

Has Vanessa Hudgens Moved On?



High School Musical

star Vanessa Hudgens is all grown up and has a new man. According to [People](#), the brunette beauty has been seen at Hollywood awards shows and premieres with Josh Hutcherson from the Oscar Award Winning film, *The Kids are Alright*. This new development came just a few weeks Vanessa Hudgens' ex, Zac Efron, was seen heating it up with actress, Teresa Palmer.

How long do you wait before moving on after a split?

Cupid's Advice:

Mourning is important after a breakup, but try to keep it to a minimum. Life is short. Don't waste it being sad over someone who probably wasn't worth it in the first place:

- 1. Instant gratification:** If you are one of those rare people who can get over a breakup immediately, the more power to you.
- 2. Waiting too long is unhealthy:** If a month has gone by and

you still haven't gotten over your ex, you may want to consider seeking professional help.

3. Give it a week: If you need to give yourself a week to get yourself together, go for it. However, when your time is up, there are no extensions.

'The Kids Are All Right,' Starring Annette Bening, Julianne Moore & Mark Ruffalo



If you like to watch movies with unusual plots on love, then *The Kids Are All Right* should pique your interest. In the favorite at the Sundance Film Festival last January, sperm donor Nick (Mark Ruffalo) aids Jules and Nic (Julianne Moore

and Annette Bening, respectively) in having two children via artificial insemination. When the children are teenagers, they become interested in learning about their birth father, and decide to bring him into their family mix, turning everyone's world upside down. Jules – who is dedicated to her life partner – even ends up falling in love with man who helped create her children. This movie is a comedic look at a not-so-ordinary home, and shows how you can find love in unexpected places.

Cupid's Advice:

This film has unusual plot twists that raise the flag of 'what if,' while including the growing trend of same sex parents. Here are three ways to help maintain a strong family connection when conflict arises in any family situation:

- 1. Maintain a line of communication:** You often hear this when struggling with conflict in the home. Talking through disagreements and problems will go further in resolving them than simply ignoring the issues.
- 2. Open the door for suggestions:** When you are up front with your partner and your kids with issues that could cause stress within the family dynamic, you can work together instead of against each other to come to a resolution that works for all.
- 3. Think of what the future holds:** Whatever is causing turmoil now will eventually fade into the past. Working through it is the hardest part, but perseverance is the key to success in any arrangement.

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