

New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares



By Nicole Maher

In the latest [celebrity news](#), actor Zac Efron has officially fallen for Australian model Vanessa Valladares. According to *UsMagazine.com*, the newly formed [celebrity couple](#) were spotted on vacation in New South Wales, Australia earlier this month. Efron and Valladares began sparking romance rumors in July shortly after meeting while Valladares was working at Byron Bay General Store & Cafe a month earlier.

In celebrity couple news, Zac and Vanessa are smitten with each other. What are some ways to begin to build a new relationship?

Cupid's Advice:

There is so much excitement that comes with the beginning stages of forming a relationship. When two people are smitten for each other, they feel the desire to spend time together and strengthen their bond. If you are looking for ways to begin to build a new relationship, Cupid has some advice for you:

1. Take turns planning dates: One of the best ways to learn about your partner in a new relationship is to figure out what they enjoy doing. By taking turns when it comes to planning dates, you will get a better sense of what their favorite activities are, as well as seeing if they enjoy yours.

Related link: [New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach](#)

2. Communicate with each other: Communication is one of the most important aspects of any relationship, especially when it comes to one that is newly forming. It is important to learn how your partner communicates early on and to determine if it matches your communication methods. Some people prefer to send texts throughout the day while others may want a phone call at the end of the night.

Related link: [Celebrity News: Lauren Adkins Talks Saving Herself for Thomas Rhett in New Book](#)

3. Create traditions: Whether it is watching a movie together every Tuesday or grabbing lunch together every Friday,

creating small traditions within the relationship are a perfect way to show commitment. Having an activity that is designated for you to do together is also a great way of making the relationship feel unique. Your partner will truly appreciate knowing that there is something that is reserved specifically for the two of us.

What are some other ways to begin building a new relationship? Start a conversation in the comments below!

New Celebrity Couple: Zac Efron Is Dating Olympian Sarah Bro





By [Mara Miller](#)

Tinder dates are out, and meeting people at fitness centers is in! In the latest [celebrity couple](#) and [celebrity dating](#) news, Zac Efron is dating Olympian Sarah Bro, according to *UsMagazine.com*. They were first spotted together in January at a fitness class in Los Angeles. They have since been spotted at a MMA Match together, and Bro posted a picture of flowers with two heart emojis on her Instagram stories on March 5th.

There's a new celebrity couple to focus on! What are some ways to keep your relationship under wraps until you're ready to go public?

Cupid's Advice:

Keeping your new relationship secret isn't a bad thing. It gives you and your new partner privacy. And if things don't

work out, you won't have to go into a big long explanation on what happened to family and friends. Cupid has some advice on ways to keep your new relationship a secret:

1. Limit social media posts: It's okay to take pictures together when you first start dating after you get serious. It's okay to enjoy dating for a while before you make the big announcement that you're in a new relationship. Save a few fun photos of yourself together and then post them online when you're ready to go public!

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2. Make time for friends: Be sure to make time to spend with your friends even though spending all of your time with your partner might be tempting. It's easy to neglect other relationships when you begin a new one, so be sure to make regular dinner dates or girls nights if you want to avoid suspicion about a new relationship until you're ready to let them know.

Related Link: [Celebrity Couple News: Justin Timberlake Posts Adorable Birthday Message for Jessica Biel](#)

3. Pick a neutral spot for dates: Don't go anywhere together where friends or coworkers may recognize you if you aren't ready for them to know about your relationship yet. You can take this time to find your new favorite restaurant with your new partner by exploring different towns or trying something you wouldn't usually try.

What are some other ways you can keep your relationship secret until you're ready for the public to know? Tell us in the comments below!

Celebrity Couple News: Zac Efron & Sami Miró Split After 2 Years Together



By [Cortney Moore](#)

In [celebrity relationship](#) news that no one saw coming, Zac Efron and his two-year long girlfriend Sami Miró have called it quits! The [celebrity couple](#) was last seen grocery shopping together on April 11, but have since been spotted individually at separate events in the past three weeks. This [celebrity news](#) is especially surprising since Efron was on *The Ellen DeGeneres Show* last month saying his relationship with Miró

was going “great,” while Miró tweeted from Coachella on Friday “Donde estas mi amor” (Where is my love?). According to People.com, Efron removed all photos of Miró from his Instagram account and has unfollowed her on social media. Hopefully this break-up wasn’t an ugly one!

This celebrity couple is no more. What are some ways to make a relationship work in the midst of stressful work lives?

Cupid’s Advice:

Work can be stressful enough as it is, and balancing a relationship at the same time makes it even more challenging. Cupid is here to help you keep your work life and relationship on track:

1. Mark your calendars: It’s important to keep track of your professional and personal schedules. Taking time to compare your calendar to your partner’s will help both of you coordinate free time, while also making sure you keep track of your work duties.

Related Link: [Celebrity Couple Brad Pitt and Angelina Jolie Are Filming a New Movie Together](#)

2. Set up dates: When you and your partner have found times you’re both available, planning a few dates are in order. Adding some romance and fun will help combat any stress you may be experiencing at work.

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

3. Include your partner: If there isn’t any time for a date,

take time to speak with your partner about work. Your partner may be able to offer some valuable input, and you will feel less stressed when you're allowed to vent. Including each other in what is going on in your work lives will make you feel closer even if you're on different career paths.

Have experience balancing work life and your relationship? Share your stories below.

Five Celebs Who Are Infamous for Dating Their Co-Stars



By Meranda Yslas

When you're shooting a film or prepping for another season of a TV show, you spend a lot of time with your coworkers. More often than not, a celebrity relationship begins to form on set. In fact, most celebs have dated a co-star or two.

Cupid has five celebs who are infamous for dating their co-stars.

1. Nina Dobrev and [Ian Somerhalder](#): The stars of *The Vampire Diaries* dated for three years before announcing their celebrity break-up in May 2013. Even though they separated, the two remain good friends.

Related Link: [Nina Dobrev Admits to Fighting Feelings for Costar Ian Somerhalder](#)

2. [Blake Lively](#) and Penn Badgley: Dan and Serena from *Gossip Girl* had a romantic relationship on-screen, and so did the celebs who played them off-screen. After three years of dating, the Hollywood couple called it quits in 2010, but remained friendly with each other while the show continued until 2012.

3. Chad Michael Murray and Sophia Bush: Not only did these co-stars date, but they even had a celebrity wedding! Unfortunately their marriage didn't last long and was annulled after five short months.

Related Link: [Sophia Bush and Topher Grace are Just Friends](#)

4. Jennifer Carpenter and Michael C. Hall: The stars of the show *Dexter* were married for three years before getting a celebrity divorce in 2011. Even after splitting, both actors spoke positively about maintaining a professional and friendly relationship with each other.

5. Zac Efron and Vanessa Hudgens: In 2005 these two celebs met

while filming the first *High School Musical*. For five years they remained in a romantic relationship before ending it in 2010.

Is there co-stars turned famous couple that we missed? Share below.

New Celebrity Couple Zac Efron and Sami Miro Spotted Out and About



By Maggie Manfredi

Hollywood's hottie is back in the throes of love! According to UsMagazine.com, Zac Efron has been spotted sporting a new lady, Sami Miro, on his arm. Matching ensembles, dining out and traveling together, this new [celebrity couple](#) seems to be quite in sync. A source reported, "Zac is dating Sami, but it isn't serious." After his short relationship with actress Michelle Rodriguez, it seems Efron is enjoying being young and getting his casual dating on. We can't wait to see where this celebrity romance is headed!

What are some ways to ease into a relationship and love like this new celebrity couple?

Cupid's Advice:

Things moving too fast? Cupid has some dating advice on slowing down your relationship and love:

1. Proceed to party: Getting to know someone should be fun, and falling in love can be the best feeling in the world, but there is no need to push it. When starting something new, just enjoy yourselves! Get together in groups and keep it casual.

Related Link: [Justin Timberlake and Jessica Biel Explore New Zealand](#)

2. Get to know each other: Just because he pays for dinner or she reaches for the check doesn't mean they are perfect for you. Make sure you are really getting to know each other during your dates. Here's some love advice to consider: Skip the movies and take a walk in the park, so you can chat and laugh together.

Related Link: [Lea Michele Posts Loving Instagram Pic With New Boyfriend Matthew Paetz](#)

3. Stay out of the bedroom: In order to ease into a partnership, you need to avoid taking things too far, too early. In order to build mutual respect, set the precedent of keeping your dates PG-13 in the beginning. Wait until you feel confident and comfortable with the other person to be intimate.

How do you take things slow at the start of a new relationship and love? Tell us in the comments below!

Celebrity Couple Predictions: Sofia Vergara, Charlize Theron and Zac Efron





By [Shoshi](#)

For today's celebrity couple predictions, we're looking at one pair that caused speculation as merely a rebound, one that sparked initial doubt from the public but may turn out to be the real thing, and one that's still in the first stages but looks promising.

Sofia Vergara and Joe Manganiello: When Sofia Vergara was first spotted getting up close and personal with *True Blood* star Joe Manganiello, they were declared the hottest couple in Hollywood. Within minutes, Kimye got dethroned as the "It" couple and became yesterday's news.

These two actors make an interesting match. On paper, they're a ten – with their looks, money, charm, and success. However, their relationship doesn't look like it has lasting power. As a matter of fact, it looks more like a publicity move. This isn't to say that Vergara and Manganiello don't enjoy each other's company, but it benefits both of them to be seen together.

Vergara is not about to get serious with anyone. She is still getting over her relationship with her shady ex-fiancé. You know the saying: The best way to get over a man is to get under another one! Manganiello is the best kind of rebound guy – totally hot and a lot of fun.

For now, this couple is just enjoying some time together and making headlines. Don't expect a wedding invitation from them anytime soon though.

Related Link: [Sofia Vergara and Joe Manganiello Pack on PDA on Double Date](#)

Charlize Theron and Sean Penn: Could it be that bad boy Sean Penn has actually been calmed down by love? Throughout the years, the actor has made headlines for his turbulent relationships with Madonna and Robin Wright Penn. While he was married to Wright Penn for fourteen years, they separated numerous times, which eventually ended in divorce.

The first few times that Penn was spotted with Theron, it was hard to believe since she normally dates the clean cut type. Plus, she's a single mother, so what would she be doing with him? The media then assumed it would be a short-lived fling, but now, it looks like this couple is headed down the alter.

For the first time in years, Penn actually looks happy. He is smiling in pictures all of the time, something that was rarely seen before. There are even adorable photos of him with Theron's adopted son, Jackson.

It looks like the marriage rumors could be very valid. However, if they do wed, it will be an intimate ceremony in the fall. There will not be any big announcements, just the two of them with friends and family.

Related Link: [Are Charlize Theron and Sean Penn Engaged?](#)

Zac Efron and Michelle Rodriguez: The first time the cameras

caught Zac Efron and Michelle Rodriguez all over each other, they were making out on a yacht. The last known relationship that Rodriguez had was with model Cara Delevingne. At this point, there has not been a statement that Efron and Rodriguez are officially dating; however, the hot photos of them keep coming.

When I look at what is going on between this duo, their attraction to each other is mutual respect and support. While the media keeps saying that it may be a bad idea for them to be together, she may be just the thing that the actor needs. If anyone can understand his drug addiction, it's Rodriguez, who has had issues with drugs herself.

For now, this relationship will stay low-profile, as it's one that Efron is not ready to share with the world. With Rodriguez, he gets to be exactly who he is without any pressure, which is exactly what he wants right now.

For more information on Shoshi, click [here](#).

Zac Efron and Michelle Rodriguez Amp Up PDA in Spain





By Shannon Seibert

This weekend Zac Efron was spotted with his arm draped over his hot new flame, Michelle Rodriguez. The pair was whisked away to Ibiza, Spain where they cuddled and turned up the PDA on the beach of the Mediterranean island. They played together in the water, walked along the beach, and even took the jet ski for a spin. According to UsMagazine.com Michelle and Zac have great chemistry, so it looks like this hot new couple will be around for a little longer!

What are some ways vacation can bring you closer together as a couple?

Cupid's Advice:

The perfect getaway can spice up your love life. A tropical paradise, a cozy cabin in the woods, or even the right mountain can spark a flame that you cannot at home. Vacations are an easy way to break free of the everyday work routine. You have no other choice but to focus on the person you're with, which is why these three elements of a vacation are so

crucial:

1. It creates a feeling of seclusion and intimacy: Vacations are perfect because they're all about escaping reality for a short while. When you and your honey travel together, there is an aura of seclusion that engulfs you. It's exciting to think that for miles the both of you only know each other. Nothing is familiar, so you make this place your own.

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2. It allows you to have deeper conversations: When you're away from the hustle and bustle of your home life, you're able to find yourself focusing on topics of conversation that you may not have been able otherwise. The beach breeze coaxes deeper thoughts out of your mind that will flow freely like the waves of the sea. Relax and enjoy exploring the mind of your significant other.

Related: [Report: Kim Kardashian and Brandon Jenner Kissed 'Back in the Day'](#)

3. Time isn't an issue: Vacations don't typically have set schedules, therefore you and your partner are able to move through activities at your own leisure. This way you and your man can discover fun activities that you both agree on, which can give you new experiences to build on. You may not be able to climb a mountain at home but here you can build some muscle, as well as solidarity within your relationship.

How has vacations brought you closer to your partner? Share your stories with us in the comments below!

When is it Time to Face Your Past?



By Jane Greer, Ph.D. for GalTime

Dealing with Evidence of Exes

Mirror Mirror star Lily Collins was seen recently in pictures with Jamie Campbell Bower, taken while filming a movie together in Canada. That's a change. We're used to seeing Lily in photos with Zac Efron. But rumor has it that Lily and Zac have now split.

Celebrities get together and break up in front of the camera all the time. But these days you don't have to be a star to see your new love interest with an ex. With all the social media that comes into play today, it might be too easy to

witness the relationship that came before yours. So what does this mean for your romantic future? And when, if ever, is it OK to talk about it?

In the old days, break-ups were much cleaner. Sure, there might be some old photos of an ex stuck in a box somewhere, but you would have to really snoop to find those. Now all you have to do is go to your new boyfriend or girlfriend's Facebook page.

First, if you are the one leaving those old photos up, it's time to take them down. You don't have to destroy them. Maybe you can just move them to a private file on your computer. If, however, you are the one left to see your new flame with his or her old one, the first thing I'd suggest is to talk about it. There is a chance your partner isn't aware the photos are up. If he or she leaves them there intentionally, don't become angry or try to force their removal. Instead, keep those pics in mind. Know that they're an indication that your new lover hasn't made a clean break. As your partner asks you to go further into a relationship, remember those images and hold back a little in an effort to protect yourself. Until he or she hits that delete button, the person won't be ready to fully move forward.

Celebrities like Lily and Jamie might not have control over the photos that end up in the magazines, but everyone has control over their Facebook pages.

Stars and their Pets: Dating

and Mating Habits



By Alejandro Russo

You might follow the love lives of stars, but have you ever wondered what their pet choices say about them and their dating habits? A new study sponsored by [Klooff.com](https://www.klooff.com), the app for pet owners, could explain why Jennifer Aniston had such a hard time finding and keeping a good man after Brad Pitt, and why Paris Hilton has an endless string of boyfriends: it's their dogs. Klooff.com surveyed 1,000 people and found that certain breeds were the most popular when finding a date or when just looking for a casual fling. Consider how these dogs can change your appearance to the other sex:

Related: [Kristen Stewart Calls Robert Pattinson's Dog a Baby](#)

1. Dogs that make you seem like boyfriend material: The survey found that the top dog breeds to attract women were German shepherds, Golden retrievers, Labrador retrievers, Siberian huskies and French bulldogs. Respondents noted that they were over ten times more likely to see a man who owns a golden retriever as being “marriage material” than someone who owns a pit bull. This can explain why the ladies love Ryan Reynolds, who owns a golden retriever mix named Baxter, and Zac Efron, who is often seen with Puppy, his Australian shepherd. Plus, those who own a Siberian husky are viewed as more manly than those who own bulldogs: a perplexing fact when you consider that Justin Bieber has a husky and Brad Pitt has a bulldog.

2. Dogs that make you seem like girlfriend material: To attract a man, the survey found that women who own Golden retrievers, Labrador retrievers, Chihuahuas, poodles and beagles were most effective. However, Golden retriever owners are significantly more likely to be viewed as the sort of woman who men would like as a girlfriend than those who own Chihuahuas. Kristin Davis, Sheryl Crow, Eliza Dushku, Anna Paquin and America Ferrera are all women who have this very appealing dog.

Related: [Miley Cyrus and Liam Hemsworth Get Cuddly With Dog Ziggy](#)

3. Dogs that make you seem like a one-night stand: So what about Chihuahuas? Their owners, like Paris Hilton, aren't usually perceived in the best light. Most people thought that Chihuahua owners were more likely to be dumb and “just a one-night stand” than those who owned any other breed. Of course, if you're looking for hook-ups, this might not be a problem: Chihuahuas are still very attractive to men.

Alejandro Russo is the CEO of Klooff, the premier app for pet loves. It lets users express themselves and show off their pets in a fun and stylish way. With Klooff, users can create profiles for their pets, post pics of them to Facebook and

create cool custom products featuring their lovable pooches and kitties.

Is That You, Mr. Right?



By Melissa Caballero

Is there such a thing as 'Mr. Right?' Hollywood and the movie producers have made us to believe so! It is very difficult to sift through reality and sweep our fantasies under the rug when it comes to our own personal love lives. We watch our favorite female celebrities being lifted off their feet (many times) on the big screen while riding off into the night hand-in-hand with a George Clooney or Zac Efron while we are left

drooling and fantasizing about our own love story. We leave the movie theater captivated by this notion of 'Mr. Right,' and we're deceived by love more than ever. Let's take a look at a few important factors to keep in mind when aiming to find your 'Mr. Right':

1. Reality vs. the big screen. It's important to take the concept of 'Mr. Right' off of a pedestal. While finding love is a wonderful thing and we are creatures who were made to share this emotion, the reality of how love can exist escapes us. We take mental notes while watching movies and make bullet points of all the things we think are important to find in a man, ultimately fabricating in our minds this person we call 'Mr. Right.' We all need to accept that love comes in many different shapes and sizes and usually in the most unexpected places. These places are often times not found in the movies. Keep an open mind, and you may find yourself pleasantly surprised by what comes your way.

Related: [Do Fairytale Relationships Only Exist in Hollywood?](#)

2. The man resume. When you're dating or analyzing the relationship you are already in, we all have a set of standards and guidelines. However, if you only like his qualities because they look good on paper, you may get caught up in thinking he is "the one." We get so wrapped up in the fantasies we have created for ourselves that we forget to see him for who he really is instead of someone you may or may not be able to grow with in the future.

3. Love yourself. You are the most important person, so be right for yourself first. Finding the right man will not make you happy in the long run, despite what you may think. A man will not fill the voids in your life, so that's why it's essential to love who you are inside and out, alone or in a relationship. Whether your physical appearance has you troubled or you find yourself wishing you went back to school

for another degree; go out and do something about it! Once you embrace yourself for everything you are, you will shine, and that is sexy to any guy.

Related: [It's Time to Stop Asking, 'When Will It Be My Turn?'](#)

4. Never settle. You should never feel that you have to modify yourself in order to fit the needs of any man. If you are not being yourself in an effort not to lose him, it will start to catch up to you and cause an eruption of frustration and unhappiness. While a man may not be able to fill our internal voids, he should be encouraging you to be yourself, and no conflicts should arise because of it. In the beginning of a relationship, those couples that are right for each other will come across far less problems and issues. And, even when you do face troubles, getting out of it will be must faster. When you find the right person to share your life with, they will only enhance your true self.

What do you look for when searching for 'Mr. Right?' Share your comments below.

'The Lucky One' is Perfect for Spring Romance





From Nicholas Sparks, the author who wrote *The Notebook* and *Dear John*, comes this romantic tale starring heartthrob Zac Efron. The *High School Musical* star plays Logan, an Iraq war veteran who claims to have survived for one reason, a picture he found a girl he does not know. After the war, he goes to find his savior. It turns out her name is Beth, and Logan ends up working at her family's kennel. Romance develops between the two and could lead to true love. *The Lucky One* looks to be a perfect spring romance film.

Should You See It? If you need a romance fix or just feeling having a good time at the movies then absolutely. This film should be a fun romance flick to get away from reality for a few hours.

Who To Take: This is a great one to take your mom to. It should be a fun bonding experience, but you could also take your friends. Unless your significant other is a big romance fan, this is a date movie that might bore them.

Do you have trust issues? Here are some tips on how to be more

trustworthy so that love can enter your life more freely.

In *The Lucky One*, Beth does not immediately trust Logan when he shows up on her doorstep. But the story develops in a way that she learns to trust him. This reflects how a lot of people live their lives, except they fail to let their guard down for someone who could be very special. Here are some tips on how not to do that.

1. Don't judge them right away. There is a lot under the surface of a person, but sometimes when we first see someone all we perceive is the surface. Try to be open minded and give them a legitimate person if they had the courage to personally seek you out.

2. Listen to your friends. Sometimes our friends have better insights into our own lives than we do. If they think someone is right for you then perhaps you should give it a try.

3. Trust yourself. Do you keep making excuses for why it wouldn't work? That usually means you are scared. Let them in and give this thing a shot. You never know until you at least try. If any part of you wants to try it, then it is worth it.

Have you gotten over trust issues before? Share your experiences below!

Are Zac Efron and Lily Collins A Perfect Pair?





Lily Collins recently revealed what she is looking for in a guy, even though she has been spending a lot of time with Zac Efron since Valentine's Day. "Prince Charming is someone that can make you laugh no matter what," Collins told reporters on Tuesday, according to [People](#). "The thought of them makes you smile." Collins claimed she was speaking generally, however she shared a few specific traits. "I'm looking for someone that's open to spontaneity and not close-minded and makes you feel like being you is enough," said Collins. Efron told reporters that laughter is key for him as well. "I like humor and spontaneity and something you wouldn't expect. I'm a big practical joker, and you can make [practical jokes] very romantic," said Efron. Collins was spotted out Tuesday night talking with one of Efron's close friends, but not Efron himself.

How do you know if someone is a good match for you?

Cupid's Advice:

Knowing someone is a good match for you is a feeling. That said, here are a few tell-tale signs that you're with the

right person:

1. You're always smiling: When you can't keep yourself from smiling while being around your new partner or even just talking about them, you are definitely with the right person.

2. You talk about them non-stop: If your friends are sick of hearing about how funny your new man's jokes are, you are surely talking about him too much. Although this may be annoying for your girlfriends, it's just another sign that you are stepping in the right direction in your relationship.

3. Free time is designated for them: Filling up the time you used to spend painting your nails with your new sweetheart is an excellent sign. This is especially true if your new partner is trying to spend as much time with you as possible as well.

How did you know you and your partner were a good match? Share your stories below.

Is Zac Efron Dating 'Mirror Mirror' Star Lily Collins?





It looks as if Zac Efron may have a new woman in his life. According to [People](#), Lily Collins, 22, the star of the upcoming film *Mirror Mirror*, was spotted having dinner with Efron in Los Angeles at STK on Saturday night. A source says the couple arrived together holding hands. They were there to celebrate one of Efron's friend's birthdays. After having a drink at the bar, they joined the birthday party on the patio. To clear up any confusion about Demi Moore and her daughter Rumer, Efron told [Extra](#), "Me and Rumer have been friends for a long time. I know Demi is going through some personal stuff right now. I just wish her well. I hope she's doing okay."

What are three strong dinner date conversational points?

Cupid's Advice:

Being nervous about a dinner date is perfectly normal. Conversation can be a serious challenge when your nerves have the best of you. Here are some great go-to points to discuss:

1. Education: Discussing your college life can be a great way

to get to know someone. Uncovering that your date was a music major may make you 10 times more interested. Sharing his experiences can give you a new outlook, as well as a great way to get to know one another.

2. Work: Knowing what your new man does for a living is a deal changer. However, don't let work steer the entire conversation, as it would get boring very quickly. Bring up how much you enjoy your job as a nurse, but don't give any gruesome emergency rooms horror stories.

3. Hobbies: Talking about what you love to do in your spare time is the number one way to get to know someone. Maybe you both enjoy skiing, or biking. Either way, once you discover what you have in common, your conversation will steer itself in the right direction.

What are your dinner date conversational points? Share your stories below.

Celebrity Couples Who Look Hot At a Pool Party





By Diamon Hall

Celebrities might have busy schedules, but as soon as they get a break, they take full advantage of it with fun-filled vacations. Snapshots of poolside parties and romantic strolls on the beach hit the tabloids each day, documenting their experiences. Take a look at our list of five hot famous couples at some of the top vacation spots:

1. Ryan Seacrest and Julianne Hough: *American Idol* personality, Ryan Seacrest, and his young hottie, *Rock of Ages* star Julianne Hough, took some time off from the big screen to enjoy a vacation together. Hough, 22 and her man, Seacrest, 36, were spotted jet skiing together in Miami. “The couple said they had spent so many days apart, they really wanted to chill,” a source told *People*. Well, they certainly couldn’t stay apart on this fun-filled escape.

2. Ciara and Amar’e Stoudemire: R&B singer Ciara showed off her “goodies” on Miami Beach with her new honey, New York Knicks star Amar’e Stoudemire. Ciara certainly wasn’t the only one showing off her body though. Stoudemire trotted through the sand shirtless, but with New York Knicks shorts on

and flaunting his many tattoos. Nothing shows off a new couple better than a beachside vacay.

3. Ashley Tisdale and Zac Efron: Ashley Tisdale enjoyed her 26th birthday beachside with *High School Musical* costar Zac Efron, according to *People*. The 23-year-old hottie, Efron, was spotted giving Tisdale a piggyback ride as the two marked the VnC Cocktails and Heineken Light-sponsored milestone in Malibu, Calif. "So happy zacary made it to my party," Tisdale tweeted.

4. Katie Holmes and Tom Cruise: These two hot stars took a splash in the water on a beach side getaway. Holmes, 31, showed off her bikini body while lounging by the pool in Miami Beach, Fla. Holmes certainly didn't let her sexiness go to waste and gave hubby Tom Cruise, 48, a passionate kiss.

5. Channing Tatum and Jenna Dewan: This Hollywood couple was spotted along the shore during their stay at Viceroy Anguilla in the Caribbean. Both are usually seen on the big screen, but decided to get away and take a dip in the tropical islands.

Who doesn't love to kick back and relax on enjoyable vacations? These popular couples took their escapes to a much higher level. Working in Hollywood can be very hectic, so we definitely don't blame them!

Has Vanessa Hudgens Moved On?





High School Musical star Vanessa Hudgens is all grown up and has a new man. According to [People](#), the brunette beauty has been seen at Hollywood awards shows and premieres with Josh Hutcherson from the Oscar Award Winning film, *The Kids are Alright*. This new development came just a few weeks Vanessa Hudgens' ex, Zac Efron, was seen heating it up with actress, Teresa Palmer.

How long do you wait before moving on after a split?

Cupid's Advice:

Mourning is important after a breakup, but try to keep it to a minimum. Life is short. Don't waste it being sad over someone who probably wasn't worth it in the first place:

- 1. Instant gratification:** If you are one of those rare people who can get over a breakup immediately, the more power to you.
- 2. Waiting too long is unhealthy:** If a month has gone by and you still haven't gotten over your ex, you may want to consider seeking professional help.

3. Give it a week: If you need to give yourself a week to get yourself together, go for it. However, when your time is up, there are no extensions.

Zac Efron's Night Out Without Vanessa Hudgens



It looks like Zac Efron is finally over Vanessa Hudgens, despite a brief rumored reconciliation. [People](#) reports that Efron, 23, accompanied actress Teresa Palmer, 24, to a screening of her movie *Take Me Home Tonight*. The twosome then continued their night out at Voyeur nightclub in West Hollywood where, "Zac chatted with Teresa for awhile," says a

source. “She leaned in close so she could hear over the music [while Zac was] smiling and slightly flirting with her.” Efron and Hudgens, 22, ended their four-year relationship in December.

How quickly should you move on after a break-up?

Cupid’s Advice:

After a relationship ends, when is it healthy to start dating again? Everybody’s different, but Cupid has some tips on how to know when you’re ready:

- 1. Take time to recuperate:** Don’t start dating again after a breakup until you’ve had enough time to properly heal. If you don’t, you’ll end up in an unhealthy rebound relationship.
- 2. Do it for yourself:** Make sure you’re not jumping into a new relationship just to make your ex jealous. It’s unfair to your new partner and to yourself.
- 3. Don’t rush:** Take things slow with your new boyfriend or girlfriend. Think about what went wrong in your last relationship, and try not to make the same mistakes.

Spotted: Zac Efron and Vanessa Hudgens Together





Can separation actually bring people closer together? It looks like that may be the case for ex-celebrity couple Zac Efron and Vanessa Hudgens. According to *People*, the pair were “constantly touching and kissing each other” at Friday evening’s SHG’S Eden Hollywood opening. Efron and Hudgens announced their split in December, but appeared to be more than friends on the dance floor. “Vanessa was bopping around with her arms up while Zac had his hands all over her,” the source says. “Vanessa had a smile on from ear to ear and the two were inseparable after that.”

How can you hang out with an ex after a public breakup?

Cupid’s Advice:

When you and your ex make your breakup public, any contact you have from then on becomes the talk of the day. If you had a public breakup but want to continue to hang out, Cupid has some tips:

1. Be honest: If you don’t want the rumors to start, be up front. The best way to avoid talk is to tell your friends

honestly that you and your ex are starting to hang out again, and it's nothing more than that. The more you tell them, the less they have to make up.

2. Stay out of the limelight: For some people, it's easier to go with the low key approach and risk the rumors than to face their friends. If telling those close is too much pressure, keep it to yourself as long as possible.

3. Return to spotlight: The best way to start fresh with your ex is to make your make-up just as public as your breakup. Invite your friends when you hang out with your ex. That way you can avoid the stress of secrets and put all rumors to a halt.

Vanessa Hudgens Confirms Close Relationship with Ex, Zac Efron





Actress Vanessa Hudgens is not too distressed over her recent breakup with boyfriend of four years, Zac Efron. The actress spent Saturday night at Pure Night Club in Las Vegas, celebrating her 22nd birthday with BFFs Brittany Snow and Ashley Tisdale. When asked about her current relationship with Efron, the young actress told [People](#), "We're good." **How do you stay on good terms with your ex-partner?**

Cupid's Advice:

Staying friends with your ex after a breakup can be awkward, but it's much healthier (and easier to move on) if the two of you can remain on good terms. Here are a few tips to help continue a friendship:

1. Don't rush: It's best not to strike up a friendship immediately after your break up. Give each other some time and space. Start to rekindle your relationship after you've both had time to heal.

2. Date other people: Try dating around for a bit, even if it's nothing serious. This will help you avoid the temptation

to get back together with your ex-partner. If you wish to remain close, make sure you keep it strictly platonic.

3. Avoid talking about the breakup: Never bring up the past or your breakup with your ex. This conversation will only bring pain and possibly anger. It will strain your new friendship. Keep your conversations focused on the present and future.

Zac Efron and Vanessa Hudgens Split



Just like the end of the *High School Musical* saga, so ends the famous relationship that grew from it. After three years and

multiple duets, Zac Efron and Vanessa Hudgens are calling it quits, according to [Us Weekly](#). A source explains, saying, "They have been together for so long. It just ran its course. They are still talking and still friends. There's no drama. No one cheated. They just grew up." Some good things really do come to an end.

How do you tell when a relationship's run its course?

Cupid's Advice:

Sometimes, no matter how much you work at it, you can't make a relationship work. Here's how to tell when it's time to call it quits and move on:

- 1. The butterflies are gone:** If you never get excited to see your partner anymore, even after you've been apart for long period of time, it may be time to move on.
- 2. You don't have anything to talk about:** If you find yourself searching for things to talk about or feel like the two of you have nothing in common anymore, then you may have outgrown each other.
- 3. You can visualize a future without him:** If you can look ahead at your life and it doesn't include your current partner, it's probably a sign that it's just not meant to be.

Zac Efron's Night Out at the Strip Club



Actor Zac Efron spent a guy's night out at a local strip club in New York City, [People](#) reported last week. The *High School Musical* star told Jimmy Kimmel that the experience didn't live up to his expectations. "So I envisioned myself on a nice couch, stunna shades, with like T-Pain and Usher, you know, making it rain money," he said on the show. "And it just wasn't like that." But don't worry: before heading out, the 22-year-old called girlfriend Vanessa Hudgens to ask for permission.

What are some possible responses you can give your boyfriend if he asks permission to go to a strip club?

Cupid's Advice:

Even Efron agrees that there is no way to ask the strip club question without a mutual feeling of awkwardness. Let Cupid give you some pointers on dealing with this uncomfortable question:

1. Yes: This is probably the easiest answer. If he's asking for permission, it may benefit you to assume his intentions aren't bad, or that he is at least willing to admit to his bad intentions.

2. Yes, and honey... I love you: This answer may be the smartest answer. Just because he wants to indulge in this activity doesn't mean he loves you any less. The "I love you" at the end will hopefully keep you on his mind all night.

3. No: If no is your answer, you may be argued with. If you feel this answer is necessary to keep your dignity in tact, don't give in to his request.

Zac Efron In 'Charlie St. Cloud'





Charlie St. Cloud is a romantic movie based on Ben Sherwood's 2004 novel, *The Death and Life of Charlie St. Cloud*. The star of the movie, Zac Efron, plays Charlie, a young man grieving after a tragic car accident takes the life of his younger brother, Sam. Charlie remains connected to his brother's spirit, taking a caretaker job in the cemetery where Sam is buried so they can play catch and talk every night. The turning point is when Tess (Amanda Crew), comes into Charlie's life, and he's faced with the decision to let go of the past or move forward with his newfound love.

Does the past hold you back from falling in love?

Cupid's Advice:

When love comes into your life after a tragic loss, it can be hard to open your heart. The following are some ways you can begin to heal and love again:

1. Cope with the tragedy: In order to move forward with your life, it's important to first deal with the emotional pain of losing someone close to you. When a family member or friend dies, seek guidance from a professional, or find a support group that can help.

2. Visualize the future: Whether you walk alone or with a mate, positive visual exercises that focus on the future will give you strength as time goes by.

3. Refocus your energy: The good news is that meeting someone new can be a positive influence, mentally. Falling in love can boost your spirits, help release the pain of your tragedy, and help you to start living in the present again.

If you're dealing with the loss of a loved one and don't know where to turn, follow Cupid for more information about Coping with Grief and Loss.

Release Date: July 30

Zac Efron in No Rush to Wed





Looks like slow and steady might just win the race after all! The *Charlie St. Cloud* star, Zac Efron, recently confessed in an interview with [Extra TV](#) that he wants to wait before heading to the alter. The 22-year-old and his girlfriend, Disney star Vanessa Hudgens, 21, have been going strong for almost 5 years since the couple first met while filming the hit movie franchise *High School Musical*. Efron added, “I think I’ve always said I’m not gonna get married ’til I’m 30. I’m gonna wait. I wouldn’t want that kind of commitment or pressure at this point.”

How do you know if you’re ready to settle down?

Cupid’s Advice:

Some decisions are life altering. When comes time to make them, you don’t want to make a mistake. Cupid can help make sure you’re on the right path.

1. Foundation: Make sure it’s love, not lust. If you can stand all of your partner’s weirdest quirks, and handle them at their lowest, then it might be worth giving a chance. The

marriage doctors, Mr. and Mrs. Schmitz say, "...the simple truth is, most all successful marriages that stand the test of time, begin with love."

2. Values: Don't let your partner dwindle your beliefs. If you can't come to a compromise on how you feel about important issues, like how to raise future children, or opinions about ethical situations, then maybe it's time to take a step back in the relationship.

3. Simple: "A successful marriage is an accumulation of doing the simple things," the Schmitz' add. Does he hold the door open for you, or let it close behind him and slam you in the face? Does she rush home to tell you about her great day at work, but won't pay attention when you talk about your day? Consider these actions – they speak louder than words.