

# Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work



By Katie Sotack

Celebrity parent Mindy Kaling has opened up about life as a busy career woman and single parent. After giving birth to her daughter, Katherine in December 2017, Kaling hasn't felt the need to slow down, according to *EOnline.com*. She is currently working on a TV show for Netflix and a movie for Hulu while promoting *Late Night*, a film she wrote and in which she acted. Though she's loving working hard now, Kaling says she'll eventually have to slow down when Katherine's older as there's no father to pick up the slack.

**This celebrity parent is juggling single parenting and a busy career. What are some ways to juggle parenting and work?**

## **Cupid's Advice:**

It's hard enough being a parent, and it's even harder having both a job and child(ren). Cupid has some tips on how to juggle the two:

**1. Know what's important, and show up:** Have your priorities in order. If it's your child's second birthday, tonight is the night to miss the office networking at the Chili's downtown.

**Related Link:** [Celebrity Parents: Exes Drew Barrymore & Will](#)

## [Kopelman Reunite for Daughter's Graduation](#)

**2. Keep organized:** List out what you need to do today and in what order. This will keep you on track and have the added bonus of feeling accomplished when you cross off what you've done!

**Related Link:** [Celebrity Parents: Duchess Meghan Plans to Take Baby Archie to NYC Over the Summer](#)

**3. Sneak in some me time:** Whether it's an hour at the gym or a glass of wine after the kids are in bed, find time for yourself. You can't fill up your kid's cup or career's cup with an empty pitcher.

**How do you manage your time as a parent and employee? Share your comments below.**

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# Mindy Kaling Admits 'Office' Costar B.J. Novak Was a 'Great Love'



 By Amanda Boyer

On *The Howard Stern Show* on Monday, Sept. 15, *The Office* alum, Mindy Kaling, opened up about her relationship with her former costar, B.J. Novak, off the show. According to [UsMagazine.com](#), Kaling called Novak a "great love who got away." She also said, "He's a good friend of mine, yeah. He's my best friend. He broke up with me."

## What are some ways to get a past love back?

### Cupid's Advice:

Wanting to try things over again with your ex? Cupid has some tips:

**1. Have conversation:** Start talking little by little to build a foundation of friendship again. Ask them about what they have been up to and how they have been. Show interest in their responses.

**Related:** [Cris Judd Opens Up About Marriage to Jennifer Lopez](#)

**2. Be bold:** Instead of asking if they want to go get coffee after work, send a text saying, "We should get coffee!" You are showing assertiveness and an active effort to hang out, and they are more likely to say "yes."

**Related:** [Gavin DeGraw Says Breakup Songs Paid for His College Loans](#)

**3. Tell the truth:** Once you have the base of a friendship, be honest about how you feel and where you want this friendship to go.

Have any other way to get your past love back? Share below!

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## 'The Office' Star Jenna Fischer Is Expecting



 When *The Office's* Jenna Fischer became an aunt, she said,

“I already wanted kids, but even more so now.” Well, it looks like that wish is coming true. Fischer and husband Lee Kirk are expecting their first child, according to [People](#). The cute couple were engaged in 2009 while vacationing in Europe and tied the knot last July with *Survivor*’s Jeff Probst officiating the ceremony. Now Fischer can follow in her TV character Pam’s footsteps and become a mother to her own child!

**What are some ways to prepare your relationship for a baby?**

**Cupid’s Advice:**

There’s no doubt that your relationship will change when you have a child. In order to avoid a negative impact, Cupid has some ways to prepare your relationship pre-baby:

- 1. Plan:** Avoid being surprised by child-related obstacles as much as possible by doing the research you need to do before the baby is born. Make Daddy read the Daddy chapters in *What to Expect While Expecting*.
- 2. Strengthen your bond:** Spend as much romantic and quality time together as possible pre-birth. Make sure your relationship is as strong as it can possibly be before your lives are changed forever.
- 3. Discuss expectations:** Make sure that you both view raising a child in the same way. Determine what morals and values you plan on instilling so that you don’t find out when it counts and fight about it.

**What did you do to prepare your relationship before you had a child? Share your experience below.**