

Dating Advice Video: Signs of an Unhealthy Relationship



By [Rachel Sparks](#)

In this week's [dating advice video](#), Single in Stilettos founder and relationship expert [Suzanne Oshima](#) talks with [relationship author](#) Tinzley Bradford about three signs of an unhealthy relationship. Don't miss their expert relationship advice in the video above!

Dating Advice Video for Three Signs of an Unhealthy Relationship

1. Physical or verbal abuse: "Being condescending all of the time is an example of verbal abuse, which is a sign of an

unhealthy relationship,” Bradford says in this dating advice video. While abuse seems like an obvious sign of an unhealthy relationship, actually deciding to leave is hard. Don’t let the fear of financial and total independence keep you in a bad relationship. Oshima adds, “You might be scared of being alone, but really, you’re already alone in an abusive relationship.”

Related Link: [Dating Advice Video: Signs He’s Settling for You](#)

2. He’s not emotionally available: If your partner ignores emotional conversations for video games, you’re in a relationship with someone not emotionally present. “If he cannot hold a decent and healthy conversation about your feelings, then he cannot create a healthy relationship,” Bradford advises. Your feelings and perceptions have value and in a true partnership, your partner should be happy to listen to your feelings. If they are constantly brushed aside, it’s a sign he isn’t invested in your total well-being.

Related Link: [Dating Advice Video: The Questions You Should Be Asking Him](#)

3. Constant arguing: Nobody wants to argue all of the time, but sometimes we find ourselves in relationships that are threaded with tension. “Arguing all of the time is not cute and it will slowly kill your spirit,” Bradford says. It’s not welcoming or loving to argue everyday about why someone is late, why they’re wearing what they’re wearing, or why something didn’t get done. Whether you’re throwing insulting jabs at your partner or you’re the one constantly under fire, it’s not a supportive and healthy environment to be in.

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Dating Advice Video: Signs He's Settling for You



By [Rachel Sparks](#)

In this week's [dating advice video](#), [Single in Stilettos](#) founder and relationship expert [Suzanne Oshima](#) talks to [relationship author](#) Tinzley Bradford about how to tell if a man is settling for you. Here, Bradford shares three signs that you're with the wrong man. Don't miss their expert relationship advice in the video above!

Relationship Author Reveals the

Signs for When a Man Settles for You in This Dating Advice Video

1. He's not doing the things he loves: We girls like a girls' night out, right? So do our men! "If your man finds himself not doing the things he used to love doing with the people that matter to him, like his best friends, then he's settled," the relationship author shares. Often, it's a sign that he's giving things up to make you feel secure. "If a man loves you, he won't cheat on you," she adds. Don't be nervous about a guys' night out, and show him you love him back with your trust.

Related Link: [Dating Advice Video: The Questions You Should Be Asking Him](#)

2. It's convenient for him: "Is he choosing you because of the stuff you can do for him?" Bradford asks in this dating advice video. If you're stable and he's not, then it's convenient for him, and it's a sign he's settling. If you have a car, a house, or money and these are things he needs, he'll settle for the convenience. Watch out! He'll move on when he finally gets the resources himself or finds someone with more than you have.

Related Link: [Dating Advice: How to Fall in Love with Dating](#)

3. He likes a certain kind of woman: If he says something like, "I don't usually date women with X, but I like that you have Y," be careful! A man who "compliments you and criticizes you in the same sentence" is settling for the things he likes about you – but that doesn't mean you are the total package for him. He may be hoping that you change for him, or he may be settling for you until someone better comes along. This can be emotionally abusive. Don't change for someone, especially someone who is settling for you!

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Dating Advice Video: Stop Settling for Men Who Don't Deserve You!



By [Whitney Johnson](#)

On this week's *Single in Stilettos* [dating advice video](#), founder and relationship expert Suzanne Oshima talks to [relationship author](#) Tinzley Bradford about how to stop

settling for men who don't deserve you. Here, Bradford shares three signs that you're with the wrong man.

Relationship Author Reveals How to Stop Settling in Dating Advice Video

1. You're unhappy: "If you're constantly unhappy with how you're being treated, you're settling," Bradford shares. "Love and a healthy relationship does not create confusion or make you feel unhappy, unstable, or even uncertain." You should be in a relationship with someone who brings out the best in you and makes you feel good about yourself.

Related Link: [Dating Advice Video: The Questions You Should Be Asking Him](#)

2. Your relationship isn't reciprocal: "It takes two to tango, baby!" Bradford exclaims. If you're always giving but never getting enough back, you're settling. You deserve a man who loves you just as much as you love him. "He's got to be doing his part in your relationship," the relationship author adds.

Related Link: [Dating Advice: How to Fall in Love with Dating](#)

3. You feel guilty for being you: "If you're in a relationship with a guy who's competing against you, belittling your dreams, and not being excited about your success, you don't need to be with that person" she shares. You should never be with someone who makes you feel guilty for wanting to shine.

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Dating Advice: How to Fall In Love with Dating



By [Whitney Johnson](#)

On this week's [Single in Stilettos dating advice video](#), founder and relationship expert Suzanne Oshima talks to relationship author Tinzley Bradford about how to fall in love with dating. Here, Bradford shares three pieces of [dating advice](#) to help you go into dating with a positive attitude so that you actually enjoy it.

Relationship Author Gives Dating

Advice

1. Fall in love with yourself first: “A lot of times, we go into a relationship thinking that we’re ready,” Bradford says. “In order for you to be healthy and find excitement and joy in dating again, you must first find excitement and joy in yourself.” Once you’re in a good place both physically and mentally, a man will be able to instantly see that you’re the total package and gravitate towards your energy. Oshima adds, “Be the best version of yourself.”

Related Link: [Dating Advice Video: The Questions You Should Be Asking Him](#)

2. Give it a shot: You can’t fall in love with dating if you don’t try! Every date in your past wasn’t a horror story, right? “Think of the ones that were good,” the relationship author explains. “Pay attention to the signs in the early stages of a relationship.” Don’t let previous romantic failures keep you from truly giving dating a shot. “Do what you need to do to get out there,” Oshima says of this dating advice.

Related Link: [Relationship Advice: Signs You’re Settling for the Wrong Man](#)

3. You have to trust the process: If you have trust issues, dating will be hard. “Trust, trust, trust that starting fresh will make you feel good,” Bradford shares. Remember that all men aren’t dogs – trust that the next one you meet will be worth your time.

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Dating Advice Video: The Questions You Should Be Asking Him



By [Whitney Johnson](#)

On this week's [Single in Stilettos dating advice video](#), founder and relationship expert Suzanne Oshima talks to relationship author Tinzley Bradford to discuss the questions you should be asking him and offer their best [relationship advice](#). Here, Bradford shares the top three questions that women should ask on early dates to weed out the men who aren't worth their time.

Relationship Author Gives Dating Advice

1. Are you looking for a long-term relationship? “That is a question that you have to ask,” Bradford says. There’s no use in wasting your time with someone who tells you up front that they just want to have some fun or date casually. If you know you’re looking for something long-term, then you should be dating someone who’s looking for the same thing. Unfortunately, a lot of men get scared by this question, so it’s helpful to start with a disclosure statement: “I don’t want to scare you or make you think I’m jumping too far ahead, but I’d love to know if you’re looking for a long-term relationship.”

Related Link: [Dating Advice Video: 5 Biggest Turn-Ons for a Man](#)

2. Why are you interested in me? This question, which you should ask after several dates, will help you figure out if he’s interested in the way you look or if he’s *truly* interested in who you are. For it to last, it has to be more than just your physical attributes.

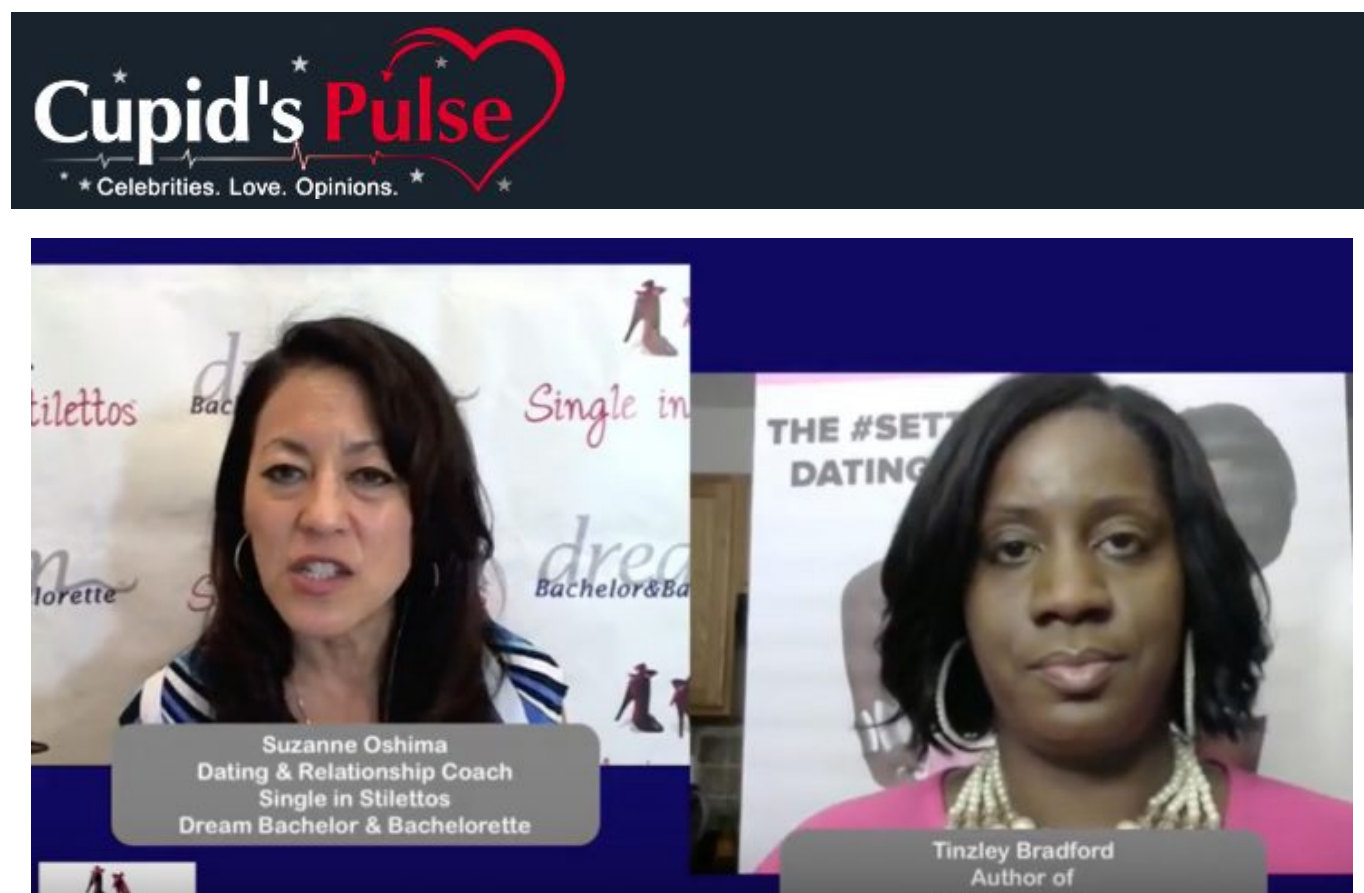
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3. Are you single? You have to know! “Don’t wait for him to say, ‘Oh, I thought you knew when you saw the ring,’” the relationship author shares. “If he’s asking you questions that lead you to believe you won’t be exclusive with him, I’d be very skeptical.” Oshima adds, “I think women would actually be surprised at how many men are married or in a relationship already.”

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Dating Advice Video: 5 Biggest Turn-Ons for a Man



By [Whitney Johnson](#)

On this week's [Single in Stilettos dating advice video](#), founder and relationship expert Suzanne Oshima talks to relationship author Tinzley Bradford to discuss the five biggest turn-ons for men and offer their best [relationship advice](#). Bradford shares five tips for how to attract men and reveals once and for all what turns a man on.

Relationship Author Gives Dating Advice

1. Be confident: No one will be surprised by this piece of dating advice: If you know your worth and are proud of who you are, men will notice you. They'll be drawn to your positive energy. "I always say, confidence is so sexy in a man or a woman," Oshima adds.

Related Link: [Dating Advice Video: How to Tell Him You're Not Ready to Have Sex](#)

2. Be independent: Some men may be intimidated by this quality, but the right man will be attracted to you *because* of it. "I think a man just loves a woman who has her own," Bradford says. You don't want to run someone away with your independence, but it's important that you have your own life and own your own car, home, business – whatever matters to you.

3. Make an effort to look beautiful: "Men are always turned on by a woman who dresses good, smells good, and keeps herself looking good!" enthuses Bradford. Of course, you have days where you just don't have the energy to make an effort with your appearance, but don't get into a rut of wearing sweatpants and throwing your hair into a messy bun. Building off of the first two pieces of dating advice, there's nothing more attractive than a woman who takes care of herself.

4. Be smart and witty: Bring some fresh ideas to the table! Wow a man with your knowledge and what you bring to the relationship. "He looks at it as an added bonus: Not only is she beautiful, confident, has her own, but she's smart, and she's bringing something new to the relationship," Bradford explains.

Related Link: [Relationship Advice: Signs You're Settling for](#)

[the Wrong Man](#)

5. Be polite: It's simple: Men like a friendly, approachable woman. Don't scare someone away with a bad attitude! Instead, stand out in the crowd by being vibrant, positive, and polite. "Always say thank you!" Oshima adds. "When a man takes you out, say thank you. A lot of people forget those two little words."

And a bonus tip: **Give compliments.**

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Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer her [dating advice](#) for those questioning whether they should be happy with themselves before meeting a man. Follow these dating tips to help find a happiness that isn't dependent on a man.

Dating Advice On Being Happy Before Settling Down

1. Take time for yourself. You need to find someone that complements you rather than completes you. Focusing on what makes you happy will make you feel fulfilled and help attract someone who admires your happiness.

Related Link: [Dating Advice: 3 Tips to Turn Around Your Dating](#)

2. No settling. Don't settle for less than you deserve. If you're complacent with a mate that isn't right for you, there is no way you can be happy later on. Also, if you aren't happy with yourself, you will end up resenting the man you're with because you aren't satisfied with where you're at in life.

Related Link: [Relationship Advice: How to Find Real Love](#)

3. Find balance. You must be present in your relationship. Men seek out attention the same way women do. So if you're pursuing your dreams or career, make sure to follow this dating advice and take time away from work to be with your significant other.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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Expert Dating Advice: Signs That He's Not Interested in You





On this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to dating expert Tinzley Bradford about signs that he's not interested in you. Don't miss their expert [dating advice](#)!

Is He Interested in You? Use This Dating Advice to Find Out

Here are three signs that he's just not into you:

1. He doesn't call, text, or hang out with you: It's simple: He'll pursue you if he likes you. "If you're dating a man and he's interested in you, you don't have to keep begging him," Bradford says. Oshima also encourages you to be wary of guys who disappear after a night together; they're just using you as a "filler."

Related Link: [Expert Dating Advice: How to Be a Smarter Dater](#)

2. He uses a dry, dull tone: There's no engagement when you're talking. He may even be short with you. "There's going to be laughter... There's going to be fun times," the dating expert says of someone who's interested in you. And if he's on his phone while you're together? That's another red flag!

Related Link: [Relationship Advice on Finding True Love](#)

3. You haven't met his family or friends: Be careful if the relationship is one-sided. "You don't know anything about him...because he hasn't told you anything about him," Bradford explains. If he likes you, he'll bring you into his world.

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How do you know if he's interested in you? Tell us in the comments below!

Expert Dating Advice: How to Be a Smarter Dater





On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to dating expert and relationship author Tinzley Bradford about how to be a smarter dater. "I do what I do because I love to help women be better!" Bradford, writer of *The Settle-Free Dating Method for Women*, exclaims.

Relationship Author Helps You Find the Right Man

Here are Bradford's three best pieces of expert [dating advice](#) to help you be a smarter dater:

1. Be observant: "I'm a strong believer in watching what people do versus what they say," the dating expert reveals. If he says he's going to call you at a certain time but never does, that's something important for you to note. Always keep his actions in mind.

Related Link: [Expert Dating Advice About Why You Shouldn't Give Up on Finding the Right Man](#)

2. Be aware of who you're dating: If you already see some not-so-great sides of your partner, it may be time to move on. For

instance, if you want a serious relationship and love, but he just wants to “Netflix and chill,” be smart and *listen* to what he says. “Ladies, you can’t change a man’s mind,” Oshima explains.

Related Link: [Relationship Advice About True Love](#)

3. Don’t overstress: You don’t have to go on a date every night or even every weekend. Don’t put too much pressure on yourself. “Date yourself sometimes,” Bradford shares of this piece of expert dating advice. “Take time for *you*. A little downtime never hurts.”

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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What’s your best piece of love advice for being a smarter dater? Share with us in the comments below!

Relationship Advice On Finding True Love





On this week's Single in Stilettos [relationship advice](#) video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford reveal how to find relationships and love that will last a lifetime!

Dating Experts Give Relationship Advice On Finding True Love

Check out the video above for the best relationship advice on how to find true love.

1. Be with someone who wants to be with you. The person you're dating should be able to tell you, without hesitating, that they're looking for the same things you are. The relationship experts revealed their dating advice that you need to watch out for the man who will pursue you one week and disappear the next.

Related Link: [Relationship Advice: How To Get A Ring On The Finger!](#)

2. Be a lovable person. Even though you may have had bad experiences in the past, don't be critical or downgrading of the man you're dating currently. That negatively isn't good

for either of you!

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

3. Be patient. Don't let the fact that you're single consume you. Hang out with friends and family and do things to keep you occupied. Just enjoy life as you are, have fun, do something different, and flirt. The worst thing you can do is stress over being single.

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What are your tips for finding true love? Tell us in the comments below!

Relationship Advice: How To Get A Ring On THAT Finger!





On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford talk about how long you should wait before you get engaged.

Dating Experts Give Relationship Advice On When To Tie The Knot

Have you been in a relationship and love for a few years and he still hasn't proposed? It seems like we've all been there, but don't fret because the experts have this [relationship advice](#): It's okay to ask him and talk to him about it! If you've been together for 2-4 years, then it's time to have a talk. Don't waste your time when you're dating, because if he likes you, he should put a ring on it.

Related Link: [Dating Experts Reveal 5 Things You Need To Know About Men](#)

You also want to make sure you never give a man an ultimatum and you value what he wants. Marriage is about compromise and it's about both of you, so you need to have a discussion about it. Learn about where both of you are regarding the idea of marriage, whether you're comfortable financially or even at

your career. You never want to force someone into marriage. Listen to this relationship advice, because if he's dodging the talk, that could be a red flag that maybe he isn't ready for marriage.

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How long should you wait before getting engaged? Tell us in the comments below!

Relationship Advice On Dating Your Ex





In this week's [relationship advice video](#) from [Single in Stilettos](#), matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about dating your ex.

Expert Dating Advice: Should You Date Your Ex?

Make sure you listen to this expert dating advice and ask these three questions before you decide whether or not to go back to your old partner:

1. Do you harbor any resentments? If the issues aren't resolved, then don't go back to your old flame! Here's some relationship advice: You have to go in with a clean slate, if you've made the decision to go backwards, instead of forwards.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

2. What caused the break up? You need to assess what went wrong and what arguments were had. Make sure you know what you're willing to deal with.

Related Link: [Relationship Advice Video: 5 Things That Belong](#)

[On Your Must-Have List](#)

3. Is it worth the effort? You need to make sure the circumstances have changed, so you'll nurture a healthier relationship and love.

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Would you get back together with your ex? Tell us in the comments below!

Love Advice for Women: He's Definitely Interested...But He's Not Pursuing Me!





In this week's [relationship advice video](#) from [Single in Stilettos](#), matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about what to do when a guy is definitely interested but isn't pursuing you.

Dating Experts Share Love Advice For Women

Has a guy ever gone out with you and acted into you but then pulled back suddenly and temporarily? If so, don't worry! It happens to women all of the time, and we have some love advice for you. Relationship experts agree that he may be too shy or scared to evolve the relationship and love. While you don't want to come across as demanding or sassy, you can still ask him what's going on in a cute way, like by sending him a text that says you miss him. If you're vulnerable with him, hopefully, he'll be vulnerable with you too.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

However, if this game continues over a long period of time, follow this love advice and just say, "Next!" Your time is

valuable, and so are you. Know your self worth, and don't become that desperate, nagging woman. Dating should have a push-pull dynamic with *both* parties initiating conversation and dates. If you're trying to develop the relationship and he doesn't respond, then you're wasting your time and his. You'll need to pull back and kindly stop initiating anything.

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**What would you do if he was interested but not pursuing you?
Tell us in the comments below!**