

# 'Jersey Shore' Star Vinny Says Snooki Will Be a 'Good Mom'



It looks like all of Snooki's *Jersey Shore* cronies are stepping out in support of their pregnant cast mate. The most recent? Vinny Guidagnino.

"She'll be a great mom," he said, according to *People*. "She's already drastically changed her life." Nicole "Snooki" Polizzi is known for her crazy partying antics on the show, but recently announced she's expecting with boyfriend Jionni LaValle. "I had no idea," said Guidagnino. "Actually people would call me, like, 'Is the show still gonna work?'...And I was like, 'What are you talking about, she's not pregnant.' And then all of the sudden, that whole thing came out and I was like, Oh my God."

**What are some ways to prepare your life during an unexpected**

## **pregnancy?**

### **Cupid's Advice:**

When you're planning to get pregnant and have kids, you already have some idea as to how your life will change. When it's unexpected, however, it can be a shock to your system.

Cupid has some advice:

**1. Stop smoking and drinking:** This one may be the most obvious course of action when you find out you're pregnant, but it's important to give up things that will harm your growing baby.

Consuming a lot of caffeine is another thing you should avoid.

**2. Settle into a stable home:** When you're not planning a pregnancy, where you live and what you currently do may not be the best environment to raise a child. You have nine months, so make the most of them.

**3. Establish a support system:** During an unplanned pregnancy, make sure to lean on those family and friends closest to you.

They can give advice or simply be a shoulder to cry on.

**What are some other ways to prepare during an unexpected pregnancy? Share your ideas below.**