

Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm



By Carly Silva

In the latest [celebrity news](#), [reality TV](#) star Francesca Farago came clean about her dating history to put rumors to rest. After a recent break up with Harry Jowsey, rumors have been circulating about the *Too Hot To Handle*'s dating life after she was spotted out with multiple celebrities, including *Jersey Shore* star Vinny Guadagnino and model Casey Boonstra.

According to *EOnline.com*, Farago silenced the rumors and explained that she is dating someone who she “just recently met,” who fans have assumed to be *Bachelorette* star, Jef Holm.

In celebrity news, Francesca Farago is tired of the rumors and sets the record straight on her current dating life. What are some ways to keep rumors from affecting your relationships?

Cupid’s Advice:

Dating can be hard enough even without added speculation and criticism from others. Being able to handle rumors and judgement during a relationship is a must. If you need to stop rumors from affecting your relationship, cupid has some advice for you:

1. Don’t listen: One of the easiest ways to let the opinions of other people is to stop listening. Try blocking comments on your Instagram posts, or take a break from social media. This can help you to stop worrying about the thoughts other people have about your relationship.

Related link: [Celebrity Couple News: Former *Bachelorette* Rachel Lindsay Celebrates 1 Year Anniversary with Bryan Abasolo](#)

2. Talk about it with your partner: If rumors about your relationship are starting to worry you, try having an honest conversation with your partner. Talking about any concerns you have about rumors may help the two of you to set the record straight and have a steady amount of trust in each other.

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3. Focus on the truth: At the end of the day, you and your partner are the only ones who should be worrying or talking about your relationship. If you know the truth about your relationship, there is no need to even waste time worrying about what other people are thinking or saying. Spend time alone with your partner to remember what is actually important.

How can you stop rumors from affecting your relationship? Start a conversation in the comments down below!