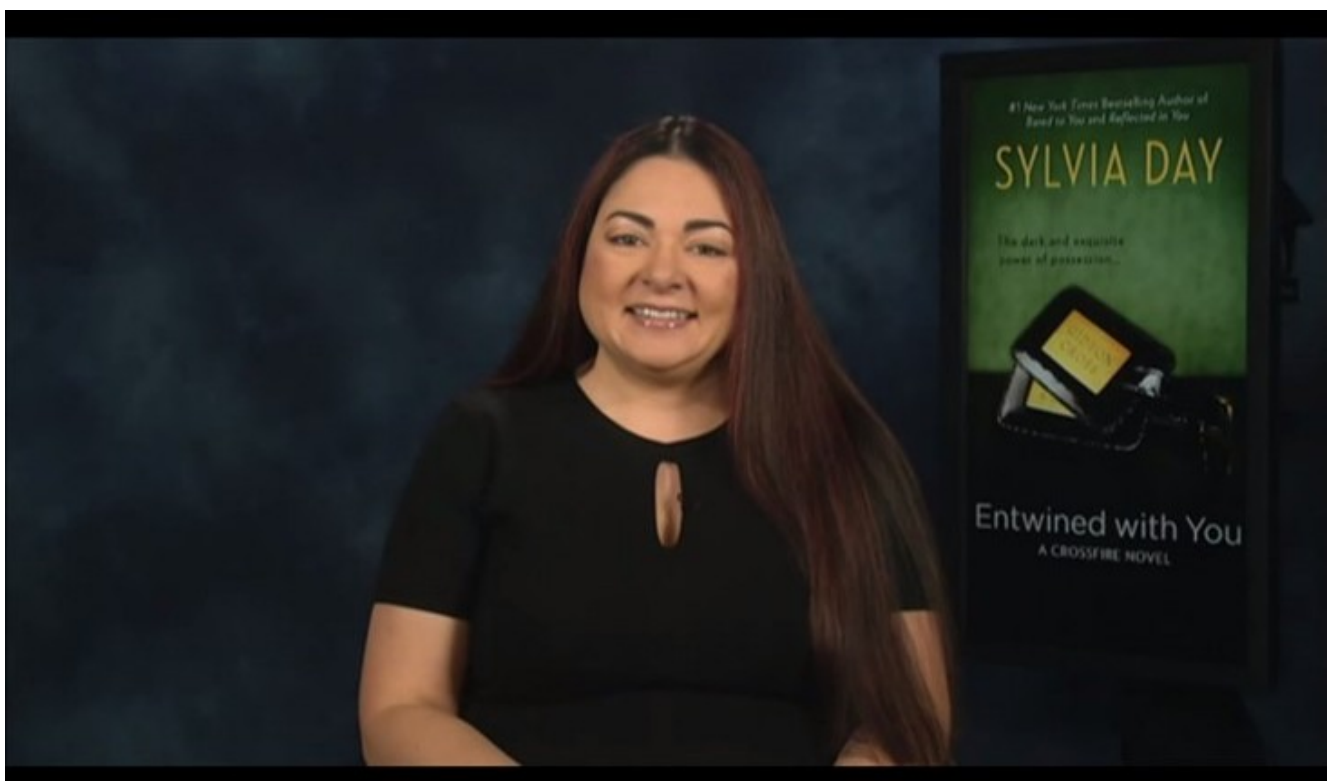
Houston's unique voice conveyed an inspiring emotion through this song about an everlasting love to a loved one who has left. At the 54th Grammy Awards, the day after the superstar's sudden death, Jennifer Hudson sang a replica of Whitney Houston's song as a tribute, leaving chills and tears in anyone who watched the beautiful performance. "I Will Always Love You" will continue to be one of the greatest songs of all time, and Whitney Houston will forever be remembered as an inspiration for love and music.

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How was Whitney Houston an inspiration to you? Share your

thoughts below.

Video Exclusive: Food Network's Anne Burrell Gives Valentine's Day Cooking Tips



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Food Network star Anne Burrell knows a thing or two about spurring the fires of romance over the flame of a hot stove.

Cooking has always been revered as a mutual romantic touchstone, and no day is better to exploit this fact than on Valentine's Day. Be it chocolates or spaghetti with a nice

bolognese sauce, treating your partner's palette with care can lead to delicious consequences. Anne dishes on how to cook for your partner this Valentine's Day, using the kitchen as an aphrodisiac atmosphere where love can only grow.

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Khloe Kardashian and Lamar Odom Lease New Apartment in Dallas



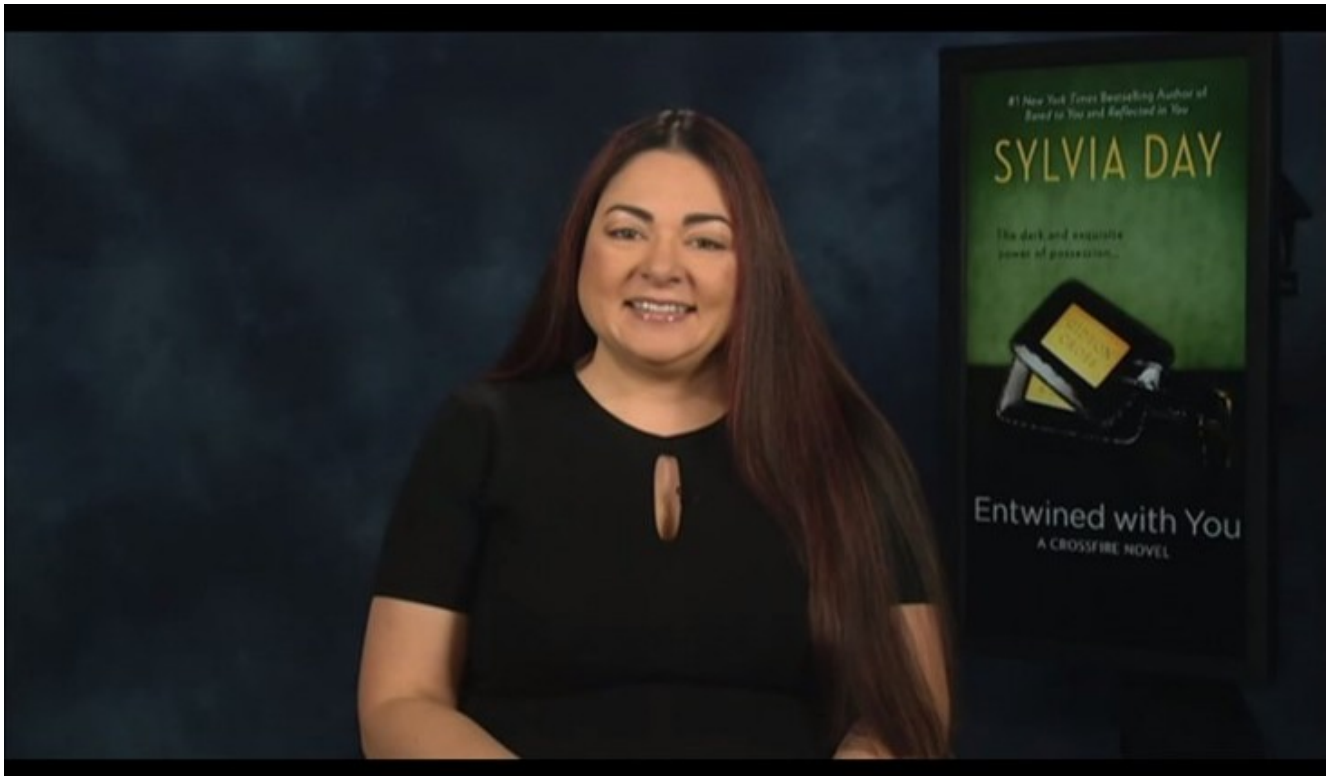
According to [E! Online](#), Khloe Kardashian and NBA basketball player Lamar Odom have finally settled down and rented an amazing new apartment in Dallas, Texas. The happy couple is

leasing a two-bedroom, two-bath at \$7,500 a month in the W Dallas Victory Hotel & Residences after Lamar recently signed to play with the Dallas, Mavericks. Their new pad is owned by Mack Hicks, the son of Texas Rangers owner and Dallas business magnate Tom Hicks and is beautifully designed by Penny Sanders of Sanders Studio. It features slate flooring, wet bar, kitchen with Miele appliances, bathrooms tiled in Mother of Pearl and a pool table, all things the Kardashian clan can enjoy when visiting. When taking time to relax from their hectic celebrity lives, the couple can enjoy the W residences luxuries which include a pair of fitness centers, Bliss spa, zero-edge infinity pool, private entertainment room and something called a 'Whatever Whenever' service.

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Food Network Chef Marcela Valladolid Shares Her Sexiest Dish to Impress a Date



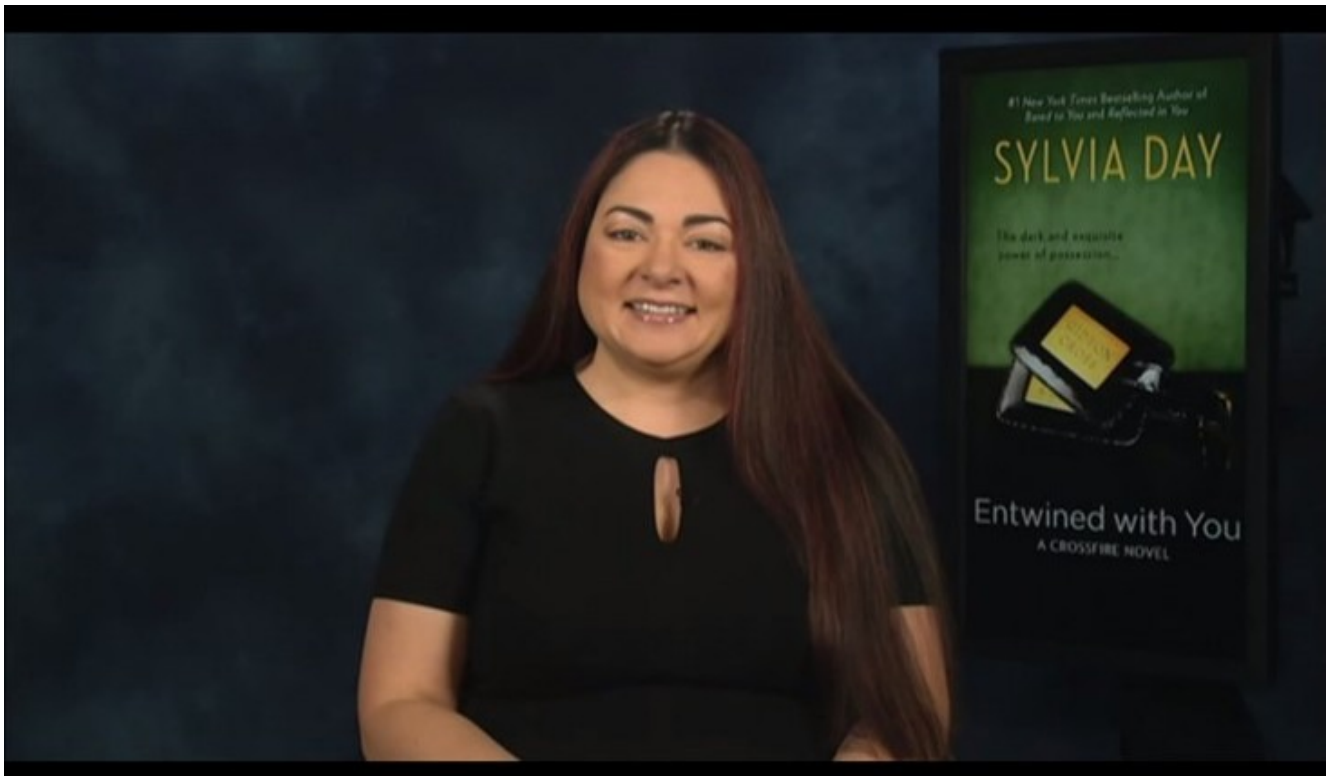


Food Network celebrity Chef Marcela Valladolid released a new cook book this past fall titled, *Mexican Made Easy: Everyday Ingredients, Extraordinary Flavor*. In this interview she talks about food, relationships, and sexy spiked peppermint hot chocolate. What they say is true—food is the key to someone’s heart!

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‘The Voice’ Winner Javier Colon Shares His Holiday Date Night Plans During

Rockefeller Center Tree Lighting



By Steven Zangrillo

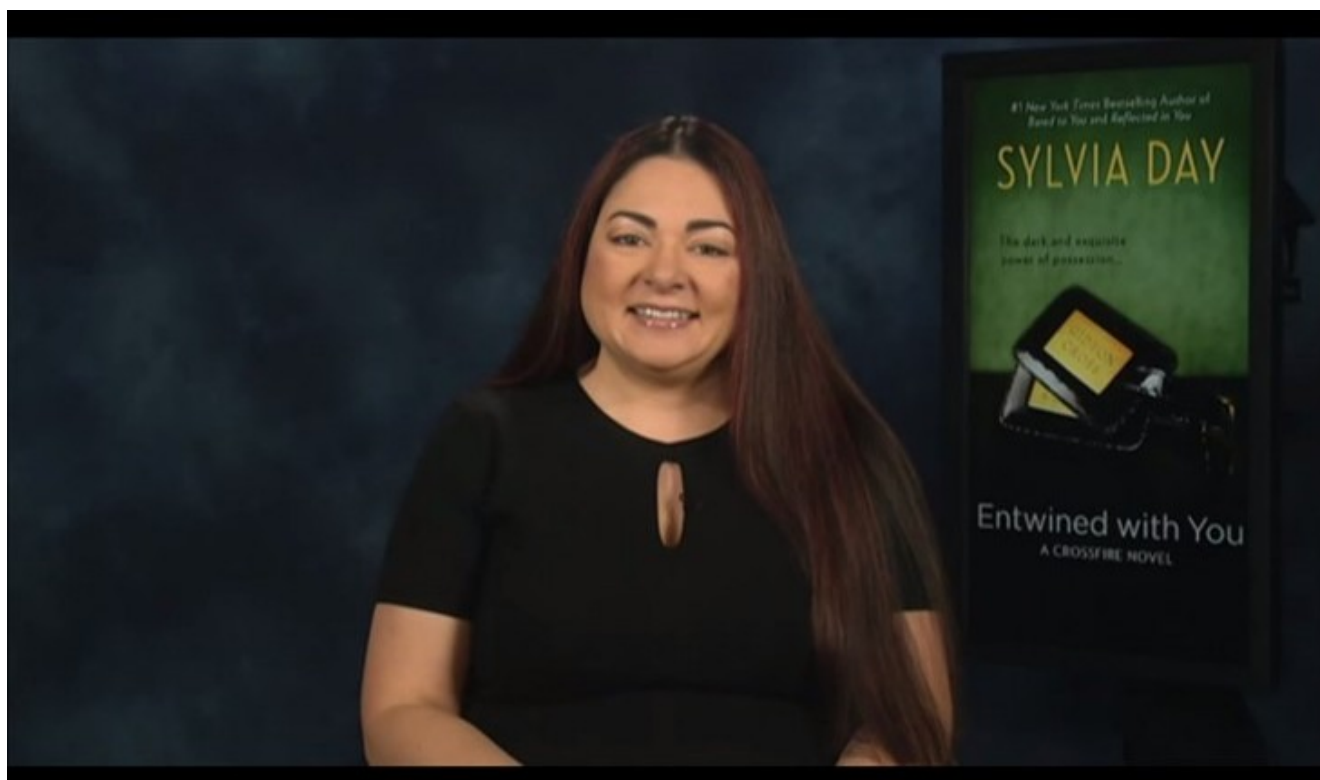
As the weather goes from brisk to brash, we drag out our North Face jackets and holiday scarves in preparation for the winter ahead. Sometimes it takes the glow of a loved one to keep us cozy, which is why the Rockefeller Center Christmas Tree can produce some of the warmest moments of the holiday season.

Beneath the glow of the freshly lit evergreen, Javier Colon (Winner of NBC's "The Voice") serenaded a crowd with Christmas classics. Afterwards, we chatted with him about his upcoming plans with his family for the Holiday season.

Video courtesy of Richard Zangrillo and NBC Studios.

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Food Network's Anne Burrell and Geoffrey Zakarian Talk Holiday Cooking and Love



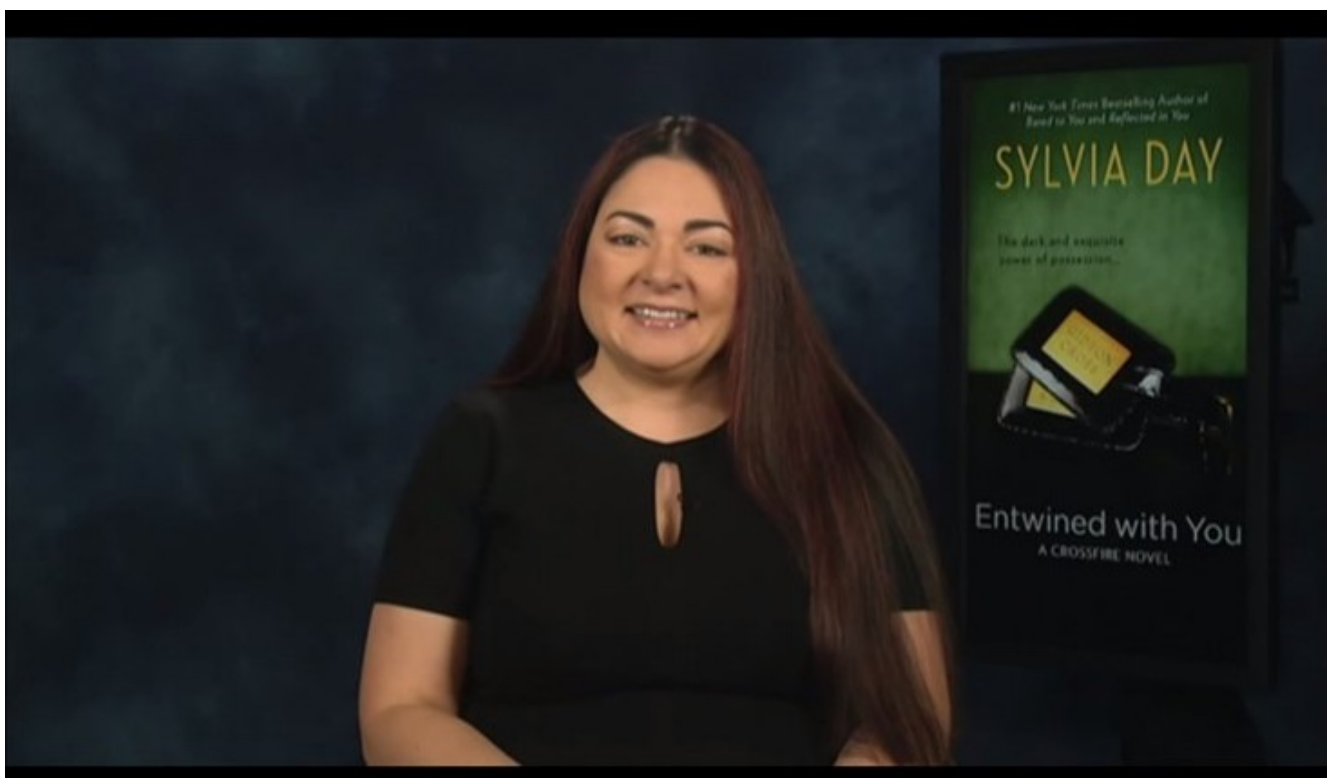
By Steven Zangrillo

As the Holidays draw closer and families get together, it's easy to get roped into the manic hustle and bustle. Cooking with your loved ones, especially your special someone, can act

as a great escape from all of the stress. It can even bring you and your partner closer. CupidsPulse.com spoke with Food Network's Anne Burrell and Geoffrey Zakarian and got their take on whipping up some holiday romance in the kitchen.

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Video Exclusive: Jackie Collins Talks About New Book, Goddess of Vengeance



By Royal Young

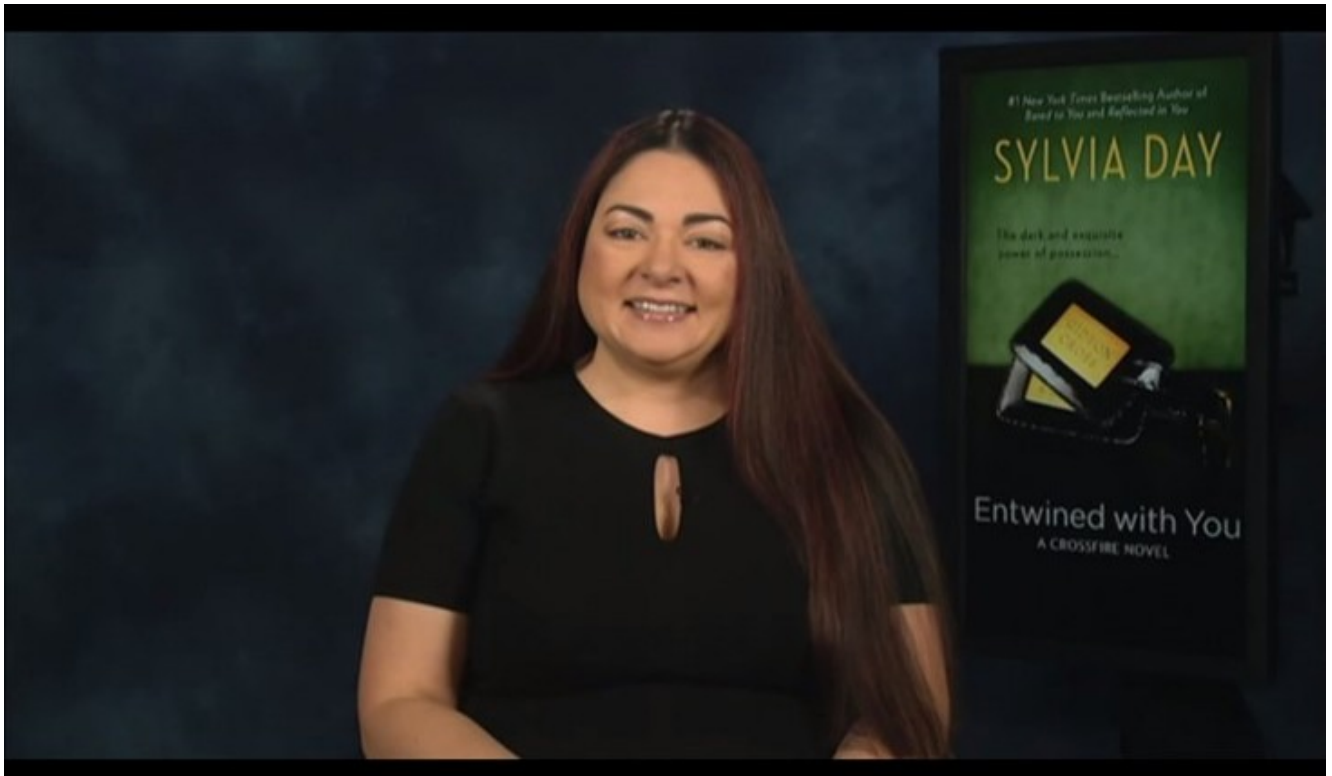
In Jackie Collins' world, romance is sexier, Hollywood stars burn brighter and revenge runs deeper. The London born lurid legend looks at American culture through a savvy, satirist's eye, using iconic pop culture figures as her inspiration. In Goddess of Vengeance (St. Martin's Press) the author's famed femme fatale Lucky Santangelo is back, with a cast of sexy, wicked characters all clawing for positions of power. Fierce, funny with a sensual shot of fame, Collins teaches us how to claw to the top and stay there. We spoke with Collins about how far she would go for love, why vengeance is so attractive and the surprises she still has in store. To order a copy of her new book you can go to www.JackieCollins.com and follow her on Twitter at @jackiecollins.

Royal Young writes for Interview Magazine and just completed his debut memoir, FAME SHARK. Follow him at [Twitter.com/RoyalYoung](https://twitter.com/RoyalYoung)

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DJ Jessica Who Says Men Can Be Intimidated By Independent Women





By Mia Salituro

Miami born Celebrity DJ Jessica Who has been getting all the buzz lately. She recently began filming in Miami for the MTV Dove Fresh Spin project and she attended her first VMAs on Sunday. Now in the spotlight, Jessica's career is booming and she admits that it's tough to find a guy who can handle it. How do you balance a relationship when you're career is on fire? Cupid's Pulse caught up with Jessica after the VMAs to find out.

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