

Through The Years With Holly Madison



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Dating a Playmate





By Bridget Marquardt, former star of *The Girls Next Door*

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As a television personality and former “Girl Next Door,” men often think they know me personally. But just because I’m accessible, that doesn’t mean I’m obtainable!

The truth is, while having men pay attention to you when you’re out at dinner or at a club is flattering, the constant flood of cheap lines and cheaper cologne can quickly ruin an evening.

So what’s a guy to do when he wants to land the girl of his dreams? Drop the posturing and player image, listen to what the woman has to say, and take...it...slow. In order to get things rolling in the right direction, I’ve come up with several apps currently available at Appitalism.com that are certain to take your dating skills to a new level:

50 Things Girls Wish Guys Knew(Free for the iPhone) – Are you struggling with your relationship? Let’s face it, you can never know everything about a girl! But don’t worry – here

are 50 things that all guys should really know about girls.

Seduction Discussion (\$0.99 for Android) – A mobile discussion app for discussing all things related to the art of seduction.

Discuss meeting girls, picking up women, closing the deal, advanced PUA techniques, love and relationships and more!

Dating Tips (\$0.99 for the Android) – No one is a dating expert; even the most beautiful and wealthy people all struggle with matters of the heart. Everyone can learn something about how to date more, how to attract the types of people we want to attract and how to make sure initial chemistry blooms into an enduring relationship.

Thousands of Miles Between Hank Baskett and Kendra Wilkinson





NFL star, Hank Baskett, is now playing for the Vikings, but according to [US Magazine](#), wife and former *Girl Next Door* Kendra Wilkinson, will not be moving to Minnesota to join her hubby. The distance has reportedly caused a riff between the couple, as Wilkinson is upset that the distance may cause the pro football player to miss their young son's important milestones.

How can you keep a long distance relationship alive?

Cupid's Advice:

- 1. Be more tech savvy:** Though it isn't a good idea to have a completely virtual relationship, staying in touch through your smart phone or Skype can make your long distance relationship seem like less of a drag. Technology is also a great way to share your children's milestones when your partner is far away.
- 2. Make the most of your time together:** When you finally reunite with your long distance partner, make sure to drop everything and really spend some quality time with your mate. Always decide when you will see each other again when you part

so you will have something to be excited about.

3. Compromise: There may come a time where the logical thing to do to is for either you or your partner to make the move to be together. If you decide that neither of you can give up your lives where you are, perhaps you can meet in the middle and do every other weekend or half the year in each place.