

Gia Allemand and Wes Hayden's 'Bachelor Pad' Romance



They're together! Gia Allemand and Wes Hayden confirmed that they are, in fact, a couple this week on the finale of the *Bachelor Pad*. Although the pair were flirtatious on the show, nothing had previously happened between them because Gia had a boyfriend back home. However, the pair sealed the deal on the finale with a much-anticipated kiss. "It's about time that that happened!" coed co-host Melissa Rycroft, according to [US Weekly](#).

Can you emotionally cheat on someone?

Cupid's Advice:

1. Secrecy: Being open and honest with your partner is the

most important thing. If you find yourself spending time with a friend of the opposite sex and keeping it a secret from your mate, that is probably the first sign of emotional infidelity.

2. Ex alert: There's nothing wrong with staying friendly with an ex-beau. However, don't let those relationships become too involved, as emotional cheating can often spring from old flames. Live in the present, not the past.

3. Discussing your relationship: It can be relieving to confide in your friends, but discussing your relationship problems with a friend of the opposite sex can make for an awkward situation. It can create intimacy, which can easily turn into emotional cheating.