

# Date Idea: Shop 'Til You Drop



By [Delaney Gilbride](#)

If you're looking for new [date ideas](#), check out the mall! While the mall may not be the first place you'd go to find a potential mate, your favorite store can be a good place to meet new people.

**With summer sales going on across the country, there's no better time to head to the mall to check out the low prices and local hotties:**

For 20-somethings, check out stores like Buckle and Hollister,

which have sales associates of both sexes. The cutie helping you find your size could be your next best-dressed date! Here's a quick tip to get started: say you're shopping for a family member of the opposite sex. It's an opportunity to give them compliments, as well as check out their style.

**Related Link:** [Product Review: This Summer Don't Let Your Skincare Suffer From The Sun](#)

To find someone who shares your interests, specialty stores are the place to go. Into hunting, fishing or other outdoor activities? Check out places like Bass Pro Shop. If music is your thing, go to the nearest Best Buy or a local vinyl store! Whether it's the person behind the counter, or someone shopping the rack next to you, there's an easy opening for starting a conversation that could continue over coffee... or maybe even a [date night](#)!

**Related Link:** [Dating Advice: 5 Things He Must Have](#)

Other great places to look are hole-in-the-wall boutiques. The atmosphere is personal, and you can be certain the people who shop there are from your area.

Want to hit up the Anniversary Sale to do some shopping for love? Visit Nordstrom's website to find the store nearest you.

**Have a romantic shopping story of your own? Comment below, and share with our readers.**

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**Date      Idea:      Fire      Up      the**

# Weekend



By [Delaney Gilbride](#)

Need a fun [date idea](#) for Memorial Day weekend? Cupid's got you covered! While everyone's celebrating the best of May with friends and family, there are still plenty of places for you and your boo to couple up. And even if you're single...

**Memorial Day weekend is full of gatherings and festivities that make it easy to have fun with friends and find sparks with**

## someone new:

This time of year is a great to catch the very beginning of summer movies. This year the buzz is centered around *Pirates of the Caribbean: Dead Men Tell No Tales*. But hey, there's no reason to stay inside when the weather is so nice! Grab a blanket and head to see a movie in the park or at a drive in for the perfect [date night](#).

**Related Link:** [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

It goes without saying that the weekend is also full of barbecues and parties, and while a family gathering might not be the best place to find a mate, hosting your own festivities could be just the way to do it! Food (and especially drinks) *always* make for a good time. Want some [love advice](#)? Invite other singles over and ask everyone to bring a platonic date and set off your own fireworks for finding love.

**Related Link:** [Dating Advice: 5 Things He Must Have](#)

In the Chicagoland area? Check out the *Movies in the Park* series at the city parks.

**What are you doing to celebrate the weekend? Comment below and share with our other readers.**

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## Date Idea: Cheer on a National Sports Team



By [Noelle Downey](#)

Need help trying to figure out what to do for [date night](#) every weekend? Don't worry – Cupid's got you covered. Sports are always a great way to bond with your partner, and Cupid has some ideas on what you can do to keep yourself occupied. Single? Go with a friend, and maybe you'll snag a cute sports buff to go on future dates with!

**Are you ready to get sporty on your summer date nights this year? These date ideas will have you cheering!**

Baseball season is just heating up, and everyone loves a good American pastime. Check out MLB.com or StubHub for tickets, or spend happy hour at your local sports bar – or any bar for

that matter. A game is always on somewhere.

Think baseball is boring? Maybe the NBA Finals are more your style. With the season coming to a close, and the Boston Celtics tying the match in last night's Game 4, everyone will be paying attention to see who comes out on top. While you may not be a fan of either the Celtics or the LA Lakers, everyone loves a finals match. The next game isn't until Sunday, so in the meantime, challenge your date to a one-on-one match at the local basketball court.

**Related Link:** [Date Idea: Embrace a Physical Activity](#)

Basketball and baseball still not your favorites when it comes to watching sports? Why not get ready to cheer for the World Cup Tournament in soccer on June 17th? Make it an event with snacks and a party-like atmosphere when they make their first goal for some added fun! Don't know anything about soccer? Check out *Time Out New York's* World Cup Guide.

**Related Link:** [Date Idea: Learn a New Sport Together](#)

**Have sports date ideas of your own? Got a recommendation for a great sport to watch as a couple? Comment below and share with other readers! Enjoy your weekend!**

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## **Date Idea: Amuse Your Date with Music and Games**





By [Noelle Downey](#)

Need help with fun [date night ideas](#) for the weekend? Look no further! Summer's about to be in full swing, and it's time for some fun in the sun. Whether in a group, with a date, or hanging out with the girls, getting outside can lead to good times, and it's an easy way to meet new people.

**If you're dying to get out in the warmer weather and feel some heat between you and your partner, try these summery date ideas for a tropical take on your date nights this season!**

Check out an outdoor concert and dance on the grass with someone new. With music festivals like Bonnaroo, Lollapalooza and Coachella, music is the perfect way to break the ice this summer. Check out Festival Finder for concerts in your area.

Whether you're taking your date there for a night of music and fun or planning to meet someone new, there will be a high chance that the music and heat will lead to sparks flying.

**Related Link:** [Weekend Date Idea: Karaoke Night](#)

If music isn't your thing, or you want to feel the rush of the wind in your face, head to an amusement park or fair. Whether you meet an adrenaline junkie that can match your drive, or if you fall short and get stuck with a clown, at least you can eat all the cotton candy and funnel cake your heart desires. Look for your nearest Six Flags or a waterpark near you to let the little kid inside of you run loose. Your hometown fair can also be a great opportunity for cheap fun and greasy food with friends or your date. Other outdoor options can be a simple homemade picnic in the park or trip to the zoo – anything to get outside and have fun.

**Related Link:** [Date Idea: Take a Risk and Be Daring](#)

**Have a favorite outdoor date spot of your own? Got some perfect advice for how to have the best summer date in the sun possible? Comment below and share with our readers! Enjoy your sunny date this weekend!**

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## **Date Idea: Embrace Your Inner Kid**







By [Noelle Downey](#)

Need a fun [date night idea](#) for this weekend? Cupid's got you covered! With all the hype about teen sensations like [Bella Thorne](#), Noah Cyrus and Shawn Mendes, it seems like the coolest thing to be right now is a teenager. In the spirit of all things teen, take some time out this weekend to visit the old haunts of your childhood for some grown-up fun.

**Looking for a nostalgic way to spend an evening with your partner remembering your favorite places from childhood? This date night idea is the perfect way to make new memories out of your old favorites!**

While an arcade might be a little old school, places like Dave & Buster's offer not only all the fun arcade games you loved

in middle school, but also a restaurant and bar. Embrace your competitive spirit with friends, or challenge your date to a game.

**Related Link:** [Weekend Date Idea: Gift Him with a Guys Night Out](#)

Another classic spot is a local mini-golf course. Not much skill is required, and there are all kinds of fun theme options from Pirate's Cove to Wilderness Falls. It's a good way to see how someone handles a loss... or a win. Plus, working on your stroke could be an easy way to get closer.

Other old-school ideas options are drive-in movies, go-carting, and treating yourself to ice cream.

In the NYC area? Check out Long Island Go-Karts for indoor racing and other fun activities.

**Related Link:** [Date Idea: Embrace a Physical Activity](#)

Have a favorite high school-esque date night of your own? What are your favorite ways to kick back and enjoy a night with your significant other that makes you feel like a kid again? Let us know in the comments!

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## **Date Idea: Revisit Your Childhood**





By [Noelle Downey](#)

Searching for [date night ideas](#)? Cupid's got you covered! Revisit your childhood with your significant other this weekend. As a child, you most likely enjoyed going to the arcade with a group of friends. The only difference now is that you'll spend time with your partner there. For a fun [date idea](#), plan a date to an arcade and see how many games you can beat your sweetheart in.

**Whether young or just young at heart, this awesome date night idea will have you feeling full of puppy love and good old fashioned fun!**

Planning on spending your next date by inviting your mate over your house? Then why not play hide & seek? Get creative by hiding in areas you never would have thought of as a kid. Who knows? It might end up being romantic when your partner finds

you.

**Related Link:** [Date Idea: Learn a New Sport Together](#)

Remember capture the flag? Go on a double date with a few friends to the park this weekend to play a game. You'll have an exciting time and will remember how it feels to be a child all over again.

**Related Link:** [Weekend Date Idea: Dance the Night Away](#)

Do you have any great childhood game ideas? What are some of the benefits you've found to sharing some childlike fun with your significant other? Let us know in the comments!

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## **Date Idea: Have a Night Abroad**





By [Noelle Downey](#)

Tired of going on the same old dates with your significant other? If so, Cupid has an awesome [date night](#) idea for you this weekend. No time for a real [romantic getaway](#)? Surprise your partner by transforming your house into a foreign restaurant this weekend instead! Go shopping for cookbooks that have your favorite ethnic recipes, and pick up some decorations. Ask your friend to dress up as a waiter and play cultural music to make the night seem more realistic. Once everything looks perfect, invite your special someone over.

**This is great date night idea to share with your partner as you take them on a whirlwind trip around the world without ever leaving your living room!**

**Related Link:** [Date Idea: Take a Risk and Be Daring](#)

Of course, if you don't have the time to make all of these arrangements, you can always visit a foreign restaurant in your city. Choosing a restaurant and experiencing a brand new cuisine together for the first time is a great way to bond with your boo and leave you both feeling full of both great food and love.

**Related Link:** [Famous Restaurants: NYC's Most Popular Hidden Restaurants](#)

Have you ever transformed your house into a foreign restaurant? What are your favorite stay-cation ideas for a fun date night with your favorite person? Let us know in the comments!

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## Date Idea: Enjoy the Water





By [Delaney Gilbride](#)

Now that it's finally warm out there, it's time to indulge! Regardless of whether you're an outdoorsy person or not, there are many exciting dates to go on this summer, especially when it involves the water.

## **Enjoy the warm weather by making some waves!**

Do you love surfing? Take your partner out this week to ride the waves. Surfing is not only exciting, but when you get the hang of it it's really relaxing. If neither of you know how to surf, take some lessons together! It's a couple's experience of a lifetime.

**Related Link:** [Dating Advice: What Attracts a Man?](#)

If you're searching for another activity that will keep your heart racing, consider going water rafting! Do you live in New York? Ride the rapids within the Adirondack Mountains. If you prefer something that's less risky, plan a canoe trip. Some

quality time alone with your significant other on a canoe can make any day more romantic.

**Related Link:** [Date Idea: Get Wet and Wild on the Water](#)

Want to have an inexpensive summer date? Spend your weekend at the beach. Go swimming and get a tan in the afternoon. When night time comes, relax in the evening by building a bonfire and gazing at the stars.

**Do you have any great outdoor date ideas? Then share with our readers by commenting below.**

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## **Date Idea: Take A Trip to the Park**







By [Delaney Gilbride](#)

Are you searching for new [date ideas](#) this weekend? Cupid's got you covered. Now that spring has sprung, why not enjoy the beautiful weather by taking a day trip to a nearby state park or hiking trail?

## **Check out the best that nature has to offer with your boo!**

If you and your significant other are athletic and crave a physical challenge, try a mountain for intense hiking or rock climbing. If you live in New York, the Adirondacks offer 46 peaks for hikers of all experience levels! Additionally, these beautiful mountains offer the perfect romantic setting to get cozy with your partner after a day outside. Relax by the fire, and be dazzled by the views at one of the area's hotels, such as Lake Placid Lodge.

**Related Link:** [Date Idea: Most Romantic Destinations In the U.S.](#)

For something less strenuous, why not seek out a local nature preserve and pack a picnic lunch? Eating homemade sandwiches amidst wildflowers will be a welcome change from the usual restaurant atmosphere.

**Related Link:** [Date Idea: Ignite Sparks While Camping](#)

If you and your love like to think outside the box and try new things, then Geocoaching might be a great way to do that. This game of hunting and seeking treasure is played all over the world and is a great, fun way to bond with your partner by spending time outdoors honing your tracking skills. Learn more about this new phenomenon by finding a Geocoaching center in your area.

**Do you have any great nature dates you'd like to share with us? Please do so by commenting below. Until next week, enjoy the sunshine!**

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## **Date Idea: Dance the Night Away With Your Love**





By [Delaney Gilbride](#)

Looking to have a fun, exciting [date night](#) this weekend? Cupid's got you covered. Why not go out dancing with your partner, where you can listen to great music and get both physically and emotionally close to each other?

**Let your freak flag fly with your boo this weekend by dancing the night away at the following locations:**

Before deciding where to go to bust a move, you and your significant other should discuss what type of experience you want to have. If you're looking to learn a traditional, choreographed dance, check out local classes! If you live in the Big Apple, be sure to check out Dance Manhattan, which offers group lessons in ballroom, swing, salsa and the tango. Live on the West Coast? Check out 3rd Street Dancing, which has a similar class schedule.

**Related Link:** [5 Unique Travel Destinations You Can Drive to from NYC](#)

The 92nd Street Y on Manhattan's Upper East Side is one of the city's most dynamic activity centers. Their Harkness Dance Center offers all of the dance classics, in addition to more unique choices such as Flamenco, Afro-Caribbean dance and tap dancing.

If you and your partner are looking for something less structured and just want to cut a rug, then make a night of it and go out dancing after dinner! In the Chicago area? Be sure to try out Berlin, which was named as the city's best dance club by *Rolling Stone Magazine*.

**Related Link:** [Romantic Getaway: Philadelphia Food and Wine Festivals 2017](#)

Habana Village in Washington D.C. is a club with great live music. They also offer dance lessons, so on an average Saturday night, skilled customers break out into merengue or the samba on the dance floor!

**Do you have any great dance schools or clubs in mind? Please share with the rest our readers by commenting below. Until next week, happy dancing!**

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## **Date Idea: Laugh Out Loud Fun**





By [Delaney Gilbride](#)

Are you searching for new [date ideas](#) this weekend? If you're having trouble coming up with fun new ways to spend your weekend off with your honey...

## **Laugh the weekend off with your love by visiting one of these places:**

2017 has released some of the best comedy movies to date – go watch one in a romantic dark theater! Or better yet, rent them on Netflix and have a movie night at home.

If you would rather see a live performance of a hilarious show instead of seeing it on the big screen, buy tickets to a play! Take a day trip to New York City, it's one of the best places for comedy theater. If you can't make it to the Big Apple, go online and check out a list of events to see when a play will show near you.

**Related Link:** [Date Idea: Take a Risk and Be Daring](#)

Perhaps the best place to have the most fun (and the best laughs) is a comedy club. Emerging comedians, as well as the well-known stand-up celebrities, will make your [date night](#) entertaining!

For example, John Mulaney has just announced his 2017 tour *Kid Gorgeous*. This rising comedian is absolutely laugh out loud funny – go check out some of his specials on Netflix if you haven't heard of him! If you're looking for tickets, simply visit [JohnMulaney.com](http://JohnMulaney.com) for more information.

**Do you have any great dating ideas? Then share with our readers by commenting below.**

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## **Date Idea: Get Close with Nature**





By [Delaney Gilbride](#)

Are you searching for new, exciting [date ideas](#) this weekend because you and your honey are sick of going to the same place and doing the same things time and time again?

**The weather is warming up and the best dates this time of the year are spent outdoors.**

Take your partner on a date to a nature reserve. You'll be surprised at what you see. Just spending time outdoors looking at all that nature has to offer can be a great way for you and your partner to enjoy a beautiful spring day. If you and your companion enjoy biking, research which nature reserves allow it.

**Related Link:** [Dating Advice: 3 Dating Red Flags](#)

If you would rather go somewhere close to home, check out your local zoo if you haven't yet! There are always great

attractions provided to you at zoos; you'll never be bored! For those who absolutely adore animals, petting zoos are definitely an exciting place to visit.

**Related Link:** [Romantic Getaway: Philadelphia Food and Wine Festivals 2017](#)

If you're feeling adventurous, plan a camping trip with your sweetheart. This is the best way to see nature: a variety of animals, foliage, the noises from lakes and ponds nearby, and stars scattered across the night sky. Go rafting in the morning, spend the afternoon hiking a mountain to watch the sunset, and in the evening, lie under the stars.

**Do you have any nature date ideas? Then share with our readers by commenting below.**

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## **Date Idea: Spring Into Romance**







By [Delaney Gilbride](#)

The last mounds of snow are melting, flowers are blooming, and the warm weather is *finally* returning. After suffering through weeks of winter, why wouldn't we be ecstatic when spring arrives? The best part about this time of year is that there are endless places to enjoy the spring [date ideas](#) you've been dreaming about all winter.

## **Why is it that spring is such a great dating season? We're glad you asked!**

You've spent a good three months sitting at home beside the fire finding activities to do with your significant other indoors. Perhaps, the two of you have gone a bit stir crazy being stuck inside for so long. Why not make up for all those tedious hours and take your partner on a cruise around town? Rent a couple of bikes, enjoy the scenery of budding plants, and check out the various events that are taking place around

town. End the date by having lunch at a local restaurant.

**Related Link:** [5 Unique Travel Destinations You Can Drive to from NYC](#)

If you'd rather get out of town, plan a day trip with your partner and hit the road! Be on the look out for cities, or even states, where exciting events are occurring. Better yet, choose an activity that you're both dying to do and then find a place that provides it. If you want to go horseback riding look up farm and ranches nearby. If you'd rather go skydiving, then find a provider near you.

**Related Link:** [Fashion Advice: 'Wow' the Crowd with Color](#)

If you and your sweetheart prefer having a relaxing outdoor date, plan on having a picnic in a park or on the beach. Pack a lunch basket and have a barbeque! These are great examples of how to enjoy the coming of spring.

**Have a favorite spring date of your own? Comment below and share with our readers.**

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## **Date Idea: Embrace a Physical Activity**





By [Delaney Gilbride](#)

Are you and your boo running out of [date ideas](#) for your regular weekend [date nights](#)? It's important that you and your significant other spend time together on the weekends after a long week of work – you have to decompress! So, if you're tired of going on the same date time and time again, take our [love advice](#) by embracing any type of physical activity. Regardless of whether or not you and your partner are sports junkies, it's good to be active while spending time together!

**In lieu of playing an actual sport, which may not be every couple's cup of tea, there are tons of physical activities that can help shake things up and keep the dynamic fresh:**

Looking for a fun group activity? Sporty dates are a great way

to socialize. Round up a few other couples and go bowling! Bowling alleys across the country are re-designing themselves with music, restaurants and bars to cater to adults looking for an enjoyable night out. Check out [Lucky Strike Lanes](#); they have locations all across the country and have perfected the art of turning bowling into a classy, celebratory event.

Interested in something more personal and romantic? Ice skating is a much loved standby, and for good reason. You and your significant other can hold hands while circling the rink, and warm up afterwards with spiced cider or hot chocolate.

**Have a favorite semi-sports date of your own? Comment below and share with our readers.**

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## **Date Idea: Learn a New Sport Together**





By [Delaney Gilbride](#)

Are you and your significant other sports junkies? Do you watch your favorite sports together *all* the time? Well, instead of watching or playing the usual on your [date nights](#), why not spice it up a bit and learn about a new sport this weekend? When choosing which sports to watch, make a list of all the ones you and your partner are interested in learning. Then, you can narrow your choices down from there. However, if you can't put your finger on what you and your boo want to learn...

**Here's a list of three unique sports that are interesting to learn, fun to watch, and exciting to play:**

**1. Team Handball:** This sport is a combination of basketball and soccer. The game involves two teams of six players and one goalie. Each team passes a ball and tries to throw it into

their opponent's goal. The team with the most goals after two 30-minute halves wins the game.

**Related Link:** [Date Idea: Take a Risk and Be Daring](#)

**2. Polo:** In Polo, players on horseback move a ball into their opponent's goal by using a long wooden mallet. Each team has four players who have specific responsibilities throughout the game. The main purpose of the game is to score the most goals by hitting the ball through the goal.

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**3. Cricket:** This sport is extremely similar to baseball, and it's played with two teams of 11 on an oval-shaped outdoor area. The centre of the area has a rectangular 22-yard-long pitch with a wicket (a set of three wooden stumps) at each end. To score a run, a striker must hit the ball and run to the opposite end of the pitch, while his non-striking partner runs to his end. Both runners must touch the ground behind the popping crease with either their bat or their body to get a run.

**Have a favorite sports date of your own? Comment below and share with our readers. Until then, enjoy your next weekend date!**

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# **Date Idea: Take a Risk and Be Daring**



By Tanni Deb. Updated by Jessica DeRubbo

Searching for some [date ideas](#)? Romantic date nights are always fun, but think about being a little more daring this weekend.

**Feel the thrill of love this weekend by going on an adventurous date with your mate.**

Do you both love taking risks? Consider going skydiving. Your hearts will race like never before as you soar above beautiful landscapes. For another exciting activity that's guaranteed to get your adrenaline pumping, find the nearest bungee jumping locations near you. If you prefer combining your thrills with exercise, go rock climbing. Of course, if you'd rather avoid bad weather, there's always indoor rock climbing as well.

**Related Link:** [Date Idea: Enroll in a New Class](#)

Do you live in Massachusetts? The state has plenty of amazing indoor rock climbing places. Make sure to check them out here.

**Related Link:** [Weekend Date Idea: Test Drive Your Relationship](#)

Another place sure to rock your world and send chills down your spine is an amusement park. The live entertainment, expositions and rides will make your day unforgettable. And who better to share these memories with than your sweetheart?

**Have a favorite adventurous date of your own? Comment below and share with our readers.**

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## How to Campaign for a Better Relationship







By Tanni Deb and Kayla Garritano

With Election Day in recent history, the best time to campaign for a better relationship is now. Whether that means leaning to the left with a liberal approach or moving toward the right with a more conservative one, you deserve the best relationship. For future [date nights](#) with your partner, let's make sure you can get their vote towards a better relationship.

**This [relationship advice](#) may win a vote from that special someone:**

**1. Figure out what you want in a partner:** Knowing exactly what you want in a partner will help you narrow down your choices, just as you would with a candidate in an election. Otherwise, you'll settle for anyone. You can make a list of pros and cons, or just make a mental note, anything to help you make the right moves.

**2. Figure out what issues/things you can compromise:** Figure

out what things you're willing to let go, such as finding a mate who doesn't have certain features or doesn't meet your height requirement. Although compromising is important for a healthy relationship, and this will help you prepare for compromises with your partner in the future, never do it for major issues. For instance, if you want a family in the future, don't make a life with someone who doesn't like children.

**3. Search:** You'll probably need to search in a variety of places before you find your perfect partner. Dating sites, clubs or even attending a party at your friend's house can lead you to your ideal mate. You usually end up finding your perfect partner where you least expect it!

**Related Link:** [How to Deal with Online Dating Rejection](#)

**4. Communicate:** Communication is the key to every successful relationship. It helps avoid misunderstandings, fixes problems, and aids in understanding each other in order to improve your relationship. Ask your partner how their day was, if they have any new interests, and other common questions like that. You should also show that you appreciate your partner by complimenting him or her once in a while.

**5. Listen:** Just like communication, listening is another major factor in a successful relationship. Your interest and focus is important to your partner, and when you show that they have your full attention, it means the world to them. It will also build a sense of respect and trust between both of you.

**6. Think positively:** When you concentrate on the negative aspects, it'll cause tension in your relationship. The next time you have a negative thought about your significant other's actions, come up with a more reasonable explanation for his or her act and then discuss it. If an argument arises, control your tone and figure out what the major issue is or the message your partner is trying to communicate. Lastly,

remind yourself frequently of the good times you've spent together.

**Related Link:** [How to Communicate to Get What You Need](#)

**7. Common goals:** Having similar ambitions in life makes your relationship stronger. Figure out what both of you want and where you both want to be in the future. Find common goals and talk about how to achieve them together.

**8. Find time for each other:** Work is important, but for relationships to flourish, it's essential to have time for your significant other. Instead of taking things too seriously, spend time with your sweetheart, have fun and just relax. Whether it's a movie night in, an impromptu [romantic getaway](#), or a date at a [famous restaurant](#), make sure you get your time together.

**9. Get to know him/her:** After you've found the person you think is "The One," date seriously for a while. If you find that the person has way too many red flags or your feelings for him or her aren't strong enough, it's best to end the relationship so you don't drag it out for four more years, or even the rest of your life.

**Related Link:** [Relationship Author Kailen Rosenberg Gives Dating Advice for Finding 'Real Love, Right Now'](#)

**10. Marriage:** Talk about settling down and moving onto the next step in your relationship if you can see yourself married for the rest of your life. Unfortunately with relationships, it's not quite as easy as electing a new candidate whenever you hit a rough patch.

**What methods did you use to find the perfect partner or help change the relationship you're in? Let us know in a comment below!**

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# 5 Reasons To Play Hooky From Work With Your Honey



By Andrew Pryor and Kayla Garritano

You're at work, staring at your computer, avoiding the pile of papers sitting on your desk. Right now, all you're thinking about is an afternoon escape. If you're contemplating calling in sick or checking out early, see if you can plan a day with your partner so you can make it a "sick day" to remember. It's not like your work is going anywhere. Besides, what's a day off to have fun if your partner can't be there with you?

# Cupid has five reasons to hop the cubicle walls and give you some [date ideas](#) with your significant other:

**1. Celebrate a promotion:** If you've just picked up a new title and a pay raise, what better way to celebrate than to spend some time off with someone you love? They can sweep you away to a late lunch or a fancy dinner date where you can toast your latest success.

**2. Get an early start on happy hour:** It's five o'clock somewhere! If you leave work early, you should have plenty of time to hit your favorite bar. Meet your partner there and think back to the first time you bought him or her a drink. Nothing like some good drinks, a couple laughs and nice memories.

**Related Link:** [Balance Work and Love Like a Celebrity Couple](#)

**3. Adopt or create your own holiday:** Whether it's Talk Like A Pirate Day, Flying Spaghetti Monster Day or the birthday of a celebrity you've always worshiped, find a reason to celebrate, and take time off from work. You can keep the holiday going every year and create some unique traditions!

**4. It's a nice day outside:** Look out the window, feel the sunshine hitting your face and imagine lying in the grass with the love of your life. Life is too short to spend eight hours of your day indoors, so find an out-of-the-way spot that you and your honey can call your own.

**Related Link:** [Relationship Advice: Keep Your Relationship Strong When You Share Home and a Workplace](#)

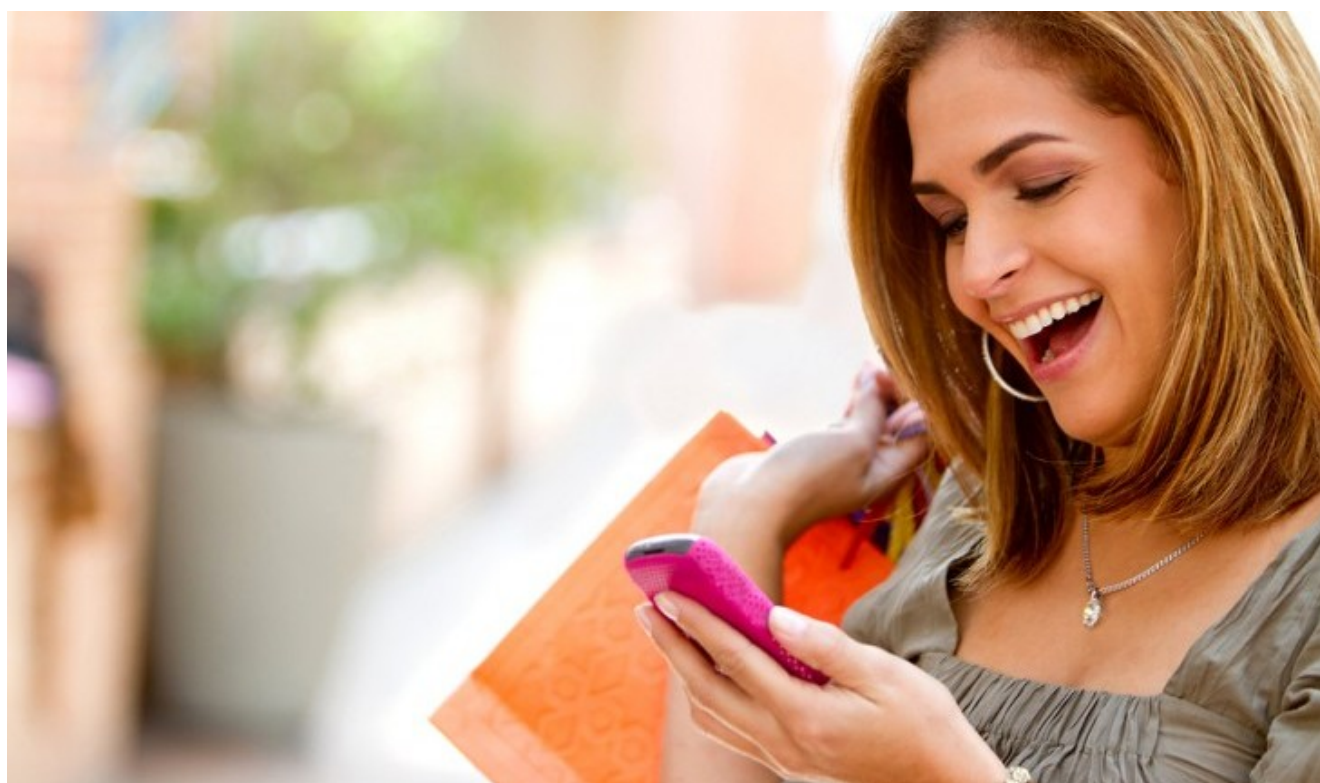
**5. No reason:** The best things in life are unexpected. Come

home early and surprise your partner with a sensuous and lovely day together. Sometimes, you don't need an excuse to spend a day away from work – you just need someone to make that day worthwhile...and maybe a 'broken' alarm clock.

**Do you have any ideas about how to escape the workday with your partner? Share them with us in a comment below.**

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## **Fitness Trend: Why Aqua Cycling May Be for You**



By Kayla Garritano

We've heard of water aerobics, and we've heard of cycling.

Well, what happens when you put the two together? Instead of cycling on land, you can now cycle in the water! Aqua Cycling is the latest [fitness trend](#) that started as a revolution in Europe and has now gone viral in the United States, including in New York City! The bicycles are placed in a pool where the water is up to your waste, and you're then able to pedal against the water resistance. Proving its numerous benefits on both health and beauty, aqua cycling has also positively impacted many people's lives. It may even set up to me a new, unique [date idea](#)!

**Aqua cycling is a crazy twist to working out that was brought to America, and may just have some fitness secrets to share!**

Scientific studies show that exercising in water provides numerous benefits to both health and body. Not only do you shape your body in a much more efficient way than on land but you also protect your health, your bone structure, your joints, and your muscles. Here are some reason why you should try it over land cycling:

**1. Goodbye calories, goodbye cellulite:** In one hour, you can burn up to 800 or more calories. Thanks to the support and the pressure provided by the water, blood circulation is speeded up and can quickly eliminate fat. It also effectively burns cellulite thanks to the water resistance.

**2. Better blood flow:** The hydrostatic pressure of water combined with cycling movement helps to increase your blood flow and circulation, energizing your muscles, and reducing the symptoms of tired legs. Water pressure compensates the arterial pressure and improves circulation. If your blood circulates well, your legs feels lighter, like you're walking

on a cloud!

**Related Link:** [Date Idea: Workout Together](#)

**3. Less pain:** The water's zero-gravity feeling is perfect for people with muscular, joints, or overweight problems. Working out in the water is impact-free on joints and will support your body weight. Struggle less, have more fun! That's what this new crave wants you to do.

**4. Sleep tight:** This exercise is known to help let out your stress. With less stress, comes more relaxation, meaning a better night's sleep. Posture, muscle relaxation and flexibility are improved as well!

**Related Link:** [Celebrity Photo Gallery: Famous Couples Who Workout Together](#)

**5. You can breathe:** How many times have you worked out and just felt completely out of breath after? Well, with this new exercise, you won't feel that way. In the water, you don't feel out of breath. You increase your capacity in a gentle way. You may get a little wet, but you won't be breaking a sweat!

**Have you tried aqua cycling and want to share your experience? Comment below!**

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**Serendipity 3: Perfect for Date Night & a Sweet NYC**



# Celebrity Hotspot



By Kayla Garritano

If you've been looking to satisfy your sweet tooth craving, and want to try a legendary, trendy restaurant in New York City, then Cupid has a place for you! Serendipity 3, in the heart of Little Italy, could be your next date spot with your "sweetheart," and you may even be able to indulge in a few [celebrity sightings!](#)

**Serendipity 3, one of NYC's sweetest spots, is a delicious restaurant with a high profile**

# clientele and some serious food!

NYC is great for [date ideas](#). Not only is there culture within the art museums, Broadway shows, and sightseeing, but there's also a great time in the city's [popular restaurants](#). Before we get to Serendipity 3's appetizing meals and desserts, let's start with the celebrities who've made their mark inside the restaurant.

Since 1954, Serendipity 3 has brought great food and celebrities that come along with it. This New York restaurant's walls are decorated with celebrities who have come into the warming abode. Celebrities such as Wendy Williams, Bill Clinton, Sarah Palin and the *High School Musical* cast have been pictured.

It's safe to say this restaurant and its food gave these celebs "serendipity" when walking in to the little restaurant. And what is to thank? The food, the dessert, and the sweet drinks.

**Related Link:** [Have a Sweetened Date Night with Your Sweetheart at Sugar Factory](#)

Let's start with the food. There are many unique options to choose from, such as "De la Maison," or house specials, casseroles, pastas, sandwiches, crepes, omelets, fish and vegetarian options. There is something for everyone here.

Next on the menu come these unique desserts. There's a whole section dedicated to just sweets, where you can get different flavors of pie to something whacky called "cheesecake vesuvius."

There's also an entirely different section called "drugstore sundaes," where you can either create your own or choose from one of the many on the menu. You can go healthy with fresh fruit, or splurge a little with a cinnamon fudge one. What's

unique about this place is that there is a sundae that's just as famous as its clientele. The Golden Opulence Sundae requires a 48 hour in-advance reservation. Why? Because this sundae prices at \$1,000 and is covered in a 23-carat gold leaf. It holds the Guinness World Record for most expensive sundae!

**Related Link:** [Hamptons Date Night Dining: Food, Scenery and Celebrities](#)

And let's not forget the teas, caffes and frozen drinks to top off your taste buds. Get a classic twist with a frozen hot chocolate, or venture out with a mochaccino. Whether it's frozen or hot, it's going to warm your stomach and your heart.

Serendipity 3 brings class and comfort to fine dining. If you want some [dating advice](#), take your partner here. Splurge a little with these dinners and treats, and you'll be sure to have a magical night. No reservations are taken if you're ordering just desserts. You may even get a nice view of a [celebrity couple](#) while snacking on a sundae. How sweet!

**Have you been to Serendipity 3? Let us know what treat you tried in the comments below!**

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## 5 Date Ideas To Maximize Daylight Savings





By Linda Guma and Kayla Garritano

After a long, hot summer of late night festivities, followed by fall work hours that extend past 6 p.m., we could all use an extra hour of sleep so our bodies can catch up. Well, soon enough it will be here. On November 6, we'll turn back the clocks again to mark the end of Daylight Savings Time. While most of us are probably happy about gaining that extra hour of sleep, why not maximize those 60 extra minutes by spending it with your partner? Here is some [dating advice](#) on ways to capitalize on a little romance:

**These [date ideas](#) will be sure to give you the best use out of that one extra hour!**

**1. Rise and shine:** Of course, not all of us are nocturnal. If you and your partner are early risers, there's no need to bother resetting your biological clocks. Take advantage of that additional time by going for a morning jog together

before you start your respective daily routines. To save some energy, you've got to use some energy. Other ways to be creative with dates early in the day include morning swims, sweet mimosas at a nearby cafe, or breakfast in bed.

**2. Last call:** If you and your partner prefer sleeping in and staying up late, feel free to unleash your night owl tendencies. Bars and clubs will be open an hour later, which also means that last call for drinks will be extended as well. After grabbing cocktails at your favorite lounge, hit the club and dance the night away.

**Related Link:** [Date Idea: Dance the Night Away](#)

**3. Fall cleaning:** This may sound like a big drag, but it'll be worth it once it's over. You and your partner can make a game of tidying up together. Get rid of things you no longer use and make way for newer items. The sense of accomplishment will serve as a bonding activity and you if you aren't currently living together, be sure to save a drawer or two for him.

**4. Take a chill pill:** Sometimes, you just need to relax after the constant hustle and bustle of your busy life. Use the extra time to fuel your energy for the rest of the day. You can find romantic ways to unwind together, such as snuggling in bed or taking a bubble bath. Even the enjoyment of a local bookstore or a movie can be fun.

**Related Link:** [Famous 'Couples' Star in Best Movies for a Rainy Day](#)

**5. Bucket List:** Take the time to sit over some wine and plan out some exciting events for the future. You and your partner will each need a pen and paper. Each jot down creative activities and places you've always wanted to visit, your own personal bucket list. After you're done, consult each other's lists and then sketch out a tentative plan to create a joint list. You'll have some fun talking about the unordinary activities you want to do, and the unique places you want to

go. It'll definitely be some good conversation!

What can you do to make the most of Fall Back? Share your ideas below.

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## Get Fit In Time For Date Night With A Twerk-Out



By [Cortney Moore](#)

Move over Zumba because a new exercise dance craze is taking over the nation! Make way for twerking yourself into a slimmer shape! Yes, twerking, or as some like to put it, a "twerk-out." It's not just for celebrities like Miley Cyrus. These

instructional dance classes are popping up in gyms and dance studios across the country. It's where fitness meets the club, combining dancehall choreography, cardio and aerobics to help exercisers break a sweat. Not convinced to give it a try? Well a single 60-minute class can help you burn up to 1,000 calories! Getting fit for [date night](#) couldn't be any easier, not to mention you'll learn dance moves your partner will surely appreciate. Get in touch with your seductive side and learn how to twerk like a professional!

## Learn How To Twerk Like A Pro Before Your Next Date Night

**LexTwerkOut:** Lexy Pantera's revolutionary twerk out program has made celebrity news with her famous clientele, which include Christina Milian, Karrueche Tran and Tameka Harris. Based in Los Angeles, dance enthusiasts are able to take classes or host twerk parties with their closest friends. Even if you can't make your way to her studio, you can still get a good work out through her LexTwerkOut app and Youtube channel.

**Vixen Workout:** With multiple locations throughout New York and Florida, Vixen Workout is an intense hip hop cardio dance program. Started by a former Heat cheerleader, this workout routine will get you in touch with your inner vixen by teaching you how shake what you've got. There are Vixen instructors in other states, so if New York and Florida are too far for you to travel for lessons, you can find someone else to teach you the great moves.

**Related Link:** [Date Idea: Dance the Night Away With Your Love](#)

**305 Fitness:** Named after Miami's area code, 305 Fitness is one the hottest dance cardio studios to hit the east coast. With locations in New York, Boston and Washington D.C., twerk lovers can get a full body workout doing non-stop cardio and

high interval training. Each class has a live DJ playing music so your workout routine won't even feel like a workout. Featured in a number of publications for their great studio, 305 Fitness promises to get you moving.

**Boss Chick Dance Workout:** Just like the name says, this revolutionary dance program will show you how to dance like a boss. This dance program teaches a high intensity hip hop, dancehall, afrobeat fusion twerk-out. Get yourself closer to that "bangin' new body" you've always wanted. With Boss Chick dance studios in 6 states and abroad, you'll have plenty of opportunities to take lessons or host your own twerk party.

**Related Link:** [Make Your Love Soar On Date Night With Aerial Classes In NYC](#)

**StripXpertease:** Is a female driven business that aims to teach women to get in touch with their "sexier, sultrier, more confident" self. At StripXpertease, you'll learn how to do pole work, lap dances, twerk and much more. Couple activities are encouraged so it might be a great option for a date night! Visit their studios in New York and Los Angeles so you can unleash your sexy and toned self.

**Twerk Out Fitness:** If you're on the shy side and don't wish to pay the expense for private lessons, then twerking in the comforts of your own home might be the best option. Twerk Out Fitness offers instructional DVDs and downloadable content that will show you how to move. Once you've boosted your confidence, you can contact the instructors at Twerk Out fitness to schedule in-person lessons or parties. You'll learn from the best here since many of their instructors are from Atlanta, where twerking originated.

**Have you heard of a "twerk-out" before? Would you sign up for a class? Share your thoughts in the comments below!**



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# Find Your Balance On Date Night With Stand Up Paddle Boarding In New York



By [Cortney Moore](#)

Remember how Orlando Bloom made [celebrity news](#) earlier this month while paddle boarding nude? We bet you do! Aside from Bloom's outrageous antics, you might have noticed an increasing number of celebrities on vacation standing on boards and having paddles at hand. What is this sport that has celebrities like [Jennifer Aniston](#), Cameron Diaz and Julia Roberts so ready to jump in the water? Well,

<https://www.globosurfer.com/best-inflatable-stand-paddle-board-s/>, also known as SUP, is a leisurely way to get in a good workout while also seeing the sights, making it a great option for [date night](#)! Avoid getting love handles while you're falling in love. SUP works out your core, legs, back, shoulders, arms and neck by exercising your endurance, strength and balance. In fact, you can burn anywhere from 500 to 1,000 calories in one hour! Challenge your sweetheart to a race, or do yoga at sunset. The possibilities are surprisingly endless when you're on a paddle board.

## **Stand up paddle boarding is a date night activity that can get you fit. Check out some of the best places in NYC to begin your paddle boarding experience!**

**1. Manhattan Kayak + SUP:** Zero experience is needed at Manhattan Kayak. It's a complete paddle sports center located in the heart of NYC. With beginner, intermediate and advanced classes taught over 40 times a week, you'll definitely find time to paddle out to the city sights. This location also offers paddle tours to iconic NYC destinations, day or night, and instructional classes for speed demons and cross fit/yoga lovers.

**2. A-Team Paddleboarding:** Offering group and private lessons at Rockaway beach in Queens, students are taught by a Rivera Paddlesurf team rider and other certified paddle board instructors. This location provides classes for those just learning how to paddle board, and those who are more experienced and want to learn how to paddle surf or race. SUP yoga and Pilates are also fitness options that are available. There's even a limited number of TRUCK-A-FLOAT sustainable

living pods open to those who wish to stay overnight, ideal for a memorable date night. Book these in advance because they go quick!

**Related Link:** [Enjoy the Outdoors With This Challenging Date Idea!](#)

**3. New York Kayak Co.:** With a beautiful view of the Statue of Liberty, New York Kayak Co. offers a number of kayak and paddle boarding related options for native New Yorkers. Beginner and intermediate classes are available, along with SUP yoga and tours throughout the day. Students have the option to learn in groups or private lessons. Club memberships offer special perks such as storage, rentals, discounts and exclusive access to facilities.

**4. Rockaway Jet Ski:** Home to all of your water sport needs, Rockaway Jet Ski is nestled right in the Jamaica Bay. Here you can try your hand at paddle boarding and other paddle activities, such as yoga and sightseeing tours. After your lessons, you can enjoy food, cocktails and live music at the Thai Rock deck bar and restaurant. Just imagine a romantic date night at sunset with your significant other and the NYC skyline.

**Related Link:** [Ireland Baldwin Opens Up About Boyfriend Slater Trout](#)

**5. Skudin Surf Inc.:** The Skudin Surf school has multiple locations throughout New York. However, their SUP branch is located on Long Beach. Here you'll be able to enjoy group, private or semi-private paddle boarding lessons in flat water or the ocean. SUP yoga and other fitness classes are also available. There's even a full moon paddle tour that could be a romantic trip for couples. Package deals and registration for adult surf camp are also an option for avid fans of paddle boarding.

**6. Kostal Paddle:** All the way in Port Washington and Island

Park Long Island, Kostal Paddle is an ideal spot to learn how to paddle board. Surround yourself by the beauty of nature, and take lessons in standard paddle boarding, SUP touring and yoga. Classes are taught in the summer on Fridays, Saturdays and Sundays, so if you want to learn how to paddle board, then you need to reserve spots soon! Their last lesson for the year will be on September 16.

**Have you heard of paddle boarding? Would you give this a try on date night? Share your thoughts in the comments below!**

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## **Make Your Love Soar On Date Night With Aerial Classes In NYC**





By [Cortney Moore](#)

Do you have a love for the aerial performers at Cirque du Soleil? Ever wondered how they can easily climb up and down those silks and hoops while being suspended in air? You might think these performers had to train at a young age to get so nimble and flexible, but this is not always the case! Believe it or not, you can become one of those amazing performers with a few aerial classes. Learn how to soar through the sky with ease and impress your friends with these circus-like moves! It might even be worth it to try out on your next [date night](#)! Just imagine yourself and your sweetheart defying gravity and completely in sync with each other while practicing these mesmerizing moves. If that's not motivation enough to give these classes a try, then maybe a few fit celebrities can inspire you to. Khloe and Kourtney Kardashian, Vanessa Hagens, Sarah Hyland and P!nk are just a few stars who have made [celebrity news](#) following this daring fitness trend.

## **Try Out Aerial Classes On Your Next**

# Date Night

**Circus Warehouse:** Founded in 2010 and located in Long Island City, the Circus Warehouse has made a name for itself in all things circus related. Classes are taught by actual circus stars so you can have faith that you're learning from people who know what they're doing. This location offers aerial silks, Lyra (aerial hoop) and many other circus classes you may be interested in trying.

**Body & Pole:** Push your limits at Body & Pole located in the Chelsea neighborhood. This 10,000 square foot studio offers an assortment of classes so you can do your best as an aspiring aerialist. With world-renowned instructors teaching 200 classes on a weekly basis, students can improve their flexibility, contortion and aerial choreography on fabric, hoops and poles.

**Related Link:** [Celebrity Interview: Professional Aerialist & Celebrity Trainer Jill Franklin Talks About Aerial Physique, Famous Clients And Love Advice](#)

**Aerial Arts NYC:** Learn aerial skills from experienced professionals who have performed at Cirque du Soleil, famous cruise ship lines and countless other circus locations. Aerial Arts NYC is located in Midtown East, and offers both group or private aerial circus classes in silks, static trapeze, rope, Lyra, hammock, straps and Spanish web.

**Om Factory:** Take a more peaceful approach to aerial fitness with the Om Factory. Founded in 2006, with multiple locations in NYC (Union Square & Fashion District) and abroad, the Om Factory has had the opportunity to teach aerial yoga to thousands. Aside from assorted yoga classes, this location also offers traditional aerial circus lessons with silks, Lyra, cloud swings and static trapeze.

**Related Link:** [Date Idea: Workout Together](#)

**Skybody System:** Empower your body and mind at this aerial yoga studio in the Flatiron district. You don't have to be fitness pro here because experienced instructors will teach you everything you need to know as a beginner. You have the option to take a variety of aerial fitness classes that include yoga or dance. And with classes offered 7-days a week, you'll have plenty of opportunities to practice your skills!

**City Pole:** Receive individualized attention at an aerial studio located in Tribeca. City Pole boasts small class sizes for beginner, intermediate and advanced aerialists. As a result each student has access to the studio's equipment with no need to share during lessons. Here, experienced trainers teach pole dancing, flexibility, aerial hoop and silk classes.

Be the envy of your friends by getting fit on date night and learning these aerial skills as a couple! You'll be sure to get your heart racing with the one you love close by.

**Have you ever heard of aerial classes before? Would you be interested in giving it a try? Share your comments below!**