Charlie Sheen Reunites with Denise Richards for Kid's Soccer Game





According to

RadarOnline, Charlie Sheen spent Saturday in Calabasas, Calif. with his ex-wife Denise Richards while attending his daughter's soccer game. Sheen and Richards watched from the sidelines with daughters Lola and Sam and were seen laughing and joking with each other. Although Sam's team lost, Charlie announced on Twitter afterward, "Saturday is soccer! Here's three great reasons why I love my weekends!" and posted a picture of himself, Richards and his daughters.

How do you remain civil with your ex after a bitter falling out?

Cupid's Advice:

After a divorce, it's difficult to remain civil with your ex, although it's not entirely impossible. Here are three ways:

- 1. Be understanding: After a bitter break-up, you both will experience different emotions toward one another. When interacting, stay calm and try to understand each other, especially if you are at one of your child's events.
- 2. Arrive single: While at a joint celebration, never arrive with a date unless it has been many years since the divorce took place. Introducing your new partner might upset not only your ex, but also your children.
- 3. Have rules: Work things out and speak with your ex about how you can both remain civil at functions so that you don't upset those around you.

How you do remain civil with your ex? Share your ideas below.

Is Ashton Kutcher Cheating on Demi Moore?





The rumors flying that Two and a Half Men's latest newcomer Ashton Kutcher has been cheating on his wife of six years, actress Although the tabloid news has yet to be Demi Moore. confirmed, some recent Twitter behavior from each half of the duo is causing some speculation, according to *People*. The day before their wedding anniversary, Moore chose to share a quote from Greek philosopher Epictetus, which reads, "When we are offended at any man's fault, turn to yourself & study your own Then you will forget your anger." While the actress chose someone else's words to voice her emotions. Kutcher took the opposite approach and decided not to post anything at all on his wedding anniversary. This may actually speak volumes, because the actor is known to be very active in showing his love for his wife via social media.

How do you gracefully deal with infidelity rumors in a relationship?

Cupid's Advice:

1. Regroup: Before acting at all, take a deep breath. You can potentially make things worse than they already are if you react badly to something that ends up not even being true. Let the news sink in before you even speak to your significant other about it.

- 2. Get the facts: Don't go public with your emotions until you're sure you've gathered all sides to the story. Avoid taking the rumors you hear as fact and simply confront your partner about it, and then hear him or her out before acting.
- 3. Find support: Social media is probably something you want to stay away from after you've begun dealing with cheating allegations. Instead, find someone you trust to confide in, like a family member or a friend. They may be able to point you in the right direction.

How did you deal when you heard rumors your partner was cheating? Share your thoughts below.

Charlie Sheen Seeks Temporary Custody While Brooke Mueller Goes to Rehab





Charlie Sheen may

just be "winning" temporary custody of his two boys while Brooke Mueller enters rehab. RadarOnline reports that Sheen's soon-to-be ex-wife checked in to a facility over the weekend following a crack-cocaine bender, where she sought out drugfree urine as well as refusing to take a court-ordered drug test. "Charlie Sheen has had enough with her excuses, period," said a source in Sheen's posse. "Brooke refused to take a random drug test. Charlie's attorney will use that as evidence that the boys are better off with him than with Brooke." Mueller's attorney is expected to argue that the boys should be with their grandmother, a socialite in Palm Beach. Her lawyer added the boys haven't seen the former star of Two and a Half Men, since he left for his Tornado of Truth tour.

How do you decide if you should give up custody of your kids?

Cupid's Advice:

It's tough to know when to let go of your children to settle personal matters. Cupid has a few checkpoints to peruse when deciding who gets custody after a separation or divorce:

1. Say "no" to drugs: It's safe to say that kids should be avoiding illicit things while they're young, so make sure

there isn't anything morally unfit in your house before welcoming your offspring into it.

- 2. A foot on the career path: Perhaps after your split you'd like to focus your life on your career, and having children around would only make things more stressful. Consider giving up custody to a more committed parent.
- **3. A necessary and proper home:** The biggest part of your selftest is whether you can provide a proper home and lifestyle for your children to grow. Your child's welfare needs to be the top priority.

What do you think are other factors necessary to consider when it comes to custody? Comment below.

Denise Richards Protects Children From Charlie Sheen





It's no secret that

Charlie Sheen has constantly been in and out of rehab, but now it's affecting his children. As a result of the media frenzy surrounding the actor's rambunctious behavior, according to People, ex-wife Denise Richards has been trying her hardest to protect their daughters Sam, 6 and Lola, 5. With new drama about the Two and a Half Men star in the news every day, shielding the kids is getting to be a full-time job for Richards, who has said she still cares about her ex a great deal. The actor also has 2-year-old twins with ex-wife, Brooke Mueller.

When should you protect your children from your ex?

Cupid's Advice:

It's the parents' job to protect and shelter their children for as long as possible. In certain cases, that responsibility extends to protecting them from your ex. Here are some of those cases:

1. When drugs or alcohol are involved: Until your partner or ex-partner can sober up, he or she should not be allowed around the kids.

- 2. When they are abusive: If your mate is physically or emotionally abusive to you or the kids, cut off all contact. Protect your kids by telling them that they are safe and that abuse is not acceptable behavior.
- **3. Mental or physical illness:** Though it may not be your partner's fault that they are ill, children need to be protected from the pain serious illness can cause. At least shelter them from some of the gruesome details.