

Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split



By Nicole Maher

In the latest [celebrity news](#), Vanessa Hudgens revealed what she wants in the ideal partner following her [celebrity break-up](#) with Austin Butler. According to *UsMagazine.com*, Hudgens is open to dating someone whether they are in the public eye or not. Hudgens and Butler separated in January of this year after dating for nearly nine years. Since their break-up, Hudgens has revealed that she has not been dating amid the coronavirus pandemic and her busy acting schedule.

In celebrity news, Vanessa Hudgens is reevaluating what she looks for in a partner after her split from Austin Butler. What are some ways to learn from a break-up?

Cupid's Advice:

Although challenging, break-ups provide a great opportunity for learning lessons from a past relationship, as well as determining what you want out of future relationships. If you are looking for some ways to learn from a break-up, Cupid has some advice for you:

1. Set priorities: Break-ups provide a great time to reestablish your priorities and expectations about what you want in a future relationship. While you likely had an idea of your priorities before you even started dating, going through an unsuccessful relationship can reveal what you truly need from a partner to make things work. Take this time to update your priorities so that you know what is a must-have the next time around.

Related Link: [Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split](#)

2. Establish deal-breakers: Deciding on deal-breakers is just as important as setting priorities. A person can have all of the characteristics you favor, but if they have a major lifestyle habit that you disagree with, it can cause conflict in the future. Deal breakers also don't have to be "negative" attributes about the person, but can simply be factors like distance and the type of relationship you are both looking for.

Related Link: [Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox](#)

3. Consider external factors: When we're in a relationship, we sometimes tend to put that aspect of your life above others. Break-ups are a great time to look at other aspects of your life and decide if you'd like to spend some time improving them as well. By working to better yourself professionally or mentally between partners, you will enter your next relationship with a more solid foundation and be ready to put in all the necessary effort.

What are some other ways to learn from a break-up? Start a conversation in the comments below.

Fashion Trend: The Modern Hippy





By Megan McIntosh

It looks like the 60s are making a comeback. Flower power and flowy dresses are in for the Spring and Summer seasons. Stars with great celebrity style like Zoe Kravitz and Vanessa Hudgens have been rocking that bohemian look for a while now, but it looks like the modern hippie [fashion trend](#) is here to stay.

There's something to be said for being boho-chic while rocking handmade fashions with a celebrity flair. The modern hippie fashion trend is one with decades of creativity and it's making a comeback.

There are a few ways to start rocking that modern hippie look,

you can start subtle or go all out. There's really no wrong way to dress like a free spirit with this fashion look. We have some tips:

1. Embrace the flowers: Whether it's a flowy shirt or a long, loose dress, it'll pair well with some flowers in the hair. The modern hippie look has comfort with nature combined. Anything loose, but flattering with a helping of florals is sure to fit Spring or Summer and the modern hippie fashion trend.

Related Link: [Fashion Advice: Work Outfits that are Perfect for Summer](#)

2. Thrift shop: it's all about the bargain hunt. Find clothes that fit your modern hippie look without breaking the bank. Try old secondhand shops or vintage looks if you want to wear fashion from the original hippie age.

3. Try to keep it au natural: ...Or at least the appearance of it. Wear more neutral colors if you prefer to wear makeup when you go out. The focus is more on your clothes and all around vibe like Alicia Keys has been rocking of late.

Related Link: [Beauty Tips: No Makeup Is the New Best Look](#)

4. Free the hair: Let your hair be loose and relaxed or even style it in some loose braids like Vanessa Hudgens during Coachella. Stay away from tight up-do's and unnecessary heat. If you want some cute curls or waves, go for the overnight braids or curlers.

How do you channel your inner modern hippie? Share some tips below.

Food Trend: Our 5 Favorite Cleanses for a Physical Spring Cleaning



By [Rachel Sparks](#)

Spring is a time of rebirth. We're shedding those chunky knit sweaters for v-neck tees and choker necklaces. Our hair is coming out of its perpetual bun and our we're dredging our skin of dead layers and thick moisturizers. While we're thinking about the next [celebrity beauty trend](#), we need to also consider how to keep our inner workings clean so that our skin and hair will have a natural glow. In addition to [celebrity fitness tips](#), these five food trend cleanses are what celebrities like Vanessa Hudgens, Amber Rose, and Hilary

Duff use to boast about their hot celebrity bodies! Before you know it, you'll feel confident enough to walk out in the latest [celebrity styles](#).

This food trend is all about bringing spring cleaning to your body!

1. Herbal teas: Drink more tea, seriously. Most herbs will help target specific concerns. Cinnamon and turmeric, for example, are well known for their anti-inflammatory properties. If you're wanting to relieve some of the aches in your body and encourage weight loss, this flowery, lightly spiced tea is all you need. Brew hibiscus, ginger, willow, dandelion, and high mallow in water.

Related Link: [Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind by Eating These Super Foods](#)

2. Apple cider vinegar: If it sounds weird, you're not wrong. While it might take some getting used to, this classic is made from items that are likely already in your cupboard. ACV boosts your immune system and jump starts your metabolism for a preventive and weight-losing concoction. The classic apple cider vinegar drink recipe typically contains apple cider vinegar, lemon juice, water, cinnamon, and cayenne pepper.

3. Ayurvedic tea: If you don't know what Ayurvedic means, you're not alone. An ancient form of Indian medicine falls under this name, but the term is often used for referring to natural remedies. This classic tea uses some well-known spices that help with inflammation, digestion, and headaches. For a natural cleanse with an Eastern twist, mix turmeric ginger, coriander, cumin, and fennel. Trust us, don't go for the jarred spices; invest in roots or high quality dried leaves.

Related Link: [Tree Infused Water is Making Celebrity News as a Diet Staple For Fit Stars](#)

4. Target specific organs: If we listen to our bodies we can often tell where the issue is. While a full-body cleanse has its benefits, targeting concerns can help alleviate symptoms faster. For your liver, try turmeric, dandelion, and ginger tea. It's a great detox after a binger. Ginger is best known as a digestif. Licorice treats headaches. Before you know it, you might become an herbalist.

5. Vegetable juice: When most of us think detox, we think of juices and smoothies. Guess what, there's truth to that. The best thing you can do for your body is provide it with a multitude of fresh fruits and vegetables in all their variety. Leafy greens are notorious for their cleansing properties, but not everyone wants to eat them. Try out some fun recipes to make it delicious. Our favorite: apples, carrot, lemon, ginger, turmeric, beetroot, kale and cilantro.

How do you detox for spring? Share your fitness and health tips below!

Celebrity Fitness Secrets: Funky Exercise Fads





By Christine Rudolph

While it may seem as though celebrities keep their exercise routines mum, occasionally we're able to snatch their [fitness secrets](#). While some stick to the standard gym routines, machines, and weights, others have some very interesting ways of getting fit. Leave it to celebrities to find super interesting workouts that help achieve perfectly toned bodies! If you're looking to workout like a celebrity and achieve a fit [celebrity body](#), then some of these exercises might be for you.

Bored of your routine gym workouts? Check out some of these celebrity fitness secrets that will change the way you workout!

1. CrossFit: CrossFit has taken the fitness world by storm over the years, and is one of the most rigorous workouts out

there! This super popular workout combines a multitude of exercises such as cardio, weights, and kettleballs in a short 45-minute timespan. Quality trumps quantity; your results aren't determined by how much time you spend in the gym, rather, by how hard you work out. [Jessica Biel](#) is a huge fan of this regimen – and judging by her perfectly chiseled body, she certainly isn't intimidated by its intensity!

Related Link: [Fitness Tips: 5 Fit Celebrities That Lost Weight and How They Did It](#)

2. Piloxing: As you may have guessed, Piloxing is a high-energy combination of Pilates and boxing. Celebrities such as Vanessa Hudgens, [Hilary Duff](#), and Ashley Tisdale are all fans of this recently popularized fitness routine. The workout is focused on building the core and muscle toning, which ultimately helps build strength and endurance. Piloxing is also a huge calorie burner – you can burn 900 calories in just an hour!

Related Link: [Fitness: 5 Amazing Workout Tips from the Best Celebrity Trainers](#)

3. Barry's Bootcamp: If you've ever wondered how [Kim Kardashian](#) has achieved her post-baby slim downs, her fitness secret is Barry's Bootcamp. Each class utilizes a combination of resistance training with elastic bands, kettle bells, and body bars, as well as cardio. Barry's Bootcamp has been voted "The Best Celebrity Workout" by many fitness magazines and other publications, so you're guaranteed to have a solid workout with each class session!

Related Link: [Look Like a Victoria's Secret Model with These Celebrity Workouts](#)

4. Belly Dancing: Belly dancing is a super fun workout that has been around for quite some time! In the celebrity realm, it has become pretty popular among A-Listers like Shakira and [Beyoncé](#). The sultry dances target the abs and sculpts the hip

area. Bonus: you'll learn to move muscle groups in your body that you never knew existed, too!

5. Hula hooping: Would you have ever guessed that one of your favorite childhood past times would come back into popularity as an adult? Hula hooping tones your entire body! Zooey Deschanel has embraced hula hooping fitness classes, because they target everything from your core, to your arms and legs. The best part is that it doesn't feel like a workout at all! If you're intimidated by exercise, this one's for you!

Christine Rudolph is a passionate lifestyle blogger who loves to write about current trends. She is a featured author at various authoritative blogs. Currently, she is associated as a blogger for [Hourglass Express](#), providers of quality waist trainers, belly bands, and other weight loss products. For all updates, follow her [@RudolphBlogger](#) and become friends with her on [Facebook](#).

Fashion Trend: Making Sweatshirts Stylish





By Ashleigh Underwood

With fall just around the corner, fall [fashion](#) is in full swing. Colder weather and shorter days has us longing for warm and comfortable clothes we can wear in every situation. This means wearing sweatshirts as the latest celebrity [fashion trend](#). While sweatshirts have been a staple in lazy Friday fashion, they can also be worn in fancier, everyday settings.

Take a cue from this fashion trend to incorporate sweatshirts into your everyday wardrobe:

1. Keep it simple and casual: Sometimes, the best look is the most simple one. Break out your comfiest knit sweater, and layer it over some skinny jeans and boots. You'll look stylish, while staying comfy and warm all day long.

Related Link: [5 Trends to Make Winter More Bearable](#)

2. Dress it up: When you're ready to show off your

sophisticated side, pair your sweatshirt with a skirt. Tuck in your sweater, slide on some heels and decorate yourself with jewelry. This is a sure fire way to glam up any sweatshirt.

3. Elegant and chic: For those days when you want to feel classy, but stay comfy, try for this look. Take a page from [Hilary Duff](#)'s style guide and wear your sweatshirt over a classic button down. Show off the collar and let the bottom of the shirt peek out from the bottom of your sweater, creating that perfect chic style.

Related Link: [Product Review: Keep Warm These Colder Months With Peekaboos Ponytail Hats & Scarves](#)

4. Edgy and bold: If you are feeling determined and bold, this look is for you. Starting with your sweatshirt, add a pair of leather pants, a long cardigan and your favorite glam accessories. In no time, you will be looking as fierce as ever.

5. Bring back summer: With cold weather coming fast, it is understandable to want to hang on to summer vibes as long as possible. Channel your inner Vanessa Hudgens and layer a long sweatshirt on top of a summer dress to get that classic boho look. Finish the outfit off with a stylish hat and boots and you're good to go!

What are some ways you style a sweatshirt? Comment below!

Celebrity Style: High Waisted Bathing Suits



By [Melissa Lee](#)

Bathing suits can be a tricky item to shop for, regardless of your body type. With all the different styles, cuts and colors, it can feel nearly impossible to hunt down the perfect bathing suit for those days you'll be lounging by the pool. High waisted bathing suits are a style that have been popularized over the past few years. They were originally most fashionable during the 1950s and '60s, but our favorite celebrities have been seen rocking these retro pieces, bringing them back in style.

Thanks to celebrity style, high waisted bathing suits are all the

rage again! Check it out below.

1. Printed: A printed bathing suit will add some fun to your style. Seen on celebs like Vanessa Hudgens, opting for a more eccentric swimsuit would be fun to wear at a pool party. A printed high waisted bikini is especially appropriate for the more colorful girls that want to show their personality through their clothes!

2. Strappy: A high waisted bathing suit with strappy details can give a sexy edge. This style is especially flattering, and it can turn a boring swimsuit into something totally unique. Pick up a funky bikini top and pair it with a plain pair of bottoms so there isn't too much going on, and the attention is immediately geared toward the star of the outfit!



Related Link: [These Celebrity-Approved Denim Shorts Are The Cutting-Edge Fashion Trend for Summer](#)

3. One piece: Typically, high waisted bathing suits are two-pieces, but there are a million options if you're looking for something full coverage. Lea Michele rocked this adorable one piece bathing suit with a cute cut-out in the middle along with a high neckline. This swimsuit is perfect for the beach,

plus it's guaranteed to look amazing on all body types!



Lea Michele.

4. Cut outs: Similar to the vibes [Lea Michele](#) was lending, cut out bathing suits are super on trend. Small cut outs in your high waisted bikini can give you a slightly sexier edge while still being able to cover up certain parts of your body. Instead of opting for a regular bikini, try out one of these edgier swimsuits.



Cut out high waisted

bathing suit.

Related Link: [Fashion Advice: 'Wow' the Crowd With Color](#)

5. Bold colors: Looking to make a statement without showing too much skin? Picking up a high waisted bikini in a bold color might be the answer! Wearing a fun color on the beach will definitely set you apart, plus it'll make your tan look awesome. Try out a color you don't wear very often and watch your confidence soar!

Which style was your favorite? Leave your thoughts below.

Fashion Advice: Red Carpet Looks You Can Rock at the Office





By [Melissa Lee](#)

Celebrities seem to look like they're *always* wearing the most stylish pieces. For those of us that tend to look to the stars for fashion inspiration, it may be a little hard to find work appropriate outfits when we're influenced by the red carpet. If you're trying to maintain a balance between fashionable and professional, use your favorite celebs for outfit ideas to uphold that "office chic" vibe.

If you're in need of some fashion advice, Cupid's here to save the day with some red carpet looks you can rock at the office!

1. Wide-legged trousers: Hailing from the '70s, these kinds of pants are making a comeback – especially in the office. Stars like Alessandra Ambrosio and Vanessa Hudgens have been seen rocking wide-legged trousers, making them totally celeb-

approved. Pair these pants with a tucked-in blouse or button down and you'll look both stylish and professional when walking around the office.



Vanessa Hudgens is a huge fan of wide-legged pants.

2. Blazers: Once seen as a strictly-professional piece, blazers have actually been spotted more and more on the red carpet. With the right shape, blazers can completely transform a rather casual outfit into a work-friendly look. [Kim Kardashian](#) and [Jessica Alba](#) are two celebs that have been spotted wearing blazers numerous times throughout the years.



Kim K rocks a wide-legged pants and blazer combo.

Related Link: [Dress for Success in These Fashion Trends Fit for a Celebrity Lifestyle](#)

3. Pencil Skirts: Similarly to blazers, pencil skirts were assumed to only be worn at work at a point – but celebrities and their stylists have been putting a stop to that assumption. Stars like Jamie Chung, [Blake Lively](#) and Miranda Kerr have expressed their love for this waist-cinching piece. Rock a pencil skirt by tucking in a flowey button down and you'll be good to go for the day!



Jamie Chung's professional yet stylish take on a pencil skirt.

4. Matching Sets: A modern take on the power suit (made famous by Hillary Clinton, of course) is perfect for the office. Plus, if you're running late for work, matching sets are perfect – all you have to do is find a pair of shoes that work! [Victoria Beckham](#) is notorious for rocking matching sets, whether it be when she's working or just taking a stroll with her family.



Victoria Beckham rocks a matching set.

Related Link: [Celebrity Looks: 3 Easy Ways To Dress Like a Celebrity](#)

5. A-Line Skirts: Skirts are an incredibly versatile piece that can be worn for nearly any occasion, but A-Line skirts are particularly great for the office. The best part about picking up a few of these skirts are all the different ways you can wear them. You can make several stylish outfits with the same skirt, just by switching up the top, accessories and shoes. As long as it's a proper length, A-Line skirts are a crucial wardrobe piece for any working woman's closet.



Bella Thorne looks fashionable and professional in this youthful look.

What are some of your favorite red carpet looks to rock at the office? Leave your thoughts below.

5 New Fitness Trends to Help You Get a Celebrity Body





By [Melissa Lee](#)

It seems like everyone's hitting the gym to get their ideal summer body before strutting across the beach, but sometimes doing the same strength training and cardio routine can get pretty repetitive. There are always tons of new fitness trends circulating social media, but the best (and most effective) ones are always celeb-approved!

Check out these fitness trends guaranteed to help you get a celebrity body!

Try out some of these celebrity-approved fitness trends to get in the best shape of your life:

1. Ballet Beautiful: Endorsed by Victoria's Secret Angels galore, Ballet Beautiful is a fairly new workout trend that is intended to mix athleticism and classical ballet in order to help you get the most lean, toned body possible.

The [website](#) offers global access, online workouts, and customized private training. If you're interested in taking a class and live in New York City, they have two locations in Soho and the Upper East Side.

2. Indoor Rowing: This may sound like an odd form of exercise, but Duchess of Cambridge [Kate Middleton](#) is a huge fan of indoor rowing, so why not try it out? This full body workout is becoming more and more popular as [rowing clubs](#) open throughout New York City and Los Angeles. However, the most important aspect of this fitness trend is to learn the technique and maintain a steady pace in order to avoid injury.

Related Link: [Let Your Partner Be Your Inspiration to Getting & Staying Fit](#)

3. Aerial Yoga: Aerial classes aren't the most recent fitness trend, but they're approved by stars like [Khloe Kardashian](#), Vanessa Hudgens, and Sarah Hyland. This [activity](#) is designed to explore, refine, and advance traditional asana. If you're interested, there are tons of aerial classes available throughout New York City.

4. SoulCycle: It feels like every celebrity is obsessed with SoulCycle, but it's for good reason since it's so effective! These classes consist of high power indoor cycling, but they center in on having fun while getting a good workout in. Celebs like Demi Lovato, [Lady Gaga](#), [Selena Gomez](#), and Kelly Ripa all approve!

Related Link: [Fitness Trend: Why Aqua Cycling May Be For You](#)

5. Dogpound: Alright, ignore the odd name and focus in on the fact that this is another Victoria's Secret Angels-endorsed fitness trend. This NYC based gym is *super* intense, and offers private training, boxing, group training, nutritional programs, and more. Models like Ashley Graham adore Dogpound and their high intensity workouts (along with the amazing results!).

What are some of your favorite fitness trends? Share your thoughts below.

Make Your Love Soar On Date Night With Aerial Classes In NYC



By [Cortney Moore](#)

Do you have a love for the aerial performers at Cirque du Soleil? Ever wondered how they can easily climb up and down those silks and hoops while being suspended in air? You might

think these performers had to train at a young age to get so nimble and flexible, but this is not always the case! Believe it or not, you can become one of those amazing performers with a few aerial classes. Learn how to soar through the sky with ease and impress your friends with these circus-like moves! It might even be worth it to try out on your next [date night](#)! Just imagine yourself and your sweetheart defying gravity and completely in sync with each other while practicing these mesmerizing moves. If that's not motivation enough to give these classes a try, then maybe a few fit celebrities can inspire you to. Khloe and Kourtney Kardashian, Vanessa Hagens, Sarah Hyland and P!nk are just a few stars who have made [celebrity news](#) following this daring fitness trend.

Try Out Aerial Classes On Your Next Date Night

Circus Warehouse: Founded in 2010 and located in Long Island City, the Circus Warehouse has made a name for itself in all things circus related. Classes are taught by actual circus stars so you can have faith that you're learning from people who know what they're doing. This location offers aerial silks, Lyra (aerial hoop) and many other circus classes you may be interested in trying.

Body & Pole: Push your limits at Body & Pole located in the Chelsea neighborhood. This 10,000 square foot studio offers an assortment of classes so you can do your best as an aspiring aerialist. With world-renowned instructors teaching 200 classes on a weekly basis, students can improve their flexibility, contortion and aerial choreography on fabric, hoops and poles.

Related Link: [Celebrity Interview: Professional Aerialist & Celebrity Trainer Jill Franklin Talks About Aerial Physique, Famous Clients And Love Advice](#)

Aerial Arts NYC: Learn aerial skills from experienced professionals who have performed at Cirque du Soleil, famous cruise ship lines and countless other circus locations. Aerial Arts NYC is located in Midtown East, and offers both group or private aerial circus classes in silks, static trapeze, rope, Lyra, hammock, straps and Spanish web.

Om Factory: Take a more peaceful approach to aerial fitness with the Om Factory. Founded in 2006, with multiple locations in NYC (Union Square & Fashion District) and abroad, the Om Factory has had the opportunity to teach aerial yoga to thousands. Aside from assorted yoga classes, this location also offers traditional aerial circus lessons with silks, Lyra, cloud swings and static trapeze.

Related Link: [Date Idea: Workout Together](#)

Skybody System: Empower your body and mind at this aerial yoga studio in the Flatiron district. You don't have to be fitness pro here because experienced instructors will teach you everything you need to know as a beginner. You have the option to take a variety of aerial fitness classes that include yoga or dance. And with classes offered 7-days a week, you'll have plenty of opportunities to practice your skills!

City Pole: Receive individualized attention at an aerial studio located in Tribeca. City Pole boasts small class sizes for beginner, intermediate and advanced aerialists. As a result each student has access to the studio's equipment with no need to share during lessons. Here, experienced trainers teach pole dancing, flexibility, aerial hoop and silk classes.

Be the envy of your friends by getting fit on date night and learning these aerial skills as a couple! You'll be sure to get your heart racing with the one you love close by.

Have you ever heard of aerial classes before? Would you be interested in giving it a try? Share your comments below!

Celebrity Photo Gallery: Famous Couples Who Work Out Together





Jessica Biel and Justin Timberlake

The duo that sweats together, stays together! This famous couple seems to believe this truth, as they are often seen jogging together. Photo: Brian Flannery/FlynetPictures.com

Five Celebs Who Are Infamous for Dating Their Co-Stars





By Meranda Yslas

When you're shooting a film or prepping for another season of a TV show, you spend a lot of time with your coworkers. More often than not, a celebrity relationship begins to form on set. In fact, most celebs have dated a co-star or two.

Cupid has five celebs who are infamous for dating their co-stars.

1. **Nina Dobrev and [Ian Somerhalder](#)**: The stars of *The Vampire Diaries* dated for three years before announcing their celebrity break-up in May 2013. Even though they separated, the two remain good friends.

Related Link: [Nina Dobrev Admits to Fighting Feelings for Costar Ian Somerhalder](#)

2. **[Blake Lively](#) and Penn Badgley**: Dan and Serena from *Gossip Girl* had a romantic relationship on-screen, and so did the celebs who played them off-screen. After three years of

dating, the Hollywood couple called it quits in 2010, but remained friendly with each other while the show continued until 2012.

3. Chad Michael Murray and Sophia Bush: Not only did these co-stars date, but they even had a celebrity wedding! Unfortunately their marriage didn't last long and was annulled after five short months.

Related Link: [Sophia Bush and Topher Grace are Just Friends](#)

4. Jennifer Carpenter and Michael C. Hall: The stars of the show *Dexter* were married for three years before getting a celebrity divorce in 2011. Even after splitting, both actors spoke positively about maintaining a professional and friendly relationship with each other.

5. Zac Efron and Vanessa Hudgens: In 2005 these two celebs met while filming the first *High School Musical*. For five years they remained in a romantic relationship before ending it in 2010.

Is there co-stars turned famous couple that we missed? Share below.

**Ashley Tisdale Talks
Celebrity Marriage: "He
Inspires Me in So Many
Different Ways"**



By [Sarah Batcheller](#)

In a recent interview with Wonderwall, newlywed Ashley Tisdale gushes about the love she shares with husband Christopher French. The actress says she just knew that it was right and that he inspires her every day. The rocker's loyalty is second-to-none, a quality that Tisdale highly regards in her [celebrity marriage](#). The *High School Musical* star also dishes on how she and former *HSM* co-stars have kept in touch over the years, raving especially about her friendship with Vanessa Hudgens. Read on for the details from her adorable celebrity interview!

Ashley Tisdale Opens Up About Her

Celebrity Marriage

WW: Did falling for your husband open your eyes to a new kind of romance or love story?

AT: “Definitely! Obviously! He definitely inspires me, for sure. It’s one of those moments where, in the past, everything else was just kind of forced or not right. Then, finally, when you are in the one that’s The One, you are like, ‘Oh, wow! This is how this is supposed to be.’ So it’s natural and nice. It’s one of those moments that you just know.”

Related Link: [Ed Sheeran’s New Girlfriend is Taylor Swift Approved](#)

WW: How does he inspire you in your celebrity marriage?

AT: “He inspires me in so many different ways, just to be a better person. I never really had someone guy-wise who was a loyal person, so it’s really nice to have someone be as loyal ... I hold loyalty and respect really high. So it’s like ‘Oh, there’s someone who is giving back as much as I’m giving.’”

WW: What is your idea of a romantic encounter?

AT: “I think it’s that first connection. You just feel it. It’s an exciting time, I think. It’s the first spark where you go, ‘Oh my God, this is so great.’ I definitely can relate to that moment for sure. You always remember it too, that moment.”

WW: What’s your idea of a romantic evening?

AT: “For the first couple of dates, I’m definitely someone who likes to be more casual. When it’s super romantic, it’s a little bit of pressure, and you’re like ‘Oh my God, this is nerve-racking.’ I’m one of those girls that you can just take to dinner and not have to romance completely. I’m someone who likes the idea, but I’d rather go to a cool restaurant that’s

not so dark. For me, romance is the smaller things. I'm definitely someone who is adventurous and spunky."

WW: Are you a hopeless romantic?

AT: "Yeah! I definitely am. I'm someone who loves romantic comedies: *My Best Friend's Wedding*, *Just Married*, and *How to Lose a Guy in 10 Days*. And I listen to Taylor Swift's music all of the time."



Ashley Tisdale and Christopher French on their wedding day. Photo courtesy of Ashley Tisdale's Instagram.

Celebrity Interview with Ashley Tisdale

WW: You recently had a *High School Musical* reunion. How was that?

AT: “Monique [Coleman] does this charity where she was giving away a dinner with the cast. So there was a winner a couple of months ago, and she was finally able to get us in one area to do it. It was the best time. We were just talking about anything and everything. [The winner] was so a part of it because we hadn’t seen each other in so long. It’s been years since we’ve been all together like that.”

Related Link: [Lea Michele Kisses Boyfriend on Boat in Italy](#)

WW: You and *High School Musical* co-star Vanessa Hudgens have really stayed close over the years. How has your relationship grown?

AT: “We will always have this connection of something we’ve been through together. Over the years, though, she’s really grown up and is such a beautiful person. It’s nice to grow together and lean on each other in moments that we’ve needed it. It doesn’t matter how busy we both are; if I pick up the phone and call her, she’s always there. So to have that kind of friendship has been awesome.”

For the rest of the celebrity interview, visit www.wonderwall.com/entertainment/ashley-tisdale-my-husband-inspires-me-everyday-1840127.article. You can keep up with Ashley on Twitter @ashleytisdale.

Giveaway Alert: Win a Boostcase for Your iPhone So You Can Text and Talk Longer with Your Loved Ones



This post is sponsored by Boostcase.

By Daniela Agurcia

It's difficult to manage a busy schedule and a relationship at the same time, but Boostcase is here to help. Bollare's Boostcase is a portable iPhone charger that allows you to extend the life of your iPhone and charge it on the go. Although our cell phones allow us to keep in touch with our loved ones throughout our hectic work days, the battery life

just can't keep up. That's why everyone is getting their hands on this hot new accessory.

Celebrities such as Emmy Rossum, Vanessa Hudgens, Miley Cyrus, Selena Gomez and Zooey Deschanel have been spotted around town with this new "must have" gadget, and they're obsessed! Personalize your Boostcase with your favorite colored "Snap On Case." Now, you can send pictures to your long-distance beau in Europe or just spend your day texting your hot crush without worrying that your phone will run out of juice before you get a response back from him.



Miley Cyrus with Boostcase. Photo: INFDaily.com via Just Jared

~~GIVEAWAY: Just go to our Facebook page, click on the "Like"~~

~~button and leave a comment saying that you want to enter the Boostcase Giveaway. You will automatically be entered to win! We will contact the winner on their Facebook page when the contest has finished. Don't wait to get your hands on the hottest new accessory that all the celebs are using! All entries must be in by 5pm on Friday, September 7th.~~

Congratulations to our winner, Katie Picklesimer! Enjoy your new Boostcase!

For additional information on Bollare, visit Bollare.com.

Vanessa Hudgens and New Beau Indulge in Hot Miami Weekend



It's already a busy and exciting new year for Vanessa Hudgens. The *High School Musical* star and her new boyfriend, Austin Butler, enjoyed a lovely day at the spa, where the duo enjoyed some rest and relaxation poolside at the Fontainebleau Resort. In addition, Hudgens and her boy spent some time at the Acqualina Resort & Spa, where Butler enjoyed a massage courtesy of his girlfriend. A source said the two looked "cozy," according to [E!](#) The two celebrated the New Year at Fontainebleau with Jessica Szohr of *Gossip Girl*, *90210*'s Jessica Lowndes and J.C. Chasez and later went to the LIV nightclub for Busta Rhymes' performance. Hudgens and Butler, who stars in *Switched at Birth*, have been dating for approximately three months.

What are some fun couples activities at a resort and spa?

Cupid's Advice:

Depending on the resort, there are a variety of different activities to do while away. Cupid has some suggestions:

- 1. Get pampered:** Hit the spa, and go all out with whatever they offer. Enjoy a massage or manicure with your lover.
- 2. Go outside:** Most resorts offer different things to do such as horseback riding or kayaking. Take advantage of them.
- 3. Explore:** Whether you're hiking a trail or venturing for some local food, some time away from the resort will give you and your partner some time to bond.

What are some other resort-style activities to attend with your partner? Share your ideas below.

Do's and Don'ts of Flirt texting and Sexting



By Olivia Baniuszewicz and Debra Goldstein

We were eating dinner the other night with our best guy friend, and the topic turned to sexting. Not too soon after, he handed us his cell phone to show us close to a hundred naked photos of different girls. Can you believe he actually created a folder on his phone to archive them because there were so many? Sigh. Anyways, all of these girls sent him photos for one reason and one reason alone ...because he asked. He didn't think twice about showing them to us nor is he shy about sharing them with his boys.

Ladies, we don't particularly want to see your privates on our friend's phone, in the news (yes, you Andrew Weiner, Blake

Lively, Vanessa Hudgens...) or anywhere else for that matter. We thought a nice refresher on some do's and don'ts of sexting may be just what we all need to keep our privates, well, private.

What is Flirtexting?

Flirtexting is what you do in the beginning stages of a relationship to build a connection.

What is Sexting?

Sexting is sending suggestive flirtexts that are bold and blunt and used to spice up an existing relationship.

Do's:

- Sexts should be used by mature adults in a committed relationship to avoid risky backlash
- Stay classy by sending simple sexts telling him what you want to do when you see him later, or what you plan on wearing
- Use the casual and safe environment of text to forgo shyness by sexting to reveal your fantasies
- Spark fire in a long distance relationship with an exciting bedtime sext
- Send a flirtext to spice up an existing relationship during work
- Less is more, send sexy photos of new lingerie or a picture of your legs to get him aroused

Don'ts:

- Never include your face in a naked photo text.
- Avoid your kids seeing these photos by deleting them immediately from your phone after sending them.
- Don't reveal everything in a text message exchange, leave him wanting more.
- Stay away from racy photos unless you're in a serious relationship to avoid unwanted leaks and criticism.

You Should Know:

- Guys have said that they will often test girls by sending them a sext to see how they will respond.
- Nothing is going to happen if you refuse to take it all off for a sext, except for maybe gaining more respect from the person asking you for it.
- Unlike phone sex, you don't need to be anywhere private to send a sexy text.

Flirtexting: How to Text Your Way into his Heart is a dating guide that spells out the rules, the guidelines and the do's and don'ts of the dating phenomenon of flirting over text message. "We date, therefore we text," was Debra Goldstein and Olivia Baniuszewicz's motto and inspiration for writing Flirtexting. Once guys stopped calling and started courting them over text, they decided to equip themselves, their friends, and the greater cell carrying public, with the tools to cleverly respond to get what they want. www.flirtexting.com

Beastly featuring Vanessa Hudgens, Alex Pettyfer and Mary-Kate Olsen





Beastly, a modern day depiction of *Beauty and the Beast*, tells the tale of Kyle Kingson (Alex Pettyfer), the ideal handsome high school student who has anything he could ever want. His only downfall is his love for picking on those inferior to him. Things take a turn for the worse after Kyle ditches a goth girl (Mary-Kate Olsen), who casts a spell and transforms Kyle into a hideous creature. The spell can only be broken if he can find someone who's able to love him for his inner qualities. Kyle's father (Peter Krause) isn't one who can do this, sending Kyle off to live in Brooklyn where he vows to protect a local addict if he lets his beautiful daughter (Vanessa Hudgens) live with Kyle. Over the course of the film, this couple forms a deep relationship unlike anything Kyle had in high school.

How important is physical attraction in a relationship?

Cupid's Advice:

Sure, good looks draw attention, but how far does that really

go? Cupid has a few things to consider and other important traits to look for when finding a long-term mate:

1. Old age: As gruesome as it sounds, everyone gets old, and looks will fade in time. Dating based entirely on physical attraction probably isn't the best idea.

2. Carrying conversations: Probably the best long-term commitment is one where you and your partner are able to sit down and talk for hours about anything ranging from current events to your deepest feelings. Once looks are gone, the only thing left is your ability to communicate.

3. Moral character: You may get along with someone on the surface, but if you're not on the same page morally, your relationship may be doomed. The longer you're in a relationship, the more moral character plays an important part.

Release date: March 18, 2011

Cupid's rating: 3/5

Has Vanessa Hudgens Moved On?





High School Musical star Vanessa Hudgens is all grown up and has a new man. According to [People](#), the brunette beauty has been seen at Hollywood awards shows and premieres with Josh Hutcherson from the Oscar Award Winning film, *The Kids are Alright*. This new development came just a few weeks Vanessa Hudgens' ex, Zac Efron, was seen heating it up with actress, Teresa Palmer.

How long do you wait before moving on after a split?

Cupid's Advice:

Mourning is important after a breakup, but try to keep it to a minimum. Life is short. Don't waste it being sad over someone who probably wasn't worth it in the first place:

- 1. Instant gratification:** If you are one of those rare people who can get over a breakup immediately, the more power to you.
- 2. Waiting too long is unhealthy:** If a month has gone by and you still haven't gotten over your ex, you may want to consider seeking professional help.

3. Give it a week: If you need to give yourself a week to get yourself together, go for it. However, when your time is up, there are no extensions.

Zac Efron's Night Out Without Vanessa Hudgens



It looks like Zac Efron is finally over Vanessa Hudgens, despite a brief rumored reconciliation. [People](#) reports that Efron, 23, accompanied actress Teresa Palmer, 24, to a screening of her movie *Take Me Home Tonight*. The twosome then continued their night out at Voyeur nightclub in West Hollywood where, “Zac chatted with Teresa for awhile,” says a

source. "She leaned in close so she could hear over the music [while Zac was] smiling and slightly flirting with her." Efron and Hudgens, 22, ended their four-year relationship in December.

How quickly should you move on after a break-up?

Cupid's Advice:

After a relationship ends, when is it healthy to start dating again? Everybody's different, but Cupid has some tips on how to know when you're ready:

- 1. Take time to recuperate:** Don't start dating again after a breakup until you've had enough time to properly heal. If you don't, you'll end up in an unhealthy rebound relationship.
- 2. Do it for yourself:** Make sure you're not jumping into a new relationship just to make your ex jealous. It's unfair to your new partner and to yourself.
- 3. Don't rush:** Take things slow with your new boyfriend or girlfriend. Think about what went wrong in your last relationship, and try not to make the same mistakes.

Spotted: Zac Efron and Vanessa Hudgens Together





Can separation actually bring people closer together? It looks like that may be the case for ex-celebrity couple Zac Efron and Vanessa Hudgens. According to *People*, the pair were “constantly touching and kissing each other” at Friday evening’s SHG’S Eden Hollywood opening. Efron and Hudgens announced their split in December, but appeared to be more than friends on the dance floor. “Vanessa was bopping around with her arms up while Zac had his hands all over her,” the source says. “Vanessa had a smile on from ear to ear and the two were inseparable after that.”

How can you hang out with an ex after a public breakup?

Cupid’s Advice:

When you and your ex make your breakup public, any contact you have from then on becomes the talk of the day. If you had a public breakup but want to continue to hang out, Cupid has some tips:

1. Be honest: If you don’t want the rumors to start, be up front. The best way to avoid talk is to tell your friends

honestly that you and your ex are starting to hang out again, and it's nothing more than that. The more you tell them, the less they have to make up.

2. Stay out of the limelight: For some people, it's easier to go with the low key approach and risk the rumors than to face their friends. If telling those close is too much pressure, keep it to yourself as long as possible.

3. Return to spotlight: The best way to start fresh with your ex is to make your make-up just as public as your breakup. Invite your friends when you hang out with your ex. That way you can avoid the stress of secrets and put all rumors to a halt.

Vanessa Hudgens Confirms Close Relationship with Ex, Zac Efron





Actress Vanessa Hudgens is not too distressed over her recent breakup with boyfriend of four years, Zac Efron. The actress spent Saturday night at Pure Night Club in Las Vegas, celebrating her 22nd birthday with BFFs Brittany Snow and Ashley Tisdale. When asked about her current relationship with Efron, the young actress told [People](#), "We're good." **How do you stay on good terms with your ex-partner?**

Cupid's Advice:

Staying friends with your ex after a breakup can be awkward, but it's much healthier (and easier to move on) if the two of you can remain on good terms. Here are a few tips to help continue a friendship:

1. Don't rush: It's best not to strike up a friendship immediately after your break up. Give each other some time and space. Start to rekindle your relationship after you've both had time to heal.

2. Date other people: Try dating around for a bit, even if it's nothing serious. This will help you avoid the temptation

to get back together with your ex-partner. If you wish to remain close, make sure you keep it strictly platonic.

3. Avoid talking about the breakup: Never bring up the past or your breakup with your ex. This conversation will only bring pain and possibly anger. It will strain your new friendship. Keep your conversations focused on the present and future.

Zac Efron and Vanessa Hudgens Split



Just like the end of the *High School Musical* saga, so ends the famous relationship that grew from it. After three years and

multiple duets, Zac Efron and Vanessa Hudgens are calling it quits, according to [Us Weekly](#). A source explains, saying, “They have been together for so long. It just ran its course. They are still talking and still friends. There’s no drama. No one cheated. They just grew up.” Some good things really do come to an end.

How do you tell when a relationship’s run it’s course?

Cupid’s Advice:

Sometimes, no matter how much you work at it, you can’t make a relationship work. Here’s how to tell when it’s time to call it quits and move on:

- 1. The butterflies are gone:** If you never get excited to see your partner anymore, even after you’ve been apart for long period of time, it may be time to move on.
- 2. You don’t have anything to talk about:** If you find yourself searching for things to talk about or feel like the two of you have nothing in common anymore, then you may have outgrown each other.
- 3. You can visualize a future without him:** If you can look ahead at your life and it doesn’t include your current partner, it’s probably a sign that it’s just not meant to be.

Zac Efron’s Night Out at the Strip Club



Actor Zac Efron spent a guy's night out at a local strip club in New York City, [People](#) reported last week. The *High School Musical* star told Jimmy Kimmel that the experience didn't live up to his expectations. "So I envisioned myself on a nice couch, stunna shades, with like T-Pain and Usher, you know, making it rain money," he said on the show. "And it just wasn't like that." But don't worry: before heading out, the 22-year-old called girlfriend Vanessa Hudgens to ask for permission.

What are some possible responses you can give your boyfriend if he asks permission to go to a strip club?

Cupid's Advice:

Even Efron agrees that there is no way to ask the strip club question without a mutual feeling of awkwardness. Let Cupid give you some pointers on dealing with this uncomfortable question:

1. Yes: This is probably the easiest answer. If he's asking for permission, it may benefit you to assume his intentions aren't bad, or that he is at least willing to admit to his bad intentions.

2. Yes, and honey... I love you: This answer may be the smartest answer. Just because he wants to indulge in this activity doesn't mean he loves you any less. The "I love you" at the end will hopefully keep you on his mind all night.

3. No: If no is your answer, you may be argued with. If you feel this answer is necessary to keep your dignity in tact, don't give in to his request.

Zac Efron in No Rush to Wed





Looks like slow and steady might just win the race after all! The *Charlie St. Cloud* star, Zac Efron, recently confessed in an interview with [Extra TV](#) that he wants to wait before heading to the alter. The 22-year-old and his girlfriend, Disney star Vanessa Hudgens, 21, have been going strong for almost 5 years since the couple first met while filming the hit movie franchise *High School Musical*. Efron added, "I think I've always said I'm not gonna get married 'til I'm 30. I'm gonna wait. I wouldn't want that kind of commitment or pressure at this point."

How do you know if you're ready to settle down?

Cupid's Advice:

Some decisions are life altering. When comes time to make them, you don't want to make a mistake. Cupid can help make sure you're on the right path.

1. Foundation: Make sure it's love, not lust. If you can stand all of your partner's weirdest quirks, and handle them at their lowest, then it might be worth giving a chance. The

marriage doctors, Mr. and Mrs. Schmitz say, "...the simple truth is, most all successful marriages that stand the test of time, begin with love."

2. Values: Don't let your partner dwindle your beliefs. If you can't come to a compromise on how you feel about important issues, like how to raise future children, or opinions about ethical situations, then maybe it's time to take a step back in the relationship.

3. Simple: "A successful marriage is an accumulation of doing the simple things," the Schmitz' add. Does he hold the door open for you, or let it close behind him and slam you in the face? Does she rush home to tell you about her great day at work, but won't pay attention when you talk about your day? Consider these actions – they speak louder than words.