

The Four Biggest Myths About Men



By Janeen Diamond

for [Hope After Divorce](#)

“Some men are actually very afraid of roller coasters.”

We women think we have men all figured out. Many of us believe they only care about three things: sex, food and sports. But the reality is, they are human beings who experience human emotions, and the sooner we accept that fact, the sooner we will begin to experience true joy in our relationships.

Let's consider Billy Ray Cyrus for a moment. After 19 years of marriage, his wife Tish has filed for divorce, citing irreconcilable differences. Billy seems like a pretty good guy. I'm sure he has his issues, but then so does Tish. He and his wife have five kids, and he seems supportive of his family – that's no small thing. It's apparent that the two of them

have difficulty getting along at times, but who doesn't?

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My advice to Tish would be to step back for a moment, stop talking to your girlfriends about your marital problems and talk to Billy instead. Consider the good that exists in your relationship, and remember that no one can ever take his place as a father to your children. Think ahead to the grandchildren. How nice it would be to have your family intact at that stage of your life so you can enjoy each other in the most intimate way? No deciding where the kids go for weekends and holidays; instead, everybody is together always. Now why didn't I think of that years ago?

My experience has led me to the conclusion that sometimes the things we tell our girlfriends about our husbands are often based on our own fears and are not always reality. There are four myths about men that we've all been holding onto for way too long. Let's discuss:

Men don't really care – about anything. Most men actually do care. They care about their wife and family very deeply. They care about making you happy, and they even care about the way they look. The reason women believe men don't care is because we think they don't listen. The truth is, they just listen differently than we do.

Men have no fears. When your teenager wants to go on the roller coaster you refuse to ride, you ask your husband to take her because he couldn't possibly be afraid of a roller coaster. Some men are actually very afraid of roller coasters. Men worry about a lot of things. They worry about finances; they worry about what's going on at work; and they feel a lot of pressure to make sure you're happy. They actually spend more time worrying than we do because they carry a lot of responsibility on their shoulders.

Men are emotionally detached. Men have emotions. They may not

always show them because they are expected to hide the fact that they are sad or scared. They're supposed to be our rock. Share in their emotions, and they will connect with you on a higher level.

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Men are confrontational and demanding. A good, responsible man will communicate with you effectively. If you're doing the same, there will be no demands and no confrontations.

Ask yourself if you are doing everything you can to bring out the best in your husband. Decent, hard-working, responsible, loving men are wonderful human beings who want a meaningful relationship with their wife. They want to care for you on every level, so let them. And then return the favor.

For more information about Hope After Divorce, click [here](#).

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Billy Ray Cyrus Calls Off Divorce From Wife Tish



In a shocking announcement last week, Billy Ray Cyrus told the ladies of *The View* that he had decided to drop the much-publicized divorce between himself and wife, Tish. The 17-year marriage that spawned teen sensation Miley Cyrus was in danger of dissolving last year when the Cyruses filed for divorce, citing “irreconcilable differences.” After seeing how much the divorce was hurting the family, Billy Ray decided to call it off, reports [RadarOnline](#). “I dropped the divorce. I wanted to put my family back together,” he says. He also cited communication as one of the their biggest problems, and added, “I think for the first time me and my entire family are finally communicating with each other.”

What are some ways to work on your rocky relationship?

Cupid's Advice:

If you and your mate are headed toward a breakup, it's not too late to try to save the relationship. Cupid has some ideas on how to work on a troubled relationship:

1. Make the grand gesture: When you or your partner just can't get what you want from the other person, it's time to make the grand gesture. For example, if your mate thinks you're afraid of commitment, maybe it's time to ask him to move in.

2. Communicate: Lack of communication is one of the most common reasons for a breakup. Make sure you are both comfortable sharing your thoughts and feelings with each other.

3. Do little things: Sure, the big things are important, but a little goes a long way. Try doing small things like cooking dinner or buying your mate flowers. They'll appreciate it more than you know.

Billy Ray Cyrus Refuses to Discuss Split from Miley Cyrus' Mom, Tish





Billy Ray Cyrus

won't talk about his "Achy Breaky Heart." During a radio interview on *Woody and the Wake-Up Call*, Billy Ray Cyrus walked out when Woody Johnson brought up the singer's pending divorce from Tish Cyrus. When asked about the split, Billy Ray Cyrus said, "Oh man. You know what bud? Woody Johnson. Woody Johnson. God bless America, God bless our troops. Woody Johnson, look at you." The couple, parents of actress/singer Miley Cyrus, filed divorce papers on October 26, and rumors have been flying about Tish Cyrus' alleged affair with rocker Bret Michaels.

How do you avoid talking about intimate relationship details?

Cupid's Advice:

While some couples may be loud and proud, you shouldn't broadcast every aspect of your relationship. Cupid has some tips on how to keep the intimacy in your relationship:

- 1. Prioritize:** If you feel the need to dish about your relationship problems to a friend, pick the most important issue and confide in only one friend. Complaining about too many problems to too many people will bring on a bad reputation.

2. Think before you speak: If you talk about a problem with a friend, it may do more harm than good. Consider how your words will affect your partner and your relationship before you open your mouth.

3. Be optimistic: Bottling up feelings isn't healthy, but try to keep things in perspective by staying positive about minor spats.

Miley Cyrus' Mom Tish Had Affair with Bret Michaels



Could the reason for the split between Miley Cyrus' parents be due to her mom, Tish, having an affair with rocker Bret Michaels? [US Weekly](#)'s source seems to think so. The 17 year marriage between Tish and Billy Ray Cyrus is coming to an end as Billy Ray filed for

divorce on October 27. Michaels was introduced to the Cyrus family back in February when he and teen sensation Miley Cyrus released the duet "Nothing to Lose." Since then, Tish was spotted at Michaels' February 28 show in Los Angeles.

Although reps for both Tish and Michaels deny that there is nothing more than a professional relationship between the two,

Billy Ray is seeking joint custody for his three minor children he has with his soon-to-be ex-wife.

How do you handle the news of a parent's affair?

Cupid's Advice:

Dealing with the possibility that one of your parents is having an affair is a devastating blow, no matter your age.

Cupid has some advice on how to handle it:

1. Sibling support: If you have any brothers or sisters you can turn to, they would be your best bet for support.

Families get torn apart and turned against each other when everyone begins to take sides on who's right and who's wrong.

Even if you have friends who were in a similar situation, your siblings are the only ones who know exactly what you're going through. Lean on them.

2. Know the facts: Sit your parents down together and ask for the truth. They owe it to you as their child to tell you what's going on. You'll start to hear lots of different takes on the situation from family friends and family members themselves trying to persuade you to take one side over the other. Knowing the truth will help you disregard other rumors and come to your own conclusion.

3. Find an outlet: Whether it's finding a counselor or channeling your emotions through another hobby, you'll need a release from your family situation. It's normal to feel a slew of emotions, including anger toward one or both parents. Rather than taking it out by saying or doing something you

may later regret, placing that energy into a hobby will help you take your mind off of things in a healthy way.