

'What to Expect When You're Expecting' Has an All-Star Cast!



By Matthew Dougherty

This comedy features an all-star cast including Jennifer Lopez, Cameron Diaz, Matthew Morrison, Elizabeth Banks, Dennis Quaid, Chris Rock and Anna Kendrick. The plot follows five couples, all expecting children, who must overcome the issues that couples all face when expecting a child. The trailer is quick on the laughs and the heart making for what could be a fun summer comedy stuck in between all the big action blockbusters. With a cast of respectable actors like this all signing on to do the same film, the script has to be good.

Should You See It? If you need a break from robots, aliens, superheroes, or all three this could be a great film with which to just go and have a laugh.

Who To Take: Anyone really. The comedy seems light enough to bring your mother or little sister. But it could also be a great date movie or outing with friends. Your significant other will like that the jokes are not all directed at women and expecting mothers.

Do you have a big decision to make in your relationship? Here are some tips on how to keep away from trouble:

In *What to Expect When You're Expecting*, all five couples' problems stem from one thing: the decision to make a baby. Having a child isn't the only major decision that couples have to make, however. Here are some tips on how to make sure you and your significant other are making the right decision with the least amount of turmoil possible:

1. Make sure both parties are on board: One way you can run into trouble is if your significant other does not completely agree with a decision. Talk to them and make sure that you both are getting what you want.

2. Plan it out: Do not rush into things. Instead, plan as much as you can out beforehand so there are no unexpected surprises. You can be spontaneous, but by planning enough things out, the spontaneity can only be positive.

3. Do it for you: Make sure this is a decision you want to make. Do not take pressure from your friends, family, or even your significant other. Take a step back and make sure this decision is right for you, because if not, you can harm a lot of other people in the process.

Have you dealt with a major decision in a relationship? Share your experiences below.

Jennifer Lopez Isn't Sitting Around Crying After Split



Jennifer Lopez could not be more relieved to be out of her seven-year marriage with Marc Anthony. According to [People](#), while Anthony called the split “painful,” J. Lo is at peace and moving on with her career. The singer/actress’ two current major projects are shooting the movie *What to Expect When You’re Expecting* and renewing her contract as a judge on *American Idol*.

How do you deal with going back to work after a tough break-up?

Cupid’s Advice:

After a break-up, you may not be ready to date again or even have a night out on the town with friends, but you usually don’t have a choice about going back to work. Here are some ways to make it through the work day post-break-up.

1. Focus on the task at hand: Going to work can actually be a positive thing after a split. Dive into your work. Not only will you be more productive than ever, but you'll forget all about your ex.

2. Get a new outfit: Break-ups may mark the end of a relationship, but they're really all about new beginnings. Show up to the office on Monday feeling fresh in a new outfit and hairstyle.

3. After-work drinks: Invite your co-workers out for drinks after work. Who knows? You may find your next love interest by getting out there.

How else can you manage life at the office after a break-up? Share your thoughts below.