

Jamie Dornan Says Celebrity Love Amelia Warner Does Not Want to See 'Fifty Shades of Grey'



By [Whitney Johnson](#)

Of all the women who will be heading to theaters this weekend to see *Fifty Shades of Grey*, we know one who will be steering clear of the erotic film: star Jamie Dornan's celebrity love, Amelia Warner. According to [UsMagazine.com](#), the actor says it only makes sense that his wife wouldn't want to watch his sexual scenes. "I am not going to put any pressure on her either way. It's her decision," he explained in a recent interview with *USA Today*. "She's well aware that it's pretend,

but it's probably not that comfortable to watch."

Famous couple Jamie Dornan and his celebrity love Amelia Warner are working out a way to support each other, even when it's uncomfortable. What are some ways to support your partner from afar?

Cupid's Advice:

Showing support for your partner and their career is important to any relationship, but sometimes, it can be complicated, as famous couple Dornan and Warner is learning. Cupid has some dating advice to help you show that you care from a distance:

1. Write each other private notes: A little gesture like a handwritten letter – or even just a Post-It note! – goes a long way. While Dornan's celebrity love may not want to attend a screening of the movie with him, she can hide a sweet love note in his pocket or suitcase for him to read while they're apart.

Related Link: [Matthew McConaughey Thanks Wife Camila Alves for Motivation](#)

2. Send flowers or gifts: If your partner travels for his or her job and has a big presentation or show coming up, send your support via a bouquet of flowers or small thoughtful gift. It will show your partner that you're thinking about them.

Related Link: [Hollywood Couple: Diane Kruger Adorably Freaks Out Over Longtime Boyfriend Joshua Jackson's Golden Globes Win](#)

3. Skype, and utilize social media: Technology is key these days. Show your support from afar by logging into Skype and having a face-to-face interaction with your significant other. You can also utilize social media platforms like Facebook or Twitter to announce your support for your partner to the world.

What are some other ways to show you care from afar? Share your thoughts below.

Celebrity Interview: Model CariDee English Is “Off the Market Officially!”





Interview by [Whitney Johnson](#). Written by [Rebecca White](#).

You may recognize CariDee English as the season 7 winner of *America's Next Top Model*, but she has come a long way in her career since 2006. In our [celebrity interview](#), the former reality TV star opens up about her current boyfriend, her struggle with Psoriasis and how it has affected her relationships and love life, and the upcoming music video that she stars in. Plus, she shares her best fashion and beauty tips for your next date night.

CariDee English Opens Up About Her Relationship and Love Life

Sorry, guys: This beautiful blonde is “off the market officially.” She’s been dating musician Ian Rubin since they ran into each other at a Halloween party, but she admits that she “stalked him on Instagram for a couple of years” first. Given their shared passion for music, particularly drumming, she says, “I love the way he worked. First and foremost, I was in love with the artist in him.”

For women trying to find the courage to make the first move, take a cue from English: After she realized Rubin was flirting with her, she took the reins. “I definitely approached him. I picked him up 100 percent,” she shares. The couple has been together ever since!

Related Link: [Bobbie Thomas on Date Night Fashion: “If You’re Looking to Have a Good Time, Don’t Be Uncomfortable!”](#)

Since both of them travel often for work, they have to take advantage of date nights when they can. The models says her perfect time with her man is when she doesn’t have to share him with anyone else. She elaborates, “With work, we’re constantly out with other people, so it’s just nice to get all of his attention.”

When it comes to her three must-haves in a partner, English knows exactly what she wants: He needs a job; he needs to share some of her passions and interests; and most importantly, he needs to be loyal. “I can’t stress it enough: You can have the hottest guy with the best job, but if he’s not loyal, you’re gonna feel like shit,” she says in our celebrity interview.

Former Reality TV Star Shares Dating Advice in Celebrity Interview

Many fans now know English from the often-played Stelara commercials. Given her role as spokesperson for the medicine, it’s no surprise that she’s very candid when discussing her Psoriasis, which she’s had since she was five years old. “It really impacted my dating life. It’s the biggest reason why I’m so cool and half the reason why it took so long to lose my virginity,” she says with a laugh. “It’s something that you can’t cover up, and it’s something that you can feel

to the touch.”

While not all of us struggle with something like Psoriasis, the North Dakota native recognizes that, “as women, we are always going to be uncomfortable about something.” She encourages you to “embrace whatever it is that’s less than perfect. The best way to find confidence is just to put time into yourself.” Something as simple as taking a walk two times a week can help you feel more in tune with yourself. “That automatically makes you feel more comfortable when it comes time to reveal your body in front of a partner,” she adds.

Related Link: [‘Bachelorette’ Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

English also believes that it’s important to share your insecurities with your partner once you are comfortable with them, even though the fear of rejection is so high. “They’re only going to love you more. I guarantee that,” she shares.

Of course, as much as you work on inner confidence, you’re outer appearance also affects how you ultimately feel. “Confidence comes from within, but it will show on the outside,” the model says. “Whenever I’m not feeling all that sure of myself, I’ll wear a bright lip or a powerful color like red and throw in a little extra time on my hair.” Whatever you do, don’t give into your self-doubt and decide not to go out. “Don’t let your insecurity win. Beat it with a punch – a punch of color,” she says.

If all else fails, English recommends wearing something black. “It’ll make you feel slinky and smooth and slender. It kind of makes you feel like a bad ass,” the star divulges. “A great leather jacket will go a long way to improve your mood too.”

To add a little pizzazz to your dating life, try something new when it comes to your beauty routine. It can be as simple as putting on a new lipstick or as drastic as changing your hair color. Whatever you decide to do, English says, “Just commit

to it. Go for it 100 percent and wear it with no apologies.”

Related Link: [Dating Advice: 5 Tips for Awesome Lips for Your First Kiss](#)

On a first date, though, you may want to keep your look simple. “The more you put on, the more upkeep you have to do,” she reminds us. “Make sure you bring everything needed for touch-ups!”

When she’s not modeling, English loves doing anything related to music. She’s currently working on a music video for the band Mini Mansions, which is Michael Shuman’s band, who is the bassist for Queens of the Stone Age. “I’m excited because I get to do my art, my modeling, but I get to do it in a live action way,” she says.

You can keep up with CariDee on Twitter @CariDeeEnglish and Instagram.

New Celebrity Couple Selena Gomez and Zedd Face Doubt From Her Friends





By [Whitney Johnson](#)

It looks like Selena Gomez has finally moved on following her celebrity break-up with Justin Bieber! The pop princess is now in a relationship with music producer Zedd. According to [E! Online](#), a source close to the singer says, “Everything is going great with him. She is really happy, and they are having fun.” Unfortunately, some of Gomez’s loved ones are unsure about the new celebrity couple and where their relationship is headed. “Selena’s friends are a little bit wary while remaining hopeful,” the source adds. “Right now, he is making Selena happy, and he’s not Justin Bieber, so that’s a good thing.”

This celebrity couple is facing some doubt from the pop star’s friends. How do you handle criticism about a new relationship

and love?

Cupid's Advice:

The beginning of a new relationship and love should be filled with joy and bliss. However, when your pals are unsupportive of your new partner, it can put a damper on your happiness. If you're facing criticism like this celebrity couple, Cupid has some tips:

1. Introduce them: If your buddies haven't met your significant other yet, ask them to be open-minded until they get to know each other. If they've already been introduced and had a negative first impression, tell your buddies that it'd really mean a lot if they would give your beau a second chance. Encourage them to set judgments aside until they spend some quality time together.

Related Link: [Selena Gomez Cries Singing Song About Justin Bieber](#)

2. Listen to their concerns: It may seem counterproductive, but it's important to ask your friends to explain their doubt to you. As much as you may want to ignore their criticism, giving them the chance to share their worries will go a long way. It'll help you understand where they're coming from, and it'll allow your pals to feel like they're being heard. Getting everything out in the open will help you all move forward in a graceful way.

Related Link: [Back Together? Justin Bieber and Selena Gomez Snap Cozy Pic in Canada](#)

3. Be honest: If all else fails, you need to have a heart-to-heart with your loved ones and open up about your new relationship. To help them understand how you feel, share the reasons why you want to be with your significant other and how they make you feel. If they truly love you (and they should!),

seeing you so happy should be enough for them.

How do you handle criticism for your pals about a new relationship and love? Share with us in the comments below!

Cameron Diaz and Benji Madden Tie the Knot at Her Beverly Hills Home



By [Whitney Johnson](#)

Turns out she *is* the marrying kind! After years of sharing her

distaste for marriage, Cameron Diaz settled down with Good Charlotte rocker Benji Madden. The couple, who began dating this past summer, tied the knot at her Beverly Hills home on Monday, Jan. 5, according to UsMagazine.com. It's no surprise that their big day was a star-studded affair: Guests included bridesmaids Nicole Richie and Drew Barrymore, Joel Madden, Reese Witherspoon, and Gwyneth Paltrow. We wish the newlyweds nothing but the best!

What are some perks of having your wedding at home?

Cupid's Advice:

If a big wedding at a fancy venue isn't your style, why not consider getting hitched in your own backyard? Here are some perks of having your wedding at home:

1. It's easy to plan: Getting married at your house eliminates the need to search for the perfect spot to say your vows. Sure, you'll still need to find a caterer and other vendors, but securing the location is always step one! Plus, you don't have to worry about your favorite locale being booked on the date you want.

Related Link: [Matchmaker Nicole Richie: "I Set Up Cameron Diaz and Benji Madden"](#)

2. You can get hitched quickly: Diaz and Madden's engagement was confirmed on Dec. 19, and less than three weeks later, they're husband and wife! If you want to make things official sooner rather than later, follow the actress's lead and plan a wedding at home.

Related Link: [Celebrity Couple Predictions: Helena Bonham Carter, Cameron Diaz, and Chris Brown](#)

3. There are no restrictions: A lot of venues will put a cap on the number of guests you can invite or force the party to end by midnight. Getting hitched at your house means the sky

is the limit!

Would you get married at home? Share with us in the comments below!

'The Bachelor' Star Nikki Ferrell Opens Up About Celebrity Breakup with Juan Pablo Galavis



By [Whitney Johnson](#)

On the red carpet prior to Monday night's premiere of *The Bachelor*, former winner Nikki Ferrell opened up to host Chris Harrison about her celebrity breakup with Juan Pablo Galavis – and surprisingly she had nothing but nice things to say about her celebrity ex! According to [UsMagazine.com](https://www.usmagazine.com), the pediatric nurse shared, “I’m not a quitter. I tried everything, and he tried too. It wasn’t just a one-side thing. We real-life tried, not TV-tried.” She added, “I knew I was never going to be the number one priority. He has a daughter...but there’s a difference between being the second priority and the seventh priority.”

Not everyone speaks so highly of their celebrity ex like ‘The Bachelor’ winner Nikki Ferrell. What are some factors to consider when someone asks you about your ex?

Cupid’s Advice:

Everyone handles a breakup differently. Maybe you want to hide under the covers and consume pint after pint of Ben & Jerry’s Phish Food until your heart begins to heal. Or perhaps you can’t help but spill intimate details about your relationship to anyone who will listen, including that stranger who sat next to you on the subway. So what is the best way to respond when someone asks you about your ex? Cupid has some tips:

1. Think before you speak: It’s tempting to say exactly what’s on your mind (nice or not) when it comes to chatting about your ex and your intense breakup. Instead, when you’re alone, really think about your relationship and come up with a blanket statement to share with anyone who asks for more

information. Take a cue from *The Bachelor* winner Ferrell and consider something as simple as, “We tried our best to make it work.”

Related Link: [‘Bachelor’ Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

2. Keep private details to yourself: If you find yourself saying too much when family or friends inquire about your recent heartbreak, start a journal. Writing down your emotions is a great way to share your feelings but still keep them private. That way, you’ll be more in control of your thoughts when your loved ones want to know what happened!

Related Link: [Did ‘Bachelor’ Winner Nikki Ferrel Reveal She Has a New Man?](#)

3. Change the subject: If you’re worried that you won’t be able to stop talking about your former partner once you get going, just bring up a new topic! Politely say that you’d rather not talk about it and then ask about their holidays or if they’ve been watching the most recent season of *The Bachelor*. Easy!

How do you respond when someone asks you about your breakup? Tell us in the comments below!

‘The Bachelor’ Season 19 Premiere: Chris Soules Meets 30 Bachelorettes



By [Sarah Batcheller](#), [Lori Bizzoco](#), and [Whitney Johnson](#)

If you watched the season 19 premiere of *The Bachelor* last night, you know that Chris Soules is in for quite a ride. The Arlington, Iowa native clearly has his hands full with this group of women! After getting booted by Andi Dorfman, there's no telling which dynamic lady will steal his heart – and when we say dynamic, we mean it. His contestants range from a ballet instructor and a flight attendant (a profession that hasn't reigned superior in *Bachelor* past) to a WWE Diva-in-Training and a former NFL Cheerleader. Some are hotties with big personalities, while others are more bashful and low-key. And then there's the girl who depends a little too heavily on the bottle. Of course, they have one thing in common: They all want the same man. Ahh, aren't you so glad to have season 19 of *The Bachelor* to start off the new year?

To help you keep up with the 30 bachelorettes vying for Prince

Farming's heart, we developed a "cheat sheet" with identifying details and our personal opinion of the women. Who will be sent home in tears? Who will embarrass themselves on national television? And, most importantly, who will get that final rose and prove to be the lady of Soules's dreams? Read on to find out what we think. (Spoilers ahead!)

Which Bachelorette Will Win Chris Soules's Heart on Season 19 of 'The Bachelor'?

Top Contender

Britt, Waitress, Hollywood, CA

After only one night, we think Britt could easily win the single hunk's heart with her sweet composure and warm personality. Her "free hug" idea was a perfect way to capture his attention. It gave him the chance to show his vulnerability, and she got him to open up and trust her. She even got the first impression rose *and* the first kiss! Nice job! A+ for how to win a man. Still, we have to wonder: What would an L.A. girl do on a farm?

Most Likely to Make Babies

Whitney, Fertility Nurse, Chicago, IL

Whitney is an adorable girl, and Soules said he is excited about her. How could he not be? The girl is smiling from ear to ear and living on cloud nine with her positivity. She sees possibility in everything, including the fact that, because she is a fertility specialist, she could help him raise baby hogs. Not sure her high-pitched, fast-talking, bubbly voice would be a good fit for the laid-back environment of the farm though. She would need to slow down...way down!

Related Link: ['Bachelor' Chris Soules Opens Up About Finding His Future Wife](#)

Winner of the Bachelorette Look-alike Contest

Kelsey, Guidance Counselor, Austin, TX

We had to do a double-take when we saw Kelsey exit the limo. For a moment, it looked like Molly Maloney (now Mesnick) had stepped back into the scene! This short-haired widow would win the former *Bachelor* contestant look-alike contest if there was such a thing, but what she is really hoping for is to win Soules's heart. Only time will tell!

Award for Turning *The Bachelor* on During the Limo Introduction

Megan, Makeup Artist, Nashville, TN

"Blondie." "You're gorgeous." "Blue eyes." "I am nervous." "This is crazy." We thought for a moment that the farmer was going to run away with Megan right then and there! It was obvious that he was extremely attracted to her. One thing though: We were shocked that she was the only one, aside from Tara, who looked like she wasn't wearing makeup.

Best Dressed and Best Eyelashes

Ashley I., Freelance Journalist, Wayne, NJ

This East Coaster gets two awards: One for being absolutely stunning in her formal dress and the other for her long and just as stunning eyelashes. The girl is drop-dead gorgeous, but we need to see if her inside is as pretty as her outside. So far, she is nervous about the other girls, which really makes no sense. Confidence is key, Ashley!

Hardest to Figure Out

Trina, Special Education Teacher, San Clemente, CA

Hello, Farmer Chris! Trina's expression and facial reactions didn't really match her words. There is something somewhat phony about her...but we haven't quite figured it out yet. Stay tuned for more.

Craziest Profession

Reegan, Donated Tissue Specialist, Manhattan Beach, CA

It's a toss-up between embalmer Shawntel Newton and this donated tissue specialist for the craziest profession. Reegan

brought biohazard waste to meet a man she's trying impress. Really? Fake heart or not, there are some things that are just too much, too soon!

Official Train Wreck

Tara, Sport Fishing Enthusiast, Ft. Lauderdale, FL

The girl was probably the first in *Bachelor* history to show up dressed casually. She exited the limo with Daisy Dukes and cowboy boots to show Soules her "real" side. She later changed into a little black dress, climbed into an empty limo, and reintroduced herself as a lady. Unfortunately, she threw down so much Jameson, Jack, and Johnnie (her BFFs, as she mentioned) that she couldn't pull off the classy lady for longer than 30 seconds. Still, the man of the hour (surprisingly) gave her a rose. We can't wait to see what she does next!

Biggest Baby

Amber, Bartender, Chicago, IL

We're not sure what to say here. A 29-year-old woman who still needs her teddy bear for comfort? She definitely doesn't scream "marriage material" to us, but at least she made a memorable impression!

Related Link: [The First Official Look at Chris Soules on 'The Bachelor'](#)

Worst Stolen Moment

Nikki, Former NFL Cheerleader, New York, NY

We couldn't help but be disappointed that this beautiful brunette's first moment with Soules was interrupted by Tara's dramatic second hello. Lucky for us, Prince Farming got to know her a bit better at the cocktail party and decided to keep her around!

Wackiest Secret Admirer

Amanda, Ballet Teacher, Lake in the Hills, IL

The idea was good, but the girl is a bit off. As Britt put it,

she has big eyes that are almost as scary big as those of Ashley S. As beautifully graceful and sincere as ballet is, Amanda is a little awkward. She even admitted in the confessional booth that she was single because she is crazy!

Most Likely to Bench Press *The Bachelor*

Jillian, New Producer, Washington, D.C.

Jillian has to be the girl most likely to beat the crap out of you! She's pretty but needs to tone down the testosterone and up her femininity if she wants to make it far in this competition. As of now, she doesn't seem like much of a match for small town guy.

Simplest Single Mom

Mackenzie, Dental Assistant, Maple Valley, VA

This young mom has a cute little boy and is looking for a husband. She asked Chris about his farm and did some watercolor painting with him. He gave her an education on Alfalfa, and the rest is history. Mackenzie is much simpler than the other women, so that may make it hard for her to compete.

Most Awkward Limo Exit (among other things)

Ashley S., Hairstylist, Brooklyn, NY

This was one of the most awkward limo exits we've ever seen. Why it wasn't edited is beyond us, but this girl didn't even look at Soules. She got out and looked around, as if she were high, lost, or confused. Maybe she tried out for the wrong show? During the cocktail party, she spoke in metaphor about being like an onion. Enough said!

Worst Sense of Humor—Ever!

Kaitlyn, Dance Instructor, Vancouver, BC

This girl had a great presence when she exited the limo. But as soon as she opened her mouth, it was all over. She introduced herself by telling an inappropriate joke that didn't seem all that funny. Soules later shut her down when she offered to tell yet another corny joke. Despite her

awkwardness, the *Bachelor* was impressed with how down-to-earth she is.

After the farmer enjoyed some time with the first 15 ladies, the next group of women showed up. The first four to arrive – Samantha, Michelle, Juelia, and Becca – were a bit...boring. They were all gorgeous (no surprise there) but didn't offer much in terms of exciting introductions.

Hottest Introduction

Tandra, Executive Assistant, Sandy, UT

There's no doubt that this girl made an entrance: She drove in on motorcycle in a beautiful dress. It was graceful, and she was showing Soules that they had something immediately in common (he rides a motorcycle too). She also revealed that, as much as she could be a lady, she could let her hair down too. Even the other women thought it was an amazing way to say hello!

Related Link: [Chris Harrison Jokingly Slaps Chris Soules in 'Bachelor' Promo](#)

Lamest Prop

Alissa, Flight Attendant, Hamilton, NJ

Alissa is adorable but may be a little immature for Soules. We're still on the fence. For her introduction, she took an airplane seatbelt and put it around his waist. It was a nice technique to get close to him, but she'll need to step it up in order to compete with the other ladies in the house.

Best Ice Breaker

Jordan, Student, Windsor, CO

We didn't get to see much of Jordan tonight, but from what we did see, we like her. She was smart enough to bring the nervous *Bachelor* two mini-sized bottles of whiskey, which they proceeded to drink together. Something to keep in mind, ladies: Figure out what he likes and do that!

Worst Miss Piggy Impersonation

Nicole, Real Estate Agent, Scottsdale, AZ

Nicole walked out of the limo with what looked like a handmade pig nose that was secured with elastic around her head. It was a cute idea, but it didn't really go over as well as she had hoped. She was sent on her way.

Worst Way to Wear a Doily

Brittany, WWE Diva-in-Training, Orlando, FL

Two strikes for Brittany, thanks to her horrendous outfit (and we mean *horrendous*) and tacky "Soulesmate" poster. She looked like she was wearing a gigantic doily. If this was a hand-me-down from her great, great grandmother, we apologize, but it wasn't even nice enough for the dining room furniture.

Worst Serenade

Carly, Cruise Ship Singer, Arlington, TX

Carly took her pink, girly karaoke machine and serenaded Soules with a song that she wrote for him. Interestingly, she did this while wearing a fluffy-looking chiffon dress. Carly is a cruise ship singer, which somewhat explains the cheese factor in her gimmick. She was sent back to the ship, her singing was not enough to get her a rose!

Most Adorable Introduction

Tracy, Fourth Grade Teacher, Wellington, FL

Too cute for words. She read a note to the handsome farmer from one of her students, basically telling him to take care of her teacher and that she thinks he's cute and that she likes roses. What's not to like?

Of course, there were other contestants – Jade, Kara, Kimberly, and Bo – but they didn't make a memorable enough impression for us to include them on our list. Unfortunately, at the end of last night's episode, Soules sent home eight women: Nicole, Amanda, Kara, Kimberly, Bo, Brittany, Michelle, and Reegan. Kimberly went back inside for the rose she didn't get...and we were left with another *Bachelor* cliffhanger.

The Bachelor *airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

Another Celebrity Pregnancy! Alec Baldwin and Wife Hilaria Share Baby News



By [Whitney Johnson](#)

New year, new celebrity baby! It looks like there's going to be another celebrity kid toddling around soon, because [Hollywood couple](#) Alec and Hilaria Baldwin rang in 2015

by sharing their celebrity pregnancy news. According to UsMagazine.com, in the sweet announcement, the actor holds their 16-month-old daughter Carmen as she touches her mom's growing stomach. Along with the photo, Hilaria wrote: "The sun has set on 2014 and on my year of daily #hilariaypd ...2015 is going to be very exciting as we are thrilled to announce we are expecting another little addition to our family! (tadasana) #yogapostureoftheday."

The Baldwins' celebrity pregnancy news shows they're ecstatic for their newest celebrity baby. How do you think you should prepare differently for a second child?

Cupid's Advice:

With every addition to your family comes moments of excitement...and exhaustion. Still, after you welcome your first child, you should feel a bit more ready for future babies. So how do you prepare differently for a second child during pregnancy? Cupid has some ideas:

1. You have more hand-me-downs: Before your first baby was born, you were probably scouring the Internet for "must-haves" and stocking your home with all of the essentials: a crib, a changing table, a car seat, a stroller, clothes...the list goes on. Now, though, you should have plenty of hand-me-downs for your second child to use.

Related Link: [Kourtney Kardashian Says She Feels 'Blessed' After Birth of Third Child](#)

2. You don't feel so stressed: No matter how many books you read or how many friends you grill, it's hard to truly prepare

for becoming a parent. Since you already have one child to call your own, you won't feel quite so much worry as you get ready for your family to grow.

Related Link: [Blake Lively Shares That Her Family Will Influence How She Raises Her Child](#)

3. You have another child to focus on: Of course, you can't forget about your oldest kid just because you have a baby on the way! This time around, you'll have a new set of worries: Will he like his baby sister? Will she feel neglected when her brother arrives? Try to make those last few months as a family of three extra special for your little one.

Cupid wants to know: How did you prepare differently for your second child?

Joseph Gordon-Levitt Secretly Marries Girlfriend Tasha McCauley





By [Whitney Johnson](#)

There's no doubt that Joseph Gordon-Levitt's *Don Jon* character would be disappointed: The actor is now a married man! According to [UsMagazine.com](#), he secretly wed girlfriend Tasha McCauley on Dec. 20 at their home. The star, who is known for keeping his private life to himself, opened to Howard Stern about his relationship, saying "I think I'm a pretty good person and a good boyfriend. Yeah, I just wouldn't want to be with someone who was disrespectful to me."

What are some benefits of keeping your nuptials under wraps?

Cupid's Advice:

Not every bride and groom dreams of a big wedding with extravagant bouquets, a five-course meal, and a guest list that includes everyone they've ever met. Some, like Gordon-Levitt and his new wife, prefer to keep their special day more low-key. Here are three benefits to keeping your nuptials under wraps:

1. You can make it personal: It's easy to get caught up in the

festivities and start worrying about making your future mother-in-law or grandmother happy instead of focusing on what makes you and your partner happy. By keeping your big news to yourself, you'll be able to do what you want and just enjoy your time together as newlyweds.

Related Link: [Snooki Marries Jionni LaValle](#)

2. You can save money: If you're trying to stick to a strict budget, remember that each additional guest costs more money. The smaller your wedding, the more you can save! Plus, with less people in attendance, you'll feel less pressure to fill the space with gorgeous (and expensive) flowers, candles, and other decor.

Related Link: ['N Sync Alum Lance Bass Marries Michael Turchin](#)

3. You can settle into life as husband and wife: Even if you've been together for a few years or already share a home, your relationship will inevitably change after you tie the knot. If you keep your big news private, you'll have a chance to get used to your new roles as spouses without your loved ones sharing their best pieces of (unsolicited) advice or nagging you about your thank you notes.

Did you keep your wedding under wraps? Share your story below!

Celebrity Mom Jenna Dewan-Tatum Wonders How Others with Babies Have Time to Wear

Makeup



By [Whitney Johnson](#)

Celebrity mom Jenna Dewan-Tatum always looks her best on the red carpet, but she insists that getting ready at home is a bit more challenging since welcoming baby Everly 18 months ago. Her and her husband may be considered one of the hottest [celebrity couples](#), but this celebrity mom is pretty down-to-earth when it comes to how she feels. According to [People.com](#), the actress recently joked that she doesn't know how other mothers leave the house with their makeup done, much less keep up with all of their products. "I'm like, 'How does that happen?' Everly will actually take it from me and go put it somewhere else," she shared. "I'm like, 'Okay, I need that makeup back.' It's a whole big circus in our household."

This celebrity mom has to be creative with her baby to prepare for the day. What are some ways to entertain your child while you get ready?

Cupid's Advice:

A child changes your daily routine in more ways than you could ever imagine. Something as simple as taking a shower or fixing your hair must be carefully planned according to your baby's schedule. Here, Cupid reveals three ways to entertain your kid while you get ready for the day:

1. Keep them busy: It's easy enough to move your baby's toys from the playroom to the kitchen...to the bathroom. Spread out a blanket and grab their favorites books and blocks. As long as they're having fun, they won't care that you're curling your hair or carefully applying your lipstick.

Related Link: [Channing Tatum Says Wife Jenna's Pregnancy is "One of the Sexiest Things Ever"](#)

2. Ask for help: If your partner has a flexible work schedule, don't be afraid to ask him to stick around for a few extra minutes in the morning. A healthy habit in love and relationships is to partner on certain tasks, such as parenting. It'll be a good opportunity for him to bond with his child, and it'll let you have a moment to yourself before your busy day of parenting begins.

Related Link: [Channing Tatum and Jenna Dewan-Tatum Introduce Baby Everly](#)

3. Turn to technology: While not all parents allow their children to watch television or play on an iPad, if you're

okay with your kids becoming familiar with technology, go ahead! A 20-minute *Dora the Explorer* could give you the time you need to put on that fresh face of makeup.

What are some ways that you entertain your child while getting ready? Tell us in the comments below!

‘Slumdog Millionaire’ Stars Freida Pinto and Dev Patel Breakup After Six Years Together





By [Whitney Johnson](#)

All good things must come to an end! According to [UsMagazine.com](#), *Slumdog Millionaire* costars Freida Pinto and Dev Patel have called it quits after nearly six years of dating. In happier times, the adorable couple considered themselves “soul mates,” but a source confirms that they’ve been over for a while now. “Freida is single and happy,” another source adds. “Friends are setting her up.” Pinto even celebrated her 30th birthday in October with billionaire Siddhartha Mallya by her side.

How do you establish yourself as an individual after being part of a couple for a long time?

Cupid’s Advice:

It’s easy to get caught up in your partner’s interests during a longterm relationship. If they cheer for the Dallas Cowboys, you may find yourself ordering a Romo jersey and blowing your paycheck on tickets on the 50-yard line. After a breakup though, it’s time to rediscover what makes *you* tick. Here are

three ways to establish yourself as an individual after being part of a couple for a long time:

1. Invest in a new hobby: Have you always wanted to learn how to knit? Or do you want to take photography classes at your local arts center? Sign up now! Embrace your newfound independence. Instead of wallowing in your loneliness, take full advantage of your free time and put it to good use.

Related Link: [Selena Gomez Cries Singing Song About Justin Bieber at AMA's](#)

2. Reconnect with loved ones: Perhaps you missed out on birthdays and baby showers because you were so wrapped up in your love life. Rather than dwell on the past and feel guilty about your behavior, use the upcoming holidays as an opportunity to revitalize these relationships and make an extra effort to spend time with your friends and family.

Related Link: ['Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

3. Do you: Take your favorite book to a local coffee shop and spend a few hours reading and people watching. Binge-watch *Scandal* on Netflix without your partner interrupting the most intense moments. Or spend your Sunday flipping through fashion magazines instead of devoting the final day of the weekend to football. Remember what *you* love to do...and do it!

How did you establish yourself as an individual after a breakup? Tell us in the comments below!

Prince William and Kate Middleton Meet Jay-Z and Beyonce



By [Whitney Johnson](#)

It looks like the Duke and Duchess of Cambridge are enjoying their time stateside so far! On Monday evening, the royal couple attended the Brooklyn Nets vs. Cleveland Cavaliers basketball game. According to [UsMagazine.com](#), Prince William and Kate Middleton “got a standing ovation” when they took their seats during the third quarter, showing just how excited fans are to welcome the pair to New York City. Before the fourth quarter started, the pair met Hollywood royalty when Jay-Z and Beyonce walked across the court to say hello. After

the game, they were introduced to players LeBron James and Kevin Garnett, who gave them a tiny jersey for Prince George.

What are three advantages to going on a double date?

Cupid's Advice:

As much as you need alone time with your partner, it's fun to break out of your usual routine and spend some time with your couple friends. Here are three reasons why you should plan a double date for this weekend:

1. Try something new: It's easy to get stuck in a rut of going to the same Italian restaurant before seeing the latest romantic comedy at your local theater. Your friends, though, may motivate you to head to that new Greek cafe and then go bowling instead.

Related Link: [Prince William and Kate Middleton Arrive in NYC](#)

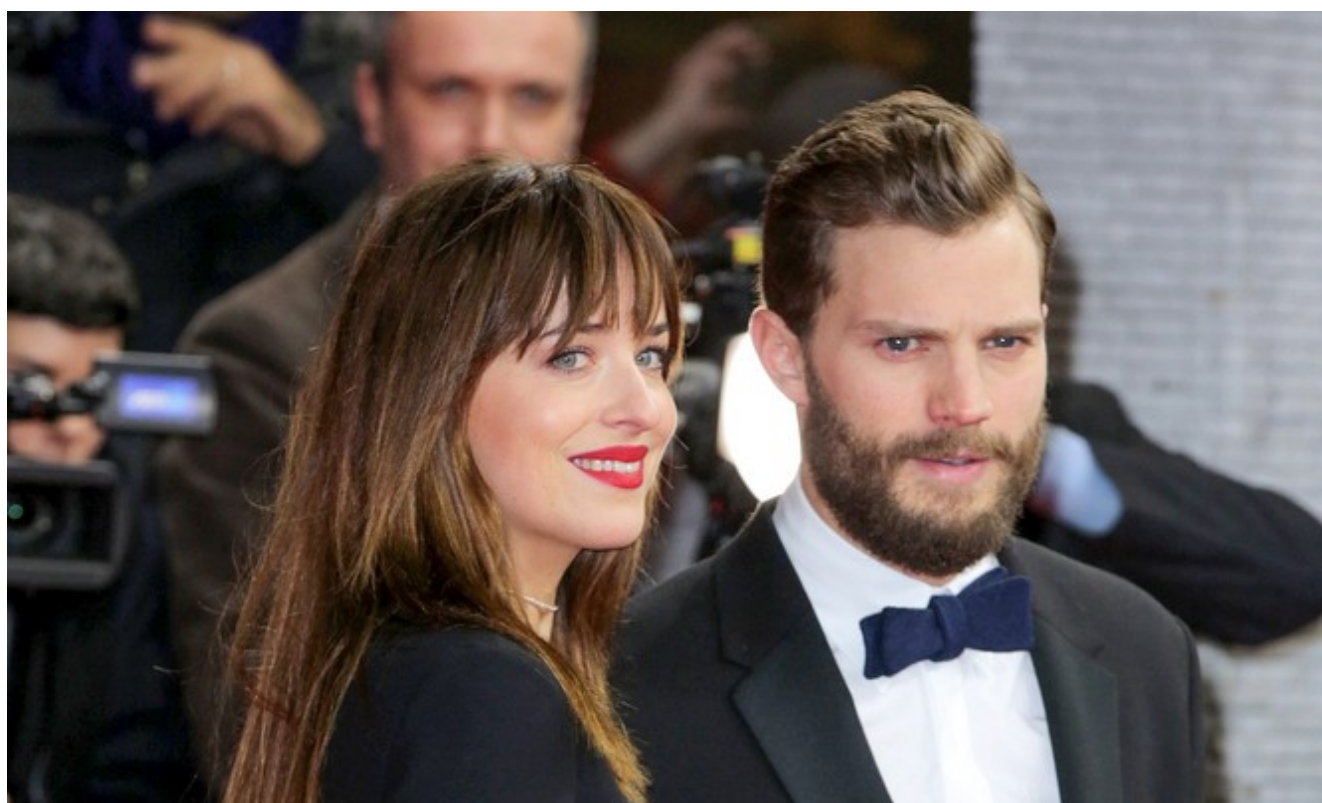
2. Get some relationship advice: It's always helpful to chat with your peers about the ups-and-downs of your love life. Maybe you've been struggling with how to bring up an issue (like where to spend the holidays) with your beau. Talking to a friend who knows your partner and is in a relationship herself can help you work through things and figure out the best approach to take.

Related Link: [Prince William and Kate Middleton Announce Their Second Baby is On the Way](#)

3. Develop different interests: Keep an open mind, and you may end the night with a new hobby to explore. For instance, if you've been interested in learning how to snow ski and know your friends head to the mountain each weekend, now is the time to ask them whatever questions you may have. Perhaps you can even join them next time. Who knows, the royal couple may be huge fans of "Crazy in Love" after meeting Queen B!

Cupid wants to know: What's your favorite part of going on a double date?

Find the Perfect Date Night Outfit Using tagspire!





Inspire those around you with your fashionable holiday wear using Tagspire.

This post is sponsored by tagspire.

Written by Shannon Seibert. Photo by [Whitney Johnson](#).

With the impending winter chill, finding a fashion-forward and sensible outfit for date night can be challenging. The holiday season of snuggly sweaters and booties is approaching quickly, giving you the perfect opportunity to share your winter fashion expertise all over social media. If you're already posting your adorable attire on the web, you might as well get paid for it. So our gift to you this holiday season is the newest form of social commerce in the digital age: tagspire.

tagspire is a one-of-a-kind website that allows you to contribute to the fashion world and inspire others while social shopping. The website lets you to post photos of your cover-worthy attire and tag the items that you're wearing so everyone else can duplicate your holiday look and buy it themselves. All you have to do is upload your photo to [tagspire](#) and tag each item you want to monetize in the photo.

These tags allow other users to find the items you're wearing and purchase online.

The tags aren't limited to links either! Users are able to submit blurbs and ratings for items that will show up just like the tags do. You can even utilize multiple tags to direct traffic to more than one link. Each time someone buys an item that you tag, you will gain a small percentage of commission. Plus, the dashboard allows you to see sell analytics and history. You can enhance your tagspire skills by watching their video tutorial.

Click [here](#) to see the post above on tagspire!

This website is the ultimate platform for not only showcasing your styling talent but also finding a holiday present for your honey! That new iPhone case he has been vying for? You are now able to find it by typing a brief description into your search bar. That's right; this site isn't limited to apparel either: Users are able to feature a variety of items from electronics and travel accessories to beauty products and home decor.

Since online sales are at an all time high between October and March, sign up for tagspire today to maximize your opportunity to make and save money. Rather than promoting your style in the traditional word-of-mouth way, you can give your audience a visual of what your creation looks like. Happy tagging!

For The Love of Cars!

Cars.com Launches #newcarface Contest



ALL DRIVE. No drama.®

This post is sponsored by [Cars.com](https://www.cars.com).

By Sarah Batcheller

Buying a new car is a lot like falling in love. You search far and wide for the one you believe will stick it out with you.

As you look, you find that some are too slow, others too fast, some too flimsy, and others too high-maintenance. Like love, you spend a lot of time and effort picking out the right vehicle, so don't you want purchasing a new car to be as rewarding as finding your soulmate?

I remember car shopping for the first time without the help of my parents. I was twenty years old, and I enlisted the help of my boyfriend. At every dealership, he checked the tires, bumpers, and features to make sure I was getting the best deal I could get. He even told off a couple of sales people who he felt were trying to fool me. We found the best fit for me, and you should have seen my #newcarface! It's safe to say that my choice in a guy has paid off – and now, with the Cars.com contest, up to \$25,000 on the car I bought can be paid off too!



Showing off our best #newcarface! Photo courtesy of Whitney Johnson.

With this new Cars.com promotion, you can enter to have Cars.com pay off up to \$25,000 of your car loan. You can

submit an entry on Twitter, Instagram, or Facebook – see specific details below:

Twitter: Upload a photo of your new car and most excited, unprecedented new car face. Use the hashtag #newcarface and mention/tag @carsdotcom in your post.

Instagram: Upload a photo of your new car and happy new car face. Use #newcarface and mention/tag @carsdotcom in your post.

Facebook: Post a photo of your new car and new car face on the Cars.com Facebook wall (as a new post). Be sure to use #newcarface for your entry to be valid.

It's no secret that Cars.com knows how to take the drama out of car buying, and now, they're taking it out of purchasing new cars by paying off up to \$25,000 on a lucky someone's car loan. Good luck!

Note that participants can only submit one entry during the promotional period. Visit the contest website for more examples of #newcarface entries, additional contest details and rules. Open to legal US residents (excluding MD, NJ and TN), 18+ who hold (or whose immediate family member holds) a qualifying vehicle loan or lease. Begins 7/29/14 at 8:00:00 am CST and ends 1/2/15 at 12:00:00 pm CST. Prize value up to \$25k. Subject to the Official Rules at <http://bit.ly/1pLUGey>. See Official Rules for full details, including eligibility criteria and qualifying vehicle restrictions. Sponsor: Cars.com, a division of Classified Ventures, LLC. Please do not include any personal information, like your license plate number. A "New Car" is considered a new or used car bought or leased on or after 1/1/2012.

Team Up with Timbaland and Win a VIP Trip to Coachella 2015!



This post is sponsored by The Team Up With Timbaland Sweepstakes.

By [Whitney Johnson](#) and Shannon Seibert

Music, like love, is a language that isn't necessarily spoken but is still felt by those who experience it. For all of the music lovers out there, we have the perfect opportunity for you. Thanks to Lenovo and Microsoft, music creators and enthusiasts can enter daily to win Lenovo products, other cool tech/music gear, and, of course, the grand prize: a trip for two to Los Angeles as well as two three-day VIP passes to

Coachella, one of the largest, most popular music festivals in California, from April 10-12, 2015.

The Team Up with Timbaland Sweepstakes, which is presented by Lenovo and Microsoft, runs from Monday, September 29 until Wednesday, October 22. Encourage your man to enter with you to double your chances of landing this once-in-a-lifetime VIP getaway! Contestants can enter multiple times to increase their chances but are only allowed to enter once per day until the contest ends. You must be 18 or older and a legal resident of the U.S. to enter. Don't miss out on what could be an unforgettable weekend for you and your honey. Listen to the beat of the music and fall deeper in love!

Plus, in early August, Lenovo and Microsoft teamed up with Timbaland to launch a contest that empowered independent musicians as well as their fans. More than 5,000 singers, songwriters, and music artists have entered to be contestants in the Team Up with Timbaland Song Contest – and there are still two days left to enter! The contest has received shout-outs from amazing artists that you and your sweetheart love, including Missy Elliot, Lil Kim, and Snoop Dogg.

After the contest closes on Sunday, September 28, Timbaland and a team of judges will review the entries and judge the songs based on creativity, originality, and recording appeal. They will narrow them down to the top five finalists, who will be announced in mid-October. They will each be given a two-week surprise musical challenge, and Timbaland will pick one winner, who will receive a day in the recording studio with him in Miami. We wish you all the best of luck!

For more information about the Team Up with Timbaland song contest and sweepstakes, [click here](#). Good luck!

Psychologist Breaks Down Relationship Fears in New Book, 'Love Me, Don't Leave Me'



Interview by [Whitney Johnson](#). Written by [Sarah Batcheller](#).

It's safe to say that psychologist and author Michelle Skeen is an expert when it comes to addressing fears. In her new book, *Love Me, Don't Leave Me: Overcoming Fear of Abandonment and Building Lasting, Loving Relationships*, she provides readers with powerful, enticing tools to handle a multitude of

relationship fears, specifically that of abandonment, and details the ways in which these fears stem from early experiences. Thought-provoking and inspiring, Skeen encourages readers to realize what's holding them back in order to reach their full potential as a partner.

Why did you focus on the fear of abandonment?

I chose to focus on the fear of abandonment because it's a primary fear that affects a lot of relationships. I think it exists in multiple scenarios: women stay in relationships that aren't healthy for them because they're afraid of being alone, they avoid getting into relationships because they fear being abandoned, or they behave in ways that cause them to be abandoned.

Related Link: [Are You Dating Someone with Narcissistic Personality Disorder?](#)

Do you think that every individual carries a little bit of this fear with them in some way?

Absolutely – we're born with it! If we're abandoned when we're babies, we die. I think it's hardwired in us, and I think that it can get reinforced with early childhood or adolescent experiences or trauma, like the death of a parent, a traumatic divorce, or the death of a sibling or a friend. I think that the groundwork is laid in the beginning of our lives for our fear to either be increased or maintained at a lower level. One of the primary purposes of the book is to develop the awareness of what's going on. With awareness you can make change, so it's about identifying the problem.

You know, we all have a story, and most of the time, when people are having difficulties in relationships, it's related to them being stuck in their story, their story being their past experiences. If they're not in the moment and evaluating their present experience based on what's going on in the now,

they are making predictions based on their story. So part of it is identifying your story and then distancing yourself from it.

How should someone react if their partner begins to push them away out of fear?

Well, I think that a lot of times what's happening when we push people away is that we've already predicted what's going to happen, so we're taking control of it. We're having a difficult time dealing with the uncertainty and ambiguity of whatever is going on in the relationship at the time, so rather than sitting with that and feeling really uncomfortable, we would rather take control and reject it before we can be rejected.

As a partner, if you have the ability to identify the reasoning behind your significant other's behavior – for example, "You're doing this because you're afraid that I'm going to do it to you" – then I would suggest you make the effort to move *toward* the person. Try to bring them into the present moment, what is truly happening between the two people and not the memory of something that's happened before that's getting in the way.

Something we all need to work on is mindfulness. Mindfulness is such a game changer. It allows us to recognize, "I'm having these painful thoughts and emotions, and I need to get rid of them because this feels horrible."

How can our readers work on mindfulness?

Well, there are so many great mindfulness resources. What I found is a lot of people are intimidated by the idea of mindfulness. They think they need to sit with their legs crossed and keep their mind completely clear. That's not what you need to do at all.

Mindfulness is about recognizing that every experience,

thought, and emotion you're having is a temporary state. It's going to pass through you. You just need to *be* and think, "Oh, I'm having this thought that I'm going to be left, and I'm letting that go." You've got to accept all of your thoughts, whether they're helpful or unhelpful. There are a lot of great mindfulness exercises which I introduce in my book, like a mindful walk or adding this mindfulness piece to your morning cup of coffee or tea.

Related Link: [Top 3 Mistakes Women Make in Relationships](#)

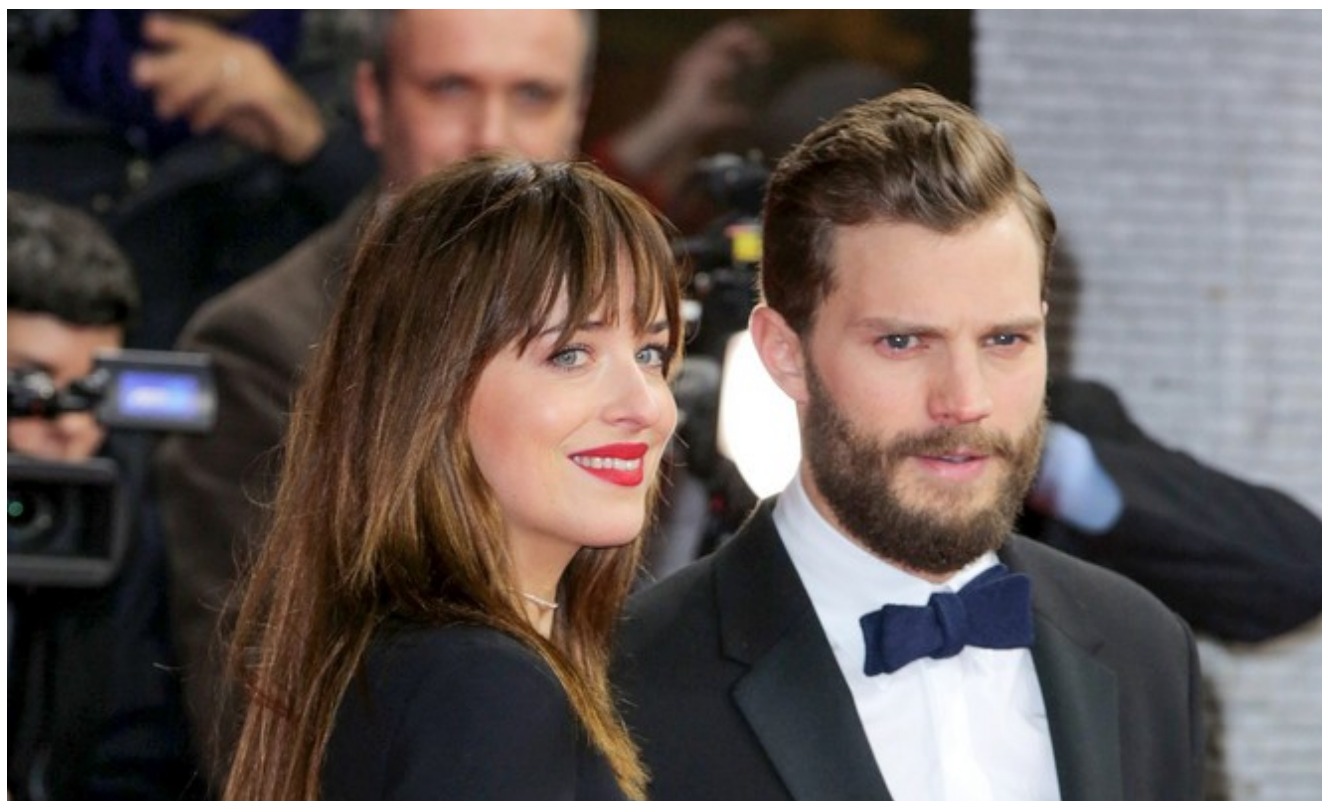
What are some long-lasting skills and insights that people are left with once they discover and address their fear?

Well, I think it's important to identify the behavior that isn't working. Behavior is one thing we do have control over. In a world where we're constantly looking for control, we can't really control our thoughts or minds; they just happen. We can control our behavior. We can't control anyone else's behavior, but if you're engaged in helpful behavior, it will result in the other person adjusting their behavior.

So I think identifying unhelpful behavior, recognizing what situations trigger these thoughts of abandonment and fear, and looking at your typical reaction to that fear is where you have to start. Then, you have to stop reacting that way and look at ways that *will* be helpful in getting you closer to what you want.

Pick up a copy of *Love Me, Don't Leave Me: Overcoming Fear of Abandonment and Building Lasting, Loving Relationships* today!

'Bachelor in Paradise' Contestant Chris Bukowski Talks Friendship with Michelle Money and Celebrity Break-Up from Elise Mosca



By [Sarah Batcheller](#) and [Whitney Johnson](#)

If you tuned in to the third episode of *Bachelor in Paradise* last night, then you saw a new side of reality TV contestant Chris Bukowski. In an exclusive celebrity interview, CupidsPulse.com had the chance to speak to the Illinois native, and he expressed that this sensitive, softer side of him is more true to form than what

was previously portrayed on the small screen, stating, “This is the side that my friends and family see everyday.”

Exclusive Celebrity Interview with Chris Bukowski

Choosing to leave Mexico because of a knee injury, Bukowski asked his new *BIP* love interest Elise Mosca to head home with him. When Mosca accepted, Bukowski gave his final rose to BFF Michelle Money, in order to extend her chance at finding a relationship love on the show. “She [Money] is one of my closest friends in the reality TV world and the real world,” the reborn fan-favorite says. “She deserves someone to share her life with, and I want to see that happen for her. She’s truly an amazing person, and I wanted to give her the opportunity to find someone amazing for herself.”

Related Link: [‘Bachelor in Paradise’ Newcomer Chris Bukowski Says Dates with Elise Mosca Were “Spectacular”](#)

It’s no surprise that the blue-eyed entrepreneur appreciates being portrayed in a more positive light. He’s glad that the *Bachelor in Paradise* audience finally saw who he truly is, concluding, “Something that everyone in my life will say about me is that I’m honest. If people were more honest to themselves and to each other, there’d be a lot less bullshit in this world – and on reality TV!”

Bachelor in Paradise Star Talks Celebrity Break-Up

While there’s no doubt that fans were surprised to see this version of Bukowski, what everybody *really* wants to know is how his whirlwind romance with Mosca netted out. Bukowski shares that Mosca stayed in Chicago with him for six days

after they left Tulum and that they dated for about a month after that. Unfortunately, though, the two lovebirds couldn't make it work. "I broke it off because we were at two very different points in our lives," the Bracket Room owner admits of their [celebrity break-up](#). "I wasn't confident that Elise was the right girl for me and didn't want to lead her on to believe anything different."

Sources close to us say that the adorable couple were flown back to Mexico before filming of *Bachelor in Paradise* ended with the intention of updating the rest of the cast (and viewers, of course!) on the status of their relationship and love. They also shared that this scene never played out because the producers wanted Chris Bukowski to propose, but he wasn't ready to.

Related Link: [Chris Bukowski Says "Paradise Wasn't Paradise for Me"](#)

Despite their celebrity breakup, the currently-single restaurant owner only has nice things to say about Mosca. "It's tough for me to hear people say she's crazy when she's only crazy about falling in love," he explains. "She's a nice, genuine girl, and I've never heard anyone who knows her say a bad thing about her. She's very caring and will make someone very lucky one day...as long as she lays off the sequin outfits!" he jokes.

Bukowski also encourages *Bachelor in Paradise* fans to "not punish someone for wanting to be loved. All we need is love, and love is actually all around," he says in reference to the movie *Love Actually*. He adds, "I love that movie, by the way!"

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

‘Bachelor In Paradise’ Star Chris Bukowski on Celebrity Romance with Elise Mosca: Dates Were “Spectacular”



Interview by [Whitney Johnson](#). Written by [Sarah Batcheller](#) and Shannon Seibert.

Bartlett, Illinois native Chris Bukowski was the fourth runner-up on Emily Maynard's season of *The Bachelorette* and was seen as a main competitor on season 3 of the *Bachelor Pad*. Since his initial reality TV appearance,

he has molded himself into quite the entrepreneur as the owner of The Bracket Room, a sports bar and lounge in Arlington, Virginia. Earlier this summer though, Bukowski put his business on the back burner and returned to the small screen with the hope of finding a celebrity romance on *Bachelor in Paradise* (fourth time's a charm, right?).

Chris Bukowski on Looking for Relationship and Love on Reality TV

Related Link: [‘Bachelorette’ Star Marcus Grodd Is Engaged to ‘Bachelor in Paradise’ Costar](#)

He recently created quite a media frenzy when he “crashed” the premiere episode of Andi Dorfman’s season of *The Bachelorette*. We saw on the *Men Tell All* episode that host Chris Harrison wouldn’t let Bukowski come to the stage and meet her. “I was totally thrown off-guard when Chris said something to me – I wasn’t miked or anything. He kind of bombarded me!” he shares in our exclusive celebrity interview. Still, he says that final pick Josh Murray “seems like a good guy for Andi.”

When he got the call for *Bachelor in Paradise*, it was no surprise that he was open to the experience. “The producers approached me about it, and I figured, ‘Why not?’ I was able to take time off from the restaurant, so it worked out really well in that sense. When you have an opportunity to be on reality TV, it’s hard to say no!”

Bukowski shows up on the island in tonight’s episode and is immediately surrounded by familiar faces, including AshLee Frazier. Although he and Frazier were friends prior to the show, he says she was too busy with Graham Bunn to spend any time with him. “I knew almost everyone there, which made it a little hard to find a relationship and love. Obviously, if something was going to happen, it would’ve already.”

Related Link: [‘Bachelor in Paradise’ Star AshLee Frazier: “My Goal Was to Know Graham Bunn”](#)

***Bachelor in Paradise* Celebrity Romance and Fling**

Still, that didn't stop him from having a celebrity fling. The restaurant owner had a brief "showmance" with castmate Elise Mosca and gushes that their dates were "simple but at the same time spectacular – not your normal, real world dates." He also states that their celebrity romance is "too good to spoil" for *Bachelor in Paradise* fans, refusing to share any of the hot details.

Evidently, a happy ending isn't in the cards for this entrepreneur, though. Sources close to us reveal that Bukowski only stays in paradise for two episodes, sending himself home next week. Still, he doesn't blame the show's format for his failure to meet someone special. "I've seen it work on reality TV before, so it was worth a shot. Plus, it's really hard to find a relationship and love in the real world! At the end of the day, I just wanted to have a good time – and I did."

In regard to the Jesse Kovacs drama that audiences are wildly anticipating later this season, the blue-eyed contestant admits, "I'm definitely caught up in some of my own controversy on tonight's episode, but I'm not around when Jesse gets there, so I'm not sure what kind of trouble he got into." Well, now we're awaiting two scandals! Make that three gossip-worthy moments as we watch ousted Michelle Kujawa's love life unravel...

Another source shares that Bukowski and fellow *Bachelor in Paradise* contestant Christy Hansen (who hasn't shown up in Tulum, Mexico yet) became good friends prior to the show after meeting in Chicago. Unfortunately, Hansen arrives in

paradise *after* Bukowski is gone, so audiences won't get to see them together. While the hopeless romantic clarifies that they're not dating, he won't confirm whether or not he's single.

Related Link: [New Beginnings for Old Flames on 'Bachelor in Paradise'](#)

Back in the real world, Bukowski maintains his determination to find love, as many of his fans witnessed during his recent search for "Deerfield Abby." The *Bachelorette* veteran describes how he and fashion blogger Dana Weiss of *Possessionista* tracked her down: "Dana saw that I posted on Facebook that I was looking for someone in Deerfield, Illinois. Once Dana and I connected, it turned into quite the extensive search and got way bigger than I thought it would. Dana is amazing, and she definitely helped find the Abby I was looking for, but it turns out that Abby has a boyfriend, which is why her friend was so mad about Dana's post. At the end of the day, it was settling to be able to find her even though nothing happened from it – except for now I have about 15 new friends named Abby."

As his time on *Bachelor in Paradise* comes to an end (for now, at least), his business continues to flourish. "We just signed a deal that will open two more Bracket Room's," he says enthusiastically. "We'll have one at Reagan National Airport and Dulles International Airport, both in Washington, DC." He's also launching a cold-pressed juice brand this December in Chicago. "I'm not releasing the name for another couple of weeks though."

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Celebrity Baby News: 10 Famous Couples Who Had Twins



By [Whitney Johnson](#)

Nobody can resist [celebrity baby news](#) – especially when there are two bundles of joy! As if these famous couples aren't busy enough with their lives in the spotlight, they're also juggling twins and everything that comes with them: two bottles, two strollers, two wardrobes, and more. Below, we've pulled together a list of 10 celebrity parents who were doubly blessed in the baby department:

Exciting Celebrity Baby News

1. Mariah Carey and Nick Cannon: This Hollywood couple welcomed their twins, son Moroccan and daughter Monroe, in April 2011. After an extremely difficult pregnancy, including preeclampsia and gestational diabetes, the diva says she's done having kids.

2. Elsa Pataky and Chris Hemsworth: Already parents to 25-month-old daughter India, the *Thor* star and his leading lady welcomed twin boys, Tristan and Sasha, this past March. The proud mom has been showing off her adorable celebrity family on Instagram ever since.

Related Link: [Elsa Pataky and Chris Hemsworth Are Expecting Twins](#)

3. [Jennifer Lopez](#) and Marc Anthony: Although this famous couple split in 2011 after seven years together, twins Max and Emme seem to be doing just fine. The cuties celebrated their sixth birthday in February with a trampoline party.

4. Ricky Martin: In 2008, the Puerto Rican singer became a father to twin boys, Matteo and Valentino, born via a surrogate mother. Luckily, his sons have a great role model in their father, who has been honored multiple times for his humanitarian work.

5. Julia Roberts and Danny Moder: The *Pretty Woman* star married her cameraman hubby in 2002, and two years later, the Hollywood couple welcomed twins, daughter Hazel and son Phinnaeus. Since then, their family has grown to five, with the addition of son Henry in 2007.

6. Sarah Jessica Parker and Matthew Broderick: The talented couple's twin daughters, Loretta and Tabitha, were born via surrogate in 2009, seven years after the *Sex and the City* actress gave birth to their first child, son James Wilkie.

This Famous Couple Has Six Kids, And Two of Them Are Twins!

7. [Angelina Jolie](#) and Brad Pitt: This globe-trotting family of eight includes twins Knox and Vivienne, born in July 2008. This celebrity baby news got a lot of attention: The rights for the first images of the babies were sold to *Hello!* for 14 million dollars – the most expensive celebrity photos ever taken.

Related Link: [Brad Pitt Says Fatherhood Has Made Him a Better Man](#)

8. Neil Patrick Harris and David Burtka: The *How I Met Your Mother* actor and his fiancé welcomed twins, son Gideon and daughter Harper, in 2010, born via a surrogate.

9. Rebecca Romijn and Jerry O'Connell: The Hollywood couple became parents to fraternal twin daughters, Dolly and Charlie, in 2008, just over a year after they married. Dolly is named after singer Dolly Parton, and Charlie is named after her dad's brother (a former *Bachelor* star!).

10. Julie Bowen and Scott Philips: The *Modern Family* actress and her husband of a decade are parents to three sons: Oliver, born in 2007, and twins John and Gustav, born in 2009.

Who are your favorite celebrity babies? Tell us in the comments below!

10 Signs He's Not That Into

You



By [Whitney Johnson](#)

You have a crush on that cute boy who works in the office next to yours, and after a few weeks of sneaking glances and grabbing lunch together, you're obsessively decoding every look, smile, and text to determine if he likes you too. If you're on the fence, it's easy to make excuses for him or tell yourself that he's just playing coy, but it's important to be realistic about a future together. As you're struggling to figure out his feelings, consider these 10 signs that he's not that into you:

1. He never makes plans to see you: Sure, guys typically avoid taking the initiative to schedule a coffee or dinner date, but in the early stages of dating (or even before you start

dating!)), he *will* make an effort if he likes you.

2. He bails on his commitments: If he's truly interested in you, he'll do everything in his power to stay true to his word. So cancelling plans or just not showing up are both sure signs that he's not feeling the love between you two.

Related: [Signs Your Crush Is Into You](#)

3. He talks about other girls: It sounds obvious, but it's still worth stating: If he's constantly mentioning his best friend's sister or that "hot girl" he always see at the gym, you can take that as a hint that other women are still are still on his radar.

4. He takes forever to text or call you back: While you shouldn't expect an immediate response every time you reach out to him, it's not okay for him to wait a full day or two before replying back. You know he's looked at his phone during that time, so don't kid yourself.

5. He hasn't introduced you to his friends: If a guy likes you, he'll want show you off to his buddies. More than that, he'll want to be around you as much as possible, including when he's spending time with his pals.

6. He treats you like one of the guys: If he uses the same tone of voice as he does with his friends, he probably thinks of you as just a pal too. When a guy's into you, he'll talk to you differently; not only will he be sweeter, but his voice may even go up an octave or two.

Related: [10 Signs He's Not Really Committed](#)

7. He avoids talking about the future: That doesn't mean you're already having serious chats about how many kids you want to have or where you want to live. If something as simple as a weekend getaway makes him uncomfortable, don't expect him to be around for too many more weekends.

8. He has negative body language: Does he avoid eye contact? Or angle his body away from you? If so, chances are, he's not looking to be anything more than friends.

9. He only wants to see you after midnight: Let's get real: If he only wants to hang out when he's drunk or heading home *after* his plans for the evening, he's not into you. If he were, he would've included you in those plans instead of making you his booty call.

10. You have a bad feeling: Trust your instincts! After all, they've gotten you this far in life. If you think he's not that into you, he's probably not. It's time to move on to someone who recognizes how great you are.

How do you know if a guy's into you? Tell us in the comments below!

5 Creative Fourth of July Proposals





By [Whitney Johnson](#)

According to WeddingWire, about one third of engagements in the United States happen between Thanksgiving and New Year's Day. So guys, if you're ready to pop the question, why not surprise her with an engagement ring on the Fourth of July instead? Make your own fireworks on this red, white, and blue holiday with one of these five creative Independence Day proposal ideas:

1. Throw a party: If you want to include your friends and family in your engagement, throw a party to cover up your true intentions. As the sun sets, head to a spot nearby – private enough so that the two of you can have a special moment but public enough so that everyone can still see you. Wow your partner with a sweet speech, get down on one knee, and ask her to be with you forever. After she says yes, you'll love being able to celebrate your big day with all of your loved ones!

Related Link: [How to Celebrate the Fourth of July with Your Partner](#)

2. Take your love on parade: Invite her to your city's Fourth of July parade, but make plans for you to be in the parade instead merely a spectator. Jump on a float with a banner that asks that all-important question, and as you drive by your lucky lady, walk over to her with the ring in hand. Then, you can spend the rest of the day celebrating more than America's birthday.

3. Plan a Fourth of July picnic: This laidback holiday is the perfect time to sneak away for a private lunchtime picnic. Fill your basket with red, white, and blue-themed foods. For an appetizer, grab a bowl of red pepper hummus, a thick slice of Dubliner, a bunch of red grapes, and some crackers. For lunch, make each other's favorite sandwiches (keeping the color-theme in mind if possible). For dessert, pack some strawberries, blueberries, and whip cream. As you finish up your romantic meal, pop the question and watch the sparks fly!

4. Go on a scavenger hunt: To make your proposal even more personal, plan a scavenger hunt that takes her through your love story. Hide the first clue at the café where you met each other, the second clue at the spot where you had your first kiss, the third clue at your favorite date night restaurant, and so on. When she gets to the last clue, be waiting for her on bended knee.

Related Link: [How to Celebrate a Fourth of July Themed Wedding in Style](#)

5. Wait for the grand finale of the firework show: She'll feel brighter than the sky when you whisper "Will you marry me?" in her ear at the end of the fireworks. You can even use the gorgeous light display as inspiration for your proposal. Tell her that she lights up your life and you can't imagine being without her.

What's your favorite Fourth of July proposal idea? Tell us in the comments below!

Celebrity Video Interview: Chef Tim Love Talks Summer Traditions and Reality TV Show ‘Restaurant Kickstart’



Interview by [Whitney Johnson](#).

May happens to be National Burger Month, and with summertime fast approaching, we could all use a tip or two to avoid the dreaded dry burger during our backyard cookouts. Luckily, chef Tim Love has teamed up with Hellman's to give America a Burgervention just in time for Memorial Day weekend. "The

Hellmann's is what's going to keep the burgers juicy while you're grilling them," he reveals in our celebrity video interview. With Love's [foolproof recipe](#), you'll be grilling like a pro in no time!

Celebrity Video Interview with Chef Tim Love

The reality TV star also talks about his upcoming show *Restaurant Kickstart* (think *Top Chef* meets *Shark Tank*). "You're investing in people, ultimately," he explains. "Those people have to have knowledge and skill, but at the end of the day, they also have to be great people."

Related Link: [Color Your Love in Red, White, and Blue](#)

Apart from grilling up juicy burgers, Love says his favorite summer tradition is spending time outdoors with his family and playing some catch. When it comes to [date night](#), the chef and his wife like to keep things simple. "I always prefer to cook at home," he says. "I don't spend a whole lot of time there because I'm always working, so if I can sit outside in my backyard with a margarita, I'd choose that every time."

Check out our celebrity video interview above for more great grilling tips!

Hungry for more? You can find even more tasty recipes for the summer on Love's [website](#)!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

‘DWTS’ Pro Tony Dovolani on His Celebrity Marriage: “My Wife is My Queen”



Interview by [Whitney Johnson](#). Written by Maria Darbenzio and Liz Kim.

Tony Dovolani has come a long way from the three-year-old learning to folk dance in Prishtina, Kosova. Early on, Dovolani's father discovered that his son had a knack for both dance and music. Dovolani eventually became a professional ballroom dancer and has been on ABC's *Dancing With the Stars* for a whopping 17 seasons now.

Before his career ever took off, Dovolani knew that dancing

had its perks. "As I got older, I realized that the dancers got all the girls," he says with a laugh. After coming to the United States as a teenager, he was introduced to the Fred Astaire Dance Academy. "After the first step I took into the studio, I knew right away that was going to be the rest of my life."

As time progressed, he choreographed *Shall We Dance* with Jennifer Lopez and Richard Gere and then landed a spot on season two of *DWTS*, where he was paired with Stacy Keibler. Since then, he has developed The Ballroom Dancing Channel with fellow pros Maksim Chmerkovskiy and Elena Grinenko, created the Superstars of the Ballroom Dance Camp, and won the coveted mirror ball trophy with Melissa Rycroft during the All-Stars season of *DWTS*.

Fast forwarding to season 18 of the popular ABC reality show, Dovolani is currently paired with NeNe Leakes, one of the sassy stars of *The Real Housewives of Atlanta*. Although he mentions their great chemistry, they did have a minor issue after switching partners for a week. "She's great. I mean, we had one little tiff that everybody saw. Other than that, it's really been a lot of fun," he candidly shares. "She's hilarious. She has so much character. She shows up ready to work, which is good."

Related Link: ['DWTS' Contestant Candace Cameron Bure Says "Dance Parties" Have Always Been Her Favorite Family Activity!](#)

As viewers saw on last week's episode, the twosome used that bump in the road to strengthen their partnership and ultimately wow the judges with their salsa. "What you guys didn't see is that routine came about from us working with each other. If we had an attitude the whole week, it wouldn't have happened."

When it comes to the rest of the season, the dancing pro has no worries about Leakes and her abilities on the dancer

floor. “I think she’s on a good track. We’re going to keep pushing her every single week. I feel like she’s the fun one in the show, and we want to keep entertaining our fans all the way to the end.” Of tonight’s tango, he says, “I want it to be passionate, hateful, sultry, sexy, and vulgar. I want it to be everything!”

Dovolani works hard both on and off the dance floor, making sure that his wife Lina and their three young children are always his number one priority. “My wife is my queen. I wouldn’t be anywhere without her,” he shares. “Honestly, the saying ‘Behind a great man is an even greater woman’ is absolutely true in my case. She takes care of the kids. She takes care of the house. She takes care of everything while I’m trying to do the show business thing. I think that men in general have to realize how strong women are.”

Related Link: [‘DWTS’ Pro Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend](#)

When it comes to keeping his marriage strong, he points out that proper communication is key to success. Plus, he knows that great relationships don’t just happen: “You have to constantly work on it. If you do that, there’s always a light at the end of the tunnel.”

Communication is not only important in his relationship with his wife but with his children – Luana, Adrian, and Ariana – as well. Because of his busy schedule on the show, he doesn’t get to see his children as often as he’d like, but he doesn’t let the distance stop him from being there for them. “I literally call five, six, sometimes seven times a day. Every time I’m on a break, I’m on the phone with my family,” he explains. “When they get home from school, they speak to me. Right before they go to bed, they speak to me. When they’re doing their homework, they speak to me.”

Dovolani sweetly adds, “I’m telling you it’s all about

communication, and my wife deserves the credit. She's the one that works on it with me and the kids. She's really great about making sure we all communicate and stay on top of things."

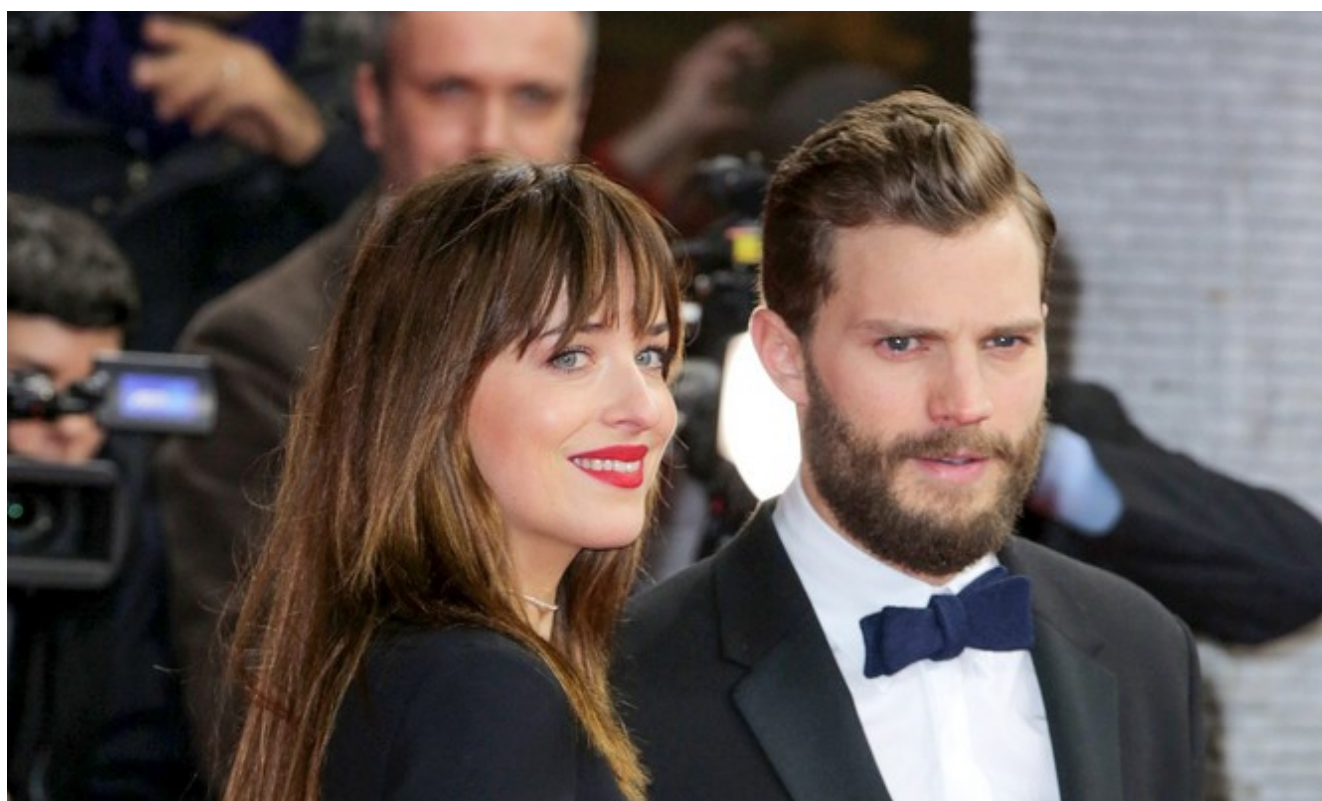
Related Link: ['DWTS' Contestant Sherri Shepherd Chats About the Three Men in Her Life](#)

Luckily for him, his love of dance has been passed down to his children, and the family of five enjoys having dance parties at home. Besides that, they enjoy being outside. "Honestly, in this technology-filled world, as parents, it's our responsibility to make sure we find reasons to get the kids out of the house and into nature. We go ice-skating. We go skiing. We do any sport that we can do as a family."

Keeping that thought in mind, they already have some fun summer plans. He'll be visiting Albania for his niece's wedding, and once back home he hopes to relax and fish with his kids at a lake near their house. Of course, Dovolani and his wife make sure they have some alone time too. Their date nights are usually at a nice restaurant, enjoying a delicious meal and a few glasses of wine. "My perfect day is playing golf with my kids and ending it with dinner at the clubhouse with Lina."

Tune in to ABC on Mondays at 8/9c to watch Tony Dovolani and Nene Leakes dance their way to the top on Dancing with the Stars! You can also keep up with Tony on Twitter @TonyDovolani.

Author Tonilyn Hornung Shares Her Tips for 'How to Raise a Husband'



Interview by [Whitney Johnson](#). Written by Maria Darbenzio.

Author Tonilyn Hornung has used the 153-plus years of marriage experience accumulated by her grandparents and parents as well as herself and her husband to bring other married couples advice. Now, with five other married women, she is sharing her first book, *How to Raise a Husband: A Whole Bunch Of Ways to Build A Strong And Happy Marriage*, to help other wives raise not only a better husband but also build a stronger relationship. Read on for some of the advice that Hornung shared exclusively with CupidsPulse.com!

The title – *How to Raise a Husband: A Whole Bunch of Ways to Build a Strong and Happy Marriage* – certainly grabs people's attention. What exactly is the meaning behind "raising" a husband?

The title was really inspired by my girlfriend. After telling me a story about how she caught her husband watching television instead of playing with their child, it occurred to me that she not only had to raise her kid but also her partner. That's when I started thinking about my relationship with my husband and of the times that I might have helped him come to a more *mature* conclusion about a disagreement we were having or supported him in seeing a different perspective than his own – that's how we raise each other. One partner helps the other see a little more clearly or communicate better. Sometimes we women just happen to be wearing thicker relationship glasses than our partner. We're more fashionable that way.

Related Link: [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

You teamed up with five married women. What made you decide to take this approach – using their personal stories (and your own) to give advice to others? While working with these women, did you learn anything that helped strengthen your own marriage?

Even though my husband provides me with great material, I decided to interview other wives because I felt that this would allow me to give a broader picture of what marriage is really like. These women were wonderful. They held nothing back and opened themselves up to looking less than perfect, and for that, I applaud their honesty.

In my own marriage, I learned that awareness is a huge component of good communication – that and a slice of chocolate cake can work miracles. If I am able to stay aware

of what I'm feeling, I am better able to communicate that calmly and lovingly to my partner. Then, we can work on what we need to from a place of honesty.

Along those lines, is there one story that impacted you the most?

There are so many stories that I love and identify with. That was one of the great joys of writing this book. I could feel each wife's dilemma instantly and take her journey along with her, wondering what her solution would be. Some of my favorites include *Gender Profiling*, *The Football Widow*, and *Not Waiting for Waits*. *Not Waiting for Waits* has such a great message: staying true to yourself.

How has your relationship with your husband changed since writing the book?

My marriage with my husband has only grown and deepened. Some of our conflicts have found new balance since the book was written, and some stay the same, but I do know that, without his openness and support, I never would've been able to start a project like this in the first place.

Related Link:

Now, let's talk about a few specific situations. How can a woman approach her partner if they're struggling with communication?

From my own experience and after talking to other wives, I know that that trying to communicate while you're upset can be tricky; it's not a good way to communicate effectively. The best approach is to be aware of how you're feeling in the moment and try to share that feeling as calmly and directly as you can. Or if you only know you're mad but don't know why, take some time to write it down and then confide what you've written to your husband. Even five minutes of writing can make a huge difference.

What if the husband isn't doing his fair share of the household tasks? How can a woman let him know that she'd like him to help out more without offending him or causing a fight?

From letting the housework pile up until he has no choice but to help to offering a specific "reward system," this is a very popular topic addressed in *How to Raise a Husband*. However, I've found thrusting a vacuum cleaner in my man's hand and ordering him to "suck it up" doesn't always do the trick. But explaining to him *why* I'd like his help (most men seem to like things explained – a lot) works much better. If that doesn't work, check out Sophie's ingenious incentive in Chapter 15 (and it's not cake).

Related Link: [How Fighting Can Strengthen Your Relationship](#)

You also have a series of blogs dedicated to your experience as a first-time mother. Do you see yourself possibly writing a follow-up book focused on motherhood?

YES! I have a baby blog for *Pregnancy and Newborn Magazine* dedicated to the first year of my son's life. It has been a wonderfully crazy emotional ride. From pregnancy on, I've kept copious notes and am gearing up to write a humorous book exploring the joys of elastic pants and spit-up.

And lastly, what is the best advice you could give a woman on how to keep her marriage strong?

In writing *How to Raise a Husband*, I learned that everyone's key to a good marriage varies. At the core of everything, some women want a little more understanding; some need more acceptance; and some just want to be heard. That's where awareness comes in to play. If, as a wife, you can become aware of what your key might be, that helps you communicate with your partner more effectively.

After writing this book, I know that I always crave a little more understanding. When I'm feeling misunderstood, I can tell

my husband that's what is happening before we start an argument – and that's the first step to helping raise each other to our full potential (and getting a slice of cake).

To purchase How to Raise a Husband, check out Amazon!

Author Jennifer Buhl Talks About Her Time Spent 'Shooting Stars'



Interview and written by [Whitney Johnson](#). Transcription by Louisa Gonzales.

Jennifer Buhl spent three years in Los Angeles working as a paparazza (the word for a female singular paparazzi), and as a top-earning photographer, she was one of only five women in an industry dominated by men. Her work was published in *People* magazine, TMZ, and E! News, to name a few. Having since escaped the California lifestyle to move to Boulder, Colorado, and run a family photography business, she took the opportunity to reflect on her time in the field and wrote her new book, *Shooting Stars: My Unexpected Life Photographing Hollywood's Most Famous*. Read on for our exclusive interview with the author and find out more about her experiences with the rich and famous!

Related Link: [Brian Austin Green and Megan Fox Are Accused of Assaulting a Paparazzo](#)

You write about how paparazzi are often portrayed as being the villain, but in reality, they aren't the bad guy. Has this perspective affected the way your friends and family viewed your career?

I think everybody outside of Los Angeles kind of thought I had this cool new profession, but people in LA sort of have an attitude about *their* celebrities – like, “How dare you?” The people who are most offended by my profession are the people who follow celebrities the most...because they feel like they're friends with them. And, of course, it's kind of ironic because they know all about them because of the photographs that paparazzi take.

It's important for people to understand that, a lot of the time, celebrities actually *want* to be photographed. It's also good to note that paparazzi are just the photographers; we're not the buyers (magazines, blogs, etc.) or the consumers. Honestly, I don't really care that much about celebrities; I was just doing my job!

You mentioned that your favorite experience as a paparazzi was

one with David Beckham. Can you elaborate?

David is one of those celebrities that I put in a different category – like this mammoth, mammoth star. He's like Tom Cruise or Brangelina. They operate in their own world, and they always have a ton of security around them. They've really changed their lifestyle because of their fame, so it's hard to get a good shot of them. You rarely see pictures of David just out and about because he knows how to avoid us (which isn't hard to do). So to have an encounter with him is a really special thing.

One day, I followed him to soccer practice knowing that I probably wouldn't get a photograph because it'd be on his terms. He had two security guards with him; he saw me following him and kind of waved at the car I was in. Then, he pulls up to a drive-thru Starbucks window – and I'm like, "Did he do that for me?!" We were both in line and had our windows down, so we started chatting.

He knew I was a paparazzi and I was following him, but I didn't pull my camera out because there was no shot. All he had to do was put his hand over his face, and his security would've come running. We just talked for a while, and at the end of the conversation, he let me have a picture. It wasn't an amazing photo – he was just grabbing his drink from the window – but for me, it was a really special moment.

Were there any celebrity couples that you enjoyed shooting?

I photographed the Beckham's on the soccer field or out as a family. But interestingly, the paparazzi rarely follow a man by himself. Unless he's with his partner or kids or has a big bouquet of flowers in his hand, we typically focus on women. It's women who mostly read magazines, and we really want to see what other women look like – what they're wearing, how they've done their hair, who they're dating.

As an example, I was sitting on Jennifer Garner and Ben

Affleck's house one day – that's a paparazzi term for "staking out" – along with several other paparazzi. Ben pulls out in his car, and nobody moves. We were all waiting for Jen.

Related Link: [Lessons from Jennifer Garner and Ben Affleck](#)

To shift gears a bit, we wanted to ask your thoughts about the recent petition from couples like Kristen Bell and Dax Shepard who are trying to stop photographs of their kids from being published.

Well, I think they are barking up the wrong tree when they are talking to paparazzi. But I actually think Kristen and Dax are going about it the right way; they're trying to target the people who print the pictures. Those are the deciders and consumers of what the paparazzi do. So if they want those pictures to stop printing, they need to talk to those people, and I think some of the media has agreed to it.

I don't think the paparazzi really care that much because, frankly, the publications and blogs are going to use our photos no matter what. Whether you buy the ones with Kristen and Dax's kid or you buy one with somebody else, it doesn't matter.

And how has the insurgence of social media affected the paparazzi's careers?

Social media has given celebrities a lot of power. Our biggest competitors today are celebrities themselves. And that's because they're tweeting and Instagramming their own photos that the magazines and blogs can use for free. Publishers don't really care where the photos come from as long as they're good pictures, and the celebrities love it because they're able to drive their own media and their own look.

On a personal note, as a working mother, do you have any tips for our readers who are trying to balance parenthood with their careers?

I guess my biggest piece of advice is to look into attachment parenting – it really works for me. I would also say that, if possible, it's really important to have a flexible work schedule. It totally changed my life and just allows me to be a mother. If you read the book, then you know that motherhood is the most important thing in my life. So for me, it comes first. I still need to work, and I still love to work, so I put myself in a situation where I am able to be a working mother.

For more information about Jennifer, check out jenniferbuhlphotography.com. You can order Shooting Stars from Amazon!