

# Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"



Interview by [Lori Bizzoco](#). Written by Katelyn Di Salvo.

It sounds like [Chris Soules](#) found his true love...in farming! The star of [The Bachelor](#) season 19 truly stepped out of his comfort zone during his stint on reality TV, going from being a farm boy to a celebrity overnight. On the finale episode, he proposed to Whitney Bischoff, but just seven months later,

the famous couple announced their celebrity break-up. Now, he seems to be finding solace in his farm.

## Former *Bachelor* Talks Farm Life in Our Exclusive Celebrity Interview

In our [exclusive celebrity interview](#), Soules shares that, prior to his time on reality TV, he had never left Iowa for more than 10 days. Suddenly, he was gone for two months to film *The Bachelorette*, another two months for *The Bachelor*, and *another* two months for *Dancing with the Stars*. After his third stint on television, he took a step away from Hollywood – and he couldn't be happier. "It's been good to get back home and do what I love," he says. "Going on all these reality shows and being some what disconnected from the farm was pretty unusual for me."

**Related Link:** [Former 'Bachelor' Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up](#)

The former *Bachelor* describes being a pig farmer as an "intense labor of love," explaining how, as a farmer, you never truly have a day off because the animals and crops always need care. We only hope that he can give a lucky lady that level of devotion someday!

Recently, Soules was a judge on the National Pork Board, and he introduced us to the winner of this year's First Annual America's Pig Farmer of the Year Award, Keith Schoettmer. Schoettmer reveals his approach to farming, saying, "It starts with our responsibility of the farm, which we take very seriously. We properly care for these pigs everyday, and while we're doing that, we're not losing sight of the people we work with and the consumers."

# Reality TV Star Opens Up About His Relationships and Love Life

Soules has been on a roller coaster ride for the past year when it comes to his love life. The celeb went from trying to win the heart of [Andi Dorfman](#) on *The Bachelorette* to having his pick of 30 women on *The Bachelor* to being engaged to Bischoff...to being single again. With that said, relationships and love are the last thing on his mind right now. "My dating life is relatively non-existent... After dating 30 some-odd women and being engaged and going through that whole process, it's been nice to just kind of get back to normal," he explains. "Eventually, I'll get back in the dating rink." He adds that he and his [celebrity ex](#) still keep in touch and are "good friends."

**Related Link:** [‘The Bachelor’ Winner Whitney Bischoff is Casually Dating After Celebrity Break-Up from Chris Soules](#)

In our exclusive celebrity interview, the reality TV star admits that his approach to dating hasn't really changed since being on *The Bachelor*. "There's not a lot of changes I'll probably make. It's still just about finding the right person, someone who appreciates the farming life and also the finer things in life," he shares. He believes that finding love this time around will be a little easier since he is "out there," confessing that there are a lot more women interested in dating him now.

## Chris Soules Shares Dating Advice for Upcoming *Bachelor* Ben Higgins

Soules recently met the newest *Bachelor* Ben Higgins and says he's a great guy. He wishes him the best of luck on the reality TV show and adds, "He deserves it. He's a stand-up guy, and he's what the show is all about, I think. He's truly

trying to find somebody, so hopefully, that happens for him.”

Of course, the former *Bachelor* had some dating advice to share with Higgins: “The main advice that I gave him was to make sure you take each relationship that you have with those girls very seriously and make sure they feel as comfortable as possible... In order to have a real relationship develop, those girls need to feel like they’re the only ones involved in the relationship.”

**Related Link:** [Former ‘Bachelorette’ Trista Sutter Defends ‘Bachelor’ Franchise After Chris Soules, Whitney Bischoff Split](#)

Despite his return to farming, Soules hasn’t completely said goodbye to reality TV just yet. You can catch him on the latest season of *Worst Cooks in America* on The Food Network. He explains that, although he may be good with a grill, he’s not so great in the kitchen!

Keep up with Chris on Twitter @SoulesChris and [www.instagram.com/souleschris/!](http://www.instagram.com/souleschris/)

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## ‘The Bachelor’ Winner Whitney Bischoff is Casually Dating After Celebrity Break-Up from Chris Soules





By [Katie Gray](#)

Most recent winner of *The Bachelor*, Whitney Bischoff, is dating again after her celebrity break-up from Chris Soules. The former celebrity couple split two months after the marriage proposal aired on the finale of the show. According to [UsMagazine.com](#), both claim that they are maintaining a healthy friendship.

**This celebrity break-up was the talk of the town for quite a while. What are some ways to handle public fallout after your break-up?**

**Cupid's Advice:**

Break-ups can be the talk of the town even if you aren't a celebrity. It's like Miranda Lambert sings, "Everybody dies famous in a small town." Whether you're living in the public eye or not, it can be difficult to navigate after a break-up.

Cupid has some dating advice on how to handle the public fallout:

**1. Put a smile on:** Although it may be difficult to wear a smile after breaking up with someone you clearly cared for, you have to do so eventually. You're going to go places that will remind you of your ex, and you're going to run into people who will know about the split. Try to embrace it all, and remember you're strong and still have many things to be happy about.

**Related Link:** [Rob Kardashian's Ex Adrienne Bailon Says He's A Great Guy](#)

**2. Prepare what you'll say:** When you go through a split, people are going to ask you about it eventually. It's a good idea to come up with what information you want to disclose to them. This way you won't be caught off guard when it happens.

**Related Link:** [Blake Shelton and Gwen Stefani Flirt After Celebrity Break-Ups](#)

**3. New routine:** Sometimes it will be hard to go places that you once went with your ex, and to do things that you once did with them. However; you must still live your life. Come up with a new routine that works for you.

**How have you dealt with the public fallout after a break-up? Share your stories below!**

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## Celebrity Break-ups of 2015





Gwen Stefani and Gavin Rossdale

This musical duo surprised everyone when they announced their celebrity divorce on August 3rd. They've promised to keep things amicable and co-parent their three sons together. Photo: Albert L. Ortega / PR Photos

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## Former 'Bachelor' Chris Soules: Is it Over Before it Begins?







By Dr. Jane Greer

Former [The Bachelor](#) star [Chris Soules](#) and fiancée Whitney Bischoff announced they have mutually and amicably decided to call off their celebrity engagement. Chris shared that the split has been “really tough,” but they continue to be supportive friends. Despite the fact that the way in which couples meet on *The Bachelor* and *The Bachelorette* is so exciting, it seems many of the relationships and love don’t work out in the long term. Even so, the show carries intrigue for the viewers in the same way it does for the participants.

**It gives everyone the chance to think about the possibilities of meeting someone new and starting over, finding Mr. or Mrs. Right, and having the sense that anything**

**can happen, the world is your oyster. It can seem like a dream come true.**

Being a contestant on one of these reality shows is available to only a few people, but many of us have had the experience of meeting someone new in a more exciting than real life situation such as on vacation or at a big event like a wedding. When that happens, there can be an immediate connection, and the sense that you have known that person all your life. Those feelings can be fueled by chemistry and the attraction you have for one another, as well as the fanfare of the situation in which you met. In the same way that people meet on *The Bachelor* and *The Bachelorette*, it can be a key in the ignition that turns the relationship on, but then how do you keep it in motion? And why do so many of these relationships, whether they begin on the television show or in an out of the ordinary setting, end sooner rather than later?

**Related Link:** [Chris Soules and Celebrity Love Whitney Bischoff Celebrate His 'DWTS' Performance](#)

It probably has a lot to do with the fact that these couples aren't having the opportunity to experience the other person under typical circumstances. On the show, for example, there is an intended outcome, goal, and timeline for a decision to be made which can disrupt the regular flow of getting to know each other. In the case of those couples who meet in other places, on a whirlwind vacation or swept up in the romance of the wedding they are attending, the same can be true because things might move faster than they would otherwise. It's all about the excitement and celebration – capturing relationships at the very beginning, where almost everyone starts out excited about falling in love. For many people, however, making a relationship succeed requires work that has to kick

in once you're past the first stage of making the connection. This entails being able to communicate effectively with each other, dealing with compromising, sharing goals, and finding a balance between personal lives and their life as a couple. Those are the elements that make a relationship durable and enduring.

**Related Link:** [Former 'Bachelor' Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up](#)

The inability to navigate their way through these important steps, paired with the idea that they are no longer in a glamorous world or on a television set, can very often diminish desire. The more frustrated, disappointed and angry you get, the faster you can lose your footing and grasp on what is keeping you together, and the more likely you are to get turned off to your partner.

Of course, it helps to know what you are looking for before you embark on the search for a new mate, whether through participating in a show like this or not. In other words, consider the values, temperament and energy level you are hoping to find in a new partner. Do you hope to be with someone who is a go-getter, or on more of an even keel? Are you searching for someone who is ambitious and looking to make a lot of money, or someone who is more creative and not so focused on the finances? The most important thing in all of this is figuring out how you feel when you are with the other person, and how he or she makes you feel about yourself. If all of that falls into place, it might be worth making the effort to stay together even after the band goes home or the camera people are no longer a part of your time together.

For Chris and Whitney, getting back to the ordinary elements of living and away from the show may have shed a light on a reality they no longer wanted to be a part of. At least they are making the best of it and continuing their friendship.

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# Former 'Bachelor' Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up



By [Courtney Omernick](#)

It looks like [Chris Soules](#) isn't wasting any time feeling blue about his [celebrity break-up](#). [E! Online.com](#) recently reported that Soules has been spotted post celebrity break-up spending time at his family's farm in Iowa. Chris Soules and Whitney Bischoff announced last month that they were no longer

involved in a celebrity relationship.

## **This former Bachelor is seeking comfort in family post break-up. What are some other ways to cope with a split?**

### **Cupid's Advice:**

Chris Soules and Whitney Bischoff's celebrity relationship might not have been all it was cracked up to be, but that doesn't mean that the break-up hurts any less for the both of them. Going your separate ways is never easy, and everyone copes differently. Below is some love advice Cupid has on how cope with a split:

**1. Reach out your friends:** You've made your friends a part of your life for a reason. More than likely, these people will listen to you and understand what you're going through. And, they'll probably try their best to get you out of the house and living life again.

**Related Link:** [Former 'Bachelorette' Trista Sutter Defends 'Bachelor' Franchise After Chris Soules, Whitney Bischoff Split](#)

**2. Focus on yourself:** Now that you have more "me" time, focus on your favorite hobbies, your health, etc. Take some time to just be you instead of wondering what the next step is.

**Related Link:** ['The Bachelor' Chris Soules and Fiancee Whitney Bischoff Split](#)

**3. Think about what you have:** Especially if you've invested a lot of time in your relationship, you can feel a bit depleted once it's over. Remind yourself that you still have amazing

people, experiences, and things in your life.

Share your love advice with our readers. What are some ways you've coped with a split? Comment below!

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## Former 'Bachelorette' Trista Sutter Defends 'Bachelor' Franchise After Chris Soules, Whitney Bischoff Split



By [Katie Gray](#)

Former Bachelorette star, Trista Sutter, has come to defend the series after the recent split of Chris Soules and Whitney Bischoff's was announced. According to [USMagazine.com](http://USMagazine.com), "Sutter, 42, retweeted Fleiss' note on Friday and added her marriage to firefighter Ryan Sutter to the pile. "And I'll raise u an 11 yr marriage," the season 1 Bachelorette tweeted. "Hard work? Yes! Any marriage is! But without Bachelorette, no intro, no marriage."

## ***The Bachelor* franchise shows sometimes reality shows do lead to love! What are some unique methods to meet a new partner?**

### **Cupid's Advice:**

The same old dating methods can get a little old. Cupid has some dating advice for unique methods to meet a new partner:

**1. Night out:** Everyone can use a night out on the town! We work hard and have hectic schedules, therefore; it is imperative that we make time for ourselves, too. A good way to meet people is by going out with friends and trying new places, because with it comes new people. Enjoy yourself and see what happens and who you meet!

**Related Link:** [Chris Soules and Celebrity Love Whitney Bischoff Celebrate His 'DWTS' Performance](#)

**2. Matchmaker:** Although it would be nice to have an appointment with Patti Stanger, the famed *Millionaire Matchmaker*, it's not always possible. Don't get discouraged from going to a different matchmaker in your area. Check out new innovative dating services that keep popping up and find a matchmaker who knows how to play cupid. Regardless of if you will meet your soulmate, you will likely make new friends and

create good memories as an outcome!

**Related Link:** [‘The Bachelor’ Chris Soules and Fiancee Whitney Bischoff Split](#)

**3. Join a club:** A good way to meet new people is by joining in on activities. Start meeting with a book club and/or join a wine tasting club. Take a cooking class and/or find fun activities to do as an outing with friends and you will meet plenty of new people and gain new experiences!

**What are some ways that you have met a new partner? Share your stories below!**

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## ‘The Bachelor’ Chris Soules and Fiancee Whitney Bischoff Split







By [Jessica DeRubbo](#)

This *Bachelor* couple has called it quits. Chris Soules and Whitney Bischoff officially announced their celebrity break-up after weeks of fan speculation, according to [UsMagazine.com](#). Though the reason behind the split has not yet been revealed, one can only imagine that a Chicago girl with a good job would find moving to small town Iowa a little daunting. In a joint statement, the duo said, “Whitney Bischoff and Chris Soules have mutually and amicably decided to end their engagement. They part with nothing but respect and admiration for one another and will continue to be supportive friends. They wish to thank everyone who has supported them through this journey.”

**Another *Bachelor* couple bites the dust! How do you know if your relationship can stand the test of**

# time?

## Cupid's Advice:

Not all relationships and love last forever. How do you know yours is headed in a long-term direction? Cupid has some tips:

**1. Mutual interests:** It may seem obvious, but it's important that you share interests and hobbies. If you have nothing in common outside of work, then how will you spend quality time together?

**Related Link:** [Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale](#)

**2. Shared values:** You can only get so far in a new relationship and love without shared values. Once things get serious, it's important that you respect each others' religious choices, parental plans, and overall views on the world.

**Related Link:** [Chris Soules and Celebrity Love Whitney Bischoff Celebrate His 'DWTS' Performance](#)

**3. Meshing dreams:** What you both want for the future is important, too. You need to see eye to eye on your dreams and ambitions, or else you'll inevitably hold each other back. If you aspire to own a mansion with a live-in housekeeper and your partner wants to live in a small cabin in the woods, this might not be a match.

**What are some other ways to know your relationship will be long-lasting? Share your ideas below.**

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# Celebrity Gossip: Why Is Former 'Bachelor' Star Chris Soules Wearing a Ring?



By Maggie Manfredi

Check out the ring! According to [E! Online](#), former *The Bachelor* star Chris Soules appeared to be wearing a wedding ring in his most recent Instagram photo. Soules met his current fiancé Whitney Bischoff on *The Bachelor*, and they've been happy together ever since. The caption of the reality star's photo was, "Some of our corn planted last Monday, just about to emerge. Looks good!" The picture showed a man's hand holding a small plant, but more importantly there was a wedding band on the finger. It has not yet been confirmed if the celebrity couple has tied the knot.

# Celebrity gossip doesn't rest! What are some ways to keep gossip from affecting your relationship?

## Cupid's Advice:

Whitney and Chris have dealt with their fair share of gossip, but they haven't let the drama bring them down. Cupid has some tips for you to make it past the rumor mill:

**1. Careful on social media:** If you have some relationship and love life stuff that you want to keep private, be careful what you are disclosing on the world wide web.

**Related Link:** ['Bachelor' Couple Jake Pavelka & Vienna Girardi Split](#)

**2. Don't take it too seriously:** If people are talking, try not to make a big deal out of every little thing. Talk to each other and if things get ridiculous, calmly and as a team reach out to those potentially spreading the gossip.

**Related Link:** [Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo](#)

**3. Be honest and faithful:** At the end of the day these are the rules to live by in any monogamous relationship. Be real and be true to the one you love.

**Do you think this celebrity couple did in fact tie the knot? Share your predictions below!**

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# Will Chris Soules Be Tuning in to Watch His Celebrity Exes on 'The Bachelorette' Season 11?



By Emma L. Wells

The premiere of [The Bachelorette](#) season 11 is less than three weeks away. We know we'll be watching, but what about former *Bachelor* Chris Soules? It's understandable that he may not want to tune in to the reality TV show to watch two of his celebrity exes – [Kaitlyn Bristowe](#) and [Britt Nilsson](#) – search for a relationship and love. "Kaitlyn and Britt were obviously a part of my life, and I'm interested to see how their journey goes," Soules told [People.com](#). "Honestly, right now, I'm okay

with that part of my life being behind me.” Since *The Bachelor*, Soules certainly seems to have moved on to a happy celebrity engagement with his fiancé Whitney Biscoff. However, just because Prince Farming is busy with *Dancing with the Stars* doesn’t mean he’ll be able to avoid *The Bachelorette*. “Whitney will definitely be watching, so I’ll probably be watching,” he joked.

## **Former *Bachelor* Chris Soules says he still cares for his celebrity exes. What are some ways you can be friends with your ex after your relationship and love ends?**

### **Cupid’s Advice:**

When it comes to relationships and love, just because you have ended your romantic partnership doesn’t mean you don’t want to see your ex anymore. Being friends after a break-up isn’t easy, but Cupid has some tips on how you can make it work:

**1. Don’t force it:** You shouldn’t force a friendship on anyone, ex-lover or not. Similarly, forming a platonic relationship with your ex has to happen naturally. If romantic feelings or resentments remain, it won’t be possible. Give yourself time to grieve and move on. Once you’ve adjusted to life apart, then it may be time to offer your friendship. Don’t rush into this phase immediately following a split.

**Related Link:** [‘The Bachelorette’ Battle Begins as Season 11 Promo is Released!](#)

**2. Think about your language:** It’ll be easier to be friends if you don’t refer to them as your ex anymore; you’re heading in the right direction once you can introduce them simply as your

friend. You should be prepared for a bit of an awkward phase to start out. Recognize that it's an adjustment; eventually, you two will figure out how to act around each other.

**Related Link:** [‘The Bachelor’ Season 19 Contestant Britt Nilsson Faces Her Fear For Chris Soules](#)

**3. Consider your new significant other's feelings:** If you are able to form a friendship with your ex, keep in mind that your new partner may not understand. Be mindful of their feelings. Additionally, if you feel yourself getting jealous of your ex's new boyfriend or girlfriend, you might be harboring some residual romantic feelings. In this case, it's probably best to take a step back from the friendship until you can work through them.

**Have you remained friends with any of your exes? Tell us your story below!**

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## **Celebrity Couple Chris Soules and Whitney Bischoff Discuss Their Plans For a ‘Bachelor’ Baby**





By Emma L. Wells

This celebrity couple is revealing their plans for the future, and it includes more than just the two of them. “Dancing, the move to Iowa, the wedding, and eventually a family,” *The Bachelor* winner Whitney Bischoff told *Us Weekly*. “[We] definitely [want kids], so one step at a time.” Since their celebrity engagement, she’s been by fiancé Chris Soules’ side during his run on *Dancing with the Stars*. So what’s next on Soules’ agenda? According to [OkMagazine.com](http://OkMagazine.com), he said, “We’re just looking forward to getting into our normal lives. Then, we can talk about wedding planning.” But his celebrity love is way ahead of him: In a *Good Morning America* interview, Bischoff said she was ready for a [celebrity pregnancy](#) and admitted that she had frozen her eggs so she can have “multiple kids.”

**There’s no doubt in Bischoff’s mind that parenthood is in the future**



# for this celebrity couple. What are some ways to pick out a name for your baby?

## Cupid's Advice:

There are so many big decisions that come up after you get pregnant, but picking out a name for your little bundle of joy is perhaps the one with the longest impact. Your name says so much about you, and parents should put careful thought into it before settling on one. Cupid has some tips on how to make the best baby name choice:

**1. Ignore the trends:** Everything goes out of style eventually. Right now, it's a fad among celebrity couples to use really unique names for their kids – think Apple Martin or North West. Instead of thinking way outside the box, consider looking into the past. Check out the social security website of popular baby names that goes back over 100 years. There are many names in the list that, although they aren't common right now, are beautiful and timeless.

**Related Link:** [Justin Timberlake Gives Shout Out to Pregnant Celebrity Love Jessica Biel at iHeart Radio Awards](#)

**2. Honor someone:** It can be a great idea to name your baby after someone you love. Not only is it a wonderful gift to give that person, but it provides a legacy your child will appreciate when they grow up. It's always special to pick a name of a family member or friend. If you can't find one that you like, then consider the name of your favorite book character or a historical figure you admire.

**Related Link:** [Famous Couple Brandon and Leah Jenner Announce Celebrity Pregnancy with Cute Instagram Photo](#)

**3. Try it out:** Before you and your partner decide on a name,

think about how your child will grow up with it. Ask yourselves these questions: Does it sound good with their last name? What will their nickname be? Is this a name that will be relatively easy for your kid to learn to spell? These questions should help you narrow down your list.

**What are some other ways to find baby name inspiration? Tell us below!**

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**'The Bachelor' Star Chris Soules Is Happy Celebrity Love Whitney Bischoff and Runner-Up Becca Tilley Are Friends**





By Meranda Yslas

When two women are fighting for the same guy, it doesn't always end peacefully. However, *The Bachelor* runner-up Becca Tilley and Chris Soules's celebrity love, Whitney Bischoff, have been able to do just that. According to [UsMagazine.com](http://UsMagazine.com), the two have kept their friendship and Soules is happy for them. He shared, "I'm just glad they were able to keep their friendship, because they're great girls." As for his relationship with Tilley, the former bachelor explained, "I mean, it's not like we talk or communicate on a regular basis," but "she's a great person."

**No animosity can be found in this *Bachelor* relationship! What are benefits to being friends with your partner's ex?**

**Cupid's Advice:**

Although it may feel like an unusual situation, being friends with your lover's ex can be a good thing. You two will have shared understanding that most friendships don't have. Much like in the style of Soule's celebrity love, Bischoff, here are some benefits of having a friendship with your partner's ex:

**1. Common understanding:** Exes know a lot about each other and know what worked for their relationship and love, and what didn't. If your beau's ex is your friend, he or she can give specific relationship advice and tips.

**Related Link:** ['The Bachelor' Chris Soules on First Night Jitters](#)

**2. Shows confidence:** Keeping a friendly relationship with a mate's ex shows that you aren't the jealous type. You will appear confident and sure of you and your partner's love.

**Related Link:** [Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo](#)

**3. Brings you closer:** At one point, your lover's ex meant a lot to them. By having a friendship with the ex, you can learn a lot about your mate and have a stronger and closer relationship and love.

**Are you friends with your beau's ex? Share below!**

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**Chris Soules and Celebrity  
Love Whitney Bischoff**

# Celebrate Performance

# His 'DWTS'



By Emma L. Wells

Reality TV star [Chris Soules](#), who announced his celebrity engagement on the season finale of [The Bachelor](#) season 19, and his *Dancing with the Stars* partner Witney Carson received much better reviews on Monday night for their performance, and they went out to celebrate! [HollywoodLife.com](#) reported that, after judge Julianne Hough dubbed him “the comeback king,” Soules enjoyed a dinner with Carson and his celebrity love Whitney Bischoff as well as the reigning *DWTS* winner Alfonso Ribeiro and his wife, Robin Stapler.

# Bischoff is there to support her celebrity love both on the dance floor and off. What can you do to show your encouragement for your partner?

## Cupid's Advice:

One way to show your partner you care about them is by caring about the things that are important to them. Whether it's their career or just a hobby, taking part and showing support will make your relationship and love even stronger. Consider this love advice:

**1. Be there with them:** Attend events, both big and small. Even if the moment doesn't seem that significant to you, if your partner asked you to come, then it's probably important to them. Being present for lets your sweetheart show off for you – and show you off too!

**Related Link:** [Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale](#)

**2. Be enthusiastic:** Everyone likes to hear that they're doing well, especially when it comes from someone they care about, so channel your inner cheerleader and root them on. This means pumping them up after a victory, like Bischoff does for her celebrity love, or helping them stay positive after a loss. Whatever the situation, make sure they know you're on their team.

**Related Link:** [Famous Couple Chris Soules and Whitney Bischoff Stay Strong Amid Celebrity Gossip](#)

**3. Be honest:** While a big part of encouragement is about being positive, it doesn't have to mean glossing over important

issues. If your honey approaches you with a problem or concern, you need to be honest. You might be inclined to lie to make them feel better, but that instinct isn't helpful. Your relationship will be stronger and better off as a result of your truthfulness.

**How do you show your support for your partner? Tell us below!**

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## **Famous Couple Chris Soules and Whitney Bischoff Stay Strong Amid Celebrity Gossip**



By Emma L. Wells

Like many *Bachelor* and *Bachelorette* couples that have come before them, famous couple [Chris Soules](#) and Whitney Bischoff are facing a spinning rumor mill following the announcement of their celebrity engagement. But this pretty pair is determined not to let the celebrity gossip ruin their happiness! Both [reality TV](#) stars have posted recent photos to Instagram to prove that their relationship and love is as strong as ever. According to [Wetpaint.com](#), this weekend, Soules shared a heartwarming photo from filming with the message, "She brings me happiness."

Bischoff also took to Instagram, posting a snap of the famous couple cuddling on the couch together. When recently asked about the celebrity break-up rumors and tabloid drama, she responded, "You can't read it. You really just can't. There's so much outside noise out there."

**This famous couple clearly isn't letting celebrity gossip damage their relationship and love. What are some ways to stay strong despite rumors?**

#### **Cupid's Advice:**

Just because you're not a celebrity couple doesn't mean you don't have to deal with rumors and gossip. Thanks to social media, news travels fast and people talk. But you can't let other people's opinions cause problems in your private relationship. Cupid has some tips on how to rise above the gossip:

**1. Turn the other cheek:** Ignoring what other people are saying



about you is easier said than done. Sometimes, it can be downright impossible, and you'll start to wonder if there's any truth to what's being said. If you're feeling insecure, you need to approach your partner with your concerns in an honest and non-accusatory way.

**Related Link:** [Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale](#)

**2. There's power in numbers:** There are only two opinions in your relationship that matter. It'll be easier for you and your significant other to fend off rumors when you stick together and remember that the only voices you should listen to are each other's.

**Related Link:** [Celebrity Couple: Chris Soules Kisses 'Bachelor' Winner Whitney Bischoff on Romantic Date Night](#)

**3. Sticks and stones...:** If your mother ever told you that words can't hurt, she lied. Words, especially negative ones, can carry weight and cause damage, and pretending that gossip doesn't bother you won't make things any easier. Once you recognize this truth, you need to remember that, while words can be painful, you can definitely be stronger than the people who run the rumor mill.

**How have you and your beau handled negative rumors? Tell us in the comments below!**

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**Celebrity Couple: Chris Soules Kisses 'Bachelor'**

# Winner Whitney Bischoff on Romantic Date Night



By Jenna Bagcal

Date nights are great opportunities for you and your significant other to forget about the stresses of the week and just focus on each other. According to [People.com](https://www.people.com), celebrity couple Chris Soules and his fiancée Whitney Bischoff from [The Bachelor](https://www.fox.com) season 19 did just that. They were spotted engaging in some PDA on their recent date. On Instagram, Soules captioned a photo of the cute pair with “Lovely evening with my lady. #luckyman.”

**Following *The Bachelor* season 19 finale last week, this celebrity couple is excited that they can finally be seen together in public. What are three unique date ideas for a romantic night out with your partner?**

**Cupid's Advice:**

Consider Cupid's dating advice and spice up your regular nights out to keep them from feeling monotonous. Take some inspiration from this celebrity couple, and use these three unique date ideas for a romantic night with your partner.

**1. Take a romantic dinner cruise:** Having dinner with your love might be on your regular repertoire of date nights, but why not take it to the next level? Attend a romantic dinner cruise and sail around the city with your partner. Order a bottle of your favorite wine, feel the sea breeze on your face, and watch the glow of the sun as it sets on the horizon.

**Related Link:** [Date Idea: Explore Your Relationship and Love on a Road Trip](#)

**2. Go on a hot air balloon ride:** Take in the sights of your city from a different perspective. Go on a hot air balloon ride with your sweetheart and slowly sail across the sky in a sea of clouds. Call in advance in case of inclement weather. Private balloon rides for two are available, so make sure to bring your camera for plenty of scenic photos of you and your partner.

**Related Link:** [Celebrity Engagement: Chris Soules Proposed to](#)

[Whitney Bischoff on 'The Bachelor' Season 19 Finale](#)

**3. Attend a couples cooking class:** Few things are as heartfelt and romantic as cooking for your significant other. So tie on your aprons and enjoy a cooking class together! There are often deals online on sites like Groupon. Take plenty of notes during the class so that you can recreate the delicious cuisines for an at-home date night with your partner.

**What are some unique and fun date ideas? Share them with us in the comments!**

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## **Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale**





By Emma L. Wells

After ten weeks of searching on reality TV, Prince Farming has finally found his Princess! On the finale episode of *The Bachelor* season 19, Chris Soules, armed with a Neil Lane engagement ring, got down on one knee and proposed to Whitney Bischoff, a 29-year-old fertility nurse from Chicago. "Everything about this moment feels right," he told her. According to [ABC News](#), Bischoff seemed to be the obvious choice after the other contestant, Becca Tilley, confessed that she wasn't ready to jump into a [celebrity engagement](#) and commit to a life in Arlington with Soules. During the "After the Final Rose" special, it was easy to see that the reality TV pair is thrilled to just be a "normal" couple.

**This celebrity couple found true love on reality TV, but not all of us have that option. What are some**

# unique ways to meet your soulmate?

## Cupid's Advice:

Unlike the lucky celebrity couple from *The Bachelor* season 19, most of us don't have reality TV producers arranging the perfect circumstances for us to find relationships and love. If we want it, we have to go out and look for it ourselves! It's certainly not easy, but Cupid has some love advice about how to meet your soulmate:

**1. Take part in group activities:** You'll want to have common interests with your future partner, so why not participate in group activities that relate to your hobbies? Take an Italian cooking class or sign up to learn Spanish. Join an intramural kickball league or a hobby club. It will be easy to strike up a conversation with someone over your shared interests while interacting in this laidback setting.

**Related Link:** [The LOWEdown on 'The Bachelor' Celebrity Wedding of Sean Lowe & Catherine Giudici](#)

**2. Ask your friends:** There's a reason why so many dating websites and apps give you matches based on your Facebook friends: You're more likely to hit it off with someone who your pals already like! If you're looking for a relationship and love, ask your friends for help. They know you well and know what you want in a partner. If you're nervous about a blind date, you can always plan a double or group date instead to ease any awkwardness.

**Related Link:** [Whitney from 'The Bachelor' Season 19 Says She'd Move to Arlington, Iowa for Chris Soules](#)

**3. Look online:** It can be hard to find the time and place to meet someone special. There's nothing wrong with searching through a reputable dating site – it's one of the reasons they were invented! It gives you the opportunity to judge potential

matches at your own pace. There's also a lot less pressure if you've talked online before you meet in person.

How did you meet The One? Tell us in the comments below!

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# 'The Bachelor' Season 19 Premiere: Chris Soules Meets 30 Bachelorettes



By [Sarah Batcheller](#), [Lori Bizzoco](#), and [Whitney Johnson](#)

If you watched the season 19 premiere of *The Bachelor* last night, you know that Chris Soules is in for quite a ride. The

Arlington, Iowa native clearly has his hands full with this group of women! After getting booted by Andi Dorfman, there's no telling which dynamic lady will steal his heart – and when we say dynamic, we mean it. His contestants range from a ballet instructor and a flight attendant (a profession that hasn't reigned superior in *Bachelor* past) to a WWE Diva-in-Training and a former NFL Cheerleader. Some are hotties with big personalities, while others are more bashful and low-key. And then there's the girl who depends a little too heavily on the bottle. Of course, they have one thing in common: They all want the same man. Ahh, aren't you so glad to have season 19 of *The Bachelor* to start off the new year?

To help you keep up with the 30 bachelorettes vying for Prince Farming's heart, we developed a "cheat sheet" with identifying details and our personal opinion of the women. Who will be sent home in tears? Who will embarrass themselves on national television? And, most importantly, who will get that final rose and prove to be the lady of Soules's dreams? Read on to find out what we think. (Spoilers ahead!)

## **Which Bachelorette Will Win Chris Soules's Heart on Season 19 of 'The Bachelor'?**

### **Top Contender**

*Britt, Waitress, Hollywood, CA*

After only one night, we think Britt could easily win the single hunk's heart with her sweet composure and warm personality. Her "free hug" idea was a perfect way to capture his attention. It gave him the chance to show his vulnerability, and she got him to open up and trust her. She even got the first impression rose *and* the first kiss! Nice job! A+ for how to win a man. Still, we have to wonder: What would an L.A. girl do on a farm?



## **Most Likely to Make Babies**

*Whitney, Fertility Nurse, Chicago, IL*

Whitney is an adorable girl, and Soules said he is excited about her. How could he not be? The girl is smiling from ear to ear and living on cloud nine with her positivity. She sees possibility in everything, including the fact that, because she is a fertility specialist, she could help him raise baby hogs. Not sure her high-pitched, fast-talking, bubbly voice would be a good fit for the laid-back environment of the farm though. She would need to slow down...way down!

**Related Link:** [‘Bachelor’ Chris Soules Opens Up About Finding His Future Wife](#)

## **Winner of the Bachelorette Look-alike Contest**

*Kelsey, Guidance Counselor, Austin, TX*

We had to do a double-take when we saw Kelsey exit the limo. For a moment, it looked like Molly Maloney (now Mesnick) had stepped back into the scene! This short-haired widow would win the former *Bachelor* contestant look-alike contest if there was such a thing, but what she is really hoping for is to win Soules’s heart. Only time will tell!

## **Award for Turning *The Bachelor* on During the Limo Introduction**

*Megan, Makeup Artist, Nashville, TN*

“Blondie.” “You’re gorgeous.” “Blue eyes.” “I am nervous.” “This is crazy.” We thought for a moment that the farmer was going to run away with Megan right then and there! It was obvious that he was extremely attracted to her. One thing though: We were shocked that she was the only one, aside from Tara, who looked like she wasn’t wearing makeup.

## **Best Dressed and Best Eyelashes**

*Ashley I., Freelance Journalist, Wayne, NJ*

This East Coaster gets two awards: One for being absolutely stunning in her formal dress and the other for her long and just as stunning eyelashes. The girl is drop-dead gorgeous, but we need to see if her inside is as pretty as her outside.

So far, she is nervous about the other girls, which really makes no sense. Confidence is key, Ashley!

### **Hardest to Figure Out**

*Trina, Special Education Teacher, San Clemente, CA*

Hello, Farmer Chris! Trina's expression and facial reactions didn't really match her words. There is something somewhat phony about her...but we haven't quite figured it out yet. Stay tuned for more.

### **Craziest Profession**

*Reegan, Donated Tissue Specialist, Manhattan Beach, CA*

It's a toss-up between embalmer Shawntel Newton and this donated tissue specialist for the craziest profession. Reegan brought biohazard waste to meet a man she's trying impress. Really? Fake heart or not, there are some things that are just too much, too soon!

### **Official Train Wreck**

*Tara, Sport Fishing Enthusiast, Ft. Lauderdale, FL*

The girl was probably the first in *Bachelor* history to show up dressed casually. She exited the limo with Daisy Dukes and cowboy boots to show Soules her "real" side. She later changed into a little black dress, climbed into an empty limo, and reintroduced herself as a lady. Unfortunately, she threw down so much Jameson, Jack, and Johnnie (her BFFs, as she mentioned) that she couldn't pull off the classy lady for longer than 30 seconds. Still, the man of the hour (surprisingly) gave her a rose. We can't wait to see what she does next!

### **Biggest Baby**

*Amber, Bartender, Chicago, IL*

We're not sure what to say here. A 29-year-old woman who still needs her teddy bear for comfort? She definitely doesn't scream "marriage material" to us, but at least she made a memorable impression!

**Related Link:** [The First Official Look at Chris Soules on 'The Bachelor'](#)

### **Worst Stolen Moment**

*Nikki, Former NFL Cheerleader, New York, NY*

We couldn't help but be disappointed that this beautiful brunette's first moment with Soules was interrupted by Tara's dramatic second hello. Lucky for us, Prince Farming got to know her a bit better at the cocktail party and decided to keep her around!

### **Wackiest Secret Admirer**

*Amanda, Ballet Teacher, Lake in the Hills, IL*

The idea was good, but the girl is a bit off. As Britt put it, she has big eyes that are almost as scary big as those of Ashley S. As beautifully graceful and sincere as ballet is, Amanda is a little awkward. She even admitted in the confessional booth that she was single because she is crazy!

### **Most Likely to Bench Press *The Bachelor***

*Jillian, New Producer, Washington, D.C.*

Jillian has to be the girl most likely to beat the crap out of you! She's pretty but needs to tone down the testosterone and up her femininity if she wants to make it far in this competition. As of now, she doesn't seem like much of a match for small town guy.

### **Simplest Single Mom**

*Mackenzie, Dental Assistant, Maple Valley, VA*

This young mom has a cute little boy and is looking for a husband. She asked Chris about his farm and did some watercolor painting with him. He gave her an education on Alfalfa, and the rest is history. Mackenzie is much simpler than the other women, so that may make it hard for her to compete.

### **Most Awkward Limo Exit (among other things)**

*Ashley S., Hairstylist, Brooklyn, NY*

This was one of the most awkward limo exits we've ever seen. Why it wasn't edited is beyond us, but this girl didn't even look at Soules. She got out and looked around, as if she were high, lost, or confused. Maybe she tried out for the wrong show? During the cocktail party, she spoke in metaphor about being like an onion. Enough said!

### **Worst Sense of Humor—Ever!**

*Kaitlyn, Dance Instructor, Vancouver, BC*

This girl had a great presence when she exited the limo. But as soon as she opened her mouth, it was all over. She introduced herself by telling an inappropriate joke that didn't seem all that funny. Soules later shut her down when she offered to tell yet another corny joke. Despite her awkwardness, the *Bachelor* was impressed with how down-to-earth she is.

After the farmer enjoyed some time with the first 15 ladies, the next group of women showed up. The first four to arrive – Samantha, Michelle, Juelia, and Becca – were a bit...boring. They were all gorgeous (no surprise there) but didn't offer much in terms of exciting introductions.

### **Hottest Introduction**

*Tandra, Executive Assistant, Sandy, UT*

There's no doubt that this girl made an entrance: She drove in on motorcycle in a beautiful dress. It was graceful, and she was showing Soules that they had something immediately in common (he rides a motorcycle too). She also revealed that, as much as she could be a lady, she could let her hair down too. Even the other women thought it was an amazing way to say hello!

**Related Link:** [Chris Harrison Jokingly Slaps Chris Soules in 'Bachelor' Promo](#)

### **Lamest Prop**

*Alissa, Flight Attendant, Hamilton, NJ*

Alissa is adorable but may be a little immature for Soules. We're still on the fence. For her introduction, she took an airplane seatbelt and put it around his waist. It was a nice technique to get close to him, but she'll need to step it up in order to compete with the other ladies in the house.

### **Best Ice Breaker**

*Jordan, Student, Windsor, CO*

We didn't get to see much of Jordan tonight, but from what we did see, we like her. She was smart enough to bring the nervous *Bachelor* two mini-sized bottles of whiskey, which they proceeded to drink together. Something to keep in mind, ladies: Figure out what he likes and do that!

### **Worst Miss Piggy Impersonation**

*Nicole, Real Estate Agent, Scottsdale, AZ*

Nicole walked out of the limo with what looked like a handmade pig nose that was secured with elastic around her head. It was a cute idea, but it didn't really go over as well as she had hoped. She was sent on her way.

### **Worst Way to Wear a Doily**

*Brittany, WWE Diva-in-Training, Orlando, FL*

Two strikes for Brittany, thanks to her horrendous outfit (and we mean *horrendous*) and tacky "Soulesmate" poster. She looked like she was wearing a gigantic doily. If this was a hand-me-down from her great, great grandmother, we apologize, but it wasn't even nice enough for the dining room furniture.

### **Worst Serenade**

*Carly, Cruise Ship Singer, Arlington, TX*

Carly took her pink, girly karaoke machine and serenaded Soules with a song that she wrote for him. Interestingly, she did this while wearing a fluffy-looking chiffon dress. Carly is a cruise ship singer, which somewhat explains the cheese factor in her gimmick. She was sent back to the ship, her singing was not enough to get her a rose!

## **Most Adorable Introduction**

*Tracy, Fourth Grade Teacher, Wellington, FL*

Too cute for words. She read a note to the handsome farmer from one of her students, basically telling him to take care of her teacher and that she thinks he's cute and that she likes roses. What's not to like?

Of course, there were other contestants – Jade, Kara, Kimberly, and Bo – but they didn't make a memorable enough impression for us to include them on our list. Unfortunately, at the end of last night's episode, Soules sent home eight women: Nicole, Amanda, Kara, Kimberly, Bo, Brittany, Michelle, and Reegan. Kimberly went back inside for the rose she didn't get...and we were left with another *Bachelor* cliffhanger.

*The Bachelor airs on ABC on Mondays at 8/7c. Check back next week for our recap!*