

# Celebrity Photo Gallery: From 'The Bachelor' to Babies





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In March 2016, the former 'Bachelorette' and HGTV host broke her celebrity baby news when she posted a photo of her baby bump next to smiling boyfriend Justin Pasutto with the exclamatory headline, "WE ARE PREGNANT!!!" Photo courtesy of Instagram.

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## Melissa Rycroft and Husband Move to California With Baby Daughter





After much deliberation, Melissa Rycroft and hubby Tye Strickland made the big decision to move to California with their 6-month-old baby Ava, according to [People](#). Rycroft admitted, “Adding a baby to the equation makes my job much harder. It involves travel and it was impossible to travel without her, but at the same time it was impossible to travel with her.” Even though the new mother is stressed between working and raising her daughter, she says it’s all worth it for that ‘one little smile’ she gets from Ava after a huge temper tantrum. Luckily, Strickland is a great father, according to Rycroft, and definitely takes his fair share of the parenting responsibilities.

**How do you balance traveling for your job and your family?**

### **Cupid’s Pulse:**

It’s difficult to balance raising a family and working, especially when you must travel for work. Cupid has some advice on how to ‘do it all’.

**1. Only go if necessary:** It’s not always required to travel



everywhere for your work, so it's up to you to decide if the trip is absolutely necessary, or if it can be cancelled or postponed. Instead of trying to do it all, it's time to prioritize.

**2. Take a break:** Everyone needs a break once in a while, and busy moms who have to travel are no exception. If you feel like you're spending a lot of time traveling, be sure to fit in a week of downtime in between so you don't overdo it. A little break to spend with your family is absolutely necessary.

**3. Bring your family along:** Why not bring your family on a business trip with you? Extend the trip by a few days and have some family fun.

**How do you balance traveling for your job and your family?  
Share your thoughts below!**

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## Melissa Rycroft Says Date Night Is Weird Post-Baby





5 months after having baby Ava, Melissa Rycroft and hubby Tye Strickland still feel 'weird' having date nights without their little bundle of joy. Rycroft told [UsMagazine.com](https://www.usmagazine.com) that, "It's weird that we're having a date night out and we don't have our daughter with us." When spotted at the HTC EVO 3D launch party in West Hollywood, the two said that they know their daughter is in really good hands. According to Rycroft, if you and your significant other are able to survive a newborn, you're able to survive pretty much anything!

**How can you make date night special after you have a baby?**

### **Cupid's Advice:**

Life is definitely different after bringing a newborn baby into the world. It affects your marriage in many ways, one of them being your dating life. Cupid has some tips on how you can make date night special even after you have a baby:

**1. Include your child:** Having a child is a new step in both you and your significant other's lives, so why not embrace this change by including your child on date night? Maybe the

night won't be as romantic, but it sure will be fun going out with your little angel and experiencing the world as they see it.

**2. Embrace parenthood:** Instead of going to dinner and a movie, why not check out some places you would like to bring your baby, like a park, zoo or aquarium.

**3. Reminisce:** Head out for a romantic night on the town and relive your newlywed days by appreciating the love and passion the two of you have for each other. Just because there's a new baby in your lives doesn't mean you have to forget who you are as husband and wife.

**What tips do you have on how to make date night special after having a baby? Share your thoughts below!**

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## Bachelor Alum Melissa Rycroft Strickland Delivers a Girl





It's a girl for *Bachelor* alum Melissa Rycroft Strickland, reports [People](#). She and husband Tye Strickland welcomed daughter Ava Grace Strickland on Wednesday afternoon. Rycroft, who dumped Jason Mesnick after accepting a proposal on the *Bachelor*, married Strickland in December 2009. Ava Grace, the first child for both, weighed in at 6 lbs. 13 oz. and was born in Dallas, Texas. Rycroft's reaction? "Everything is wonderful and life is exactly as it should be."

**How do you keep hope after a relationship ends badly?**

**Cupid's Advice:**

There can be few things more mind boggling than believing your relationship is fine one day and then finding yourself single the next. This little doozey makes us all a bit crazy. Even if you think you're ready for a new relationship, it can be hard to approach it with a clean slate:

**1. Time heals all:** This may be true, but so does moving forward. Don't hold yourself back and swear off relationships just because one didn't work out. Each relationship is different and should be treated as such.

**2. Learn from your mistakes:** Your relationship may be over, but it's not all bad. Treat it as an opportunity to learn from the past and move on to a happier place in a new relationship.

**3. Look for the silver lining:** If all else fails and skies look gray ahead, keep it simple. If you were meant to be together, you would be. Keep the faith that there's someone out there for you.

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## Is Melissa Rycroft and Tye Strickland's Baby a Boy or Girl?







Reality star Melissa Rycroft and husband Tye Strickland are getting ready to face a different reality by becoming parents. According to [People](#), the former 'Dancing with the Stars' contestant and hubby are taking the upcoming arrival of their little one in full stride. While the two wait for confirmation on the sex of their baby, Strickland has been doing whatever he can to make his baby's mama comfortable and feeling pretty.

**How can your beau help make sure your pregnancy goes as easily as possible?**

Cupid's Advice:

Nine months is a long time and can be quite emotional for the mother-to-be. Men will most definitely also face their share of apprehension and excitement, but let's face it, they aren't carrying around a bowling ball in their bellies and don't have to deal with stretch marks! Cupid has some advice for your beau to help him make sure your pregnancy is fun and not all labor:

**1. Attack of the hormones:** It's inevitable that at some point during your pregnancy your emotions will take over, and your husband will take a ride on a roller coaster of mood swings. Prepare him for this, and advise him to be as patient as possible. Tell him not take your moods personally!

**2. Put her on a pedestal:** Men: get used to cravings, sore body parts and your wives dealing with sudden changes in her body. Remember, she's carrying your unborn child and deserves as much extra attention as possible.

**3. Become baby educated:** The more you know, the more you'll understand what your wife is going through. Plus, you'll be ready for the baby once it arrives. Try to go to as many doctor's appointments as possible so you can listen to the experts' advice on how to handle different stages of the pregnancy.

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## Melissa Rycroft Turns in Her Tap Shoes for Baby Booties





Reality TV star Melissa Rycroft is expecting her first baby with husband Tye Strickland. Rycroft told [US Weekly](#) that while they are thrilled, the baby news was a shock, and they weren't trying to get pregnant. Meanwhile, Rycroft and Strickland are quite the busy couple. Talking with [Good Morning America](#) earlier this week, Rycroft said, "Apparently Tye and I wanted to see how many life-changing events we could fit into one calendar year... from getting engaged, married, new job, and we are now pregnant." The former *Dancing with the Stars* and *Bachelor* contestant tied the knot with the insurance agent in December.

**What's the best way to juggle parenthood and a busy career?**

### **Cupid's Advice:**

Nowadays, it's not uncommon to see a couple juggling work, a family, and everyday life. With more women in the workplace, finding that balance can be a challenge. Let Cupid help:

**1. Get a routine down:** If you and your spouse both need to work, make sure to set up daily schedules. This will get you into a rhythm, and will help your child adjust to a routine,

which can cut down on behavioral issues.

**2. Set priorities:** While it's good to try to get a lot accomplished in one day, set priorities so you don't burn yourself out, or miss out on opportunities. One working mother [said](#), "When deciding between attending a meeting or a school event, for example, use the five-year test. In five years, will I look back and say, 'I wish I'd gone to a school play or that meeting?' You may decide you have to go to that meeting but give yourself a little bit of a time perspective about what your priorities are." Also, when you set priorities, you will become more productive at work and parenting.

**3. Explore all options:** It's not a bad idea to look for help in the form of a housekeeper, nanny, or daycare program. This will take some of the burden off of you, and with a reputable daycare your child is in good hands. To find a good one, talk to friends, family, or go online for resources. If you have questions on what to do when leaving your child with a new sitter, check out these tips from Bright Horizons.