

David Foster Talks Life After Celebrity Divorce from Yolanda Hadid



By [Whitney Johnson](#)

Music producer David Foster recently opened up about his [celebrity divorce](#) from *Real Housewives of Beverly Hills* alum Yolanda Hadid and revealed that being single in his sixties is better than expected. According to [UsMagazine.com](#), in a recent interview with *Vanity Fair*, Foster candidly said, “I tend to go from marriage to marriage – leaving one wife for another. This is the first time in my adult life that I’ve been single. It’s a very powerful feeling, but I’m not used to it.” The former [celebrity couple](#) first announced their split in

December 2015, and Hadid officially filed for divorce the next month.

This celebrity divorce proves that being single is a “powerful feeling.” What are some ways to embrace being single?

Cupid's Advice:

For many people, it's tempting to jump from relationship to relationship, but sometimes, the best thing is just to focus on yourself. Take time to get to know who you are and what you want out of life. Whether you're recovering from heartbreak or happily enjoying your alone time, check out this love advice for three ways to embrace being single:

1. Be selfish: When you're in a relationship, it's important to compromise, but when you're single, it's okay to make it all about *you*. Watch your favorite movies. Read your favorite books. Spend your time however *you* want to spend it – and don't feel bad about it! Do whatever makes you happy.

Related Link: [Yolanda Foster Files for Celebrity Divorce from David Foster](#)

2. Focus on your non-romantic relationships: It's easy to let your friendships fall to the wayside when you're in love and wanting to be with your boyfriend 24/7. Now is the time to rebuild those relationships. Make an effort to grab coffee with an old college friend or throw a dinner party for your best girlfriends.

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3. Set new goals: Instead of wallowing in self-pity and loneliness, use this opportunity to better yourself. Professionally, go after that promotion at work, or if you're unhappy in your current job, look for a new one. Personally, train for a half-marathon, paint your bedroom a cheery yellow, or start writing that book. Just because you don't have someone by your side doesn't mean your life can't be happy and fulfilled.

How do you embrace being single? Share your love advice in the comments below!

Yolanda Foster Files for Celebrity Divorce from David Foster





By Abbi Comphe

Longtime [celebrity couple](#) Yolanda Foster and David Foster are finally calling it quits. According to [UsMagazine.com](#), Yolanda has officially filed for [celebrity divorce](#) from her husband. *The Real Housewives of Beverly Hills* star was very sad to announce her [celebrity relationship](#) is coming to an end after 9 years together.

This celebrity divorce was just a matter of time, given the couple's split. How do you know when you're ready to get a divorce?

Cupid's Advice:

Some people just aren't meant to be. Some people marry too fast or they just realize they don't truly know the person they are with. Cupid has some advice on how to know when you're ready to get a divorce:

1. Arguing: If you can hardly talk to each other without it ending in a fight, then it is time to call it quits. It is normal and healthy to argue, but not if it is every single day.

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2. Not happy: You just aren't happy with yourself or your partner. You feel as if you have lost who you are. In order to find yourself, you must let go and find that happiness again.

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3. Freedom: When you think of being alone, it sounds like heaven. Freedom is so close, and you can smell it. You don't feel the need to be with your partner every day. That is when you know it is time to let go of them.

When do you think it is time to call it quits in a relationship? Comment below!

Celebrity News: Yolanda Foster Says Ex David Foster 'Probably Saved My Life'





By Kyanah Murphy

The holiday season can really bring gratitude to people, celebrities included. Though they recently went through a [celebrity break-up](#), the latest [celebrity news](#) from [UsMagazine.com](#) reveals that Yolanda Foster and her now ex David Foster are still on good terms as Yolanda commented that her ex probably saved her life in a recent blog post. As Yolanda reminisced about the holidays spent with her family, she shared that David Foster made her do a full body scan before continuing treatment for her Lyme disease. Yolanda notes that the full body scan results really helped her make progress in her battle of her chronic illness. Though this celebrity couple is no more, it's wonderful to see that both Yolanda and David still care for one another.

In latest celebrity news, these exes aren't throwing punches. What

are some ways to throw anger away in the midst of divorce or a break-up?

Cupid's Advice:

This celebrity news reminds us that just because we may be going through a split does not mean we have to be angry at our now ex partners. If you're struggling with getting rid of your anger, Cupid has three tips on how to help you see less red:

1. Remember the good times: The relationship wasn't all bad, as you were once with your ex and happy. Think back on those times and appreciate the good times and happiness that you both shared.

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2. Forgive: You've made mistakes and your ex has made mistakes. It's important to forgive yourself and your ex for the mistakes you've both made and learn from them. It'll help give you peace and help you be a better partner in the future.

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3. Look inside: Ask yourself why you are angry. Assess it. Ask yourself how does being angry benefit you? Ask yourself what you hope to gain out of your anger. Why can't you let go? Though hard to do, by looking inward, we can help find peace and forgiveness which will ultimately help you accept what has happened and move on.

How did you put aside your anger regarding your split from your partner? What did you focus on instead? Comment below!

Celebrity Divorce: Yolanda Foster Addresses Pain of Divorce in Instagram Post



By [Jessica DeRubbo](#)

Yolanda Foster recently spoke out about the pain of her [celebrity divorce](#) from David Foster via an Instagram post on Sunday, Dec. 13. According to [UsMagazine.com](#), the caption of the photo is, "Note to self. Sometimes your heart needs more time to accept what your mind already knows." A source said, "It didn't make sense to stay together," adding that David is the one who pushed for the divorce because he felt that the

union “wasn’t a marriage.” Despite the former [celebrity couple](#)’s split, Yolanda still looks back on the relationship positively. “We had a beautiful love story that I will treasure forever,” she said.

Celebrity divorce or not, a marriage dissolving is painful business. What are some ways to cope with heartbreak in the wake of a divorce?

Cupid’s Advice:

When marriage ends, there’s no getting around the pain. That being said, there are certainly different ways to cope with it. Cupid has some [relationship advice](#):

1. Know you’re not alone: The worst thing you can do is hole up at home with a tub of ice cream with no one you love around you. Okay, maybe it’s okay for the first day or two, but then consider inviting some friends or family over to hang out! They know you well, and just their presence will remind you there are other people out there who care. Plus, you’re not the only one who has gone through a divorce. If they can get through it, so can you.

Related Link: [5 Lessons to Learn from Celebrity Divorce](#)

2. Maintain your normal routine: Getting on with life, even if you don’t feel like it, is one of the best ways to cope with a broken heart. Going to work, working out at the gym, cooking dinner, etc. will help you realize that life truly does go on.

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3. Believe: You may be tempted to think, “I’m never going to get through this.” Try your best to believe the opposite. You’ll get through the pain of heartbreak and emerge on the other side a stronger person.

What are some other ways to cope with the pain of heartbreak? Share your thoughts below.

Celebrity Divorce: Yolanda Foster & David Foster Announce Split



By Kyanah Murphy

Sometimes relationships don't work out, no matter how hard you try. According to [UsMagazine.com](https://www.usmagazine.com), the latest [celebrity news](#) is that celebrity couple Yolanda Foster and David Foster are calling it quits. The [celebrity divorce](#) comes after four years of marriage. Busy schedules and Yolanda's lyme disease contributed to the celebrity divorce. Despite it all, the former celebrity couple says they did their best to make their celebrity relationship work.

This celebrity divorce comes after the couple "did their best." What are some ways to nurture a failing relationship?

Cupid's Advice:

Even celebrity divorce is inevitable, even if you do your best. It's truly unfortunate. As you're on the last leg of your relationship, here are three tips to help nurture your failing relationship:

1. Be honest: Be honest with your former partner. Share what you did not receive in the relationship and what kind of relationship you're looking for. Be as clear as possible.

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2. Make a gradual transition: Gradually transition from lovers to friends. You may want to cut all ties with your former partner but that may not be the right thing to do. Instead, slowly reduce contact until you reach a comfortable level. After all, not all relationships end on bad terms.

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3. Take some deep breaths: You might be feeling a lot of negative emotions, but don't let them get the better of you! Instead, take some deep breath and think things through. Definitely sleep on them. You don't want to do something that you'll end up regretting.

How have you nurtured your failing relationship? Comment below!

Celebrity News: Yolanda Foster Hangs With Daughters Gigi and Bella Hadid and Their Boyfriends





By [Katie Gray](#)

This celebrity news is keeping it in the family! Yolanda Foster, star of *The Real Housewives of Beverly Hills*, recently hung out with her daughters Gigi and Bella Hadid, as well as their boyfriends. These [celebrity couples](#) are keeping family time alive. According to [UsMagazine.com](#), they all got together in celebration of Bella's 19th birthday. Gigi is dating Joe Jonas and Bella is dating The Weekend.

This celebrity news is a family affair! What are some ways to keep your family involved in your relationship?

Cupid's Advice:

Family is always the most important thing in life. This means that you have to find ways to keep them involved with your relationships. Cupid has some relationship advice:

1. Bonding time: Having your relatives get a chance to bond with you and your partner together is a great way for them to be involved in the relationship. They will get the opportunity to really know them, which is important since you really like them. Go to dinner, or check out family-friendly seasonal festivals or activities (i.e. visit a pumpkin patch in the fall).

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2. Share stories: When you're dating someone, share stories about the experience with your family members. This makes them feel involved in your relationship, and they are up to date on everything going on.

Related Link: [Celebrity Couple Sandra Bullock and Bryan Randall Share Cozy Minute](#)

3. Family dinners: What could be better than food and family? A nice way to keep your family involved in your relationship is by having a weekly family dinner that your partner attends as well. It's the perfect way to get to know each other in a relaxed atmosphere with good eats.

How have you kept your family involved in your relationships? Share your stories below!