

# Celebrity Divorce: Audrina Patridge Files for Divorce from Corey Bohan



By [Ashleigh Underwood](#)

Sadly, another [celebrity divorce](#) is in the center of this week's [celebrity news](#). Audrina Patridge has filed for divorce from Corey Bohan after 10 months of marriage. While the couple wishes to keep their privacy at the moment, [UsMagazine.com](#) has learned that the relationship has been troublesome from the beginning. Even though they wanted to make it work for their infant daughter, Patridge and Bohan have already taken steps toward separating and are living apart.

# **This celebrity divorce seems to have come out of nowhere. What are some ways to know you've done everything you can to save your relationship?**

## **Cupid's Advice:**

When you love someone, you want to do everything you can to make the relationship work. However, sometimes you have done all you can and still nothing seems to go right. Here are a few ways to know that it's time to move on:

**1. You have tried:** The only way to save a relationship is to put in the work. You have to make an effort to change the dynamic between you and your partner and make serious changes. If you feel that you have put time and energy into the relationship and nothing has changed, it may be time to move on.

**Related Link:** [Audrina Patridge Says Cameras Are Off and Love Life Is On](#)

**2. Therapy has come and gone:** Sometimes you need a third party to work out your relationship woes. If you've tried therapy or counseling and it hasn't worked for you, it's safe to say there's probably no fixing what you have, and it's time to move on.

**Related Link:** [Audrina Patridge Says A Guy Must Have "Loyalty, Integrity and Respect" To Get Her Attention](#)

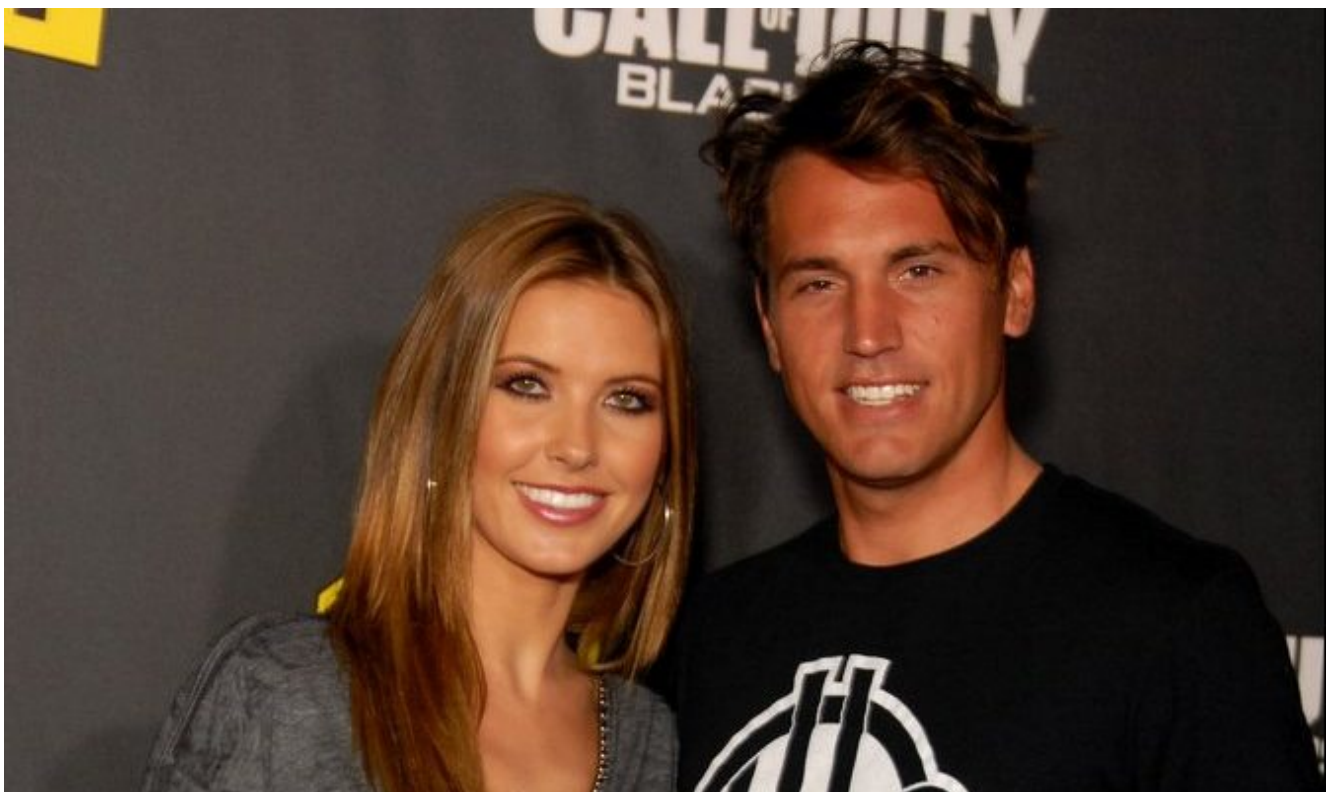
**3. The love just isn't there:** You may get along okay as roommates, but the love you once had for each other is no longer there ... and you can't get it back. The fact is, sometimes people just fall out of love, and there's not much

you can do about it. If that's the case for you, it's time for an amicable split and to move on with your life.

What are some other ways to know it's time to move on? Share your thoughts below.

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## Lauren Conrad Said She's Not Rushing to Have Celebrity Babies



By [Jessica DeRubbo](#)

This newlywed celebrity couple aren't planning for [celebrity babies](#) anytime soon! [Lauren Conrad](#) and William Tell celebrated their celebrity marriage in September 2014, and it looks like things are going extremely well. Conrad told [UsMagazine.com](#) that being married to Tell has been "wonderful." She added, "I haven't gotten any big surprises yet. It's been wonderful so far." Regarding having kids, she said, "No one is pushing. We're still in the first year of marriage. We're just enjoying it."

## Not every star is in a hurry to have celebrity babies! What are some reasons to wait to have children?

### Cupid's Advice:

Some people are really in a rush to have kids after they get married, and the more power to them! We aren't all in that frame of mind, though, and there are plenty of reasons to hold off on having kids at first. Cupid has some insight:

**1. Financial security:** Before bringing a child into the world, you want to make sure you can provide for him or her. If you're not where you want to be financially yet, then take some time to build up a foundation. Once you feel secure, consider adding to your family.

**Related Link:** [Former 'Hills' Star Lauren Conrad Is Engaged](#)

**2. Solid relationship foundation:** Sure, your relationship is secure enough to get married, but as they say, the first year of marriage can be tough. Make sure that you've made your marriage work before adding any undue stress to the relationship and love by having a kid. The last thing you want to happen is incessant fighting around your new baby.

**Related Link:** [Lauren Conrad Ties the Knot with William Tell](#)

**3. Have fun:** The most basic reason to wait a while before having children is to take some time for fun! Once you have a child, it's a definite lifestyle change. Where most people find it worth it, that doesn't mean you have to feel bad about waiting to start a family for a little while. Take some time to travel and enjoy your relationship, and have kids when you're ready.

**What are some other reasons to wait to have children? Share your thoughts below.**

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## **Holly Montag and Husband Richie Wilson Share Celebrity Baby News!**





By [Katie Gray](#)

Celebrity pregnancy alert! Former MTV [reality star](#) Holly Montag and husband Richie Wilson are expecting their first child together. That means her famous sister Heidi is going to be an aunt! Montag and Wilson married in September 2014. According to [UsMagazine.com](#), she described her celebrity wedding day, saying, “It could not have been more intimate and elegant. Being surrounded by the mountains as the trees are just beginning to turn for fall was absolutely dreamy. It could not have been more magical or perfect for Richie and me.”

**After hearing this celebrity couple’s baby news, what are three ways that you can support your partner through pregnancy?**

**Cupid’s Advice:**

Pregnancy isn't all about the "glowing." There are trials and tribulations to overcome during those nine months, and it's important to support your partner along the way:

**1. Listen:** The most important thing you can do for your relationship and your love life is to pay attention to your partner's needs while she is pregnant. Let her tell you everything she's feeling, experiencing, and thinking about. Sometimes, she may get very emotional and need to vent. Other times, she may just want to share with you that the baby is kicking. Help her remain relaxed and happy.

**Related Link:** [Kourtney Kardashian Welcomes Third Child](#)

**2. Encourage healthy choices:** During pregnancy, it's important to be at your healthiest. Do the heavy lifting for your partner. Take over their tasks that involve toxic ingredients like cleaning with certain products. Make her healthy meals and snacks, and exercise together. You can work on becoming healthier as a team, which will make it more fun!

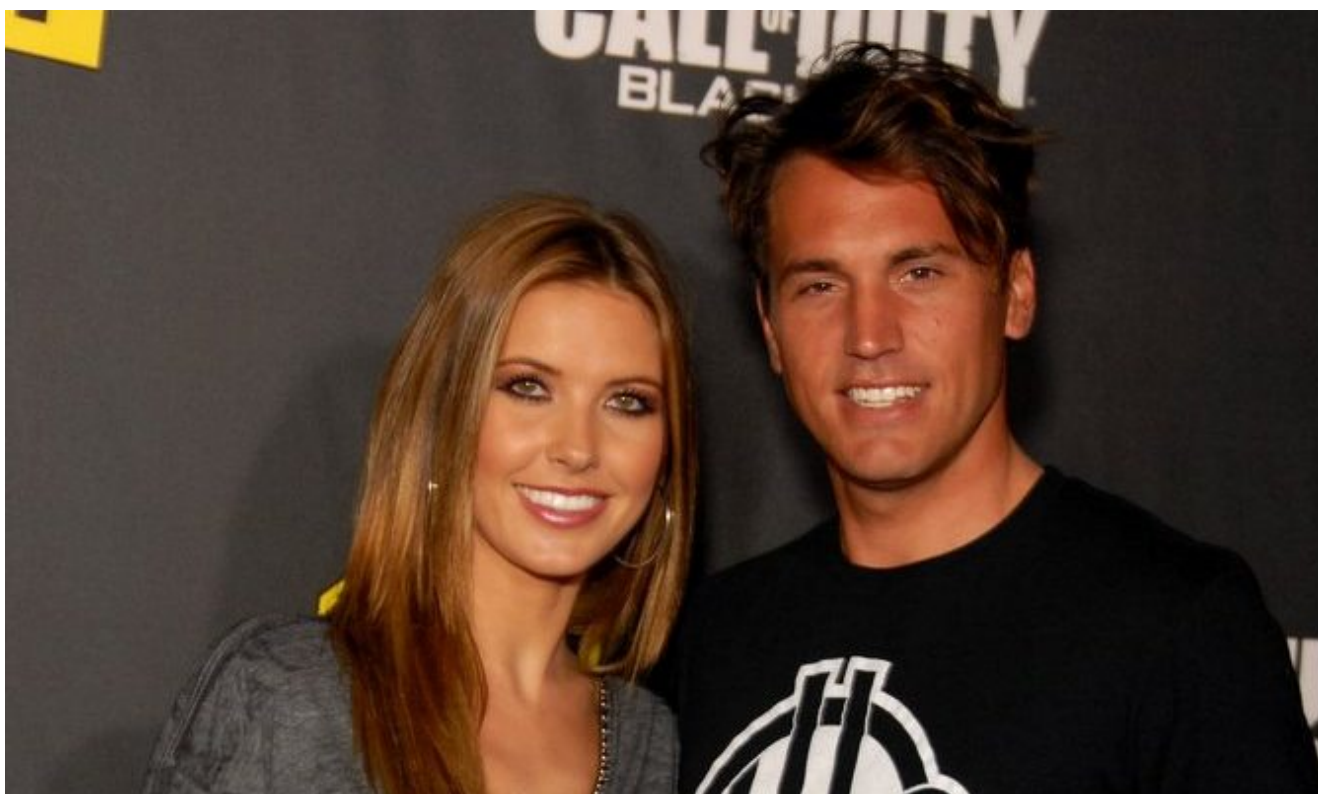
**Related Link:** [3 Ways To Support Your Anxious Partner](#)

**3. Connect:** It's crucial during these stages to connect more than ever. Remember how much you love each other and how loyal you are to one another. Decorate the nursery and pick out baby names together. Engage in activities that you both enjoy. Spend a lot of time together because once the baby comes you will both be extremely busy.

**What are some ways you have shown support to your partner during pregnancy? Share your stories below.**

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# Kristin Cavallari Says Jay Cutler Is a Sexy Dad



By Ann Luther

Kristin Cavallari is a mommy again to her second son, Jax. From the day Cavallari and husband, Jay Cutler, brought their new baby home, Cavallari says that Cutler has been “incredibly hands-on.” Jax, born in May, is now 3-months-old and just starting to smile. Their first son, Camden Jack, is 2-years-old. Cavallari said, “Camden takes a nap at one o’clock, so when Camden’s going down, Jax is just waking up to eat and play, so there’s literally no time.” However, Cavallari is not alone in juggling her two boys. She spoke of her hubby to [UsMagazine.com](http://UsMagazine.com) saying, “it’s so sweet seeing him with Camden and Jax, and there’s nothing sexier than seeing your



husband as a great dad. I couldn't ask for a better partner in this situation." Best of luck to the burgeoning family!

**What are some ways to support your partner in parenthood?**

**Cupid's Advice:**

**1. Be loose with your schedule:** You never know when your partner is going to *need* a break. Be willing to take this diaper change even if it's not "your turn." A few extra moments of peace go a long way, especially with new parents.

**Related:** [Kristin Cavallari Shows Off Baby Bump #2](#)

**2. Make time to be a couple:** To be good parents, you need to have a good relationship with your other half. Happy relationships can die if they're not properly nurtured. So, call a baby-sitter, if only for a couple hours, and have some time for the love that brought your baby into the world.

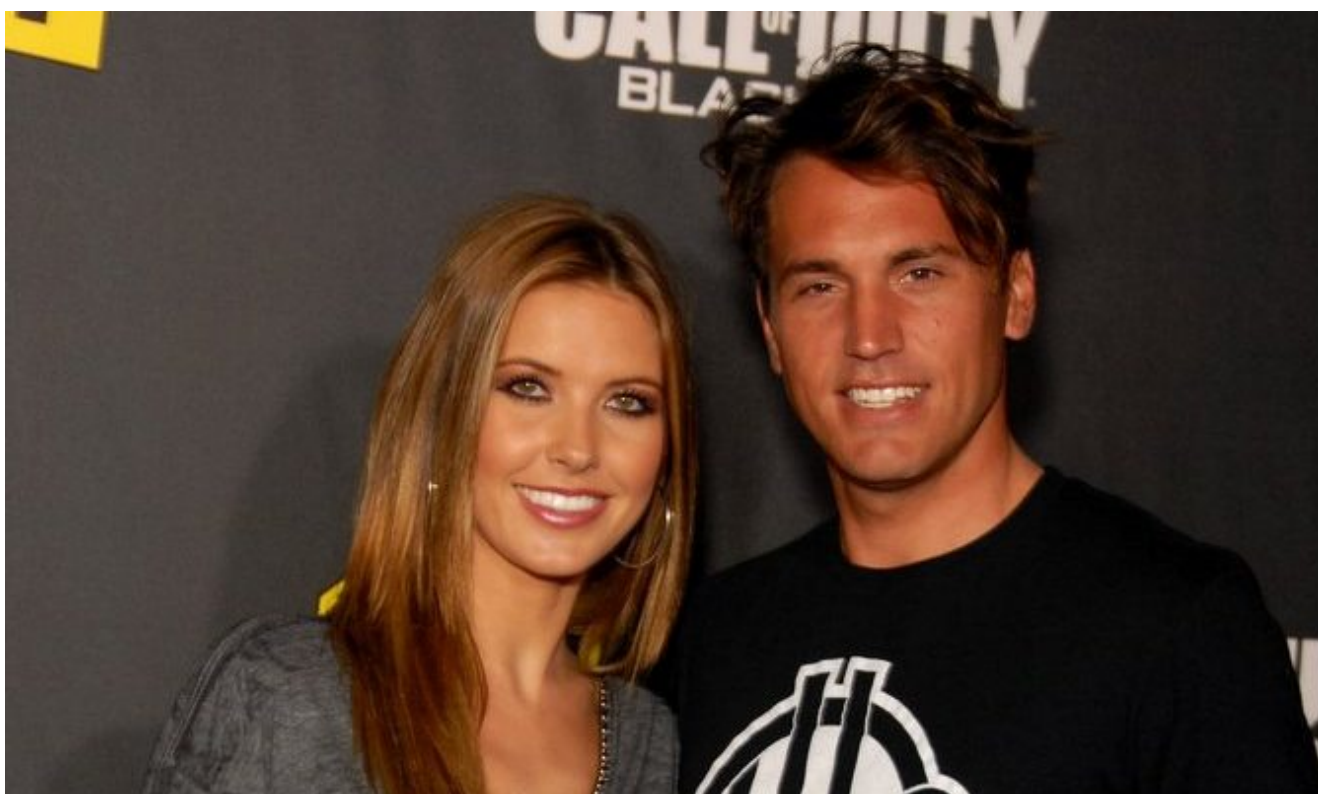
**Related:** [Kristin Cavallari Says Baby Before Marriage 'Worked For Us'](#)

**3. Celebrate each other:** You created a literal miracle together. That's amazing! With each milestone, celebrate your child and don't forget to celebrate the two people who made those milestones possible. It doesn't have to be elaborate: a card or a kiss will do, but it's something to enjoy.

**How do you support your partner in parenthood? Let us know in the comments!**

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# Jay Cutler Says He Never Broke Up With Kristin Cavallari



Kristin Cavallari and Jay Cutler are expecting their first child together, but it seems like there might be more critics than fans. Despite the couple's rocky relationship and rumors of a previous split, Cutler denies the accusations. As a result, the duo have taken matters into their own hands. According to [People](#), Cutler commented on Twitter saying, "Thanks for all the tweets. We couldn't be more excited. We don't usually comment on our relationship, but for the record I never broke up with Kristin. It's unfortunate some people are saying hurtful things during such a joyous moment in our life." Cavallari showed her support by

retweeting his message.

**What do you do if those around you aren't happy about your pregnancy?**

**Cupid's Advice:**

It's *your* pregnancy so don't worry about what everybody else has to say. Cupid has some tips to keep your cool when you're getting to much heat from outsiders:

**1. Be polite:** It can be easy to lash out on people sticking their noses where they don't belong, so instead politely ask them to be respectful of your situation, and if they can't be happy for you, to leave you alone.

**2. Understanding:** If it's someone close to you who's acting negatively, take the time to hear their side. Then let them hear yours, and ask for their understanding and support. Babies typically bring families and friends together in the end.

**3. Keep private:** Leave all the thoughts and decision-making about your pregnancy between you and your partner. Getting other people's perspective and comments in the mix can make things messy and lead to unnecessary arguing.

**What are your suggestions for someone going through this situation? Share your comments below.**

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**Spencer Pratt and Heidi**

# Montag Lock Lips On a Ski Trip



It looks like Speidi is still going strong! Former *Hills* stars Spencer Pratt and Heidi Montag were spotted loading on the PDA on top of a mountain in Mammoth, Calif. The duo were snowboarding and skiing, respectively. But they didn't stop there in the way of winter activities, as they were also spotted sledding and snowmobiling on their affectionate trip, as well. "It was so much fun," Montag told [UsMagazine.com](http://UsMagazine.com). "There is no better way to get in the Christmas spirit than being out in the snow and skiing." The notoriously drama-ridden couple were on school vacation, as Pratt is studying political science at the University of Southern California. "It helped get us in the Christmas mode. It was the best trip ever," added Montag. "This has been the

best year of my life, and I'm very excited to see what 2012 is going to hold."

## How do you make a ski trip romantic?

### Cupid's Advice:

Ski trips can either be an intense sporting event or a relaxing romantic getaway, depending on your mood and actions. Cupid has some way to get the romantic sparks flying:

- 1. Warm up by the fire:** The best part about a couples ski trip is getting cozy by the fire after a long day of weathering the cold. Grab a blanket, and snuggle up next to your partner.
- 2. Hold hands on the way up:** The chair lift ride is a great time to bond with your significant other. Hold hands and partake in the scenery below.
- 3. Share a kiss on top:** Once you make it to the top of the mountain, share a quick smooch before heading back down. Take a look at the rolling hills beyond you, and briefly enjoy the moment together.

How did you make your ski trip more romantic? Share your experiences below.

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# Lauren Conrad Is Caught Kissing Chace Crawford





After Lauren Conrad's recent break up with *Dancing with the Stars* pro Derek Hough, she is newly single and ready to get out there and date. The 25-year-old former *The Hills* reality star and fashion icon isn't wasting any time finding new man. According to [UsMagazine.com](http://UsMagazine.com), Conrad was seen "making out" with *Gossip Girl* star, Chace Crawford on Oct. 29. The two started their night flirting at L.A.'s Voyeur nightclub and met up again at a party at actor Shawn Pyfrom's house. Although their reps deny a hookup, an insider said, "There's always been an attraction between them. Lauren is just enjoying herself. She's not taking anything too seriously!"

### **Is it OK to date around?**

#### **Cupid's Advice:**

When you're young and single, there's no reason to tie yourself down. Cupid has some tips:

**1. Explore your options:** There's a whole sea of men out there and you need to do some fishing around before you reel one in. Dating around is a great way to meet new people and compare

them to past experiences.

**2. Figure out what you like:** The best way to find personalities you're compatible with is to experience different people. After dating around, you gain a keen sense of your preferences for a partner.

**3. Have fun:** Dating can be a great experience. You have opportunities to have a great time or a not-so-great time, and you can learn from those situations. You may find that you don't want to pursue a relationship with some of the people you date, but you might make some great friends and connections along the way.

**Why do you enjoy being single? Share your experiences below.**

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## **New Couple: Lauren Conrad and Derek Hough**





*The Hills* star Lauren Conrad and *Dancing With the Stars* pro Derek Hough have gone public with their romance, reports [UsMagazine.com](http://UsMagazine.com). The duo visited Sayer's Club in LA together on September 29th. "They were very flirty," said an eyewitness. "They were dancing and holding hands!" Conrad, who recently split from long-time beau Kyle Howard, finally appears to be ready for a new love. "Derek has been sweet," said an insider. "They are having fun and seeing where it goes."

**What are some ways to "play it cool" in a new relationship?**

**Cupid's Advice:**

When you're exceptionally excited about a new partner, it's hard not to let too much of your excitement show. Here are a few ways to "play it cool":

- 1. Keep dates simple:** When planning dates, don't put in too much effort. A simple outing to the park or a trip to the nearest ice cream parlor is a great way to casually ease into a more serious relationship.
- 2. Limit your contact:** To keep your cool, try limiting the



contact you have with your new significant other. Don't text or call too frequently. You'll pique their interest by remaining mysterious.

**3. Don't overdo it:** While being too excited about a new relationship can be a turn-off, appearing too disinterested can be just as bad. Make sure your new love interest knows how much you value your new relationship.

**Have you had to play it cool in a relationship? Feel free to leave a comment below.**

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## **Rumor: Lauren Conrad Is Dating 'Teen Wolf' Star Colton Haynes**





Lauren Conrad is known for being on trend and it looks like her love life is no exception. *The Hills* alum is rumored to be dating one of the stars of the hugely popular MTV show, *Teen Wolf*. Conrad, 25, was spotted with actor Colton Haynes, 23, at an L.A. hotspot last week. While there was no official PDA, “They have been good friends for a long time,” a source tells [People](#). Conrad ended a three-year relationship with actor Kyle Howard, 33, in June.

**How do you keep your brand new relationship out of the spotlight?**

### **Cupid’s Advice:**

When you’ve started dating someone new, sometimes you want to keep it under wraps until things get serious. Cupid has some tips on how to make sure your new love affair stays out of the public eye:

**1. Don’t tell:** Keep mum about your new relationship and if a friend finds out, ask them to respect your privacy and keep it on the DL until you’re ready to tell other people.

**2. Plan your dates:** Think about where you two decide to hang out and make sure it's not a place your family or friends go often. At the beginning stages of your relationship, let your love grow in private if you want to stay out of the spotlight.

**3. Ask your mate:** Make sure you and your new boo are on the same page. If you want to keep your relationship secret until it gets serious, check to see if your partner is okay with not telling.

**What are some other ways to keep your relationship private?  
Share your comments below.**

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## **'Hills' Alum Lauren Conrad and Kyle Howard Split**





Reality star Lauren Conrad has officially split from actor Kyle Howard. According to [People](#), unlike the rest of Conrad's former relationships, this Hollywood romance was not highly publicized. Though the former couple have been seen out together since 2008, cameras were usually kept far away from this romance. On Valentine's Day, Conrad gushed about Howard, saying, "I don't think you need a specific day to celebrate your love for someone. I think it can be a Tuesday. It's an everyday thing." It looks like this *Hills* alum is on the prowl again!

**What are the benefits of keeping your relationship private?**

**Cupid's Advice:**

Though having your relationship out in the open is usually the healthiest route, if you're in the public eye or just got out of a serious relationship, keeping a relationship private may be the way to go. Here are some of the benefits:

**1. It keeps the romance alive:** When you don't have to worry about third parties interfering with your relationship, you

can focus more on each other.

**2. Less pressure:** If the relationship doesn't work out, very few people will ask you to talk about the gory details, because they didn't know you were seeing anyone in the first place.

**3. Excitement:** It can be exciting to have a special secret between you and your partner. It keeps things interesting!

**How would you go about keeping your relationship a secret? Share your ideas below.**

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## Kristin Cavallari Talks Wedding Plans With Jay Cutler





Professional party girl and former *Hills* star Kristin Cavallari revealed she will marry fiancé Jay Cutler next spring. She also recently spoke of let loose some exciting wedding details! “I’m trying to decide between a really small, intimate wedding or a huge, blowout party-type wedding,” Cavallari told [People](#). “If I have a big wedding, then yes, some (cast mates) will be invited,” she says. “If I have a small, intimate wedding, it will probably just be family and really close friends.” Cavallari decided on a Monique Lhuillier gown and takes ideas from wedding magazines.

She will meet with planners within the next few weeks. The former reality TV star may or not be customizing her own shoes. She and her NFL quarterback fiancé will wed at home in Chicago, Illinois, since it’s closest to their families.

**How do you explain why you didn’t invite someone to your wedding?**

### **Cupid’s Advice:**

Weddings are expensive, and there isn’t room for everyone. However, people get offended if they don’t make the cut.

Here are ways to nicely and honestly tell someone why you chose not to include them on your big day:

**1. Keep it clear:** Set standards and agree on them. For example, if you agree to include strictly family and close friends, don't invite someone you haven't seen for a really long time. It shouldn't be difficult to explain why you didn't invite someone if they've been a distant presence in your life.

**2. Dates and children:** Not everyone needs a date, and not everyone's kids should be there. Keep it to nieces, nephews and godchildren, but no more than extended family. This will cut the list drastically and avoid stress. You also don't want too many strangers around, so don't allow everyone to bring dates.

**3. Don't bring work home:** It's your wedding, and you deserve a good time. Don't feel pressured to invite every single colleague, especially if you don't have a personal relationship. Stick to the select few to whom you feel close.

How did you explain to people not invited to your wedding why they weren't invited? Comment below.

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## 'Hills' Alum Holly Montag Is Dating Audrina Patridge's Ex Justin Bobby





The ladies of *The Hills* are at it again! According to [UsMagazine.com](http://UsMagazine.com), Holly Montag is enjoying a taste of Audrina Patridge and Kristin Cavallari's sloppy thirds and has decided to attempt a relationship with known bad boy Justin "Bobby." One source close to the couple says, "They're dating and have been for awhile". Maybe the third time's the charm for Justin Bobby ... or maybe not.

### **Is it important to take a person's past into account pre-relationship? Cupid's Advice:**

When entering into a new relationship, many of us try to look at it as a fresh start and let the past be the past. But, is it even possible to change? Cupid has some things to think about when looking into your partner's old flings:

**1. How it ended:** Sometimes things just don't work out, but it's important to look at why they didn't. If your partner and his or her ex ended amicably, then there may not be much to inquire about. But, if there's bad blood, you might consider finding out more details.

**2. Did he learn from it?:** Of course people make mistakes, and



every mistake is a learning experience. One of the important things to look at when asking about a prior relationship that ended badly, is if he exhibits the same behavior that was previously an issue.

**3. Level of commitment:** Did your partner have a few serious relationships, or did he just jump around? Gauging his/her's level of commitment from their previous partner(s) allows you a glimpse at what to expect.

**Did your partner learn from his past mistakes in order to make a fresh start? Share your story below.**

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## **Did Heidi Montag Have a Crush on her Plastic Surgeon?**





Heidi Montag says she's madly in love with her husband, Spencer Pratt, but did she have eyes for someone else? According to [RadarOnline](#), the former *Hills* star may have had a secret crush on her plastic surgeon, Dr. Frank Ryan, who recently died in a car accident. In fact, sources say that the crush bordered on obsession. Montag tried to see Frank as much as possible, going so far as to get ten plastic surgeries in a single day. "I believe she was romantically obsessed with him ... She saw him as a knight in shining armor," says Dr. Ryan's close friend, Dawn DaLuise. However, Montag claims that it was Dr. Ryan who wanted her to be his "barbie doll."

**How can you tell if your partner is obsessive?**

### **Cupid's Advice:**

Though Heidi Montag and Dr. Frank Ryan weren't dating, many relationships can go sour due to an obsessive partner. Cupid has some tips on how to tell if your partner's *too* into you:

**1. He checks in constantly:** There's nothing wrong with the occasional text or phone call when you and your partner are

apart. But if your special someone is constantly bugging you about where you are and who you're with, maybe they shouldn't have your number!

**2. He's overly jealous:** Jealousy is inevitable in any relationship, but if your partner is questioning you about every friend you're texting and wincing when you talk to a member of the opposite sex, he may be confusing love with infatuation.

**3. He shows up uninvited:** It's one thing if your boyfriend graces your workplace to give you flowers on a special occasion and quite another if he's constantly showing up uninvited. You may want to have a serious talk about boundaries.

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## 'Hills' Couple Heidi Montag and Spencer Pratt to Renew Vows





Heidi Montag and Spencer Pratt are making headlines once again. The *Hills* couple are now planning to renew their vows.

"I feel like our first [wedding] was an elopement and we had so many margaritas and it was such a crazy time...and then the second one wasn't our wedding. It was just a *Hills* wedding, and it was for all the people there, and it was about everyone else," said Heidi Montag, according to [Us Weekly](#). The couple's marriage has had its fair share of ups and downs so far, including short-lived divorce proceedings. Heidi Montag explained, saying, " We had just gone through so much crazy stuff personally and through our jobs and everything, so for me this feels like our first real marriage. Like our first restart. We deserve a second chance at our marriage and really having this moment and not being robbed of this."

**What are some creative ways to renew your vows?**

**Cupid's Advice:**

Renewing your vows is a great way to strengthen your marriage. Here a few ways to keep the ceremony intriguing:

**1. Go back to the original venue:** Try going back to the place you were originally married. While it may be easier to revisit a church than a beach in Hawaii, it will be fun to return to a place with so many memories.

**2. Celebrate with new friends:** You and your husband have inevitably made some new friends since your wedding. Invite your new pals as well as the old so that they can add some new life to the occasion!

**3. Incorporate your children:** If you have had children since your wedding, make sure that they can be a part of the ceremony as well. If you haven't been blessed with children yet, bring along your pets. A dog ring bearer is always a crowd pleaser.

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## Avril Lavigne Parties With Boyfriend AND Ex





If you think you and your new beau can't be friendly with your ex, think again. [People](#) reports that Avril Lavigne and boyfriend Brody Jenner recently partied with Lavigne's ex-husband, Deryck Whibley of Sum 41. Even with her ex nearby, the pop star and her reality-TV boyfriend couldn't keep their hands off of each other at the Hollywood club. Reports say that Lavigne, 26, and Jenner, 27, were kissing and snuggling up to each other all night after Whibley, 30, spent some time chatting with them at their table. The PDA-friendly twosome have been together since the spring. Here's hoping that the couple that parties together (with an ex), stays together!

**How friendly should you be with your partner's ex?**

**Cupid's Advice:**

While it might seem difficult to befriend the person who let your partner go, there might be some benefits to being friendly with your boo's ex. Cupid has some tips on exactly how friendly you should be:

**1. Watch and learn:** Use your sweetie's relationship with his or her ex as a guide to show you how friendly to be. It won't do any good to become best friends with the person your partner swore to never talk to again.

**2. Don't get discouraged:** Befriending your mate's former flame provides a great opportunity to commiserate about your partner's bad habits and stupid jokes. But don't let the ex poison your mind when they talk about your partner's role in the failure of their relationship. Every relationship is different, and history doesn't always have to repeat itself.

**3. Keep a safe distance:** An ex may befriend you or your partner because they still have some leftover feelings for your beau. Make sure to keep them at arm's length, and learn their true intentions before being too welcoming.

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## Spencer Pratt Shaves His Beard for Heidi





*The Hills* stars Spencer Pratt and Heidi Montag have had their share of ups and downs. After deciding to divorce, Pratt admitted to TMZ that he didn't take proper care of himself. [Digital Spy](#) now reports that he wants to clean up his image because the couple are "spending more time together."

Shaving his beard seems pretty minor considering the changes his estranged wife went through for him. Multiple plastic surgeries later, Montag has bigger breasts, a thinner nose and fuller lips. But Pratt says he would [shave his beard](#) if it meant getting back together with Montag. "I'm really sorry to see it [his beard] go... For months it was my only friend, and a perfect place to save leftovers," he joked. Pratt and Montag fueled reconciliation rumors after the pair were spotted together in Los Angeles recently. **Should you change your image for love?**

### **Cupid's Advice:**

**1. Be yourself:** If you find yourself changing your image just to please your partner, you're probably in an unhealthy relationship. You should look the way you want to look. If your beau doesn't like it, find someone who does.



**2. Get some therapy:** Sometimes people change their look after a breakup as a way to start fresh. Unless it's something drastic that you'll regret later, go ahead and get a new haircut or new wardrobe if it helps you get over him and move on.

**3. Do it for you:** It's fun to change up your style, but the bottom line is that you should do it for yourself. Your appearance is a big part of who you are, so do what makes you happy.

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## Kristin Cavallari Dating Doug Reinhardt





*The Hills* star Kristin Cavallari was spotted out and about this weekend with another alum of the show, Doug Reinhardt, reports [RadarOnline.com](http://RadarOnline.com). Reinhardt was briefly featured on *The Hills* when he dated long-time Cavallari rival Lauren Conrad. Conrad has since left the show and is currently dating actor Kyle Howard. **How do you deal when your ex dates your enemy for revenge?**

### **Cupid's Advice:**

Though Reinhardt and Conrad were not the first castmates to find love on the show, drama always seems to follow love on the MTV hit. However, the Conrad versus Cavallari rivalry was well documented in the press, so Conrad needs to be careful about any comments she makes regarding the Cavallari-Reinhardt romance. It's key to find a balance between being uninvolved but still supportive in this situation.

**1. Don't butt in:** Unless your ex tries to get you involved in his or her new relationship, it's important to remain aloof. If your ex is trying to send you a message by getting with your rival, getting involved only makes the situation

stickier.

**2. See their side:** No matter how you feel about your enemy, if your ex is genuinely happy and not just looking for revenge, then keep your opinions to yourself. See how their relationship progresses before you pass judgment.

**3. Concentrate on you:** No matter what other drama is going on around your ex or your enemy, you need to work on yourself first. Focus on you and your relationships, and try not to let your ex put a damper on your life.

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## Stephanie Pratt is an Advocate of Serial Dating





Reality star Stephanie Pratt is somewhere in between single and seeing someone...or seeing more than just one person. Post-*The Hills* and her public breakup with motocross boyfriend Josh Hansen, Pratt has declared she'd like to explore the world of dating limbo. As she told [People](#), "I'm seeing two guys right now, and it's actually way more fun than seeing one guy. I've never done something like this before, but it's really quite lovely!" Pratt claims that the best part of this experience is that it makes guys more trainable. "It trains them to ask for dates a lot earlier in advance," she said. **Is it a good idea to date more than one person at once?**

### **Cupid's Advice:**

Dating always has its ups and downs. It can be heartwarming and heartbreaking at the same time. Even if you aren't seeing multiple people, it is still important to explore other aspects of life.

**1. Keep your options open:** Especially at the beginning of a relationship, it's important not to put all your eggs in one basket. It may seem like the real thing, but it might be too

soon to tell. Therefore, there is no harm in continuing to see other people at beginning stages of dating.

**2. Don't be too available:** If someone is too eager and willing to drop everything for someone else, it can be a huge turnoff. Never go out of your way for someone who won't do the same for you.

**3. Be up front about it:** If you're going to pursue seeing multiple people at the same time, tell your partner from the beginning, and accept that they too can see other people. It's not right if one side is completely committed while the other is out on the town with someone different every night. If one party starts getting jealous, then maybe it's time to consider a committed relationship.

Whether you're monogamous or dating multiple people, the key is to never be too available. Relationships succeed when both people continue to have their own interests.

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## **Lo Bosworth Is Taking It Slow with Boyfriend Scott Hochstadt**





Looks like things are moving in the right direction for *The Hills'* Lo Bosworth and Scott Hochstadt. On Tuesday's series finale of the MTV reality show, Bosworth's beau hinted at a proposal in the future, and she agreed to move in with him. Bosworth told [Us Magazine](#), "I think he is The One." She also said that as far as living together, "we are transitioning slowly but surely."

**Should you take things slow, even if you think you've found "The One?"**

### **Cupid's Advice:**

It's wise to give yourself time before taking the plunge. Here's Cupid's advice to make sure you're headed in the right direction:

**1. Define slow:** It's hard to nail down "taking it slow" to a specific amount of time. Therefore, talk to your partner, and map out how you both see things progressing. Set goals so neither one of you are disappointed if the relationship isn't moving fast enough.

**2. Consider cohabitation:** What better way to get to know someone than to live with them. While many people are opposed to living together before marriage, it could be something to consider if you're both confident it will lead to a better future.

**3. If it's right, it's right:** Sometimes couples will take it slow because they are afraid to jump to the next step. You'll know when the time is right, and that fear will disappear. Don't be afraid to move things along.