

'The Lucky One' is Perfect for Spring Romance



From Nicholas Sparks, the author who wrote *The Notebook* and *Dear John*, comes this romantic tale starring heartthrob Zac Efron. The *High School Musical* star plays Logan, an Iraq war veteran who claims to have survived for one reason, a picture he found a girl he does not know. After the war, he goes to find his savior. It turns out her name is Beth, and Logan ends up working at her family's kennel. Romance develops between the two and could lead to true love. *The Lucky One* looks to be a perfect spring romance film.

Should You See It? If you need a romance fix or just feeling having a good time at the movies then absolutely. This film should be a fun romance flick to get away from reality for a few hours.

Who To Take: This is a great one to take your mom to. It should a be a fun bonding experience, but you could also take

your friends. Unless your significant other is a big romance fan, this is a date movie that might bore them.

Do you have trust issues? Here are some tips on how to be more trustworthy so that love can enter your life more freely.

In *The Lucky One*, Beth does not immediately trust Logan when he shows up on her doorstep. But the story develops in a way that she learns to trust him. This reflects how a lot of people live their lives, except they fail to let their guard down for someone who could be very special. Here are some tips on how not to do that.

1. Don't judge them right away. There is a lot under the surface of a person, but sometimes when we first see someone all we perceive is the surface. Try to be open minded and give them a legitimate person if they had the courage to personally seek you out.

2. Listen to your friends. Sometimes our friends have better insights into our own lives than we do. If they think someone is right for you then perhaps you should give it a try.

3. Trust yourself. Do you keep making excuses for why it wouldn't work? That usually means you are scared. Let them in and give this thing a shot. You never know until you at least try. If any part of you wants to try it, then it is worth it.

Have you gotten over trust issues before? Share your experiences below!