

'Bachelorette' Emily Maynard Says 'Love Is Worth the Chaos'



At the end of *The Bachelorette's* eighth season, Emily Maynard couldn't be happier with her fiancé, Jef Holm. Maynard tells [People](#), "There were many ups and downs, and at times things were very chaotic, but love is worth the chaos!" The reality star says that while she always dreamed of great love, she didn't know that the love that she and Holm share even existed. After a failed first attempt at finding a man, Maynard reaches out to her fans stating, "Thanks again for the second chance and sticking with me until I got my fairy tale ending!"

How do you overcome challenges as a couple?

Cupid's Advice:

Even if you and your partner are incredibly in love, your relationship is sure to have some challenges every once in a while. Don't assume that these problems ensure a breakup. Instead, use tips like these to work through them:

1. Confront the problem: Whatever dilemma you and your beau are facing, the first step is to acknowledge the problem. If you let an important issue bother you but don't speak up, you'll end up getting angry over irrelevant things and confuse them with your bad moods.

2. Communicate: Set aside a specific time to talk about the issue. Express your feelings to your partner and be sure to listen to their thoughts on the issue as well. Keep calm and try to come to a solution.

3) See a counselor: Going to relationship counseling gets a bad reputation, but it's nothing to be ashamed of. When you feel like you've done all you can and don't know where else to turn, seek out professional help.

How did you and your beau overcome a difficult challenge? Tell us your story below.

Jef Holm Is Moving To Be Closer to Emily Maynard





The winner of *The Bachelorette*'s eighth season, Jef Holm, is moving to Charlotte, North Carolina. According to UsMagazine.com, Holm has made the decision to move to Charlotte to be closer to Emily Maynard and her daughter, Ricki. He will be getting his own place until the two get married, at which point he plans to move in with Maynard and Ricki.

When is it time to relocate in order to be with your partner?

Cupid's Advice:

Moving for your partner is always a big step, but it's often important if you want your relationship to last. How do you know when it's a good time to relocate to be with them? Consider these tips:

1. Your career has taken you there: Don't ever pack up your life if you only have one reason for it. Make sure your career is secure in the move. This way, you aren't sacrificing everything for your love.

2. You're ready to live with them: If you envision a future

with your sweetheart, and you're willing to move for them, you better be ready to live with them. That's the logical next step, so if you're doubting it, you're probably not ready to move yourself.

3. You're thinking about it: If relocating is always at the back of your mind, you've already made your choice. You want to be with your beau, and you just need to get there.

When do you know it's time to relocate for your partner? Tell us in the comments below.

'The Bachelorette' Season 8 Finale: Tips for Lasting Love





By Marni Kinrys, Ultimate Wing Girl

I have to say, I was shocked at 'The Bachelorette' finale. Well, kind-of shocked. For some reason, I *knew* that Emily was going to pick Jef, but I was still surprised that she didn't choose Arie. It goes to show you that physical chemistry does not equal partnership for life and that you can make the right choice if you take your time and really evaluate what relationship is best for you.

I have to give Emily so much credit for being able to see that difference between her two final suitors. Throughout this season, she has been a strong and steady Bachelorette, working hard to not let her heart solely dictate her decisions. She has been smart about her choices, and when it comes to love, we all know how challenging that can be.

Related: [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

Thinking back on past episodes, I remember when I started to see the potential for Emily and Jef to be a successful couple.

When they were lying on the floor in Prague, kissing, giggling and talking easily about the future, I knew that Jef had won her heart. They didn't just have chemistry; they had a best friendship. That's the primary distinction between relationships that fizzle and relationships that last forever.

Now that Emily's found love, I want to help all of you do the same! Here are my tips on how to decipher if someone is a good choice for you for the long haul. Ask yourself the following questions:

1. Does this person challenge me in a good way? The best partnerships are with those that help us grow and see the world in new and interesting ways. Yes, it's always great to have a lot in common with a person, but too many similarities can get old and dull pretty quickly. Someone different from you helps you see sides of yourself that you didn't know existed. The saying that "opposites attract" *really* is true.

2. Does this person turn me on physically *and* mentally? YES, I know physical compatibility is important, but stimulation of the mind and emotionally understanding each other is equally important.

3. Does this person get me? In relationships, you don't always have to agree with one another, but it's essential to *get* one another. The couples with the strongest survival rates are the ones where they really work on getting to know one another. You need to understand who your partner is and what he or she is all about – and appreciate him or her because of this uniqueness.

Related: [Jef Holm Refuses Fantasy Suite With Emily Maynard on 'The Bachelorette'](#)

4. Does this person have the same values as I do? I know so many people who say that they have the same values as their significant other, but when I ask them what those values are, they draw a blank. Knowing your own core belief system and

understanding your partner's morals is so important to a successful marriage. If you want a guide to discovering your values, email me at marni@winggirlmethod.com and let me know that you read this post.

5. Does this person make even the hard times seem fun? If you are going to be with someone the rest of your life, you better be able to have fun with that person. Life will be tough sometimes, and it's important to keep that in mind when selecting a partner.

I think Emily and Jef seem like a great couple. I am so happy for the two of them, and I know that they are going to have a fulfilling relationship based on love, admiration and open communication.

Emily Maynard's Southern Style – Bachelorette Edition





By Ann Csincsak, Vintage Sweet & Chic

Emily Maynard stole our hearts with her sweet personality and her easy, southern style. For an entire season of 'The Bachelorette,' she has shown us that fashion-forward style mixed with classic elegance can certainly work for any occasion. I have chosen my three favorite date outfits that any woman can pull off, whether you go out or stay in – and even if your date isn't equipped with helicopter or Ferrari transportation.

This first look (image above) is a perfect example of keeping it simple and still having fun with color! Make what you wear work for *you*. Always wear what you feel most comfortable in (but try to avoid sweat pants for the first date).

1. Joie Aceline Striped Shirt ON SALE NOW at Nieman Marcus for \$72!

2. Wildfox Friday Night Cutoff Shorts \$99

3. Towne and Reese Elena Ring \$40

4. Urban Outfitters Dolce Vita T-Strap \$69

5. Essie Sheer Pink Nailpolish \$8

Our next look is great for a night out on the town with that hot new guy, or it's a good option if you're looking to spice up your look for your man. It doesn't have to be a special occasion to show off a great one-sleeve dress, so don't be afraid to be daring with your date look!



1. Towne & Reese Rowen Silver Hoops \$20

2. ASOS One Sleeve Dress \$98

3. Dior Addict Gloss \$30

4. Aldo Detachable Heel \$89

5. Emily's Signature Makeup Style Temptu \$150

This last look is perfect for that "meet the parents" trip that you have been worried about for months. When she met Sean's parents, Emily showed us that keeping your hair looking naturally gorgeous and your outfit age-appropriate is the key to gaining Mom and Dad's approval. Take a few cues from Emily

and steal her simple summer style and fabulous hi-lo dress.

1. Towne and Reese Ellie earrings \$20

2. Target Hi-Lo Dress \$29

3. Stella and Dot Pendant Necklace \$79

Finding a good jewelry company at the right price is always a challenge, but Emily chose hers very wisely. Towne and Reese is a stunning company whose jewelry line is carried in boutiques around throughout the country. This Bachelorette wears dainty pieces that compliment her effortless look.

To find more of her great jewelry and other fashion pieces, be sure to check out vintagesweetandchic.enstore.com! Additionally, CupidsPulse.com readers can still get 15 percent off Towne & Reese jewelry at Pea Pod Paper & Gifts using the discount code **cupidspulse**.

‘Bachelorette’ Contestant Kalon McMahon Apologizes to Emily Maynard





On the June 11 episode of *The Bachelorette*, Kalon McMahon called Emily Maynard's daughter "baggage," greatly insulting the single mother. As reported by UsMagazine.com, McMahon apologized for his actions this week on the *Men Tell All* show. McMahon says he's glad that Maynard seems happy now, although he's sorry that things didn't work out between them. "I'm trying to use it as a growing experience in my future relationships and I really wish the best for you," he said to her. That said, Maynard does not seem satisfied with his apology. She still doesn't believe him, and seems to stand by her prior statement that she loves her daughter so much that she wants to "rip [McMahon's] limbs off and beat him with them" for insulting her.

What are some ways to tell that your partner is truly sorry about an incident?

Cupid's Advice:

No matter how much you love your partner, you're bound to get upset with them every now and then. However, it's important that when they've made you angry, they're genuinely sorry

about it. Here are some ways to tell if your partner is really apologetic for what they've done:

1. They discuss what happened: Just saying "sorry" and continuing with your lives isn't enough for either of you to happily move past the issue. Encourage a discussion about what went wrong and how you feel your beau should act in the future. If they seem willing to have this talk, they probably feel genuine remorse.

2. They're understanding: Make sure that your partner understands why you feel the way you do. If they realize why what they did was wrong, they'll not only be able to give a true apology but they also won't make the same mistakes again. This will make your partnership stronger in the future.

3. They make a change: You're not going to notice this right away, but the best way to be sure that your partner was really sorry for an incident is to see if they ever do it again. Don't expect immediate perfection, but look to see if they at least seem on the right path. If they're not working towards improvement, they probably were never really sorry to begin with.

How do you know when your partner is genuinely sorry? Tell us below.

Jef Holm Refuses Fantasy Suite With Emily Maynard on

'The Bachelorette'



The Bachelorette is finally wrapping its summer season with the pretty, prim and proper Emily Maynard and her two remaining candidates. One of the men is Jef Holms, who shockingly denied the opportunity to stay the night with the seemingly-perfect Maynard in a luxurious suite in Curacao on Monday's episode. According to UsMagazine.com, Maynard said on the pre-finale, "It was very sweet, but he turned me down and I wanted to turn him down!" The 27-year old beauty will definitely have her chance to turn one of the men down for the whole world to see as she chooses her prince charming on the upcoming season finale.

How do you know when it's time to get intimate with your partner?

Cupid's Advice:

Intimacy opens the door to a new, exciting world in a relationship that comes with more emotions and responsibility. Here are some ways to know when to take your relationship to the next level:

- 1. Exchanging 'I love you's':** 'I love you' is an important phrase to share right before getting intimate with someone. Make sure they truly care for you before giving them the privilege of being intimate with you.
- 2. Meeting families:** Your relationship is most likely at a pretty deep level if you are introducing them to your family and vice-versa. After you've done this, getting intimate is the next step.
- 3. Simply being ready:** A lot of times people jump into intimacy before they are ready. Avoid overlooking your true feelings. Your desire to be intimate will come as your relationship grows.

What are some things you look for in a relationship before getting intimate? Share your thoughts with us.

'The Bachelorette' Season 8, Episode 9: The Dos and Don'ts of Masculinity





By Marni Kinrys, of WingGirlMethod.com

OMG I was totally shocked last night when Emily Maynard did not pick Sean Lowe. I totally thought that Jef Holm was going to be sent packing. My husband and I were watching the show (he will deny it if ever asked), and both of us thought that it was going to be Arie Luyendyk and Sean for sure. I actually think my husband has a crush on Sean based on how disappointed he was that this “solid man” was not selected.

After the show ended, my husband and I got into a discussion about masculinity and what it means. The conversation was sparked from my husband commenting on Sean being so solid and then telling me how his exit speech would go. Strange, I know.

In the past, most people would define masculinity as being the Alpha Male: strong, aggressive, fearless, dominant. Today, though, the definition is a little different. And thank goodness for that. Today’s modern masculinity includes balanced men. Men that can listen but also speak. They can be assertive and not aggressive. They can express emotion without being emotional. I like to call these men “nice guys with an edge.”

Related: [The Bachelorette Season 8, Episode 7: How to Express Your Love](#)

During last night's episode, I have never seen more amazing examples of the modern masculinity – especially when dealing with the whole “forgo your fantasy suite” scenario.

Jef

I loved it when Jef literally took the words out of Emily's mouth and nobly said, “Out of respect for our families, I don't think it's a good idea to use this key.” It was not a tactic to get Emily to want him more. It was genuine and real and masculine. A non-masculine man would have had his sex goggles on, unable to think about the full picture. But Jef is a solid, good man that knows what's important and is willing to wait so that everyone is comfortable. Amazing!

Related: [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

Sean

Sean also displayed his modern masculinity on his date when he opened up to Emily about what he wants and what he envisions for their future together. He had the perfect balance of being vulnerable and strong. His words were precise and real. You could tell that he had actually put serious thought into the potential scenario. In fact, he even stated that he did in his exit ride.

Arie

Now, I know Arie didn't get a chance to turn down his fantasy suite offer, but his statements on how to form relationships with children won me over last night. Again, a man who has taken the time to think about the full picture. He is not just thinking about getting the girl. He's thinking about starting a life together as a family.

Seeing these three guys makes me even happier that guys like Ryan are no longer suitors on 'The Bachelorette.' Emily has landed herself two solid and strong options for a future husband, and I know this final decision will be especially tough for her.

For all the men that are reading this blog, watch the next episode of the show and take note of the two finalists. These guys are examples of modern masculine men – they're what all women want!

'The Bachelorette' Season 8, Episode 7: How to Express Your Love, Bachelorette Style





By Marni Kinrys, of wingirlmethod.com

That's it! I've decided that, if things don't work out with my husband and if I ever have to look for love again, I'm going to have a baby first. There must be some hormone that's released when you have a child that allows you to be more open, real and honest. It's amazing how I continue to be impressed by Emily Maynard. She definitely knows how to date and make sure she's getting what she wants.

Her final four bachelors are truly a solid group of men. They definitely proved themselves last night with their ability to express themselves and communicate with Emily, something that is essential to any great relationship. As I always say, in order to get what you want, you have to ask for it – and last night, the guys asked for it!

Hopefully, you have heard of *The 5 Love Languages*, an amazing book that everyone should read, especially if you are looking for a relationship. The book says that there are five ways for humans to express their love: words of affirmation, quality time, receiving gifts, acts of service and physical touch.

Once an individual understands their love language, it makes relationships easier for them because they know what is needed for them to feel loved and appreciated.

Related: [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

It's always interesting to see which language people use most often. For example, Arie is definitely about physical touch. Whether it's a hug or something more subtle, he is always trying to get close to Emily. For him, touch re-connects him to her – and based on her attraction to him, it's definitely working. I'm a touch girl myself, so any touch that Arie gives literally makes me feel warm inside.

Sean, on the other hand, is all about quality time. He makes a point to pull Emily away and ensures that they have good quality time together. His sub-languages (those languages that he uses less often) may be physical touch and words of affirmation.

Related: [Towne & Reese Jewelry Giveaway – As Seen on 'The Bachelorette' Star Emily Maynard](#)

The surprise of the night for me was Jef. I was having trouble getting a read on this guy, and last night, I suddenly felt excited and gushy for his relationship with Emily. Jef's love language is a combination of receiving gifts and words of affirmation. I think words dominate for him because, once he got that verbal affirmation from Emily, he immediately loosened up and was able to give her what she needed. So cute! I want to hug him.

Knowing how to express your love is so important, both in the real world and on television. Hopefully, every man who was forced to watch last night's episode learned a valuable lesson: do NOT hold back when it comes to expressing yourself. If you really feel it, express it!

‘Bachelorette’ Contestant Ryan Calls Emily Maynard a “Trophy Wife”



On Monday night's *Bachelorette*, suitor Ryan had a few words to say that Emily Maynard was not too pleased about. On their one-on-one date, he called Maynard a “trophy wife,” to which she aptly responded, “Trophies don’t talk back,” according to [People](#). Soon after, Ryan was sent home – not without protest, of course.

What are some warning signs that your partner views you as a prize?

Cupid's Advice:

Every girl wants to be placed on a pedestal by her partner. However, sometimes being seen as special can get out of hand, and soon your partner is treating you like an object. Here are some warning signs that your partner views you as a prize:

1. He's controlling: If your significant other is controlling the way you dress or act, you need to leave immediately. He isn't seeing you for the person you are, but rather the partner he'd ideally like to have – so he can't really love you for you.

2. He calls you "mine": There is nothing sweeter than the person you're dating telling you "I'm yours." However, once they're calling you theirs, they're claiming you as property rather than a person to be loved.

3. He uses you: A deadbeat boyfriend who's always coming to you for money (and other assets) only sees you as a walking ATM. There's no chance for a real relationship in that situation.

What are some ways to prevent being treated like a prize? Tell us your story below.

'The Bachelorette' Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut



By Marni Kinrys, of WingGirlMethod.com

If there is one thing I can say about Emily Maynard, it's that she has a super human strength for trusting her gut, instead of listening to her heart. This is a skill set that most women do not have but should definitely work on developing.

Just as the men on 'The Bachelorette' rewarded her for seeing through Ryan's suave exterior, I want to do the same. Emily is a woman who knows what's best for her long term and I can't help but have extreme respect for her, if not a little crush.

This super power that Emily possesses, is learnable and something that all women need to focus on. It will stop them from falling for jerk's and d-bags.

Here is my list of Do's and Don'ts for Trusting Your Gut:

Do Not – Keep a man in your life because you think they're

awesome. One of the worst things for men is being stuck in the friend zone. It's basically like kicking them in the balls day after day after day. I am so happy Emily was honest with Travis and let him go before his feelings got more intense. I know it hurt Travis in the moment, but in the long run it will help him tremendously. His heart was blocked and closed off for two years. I think it will now be open again.

Related: ['The Bachelorette' Season 8, Episode 5: The Dos and Don'ts For Taking Your Relationship To The Next Level](#)

Do – See past a few insecure flaws. I wanted to yank Doug out of my TV, give me 30 minutes of coaching and then sit him back on that couch with Emily. I'm not 100% of this but I think Doug is the kind of guy that's a gentleman, until given permission not to be. I am so happy Emily kept him around, to explore who he is for one more week. But, if he does not get his act together next week, she's going to have to set him free. Which will be a shame, because he is a solid man that I think would make Emily very happy. Show her the Grrrr..... Doug!!

Do Not – Be swayed by words of persuasion. I was so nervous for Emily when Ryan kept talking to her, using persuasive tactics, after she said she would not be giving him rose. YES there was some sincerity from Ryan's end, but I believe those emotions were driven from the pain of losing the competition rather than losing Emily. You could tell she was so torn, but fighting what her libido wants vs. her heart. I'm glad she chose to let him go. It will give her more space to let the other men into her life.

Related: ['The Bachelorette' Season 8, Episode 1: The Dos And Don'ts of First Impressions](#)

Do – Ask the tough questions. Emily is the queen of understanding that if you want to know something, you gotta to ask to hear it. I know I was not alone when I was shocked by her interaction with Doug. Wow!! She asked for him to open up

and he did. Every day women may be missing out because some great men don't show you their greatness until you deserve to see it.

Emily is helping women see the importance of selecting a GOOD, solid partner. A message that I feel is lost in most Bachelor seasons. Keep up the good work Emily. I truly believe you are on your way to finding a great love!

Giveaway: Towne & Reese Jewelry – As Seen on ‘The Bachelorette’ Star Emily Maynard





This post is sponsored by Pea Pod Paper & Gifts.

By [Whitney Baker](#)

If you've been watching this season of 'The Bachelorette,' you've surely taken note of Emily Maynard's fabulous wardrobe. Week after week, she continues to impress us with her easy sense of style, transitioning effortlessly from date to date. Whether she's wearing jean shorts and a crochet sweater for a day by the water or a one-sleeve gown at the Rose Ceremony, one thing remains the same: her eye-popping jewelry. And now, CupidsPulse.com readers have the opportunity to win one of two Towne & Reese jewelry giveaways OR receive **15 PERCENT OFF the entire Towne & Reese collection**, including the highly-anticipated Fall 2012 Collection, from Pea Pod Paper & Gifts. Use the discount code **cupidspulse** at checkout.

Related Link: ['The Bachelorette' Season 8, Episode 5: The Dos and Don'ts for Taking Your Relationship To The Next Level](#)

GIVEAWAY ALERT: Send an email to cupid@cupidspulse.com, with **'Towne and Reese Giveaway'** in the subject line, saying that you want to enter the contest. Once you do, you will

~~automatically be entered to win either the Daisy Turquoise Ring or the Brooke Earrings in Crystal OR Mint Green! Both of these pieces were worn by Maynard on 'The Bachelorette. Giveaway ends at 5pm on Monday, July 9th so act quick!~~

Congratulations to our winners, and thank you to everyone who signed up!

Ashley Grulich won the Daisy Turquoise Ring, and **Elizabeth Gottier** won the Brooke Earrings in either Mint Green or Crystal.



Towne & Reese
Daisy Ring in
Turquoise. Photo:
Towne & Reese



Towne & Reese
Brooke Earrings
in Mint Green.
Photo: Towne &
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Pea Pod Paper & Gifts, a one-stop shop for all things paper and gifts, is a company known for their quick turnaround time and impeccable customer service. In addition to selling personalized paper products, monogrammed gifts and party

supplies, they also have a wide range of jewelry, including Towne & Reese items.

‘The Bachelorette’ Star Emily Maynard Blows Up at ‘Baggage’ Comment



Bachelorette Emily Maynard is having some trouble finding her true love. On Monday's episode, set in London, suitor Kalon McMahon brought out a side of Maynard none of the contestants wanted to see after calling her daughter Ricki "baggage," according to [People](#). A hurt Emily exploded on Kalon, feeding

him his own line, "I'd love to hear you talk, but not until I'm done," before immediately sending him packing. She also criticized her other dates for not sticking up for her in her absence.

What do you do if the person you're dating doesn't accept your child?

Cupid's Advice:

Any single parent knows how brutal the dating world can be. Here are some tips to make it easier if your significant other doesn't accept your child:

1. Leave: Any date that doesn't accept your child doesn't accept *you*. There's no point continuing a relationship with this person.

2. Be understanding: If you're dating someone who has never been a parent, you have to understand that they don't know what it's like. Try to show them how important your child is and maybe they'll come around.

3. Involve your child: The problem may be that you haven't had your child around enough. Take the little one out with you more so your significant other can see why your child is so amazing.

What would you do if the person you were dating didn't accept your child? Tell us in the comments below.

'The Bachelorette' Season 8, Episode 5: The Dos and Dont's For Taking Your Relationship To The Next Level



By Marni Kinrys, of WingGirlMethod.com

We've made it! We're finally to the halfway point when the superficial, made-for-TV drama must go away and make room for the real connections to bloom on 'The Bachelorette.' Emily Maynard is now in falling-in-love mode, so it's time for the guys to get serious and show her they're ready to fall in love too.

As you know, I work with thousands of men, and one of their

biggest challenges is connecting. Connection is something that comes really naturally to women, especially to a woman like Emily. As a single mother, she is even more open to love. But for men, the ability to share themselves with a woman can be a daunting task.

Honestly, I have been surprised this season because most of the contestants have it figured out. But there are still some who struggle with opening up, which may hurt their chances of taking their relationship with Emily to the next level – especially as the number of men gets smaller and smaller every week.

Here is my list of dos and don'ts for taking your relationship to the next level and truly connecting with your partner.

Do: Create trust and protection in a relationship. Whether you're a woman or a man, you need to feel safe in a relationship. I love the way that Sean is so willing to share his feelings with Emily. He's expressing his emotions *without* being emotional, a skill that few people are able to pull off. His behavior provides Emily with the security to always know what he is thinking, allowing her to never question their relationship. Safety!

Related: [Bachelorette Season 8, Episode 4: Pucker Up! Lessons Learned from Emily Maynard](#)

Don't: Never put down, belittle or betray a date, especially in front of others. What the hell was Kalon thinking? For someone who cares so much about what others think, you would think he would be more discrete about his true feelings for Emily. He basically made a mockery of the Bachelorette process, and I couldn't have been happier when Emily told him, in her squeaky, sick voice, to get the f*&k out. Loved it!

Do: Have fun! Being able to laugh at yourself is the ultimate sign that you are open to developing new relationships and

nurturing old ones. No one wants to be with Mr. or Mrs. Serious. Being uptight and well-spoken all the time is no fun. For instance, on the group date, Doug, Arie and Travis really stepped up to the plate. They showed Emily that, no matter what crazy situation she threw at them, they could handle it and laugh their way through it.

Don't: Sit there and say nothing when someone talks smack about your partner, especially if you have built a strong bond with each other. I am sure that this situation was a tough one for Arie. If he watched previous seasons where contestants would cause a disconnect when they tattled on one another, then it would've been easy to second guess his instinct. But Emily was starting to see Arie as her protector, and in this instance, he failed her. Hopefully, they can get over that hump and rebuild their strong connection.

Related: [The Bachelorette Season 8, Episode 1 Recap: The Dos and Dont's of First Impressions](#)

Do: Listen to the Queen of Pop and EXPRESS YOURSELF. When Emily was on her date with Jef, she kept mentioning how hard he was to read – and I wholeheartedly agree, which is why it was so essential for him to put into words what he was feeling and thinking. As much as we like to think we are mind readers, we are not. Expressing yourself is the one sure-fire way to boost a connection and move your relationship to the next level.

Don't: Wait for others (in this case, Emily) to come to you. The only way to get what you want is by asking for it. Alejandro got the boot because he didn't ask for what he wanted. He wanted to get to know Emily better, but he never took the initiative to make that happen. In a room full of 25 dudes, you have to step up and be an Alpha male in order to be noticed.

Connection is the toughest part of any relationship. You can't

fake it, but you can open yourself up so that it happens more easily. I can't wait to see what happens next week. Be sure to tune in as these men fall harder for Emily and attempt to take their relationship to the next level!

'Bachelorette' Star Roberto Martinez Has No Interest in Being the 'Bachelor'



Rumors were swirling in Hollywood last week that Roberto Martinez, a former contestant on *The Bachelorette* and ex-fiancé of Ali Fedotowsky, would be the next star of *The*

Bachelor. “That’s far from the truth!” a source confirms to [Us Weekly](#). “They are asking him to be the next bachelor, but he has no interest as of right now.” Martinez was engaged to Fedotowsky for 18 months until they called off the wedding in November of 2011.

When is it time to put yourself out there after a difficult breakup?

Cupid’s Advice:

Breaking up after a serious relationship requires enough time to heal before getting out there again. Here are some ways to know when it’s time to give dating another shot:

1. You feel confident in yourself: Having someone break up with you can be a huge blow to your self-esteem. Don’t try to find another partner when you’re lying in bed all day eating ice cream. Get back into your normal routine, hang out with your friends, eat healthy and exercise. Once you’ve taken care of yourself and feel good again, you’ll carry around a more positive energy. That will help you feel more comfortable dating.

2. You feel positive about the future: After a hard breakup, it can seem like the days drag by and there isn’t much to be excited about. Once you’re able to accept and learn from your past and realize all the potential the world still holds, give dating another try.

3. You’ve left your ex alone: Whether your breakup was civil or not, it’s important to leave your ex in past for your own sake. In order to truly move on, you need to feel comfortable putting them out of your thoughts and not contacting them. This way, you will be totally open to any opportunities that come your way.

How did you know when it was time to try dating again? Share

your story below!

'The Bachelorette' Season 8, Episode 4: Pucker Up! Lessons Learned from Emily Maynard



By Marni Kinrys, Ultimate Wing Girl

Well, I think we found Doug's imperfection: he has a vagina. "I never make the first move." Come on, Dougy! No wonder you have not been kissed in months. Don't you know women rarely make the first move? They should, but that would be

unladylike.

This issue kept popping up over and over again in last night's episode of 'The Bachelorette,' and I could tell Emily was getting frustrated with the guys. Doug turned bright red, and you could see him internally fighting the urge to kiss her, trying to respect his self-imposed rules. And then, there was the young, skateboarder Jef. This was the second time he had her on the beach and he didn't lean in for a kiss. Instead, he opted to cut their time together short. Obviously, Emily felt rejected because these guys wouldn't just go for it.

Related: [Bachelorette Season 8, Episode 1: The Dos and Dont's of First Impressions](#)

As a woman who has worked with thousands of men and helped them learn how to attract, date and be with the women of their dreams, I know how high-pressured and challenging making that first move can be. Just like us ladies, men don't want to get rejected and they don't want to be jerks. One of my clients said to me, "I'm not sure how to balance being a respectful gentleman and being aggressive sexually. I know women want both, but it doesn't feel right to push myself on a woman." This fear is pretty common. Especially in *good* men.

I know Emily was doing her best to help the guys out by giving them "kiss me" signals, but sometimes, these signs were a little too subtle for men to pick up. If she were one of the boys on 'The Bachelor' she would have seen the signs instantly, but men are different. Ladies, you have to step it up a notch and help men understand when you're ready and want a kiss.

I have put together a list of not-so-subtle things you can do to maintain your dignity and *still* let your date know that you want to be kissed:

Not-So-Subtle Signal #1: Touch a man. My sister-in-law called me a few weeks ago from the bathroom while on a date. She

said, "Marni, you gotta help me. My date won't stop talking. I really like him, but he won't stop. What do I do?" I told her that he is probably nervous or worried about having awkward silence. I recommended that she go back to the table, and while he is talking, put her hand softly on his forearm, making eye contact and smiling. She called me after the date and told me that my advice worked. They are now a couple!

Not-So-Subtle Signal #2: Open up. Many women stop themselves from being kissed because of their body language: arms crossed, lips pursed, not talking a lot. I understand that this behavior can be caused by nerves, but imagine how that appears to a man sitting across the table from you. He's not a mind reader. So show him you are open to being kissed by uncrossing your arms, making eye contact, smiling and leaning towards him. If you are nervous, announce the elephant in the room and just tell him how you feel.

Related: [Bachelorette Season 8, Episode 3: The Dos and Dont's of Dating a Single Mom](#)

Not-So-Subtle Signal #3: Step into his space and tell him what you're thinking. I know we all dream of a strong man assertively grabbing and kissing us, but with really good guys, that is rarely going to happen, especially in the beginning of the relationship. At the end of the night, if you want a kiss, step in close to him and rub his upper arm. Flutter your eyelashes and lick your lips; tell him that you like him and want to get to know him better. This approach takes out all the guesswork for a guy. With this move, you have stroked his ego. He knows he won you over, and now, he can make his move.

Not-So-Subtle Signal #4: Truthfully, this one is not so obvious, but you should give it a try: tell him you want to kiss him. Say it in a feminine, soft tone, and you'll still feel like the woman in the scenario. He'll probably be nervous, but he'll make it happen for sure.

To make it easier on the lovely men you date, follow these guidelines, and I guarantee you will leave feeling more fulfilled and less frustrated after a date. Instead, you'll be in the afterglow of the first kiss. Let's hope Emily starts to use these tips as well!

'The Bachelorette' Season 8, Episode 3: The Dos and Don'ts of Dating A Single Mom



By Marni Kinrys of www.wingirlmethod.com

Now, I am not a single mom or even a mother for that matter, but during last night's episode of 'The Bachelorette,' I got a good sense of how it may feel. I had no idea just how much parents put their children before them. It was beautiful.

I really believe that this season is no joke. They are getting down right serious. If this keeps up, Emily Maynard will come out of this experience with a good, solid man and a great relationship. How do I know that? Because this season has one thing that has been lacking from every other season: reality!

Related: [The Bachelorette 8; Episode 1 Recap: The Dos and Dont's of First Impressions](#)

Last night's episode was kind of like a roller coaster for me. One second, I was falling head over heels for guys like Sean, Doug and Arie. The next second, I was ready to punch the screen and throw up. Like when Ryan basically said to Emily, "I won't do you if you become a fatty." I get what he was trying to say, but that man does not know how to sensitively deliver a message and communicate with women. Not a good sign if he wants to be a father to Emily's daughter. He would give the kid an eating disorder in less than a year. Hello, Dating Red Flag!!!

Lucky for Emily, there were numerous men who showed their true colors last night and made those flags very easy for her to spot and eliminate.

Here are my Do's and Don'ts of Dating A Single Mom based on what I learned last night:

Do: Show a single mom that you know how to comfort and take care of another person. For this reason alone, I freaking love Arie. On his date, he checked in with her, touched her, asked her questions. Then, at the Rose Ceremony, he could sense that something had gone wrong, and he pulled her in close to comfort her. That shows leadership, strength and warmth. A great combination for success with any woman, especially when

dating a single mom.

Do Not: Wait for a woman, especially a single mother, to bring up “the talk” if you’re not feeling it. Like Tony, the single dad who was emotionally breaking down. It was hard for me to watch; I kept thinking, “If you really felt a connection with her, you would push through because that would be the best thing for you AND your son.” I could tell that he just wasn’t feeling it, which is why he was latching on so tightly to his son. Sweet but not attractive. He was afraid to admit “defeat.” Better to be honest with yourself rather than hurt a single mom when so much is at stake.

Related: [The Bachelorette 8; Episode 2 Recap: Soccer, Cookies and Muppets: Emily Maynard Keeps it Real](#)

Do: Calmly express what you are thinking and picturing to a woman, while touching her at the same time. I love when Sean sat down with her, touched her forearm and communicated how a life with him would look. SEEEEXY!!! He did such a great job telling her who he was, what he was ready for and who he hoped to be for Emily.

Do Not: Tell a single mother that falling in love with her and gaining a child is a huge compromise. When Alessandro said that to her, I could feel my chest tightening up. The nerve of that man! Not to mention that he honestly seemed like a buffoon while he was talking to her. He wasn’t like that last week, was he? Buddy, leave at week one if the girl’s not right for you. No one should ever feel they are compromising BEFORE they get into a relationship.

Can’t wait to see what happens next week! Hopefully, Ryan and Kalon will show more of their true colors, and Emily will learn that these guys are NOT father material.

Host a 'Bachelorette' Viewing Party



By Andrea Woroch

I don't watch much television, aside from an hour of news to go along with my morning latte. Yet there's something about this sappy, reality dating show that makes me scramble to the couch every Monday evening. Though I hate to admit it, I eagerly awaited the premiere of season eight of 'The Bachelorette' as America's favorite past contestant and single mom, Emily Maynard, took the stage in her quest for love.

Though Emily weeded out some of the weirdos in the first

episode, there's still plenty of drama, tears, exotic destinations and heartfelt goodbyes to enjoy. So whether you're looking to gossip with some gal pals over your favorite eligible bachelor or you simply have nothing better to do on Monday nights, consider hosting a 'Bachelorette' viewing party, using these tips to make it memorable and fun.

Related: [Reality Stars Who Found Real Love](#)

1. Create an Entrance: What's a 'Bachelorette' party without any roses? To set the mood, hand out red roses to each guest upon arrival. Depending on the number of friends attending, you may consider red carnations as an inexpensive alternative. Otherwise, pick up some faux flowers from a nearby craft supplier.

2. Dress to the Nines: Request Rose Ceremony-appropriate attire. Ladies should come dressed in fancy gowns, and men should sport a suit or coat with a tie.

Related: [First Date Outfit Ideas: Dinner and Drinks](#)

3. Be Refreshing: 'Bachelor' and 'Bachelorette' contestants are always sipping on a cocktail, enjoying a glass of wine or toasting with champagne, so decide what drink you'd like to serve at your party. Ask guests to chip in with their favorite beverage to keep costs under control, and pick up inexpensive plastic flute glasses from the dollar store.

4. Serve Exotic Food: In addition to festive cocktails, you may also consider offering ethnic finger foods based on the show's upcoming destination. Check out Pinterest for recipe ideas, and load up your supermarket loyalty card with mobile coupons from CouponSherpa.com to score savings.

5. Drink Up: Reality TV drinking games are an exciting way to get your friends into the show, especially those who could care less about which bachelor is sent home. Identify a common

word or phrase that gets overused by a specific character, and ask everyone take a sip of his or her drink each time it is said.

6. Vote On It: Ask guests to vote on which bachelors they think will be picked for a one-on-one date and which guys will be sent home during the Rose Ceremony. Make sure that anyone who read a spoiler blog keeps his or her lips sealed!

Related: [Date Idea: Couple Up with Game Night](#)

7. Try Trivia: During commercials, quiz your guests on their [‘Bachelor’](#) and ‘Bachelorette’ IQ. Grab details about past episodes and contestants on TV.com, and create a trivia game using index cards.

8. Offer Goody Bags: You can’t play games without handing out prizes to the winners. Keep it cheap with inexpensive treats like candy and candles for the goody bags.

Andrea Woroch is a nationally-recognized consumer and money-saving expert who helps consumers live on less without radically changing their lifestyles. From smart spending tips to personal finance advice, she transforms everyday consumers into savvy shoppers. Woroch has been featured on top news outlets such as Good Morning America, NBC’s Today, MSNBC, New York Times, Kiplinger Personal Finance, CNNMoney and many more. You can follow her on Twitter for daily savings advice and tips.

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'Bachelorette' Emily Maynard Discusses Sending Home Joe



Season 8's *Bachelorette* Emily Maynard recently talked about her tough decision to send home hopeful bachelor, Joe, in her blog for [People](#). Maynard discussed her date with Joe, mentioning how fun of a time she had with him. However, she said, "I knew that we were just in different place in our lives." So, even though she had a blast with fun-loving bachelor, she knew they weren't a good match and let him go.

How do you know when to cut ties early in a relationship?

Cupid's Advice:

1. Know both of your intentions: If one of you is just looking for someone to go on dates with and simply keep them company

and the other wants marriage, that's an issue that needs to be addressed immediately. Like Emily Maynard, you have to recognize when the person you're dating is in a different place in their life than you. You can't keep a relationship going if the two of you have battling goals.

2. Don't make the same mistake twice: If you notice something that your new lover does that ruined your relationship, talk to them and see if this is a problem that can be fixed. If not, it might be time to cut your losses. There's nothing worse than repeating a bad relationship.

3. Accept that not everyone is your perfect match: Too many people cling to a relationship even when it isn't working just for the sake of "seeing how things play out." If it isn't working now, chances are it won't work in the long run. Why waste your time?

How do you know when it's time to cut your losses on a new relationship? Share your stories in the comments below.

'The Bachelorette' Season 8, Episode 2: Soccer, Cookies, and Muppets: Emily Maynard Keeps it Real





By Marni Kinrys, Ultimate Wing Girl

Has reality TV suddenly gone real? This season of the Bachelorette is actually shocking me because it's *real* (or as real as reality can get). They're in Emily's hometown. She's living in her own home with her daughter. Friends and family surround her while she seeks romance. Looks pretty real to me. We can only hope that the bachelors match up to that sentiment.

Every time the show wants to veer into la la land, it immediately gets brought back to reality, with Emily. Her life is real and the decisions she makes will not only reflect her, but also her 6-year-old daughter. Things like this completely changes the game for her and the guys on the show.

As dynamic as a date can get, there is huge reality reminder right in front of every guy, at all times. Emily is a mother, and the winner will end his experience with a new wife and child. That should definitely weed out the competition hungry contestants vs. the sincere men who are there for the girl.

Related: [The Bachelorette 8; Episode 1 Recap: The Dos and Dont's of First Impressions](#)

I'm loving how assertive and hard hitting Emily has been right off that bat. For her it's essential. But is it reality?

I work with hundreds of thousands of guys all over the world. I tell them how to attract, date and get any woman they want. My first date advice to them is always "keep it light" but keep your eyes open and don't avoid red flags because she's pretty.

When the show ended I turned to my husband and said, do you think those questions would fly in the real world? His first response was "hell no". Then he thought for a second and said, there are some people that are just really comfortable putting it all out there because it's important to them. When you have a kid involved, that intensity is already increased for you. If you're with a guy who can't handle a little serious conversation on the first date, then he's probably not the guy for you. I think it's totally acceptable to get real on a first date as long as you don't let your emotions carry you away.

For Emily, dating is about finding a partner in life not a tennis partner for a match this weekend. In real life, you are free to bring up anything that you want on a first date, second, third, twentieth. But you want to make sure you are bringing it up the right way and for the right reason.

Related: [Do Fairytale Relationships Exist Only in Hollywood?](#)

In open conversation there is no room to get emotional i.e. defensive, angry, moody, aggressive. Open conversation, is meant to be handled exactly as it was shown on last night's episode. Over a candle light dinner in a beautiful mansion ☐ Kidding. Open conversation, whether it's on the first date or the hundredth, is about expressing what you think and feel and

then listening to what the other person has to say.

Do: Feel comfortable to talk about real things to pertain to you and your life. Talk openly and honestly with tact

Don't: Throw up your emotions and insecurities all over your date

Do: Listen to your date's views/opinions even if they don't reflect your own

Don't: Let your ego dictate your responses. No ego's allowed at the mature conversation table.

No ego's allowed at the conversation table.

So far, Emily is far exceeding my expectations. She is in this for love and family. I'm really hoping she finds her match in that garden of fine men and will be smart enough to pull out the weeds as quickly as possible.

'The Bachelorette' Season 8, Episode 1: The Dos and Don'ts of First Impressions





By Marni Kinrys, The Ultimate Wing Girl

This season of *The Bachelorette* kicked off last night with a bang. And by bang, I mean the noise that would resonate off all the contestants' abs if you gave them a pat on their bellies. Is it just me, or are these guys extra ripped this year? Last night was all about First Impressions and, as we all know, they can be tough. Join that high pressure with tight competition, cameras and millions of viewers watching and judging. Not an easy stroll on your way to a televised romance.

Some of the guys pulled off their initial encounters with ease and style. Others simply fell flat on their face.

Here is my list of do's and don'ts from last night's episode of the *Bachelorette*:

Related: [Love Lessons From ABC's 'The Bachelor'](#)

Do: Try to connect on points of commonality, like First Impression rose winner Chris did. But if you try too hard to find common grounds it will feel fake. At first, I was not

sure how genuine Doug was with his “point of connection.” But all doubts dissipated when Emily read his 11-year-old son’s letter. From the look on his face, you could tell it was sincere. The guy was beaming from ear to ear. Only a truly proud father would do that.

Do Not: Sweat profusely. There was one guy who, within seconds, was dripping all over poor Emily’s beautiful dress. I feel like such a *biatch* for saying this, but I could not hear a word he was saying to her because I kept concentrating on his sweaty forehead.

Do: Find something eye catching and cute that fits your personality. Loved the grandmother bit but he couldn’t hold it after his protective “mask” came off. Mr. Seemingly-Outgoing-and-Fun quickly became Mr. Nervous-and-Silent.

-Skateboarder (Jeff) – Check.

-Prince Charming with the shoe (Tony) – Check.

-Guitar Pick (Michael) – Check.

-Foreign Language (Alejandro) – Double Check.

-Ostrich Egg (Travis) – Could have worked, but flopped and then he was stuck with an egg all night. Half Check.

-Bouncy Boom Box Guy (Stevie) – **NO**.

-Cheesy Poetry said with no sincerity (Jackson) – **EWWW**.

Related: [5 Steps To Turn A Date Into A Relationship](#)

Do: Bring your chopper. I know it’s a douchey move – if, in fact, you are a douche is another story. This is a game and the game is all about standing out and catching Emily’s attention. What better way to do it than arriving via chopper?

Do Not: Be *that* guy who sits and stewes about what other guys are doing right and wrong. Nothing screams “insecurity” more

than judgment of others. If you're judging others that crucially, I can't imagine what you are doing to yourself. So calm down, rooster man.

Do: Have impeccable body language and tonality. There were a couple of guys who knew exactly how to be open and own their space when making an entrance. Head high, calm walk, shoulders back and a smirk. Heavenly. And if you can add in an adorable little routine involving a note saying how nervous you are, to show your balance of masculinity and sensitivity, you are golden. (A.K.A. Ryan, who I love! His hair's a mess... but that can be worked on.)

All in all, I think Emily has a good batch of dudes to choose from. I know I'll be glued to my television every Monday night to find out what happens.

Marni Kinrys, the ultimate Wing Girl is a woman who has worked with 100's of thousands of men all over the world to help them understand women so they can attract, date, seduce and get any woman they want without being a jerk. Marni has been prominently featured in The Los Angeles Times, CNN, The Huffington Post, Fox News, The Chicago Tribune, Marie Claire, Elle, Glamour, Men's Health, BlackBook, Penthouse, Asylum.com, MSN, AOL Personals, Askmen.com & more. For more dating, sex and attraction tips, follow Marni on Facebook and Twitter.

Exclusive Interview: Sweet Home Alabama Star Paige Duke

Says It's True Love with Jeremiah Korfe



By Daniela Agurcia

We all fell in love with Paige Duke, the small town girl from South Carolina on season three of CMT's reality dating show, *Sweet Home Alabama*. We interviewed the down-to-earth sweetheart, learning about her experience as the bachelorette and how listening to her heart led her to choose her true love, Jeremiah Korfe.

It seems as if the decision was an easy one for Duke; she connected instantly with the country boy. It was love at first sight: Korfe was physically her type, and they clicked from the start. In fact, on the first day of meeting the guys, she wrote a letter to her mom and said, "And then there's

Jeremiah. He's the only one I can't stop thinking about, and it scares me." Fortunately, the feelings were mutual. Korfe even snuck love letters into Duke's boots, telling her how much he admired her.

[Related: Cupid Exclusive: Former Bachelorette Winner Jesse Csincsak Gives His Take on the Season Finale](#)

Even though a lot of fans rooted for Duke and Bubba Thompson to end up together, nothing could keep fate from taking its course. Duke shares, "Bubba is an amazing, awesome guy, but I never felt the spark or chemistry with him. Yes, I want him to be in my life forever, but you can't make your heart feel something it doesn't feel."

Duke and Korfe received a lot of criticism once the show ended, but they learned to deal with it. "When one of us would get upset, the other one would get us both back in the right mindset," she explains.

Thanks to the editing of *Sweet Home Alabama*, the show may have given viewers a different impression of what Korfe was truly like. Even though fans mostly saw his bad boy image, he actually has a sweet side. Duke claims, "People didn't see anything about the letters. They didn't see how he would look at me or how long he would hug me."

When asked what he thought about how he was portrayed on the show, Korfe refuted his image by telling us, "I'm more of the work hard, play hard kind-of guy, and even if I do have a bad boy side, the show made me look more like a whiner, lonesome guy than a bad boy."

What seems to have saved Duke and Korfe's relationship is that they stayed true to their hearts. Duke, a true believer in finding the perfect one, gives us her insight on following your heart, saying, "Gosh, if you don't follow your heart, you will always live with regret. So what if things don't turn out like you thought? You still never regret something that once

made you smile.”

Related: [Reality Stars Who Found Real Love](#)

As for the most important thing to focus on when starting a new relationship, Duke shares, “Honestly, once the must-haves on your list are checked off – things like the same morals and values – and you’re able to create a solid foundation for your relationship, I’d say that the butterflies and feelings that come from a new relationship are most important. That’s especially hard to find as you get older.”

“After I was hurt a few times, I never thought I’d feel so excited or get butterflies over a guy. I became sort of jaded and closed off. I didn’t want anyone to ever have the power to hurt me,” Duke adds. “I had been waiting a long time to feel what I felt with Jeremiah.”

The sweet, southern belle and country boy were a perfect match from the start, and since the end of the show, their relationship has only become stronger. Duke and Korfe are a great example of pushing everything else aside and following your heart, having overcome much criticism to ultimately find true love. As long as the feelings are real, maybe finding love on a reality show is possible after all.

Duke made it clear that she truly believes there’s someone out there for everyone, sharing these inspiring words: “I don’t think people should settle just for the sake of not being alone. It’s cliché, but don’t find the one you can live with; find the one you can’t live *without*.”

Ali Fedotowsky Says Emily Maynard “Deserves to Find Love” on ‘The Bachelorette’



Having previously starred on *The Bachelorette*, former contestant Ali Fedotowsky knows what it takes when it comes to finding love. Although she and her love match, Roberto Martinez, recently called it quits, Fedotowsky is hoping that the new leading lady of *The Bachelorette*, Emily Maynard, will have a better shot. “Emily is amazing! She’s such a sweetheart,” Fedotowsky told UsMagazine.com. “If anyone deserves to find love, it’s her.” Fans were first introduced to Maynard on Brad Womak’s season of *The Bachelor* when she fell for the bar owner, however, Fedotowsky believes viewers can expect something different this season. “Emily told me she

likes guys with tattoos, so we'll see what kind of guys she has on this season," Fedotowsky said. "It should be interesting, I'm psyched."

When you have many suitors, how do you choose which one to date?

Cupid's Advice:

In many situations, having options can be a good thing. However, when it comes to your love life, this can become a bit stressful, especially when you have a few great choices to settle on. So what do you do when you're faced with such a difficult decision? Here are some ways to help pare down your list of potential lovers:

1. Personality: This is one of the most important factors to consider when getting to know your list of suitors. Do you have a blast when you're with them? Are they charismatic? If so, this person sounds like a winner.

2. Meet the parents: Mama knows best and so does dad; usually they can be spot on when it comes to knowing the right fit for their son or daughter. If your hopeful mate can get along well with your family and they adore them, this makes it even easier to seal the deal.

3. Genuine only: You may not be able to easily be yourself around everyone, but when you find that one person who you can completely let your wall down with and they can do the same when they're with you, you may have found "the one."

How do you know how to choose the right person when you're dating? Share your comments below.

ABC's "The Bachelor" & "The Bachelorette" Face Lawsuit For Racial Discrimination



By Steven Zangrillo

New York, NY – ABC's "The Bachelor" and "The Bachelorette" have another ugly public controversy to deal with. Despite 23 seasons of success, this past year has been tough on executive producer Michael Fleiss, as he is now dealing with his second set of legal issues in the span of a few months. CupidsPulse.com listened in on a press conference yesterday surrounding the impending class-action lawsuit against the popular ABC reality franchise for racial discrimination. The plaintiffs, Nathaniel Claybrooks and Christopher Johnson, are two African-American males who say they were discriminated

against during the casting call process.

Related: [Former Bachelor Contestants Prepare to File Class Action Lawsuit against ABC Producers](#)

The plaintiffs are suing American Broadcast Companies, Inc., Warner Horizon Television, Inc., Next Entertainment, Inc., NZK Productions, Inc., and Michael Fleiss, the executive producer of the franchise, on behalf of all other persons of color who have applied for the role of the Bachelor or Bachelorette but been denied equal opportunity for selection on the basis of race. The case alleges that the Defendants violated both federal and California laws intended to guarantee equal opportunity in business, commerce, and media regardless of one's skin color.

Christopher Johnson, who is an aspiring professional football player, was cognizant of the show's history of white-only contestants. "I knew at the time that there had never been a non-white Bachelor before, but I thought that a minority candidate with my qualifications would at least be considered," added Mr. Johnson. "In reality, it seems they never seriously looked at non-white candidates."

Related: [Bachelor Season 16 Finale: Jesse Csincsak Discuss Ben Flajnik's Big Decision to Choose Courtney Robertson](#)

Never, over 10 years and a combined total of 23 seasons of "The Bachelor" and "The Bachelorette," has either show featured a single person of color—whether African American, Latino, Asian, or any other minority race or ethnicity—in the central role of the "Bachelor" or "Bachelorette." In 16 seasons of "The Bachelor" and seven seasons of "The Bachelorette," every person featured in the lead role on either show has been white.

Jesse Csincsak, winner of "The Bachelorette" Season 4, has had his own issues with Michael Fleiss. As recently as January,

Csincsak was exploring the possibility of pursuing his own class-action suit against Fleiss and the producers. When Jesse was asked if he thought his lawsuit has inspired others to do the same he responded "I've been saying this for a long time. When someone stands up to this guy, other people will start coming forward. It's like rats in a flood."

It's anyone's guess where this will lead.

Exclusive: Former 'Bachelorette' Winner Jesse Csincsak Rescues Mother and Son from Same Area as First Date with His Wife





By Daniela Agurcia and Steven Zangrillo

When Former 'Bachelorette' winner Jesse Csincsak treads deep into the Colorado woods, he should bring a few lotto tickets with him. On Friday, February 17, the Breckenridge local was snowmobiling 15 miles in the middle of the backcountry in Vail when he came across a lost mother and her son. Mother, Hilary Skye, and son, Dillon, had been stranded before Jesse came to the rescue. This isn't the first (or second) serendipitous encounter to sneak up on the professional snowboarder as he's navigated the trails of the Rocky Mountains. Last year Thomas Pazerunas had also lost his way 15 miles behind the Vail Resort with no cell service until Csincsak helped him.

As if playing backwoods Superman wasn't enough, Csincsak also notably brought his wife, 'Bachelor' Season 13 contestant Ann Csincsak, out into the same backcountry chill for their first date.



Meeting a new flame's friends is hard enough in the first place... but on a weekend getaway in -10F degree weather? Very bold. Ann made it through without a hitch. That's the textbook definition of a "keeper." Ann is proud of Jesse for the lives that he has saved and when asked if he's a hero Jesse says, "I'm paying Karma forward and would want someone to do the same for my wife and son." Looks like Ann has a keeper as well.



So, while it is definitely ill-advised to foray off the trail through the woods in 9 feet of snow, isn't it nice to know that Jesse could swoop in to save the day at any minute?

Maybe the chances are unlikely, but it's nice to see someone fusing star power and humility with such harmonious ease. Be it first dates, hitting the slopes, or completing acts of heroism, it looks like the snowy ranges of Colorado are a place of serendipitous success for Jesse Csincsak.

Photos: Courtesy of Jesse Csincsak