### New Celebrity Couple Zooey Deschanel & Jonathan Scott Make Relationship Red Carpet Official





By Ahjané

#### **Forbes**

In <u>celebrity news</u>, this *Property Brother* might know how to fix Zooey Deschanel's heart, as the two were spotted together on the red carpet. Jonathan Scott and the *New Girl* star first sparked the <u>celebrity couple</u> radar in September. Although this <u>celebrity relationship</u> might be at the beginning stages, the pair wore matching Halloween costumes to Scott's older brother J.D.'s wedding. Deschanel is previously divorced from her <u>celebrity ex</u>-husband, Jacob Pechenik. The two co-parent their two children. In a statement to *EOnline.com* the exes said, "We remain committed to our business, our values and most of all

# This new celebrity couple is stepping out into the spotlight. What are some ways to bring your relationship public?

#### Cupid's Advice:

Establishing your relationship in the public eye is a big step. This means that you are getting serious about your partner. However, sometimes you are unsure if you are ready to be that open with your partner. Cupid has some advice on how to know if your relationship is stable enough to face the public:

1. Take them out to a public setting: Bringing them to a party for a basketball game will determine if they're ready for the public eye. Don't pressure them to be lovey-dovey in public. See if this is something that happens naturally.

Related Link: <u>Date Idea: Explore the Big Apple</u>

2. Bring them around the family: The biggest critics have to be your family members. They tend to see the red flags before you do. Notice how your partner interacts with your family. If they are keeping to themselves and don't hold a conversation with anyone, then maybe they aren't ready for the next steps.

Related Link: Celebrity News: Heidi Klum Reveals What Her Kids
Think of New Husband Tom Kaulitz

3. Post a picture on social media: Professing your love on a social media outlet is an ongoing trend for many relationships. Putting their initials in your bio or "my love" as the caption on a picture can be telling ways to show that you are serious about your relationship.

What are some ways you made your relationship public? Let us know in the comments below!

# Celebrity Fitness Secrets: Funky Exercise Fads





Ву

Christine Rudolph

While it may seem as though celebrities keep their exercise routines mum, occasionally we're able to snatch their <u>fitness</u> <u>secrets</u>. While some stick to the standard gym routines, machines, and weights, others have some very interesting ways of getting fit. Leave it to celebrities to find super interesting workouts that help achieve perfectly toned bodies! If you're looking to workout like a celebrity and achieve a

fit <u>celebrity body</u>, then some of these exercises might be for you.

# Bored of your routine gym workouts? Check out some of these celebrity fitness secrets that will change the way you workout!

1. CrossFit: CrossFit has taken the fitness world by storm over the years, and is one of the most rigorous workouts out there! This super popular workout combines a multitude of exercises such as cardio, weights, and kettleballs in a short 45-mintute timespan. Quality trumps quantity; your results aren't determined by how much time you spend in the gym, rather, by how hard you work out. Jessica Biel is a huge fan of this regimen — and judging by her perfectly chiseled body, she certainly isn't intimidated by its intensity!

Related Link: Fitness Tips: 5 Fit Celebrities That Lost Weight and How They Did It

2. Piloxing: As you may have guessed, Piloxing is a high-energy combination of Pilates and boxing. Celebrities such as Vanessa Hudgens, Hilary Duff, and Ashley Tisdale are all fans of this recently popularized fitness routine. The workout is focused on building the core and muscle toning, which ultimately helps build strength and endurance. Piloxing is also a huge calorie burner — you can you can burn 900 calories in just an hour!

**Related Link:** <u>Fitness: 5 Amazing Workout Tips from the Best Celebrity Trainers</u>

3. Barry's Bootcamp: If you've ever wondered how <u>Kim Kardashian</u> has achieved her post-baby slim downs, her fitness secret is Barry's Bootcamp. Each class utilizes a combination

of resistance training with elastic bands, kettle bells, and body bars, as well as cardio. Barry's Bootcamp has been voted "The Best Celebrity Workout" by many fitness magazines and other publications, so you're guaranteed to have a solid workout with each class session!

Related Link: Look Like a Victoria's Secret Model with These Celebrity Workouts

- **4. Belly Dancing:** Belly dancing is a super fun workout that has been around for quite some time! In the celebrity realm, it has become pretty popular among A-Listers like Shakira and <a href="Beyoncé">Beyoncé</a>. The sultry dances target the abs and sculpts the hip area. Bonus: you'll learn to move muscle groups in your body that you never knew existed, too!
- 5. Hula hooping: Would you have ever guessed that one of your favorite childhood past times would come back into popularity as an adult? Hula hooping tones your entire body! Zooey Deschanel has embraced hula hooping fitness classes, because they target everything from your core, to your arms and legs. The best part is that it doesn't feel like a workout at all! If you're intimidated by exercise, this one's for you!

Christine Rudolph is a passionate lifestyle blogger who loves to write about current trends. She is a featured author at various authoritative blogs. Currently, she is associated as a blogger for <u>Hourglass Express</u>, providers of quality waist trainers, belly bands, and other weight loss products. For all updates, follow her <u>@RudolphBlogger</u> and become friends with her on Facebook.

## Secret Celebrity Weddings





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Justin Theroux and Jennifer Aniston

After a three-year engagement, this celebrity couple finally
tied the knot in a secret celebrity wedding at their Bel Air
home. They surprised their famous friends -- like Lisa Kudrow
and Ellen DeGeneres -- by claiming it was a birthday party for
Theroux. Photo: Emiley Schweich / PR Photos

## Celebrity News: Zooey Deschanel Reveals Daughter's Name and Explains





By Abbi

#### Comphel

Celebrity couple Zooey Deschanel and Jacob Pechenik named their newborn daughter Elsie Otter Pechenik. Their celebrity baby will not be sharing this unique name with anyone else. According to *Eonline.com*, this <u>celebrity news</u> was announced on the *Today* show, where Deshanel explained why she named her daughter Elsie Otter. Deschanel explains she and Pechenik both love otters and they hope their daughter loves them just as much. How adorable is that?!

# This celebrity news is super cute. What are some ways to compromise with your partner on baby names?

#### Cupid's Advice:

Naming your child is a very important decision, and sometimes you and your partner will not agree. Cupid has some ways to compromise:

1. Common ideas: Pick a theme for your babies' names. Do you want them to all start with a certain letter or have a certain

meaning behind them? They can even be family names. That can be the start to choosing the name of your baby.

Related Link: <u>Kevin and Danielle Jonas Are 'Always Talking'</u>
<u>About Another Celebrity Baby</u>

2. Top 3: Once you figure out your theme, make a list of names that you like separately. Then come together and read the names to one another. There will be a few that you both disagree on, but in the end you will find what is best. Choose the top 3 and go with that.

Related Link: <u>Celebrity Baby News: Brooklyn Decker and Andy</u> Roddick Welcomes a Son

**3. Making each other happy:** When it comes down to it you both want to make each other happy. So find a happy medium and choose a name that you both agree on. And if you have multiple children then you two can take turns choosing names.

What do you think are the best ways to choose baby names with your partner? Comment below!

## 'New Girl' Celeb Zooey Deschanel Returns Post-Wedding and Birth of Daughter





By Maria

#### N. Capalbo

According to <u>UsMagazine.com</u>, celebrity couple Zooey Deschanel and Jacob Pechenik are back in the public eye after their secret celebrity wedding and the birth of their new baby girl! Surely they have been enjoying themselves while being incognito, and after just giving birth, Deschanel is looking great!

# This celeb has finally emerged after some major life changes! What are some ways to help your partner deal with big life events?

#### Cupid's Advice:

Getting back into the swing of things after a big life event may be easy for some, and difficult for others. Cupid has some relationship advice on how to help your partner deal with big life events below:

1. Comfort them: After going through big life events, whether

they are good or bad, comforting your significant other is extremely important. Let them know that you care, and give them some extra love.

Related Link: Zooey Deschanel Splits from Boyfriend Jamie Linden

2. Always lend a hand: Make sure you are there if they need anything, and always offer your support. If they are going through a tough time, offer to pick up one of their daily tasks making their day easier. If they need help planning something, be there to help!

Related Link: 'New Girl' Star Zooey Deschanel Files for Divorce From Ben Gibbard

**3. Offer advice:** Always be there to give an opinion if they ask. Your significant other may not know how to handle certain situations, so giving them advice could steer them in the right direction.

What are some ways you've helped your partner deal with big life events? Share below!

# Zooey Deschanel Splits from Boyfriend Jamie Linden





By Laura

#### Seaman

The New Girl actress Zooey Deschanel and her boyfriend Jamie Linden have split up after two years of dating, according to <u>UsMagazine.com</u>. The couple started dating not long after the actress left her husband Ben Gibbard, the singer for Death Cab for Cutie, in 2012. Deschanel was seen looking pretty close with a new man last month on the set of *Rock the Kasbah*. This new man is producer Jacob Pechenik, who worked with her on her most recent film.

#### What are three deal breakers in every relationship?

#### Cupid's Advice:

Everyone has their own personal conditions and deal breakers when it comes to relationships, but there are a few relationship roadblocks that most relationships can't get past. These are the offenses that end relationships and cause heartbreak faster than any others, and you had better watch out if they happen to you:

1. Infidelity. This is, of course, one of the biggest deal breakers in any relationship. Once a cheater always a cheater, and the minute you find out your partner is being unfaithful,

it's time to kick them to the curb. Cheating is one of the most hurtful things a partner can do, and if they're going to carelessly hurt you like that, they aren't worth it.

**Related:** <u>Audrina Patridge and Corey Bohan Split After Five</u>
<u>Years Together</u>

2. Disrespect. Teasing is one thing, but constantly putting your partner down and making them feel worthless is another. Any relationship should be an equal partnership, and if your significant other doesn't treat you as their equal, maybe they're not as great as you thought. Not only could this mean disrespecting you, but it could mean they disrespect your family and friends, who are important to you. If they really want it to work, they will have respect for everything you care about. Including yourself.

Related: Rob Pattinson Comments on Ex Kristen Stewart's Cheating

3. Failure to communicate. This one isn't so plain to see, but it tears down relationships just as quickly as the previous deal breakers. If you and your partner can't communicate, there is something seriously wrong. This could lead to huge fights and secrets that could tear apart your future, such as a sudden job promotion that requires moving far away or a past financial situation preventing you from buying that house you always wanted. You need to talk about everything, even if it makes you uncomfortable. If you don't, you might find yourself newly single thanks to this relationship deal breaker.

What are some of your relationship deal breakers? Tell us in the comments!

### Zooey Deschanel and Ben Gibbard's Divorce Is Finalized





Ву

Jennifer Ross

The wait is finally over. One year after filing for a divorce, Zooey Deschanel and Ben Gibbard are no longer married, according to <u>People</u>. The court documents filed in Los Angeles County Superior Court date the marriage officially over on Dec. 12. Also written in the divorce documents, the reason for the marriage dissolution is, "Unhappy and irreconcilable differences have arisen between the parties, which have caused the irremediable breakdown of their marriage. There is no possibility that counseling ... or mediation could save the marriage." The couple was married in Sept. 2009. Since the official separation in Oct. 2011, neither Deschanel, 32, nor Gibbard, 36, have ever given details about the breakup.

However, later on, the *New Girl* TV star claimed they are amicable with each other. "We're friendly. It's all fine."

How do you know when there is no hope of fixing your marriage?

#### Cupid's Advice:

Even though divorce is such a common occurrence, many couples are shocked when it happens to them. You and your partner may focus on trying to love each other again. However, this sets you both up for missing the signs. To help you see clear, here are a few signs that confirm the marriage is over:

- 1. Character assassination: A clear sign that your marriage is over begins with you and your partner's many attempts at assassinating each other's character. The belittling, public insults, name-calling and embarrassing attacks are fatal to your marriage, ensuring a true dissolution.
- 2. Intimacy is gone: Although marriage is not only about a physical connection, it will never last without some form of intimacy between you and your mate. Without a way for a couple to strengthen the relationship's closeness through loving contact, one of you will feel neglected and ready to leave.
- **3. Dead silence:** Complete silence in a marriage with neither one of you willing to talk it out will get you two speaking to divorce lawyers. Without any further communication, the reconciliation will never begin. This makes it officially over.

When did you realize there was no hope of fixing your marriage? Share your story below.

### Zooey Deschanel Attends Emmy Awards with New Beau Jamie Linden





By Nic

Baird

Actress Zooey Dechanel attended the Emmys with new love Jamie Linden on Sunday, according to <u>UsMagazine.com</u>. The <u>New Girl</u> star lost her Outstanding Lead Actress in a Comedy series tropy to Julia Louis-Dreyfus in <u>Veep</u>. As the category was announced, Deschanel cozied up to screenwriter Linden. The two clasped hands during the award's presentation. Linden has written the scripts for the films <u>10 Years</u>, <u>Dear John</u> and <u>We Are Marshall</u>. The Hollywood couple have been dating for three months.

How do you celebrate an achievement with your partner?

#### Cupid's Advice:

Your admiration means everything to your partner. Even if it doesn't seem that way, remember that we all want to impress our significant other. It's why boys get into so many fights. Do these things to show how your romance's achievements impress you:

- 1. Make it a special event: Your partner won't always think to celebrate their own successes with you. By suggesting a special meal, a vacation, or just getting drinks and talking about their achievement, it shows that it matters to you.
- 2. Build their confidence: Compliment their talents and skills. Find specific details to admire in their success. Ask them about their future plans and goals. Encourage them to speak with ambition and determination about their next step.
- 3. Admire their effort: Don't focus your flattery solely on their accomplishment. Make sure most of your admiration is on the effort or process that led up to it. By complimenting their labour, you encourage them to keep trying. And maybe next time if they don't meet success, you can still compliment their hard work.

Why are you proud of your partner? Share how you let them know below.

## Giveaway Alert: Win a Boostcase for Your iPhone So

## You Can Text and Talk Longer with Your Loved Ones





This post

is sponsored by Boostcase.

#### By Daniela Agurcia

It's difficult to manage a busy schedule and a relationship at the same time, but Boostcase is here to help. Bollare's Boostcase is a portable iPhone charger that allows you to extend the life of your iPhone and charge it on the go. Although our cell phones allow us to keep in touch with our loved ones throughout our hectic work days, the battery life just can't keep up. That's why everyone is getting their hands on this hot new accessory.

Celebrities such as Emmy Rossum, Vanessa Hudgens, Miley Cyrus, Selena Gomez and Zooey Deschanel have been spotted around town with this new "must have" gadget, and they're obsessed!

Personalize your Boostcase with your favorite colored "Snap On Case." Now, you can send pictures to your long-distance beau in Europe or just spend your day texting your hot crush without worrying that your phone will run out of juice before you get a response back from him.



Miley Cyrus with Boostcase. Photo: INFDaily.com via Just Jared

GIVEAWAY: Just go to our Facebook page, click on the "Like" button and leave a comment saying that you want to enter the Boostcase Giveaway. You will automatically be entered to win! We will contact the winner on their Facebook page when the contest has finished. Don't wait to get your hands on the hottest new accessory that all the celebs are using! All entries must be in by 5pm on Friday, September 7th.

Congratulations to our winner, Katie Picklesimer! Enjoy your

#### new Boostcase!

For additional information on Bollare, visit Bollare.com.

# St. Patrick's Day: 10 of the Most Desirable Irish Celebrities





Ву

#### Matthew Dougherty

St. Patrick's Day is right around the corner! With so many celebrities from Ireland or with Irish descent, now is the perfect time to decide who would be the best match for you. With a little Irish luck, anything can happen. Here are our picks for the best Irish actors and actresses to hit the bars

with on Saturday — after a romantic dinner, of course:

#### Top 5 Irish Actors To Romance

- **5. Cillian Murphy:** Cillian Murphy was born in Douglas, a suburb of Cork, Ireland. The actor has appeared in many films, but perhaps he was most desirable in the opening moments of *Red Eye*, where he played the perfect potential boyfriend to Rachel McAdams' character. That is, until he turned out to be a homicidal lunatic. Murphy has a laid-back, cool persona and would likely make a charming date.
- 4. Jonathan Rhys Meyers: This television actor, who was born in Dublin, Ireland, has a reputation for partying and would be a great person to hit the clubs with on St. Patty's Day. His piercing blue eyes also make him almost impossible to resist.

Related: 10 Ways to Meet Someone on St. Patrick's Day

- 3. Pierce Brosnan: Okay, so he's married, but our list wouldn't be complete without James Bond. Plus, there's hope for a movie romance: with every new film comes another Bond girl. Brosnan was born and grew up in Ireland and is practically ageless, both qualities that help him play the super suave and sexy spy.
- 2. Mark Wahlberg: Marky Mark was born in the most Irish town in America: Boston, Massachusetts. Boston is the best place in the U.S. to celebrate St. Patrick's Day. If you are lucky, maybe Wahlberg will take you to some of his favorite pubs in the city.
- 1. Colin Farrell: No actor flaunts his Irish heritage as much as Colin Farrell. Born in Dublin, Ireland, Farrell is known for being one of Hollywood's bad boys. But that does not take away from the fact that he would be a great date. Plus, he does has a <u>soft side</u>. Farrell has said that what inspired him to become an actor was watching E.T., which

brought him to tears. Need we say more?

#### Top 5 Irish Actresses To Romance

5. Jennifer Connelly: Jennifer Connelly is of Irish descent, thanks to her father. You can very easily see it in her face. Do you know what you cannot see in her face? Her age. Jennifer Connelly is 41 years old and does not look a day over 30. She is a beauty queen and easily one of the sexiest women on the planet.

Related: Why Amazing, Confident Women Remain Single

- 4. Olivia Wilde: This rising star has citizenship in Ireland. Coming off of some major television and movie roles, Wilde is becoming one of the hottest names in Hollywood. If she is anything like some of the characters she plays, she is kind-hearted and absolutely loveable but with a bit of an attitude as well.
- 3. Rooney Mara: She may have played a Swedish hacker in last winter's *The Girl With the Dragon Tattoo*, but Mara comes from an extremely Irish family. Her great uncle was, at one time, the United States Ambassador to Ireland. Mara is very shy and modest in interviews. This makes her one of the cutest and most humble people in the business. Oh, and she is absolutely gorgeous.
- **2. Zooey Deschanel:** Who can resist Zooey Deschanel? *The New Girl* and *(500) Days of Summer* star has a glowing personality but manages to be more down to Earth than a lot of other actresses. She would be an entertaining date because she knows how to laugh at herself and how to make you laugh, too. A combination of her bubbly personality and beautiful, big blue eyes will make her very difficult to ignore.
- 1. Anne Hathaway: Hathaway is of mostly Irish ancestry, which is pretty obvious when you look at her. Based on interviews and what many in the inner circle of Hollywood have

said, Anne is one of the sweetest, nicest people in the business. Last summer, she starred in the romantic film *One Day*, leaving many of her fans wanting to spend more than just one day with her. This summer, however, she will take on a much darker role as the new Catwoman in the next Batman movie, *The Dark Knight Rises*. Hathaway is great as any character, but who can pass up dating Catwoman?

Do you like our picks? Any other Irish celebrities you would rather date? Sound off below!

### 'New Girl' Star Zooey Deschanel Files for Divorce From Ben Gibbard





Sometimes

when your career hits a high note, your personal life seems to fall apart. While Zooey Deschanel had an amazing year as a breakout star, her relationship with Death Cab for Cutie front man, Ben Gibbard, seems to have come to a bitter end. According to <a href="People">People</a>, the two filed for divorce, citing Oct. 31 as their date of separation. The ex couple, who married in 2009, are claiming irreconcilable differences, but are still on friendly terms.

How do you know when your differences are irreconcilable?

#### Cupid's Advice:

Irreconcilable differences is the most common reason for divorce. If you and your partner just aren't the same people you were when your relationship began, you may be experiencing irreconcilable differences. Here's how to tell:

- 1. Always fighting: If you're always arguing with your partner over both big and little things to the point where you agree on absolutely nothing, perhaps, your differences are irreconcilable.
- 2. You want to see other people: If you believe that you or your partner would be happier with someone else, it may be

time to move on.

**3. You've tried everything:** If you've tried couples therapy and everything else to try to reconcile your relationship, but nothing seems to work, it may be time to cut your losses.

How long would you try to make a relationship work before you call it quits? Share your ideas below.