

Famous Couple Nick Lachey and Vanessa Minnillo Celebrate Second Celebrity Baby Shower



By Maggie Manfredi

Another celebrity pregnancy in the books! According to UsMagazine.com, famous couple Nick Lachey and Vanessa Minnillo recently celebrated a celebrity baby shower in honor of baby number two's upcoming arrival. They are the proud parents to their first celebrity kid Camden, 2, and are excitedly prepping for the birth of a baby girl. This hasn't stopped them from having fun though. The celebrity family took on Peter Pan this Halloween: Nick as Peter, Vanessa as Captain Hook, and Camden as the crocodile.

This famous couple is just as excited for their second celebrity baby shower as they were for their first! What are some ways to make a baby shower for a second child appropriate?

Cupid's Advice:

Second time's a charm! Just because you aren't having a celebrity baby shower doesn't mean you shouldn't celebrate again with baby number two. Cupid has some advice on the best ways to have a baby shower for your second child:

1. Make it kid-friendly: Have the celebration be family-friendly. You're welcoming a new baby, and your first born is welcoming a sibling. This is a big change for everyone, so don't leave anyone out!

Related: [JWoww and Snooki's Kids Enjoy a Sleepy Movie Date](#)

2. Use hand-me-downs: Does a registry seem silly since you already have hand-me-downs from your first baby? Instead of a registry for material things, pick a charity and ask your guests to donate in lieu of presents.

Related: [Blake Lively Shows Off Baby Bump With Ryan Reynolds](#)

3. Pick a theme: A festive theme makes any party more fun! Whether it is a princess party or circus-themed event, just play and enjoy this time before your family grows again.

Have the perfect baby name for little Lachey? Share with us below!

Celebrity News: Nick Lacey Says 'Camden Is The Happiest Baby On Earth'



By [Francoise Shirley](#) for [Celebrity Baby Scoop](#)

New dad Nick Lacey is loving every minute with his 7-month-old son **Camden** who has “just started crawling.” The crooner, 39, is debuting his new lullaby album, *A Father's Lullaby*, as well as his latest CD with 98 Degrees, titled *2.0*.

Nick opens up to Celebrity Baby Scoop about the joys of fatherhood, touring this summer with wife Vanessa Lacey and

their sweet son, his hopes for another son and a daughter, and his plans to keep “evolving” in the music industry.

CBS: Tell us all about new lullaby album, *A Father's Lullaby*. Tell us about the songs and what inspired you to do the album.

NL: “Well, I was definitely inspired to do the album because of the impending birth of my son, Camden. All the emotions you feel in anticipation of this experience is perfect for writing music. I chose songs that were favorites of mine and then also wrote 6 originals for the record. The originals are so meaningful to me, truly inspired by my little man.”

Related Link: [Vanessa Lachey Calls Nick Lachey a ‘Doting Dad’](#)

CBS: Do you notice that Camden responds to your singing voice? Do you feel it’s a special way to bond with your baby, whether you have a beautiful voice like yours or not?

NL: “Camden definitely recognizes my voice when he hears it. I think it’s an incredible way to bond with your little one, whether you have a good singing voice or not!”

CBS: How is Camden doing?

NL: “Camden is great, he really is the happiest baby on Earth. He’s just started crawling, which is a lot of fun.”

CBS: You recently said you’re moving home to Ohio in a few years. Do you plan to retire once you move home?

NL: “I’m way too young to retire! I do plan on spending as much time with my kids as possible though, so if that means trying to lighten the workload a little bit, then so be it. My family is definitely the priority at this point in my life.”

Related Link: [Vanessa Lachey Says She’s Excited to Become a Mom](#)

CBS: How has fatherhood changed you? Please share some of the

greatest joys of fatherhood. Biggest challenges?

NL: “It has changed me for sure. It literally affects everything you do, every decision you make. Your priorities completely shift and your kids instantly become the most important thing in the world. I think it’s made me a more patient person as well.

My greatest joy is waking him up every day. Seeing that little boy look up and smile at me every morning is the perfect way to start my day. The biggest challenge is having enough time in the day to do everything I need to do.”

CBS: It seems like you’re thrilled to have a son. Are you also hoping to have a daughter one day? How many kids would you like?

NL: “I think it would be a lot of fun to have a daughter one day, but either way, fatherhood is great, regardless of the gender. In a perfect world, we’d have one more boy, then a girl.”

For the rest of the interview, click [here](#).

Vanessa Minnillo Says She’s ‘Excited’ to Become a Mom





Vanessa Minnillo and Nick Lachey's family is about to get bigger. The couple is expecting their first child in the next few months and it's no surprise that both are elated for the fast approaching arrival of their son. The couple is even more ready to take on the unexpected, which for Mrs. Lachey includes working on ABC's second season of *The Wipeout* with a newborn baby at home. The gorgeous star told UsMagazine.com, "We're still working on everything... it's an exciting time." Despite all that's going on, it's expected for these two to come out on top.

How do you prepare your relationship for welcoming a child?

Cupid's Advice:

Welcoming a child is an exciting experience for any couple. But like every change in a relationship, it takes adjustments. Here are some ways to maintain a successful relationship with a new child in your world:

1. Recognize priorities: Priorities change for any person who becomes a parent. Accept the fact that you must now share your

sweetie with someone else: your baby.

2. Family time: Continue to do things together, even if it's simply giving the baby a bath. You can bond with your baby and your love at the same time.

3. Baby duty: Split your baby duties equally. Work out who will be taking care of the baby at what times, including the middle of the night.

How would you prepare your relationship for a new baby? Share your thoughts with us.

Vanessa Minnillo Talks Up Pregnancy on Double Date





Pregnancy can be tough, so it's no wonder Nick Lachey took mom-to-be Vanessa Minnillo on a double date this weekend, right? Well, no. According to [People](#), Minnillo spent the double date in Brentwood, Calif. gushing about how wonderful her pregnancy has been. An onlooker said, "She has this cute little belly."

How much about your pregnancy should you share with friends?

Cupid's Advice:

There's thin line between just enough information and too much information. Cupid has some tips on how much you should be sharing about your pregnancy:

1. Facebook: Pregnancy updates on facebook are TMI. It's nice to share this moment of happiness with friends, but not so much with your entire friend list which contains coworkers and old teachers.

2. All in the details: It's not a crime to want to share your pregnancy with anyone and everyone. The difference is in the details. If you're not especially close with someone, you

should know how much is too much. No one needs pregnancy advice from too many people.

3. It's okay to fib a little: Don't want to tell your friends about that morning sickness you had before brunch? It's okay to tweak how your pregnancy is going so that you don't have to share some of the more unpleasant details.

What do you share about your pregnancy with friends? Share below.

Most Beautiful Famous Couples



By Jessica Smith

Beauty comes from the inside and out, and the radiance of love can be the most profound beauty people can exude. There are plenty of beautiful celebs in Hollywood, and when two gorgeous celebrities are matched together, they turn heads and leave us awe-struck. Here are ten of the most beautiful famous couples that Hollywood has to offer:

Beautiful Famous Couples

1. Prince William and [Kate Middleton](#): The Duke and Duchess of Cambridge have earned the number one spot on our list. They've been married less than a year, but ever since Princess Kate elegantly walked down the aisle, she has taken the world by storm with her class and beauty – and let's not forget her great fashion instinct.

2. Tom Brady and Gisele Bundchen: Fame, fortune, and beauty – this Hollywood couple has it all. They've been married for almost two years, and they're definitely turning heads. The New England Patriots quarterback and his supermodel wife have an 18-month old son and are making big plans for a new mansion.

3. Brad Pitt and Angelina Jolie: You can't mention celebrity couples without this dynamic duo making the list. Pitt and Jolie have been fighting human rights as a couple for six years, and they exude beauty inside and out with their celebrity love for one another and their love of helping people in need.

4. David and Victoria Beckham: There's plenty of spice in this duo's life, and we've watched these stars transform into responsible parents over the span of their twelve year romance. Victoria gave birth to their fourth child, daughter Harper, a few months ago, and their kids would certainly be included in the list for most beautiful celebrity kids.

5. Penelope Cruz and Javier Bardem: The Spanish actress and her beau make a lovely couple as fans watch them raise their son Leo after being married for just over a year.

6. Nick Lachey and Vanessa Minnillo: These newlyweds have been married for less than a year, and they described their celebrity wedding as a dream come true. Hopefully, having their wedding televised didn't leave these two lovebirds with the reality TV show curse!

7. Orlando Bloom and Miranda Kerr: This famous couple can't get any sexier. The twosome has been married a little more than a year, and it's hard to believe they've already had their first child. If you saw Kerr modeling Victoria's Secret lingerie in this year's fashion show, then you probably saw her hubby watching her enviable post-baby body glide down the catwalk and giving her a standing ovation.

8. Adam Levine and Anne Vyalitsyna: They're sexy, and they know it. Their celebrity romance seems hot and steamy as they pose nude for magazine covers and Vyalitsyna appears in his music videos. You could see the infatuation in Adam's smile as he and his girlfriend locked eyes as the Victoria's Secret model strutted her stuff down the catwalk recently.

Celebrity Love is Stronger Than The Rumors

9. Will Smith and Jada Pinkett: Apart from the recent rumors of a celebrity divorce after being married for fourteen years, this power couple is still together and we're cheering for their recovery. The pair – and their famous children – are a force to be reckoned with, and their talent seems unstoppable.

10. [Ryan Reynolds](#) and Blake Lively: This young duo is one of the newest Hollywood couples to step onto the scene, and they're leaving their mark. It looks like the *Gossip Girl* may

have finally found her man. The two can't seem to get enough of their love for each other, and for fans, there's nothing like living vicariously through a young and hopeful couple.

What other beautiful Hollywood couples would you add onto the list? Share your comments below.

Vanessa Minnillo Changes Her Name



Vanessa Minnillo is no more. The 31-year-old, who married Nick Lachey in July, has officially changed her name to Vanessa Lachey, reports [E! Online](#). Lachey took to Twitter to break the

news, tweeting, “So. I’m making it official, and I LOVE my new name! @VanessaLachey has a nice ring to it.”

What are some things to consider before changing your last name after marriage?

Cupid’s Advice:

Though taking your husband’s name used to be expected, more and more women are now choosing to keep their maiden names. Here are a few things to consider before making your decision:

1. The repercussions: Having a different last name than your partner can be troublesome. Organizing financial documents, insurance papers, and other investments are often easier when you and your spouse have the same last name.

2. Your partner’s feelings: If your partner wishes for you to take his name, you should take his feelings into consideration. However, make sure his wishes are only a small factor, not the deciding factor.

3. Your preference: Don’t let society’s expectations overrule your personal preference. It’s your name, and ultimately, it’s your choice.

Did you take your husband’s name after marriage? Feel free to share your feelings on the subject in a comment below.

Vanessa Minnillo and Nick Lachey Get Married



When Vanessa Minnillo and Nick Lachey tied the knot on Friday in a tropical paradise surrounded by their nearest and dearest, their guests had no idea what to expect. According to [People](#), their wedding invitations came in the form of a place ticket with the only instructions being to dress “island chic.” The day of the ceremony, the lucky guests were swept off to a secret island location. On July 30th, viewers everywhere will also get to witness this special ceremony at 9 p.m. ET/PT on TLC as part of the *Nick & Vanessa’s Dream Wedding* special.

What are some creative wedding themes?

Cupid’s Advice:

Having a theme wedding is a great way to make your wedding memorable for your friends and family. If you’re considering revolving your wedding around a theme, here are some fun

ideas:

1. Holiday theme: Have your wedding on your favorite holiday. Valentine's Day is always a popular choice, but having a St. Patrick's Day or Christmas wedding can also be fun.

2. Fire and ice: Even the best relationship can still run hot and cold once in a while. Embrace both the fiery and icy aspects of your relationship with some great decorations. Candles and ice sculptures are a great combination.

3. Wild Wild West: It may not be for everyone, but if you're a honky tonk kind of couple, go for it!

Was your wedding themed? Share your experience below.

Nick Lachey Explains Why He's Marrying Vanessa Minnillo on TV





It's official! Nick Lachey and Vanessa Minnilo have agreed to have their wedding recorded live, according to UsMagazine.com. However, Lachey admits that having cameras at their wedding wasn't an easy decision. "We kind of wrestled with that for a while, for obvious reasons," he told reporters Saturday during his bachelor party at TAO in Las Vegas. "Having done reality TV in the past, I didn't necessarily want to jump right back into it without having thought it through to great length, and we did." A reason the singer agreed to have cameras on his special day was because they weren't going to stay there for long. "It's a one-off special; a chance to kind of have a great experience and a great moment in our lives documented on TV, and also for us, to have a great wedding video at the end of it," he said of their TLC wedding special, which will be broadcast shortly after the couple swaps vows.

What are the advantages of having your wedding recorded?

Cupid's Advice:

Your wedding day is special and is one of the most important

days of your life. It's a day that couples want to cherish and what better way to do that than to have it recorded? Here's why:

1. Memories: Having your special day recorded means you'll be able to relive the moment over and over again. If things start getting tough, remind yourself about how happy you were on your wedding day.

2. Friends and family: You may not hang out with your friends and family as much as you used to, and a wedding video will allow you to see your loved ones all together on your special day.

3. Pass it down: You can pass your wedding video on to your children so they can see the day you were married.

Is there a specific reason why you or someone you know recorded their wedding? Let us know in a comment below.

Nick Lachey Has 3-Day Vegas Bachelor Party





Nick Lachey, 37, had the luxury of having a 3-day bachelor party in Las Vegas this past weekend. And though “whatever happens in Vegas stays in Vegas” is the typical cliché that comes to mind, Vanessa Minnillo assured UsMagazine.com that this bachelor’s party was far from *The Hangover*’s tumultuous adventure. Minnillo kept her presence known when Lachey received a black and red layered cake with a ball and a chain on top that was shackled to a mini Lachey’s leg. It read, “Property of Vanessa.”

What are the perks of having a bachelor/bachelorette party in Las Vegas?

Cupid’s Advice:

Bachelor/bachelorette parties are your last chance at splurging on fun before you’re married. Celebrate for the moment, as well as for the future!

1. Money money money moonaaay: Las Vegas is all about the green stuff. What’s better than doing some legal gambling and winning money right before you get married?

2. Live entertainment: Not only do you have the joy of being with your longtime friends, enjoying old memories and dreaming about a future-to-be, but you have the entertainment of some of Vegas' most popular shows, like burlesque!

3. Food galore!: What has high quality food, at affordable prices? Vegas. Vegas has it all. Check out the multiple buffets in all the casinos on the strip.

Have some memories of a bachelor or bachelorette party in Sin City? Share it with Cupid below!

Nick Lachey and Vanessa Minnillo Want Kids Soon





It seems that Nick Lachey is another one of the celebrity hunks who would now like to be a dad. Lachey, who is in a relationship with Vanessa Minnillo, is looking forward to having children, one of the reasons being that his age is beginning to show no mercy. "I'll be 38 this year, so it's one of those things that I'm certainly behind the eight-ball on," he told [People](#). Not only is a baby on his mind, but a wedding is as well. The ceremony, which will be a taped TLC special, will be a very special start to Lachey's dream of having a loving family.

What are the benefits of having children later in life?

Cupid's Advice:

Some people wait a very long time before having children, whereas others choose to have them early on. Cupid has some thoughts on why having children later in life may be a good thing:

1. Stability: If you wait a while to have a child, you will allow yourself to have grown economically, mentally and

emotionally. You won't have to deal with the extra moodiness that comes with being a teen and the financial struggles that come with first jobs.

2. Youth: By putting off having children, you'll be giving yourself a chance to experience and enjoy your youth without having to sacrifice for someone else. You'll avoid "growing up too fast." Being young only lasts for a short time, so enjoy it while you can.

3. Fit as ever: Saving a baby for later keeps your figure in shape while you're young. We all know the hassle of staying fit. Why not have nice bodies last while they still can?

Did you have a child later in life? Share your experience below.

Nick Lachey Serenades Vanessa Minnillo to Apologize





The hardest part about being in a relationship is knowing how to swallow your pride and make up. With his upcoming nuptials to Vanessa Minnillo, Nick Lachey told [Access Hollywood](#) his fool-proof strategy for apologizing to his future wifey when he messes up. For Lachey, this is an easy one. He gives her a taste of his velvety voice. “That’s my trump card. Whenever I screw up and I need to get back to her good graces, I sing. So far it’s worked,” he said.

What are some creative ways to apologize to your partner?

Cupid’s Advice:

Saying the words “I’m sorry” can be even harder than saying “I love you” in some cases. Here are some sure-fire ways to make your apologies go smoothly:

- 1. Send your apology:** When you make a big display of your amends, it shows thought and sincerity. For example, send a singing telegram. A small gift and a charming note can go a long way when you’ve messed up.
- 2. Show the world you’re sorry:** The internet is a powerful way

to have your message heard today. Use it to your advantage by making an apology video and posting it on the web for everyone to see. This will let your partner know that you're aware of your mistake, and you want the world to know.

3. Cook: When your partner comes home, greet him or her with a nice meal set at a romantic table. Calmly state your apology without stirring up another fight. Admitting you were wrong and taking the extra time to do something special will surely ease the tension and get your relationship back on track.

What strategies have you used when apologizing to your partner? Share your comments below.

Nick Lachey and Vanessa Minnillo Have Wedding Shower





Nick Lachey and Vanessa Minnillo celebrated their upcoming nuptials this past Sunday at the London Hotel in West Hollywood with an extravagant and unforgettable wedding shower, according to [People](#). The couple and their friends and family seemed excited about their wedding as they took in the amazing views and delicious food from chef Gordon Ramsay's kitchen within the hotel. The party had both a laid back and sophisticated atmosphere where all the guests were able to enjoy themselves and have a great time.

What are some reasons to have a wedding shower before your nuptials?

Cupid's Advice:

Nick Lachey and Vanessa Minnillo enjoyed themselves at their wedding shower, and Cupid has a few reasons why having a wedding shower before *your* nuptials is a good idea as well:

1. It helps calm your nerves: What better way to calm your wedding jitters than to have a fun party with family and friends where you can relax and enjoy each others' company? Having a wedding shower is a great way to celebrate each other

without worrying about planning-related stress.

2. It gets you even more excited: Having a wedding shower before your nuptials helps get you and your significant other even more excited for the big day by having a pre-celebration with family and friends.

3. It allows everyone to get to know each other: Having a wedding shower before your nuptials helps your family and friends get to know each other better before the wedding so at the reception they'll have an even better time. This is the time where you can introduce family and friends from both sides and make sure everyone gets along.

Did you have a wedding shower before your nuptials? Share your experience below.

Celebrities Who Love the Derby





By Andrew Pryor

Known as “The Most Exciting Two Minutes In Sports” because of its rapid duration, the Kentucky Derby is a combination of old-time tradition and the fast-paced fanaticism of sports betting. Love and luck will both be in the air on May 7 – a love for the “sport of kings” and desire for the luck it takes to see something amazing happen. If you’re planning on making the trip to Churchill Downs, you might see a few amazing celebrities as well.

Here are a few of the past celebrity couples that have been to the Derby:

1. Nick Lachey and Vanessa Minnillo: These engaged lovebirds made an appearance at last year’s races.

2. Rebecca Romijn and Jerry O’Connell: He’s a *Bachelor* no longer and she’s the farthest thing from *Ugly*. And both of them saw the Derby last May.

3. Mario Lopez and Courtney Mazza: The *Entertainment Tonight* personality started dating Broadway dancer Mazza in 2008. Two

years later, they attended the “Run for the Roses.”

And here are some celebrity singles that are looking for a win, place, or show (or maybe even love!) at the Derby:

1. Terrell Owens: A guest at last year’s events, this high-profile football player always wants to be where the action is – and the Downs has plenty of action to offer.

2. Maria Menounos: This sexy television correspondent showed up to the Kentucky Derby last year, which was a welcome break from interviewing celebrities.

3. Idris Elba: Known best as *The Wire*’s Stringer Bell, he attended last year’s Derby in style.

Vanessa Minnillo Is Cool With Nick Lachey Hosting Vegas Swimsuit Party





Letting your partner go to Sin City without you is one thing, but letting him go with a bunch of supermodels seems a bit risky. Apparently Vanessa Minnillo doesn't think so! Minnillo recently let future hubby Nick Lachey go to Las Vegas alone Thursday to host a Sports Illustrated swim party while she stayed behind for auditions. Talk about a cool fiancée. Even though Vanessa wasn't on Vanity nightclub's list that night, she was on Lachey's mind. "She looks as good if not better than any of the models you see behind me in a swimsuit," he told [E! Online](#). And as far as the wedding plans go, Lachey assures us that they're "getting there slowly but surely...we're inching our way along."

Is it OK for your partner to go on a wild trip without you?

Cupid's Advice:

Knowing whether or not you should trust your partner to go on a trip without you is a big decision. If you're not sure, Cupid has some things to consider:

1. How long: There's a big difference between going away for a

weekend and going away for weeks. A lot can happen if you're away from your special someone for an extended period of time.

If your partner plans on packing all the clothes in his or her closet, maybe you should tag along on the trip.

2. Who is going: It's not always about how much you trust your partner as much as it's about how much you trust their friends. If your beau still hangs out with his crazy single friends, make sure to remind him that he's not a bachelor anymore before he leaves.

3. Reason to worry: Ask yourself why you're worried in the first place. It's normal to be a little uneasy, but don't let the jitters get the best of you. If your partner has broken your trust and given you a reason to worry before, there's nothing wrong with insisting to go with them.

Vanessa Minnillo and Nick Lachey Are Savoring Engagement





After getting engaged, most couples practically race down the aisle like there's a finish line at the end. That's not the case for soon-to-be married couple Vanessa Minnillo and Nick Lachey. Minnillo, 30, and Lachey, 36, are savoring their engagement. According to [People](#), the two were engaged in November and have been enjoying it ever since. "We're enjoying being engaged," Minnillo says. "Everyone rushes to the next step and I like this step. I'm in love and we're happy, so when it comes and it happens organically I will welcome it with open arms."

How long should you be engaged before marriage?

Cupid's Advice:

Although most couples believe that sooner is better, Vanessa Minnillo and Nick Lachey are proof that taking the engagement process slow is very rewarding. Cupid has a few good things that can come out of waiting:

1. Growing comfortable: Being engaged really puts a relationship into perspective, and it's a great way to tell

whether or not you're truly ready to commit to this person forever. Waiting will not only help you both become more comfortable and sure of your decision, but it can give you some time to ease into the transition from engagement to marriage.

2. Making decisions: Taking your time with wedding arrangements will give you and your fiancée not only more time to make your own decisions, but also to come together and find a common ground on your perfect wedding. The longer you wait, the less stressful the planning becomes!

3. Right time: Many couples make the mistake of getting married right away without thinking about the rest of their priorities. Give yourselves sometime to finish school, or wait until your jobs are less hectic before you request time off. Wedding stress becomes a lot less scary when it's the only thing you have to worry about.

Wedding Bells for Nick Lachey and Vanessa Minnillo





It's about time! [People](#) reports that Nick Lachey has finally popped the question to longtime girlfriend Vanessa Minnillo last week near a beach in California. Nick Lachey took to Twitter to confirm the happy news. He tweeted, "Hey all. If anyone's heard the rumors of my engagement, they are absolutely true! Vanessa and I couldn't be happier. Thanks for all the love." Nick Lachey, 36, and Vanessa Minnillo, 29, have been dating since 2006 and the bride-to-be has been recently needling her beau about marriage. Last year Vanessa Minnillo said, "Once again it looks as if I'm always the bridesmaid but never the bride." Sounds like Nick Lachey got the hint when he sealed the deal with an Asscher-cut diamond flanked with trapezoids from Bader & Garrin, according to a source. This is Lachey's second marriage, after divorcing from first wife Jessica Simpson in 2005.

How long should you date before getting married?

Cupid's Advice:

It's important not to rush marriage, but you also don't want to wait too long, as Vanessa Minnillo will attest! Cupid has

some suggestions on what is the right amount of time to date before tying the knot:

1. Four seasons: While each couple is different, in general it's good to know someone for about a year, or all four seasons, before you make a commitment. It will give you a chance to get to know each other past the honeymoon period of the relationship.

2. Life experiences: Perhaps more important than the amount of time you've known each other are the experiences you have been through as a couple. If you've met each other's families, seen each other at your best and worst, and survived at least one major crisis together, you're probably ready.

3. Love at first sight: Some may wonder, when you meet someone and immediately know that they're "the one," why wait to get married? While the idea is romantic, your chances of longevity decrease the quicker you jump into marriage. If you're so sure you want to spend the rest of your life together, what difference will a few more months make?

Jessica Simpson Runs Into Ex Nick Lachey





What happens when you run into your ex with his new girlfriend while you're on a date with your new boyfriend? Well, Jessica Simpson and beau Eric Johnson found out over the weekend when they ran into Simpson's ex, Nick Lachey. When asked about the incident by [USA Today](#), the singer said, "He was at the same restaurant. I didn't speak to him." But apparently she was much more willing to talk when asked about her current relationship with Johnson, according to [Us Weekly](#). "He definitely makes me very happy," she said. "He brings out a lot of light in me and makes me very comfortable being who I am. It's nice to be with somebody who praises you for the right reasons." Is that a Nick Lachey burn? We'll never know for sure. **How should you handle your first sighting of an ex post-breakup?**

Cupid's Advice:

It's always awkward when you run into your ex for the first time after you've broken off your relationship, but there are right and wrong ways to deal with it. Cupid has some suggestions:

1. Act casual: There's no need to bring drama into the

picture. Even though you may be feeling turmoil on the inside, keep it bottled up for the time being. Although they say keeping your feelings inside can sometimes be a bad thing, it's okay if you let it out in a different venue later on – away from your ex.

2. Be civil: Again, there's no reason to carry the reasons you broke up into your first meeting after your split. Your relationship is over, and it's time to move on. Why re-hash old arguments when you can just keep it civil, and shrug it all off?

3. Keep it short: Don't prolong your first meeting post-breakup. If you happen to end up at the same location as your ex and there's no way to avoid each other's presence, deal with it briefly. The longer you confront your ex-partner, the more awkward you will feel and the more likely you may say something you'll regret later.