

Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to Be Shared"



Interview by [Lori Bizzoco](#). Written by Shannon Seibert.

Fans recognize Jesse Kovacs from season five of *The Bachelorette*, where he fought for Jillian Harris's heart, and season one of *Bachelor Pad*, where he caused drama with ex-girlfriend Elizabeth Kitt. Now, he is standing at another rose ceremony, waiting to see if he will get a rose on *Bachelor in Paradise* tonight. "It's funny because, during this rose ceremony, I was sick as hell. I don't think they show it, but I was off in the jungle puking my brains out," Kovacs tells us in our celebrity interview. "So I wasn't even concerned about

getting a rose.”

Related Link: [Former ‘Bachelor Pad’ Exes Elizabeth Kitt and Jesse Kovacs Offer Advice on Dating and Love](#)

Jesse Kovacs Talks About Return to Reality TV for *Bachelor in Paradise*

Arriving in Tulum, Mexico this week, his first date was with Jackie Parr (Sean Lowe’s season). He knew nothing about the format of the show; he did, however, know that it was worth it if finding relationship and love was a possibility. “It’s all about the experience for me,” he shares. “If you’re open-minded, you can meet someone anywhere. It doesn’t matter if it’s on reality TV or if you’re in the coffee shop, at a bar, or at the post office.”

What wasn’t aired is that Robert Graham pulled him aside and gave him a brief rundown of the situation. “I did know that Marquel and Jackie went on a date but still felt confident that she would want to go on a date,” he confirms. He also says that everyone was super nice and inclusive. “Graham Bunn and I pretty much hung out the entire time,” he adds.

When the winemaker first got to the island, he had three or four days of date after date after date and then a rose ceremony, leaving him with little free time to get to know any of the guys except for his roommates. “I’m talking with the guys in my hut as if I were talking to any of my buddies about a girl I was seeing, totally not realizing that there were microphones in the ceiling,” he reveals. “Certain things were relayed back to the girls – and of course, guy talk isn’t always meant to be shared.”

Related Link: [‘Bachelorette’ Star Marcus Grodd Is Engaged to ‘Bachelor in Paradise’ Costar](#)

Teasing his storyline further, he admits that something

happens that leads to tension between him and one of the guys. Plus, he gets mixed up in a big misunderstanding that causes him to head home early. “That will all come out later,” he assures us. He says that he looked like the bad guy, although he was telling the truth about what happened.

Despite everything, Kovacs doesn't have any regrets and speaks highly of his experience. “It is what it is. Realistically, I should've known better.” Given he walked into a similar storm between AshLee and Clare, we had to get his opinion on the situation with the ladies. “I definitely feel like AshLee is always concerned about how she will be portrayed,” the reality TV star says. “Her edit or cut was the most important thing to her. I noticed this right away.”

His Recent Relationship and Love Life

He may not have found a relationship and love on *Bachelor in Paradise*, but we do know is that he had a serious girlfriend since viewers last saw him on *Bachelor Pad*. “She was in San Diego, and I was living in Los Angeles. We spent every weekend together – we'd go to the beach, and I'd bring a bottle of wine,” he candidly shares. “We moved in together, started a business, and then split up seven months ago.”

Outside of the show, Kovacs tells us that he isn't looking to settle down again anytime soon. Instead, he's staying busy with his entrepreneurial endeavors. He recently opened a lounge called Liquid in downtown San Diego, and he's still managing Kovacs Brothers Wine with his brother. “We have some wine that we're probably going to release in early September, and then we're going to be harvesting again,” he says of what's next.

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure

to tune into Bachelor in Paradise on ABC on Mondays at 8/7c!

'Bachelor In Paradise' Star Chris Bukowski on Celebrity Romance with Elise Mosca: Dates Were "Spectacular"



Interview by [Whitney Johnson](#). Written by [Sarah Batcheller](#) and Shannon Seibert.

Bartlett, Illinois native Chris Bukowski was the fourth runner-up on Emily Maynard's season of *The*

Bachelorette and was seen as a main competitor on season 3 of the *Bachelor Pad*. Since his initial reality TV appearance, he has molded himself into quite the entrepreneur as the owner of The Bracket Room, a sports bar and lounge in Arlington, Virginia. Earlier this summer though, Bukowski put his business on the back burner and returned to the small screen with the hope of finding a celebrity romance on *Bachelor in Paradise* (fourth time's a charm, right?).

Chris Bukowski on Looking for Relationship and Love on Reality TV

Related Link: [‘Bachelorette’ Star Marcus Grodd Is Engaged to ‘Bachelor in Paradise’ Costar](#)

He recently created quite a media frenzy when he “crashed” the premiere episode of Andi Dorfman’s season of *The Bachelorette*. We saw on the *Men Tell All* episode that host Chris Harrison wouldn’t let Bukowski come to the stage and meet her. “I was totally thrown off-guard when Chris said something to me – I wasn’t miked or anything. He kind of bombarded me!” he shares in our exclusive celebrity interview. Still, he says that final pick Josh Murray “seems like a good guy for Andi.”

When he got the call for *Bachelor in Paradise*, it was no surprise that he was open to the experience. “The producers approached me about it, and I figured, ‘Why not?’ I was able to take time off from the restaurant, so it worked out really well in that sense. When you have an opportunity to be on reality TV, it’s hard to say no!”

Bukowski shows up on the island in tonight’s episode and is immediately surrounded by familiar faces, including AshLee Frazier. Although he and Frazier were friends prior to the show, he says she was too busy with Graham Bunn to spend any time with him. “I knew almost everyone there, which made it a little hard to find a relationship and love. Obviously,

if something was going to happen, it would've already."

Related Link: [‘Bachelor in Paradise’ Star AshLee Frazier: “My Goal Was to Know Graham Bunn”](#)

***Bachelor in Paradise* Celebrity Romance and Fling**

Still, that didn't stop him from having a celebrity fling. The restaurant owner had a brief "showmance" with castmate Elise Mosca and gushes that their dates were "simple but at the same time spectacular – not your normal, real world dates." He also states that their celebrity romance is "too good to spoil" for *Bachelor in Paradise* fans, refusing to share any of the hot details.

Evidently, a happy ending isn't in the cards for this entrepreneur, though. Sources close to us reveal that Bukowski only stays in paradise for two episodes, sending himself home next week. Still, he doesn't blame the show's format for his failure to meet someone special. "I've seen it work on reality TV before, so it was worth a shot. Plus, it's really hard to find a relationship and love in the real world! At the end of the day, I just wanted to have a good time – and I did."

In regard to the Jesse Kovacs drama that audiences are wildly anticipating later this season, the blue-eyed contestant admits, "I'm definitely caught up in some of my own controversy on tonight's episode, but I'm not around when Jesse gets there, so I'm not sure what kind of trouble he got into." Well, now we're awaiting *two* scandals! Make that three gossip-worthy moments as we watch ousted Michelle Kujawa's love life unravel...

Another source shares that Bukowski and fellow *Bachelor in Paradise* contestant Christy Hansen (who hasn't shown up in

Tulum, Mexico yet) became good friends prior to the show after meeting in Chicago. Unfortunately, Hansen arrives in paradise *after* Bukowski is gone, so audiences won't get to see them together. While the hopeless romantic clarifies that they're not dating, he won't confirm whether or not he's single.

Related Link: [New Beginnings for Old Flames on 'Bachelor in Paradise'](#)

Back in the real world, Bukowski maintains his determination to find love, as many of his fans witnessed during his recent search for "Deerfield Abby." The *Bachelorette* veteran describes how he and fashion blogger Dana Weiss of Possessionista tracked her down: "Dana saw that I posted on Facebook that I was looking for someone in Deerfield, Illinois. Once Dana and I connected, it turned into quite the extensive search and got way bigger than I thought it would. Dana is amazing, and she definitely helped find the Abby I was looking for, but it turns out that Abby has a boyfriend, which is why her friend was so mad about Dana's post. At the end of the day, it was settling to be able to find her even though nothing happened from it – except for now I have about 15 new friends named Abby."

As his time on *Bachelor in Paradise* comes to an end (for now, at least), his business continues to flourish. "We just signed a deal that will open two more Bracket Room's," he says enthusiastically. "We'll have one at Reagan National Airport and Dulles International Airport, both in Washington, DC." He's also launching a cold-pressed juice brand this December in Chicago. "I'm not releasing the name for another couple of weeks though."

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Former 'Bachelorette' Desiree Hartstock Celebrates Upcoming Wedding with Bridal Shower



By

Laura Seaman

Desiree Hartstock of the *Bachelorette* is celebrating her wedding, the date still undecided, with a bridal shower. The star had her shower with a group of her girlfriends, which included other former *Bachelor* contestants such as Ali Fedotowsky, Daniella McBride, and Jackie Parr. Hartstock's shower was at the Lombardi House and was posted all over social media in photos and tweets such as "BEST bridal shower anyone could ask for!!" According to [People](#) the couple now

lives in Seattle had an engagement party back in February.

What are some ways to personalize your bridal shower?

Cupid's Advice:

A bridal shower is a great way to celebrate your upcoming wedding with girlfriends and family members. It showers the bride with love and affection, which is definitely needed to calm the wedding nerves and the stress of planning everything. If you want your bridal shower to be something special, make it unique to you! Every marriage is different, and of course every bride is different, so why not have a different bridal shower? Cupid has some advice:

1. Have a theme. Theme weddings don't always work, so maybe you could try to take it down a notch and still give the bride what she wants by doing a bridal shower theme. All of the guests should show up in the proper attire, the venue should be decked out appropriately, and the activities should be fun but with the theme. It's a great way to have fun and go all-out without having to go through the complications of a theme wedding.

Related: [Sia Married Filmmaker Erik Anders](#)

2. Play some games! This is a great way to have fun at any shower, and plenty of games revolve around the bride, so it's easy to personalize them. Trivia about the bride, Bridal Bingo, The (Almost) Newlywed Game, and Memory Lane are all examples of games where the guests get to know a little more about the bride while having fun at the same time.

Related: [Avril Lavigne Receives 17-Carat Ring for Wedding Anniversary](#)

3. Serve the bride's favorite food. Even if it doesn't fit the theme or is a bit weird for the occasion, the party is about the bride, so she should be able to enjoy her favorite food.

This could be something completely casual like burgers or chicken wings, or it could be more elaborate like a three course meal. Either way, the meal should reflect the bride's taste. Literally.

What are some ways your bridal shower was personalized? Let us know in the comments!

New Beginnings for Old Flames on 'Bachelor in Paradise'



By

Shannon Seibert

We've seen them fight for love, fall in love, and lose love.

But the game has changed again! A number of beloved alumni from *The Bachelor* and *The Bachelorette* shows returning to reality television to give finding The One another shot. ABC is launching a new series called *Bachelor in Paradise* and sending a group of former contestants to Tulum, Mexico, to see if the romantic sparks fly as old flames are reunited and new couples are introduced.

Related Link: [AshLee Frazier Says, "I Want to be Well-Rounded Before I Fall in Love"](#)

On Monday, August 4th, the show will premiere with 14 previous *Bachelor* and *Bachelorette* contestants. On the first episode, two of the women will fail to receive roses and be sent packing; the following week, the men will face the same elimination. This pattern of goodbyes will continue throughout the show. Of course, there's a twist: In addition to two people heading home each week, two more alum will join the cast.

Fan favorites, including Chris Bukowski, AshLee Frazier, Jesse Kovacs, and Michelle Money, will be heading to paradise. Additionally, three of the current *Bachelorette* Andi Dorfman's cast-off are returning to the small screen: Marcus Grodd, Dylan Petit, and Cody Sattler. Not only is the cast attractive, but there is bound to be fun, flirting, and tons of drama!

Related Link: [Former 'Bachelorette' Star Chris Bukowski Wants His "Fairytale Ending"](#)

During the show's seven-week run, we'll watch our favorite contestants face competition and avoid obstacles on their mission to find love. Be sure to tune in for the tantalizing moments, shocking surprises, and epic love stories, all unfolding in a tropical paradise!

Do you have any predictions for the show? Share them with us in the comments below!

'Bachelor' Alum Jamie Otis Marries Doug Hehner on New Reality Show



By

Sanetra Richards

A new reality show is taking the saying "love is blind" to an entirely new level. As revealed by UsMagazine.com, Bachelor alum Jamie Otis recently married a complete stranger on *Married at First Sight*. The show includes a line of experts – a sexologist, a spiritualist, a psychologist, and a sociologist – who pair participants with their "ideal" romantic partners. To add to the mystery, the contestants are completely unaware of who their future spouses are until they

are introduced at the altar. On Tuesday's premiere episode, Otis was set to marry software salesman Doug Hehner. Before the nuptials, she was all for finding her soul mate from the experiment – that is, until the moment of truth arrived. "She was freaking out. And it seems like she doesn't know what's going on," the 31-year-old groom said "It was a tense moment." In the meantime, there were a number of thoughts going through the 27-year-old's head. "I'm getting married right now to someone I don't know," she said in her voice over. "I'm thinking I just made the 'worst decision of my life'. I am so scared." Viewers will have to watch next week to see how the rest of their "blind wedding" turned out!

What are some perks to going on a blind date?

Cupid's Advice:

Going on blind dates may seem kind of taboo in today's world. However, with the right attitude, you may just find yourself up for the idea. Below, Cupid shares a few benefits that are attached to blind dates:

1. You have no preconceived notions: Typically, when you're going out with someone for the first time, you already know *something* about your date, whether it be because you've met, talked online, or simply Googled him. But in this case, you probably don't know anything about your potential partner. Go into the date with an open mind – you never know who you might meet!

Related Link: [Why a Blind Date Might Be Good For You](#)

2. You can put your best foot forward: Now is your chance to make a great first impression. The person sitting or standing across from you has no idea what you're like – they may not even know your last name! So show off your best characteristics and really impress them.

Related Link: [Celebrities Who Met on Blind Dates](#)

3. It makes a good story: There are two reactions to the people who go on **blind** dates: You either laugh at the disastrous horror stories they share, or you “aw” at the romantic endings that sometimes result. Whichever one your **blind** date ends up being (or if it’s somewhere in the middle), your closest friends will be excited to hear the details.

Have you ever been on a blind date? Share your experience below.

New Born Baby Bonding the Love Between Bachelorette DeAnna Pappas and Stephen Stagliano





By

Laura Seaman

A newborn baby girl has brought DeAnna Pappas Stagliano and husband Stephen Stagliano closer than ever. The couple, married in 2011, told [People](#) about their love as parents: “I didn’t know that you could love like this. Obviously I love DeAnna to pieces and we have a wonderful marriage, but the love that a parent has, it’s just different,” said Stagliano. The now 5-month-old baby Addison Marie Stagliano has brought a happy and completely new experience to the couple. “Nothing can really prepare you for what it’s like to have a child and how your life will change, but I will say we’re really good at it,” said the new mother. “We’re a really good team.”

How can a child bring you and your partner closer together?

Cupid’s Advice:

Being in love with your partner is one thing, but being in love with your partner while raising a child is another. The process of raising a child puts your relationship through situations to which nothing else could even compare! Through all the dirty diapers, walks in the park, and 6AM wake-up calls, your relationship can become stronger and more wonderful than ever before. Cupid has some advice:

1. Working together to raise a child makes you a team. If you've ever worked on a project with your partner, maybe you know a bit of what this feels like. Raising a child requires a lot of work on both ends, so when small achievements like a first step or a first word start happening, you can be proud together and know that all the wonderful things your baby accomplishes are due to the great bond of you and your partner.

Related: [Olivia Wilde Talks Seeing Son Otis Laugh with Jason Sudeikis](#)

2. Sharing the love for your baby is powerful. A love for one's child is unique, but one other person can truly understand; your partner. You both have this strong, amazing love for your child and that shared love is something nobody else can have. It's like a wonderful secret only you two know.

Related: [Vanessa Carlton Is Expecting a Baby with Husband John Mc Cauley](#)

3. Struggling together through the process can strengthen your bond. Raising a child isn't easy, but you're going through all of the ups and downs with your partner. When times get tough, you can both understand what the other is feeling and be a better support system.

How did your child bring you and your partner closer together? Let us know in the comments!

Celebrity Tell-All Authors



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Ellen DeGeneres and Portia de Rossi

Both of these lovely ladies have written books that give

insight into the struggles they've had to face. The funny lady wrote about coming out in Hollywood and her career as an actress, host, and comedian, while her wife wrote about her journey to overcome anorexia and bulimia. Photo: Andrew Evans / PR Photos

'The Bachelor' Winner Courtney Robertson Tells All In New Book About Love: "I Really Didn't Hold Back!"



Interview by [Lori Bizzoco](#). Video by Damian Kolodiy.

Everyone knows that with every episode of [The Bachelor](#) comes plenty of heartbreak and drama. However, one name has stood out during recent seasons: Courtney Robertson. Even though she was known as one of the most notorious villains of the franchise, *Bachelor* Ben Flajnik proposed to her at the end of season 16. Unfortunately, after the finale aired, the drama didn't stop for Robertson. She and Flajnik split, and the celebrity dating rumors about the former contestant continued.

Courtney Robertson Talks About New Book About Love

In her new book about love *I Didn't Come Here to Make Friends: Confessions of a Reality Show Villain*, the reality TV star reveals the whole story, including intimate details about life before, during, and after her time on *The Bachelor*. "I wrote this book for fans of the show," she says in our [celebrity video interview](#). "I really didn't hold back. If it pertained to me finding a relationship and love and what led to me to go on the show, I put it in!"

Related Link: [Can You Really Find Love on 'The Bachelor'?](#)

After the roller coaster of drama, Robertson is now "happily single," focusing on her book, which she sees as her "labor of love," and her modeling career. Of course, *The Bachelor* will always be a part of her life. She remains friends with former contestants and is enjoying this season of *The Bachelorette* (she thinks Josh is "pretty cute!"). Fans can also catch her on a future episode of *Untold With Maria Menounos* where she'll spill even more behind-the-scenes reality TV secrets.

You can purchase *I Didn't Come Here to Make Friends* on Amazon or at your local bookstore.

Update: The paperback version of *I Didn't Come Here to Make*

Friends is available from Dey Street Books as of January 6, 2015 for \$15.99. Buy it now!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

'Bachelorette' Andi Dorfman Quits Assistant District Attorney Job



By

Shannon Seibert

After her memorable exit from Juan Pablo's season of *The Bachelor*, Andi Dorfman, attorney bachelorette, has proven to

be a woman who goes after what she wants. It has been confirmed that the season 10 Bachelorette has quit her post as Assistant District Attorney in Fulton County, Georgia. Dorfman hasn't announced any plans for what comes next after *The Bachelorette*, but her direct attitude is helping her find love on national television, captivating the hearts of the lucky men as well as the hearts of America, according to UsMagazine.com.

How do you know when to put love before your career?

Cupid's Advice:

How can you choose between the person you love and what you love doing? In matters of the heart nothing is ever simple. Take a step back from the situation and weigh out your options. Love involves taking risks so take into account these three points before making your decision:

1. It all comes down to your happiness: If your partner is asking you to blatantly choose between them or your career, you need to proceed with caution. If this person isn't who you want to spend the rest of your life with, and they're asking you to quit what you love doing, they probably aren't the best match for you. Ambitious women are a force to be reckoned with, so don't let any man stand in the way of you reaching your goals. But if you have asked your partner to make significant sacrifices with their career for you, it may be your turn to return the favor.

Related: [Screwing the Rules Video Dating Tips: George Clooney is Engaged! Why He Chose Her](#)

2. Go with your gut: As people, our intuition can be one of the most useful tools we have. With first impressions, job interviews, and when meeting new people our gut feeling about the person is generally accurate. When it comes down to making a difficult decision with your relationship and your career,

flip a coin. When the coin is in the air, you'll realize what you're wishing for most, and that should be the choice you make. Going for what you want most and things not panning out is better than wonder "What if" for the rest of your life.

Related: [Leighton Meester and Adam Brody Walk First Post-Wedding Red Carpet](#)

3. There is always other jobs, but there is only one of him: Yes, leaving the security of a job can be scary, or even just putting it in the backseat can be terrifying. There are millions of organizations out there that would be a good match for you, but there are very few people in the 7-billion that are compatible with you. If you truly love him, then there should be no decision. He is your decision.

Have you ever had to put love before your career? Or the other way around? Share with us in the comments below!

Jason and Molly Mesnick Say Their Daughter Has "Quite a Silly Personality"





By

Maria Darbenzio

Jason and Molly Mesnick, known for their scandalous season of *The Bachelor*, recently celebrated the first birthday of daughter Riley. They threw a massive party at their Seattle home for their girl's milestone birthday and invited 100 guests including *Bachelorette* alum, Desiree Hartsock. The Mesnick family caught up with Celebrity Baby Scoop to talk about how much they love their baby girl and their hopes to extend their family.

Related Link: [Stephen and DeAnna Pappas Stagliano Reveal Baby Daughter's Name](#)

CBS: Happy birthday to your sweet daughter Riley! Tell us all about her milestone birthday.

MM: "I wanted to go big with Riley's first birthday party because, well, you only turn one once, right [laughs]. We invited 100 of our closest family and friends. We even had family members fly in from out of town. Desiree and Chris, our fellow *Bachelor* family members, also came out to celebrate."

CBS: How is Riley doing? What is she into these days? What does she do to make you

Laugh?

MM: “Riley is constantly making us laugh. She is at such a fun age where she is really starting to interact with us, understand words, and she’s got quite a silly personality. She’s also on the move, big time! I have to watch her like a hawk because if I turn away for even a minute, she’s already playing in the toilet [laughs].”

CBS: **How were the first few months of motherhood for you? Did you feel overwhelmed at all? How have you adjusted to new motherhood?**

MM: “Honestly, I was a very low stress mommy at the beginning and still am today. I didn’t read a lot of books beforehand, so I wouldn’t get worked up about the little things. I took everything in stride and just enjoyed the little moments with Riley. She has a great disposition – very happy, calm, and easy. I got really lucky with this one.”

Related Link: [Former ‘Bachelorette’ Contestant and Hopeless Romantic Chris Bukowski Wants His “Fairytale Ending”](#)

CBS: **Are you hoping to add to your family one day soon and have another baby?**

MM: “I think so. Riley already has a big brother (Ty, who is 9), but I’d love for her to have a sibling closer in age. I grew up with a sister who is only 2 years old than me, and we are so close. I want that for Riley too.”

For the rest of the interview, visit [www.celebritybabyscoop.com/2014/04/04/celebrate-daughters-birthday!](http://www.celebritybabyscoop.com/2014/04/04/celebrate-daughters-birthday/)

'The Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling



By

Sanetra Richards

It looks like *The Bachelor* stars Juan Pablo Galavis and Nikki Ferrell may be hitting some hard times. It's been just a few months since *The Bachelor* finished shooting, and the controversial [celebrity couple](#) have turned to Jim and Elizabeth Carroll, WE tv's *Marriage Boot Camp* counselors, for some relationship advice. The duo, who have worked with other reality TV stars including Jenni Farley and Roger Matthew, Trista and Ryan Sutter, and Gretchen Rossi and Slade Smiley, spoke with Galavis and Ferrell earlier this week. According to

UsMagazine.com, the Carrolls gave a brief synopsis of their talk with the famous couple, saying, "I think they have marriage on their minds, but I think what Juan did was a really – I mean, it wasn't a very romantic fairytale ending – but I think what he did was very wise in the fact that he said, 'You know, I want to go through conflicts with this girl. I want to do some problem solving. I want to see basically what the ugly side is before I jump out there and tell somebody I love them and just get married.'"

This celebrity couple are having some relationship issues. What are some ways to work on your troubled relationship and love?

Cupid's Advice:

Things may become hectic or confusing during your relationship and love. You may be close to calling it quits, but there are ways to work through it and make your partnership even stronger. Consider this relationship advice:

1. Recognize the problems: The most important step you can take is to acknowledge the issues at hand. Challenge yourself to find out what wrong paths you and your significant other took along the way. Examine your partner's behavior and mannerisms as well as your own.

Related: [Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy](#)

2. Ask for some alone time: Alone time gives you the opportunity to think. There are little to no distractions, and your partner is not chiming in every five seconds. You can even make a pros and cons list. Hopefully, the good will outweigh the bad!

Related: [‘Bachelor’ Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

3. Stop harboring bad feelings: Just let it go! All of those hard feelings brought on by problems of the past have to fade away. You cannot possibly expect to move forward if you are constantly feeling sadness or rage every time you glance at your partner. Make it a goal to bury the hatchet.

What are some other ways to save a troubled relationship and love? Share your thoughts below!

Nikki Ferrell’s Ex Says She ‘Normally Wouldn’t Take That’ from a Guy





By

Sanetra Richards

Playing it cool seems to be what Nikki Ferrell is doing. *The Bachelor* season 18 winner is not letting the outside opinions bother her relationship with Juan Pablo Galavis. According to UsMagazine.com, the 26-year-old's ex, Ryan Dill, spoke of her unusual actions in a recent issue: "Knowing her like I do, I'm surprised Nikki acted like everything was fine during After the Final Rose." Dill went onto refer to the post-finale show when Ferrell informed host Chris Harrison that Galavis has not professed his love, saying, "She normally wouldn't take that s-t from a guy. The Nikki I know would have slapped him and walked out."

What are some ways to know you're being yourself in a relationship?

Cupid's Advice:

Your relationship is going well; everything is all hugs and kisses . . . except there is one problem. You are questioning whether you are still the same person you once were. Cupid is here to give you a few tips on how to maintain yourself in a

relationship:

1. Doing what you love: Whether this is a hobby like reading or painting, if you are doing it because you thoroughly enjoy it, a sense of you still remains. The chances of you and your partner having all of the exact same interests are slim to none. So, why not do something that is just for you? A relationship is about union, not about consumption.

Related: [‘Bachelor’ Stars Juan Pablo Galavis and Nikki Ferrell Attend Wedding Weekend](#)

2. Ability to detach from your partner’s hip: You can have a day out with your friends without constantly finding a way to add your relationship into the conversation – the good news is you have not completely lost yourself. As stated before, your life does not revolve around your significant other (there’s no need to drag him or her along). Your friends and family deserve to have just you sometimes.

Related: [‘Bachelor’ Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

3. Being vocal: Having a voice in your relationship is vital. Do not think you are obligated to continuously compromise because you will eventually lose that voice, which is a part of you. Instead, inform your partner of what you are feeling or what your desires are and work towards them together.

How do you know if you are being yourself in a relationship? Share your thoughts below.

'Bachelor' Stars and Celebrity Couple Juan Pablo Galavis and Nikki Ferrell Attend Wedding



By

Louisa Gonzales

The Bachelor stars Juan Pablo Galavis and Nikki Ferrell may not be ready to get hitched themselves, but that doesn't mean they can't celebrate their friends' big day! The celebrity couple recently attended a wedding in Dominican Republic. According to People.com, Ferrell, 27, posted a picture of the twosome on Sunday, standing in front a spectacular view of where the wedding festivities took place. The reality TV stars were first introduced on *The Bachelor* season 18 and have been together since the former Venezuelan soccer player

presented Ferrell with his final rose on the finale episode, which aired on March 10th. Sources say that the [celebrity couple](#) is happy that they don't have to hide their relationship and love anymore, even though Galavis is hesitant to commit to his new girlfriend.

This celebrity couple loved celebrating their friends' big day. What are some ways to get wedding ideas from someone else's festivities?

Cupid's Advice:

It's no secret that planning a wedding can be stressful! There is nothing wrong with asking for help from others, whether it be from your mom, your bridesmaids, or a wedding planner. Consider this love advice and get ideas from your pals' ceremonies:

1. Just ask: If you attend a ceremony or reception that you really like, casually mention your feelings to the bride to ease her into revealing her wedding secrets. It never hurts to ask!

Related: ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

2. See what worked and what didn't: Every wedding has some mishaps along the way, no matter how perfectly it's planned. Pay close attention to the details that worked as well as those that didn't. You may be able to learn a thing or two before you begin planning your own celebration!

Related: [Can You Really Find Love on 'The Bachelor'?](#)

3. Focus on what you want: Remember that you don't have to like everything about someone else's special day. Attend these events with a critical eye and make note of what you would do differently. Ultimately, you want your wedding day to be memorable for you and your partner.

Did you get wedding ideas by attending someone else's special day? Share in the comments below.

'The Bachelor' Star Juan Pablo Galavis Responds to Backlash By Posting Selfie with Nikki





By

Sanetra Richards

The leading man of *The Bachelor* season 18 Juan Pablo Galavis can't seem to catch a break! The reality TV star recently posted a photo with winner Nikki Ferrell, and the caption read, "We are FREE @nikki_ferrell..." after the reunion show. The response to this declaration about his relationship and love wasn't kind, but Galavis isn't going to let it bother him. According to UsMagazine.com, the 32-year-old former soccer player later shared the quote, "Throw me to the wolves, and I'll come back leading the pack."

***The Bachelor* star Juan Pablo Galavis received some mean comments on his Instagram post. How do you keep outside influences from affecting your relationship and love life?**

Related: [The New 'Bachelor' Is Juan Pablo Galavis!](#)

Cupid's Advice:

Outsiders aren't always your best friends. They will nitpick and find every single way to taint the connection between you and your partner. Consider this relationship advice from Cupid:

1. Maintain a sense of mystery: Nowadays, many couples share their most intimate moments to complete strangers without even realizing it. From happy times to the occasional arguments, Twitter, Facebook, and Instagram make it easy to reveal all. Instead, keep your feelings to yourself and let others think what they want about your relationship and love.

Related: [Former 'Bachelor' Star Kacie B. Is Engaged](#)

2. Focus on the positives: You may feel the urge to air your dirty laundry to family and friends, but be careful. Yes, it can be pretty tempting to vent about something your partner did or didn't do, but if you continuously tell your loved ones the negatives, they'll soon forget the positives. Remember to highlight the good times as well as the bad times.

What are some ways to keep the public out of your relationship and love life? Share your suggestions below.

Can You Really Find Love on 'The Bachelor'?



By [Ma](#)

[rni Battista](#)

The reason for our culture's collective obsession with *The Bachelor* franchise is obvious. What single, soul mate-seeking dater wouldn't dream of being presented with 25 gorgeous single men or women and a period of 6 weeks to strategically whittle down that group to a proposal at the end? The all-expenses-paid fairytale dates, exotic destinations, and expensive sports cars probably don't hurt either.

The conducive environment of 'The Bachelor' makes finding relationships and love seem like a breeze. But the real question is,

are the happy celebrity couples really as in love as they look?

But underneath the fluffy fanfare that leaves us hopeless romantics watching at home with hearts a-fluttering, at the show's core is a promise of two people finding everlasting relationships and love. After all, the show has resulted in a few happy marriages, with last month's nuptials of happy celebrity couple Sean Lowe and Catherine Giudici from *The Bachelor* and *The Bachelorette* Season 1 couple Trista and Ryan Sutter's ten-year vow renewal.

Related Link: [‘The Bachelor’ Stars Sean Lowe and Catherine Giudici Are Married](#)

However, in an environment so unrealistic and clouded with so many distracting factors, I can't be convinced *The Bachelor* process is conducive to building the foundation for lasting relationships and love. Do I think it's possible to fall in love on the show? Taking into account the myriad of other ways couples meet these days, sure. Still, I think the success stories are the exception rather than the rule, and here's why:

1. The Isolation: Before they even meet the star of the season, the 25 contestants who make it through the arduous casting process are then sequestered in a Los Angeles mansion for the remainder of the process. At the beginning of any relationship, I advise daters to make space in their schedule to reflect and allow true feelings to come to the surface. With no escape from this microcosm and no contact with anyone other than the bachelor, crew, and other contestants to distract you, it's easy for the show to become your world, distorting your judgment and emotions.

2. The Game: As much as the creators would like you to think that the show allows one lucky man or woman to naturally

select a lifelong partner, it's simply impossible for one person to get an accurate impression of 25 different people's personalities in one night. From the get-go, the show becomes a strategic game where the more extroverted contestants come out on top and those who take a little bit longer to open up often get shafted without a fair shot. Even the contestants who make it past the first couple of rounds of elimination still have to be pretty brazen to stay on the guy's (and camera's) radar, and as a result, many of them get caught up in the competition while losing sight of their true purpose.

Related Link: [How to Listen to Your Heart and Take Back Control of Your Love Life](#)

3. The Entertainment: Ultimately, the show's creators prioritize entertainment value over all else. That means there's a whole other slew of factors that make this dating game less natural and more complicated. The over-the-top dates to exotic locales with private performances by the latest up-and-coming country artist may be fun for the viewer to watch, but it distracts the two people from truly getting to know one another. I mean, who wouldn't fall in love with someone in a rose petal-dotted hot tub overlooking the mountains of Thailand while Josh Groban serenades them softly in the background?

The show's creator, Mike Fleiss, has also openly admitted that they make sure to stock at least half the cast with potential villains or loose screws because they know their audience wants to see drama more than they want to see a proposal. So before the show even begins, cattier girls are selected over more compatible mates, and those stroking the drama are kept around longer than they should be.

To put it simply, any situation that brings people together that normally wouldn't meet carries with it the possibility of true love. But considering the numerous reality-distorting factors involved in *The Bachelor*, I'd steer you toward taking

your chances in the real world.

[Marni Battista](#), founder of *Dating with Dignity*, is an expert dating and life coach with a 10-step system to manifesting love for your self and others.

NoGamesLove Video Dating Tips: How to Get a Guy to Commit



By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House talks about

getting a guy to be in a dedicated relationship – much like the girls on *The Bachelor* hope to do when it comes to the handsome Juan Pablo. First, she encourages viewers to see the popular reality show as a real-life scenario: “He’s dating multiple people...just like you might be casually dating a couple of people until you decide to be in a serious, monogamous relationship.”

Dating Advice from E!’s *Famously Single* Laurel House on How to Get a Guy to Commit

Related Link: [The No Games Love Guide to True Love](#)

Then, the dating expert shares her dating tips for getting that special guy to commit to you. Most importantly, be in the moment, be uplifting, and be vulnerable. “Become your best self!” Watch the video above for the rest of Laurel’s advice and discover what else you can learn from this season of *The Bachelor*!

For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

What do you do when you’re ready to be in a committed relationship with someone? Share your tips in the comments below!

'The Bachelor' Celebrity Wedding: Sean Lowe & Catherine Giudici



By

April Littleton

According to [People](#), *The Bachelor* reality TV stars Sean Lowe and Catherine exchanged celebrity wedding vows on live TV on Sunday. Lowe's father officiated the ceremony. The couple got engaged in Thailand in November of 2012.

'The Bachelor' celebrity couple Sean and Catherine Lowe were able

to add some personal flare to their celebrity wedding. What are some unique ways to incorporate your personal style into your big day?

Cupid's Advice:

Your wedding day is fast approaching, but you still haven't found that special "thing" that will make your wedding a one-of-a-kind experience. Don't worry, Cupid has your back:

1. The decorations: Don't pick the same old boring decor every other couple has picked before you. Think outside of the box. Try different color schemes, different flower arrangements. Better yet, create some of your own decorations for the ceremony and reception so that they are truly unique. If you have a creative eye, you can come up with something nobody has ever seen before.

Related: [Kim Kardashian and Kanye West Visit Paris: Wedding Plans?](#)

2. Plan it yourself: This option might be a little tough to do. When it comes to your special day, plan the whole event yourself. This will allow you to have more freedom of thought and ideas as you go. It can be extremely stressful so we do not recommend this for just anyone. Obviously, you can ask for help whenever you need it, but for the most part, doing it by yourself can feel like a huge accomplishment.

Related: ['The Bachelor' Wedding of Sean Lowe and Catherine Giudici](#)

3. The little things: The music. The food. The guest list. Think long and hard about ways you can make the small details creative and fun. Ask your partner to help out. Maybe he/she

joked about having chicken nuggets at the reception? You don't have to order fancy filet mignon just because that's considered to be a "normal" entree. Do your own thing. If you want a personal friend to DJ at your wedding, let them. After all, this is YOUR wedding day.

What are some other unique ways to incorporate personal style into a wedding? Comment below.

Find Out Details About 'The Bachelor' Winner Catherine Giudici's Celebrity Wedding Gown!





By

Louisa Gonzales

The final countdown to the celebrity wedding of celebrity couple Sean Lowe and Catherine Giudici from *The Bachelor* is on! The event will be shown live on ABC in a series first from 8-10 p.m. ET on Sunday, January 26th. The happy celebrity couple first got engaged in Thailand in the 17th season of *The Bachelor*. The gorgeous duo are only days away from tying the knot and in the meantime have been making their way around New York, sharing their engagement experiences and wedding details with the media and their fans.

The big day is coming up quick for this happy celebrity couple and 'The Bachelor' fans are dying to know more about this celebrity wedding.

Related Link: [The LOWEdown on 'The Bachelor' Wedding of Sean Lowe and Catherine Giudici](#)

The famous couple was on *Good Morning America* on Wednesday morning, and the major topic of discussion was, of course, Giudici's celebrity wedding gown. Every bride-to-be knows the dress is one of the most important elements on a girl's big day. Lowe's fiancée gushed about her gown and shared that she can't wait for everyone to see it. She described it as "perfect" and "sexy," saying she has always felt like the "cute girl" but is finally ready to show the world her more womanly side.

The reality television starlet didn't reveal too much about her dress, as she wants it to be a surprise, but says it goes with the "grown sexy" theme of the wedding. Some fans of *The Bachelor* are tuning in to see the lovers say their vows, but for many of the viewers, it's all about finally getting a glimpse at the wedding gown! Lowe even revealed that, come the big day, he'll only be focused on his bride in her dress.

The happy celebrity couple also told anchor Lara Spencer that they're "anxious" and "ready" to say their I do's in front of family, friends, and, of course, fans. By just watching the lovebirds in this exclusive interview, one can see how their eyes light up when they talk about each other and how happy they make one another. Interestingly enough, we learned that the one most likely to cry first during the ceremony will be *The Bachelor* stud, confirmed by Lowe himself.

Related Link: ['Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut](#)

The excitement won't stop after the ceremony; the reception is sure to be a blast as well. Given the fact that Lowe is a former *Dancing with the Stars* contestant, lots of boogieing will definitely occur. The Hollywood couple will share their first dance to "One Woman" by the Randy Rogers Band, a song picked by the future groom.

The couple stated that, while they want their wedding to be traditional in the sense they're getting married in a Christian ceremony officiated by Lowe's father, the wedding

reception is going to be more modern and festive. The soulmates want their special day to be full of laughter, smiles, and love for themselves and all who witness it – us included!

Be sure to watch The Bachelor wedding special on Sunday, January 26th at 8 p.m. ET on ABC.

The LOWEdown on 'The Bachelor' Celebrity Wedding of Sean Lowe & Catherine Giudici





By

Louisa Gonzales

We're invited to view arguably one of the biggest celebrity weddings of the year between reality TV stars Sean Lowe and Catherine Giudici, who we all watched fall in love on the ABC reality television series, *The Bachelor*. Come join us as we tune in to see the lovebirds say their wedding vows and tie the knot. Didn't you get the invite? Even though the two are celebrating their commitment in a live, televised wedding ceremony on Sunday, January 26th, they still sent out invites like any other couple.

'The Bachelor' celebrity couple Sean Lowe and Catherine Giudici are tying the knot! Were you invited to their celebrity wedding?



Photo courtesy of ABC.

The wedding invitation is a reflection of the beaming celebrity couple's personality, and when reading it, you really get a sense of the type of wedding you're about to witness. The invitation has a goofy description of how they'll be spending the evening: "The LOWEdown: marrying, eating, boogie-ing."

Related Link: [Sean Lowe Spoils Fiancée on Her Birthday](#)

The RSVP card is also quite witty. For those attending, it says "can't wait," but for those with regrets, the box to check is "something more important to attend than celebrating the union of Sean & Catherine."

The former *Bachelor* stars, who reside in Texas and plan to move in together after they're wed, first announced the date of their big day on *Good Morning America* in October. The wedding ceremony will be held in Santa Barbara, California. It's no surprise that friends, family, and fellow *Bachelor* and *Bachelorette* reality TV contestants all seem happy for the pair's pending wedding nuptials. They've certainly captured our hearts too!

Leading up to their wedding vows, the TV sweethearts have had a blast attending wedding-related events, such as their celebrity engagement party, bachelor and bachelorette parties, and two wedding showers. The latest shower was held at the Lowe house on Saturday, January 4th – three weeks before their big "I do's." Lowe posted a picture of him and Giudici on Instagram (above) looking partied out and in bliss after a

long day of celebration. They received gifts from their registries at Crate & Barrel and Macy's. Guests can also make donations to the organization Micheala's Army, which helps children with pediatric cancer. Isn't it nice to see a celebrity couple use their special day to support a good cause?

Related Link: [Why 'The Bachelor' Sean Lowe and Bride-to-Be Are Waiting for Marriage](#)

The happy celebrity couple want to make sure that their wedding is unforgettable. They seem to be on the right path, having hired celebrity wedding planner Mindy Weiss to give them a "grown-up sexy" day. The duo have been posting tweets and pictures to share how pleased they are with the progress Weiss has made on their wedding plans.

In preparation for their church wedding, Giudici was recently baptized by Lowe's father Jay at Plymouth Park Baptist Church. Her fiancé is a born-again Christian and has never been shy about expressing his beliefs, but the bride-to-be's decision to be baptized as Christian was reportedly her own. Jay will also be marrying the future spouses.

Be sure to watch The Bachelor wedding special on Sunday, January 26th at 8 p.m. ET. Stay tuned for more exciting details about their big day!

Rumor Alert: Are Kris Jenner and 'The Bachelor' Ben

Flajnik Dating?



By

April Littleton

Since Kris Jenner's celebrity divorce from Bruce Jenner, there's a celebrity dating rumor that she is now dating a former reality star of *The Bachelor*, Ben Flajnik. However, Flajnik spoke to [People](#) to get the record straight. "Kris is a very, very dear friend of mine," said Flajnik, who lunched with Jenner at Barney's in Beverly Hills on Friday. "We are not dating, we're just working on a couple of projects together, so that's why we've been seen out a lot as of late," he said.

This celebrity dating rumor spread

like wildfire. What are some ways to keep rumors from affecting your relationship and love life?

Cupid's Advice:

Rumors can be the demise of a relationship and love if the things being said aren't addressed right away. It's up to you and your partner to have a clear line of communication and to let the truth be known when it's necessary. Cupid has some advice:

1. Talk about it: Don't let untrue information get the best of your relationship and love life. If you're unsure about something you've been hearing regarding your significant other, ask them about it. Sometimes, choosing to ignore a situation will only make matters worse. Make sure you continue to communicate with your partner in order to avoid any surprises when it comes to neighborhood gossip and news.

2. Dispel it: Whenever you hear a rumor going on about you and your honey, take initiative by making sure you set the record straight. If any of your loved ones ask you about something that happens to be misinterpreted or downright false, let them know the truth right away.

3. Don't think about it: No matter what you do, people are always going to talk about situations that have nothing to do with them – it's part of life. Rather than get yourself and your partner all worked up over nothing, simply choose to worry about things that really matter. Addressing rumors only adds fuel to the fire. If you brush off the problem, people will do the same and turn their attention to something else.

How do you keep rumors from affecting your relationship and love life? Comment below.

Bachelor/Bachelorette Alums AshLee Frazier and Michael Garofola Are Dating



By

April Littleton

According to UsMagazine.com, *Bachelor* alum AshLee Frazier and *Bachelorette* alum Michael Garofola are now a couple! The lovebirds have been seeing each other for a few weeks. Garofola posted a picture of the two at a Blue Label Vodka event Friday, Oct. 4. "Amazing night with an amazing girl in an above average city," he captioned the photo.

How do you know when to go public with your relationship?

Cupid's Advice:

You've been dating someone for awhile and you think it's time to let everyone you care about know about your new relationship. Before you do, there's a few things you need to think about first. Cupid has some tips:

1. Timing: Take into consideration how long the two of you have been dating. If the relationship is still fairly new, then maybe you should wait a little while longer – at least until you and your new boo are sure things are headed in the right direction.

2. Feels right: If you're comfortable in the situation you're in and your partner is OK with the decision to go public, then go for it. Don't feel like you have to tell your friends and family what's going on in your love life if you're unsure if the person you're dating is the one for you. Be sure what you have with that special individual isn't just some fling before you start spreading the news.

3. You talked about it: You're not the only one who gets to decide when to go public with your relationship. Your partner needs to be in on the decision as well. If you're thinking it's time to let your loved ones know who that special someone is in your life, you should have a conversation with your honey about your plans to announce the exciting news first.

**How did you know when to go public with your relationship?
Comment below.**

Ryan Anderson Breaks Down Over Gia Allemand's Suicide



By

April Littleton

According to [People](#), Ryan Anderson broke down in tears when he discussed how he was dealing with the death of his late girlfriend, Gia Allemand. The New Orleans Pelicans forward was the one who found her in her apartment August 12 after she hanged herself. "Every day is a challenge. It helps to be here. My family's with me. To be here with my teammates really helps a lot, but it's a roller-coaster," he said.

What are some ways to cope with heartbreak?

Cupid's Advice:

When your heart gets broken it seems like nothing will help

ease the pain. It's natural to feel this way, but as time goes on, you'll notice that you're starting to smile more often. You might be even laughing a bit more than usual too. It takes time to get over something tragic. Cupid has some tips:

1. Spend time with loved ones: Have your family and friends around more often while you're going through the grieving process. Your loved ones will show you how loved and appreciated you are and all of that positive energy will be good for your state of mind. You'll have people around you who you trust and if you ever feel like venting they'll be right there to lend a listening ear.

2. Keep busy: Get right back to doing your everyday activities. Continue to go to work and pick up a new hobby or two. Staying busy will help keep your mind off of the things that are keeping you down for awhile.

3. Remind yourself that things will get better: When you're feeling down on yourself, just keep in mind that there will be better days ahead. Time heals everything – you just have to be patient. Some days will be better than others, but eventually, you'll wake up one morning feeling like your old self again.

What are some other ways to cope with heartbreak? Comment below.

**'The Bachelor' Winner
Courtney Robertson Lands**

Tell-All Book Deal



By

April Littleton

The Bachelor Season 16 winner is once again making headlines. Courtney Robertson, now a celebrity author, has landed a book deal with the title *I Didn't Come Here to Make Friends: Confessions of a Reality Show Villian*. "Going on *The Bachelor* was the most amazing opportunity I've ever had but I did not have a fairy tale ending!" Robertson told UsMagazine.com. The 30-year-old ended her celebrity relationship with Ben Flajnik October 2012.

Courtney Robertson decided to do something positive when it came to dealing with her celebrity break-up from 'The Bachelor' Ben Flajnik What are some creative ways you can get over a break-up without being revengeful?

Cupid's Advice:

Break-ups are tough, especially if you ended things with someone you really cared about. Getting over a celebrity ex without lashing out publicly can be even harder. Cupid is here to help those girls going through a break-up:

1: Have a girl day: When you begin to feel down, call some of your girlfriends and spend the day going out with them. Go to the spa, a movie or just sit around your house and talk about how you're feeling. Relationships and love will come and go, but your friendships will be something you can cherish forever.

2. Hobbies: Keep your mind off your ex by staying busy. What are some of the activities you thought about trying but never got the chance to do? Start going to the gym more often, take piano lessons, and fly in that helicopter over the city! Do something you've always had an interest in and have some of your friends join you as well.

3. Keep a journal: Instead of verbally blaming everyone around you for what happened between you and your boyfriend, write down all of your feelings and emotions in a journal. Finding a healthy way to express yourself is good for the mind and will help you move on faster.

What are some other ways to deal with a break-up without getting revenge? Comment below.

'The Bachelor' Alum Tierra

LiCausi Ends Engagement



By

Kristyn Schwiep

Reality TV star Tierra LiCausi's mystery engagement has ended, [People](#) reports. LiCausi, a villain from Season 17 of *The Bachelor*, flaunted a huge diamond ring on the Women Tell All reunion. According to sources, the break-up happened a few months ago. Unlike LiCausi, the most recent *Bachelor*, Sean Lowe, said to expect a celebrity wedding date announcement for him and fiancée Catherine Giudici.

'The Bachelor' alum Tierra LiCausi wasn't destined for a celebrity wedding. How do you know when it's

time to call off your engagement?

Cupid's Advice:

Getting nervous and having last minute questions about getting married arises in all engaged couples, but these aren't reasons to call off an engagement. Here are some signs that will help you know what it's time to call things off:

1. Avoidance: If you're looking for excuses to avoid your fiancée you probably want out of your relationship and love life. If you start to find yourself doing things to spend time away from your soon to be husband or wife it's probably a good sign to call off your engagement.

2. Fights: Fighting in a relationship is normal and planning a wedding can be stressful, but if you are fighting more than you are happy its time to call it quits.

3. Gut feelings: We all have gut feelings for a reason, so if you have that gut feeling that something isn't right in your relationship, it's probably a good idea to call off your engagement.

**How did you know when it was time to call off your engagement?
Share your stories below.**