

# Celebrity Travel: Top 5 European Hotspots



By [Jessica Gomez](#)

Oh Europe, how beautiful is thee! Europe is definitely a great place to vacation, and it's one of the areas at the top of the list for celebrity travel. It has a rich history, and it's full of culture. Europe is a large area with countless stunning spots, so limiting them to five is not an easy task. That said, here are five "hot" [vacation destinations](#) in various European countries that your favorite celebs routinely enjoy!

**And the 5 top European hotspots (in no particular order) for [celebrity vacations](#) go to... \*drum roll, please\*:**

**1. Venice, Italy:** This is one of the most romantic places in Europe, and it's very popular with tourists as a result. The beautiful art and architecture here are big reasons for the heavy tourism as well. Take a ride on a gondola (long wooden boats) through the Great Canal, visit the major landmarks, eat the delicious chibo (food) at your pick of numerous cute cafes and elegant restaurants – the list goes on! Johnny Depp, [Brad Pitt](#), and [Kristen Stewart](#) are some of the many celebrities who have been spotted vacationing here! [George Clooney](#) and his wife Ama had their [celebrity wedding](#) here and then came back for their third wedding anniversary, according to [us.hellomagazine.com](#)!

**Related Link:** [Top 5 Getaway Spots on the East Coast](#)

**2. Ibiza, Spain:** Party central! This island is known for the around-the-clock socializing and astonishing performances. Hit the beaches and the night clubs! Fun awaits you on this paradise island. Some of your night life loving celebs that have had their fair share of good times here are [Justin Bieber](#), [Kim Kardashian](#), Orlando Bloom, and Kate Moss! However, Bieber and Bloom may have had too much fun, as they shared some hostile moments there as well. Four years ago, the two hunks got into an altercation in Ibiza where Bloom allegedly swung at Bieber, according to [People.com](#).

**3. The Algarve, Portugal:** Sweet, sweet paradise! Clear waters, green nature, and a strong sun – why are we not there right now? This destination is considered one of the most beautiful in Europe, as it's one of the most developed regions in

Portugal. Prince William and his wife Kate Middleton enjoyed their honeymoon there – and we're picturing ours there, too!

**Related Link:** [Top 5 Vacation Spots to Spend New Years](#)

**4. Paris, France:** Known as the City of Lights, Paris is a big tourist spot! The romantic city is home to one of the most famous landmarks in history: the Eiffel Tower. There are various cafes and restaurants at which to eat and enjoy wine, too. And, of course, there are numerous museums, monuments, and cathedrals to see. Robin Thicke has been seen "touring it" up with his girlfriend April Love Geary.

**5. Mykonos, Greece:** Celebrities really do love to come here! Tons have visited: [Leonardo DiCaprio](#), Mariah Carey, [Ariana Grande](#), and Paris Hilton – making this a celebrity hotspot for sure. It's a nice, relaxing vacation spot away from it all. This Greek island provides delicious Mediterranean cuisine near breathtaking waves. Celebrities like Tom Hanks and [Tom Cruise](#) own houses here!

**What are some places in these celebrity destinations you've been to or dream of going to? Comment below!**

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## **Top 5 Kid-Friendly Fashions That Celebrity Parents Love for Their Own Children**





By [Noelle Downey](#)

There's no doubt about it, we all love to keep up with what the stars are wearing, whether on the red carpet or while stepping out of the gym, so we know what fashion standards to strive for with our own wardrobes. But what about when it comes to dressing our kids? While [celebrity fashion trends](#) for children featured in magazines can look adorable, are they actually kid-friendly? And do [celebrity kids](#) actually wear them? Well, now your fashion fears are over! We here at Cupid's Pulse have compiled a list of the top five most fashionable brands that celebrity kids wear and [celebrity parents](#) love that your own favorite kiddos can't help but enjoy too!

**Keep your kids in style with these  
celebrity fashion trends for  
children that celebrity parents**

# can't get enough of!

**1. Western Chief Rainwear:** If you want to keep your favorite kiddos dry and in style, why not invest in the brand that some of your favorite celebrity kids are wearing these days when the clouds roll in and the days get stormy. Western Chief is known for its adorable boots, raincoats, and umbrellas featuring characters your kid loves such as Batman, Hello Kitty, or Thomas the Train Engine. [Celebrity moms](#) from [Katie Holmes](#) to [Gwen Stefani](#) have been spotted out with their kids wearing these cute designs, so now is definitely the time to get the jump on this celebrity fashion trend for your kiddos! Keep them dry in this awesome rain gear so they can fashionably splash in puddles to their heart's content.

**2. The Mini Classy Harem Pants:** Every parent knows that kids love to run around and move freely when it comes to play time, so why not allow them to do it in style with these comfy harem pants from celebrity-approved line The Mini Classy? These loose and soft striped pants will give your kids plenty of wiggle room as they scramble up the climbing wall at the park or race to the dinner table for lunch. Not only are they comfy and fashionable, they're also (obviously) incredibly cute, and it's clear that celebrity parents everywhere agree. Superstars like reality TV star [Khloe Kardashian](#) and Mario Lopez have grabbed a pair of these pants for their favorite kids, and now you can too!

**Related Link:** [Satin Is the Newest Celebrity Style for Spring!](#)

**3. Burberry:** Although Burberry certainly isn't cheap, if you're looking to splurge on something red-carpet worthy for your little one, look no further than Burberry's kids line. Grab one of Burberry's signature checked coats to keep your child toasty on nippy fall nights or cold winter mornings, or bundle them in a Burberry sweater with matching scarf for a

chic look that will also keep them warm and glowing all winter long. After all, they'll certainly be in good company, with celebrity parents like [Victoria Beckham](#) and [David Beckham](#), [Tom Cruise](#) and Katie Holmes, and Khloe Kardashian and Scott Disick also choosing to dress their children in this fashionable line.

**4. Stella McCartney Kids:** If you're looking for a line that is probably one of the most-used when it comes to famous parents dressing their celebrity kids, look no further than Stella McCartney Kids. Stella McCartney not only features fashions for fabulous adults, she also caters to cute kiddos with a line featuring clothes that are both comfy for kids and incredibly fashionable. Who's been spotted dressing their kids in this brand name? Everyone from singing superstar Madonna to [Jessica Alba](#), [Angelina Jolie](#), [Brad Pitt](#), and David Beckham. If you're looking to dress your child in comfy clothes made for the stars, Stella McCartney Kids may just be the way to go.

**Related Link:** [Product Review: Get This Spring's Parenting Must Haves!](#)

**5. Luna Leggings:** For a fun and funky twist on a traditional black legging, try these fun, celebrity-parent-approved leggings, which mix fashionably bright patterns and colors with durability and comfort for a kids clothing item that's both on trend and on point. *How I Met Your Mother* star and celebrity mom Alyson Hannigan has been spotted out with her daughter Satyana sporting these leggings many times, and Sarah Jessica Parker and Matthew Broderick's adorable twin girls have also been seen in these Luna originals during some of their rare public appearances.

**What do you think of these celebrity fashion trends for kids? Are they too cute for words, or just not your cup of tea? Let us know in the comments!**



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# Celebrity News: Katie Holmes & Jamie Foxx Take Romantic Trip to Paris



By [Noelle Downey](#)

Despite their efforts to be super discreet, [famous celebrity couple Katie Holmes](#) and Jamie Foxx made [celebrity news](#) recently by taking a [romantic getaway](#) to Paris. According to

[EOnline.com](#), Foxx had recently wrapped on filming his starring role as Little John in the new Robin Hood film, and Holmes joined him to celebrate. A source claims that while the pair were “were very discreet and made sure to always enter and exit the hotel and the car separately,” Foxx had “a big smile on his face as they returned to their hotel and snuck in through a private entrance.” Although [Tom Cruise](#), [celebrity ex](#) of Holmes, was also filming in Paris at the time, Holmes and Foxx easily avoided any awkwardness by being content to enjoy some alone time in their hotel rather than hit the streets. “Katie and Jamie stayed inside their hotel,” the source coyly confessed, “...and [they] didn’t leave.”

## **This celebrity news has us rooting for this mysterious couple. What are some ways to keep your relationship away from prying eyes?**

### **Cupid’s Advice:**

In today’s world, keeping a relationship on the down low can be a bit tricky. Here are the top tips for keeping things between you and your significant other private:

**1. Stay away from social media:** If you’re looking to keep your relationship private and away from prying eyes, the first step is to make sure your social media is in line with that goal. If you’re constantly snapping romantic pics of your partner and posting them on the web, people are going to put two and two together. Still want the experience of sharing your special moments, but want to control who gets to see those posts? Make sure your privacy settings on apps like Facebook and Instagram are set in such a way that you can limit who gets to take a peek into your private life.



**Related Link:** [Celebrity News: Jamie Foxx Celebrates 48th Birthday with Katie Holmes](#)

**2. Practice polite shutdowns:** We've all come face to face with a nosy person in our lifetime who is way too interested in the intimate minutiae of our private lives. If someone is trying to press you for more information than you're willing to give about your romantic relationship or anything else, practice kindly but firmly indicating that that information is private and you'd like to change the topic. For instance, try something non-confrontational but clear at first like, "Thanks for your interest, but honestly I usually like to keep those details private. Would you mind if we talked about something else?" And if the person keeps pressing? There's no harm in simply saying, "Like I said, that's not really something I want to discuss right now," and extracting yourself from the conversation.

**Related Link:** [Katie Holmes Wears Disguise to Secretly Meet Celebrity Love Jamie Foxx](#)

**3. Choose your friends wisely:** If you're trying to keep your relationship more private, be mindful of the people with whom you share the details of your life with. If you have a friend who loves spreading the latest gossip and posting photos of people without their knowledge or permission, then you might want to think twice about sharing news of your relationship with them. Focus on finding the people in your life who will respect your wishes to keep things quiet and make sure before you go on a double date or take your significant other to meet your friends that you're sure everyone there is willing to help you keep your relationship private.

**Have you ever tried to keep a relationship quiet and low-key? How did it go? Did you keep it private or did the news get out? Let us know in the comments!**

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# Celebrity Interview: Courtney Paige Talks About 'The Arrangement' and If It's Really About Tom Cruise and Katie Holmes



Interview by [Lori Bizzoco](#). Written by [Whitney Johnson](#) and

[Miriana Rexrode](#).

If you're as hooked on E!'s hit scripted series *The Arrangement* as we are, then there's no doubt that Courtney Paige has made a lasting impression on you as the mysterious (and up-to-no-good) Annika. In our exclusive [celebrity interview](#) with the star, she opens up about her role on the show and what fans can expect in tomorrow night's finale. Plus, she talks to us about her film company Crazy Sunshine Films as well as her love life.

## **Celebrity Interview: Courtney Paige Talks About *The Arrangement***

As fans know, *The Arrangement* is a 10-episode series that follows the journey of up-and-coming actress Megan Morrison, who receives a lucrative offer to enter a staged marriage with movie star Kyle West. Paige's character Annika is working behind-the-scenes as hired help to ensure that their [celebrity relationship](#) lasts. Of playing the scandalous and manipulative villain of the show, Paige says, "Annika is so different from anyone I've played before because she has so many layers. It's quite a challenge for me."

**Related Link:** [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Viewers Can 'Expect a Bit of Everything'](#)

Of course, playing the bad girl can be fun. "It's such a treat," she adds. "You never know what she's going to do next."

We've read that Annika has a "big secret" to reveal in this season's finale episode. When asked about what's next for her character, the Canadian native reveals, "I think all of the characters on *The Arrangement* have some sort of big secret. The viewers are really left on the edge of their seats until the end. It's really well written."

It's been rumored that the show's storyline is based on a celebrity couple that we're all familiar with: [Tom Cruise](#) and [Katie Holmes](#). Luckily, the actress clears up any suspicions and says, "I think arranged relationships have been going on since before our time – long before Tom and Katie. So if anyone thinks it's deliberately about them, it's really not."

**Related Link:** [Celebrity News: Jamie Foxx Celebrates 48th Birthday with Katie Holmes](#)

The actress is lucky to share the small screen with a number of famous faces, including Michael Vartan. "Michael is so lovely and so talented," she shares in our celebrity interview. "It's amazing how humble everyone is on set. Everyone is so nice to each other, and it's a great cast to be apart of." Thanks to the show's addicting storyline and great cast, we were excited to learn that writers are already working on the second season.

Not only is Paige an actress, but she's also an up-and-coming writer and film director. She started her own film company called Crazy Sunshine Films and has a feature film in the works called *Neon Candy*, set to premiere in September. She, of course, shares her thoughts on the potential strike of the Writers Guild of America (WGA). Although she is not part of the WGA, she believes that if anyone is not feeling valued or being underpaid, then they should take a stand. We couldn't agree more!

## Courtney Paige on Her Love Life

*The Arrangement* may be filled with romantic drama, but off-screen, Paige's love life is much more low-key. While she's not currently looking for a celebrity relationship, she's not opposed to finding someone special. "I'm still single, and I'm really focusing on my career, but if you know any single guys...", she says with a laugh.

When it comes to her dream date, she likes to keep things simple. "I'm a pretty big country girl. I love to get out of the city and do anything outdoorsy. Fishing, hiking, watching the stars, or something else in nature is right up my alley," she shares.

**Related Link:** [Date Idea: Get Close with Nature](#)

Every man's dream girl, right? Not according to Paige. "I'm a lot to handle," she adds. "Actresses are emotional, and they wear their hearts on their sleeve."

Of course, Paige's first love is acting, dating back to her early years in the theatre. To young girls watching *The Arrangement* and hoping to become actresses, she advises, "Make sure that you start in the theatre. I think it's important to not get caught up in all of the Hollywood glitz and fluffiness and to really stay true to your roots. Always remember what's important about the craft."

*Catch Courtney Paige on the season finale of The Arrangement on E! on Sunday, May 7th at 10 p.m. EST. You can follow her on [Twitter](#) and [Instagram](#).*

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## Celebrity News: Katie Holmes Says She Has No Regrets





By Abbi Comphe

In latest [celebrity news](#), [Katie Holmes](#) opened up about her past and how she has no regrets. From 2006 to 2012, she was married to her celebrity ex Tom Cruise. According to [UsMagazine.com](#), Holmes states that she doesn't regret anything that she has done. She is very happy nowadays. She and Cruise share their celebrity baby-no-more, Suri. Holmes loves being a mom.

**This celebrity news is surprising given her history with Tom Cruise. What are some ways to avoid dwelling on a past relationship?**

#### **Cupid's Advice:**

Old relationships can find a way to come back and haunt you. Cupid has some relationship advice on ways to avoid dwelling on the past:



**1. Look towards the future:** Think about your future and all the things you have going for you. Don't let past relationships spoil what you will have in the future. Always find something that will make you happy.

**Related Link:** [Former Celebrity Couple Gwyneth Paltrow and Chris Martin Spend Thanksgiving Together](#)

**2. Me time:** Find time for yourself. If you can be happy with yourself and who you are, then there is no reason to dwell on the past. Treat yourself to a nice dinner or to the movies.

**Related Link:** [Celebrity News: Harry Styles Has Awkward Run-In with Celebrity Ex Taylor Swift's BFF](#)

**3. No regrets:** Remember that everything happens for a reason. These are not regrets, just lessons learned. You now know what works and what does not.

**What do you think are some good ways to avoid dwelling on a relationship? Comment below!**

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## Top 10 Unlikely Hollywood Couples





by Molly Jacob

Ever look back on past [relationships and love](#) and wonder, “What was I thinking?” Don’t worry, celebs do that, too. While classic Hollywood couples like Brad Pitt and Angelina Jolie just seem meant to be, there have been many mismatched celebrity couples that stand out in the Hollywood dating scene.

## See what 10 unlikely Hollywood couples made our list!

### 1. Joel Madden and Nicole Richie

He’s the tattooed rocker from the band Good Charlotte, she’s infamously childhood best friends with *The Simple Life* costar Paris Hilton. This celebrity couple seems like an unlikely match, but the pair got hitched in 2010 and have two kids.

### 2. Sam Taylor-Johnson and Aaron Taylor-Johnson

*Avengers: The Age of Ultron* star Aaron Taylor-Johnson is only

23 but his wife of three years, Sam Taylor-Johnson, is 46. This celebrity couple doesn't care about this huge age gap, though. He was only 19 when they started dating, but as for the age gap, he told *The Times*, "I never noticed it when we fell in love with each other. And I don't notice it now...We just instinctively gel."

### **3. Mary-Kate Olsen and Olivier Sarkozy**

Besides just the obvious difference in height (Olsen barely exceeds 5 feet while Sarkozy towers over her at 6'3"), there is also an 18-year age gap between the celeb love birds. This secretive Hollywood couple became engaged over a year ago.

**Related Link:** [Mary-Kate Olsen is Engaged to Olivier Sarkozy](#)

### **4. Marilyn Manson and Evan Rachel Wood**

One look at this couple may make you think, "How on Earth did those two date?" This mismatched couple dated in 2007, and they were briefly engaged before splitting up in 2010. Wood, who is 19 years younger than Manson, told *People* that she was attracted to Manson's use of heavy black eyeliner.

### **5. Ryan Reynolds and Alanis Morissette**

Think Ryan Reynolds and you probably think about a pretty boy who gets all the ladies. It's hard to imagine the *Deadpool* star dating soulful and infamously angry singer Alanis Morissette, but they were a big couple in 2002 and even got engaged in 2004. Morissette admitted that her album, *Flavors of Entanglement*, was all about their messy break-up.

### **6. Josh Groban and Kat Dennings**

When the incredibly talented singer, Josh Groban, and "foulmouthed" Kat Dennings started making public appearances as a couple, most people were wondering what these two celebs had in common. Apparently, they get along well, even if Dennings isn't a huge fan of musicals. The Hollywood couple

was spotted at the Tonys last week looking madly in love.

## **7. Chris Martin and Jennifer Lawrence**

Martin and Lawrence seemed to be an unlikely pair when the Hollywood couple got together after Martin's highly publicized split from Gwyneth Paltrow. The pair had a 13-year age gap, and they seemed to run in different Hollywood social groups. While they split last fall after only a few months together, there are bits of celebrity gossip floating around about the two getting back together and moving in together.

**Related Link:** [Are Chris Martin and Jennifer Lawrence Back Together?](#)

## **8. Tom Cruise and Cher**

Before Tom Cruise and Katie Holmes were taking over Hollywood, apparently the *Mission Impossible* star and Cher were an item in the '80s. Cher has been quoted as saying that Tom is on the list of her top best 5 lovers.

## **9. Sarah Silverman and Michael Sheen**

What happens when a profane comedienne and a British actor who studied at London's Royal Academy of Dramatic Art get together? We're finding out as more news about Silverman's and Sheen's relationship appears in celeb magazines! This celebrity couple has been together for over a year and seems to be going strong.

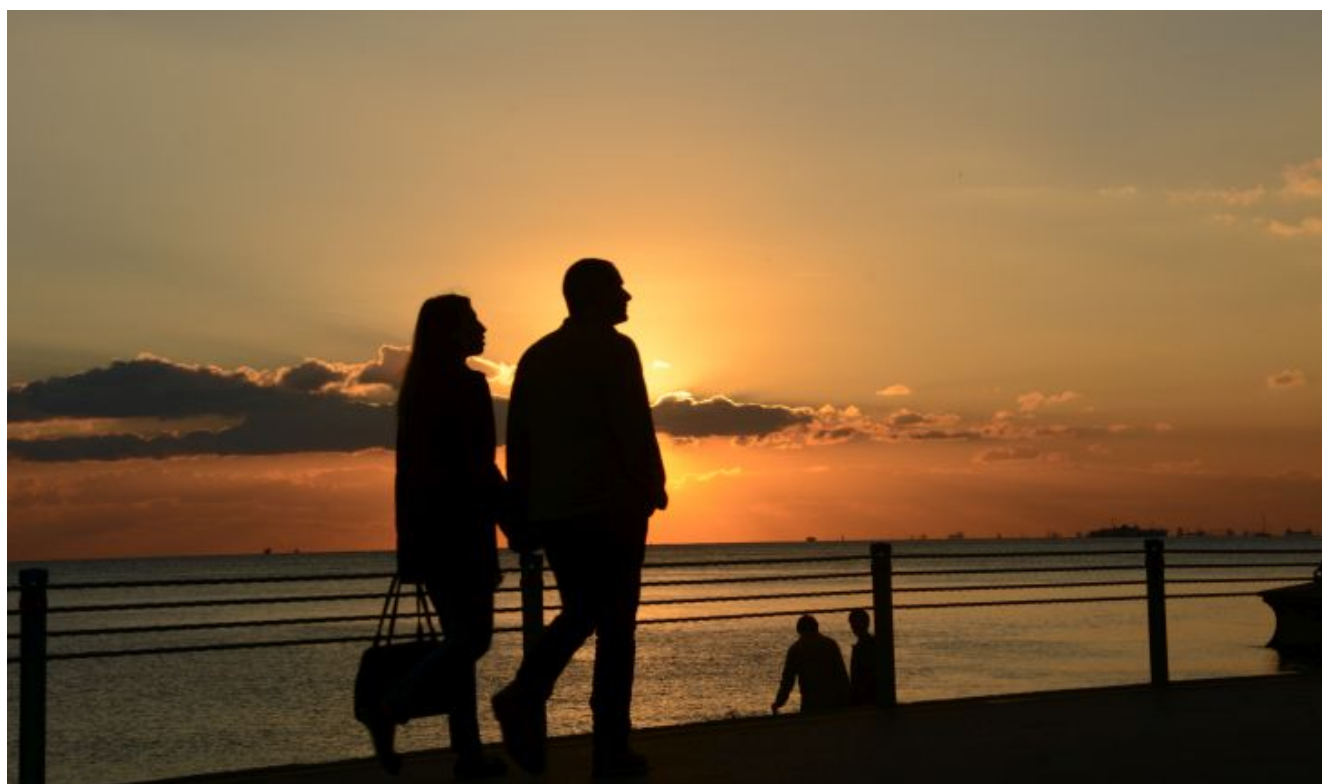
## **10. Julia Roberts and Daniel Moder**

Julia Roberts is one of Hollywood's royalty for sure, so many expected her to marry another famous movie star or celeb. But Roberts, after a string of highly publicized break-ups, got married to cameraman Daniel Moder in 2002. This unlikely duo is still together after nearly 13 years.

**What other weird or unusual Hollywood couples didn't make our list? Let us know in the comments section below!**

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# What NOT To Do: The 5 Most Devastating Celebrity Break-Ups and Why They Happened



By [Katie Gray](#)

The entertainment industry showcases works of art as well as celebrity couples that the public comes to admire just as much as the films and music they are making. Sometimes, heartache is inevitable, and therefore, devastating [celebrity break-ups](#) occur. The important thing is to cherish the good memories of past relationships and love, be positive and forgive, and learn from the experiences. Life is full of good and bad

moments, and the lessons we learn along the way are what makes this journey truly beautiful.

## Devastating Celebrity Break-Ups

**1. Jennifer Aniston and Brad Pitt:** This former Hollywood married couple divorced in 2005, and the world was devastated. To this day, people still talk about their split. Shortly after Brad Pitt and [Jennifer Aniston](#) separated, rumors were swirling about Angelina Jolie – whom he is now married to. According to the media, Aniston was more focused on her career during their marriage and Pitt was trying to focus on family. This celebrity divorce has taught us to cherish memories and realize that sometimes bad things happen so better things can fall together.

**Related Link:** [Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival](#)

**2. Demi Moore and Ashton Kutcher:** Age is just a number, yet people had so much to say about the age difference between former celebrity couple Demi Moore and Ashton Kutcher. They were 15 years apart in age, and we can learn from them. If you really love somebody, who cares how old you both are? They announced their split on November 17, 2011, and he filed for their celebrity divorce on December 21, 2012.

**3. Katie Holmes and Tom Cruise:** Katie Holmes and Tom Cruise pleased the world when they married and had an adorable daughter, Suri. Apparently, Cruise was shocked when his wife filed for divorce after five years. There has been major speculation that the divorce had to do with the actor's Scientology religion. This union that came undone teaches us that you should make sure you are on the same page with your partner when it comes to religion prior to a marriage.



**Related Link:** [Katie Holmes Removes Her Wedding Ring](#)

**4. Selena Gomez and Justin Bieber:** These two singers and performers really know how to entertain a crowd. Their relationship and love life went through a period of being on and off very frequently. People love it when they are together and were very shaken up when it ended for real. This is just proof that, when we are young, we are still finding ourselves and figuring out what we want. It's okay if we change our minds! Sometimes, you need to spend time apart from someone to realize you really want to be with them.

**5. Kristen Stewart and Robert Pattinson:** The on- and off-screen lovers were a favorite in the eyes of the public. Their characters of Edward Cullen and Bella Swan on *Twilight* will forever remain happy in love, but in real life, people don't always work and have to go their separate ways. Pictures of Kristen Stewart kissing the director of a film she was making surfaced and definitely put a strain on her relationship with [Robert Pattinson](#).

What are some other devastating celebrity break-ups to add to the list? Share your thoughts below.

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## Dating Advice: What Katie Holmes Can Teach Us About Post-Divorce Hooking Up





By [Christina Pesoli](#)

Rumored celebrity couple Katie Holmes and Jamie Foxx. Are they or aren't they hooking up? *US Weekly* says "yes," they're a new celebrity couple. Jamie Foxx says "no." And, because Katie Holmes is Katie Holmes, she won't even dignify the question with an answer. But regardless of how you feel about this rumor, the story makes obvious the following: hooking up is no longer exclusively for the twenty-something and under crowd. Post-divorce hooking up is now a thing.

## **But, how can you tell if post-divorce hooking up is right for you?**

To maximize your chances of waking up in the morning with no regrets, consult the relationship advice flowchart before getting your groove on:

### **1. Are you actually divorced?**

a. No? Do NOT hook up. Random hookups before your divorce is

final are one of the top causes of completely avoidable divorce drama. Get your divorce done first; then, get your freak on.

b. Yes? Proceed to the next question.

**Related:** [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

## **2. Are you wearing beer goggles?**

a. Yes? Do NOT hook up. You want your decision to hook up to be made with complete clarity. And nothing clouds your judgment like beer goggles or worse yet, vodka vision.

b. No? Proceed to the next question.

**Related:** [Jennie Garth: Can You “Win” the Celebrity Exes Challenge?](#)

## **3. Are your kids with you?**

a. Yes? Do NOT hook up. The last thing your kids need is to be traumatized by walking in on you doing the wild thing with some random guy.

b. No? Proceed to the next question.

## **4. Are you in a public place?**

a. Yes? Do NOT hook up. Have a little consideration for those around you. Hooking up should only be done in private.

b. No? Proceed to the next question.

## **5. Is the guy you’re thinking about hooking up with young enough to be your kid?**

a. Yes? Do NOT hook up. Look, I’m not trying to be all ageist, but you’re bordering on being really creepy.

b. No? Proceed to the next question.

## **6. Is hooking up with this guy something you hope to keep secret?**

a. Yes? Do NOT hook up. Nothing ever stays a secret—especially not hooking up.

b. No? Proceed to the next question.

**7. If/when word spreads about this hookup, are you likely to feel embarrassed or humiliated?**

a. Yes? Do NOT hook up. Word WILL spread. So, make sure you're cool with that.

b. No? Proceed to the next question.

**8. Is there a significant chance you will regret this?**

a. Yes? Do NOT hook up. And even if you think the idea is awesome when you're in the heat of the moment, think long and hard before hooking up with a coworker or neighbor. Having to repeatedly run into someone makes it hard to put the whole thing behind you if you do end up regretting it later.

b. No? Go for it!

*Christina Pesoli practices family law with Noelke Maples St. Leger Bryant, LLP, in Austin, Texas. She is the author of Break Free From the Divortex: Power Through Your Divorce and Launch Your New Life (Seal Press). She has written extensively on the topic of divorce, providing advice and support designed to help people avoid common mistakes that make divorce take longer and cost more. She also writes advice columns for CultureMap Austin and Divorce Magazine. You can find more of her articles on her website: [christinapesoli.com](http://christinapesoli.com).*

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## Celebrity Families: Stars Who Have Adopted Children







Angelina Jolie and Brad Pitt with son Maddox

The Jolie-Pitt's are perhaps the best known family in Hollywood when it comes to adoptions! Three of their celebrity kids -- Maddox, Zahara, and Pax -- were adopted from Cambodia, Ethiopia, and Vietnam respectively. They also have three biological children: Shiloh, Knox, and Vivienne. Photo: Andrew Evans / PR Photos

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## Celebrity Couples: Did She



# Really Date Him?





### Brody Jenner and Avril Lavigne

This surprising pair started dating in 2009 after the singer filed for divorce from her first husband, Sum 41 singer Deryck Whibley. They split after nearly two years together but have remained friends. Jenner even wished Lavigne the best of luck in her most recent marriage to Chad Kroeger. Photo: Andrew Evans / PR Photos.

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## Balance Work and Love Like a Celebrity Couple





By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

It's no secret that we are all envious of celebrities and the lavish lifestyles they lead, most especially their wardrobes. After all, they're dripping in diamonds and designer ensembles. Let's face it: Who wouldn't want to raid Victoria Beckham or Angelina Jolie's closet? But their favorite arm candy to show off is not their Birkin Bags; it's their men.

## Hollywood Relationships and Love Lives

While celebrities may have fame and fortune, when it comes to relationships and love, they don't always have the best luck. Constantly being in the spotlight and traveling for work is not the best mix when it comes to being in a committed partnership. We've seen many [Hollywood relationships](#) unravel because of the constant pressure of being in the public eye, but some celebrity couples have learned to balance their careers with their personal lives.

**Related Link:** [Sofia Vergara's Ex Nick Loeb Sneaks Up On Her at Red Carpet Event](#)

Finding the perfect balance of being successful in work *and* in your relationship can be tricky for anyone. Some famous couples have made maintaining their relationship look easy, while others crumble to the ground.

Victoria Beckham and David Beckham have become one of Hollywood's most iconic pairs. From their perfect physiques to their trendy clothing lines, this duo is constantly in the media. However, somehow, they've been able to stay grounded and keep their private lives to themselves. They both have successful careers, which helps balance their power in the relationship and allows them to have their own lives in addition to the life that they share together. This is important because, in order to have a successful relationship, you must keep your own interests and friends. The Beckham's have different careers, but they share a love for family and fashion, which helps to keep them united.

Another celebrity couple that we can't seem to get enough of is [Angelina Jolie](#) and [Brad Pitt](#) – otherwise known as Brangelina. This Hollywood relationship may have started out with a bit of a scandal, but their connection has blossomed into quite the love story. They're able to maintain their busy schedules and keep the spark alive. They visit each other on sets with their children and have even written love notes to each other while they were filming on opposite sides of the world – talk about romance! They also take many family celebrity vacations together and even tied the knot this past year to show their children just how much they love each other.

**Related Link:** [7 Ways to Know If It's Really Love](#)

# Not All Celebrity Couples Last Forever

On the other hand, some celebrity couples like Tom Cruise and Katie Holmes fall apart at the seams. We first learned of their relationship when Cruise infamously jumped on Oprah's sofa and announced his love for the *Dawson's Creek* star. But perhaps, he spoke too soon. The pair became a media frenzy, and with the pressure from the public along with their busy work schedules, they couldn't seem to make it work. They both shared the same career and both converted to Scientology, which may have strained their celebrity relationship.

Given these examples, it's best to follow the behavior of the Beckham's or Brangelina. Maintain your independence no matter how in love you are. If they can find a lasting relationship and love, you can too!

*For more information about Project Soulmate, click [here](#).*

**How do you balance a relationship and love with your career?  
Let us know in the comments below!**

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## Celebrity Children Who Are Just Like Their Parents







By Laura Seaman

When you're raised in the spotlight with your celebrity parents, it's difficult not to get pulled into the industry one way or another. Take the Kardashians, for instance, with their entire family being in the public eye 24/7. Some celebrity children take these opportunities to make a career for themselves and make their parents proud. Here are three famous children who followed their parents' examples and made a name for themselves in the entertainment industry:

### **1. Jaden Smith, son of Will Smith and Jada Pinkett-Smith**

Jaden Smith is becoming a big time actor just like his dad. Will Smith helped his son break into the business from a very young age, having his son star alongside him in *The Pursuit of Happyness*. Since then Jaden has gone off on his own and starred in films such as *The Karate Kid* and *The Day the Earth Stood Still*. However, he still takes time to work with the man who taught him the ropes, starring with his father in the sci-fi film *After Earth*. Just one look at the movie's poster of the duo side-by-side and you can see that the young Smith is



just like his dad, not just in acting ability but in his looks. Jaden Smith has gone from the small screen to the Imax, and it's doubtful he'll stop there. It's been announced that he's working on *The Karate Kid 2*, and who knows what the young actor will do next. Whatever the case may be, he's definitely making Will Smith proud.

**Related:** [5 Celebrity Mother-Daughter Look-alikes](#)

## **2. Dannielynn Birkhead, daughter of late Anna Nicole Smith and Larry Birkhead**

The daughter of late model Anna Nicole Smith is showing that though her mother may be gone, her spirit is still very much alive. The adorable little girl, now seven years-old, has shown that she shares her mom's beauty and enthusiasm for fashion. Photographers can't get enough of this bright little star. The Birkhead father and daughter duo was seen at the Kentucky derby, the same place where Dannielynn's parents first met. The little fashionista later went on to model for Guess Kids, a tribute to her mother's work as a Guess girl. "For her it was something cool," her father said in an interview. "Her mother was a Guess girl and now she is a Guess girl." Of course, she was made to keep up with her studies while doing the shoot! For such a little girl, Birkhead has had a lot of work to do.

**Related:** [5 Celebrity Couples Who've Adopted](#)

## **3. Connor Cruise, adopted son of Tom Cruise and Nicole Kidman**

Connor Cruise, the adopted son of Tom Cruise and Nicole Kidman, is taking after his parents step by step and movie by movie. He has only been in two films so far (*Seven Pounds* and *Red Dawn*) but that isn't his only claim to fame. He's getting his start as a deejay with the name C-squared. Lately, though, his name has been in the media concerning the relationship with Kidman. Despite rumors that the mother and son are estranged, Cruise says that their relationship is solid. The

multi-talented Cruise has plenty of his material on YouTube and iTunes for anyone who wants to support him in his career as a DJ.

What are some other celebrity children who are just like their parents? Let us know in the comments!

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# 10 Favorite Celebrity Weddings



By [Courtney Omernick](#)

The designer wedding dress, the insane guest list, the mile high wedding cake, and more! Celebrity weddings, what's not to

love, right? Even if we can't throw as big of a wedding bash as Kim and Kanye, it can be fun to imagine what our own lavish wedding would look like. Below are 10 of our favorite celebrity weddings.

**1. Kim Kardashian and Kanye West:** Of course they're number one; they're wedding was plastered everywhere, and the pictures from it were some of the highest viewed photos on Instagram...ever! The party started a week before the actual wedding date (Saturday, May 24) in Paris where Kim, Kanye, and a few of their family members relaxed before the big day. Their "I do's" were exchanged outside in Italy next to a giant wall of flowers. Guests such as LaLa Anthony, Joyce Bonelli, Monica Rose, and more were in attendance.

**Related:** [Social Media Etiquette for Your #Wedding Day](#)

**2. Emily Blunt and John Krasinski:** Another Italian wedding! The two actors tied the knot back in 2010 and used George Clooney's Italian villa on Lake Como to do so. It was an outdoor ceremony and the guest list included George Clooney (obviously), Matt Damon, Meryl Streep, David Schwimmer, and more.

**Related:** [The Most Publicized Celebrity Pregnancies](#)

**3. Kendra Wilkinson and Hank Baskett:** The former Playboy Playmate and NFL star were married on the front lawn of the Playboy Mansion in June 2009. Wilkinson wore a \$20,000 duchesse-silk gown (that she co-designed) that had more than 55 yards of fabric and was covered in 1,2000 crystals with R-Mine Bridal's Armine Ohanessian. Talk about glitz and glamour! Their guest list included Hank's teammates from the Philadelphia Eagles, Hugh Hefner, Holly Madison, Bridget Marquardt, Jon Lovitz, and more famous faces.

**4. Katie Holmes and Tom Cruise:** In November 2006, seven months after the birth of their daughter, Suri, the two actors were

married at the 15th-Century Odescalchi Castle outside of Rome. The bride and groom both wore Armani, and their guest list included Victoria Beckham, Jennifer Lopez, Mark Ronson, and others.

**5. Celine Dion and Rene Angelil:** Back in December 1994, the singer married her manager at the Notre Dame Basilica in Montreal, Canada. Dion wore a Mirella and Steven Gentile gown that included a 20-foot train and took over 1,000 hours to complete. Oh, we almost forgot to mention Dion's seven-pound tiara that was made of 2,000 Australian crystals...

**6. Nicole Kidman and Keith Urban:** The couple was married on June 25, 2006 in an all-candlelight ceremony that took place just after sundown in Sydney, Australia's Cardinal Cerretti Memorial Chapel on St. Patrick's Estate at Manly. Kidman wore a dress by Nicolas Ghesquiere for Balenciaga. The black-tie event included friends such as Russell Crowe, Hugh Jackman, Naomi Watts, and Rupert Murdoch.

**7. Gwen Stefani and Gavin Rossdale:** These two rockers had not one, but two weddings back in 2002! First, they were married in London and then had their second ceremony two weeks later at a private home in L.A. Stefani wore a dip-dyed silk faille gown that was created specifically for her so she could show off her girly, yet punk, personality. Brad Pitt and Jennifer Aniston were among the many stars in attendance.

**8. Khloe Kardashian and Lamar Odom:** Who could forget Kim's sister Khloe's crazy nuptials to LA Laker, Lamar Odom? The couple tied the knot just one month after they started dating! The ceremony took place at a private residence in Beverly Hills, and the couple said their vows in front of triple arches of white roses created by celebrity florist, Mark's Garden. The bride wore a Vera Wang gown and was walked down the aisle by her step-father, Bruce Jenner.

**9. Katy Perry and Russell Brand:** When the singer and actor wed

back in 2010, it was nothing short of magical. Perry wore an Elie Saab Haute Couture gown and \$7,000 Casadei heels to their ceremony at Rajasthan, India's Amani-i-Khas resort. And, don't forget! The two entered their ceremony by riding on top of an elephant! How's that for extravagant?

**10. Ellen DeGeneres and Portia De Rossi:** The talk show host and model/actress wed in 2008 at their home in L.A. among their closest family and friends. Although the couple didn't have their wedding in an elaborate location, certain items included on their special day sure made for an elaborate event! Both brides wore designs by Zac Posen and Mark's Garden provided the candles and flowers. Later that evening, all guests dined on an all-vegan menu prepared by the couple's personal chef, David Silberkleit.

**What's your favorite celebrity wedding? Share below.**

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## **5 Celebrity Couples That Adopted**





By Louisa Gonzales

Lately, Hollywood has been flooded with celebrity baby news and baby bumps! However, many celebrities have chosen adoption over having a biological child. Here are five [celebrity couples](#) who recently adopted:

## Celebrity Baby Adoptions

1. [Angelina Jolie](#) and **Brad Pitt**: It wouldn't be right if we didn't put these two at the top of our list. They met back in 2005 while filming *Mr. & Mrs. Smith*. Soon after, they began their celebrity relationship and now have six children together, three of whom are adopted. Jolie adopted her first child, Maddox Chivan Thornton Jolie, a Cambodian infant born on August 5, 2001, with her then-husband, Billy Bob Thornton. The actress adopted her second child, Zahara Marley Jolie, who was born in Africa on January 8, 2005, without Pitt. However, Pitt later adopted both kids. The famous couple adopted Pax Thien from Vietnam on March 15, 2007. Initially, Jolie filed alone because of the country's regulations, but Pitt adopted



Pax when they went back home. Pitt and Jolie's first biological child, Shiloh Nouvel Jolie-Pitt, was born in 2007, and twins Knox Léon Jolie-Pitt and Vivienne Marcheline Jolie-Pitt were born in 2008.

**Related Link:** [Brad Pitt and Angelina Jolie Enjoy Weekend Getaway Without Kids](#)

## **Even If A Celebrity Couple Goes Through A Divorce, A Family Can Still Be Maintained**

**2. Tom Cruise and Nicole Kidman:** Back when these two A-List actors were a famous couple, they adopted two children: daughter Isabella Jane, born in 1992, and son Connor Anthony, born in 1995. The pair first hooked up in 1990 on the set of *Days of Thunder* and married later that same year in Colorado. However, this Hollywood relationship came to an end when they announced their separation in February 2001 after Cruise filed for a celebrity divorce. Both Cruise and Kidman share custody of the two children.

**3. Katherine Heigl and Josh Kelley:** The former *Grey's Anatomy* actress and musician are no strangers to adoption. The pair married back in 2007 in Utah and have two adopted daughters. This celebrity couple adopted their oldest daughter Nancy Leigh (nicknamed Naleigh) from South Korea in 2009. They expanded their family in 2012 when they adopted their now three-year-old daughter Adelaide, who was born in Louisiana.

**Related Link:** [Katherine Heigl and Josh Kelley Step Out with Newly Adopted Daughter](#)

**4. [Hugh Jackman](#) and Deborra-Lee Furness:** The *Wolverine* actor and his wife married back in 1996 in Toorak, Victoria, a suburb of Melbourne. The pair adopted two kids: Oscar Maximillian, born May 15, 2000, and Ava Eliot, born July 10,

2005. The Aussie actor and actress decided to adopt after they were unable to conceive naturally and through IVF. Jackman and Furness continue to advocate for adoption while raising their two children.

**What other famous couples have adopted? Comment below!**

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# Celebrity Men Who Love Taller Women



By Jennifer Harrington

It seems most people have a preference in terms of physical characteristics for the people they find attractive and choose

to date. Celebrities are no different, and it recently came to Cupid's attention that there are celebrity men who prefer to date taller women. We took a closer look at some of these stars who prefer taller women, and examined their dating histories to see who they have romanced – and the inches separating the couples.

## **Mick Jagger**

Mick Jagger is perhaps as legendary with the ladies as he is for being the front man of the Rolling Stones. Married twice, Mick has seven children with four women. Over the years, Mick has been linked with several women taller than his 5 feet 10 inches, including model Jerry Hall and his current love of 12 years, L'Wren Scott. L'Wren, a model and fashion designer, is 6 feet 3 inches. L'Wren admitted in an interview with *Harper's Bazaar* that people have always been intimidated by her silhouette. According to the article, "when she and Jagger pull up in front of the paparazzi, she adjusts the silhouette, bending at the knee to even things out."

**Related:** [5 Celebrities with Open Marriages](#)

## **Rod Stewart**

One of the best-selling music artists of all time, singer Rod Stewart has been married three times and has eight children. His current wife, model Penny Lancaster, stands 6 feet 1 inch, in contrast to Rod's 5 feet 10 inches. Penny is frequently photographed wearing high heels, and it doesn't seem to faze her rocker husband at all. When asked in a recent interview if the height difference bothers Rod, Penny responded by saying, "'He likes me in the heels. I appear to be a foot taller but it's the camera angles and the heels.'" Rod has certainly established his personal preference over the years: many of his romantic partners have been tall, slender blondes.

## **Tom Cruise**

Mega movie star Tom Cruise has dated (and married) many taller women, including Rebecca De Mornay, Nicole Kidman, Penelope Cruz and Katie Holmes. Tom Cruise stands 5 feet 7 inches, which is several inches shorter than the average height for men in the United States. His ex-wife Katie Holmes is 5 feet 9 inches, so two inches in height separated the couple (in addition to differing views about Scientology and how they would raise their daughter, Suri). After her divorce from Tom in 2001, Nicole Kidman famously quipped on *The David Letterman Show*, "I can wear heels now."

### Keith Urban

Country music sensation Keith Urban has been married to actress Nicole Kidman since 2006. Parents to two young daughters, Keith and Nicole split their time between Nashville and their native Australia. Nicole, who was formerly married Tom Cruise, is blissful in her marriage and the new attitude her husband gave her, saying to *Harper's Bazaar*, "He just gave me confidence through just being very kind to me and understanding me, opening me up to trying things." Nicole is about three inches taller than Keith.

**Related:** [Celebrities Who Dated Out of Their League](#)

### Michael J. Fox

After meeting Tracy Pollan on the set of *Family Ties*, Michael J. Fox married the leggy actress in 1988. The couple, separated in height by about two inches, has four children. Their marriage has stood the test of time, which is especially noteworthy because Michael has been fighting Parkinson's disease since 1990. Tracy opened up in an interview with *Parade* about her marriage saying, "Any marriage has its ups and downs. It's work to be married for this many years! That said, Michael's a very easy person to be with under his circumstances, funny and gracious."

As these couples showcase, height should not matter in a

relationship, and ladies can wear high heels proudly, no matter the height of their boyfriend or husband.

Are there other celebrity couples featuring a significantly taller woman? Should height matter in a relationship?

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## Finding Yourself Again



By Molly Reynolds for [Hope After Divorce](#)

Months after my very messy divorce, I found myself sitting in a greasy diner with my friend Christi, and I was at a total stand still. I was staring across the table at her, trying not to cry into my grilled cheese sandwich as a million thoughts ran through my mind.

Christi had never been married before. In fact, she had been single since I'd known her. She is beautiful, funny, smart, a great friend – and one of the happiest people I know.

**Related Link:** [Why So Many Women Couldn't Care Less About Getting Married](#)

I finally opened my mouth.

"How do you do it?" I asked her.

"How do I do what?"

"How do you be single?"

She smiled. "You just do."

I wanted to take notes. "No, tell me. What do you DO? Like, what does your typical day look like?"

I got married when I was twenty and was now pushing thirty. It didn't seem like an odd question to me at the time; I had never been single as an adult. My marriage was isolating and highly emotionally abusive. My days were wrapped up working, spending time with my husband, cooking, cleaning, paying the bills, helping him with whatever he needed. I had so much free time now and didn't know what to do with myself. More honestly, I didn't know who I was as a single person.

Thank God for good friends. "You do whatever you want!" she said with a laugh. "If you want to stay out all night, you do it. If you want to spend the weekend watching *Desperate Housewives* on Netflix, you do it. If you want to eat a jar of olives for dinner, you do it. It's actually pretty awesome."

The thought of this absolutely terrified me. Battle lost. Soggy grilled cheese.

This story illustrates co-dependency at its finest. Unfortunately, co-dependent women often find themselves with a



narcissistic husband. Katie Holmes and Tom Cruise are a prime example. A narcissist systematically makes his partner give up who she is in order to serve his own ideals and needs. If you are fortunate enough to break free from the abuse of a narcissist – as Katie was – you're going to have to take a lot of time to rebuild yourself.

I hate labels, but a lot of us are co-dependent. If we're partnered with the wrong person, the effects can be devastating. We think giving absolutely everything over to our marriage and forgetting ourselves makes us a better partner. It doesn't. It doesn't even make us a better person. Luckily for us, it's a bad habit and *not* a life-threatening disease.

One of the hardest things about any kind of breakup (even if your spouse was a total loser) is that you have to learn how to relate to the world differently. There's no partner to call and check-in with when you have to make a decision or if something good happens. You find yourself with a lot more alone time, and if you're not careful, your mind can go to a very dark place...which is why it is imperative that you find yourself again – or find yourself period, whatever the case may be.

**Related Link:** [Are You Dating Someone with Narcissistic Personality Disorder?](#)

Fill those empty moments in your life with people and things that you [love](#). And if you don't know what you love, find out! A fun, cheap way to do that is sites like Groupon or Living Social. Maybe you've always wanted to take belly dancing class – do it! Or if you've always loved cooking or boxing, find a Meetup in your area. This is also a great way to make new friends and remind yourself that this tough time in your life will absolutely pass.

**Learn how to do you.** Habits are tough to break but fight against co-dependency as hard as you can. You are a whole,

perfect person on your own. You don't need anyone else to be complete. Later on, if you choose to have another relationship, do it because you want to, not because you need to.

Be happy with who you are because life is too good to waste. Live as hard as you can.

*Following her work as an actress, Molly Reynolds began her writing career covering scripts for film producers and working in commercials at Tombo Films, a boutique production company that created spots for the likes of Apple, Petco, and Coca Cola. Since then, she has written anything from ads to children's books to musical theatre, with a special emphasis on socially conscious material. Her latest musical, Benny (book and lyrics), has been performed in Los Angeles and New York (most recently at the Fingerlakes Musical Theatre Festival). Molly is a contributing expert at HopeAfterDivorce.org, CupidsPulse.com, and LAFamily.com. She is currently the Director of Development at LUCID and a strong advocate for empowering women and minorities. The Gingerbread Pimp, Molly's fearless new musical that takes a bite out of domestic abuse, was performed at the New York Musical Theatre Festival on July 18, 2013.*

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## Celebrity Couples Where Opposites Attracted





By Meghan Fitzgerald

It's true – opposites do attract, but it's odd for outsiders to look in at these partners because it seems so...strange. Although it's unknown for others, the ones involved in these types of relationships are usually the couples who have it all together. Opposite attraction is new, exciting and can result in a strong and healthy relationships. Cupid takes a look at a few cases where opposites attracted in popular celebrity couples:

**Related:** [Famous Women Dating Non-Celebs](#)

**Megan Fox and Brian Austin Green:**

Once *Transformers* hit theaters and Megan Fox began to be known as the hot it girl, Brian Austin Green was just that 90210 guy who had a kid with Vanessa Marcil. Even though she became one of the world's biggest sex symbols, they have still managed to keep their relationship going strong. In fact, the couple has been married since 2010 and have a son, Noah Shannon Green, together.

### **Mariah Carey and Nick Cannon:**

Mariah Carey has had quite the extensive dating record, from her first marriage, to record executive, Mottola, to a Latin pop singer and briefly to Derek Jeter. The bold and bodacious singer settled down to a small, lanky rapper, Nick Cannon. The duo has been married for five years now. They are also parents to fraternal twins, Monroe Cannon and Moroccan Scott Cannon.

### **Brody Jenner and Avril Lavigne:**

The born Californian *Hills* star, Brody Jenner didn't seem to fit right with punk rocker Avril Lavigne. Although others thought they wouldn't mesh, they dated from February 2010 through 2012.

### **Demi Moore and Ashton Kutcher:**

Golden Globe and Emmy nominee Demi Moore found an unlikely match in *That '70s Show* star Ashton Kutcher. Despite the 16-year age difference, the pair began dating in 2003. They married on September 24, 2005, but the happiness didn't last for long. Kutcher filed for divorce in December 2012 after a year of separation and rumors of his infidelity hit the newsstands.

### **Hayden Panettiere and Wladimir Klitschko:**

The 23-year-old petite blonde known for her breakout role in *Heroes* settled down with the 37-year-old, 6'6" heavyweight boxing world-champion Wladimir Klitschko from Ukraine. Despite the 1'4" height difference, the odd duo make it work with their relationship.

### **Tom Cruise and Katie Holmes:**

The ex tomboy from *Dawson's Creek* was interviewed to be Tom Cruise's real life girlfriend after her engagement with Chris Klein ended. Holmes seems to be the more down- to-earth type while Cruise stars in super thrillers and actions films.

### **Lindsay Lohan and Samantha Ronson:**

The *Mean Girls* actress dated DJ Samantha Ronson in 2008 and 2009. When questioned about her sexuality, Lohan said, "I don't want to classify myself." Since the brief romance the couple shared together, Lohan has been recently linked to Avi Snow.

### **David Cross and Amber Tamblyn:**

The 26-year-old actress best known for her parts in *The Sisterhood of the Traveling Pants* and *Joan of Arcadia* tied knots with now-hubby David Cross in 2012. The 43-year-old comedian has quite the ego boost with dating a woman 19 years younger than him.

**Related:** [Finding Your True Destiny](#)

### **Rachel McAdams and Michael Sheen:**

The *Midnight in Paris* co-stars were rumored to be a couple far before they announced their relationship. Sheen has a past relationship with Kate Beckinsale. The two have a daughter, Lily Sheen, together.

**Who are some other celebrity couples with opposite personalities? Share your thoughts below.**

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# **Are You Dating Someone with Narcissistic Personality**

# Disorder?



By Tina Swithin, HopeAfterDivorce Expert

The term, “narcissist” seems to be spreading through the world like an out-of-control wildfire. The term itself doesn’t always have a negative connotation since, ironically, we are all narcissistic by nature and there actually is a certain degree of self-love that is healthy. However, there is a line that separates healthy confidence from the Å¼ber toxic Narcissistic Personality Disorder (NPD). That’s what we need to be mindful of when we date someone.

The celebrity world seems to be brimming over with unhealthy narcissism. The spotlight that shines in Hollywood is highly attractive to a person with NPD. Celebrities are equipped with fame and power, which feed a narcissist’s ego. While many celebrities forge a balance through grace and humility, there



is a significant number who bathe in the spotlight in complete self-indulgence.

**Related Link:** [Short Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

In 2006, Dr. Drew Pinsky and Mark Young conducted a scientific study with over 200 celebrities using the Narcissistic Personality Inventory (NPI). The results showed that celebrities are 17.84% more narcissistic than the general public. It isn't surprising, given that most aspiring celebrities are driven by fame, money, and admiration. What better place for a narcissist to be than in the limelight? It's the equivalent of flipping on the porch light and watching moths come to life!

There are a vast number of celebrities who display many characteristics of narcissism (if not full blown NPD) such as Tom Cruise, Paris Hilton and Kim Kardashian. While many people enter the celebrity arena with pre-existing characteristics of NPD, their egos balloon to extreme levels with every flash of the paparazzi camera, VIP entrance admission, limo service, and autograph request. These things often lead to a sense of entitlement as Reese Witherspoon displayed during her husband's DUI arrest.

**Related Link:** [Reese Witherspoon and Jim Toth Arrested and Jailed for DUI and Disorderly Conduct](#)

When it comes to the business world, narcissists are generally successful individuals. This is why the political arena and corporate scene is another area with a high concentration of NPD. These individuals generally attract their mates with their charisma, larger-than-life persona and their successful careers. Those with extreme NPD believe that they are the best, and such confidence can certainly be attractive. Narcissists consider themselves special and those who are accepted into their circle *must* be special by default.

## Prince Charming

In 2000, I met a charismatic man named Seth who offered me the world on a silver platter. There were times in which I questioned whether our courtship was too good to be true. His parents had been married for 25 years, he was on his way up in a very promising career and I felt like I was living a fairytale. Seth told me all of the things that I wanted to hear and showered me with poems, flowers, shopping sprees, and vacations. My friends and family stood by in awe as this modern day Prince Charming wooed me and everyone around me. While there were red flags, the good outweighed the bad in the first few years and I swept my concerns under the rug and left them there.

Six years into our marriage, I sat on a therapist's couch and confided in the woman sitting across from me. I told her about Seth's lies and the manipulations which included financial schemes, stealing his parent's retirement savings and racking up 1.6 million dollars in debt – much of this was done behind my back. I described Seth's lack of remorse and his inability to show empathy. I explained that I had never felt so alone and unloved in my life. In a six-year period of time, I had been reduced to a shell of my former self. When I looked in the mirror, I was ashamed of the fake life that we were living. To those around us we were the golden couple, but behind closed doors my life was a living hell.

My therapist walked across the room and handed me a book from her bookshelf. The words seemed to jump off of the page, "Narcissistic Personality Disorder." To my naïve mind, it was thrilling to have a name for the hell that I was living. With a name, there was hope, or so I thought. My therapist went on to explain that NPD is not curable and that, in fact, most mental health professionals will not treat those with this personality disorder. Her next words stung, "You either learn to live with this or you leave. There is no cure."

**Related Link:** [Finding Your True Destiny After Losing Love](#)

I spent the next year and a half trying to block out my therapist's words. However, our marriage finally ended in 2009. In short order, I discovered that the only thing worse than being married to a narcissist is divorcing a narcissist. I quickly went from a 4,000 square foot luxury home to a local women's shelter. From there, I spent two years fearing for my life, sleeping with a hammer under my pillow and holding a can of mace in my hands as I made scrambled eggs for breakfast. I jumped at every noise. My modern day Prince Charming was actually a modern day Dr. Jekyll and Mr. Hyde.

Part of my healing has come from educating others on the red flags that I chose to ignore in the beginning of our relationship. I have listed them out for you below:

## **10 Red Flags**

**1. Excessive charm:** Question a person that seems too good to be true. Narcissists are masters at wooing their targets. If you are receiving tickets to your favorite ballet and bouquets of flowers larger than your Christmas tree before the third date, you may be dating a narcissist. Offers to whisk you away to Paris for New Year's Eve are fabulous but could be considered odd behavior if you just met last week and don't know his middle name!

**2. Overly confident:** A healthy dose of self-esteem is a good thing, but remain cautious if he seems to be the president of his own fan club. In short order, you are likely to become the secretary of that fan club.

**3. Haughty:** Pay attention to elitist comments and general arrogance toward those who are "beneath" him. Narcissists will often put down co-workers, friends, and even family members. People with NPD are skilled at making you believe that they are superior. If you find yourself in their chosen circle, this attitude can rub off. Being chosen by someone so superior

must mean that you too are superior, right? Wrong. That feeling will be short-lived. Trust me.

**4. Bragging:** Narcissists do not care about your feelings, views, or opinions. Narcissists are generally too obsessed with telling you how great they are to even ask about you. Their bragging rights carry over to a wide variety of topics including their family, heritage, money, cars, physical appearance, elite gym memberships, clothing and shoes.

**5. Grandiosity:** Narcissists seem to live by the phrase, "Go big or go home." They like to be seen and known. Grandiosity is often their middle name. A narcissist will pick up an enormous group drink tab or buy everyone in the bar a round of shots. Their motivation is to be showy and to attract attention. These gestures could be easily interpreted as kindness, but this is the furthest thing from the truth. While a narcissist is signing the tab for drinks, he is also scanning the group to take inventory on how he can personally use each person to maintain his inflated self-image.

**6. Success:** There is a reason why the political and celebrity arenas are brimming over with narcissists. Narcissists are often found in leadership roles where they have free reign to dominate and dazzle those around them. They flourish in big cities where there is less accountability and less risk of developing a reputation that will haunt them.

**7. The Band-Aid:** Narcissists are professional Band-Aids. They will seek out your weaknesses (abandonment issues, poor self-image, etc.) and will morph themselves into your savior. Whatever voids you have, they will fill. This may sound great, but it will not last. Once you are hooked on them, they will rip off the Band-Aid and leave you bleeding.

**8. Hypersensitivity:** Fluctuations between extreme confidence and extreme insecurity seem to be a common trait with narcissists. They will often perceive non-existent criticism

and will respond by shutting down and sulking, or acting out in a rage. Any interpreted attack or criticism against the narcissist is dealt with in an unhealthy manner. In his mind, you are either with him or against him; there is no gray area.

**9. Moving Quickly:** Narcissists have a tendency to move at the speed of light. Has he extended an invitation to meet his parents after the second date? Did he have towels monogrammed with your initials as a gift for your first sleepover? These are red flags. By the way, beware of the monogrammed towels. I haven't found any studies to back my claim but there is something very suspicious about people with their initials sewn into hand towels!

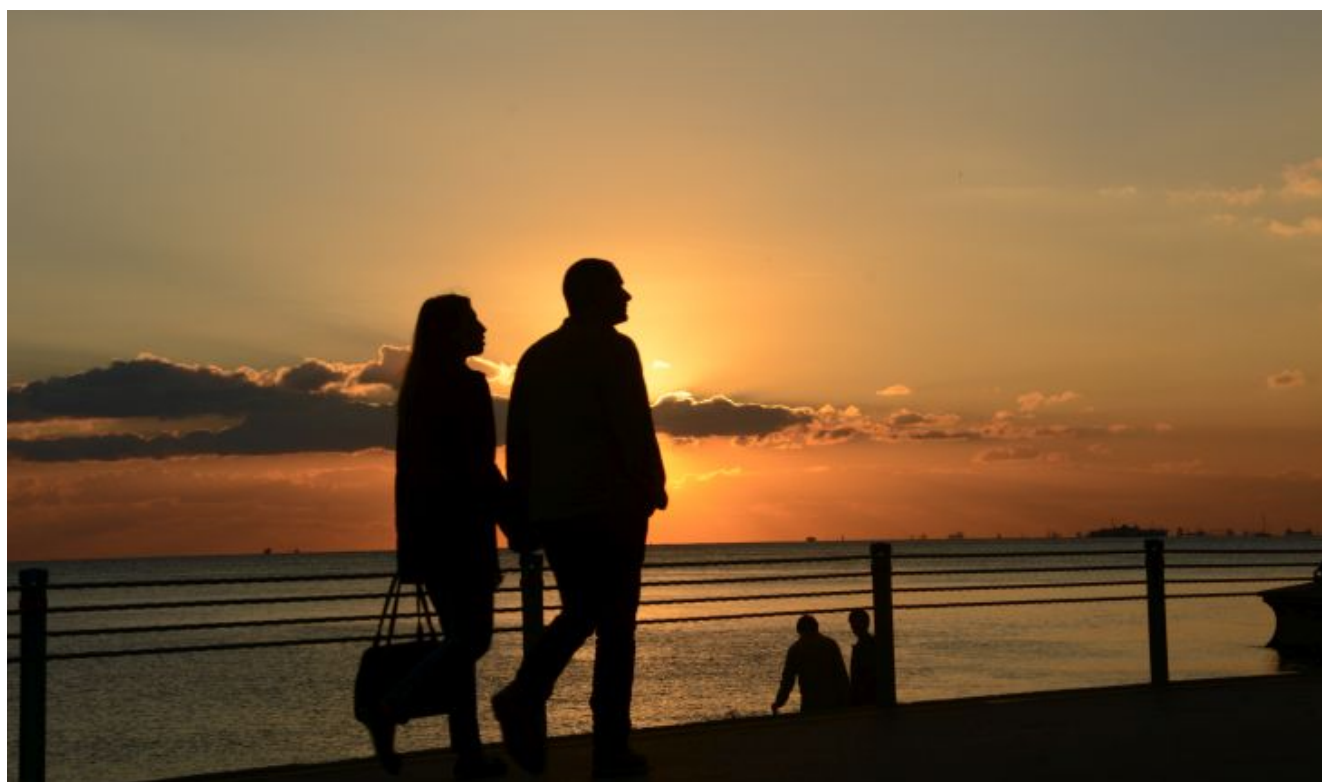
**10. Lying:** You may initially notice a few white or grey lies. Take stock of these. Expert manipulators are well versed at twisting reality until you find yourself doubting reality.

Anyone in the dating world should be well versed on the red flags of Narcissistic Personality Disorder. Dr. Craig Malkin, author, clinical psychologist and Instructor of Psychology at Harvard Medical School provides a list of five early warning signs to watch for in his recent article in the Huffington Post which discusses narcissism in the dating world. "In real life, the most dangerous villains rarely advertise their malevolence," states Dr. Malkin. This could be why narcissists are commonly known as wolves in sheep's clothing.

*Tina Swithin is the author of "Divorcing a Narcissist: One Mom's Battle" and the popular blog, "One Mom's Battle". Tina is a Huffington Post contributor. She is also a contributing writer and expert for HopeAfterDivorce.org and FamilyShare.com, LAFamily.com, and CupidsPulse.com. Tina's writing covers sensitive topics including, how to navigate your way through a high conflict divorce. She is a family and child advocate. Tina is happily married, and resides in sunny California with her two daughters and three-legged tortoise named, Oliver.*

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# 10 New Celebrity Dads



By Jennifer Harrington

Pregnancy, babies and parenting are always some of the hottest topics when it comes to celebrity news. Much of this news revolves around the mom and baby (think of how much time we spend on “bump” watch and anticipating Hollywood baby name choices), and an important part of the equation is often overshadowed: the celebrity dad. There are some great fathers in the celebrity world, and we wanted to shine a spotlight on them to celebrate their dedication to their children and fatherhood. Here is a list of our top 10 celebrity dads:



## **Brad Pitt**

Hollywood heartthrob Brad Pitt is a father of six (Maddox, Zahara, Shiloh, Pax, Knox and Vivienne) with longtime love, Angelina Jolie. Often when Angelina is working, Brad plays the role of stay-at-home dad with the kids, and it seems to be a duty he relishes in. In a 2012 interview with *People* magazine, Brad revealed that fatherhood has made him a better man and explained that being a dad “takes you right off yourself.”

**Related:** [Mario Lopez Wants “At Least 4 More” Children](#)

## **David Beckham**

Soccer superstar David Beckham is the dad of four (Brooklyn, Romeo, Cruz and Harper) with wife Victoria Beckham. David has confessed that he hopes his children will be independent and lead normal lives, despite their parents’ star status. He is open about how challenging it is to spend time away from his family for his soccer commitments. He’s also very proactive when he’s with the little ones (he was recently spotted having some quality one-on-one time with Harper in Paris).

## **Chris Noth**

*Sex and the City* star Chris Noth is the father of one child (Orion) with his wife, Tara. Despite a long list of acting accomplishments, Noth is emphatic about his favorite role. He said, “I love being a dad... being a dad is by far my favorite role!” It may be difficult for some to imagine Mr. Big as a devoted dad, but Noth is frequently photographed as a hands-on dad (we have even seen him sport matching Halloween costumes with his little one), and has even said the sound of his son crying is “music” to his ears.

## **Tom Cruise**

Major movie star Tom Cruise is a dad of three (Isabella, Connor and Suri). While Isabella and Connor are grown and

embarking on their adult lives, Tom is famously undertaking the role of single dad, in light of his recent divorce from Katie Holmes. While Suri calls New York City home with Katie, and Tom is frequently traveling for his movies, Tom remains committed to daddy duty for Suri. The duo has been photographed at Disney World together, and most recently, celebrating her 7<sup>th</sup> birthday together. Tom has also remarked that Suri can call him whenever she needs him!

## **Ben Affleck**

Boston-native Ben Affleck has three kids (Violet, Seraphina and Sam). After a whirlwind year of work and accolades for Ben, his current focus now is parenting his children, so his wife, Jennifer Garner, can go back to work. The couple has agreed that while one is working, the other will stay at home with the kids. Of his summer plans, Ben has been quoted as saying, "There's going to be a little Mr. Mom action."

## **Matt Damon**

Ben Affleck's best buddy, Matt Damon, is also a fantastic dad. Matt is a father to three daughters (Isabella, Gia and Stella) and a stepfather to Alexia, from wife Luciana's previous marriage. Matt has a simple rule that guides his life and establishes his commitment to his daughters: the family can't be separated for more than two weeks at a time. Matt is open about the fact that his feelings toward his family are much more than he ever expected, and has remarked that parenthood is "really quite something."

## **Will Smith**

*The Fresh Prince of Bel-Air* star is a father of three (Trey, Jaden and Willow). Will famously rapped about fatherhood in the 1990's song "Just the Two of Us", and he's watched with admiration as Jaden and Willow, his children with wife Jada Pinkett Smith, have launched their own acting/music careers.

Will is very involved and supportive of their blossoming careers, and is always available to provide them with counsel as they navigate Hollywood. He has remarked, "I love producing my kids and my wife's TV show and all that. I think that's my most natural space in the business."

## **Seal**

The singer is father to four children (Leni, Henry, Johan and Lou) with ex-wife Heidi Klum. While Seal and Heidi are no longer married, Heidi knew that Seal would be a good dad the first time she met him because of his "kindness and compassion." She has publically stated that he is a great father and always puts the needs of the children first (even Leni, who is not biologically Seal's child), noting that he "does everything in his power" to make sure the kids are happy and safe. Time will tell how Seal adjusts to fathering without Heidi by his side, but we have no doubt he will continue to be a fantastic papa.

## **Matthew McConaughey**

Matthew is dad to three kids (Levi, Vida and Livingston) with wife Camila. His recent acting schedule has been packed, but when he's not on set, Matthew's favorite activity is story-time with his tots! Matthew shared with *People* magazine, "My favorite thing is reading a five-minute story that turns into a never-ending story. When it's story time and I get to the end, there's no the end. The kids hate the end!" Matthew also loves long phone chats with Levi, when he's away shooting movies!

**Related:** [10 New Celebrity Moms](#)

## **Barack Obama**

President Barack Obama has two daughters (Sasha and Malia) with wife Michelle. Despite his schedule loaded with meetings with world leaders and policy negotiation, Obama makes

spending quality time with his teenage daughters a priority. Sasha and Malia absolutely know where they stand with their father; Obama told *Essence* magazine, "I want my girls to know that no matter what else is going on, they're my first priority."

What qualities make a terrific celebrity dad? Any other celebrity dads we should include on this list of Hollywood's finest?

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## Celebrity News: Tom Cruise Celebrate's Suri's 7th Birthday





By Meghan Fitzgerald

Even though 50-year old actor, Tom Cruise has been travelling the world to promote his latest movie *Oblivion*, [UsMagazine.com](http://UsMagazine.com) reports that Cruise still schedules family time with his daughter, Suri. Most recently, that means helping her celebrate her 7th birthday. [E! Online](http://E!Online) reports that he phoned into *On Air With Ryan Seacrest* and discussed how big of a planner he really is with her celebration. "Done already. All done," he said. "I take care of the kids early. You'll know – you have to plan ahead for these things. It's all done and all celebrated."

**How do you stay involved in your child's life post-divorce?**

### **Cupid's Advice:**

Even if it may seem very difficult to remain in your child's life after a divorce, it is still possible. You can still be in their lives and not exactly be in your ex's life. Your marriage is obviously over, however, that doesn't mean in any sense that your family is over. Cupid has some more advice:

**1. Remain civil with ex:** It is essential to remain in a relatively civil relationship with your ex after your divorce. It is not going to be any easier to stay involved in your child's life if your relationship is constantly a battle. Although it will be challenging to do, attempt to stay in a healthy relationship with your ex, for your child. You now have to realize that it is not about your ex anymore, only about your child.

**2. Talk consistently:** It is easy to stay involved in your child's life post-divorce if you are always talking to them. Even if they do not wish to talk to you, talk to them five or ten minutes a day. Ask them how they are doing with everything. How their school life is. If they want to express any repressed emotions or feelings. Make sure they're aware that you are not in an way leaving their life.

**3. Day trips:** Create day trips with your child after your divorce. If they enjoy creativity and art, take them to a museum or an art lesson. Take them to the park and bring a frisbee, or play outside games. Pack a basket for lunch, and have a picnic outside. Plan trips your child may want to go in, it will increase your relationship with your kid and keep your involvement steady.

**Have you stayed involved in your child's life post-divorce? Explain below.**

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## **Celebrity News: Tom Cruise Opens Up About Divorce From**



# Katie Holmes



By Andrea Surujnauth

Tom Cruise finally speaks out about his 2012 divorce from actress, Katie Holmes. After a 5 year marriage, Holmes filed for divorce 5 days before Cruise's 50th birthday. "I didn't expect it," he confesses to German TV Network *ProSieben*. According to [UsMagazine.com](http://UsMagazine.com), Cruise admits "To be 50 and to have experiences and to think you have a grip on everything, and then it hits you – this is it, what life can do to you. Life is a tragicomedy. You need to have a sense of humor." Holmes, who now resides in New York with the couple's daughter Suri, is moving on with her life as well. She is in a new Broadway play and also has a fashion line. Director and friend of the couple, Adam Shankman, says "They are incredibly happy. I've just been emailing with [Tom]. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy

as a clam. I know he sees his daughter.”

**What do you do if your partner springs an unexpected split or breakup on you?**

**Cupid's Advice:**

No one ever expects their marriage to come to an end. But what do you do if your partner suddenly wants a divorce? Cupid is here with some advice for you.

**1. Don't seek revenge:** If your partner springs divorce on you, never act out in revenge. Not only does it make you look crazy but if law officials are brought into the situation, you might lose a lot more than your marriage.

**2. Protect your assests:** If you and your ex have joint bank accounts or anything along those lines, contact a lawyer to help sort out the financial situations.

**3. Therapy:** Divorce or seperation can be hard and many people find themselves falling into a endless black hole of depression. Try getting therapy. Therapy can help you get over the depressed feelings and help you get your life back on track.

**What would you do if your partner sprang an unexpected split or breakup on you? Share your ideas below.**

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## **Celebrity Couples Keeping the Faith Alive**



By Jennifer Harrington

Hollywood is a glamorous place that can most certainly be a challenging place to raise well-adjusted, grounded children. Over time, we have seen celebrity couples try unique parenting tactics to bring up their children right, while in the spotlight. In fact, some celebrities turn to faith and religion as they navigate parenthood. Here is a look at a few stars who have relied on spirituality during their parenting journeys.

### **Tom Cruise**

Tom is undoubtedly the most famous Scientologist, and his controversial religion was rumored to be a primary cause of his recent divorce from Katie Holmes. While their young daughter Suri spends the majority of her time with her mom, Tom is still committed to being a strong influence in his

child's life (in fact, Suri frequently calls her father when he is on-location filming). It's likely he will try to pass along his core religious beliefs to his daughter. Tom also raised his two oldest children (with ex-wife Nicole Kidman) in the Scientology faith.

**Related:** [Sources Say Tom Cruise and Katie Holmes are 'Incredibly Happy' Post-Divorce](#)

## **Mel Gibson**

Before recent scandals tarnished Mel's reputation, he was most well-known for being an established Hollywood actor and devout Catholic. In fact, he directed and produced *The Passion of the Christ* in 2004. Mel is the father of eight children, and is very outspoken about his religious convictions. Despite the rumors that persist that some of his offspring are wild and fun-loving, there's no doubt Mel attempted to raise the kids with a Catholic-based foundation.

**Related:** [Three Ways to Background Check Your Next Date](#)

## **Kirk Cameron**

Kirk, who was a major star in the 1980s on the hit television show *Growing Pains*, abandoned his teen heartthrob status after became a born-again Christian at age 17. In fact, after he developed a relationship with Jesus, he began to insist that storylines be edited to remove anything he thought too adult or inappropriate for the show. He is now a husband and father of six children, as well as a full-fledged evangelist. He currently co-hosts a religious-themed television show.

Like everybody else, celebrities have different beliefs, but it's not often you see celebrities outspoken about their dedication to a given religion, and even less frequently you can cite a parent in Hollywood guiding their offspring with faith.

Tell Cupid: what are the biggest benefits for celebrities keeping the faith alive, and raising their children in a religious home?

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## Celebrity News: Katie Holmes Says She's 'Open' to Having More Kids



By Meghan Fitzgerald

The beautiful, single actress, Katie Holmes, 34, has her life entirely wide open. After separating from her ex, Tom Cruise,

she has made her way to the cover of *Allure*. Although the two remain civil, reports [Huffington Post](#), Holmes hopes this upcoming year will be a peaceful one. The April issue of *Allure* discusses Holmes's future. [UsMagazine.com](#) reports that Katie Holmes is open to having more children! She's even considering becoming a lawyer! You go Katie.

## **How do you decide how many kids to have?**

### **Cupid's Advice:**

Kids are great, they're funny, they love you, you love them, you created them, they're your world. However, there is a certain amount of children one couple should have. The Duggars decided that they want a trillion kids, and it works for them. The big deal here, is what works for you and your partner. Cupid has some more advice on this:

**1. Personal:** Deciding to have children is a joint effort, between you and your mate. If it wasn't, you could have as many kids as you damn please. However, this is not the case, and you have another person you have to communicate with. When deciding whether or not to have more kids, or kids in general, think about your relationship with your partner. Can they handle one kid, three kids, six kids? Can you deal with your partner as a parent? Can you be a parent with six kids? Three kids? One kid?

**2. Financial:** Kids are expensive! And not just a few paychecks here and there, try almost something from each paycheck. The more children, obviously more of your paycheck goes. Can you and your beau handle two children with your current financial situation? Make sure you are able to balance your children's lives, and your bank accounts. As much as you may want to have more kids, you need to keep reality in check.

**3. Medical:** I know many people who were told they could not have any more children, that it was a serious danger to



themselves and the doctor didn't advise it whatsoever. Yes, having a lot of children is great for you and your kids. However, you can not put yourself in jeopardy medically. Your kids need a mother, and that is that. Do not go for another child if your life is on the line.

**Did you decide to have more kids? Explain below.**

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## **Celebrity Divorce: Tom Cruise and Katie Holmes Are 'Incredibly Happy' Post-Divorce**





By Andrea Surujnauth

Katie Holmes and Tom Cruise seem to be having a very happy post-divorce period. The ex-couple's infamous divorce was finalized last year and since then, everything seems to be running smoothly. Adam Shankman told [UsMagazine.com](http://UsMagazine.com) that the ex-couple is doing very well living separate lives. "Katie seems really happy. You just fight through all the noise. And it's noisy!" he said. The couple's daughter, Suri, is still getting to spend time with both mom and dad. Shankman said of Cruise, "I've just been emailing with him. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy as a clam. I know he sees his daughter." Another source also told *E! News*, 'She spent five days with him. He has been working quite long hours on the set, but he was able to have some time off to be with her. They had a really lovely time.'

**What are some ways in which divorce can be a good thing?**

**Cupid's Advice:**

Divorce can be a very difficult thing to go through,

especially when you have kids. But what is the bright side of divorce? How can divorce be a good thing? Here are some ways:

**1. No more tension:** Before divorce, there is always tension in the house from fighting and being unhappy. Once you decide on having a divorce, the tension is gone! Getting rid of tension is good for you, your partner, and your kids. When there is stress and tension in the house, kids can pick up on that and it can make them depressed.

**2. No more fighting:** Fighting in a relationship is one of the biggest causes of stress. You go to work upset and stressed out which causes you to not be able to concentrate. When you are fighting with your partner everyday, it is difficult to find peace in any part of your day.

**3. Chance at happiness:** You were very unhappy in your relationship, that is what caused the divorce. Now you have the chance to find happiness and live the life you have been wanting to live. Divorce does not have to always be a sad time. Look at it as a new chance at life.

**In what ways do you think divorce can be good? Comment below and let us know!**