

# Marcia Gay Harden Files for Divorce After 15 Years



Marcia Gay Harden, best known for her roles *Pollock* and *Mystic River*, has filed for divorce after 15 years of marriage to husband, Thaddeus Scheel. According to [People](#), the Oscar winner has asked for privacy during this difficult time for the sake of their three children, 7½-year-old twins Hudson and Julitta Dee and a 13-year-old daughter, Eulala. A rep has released the following statement: “No further comments will be made on this matter, and we thank you for your understanding.”

**What are some ways to regain independence after a long-term relationship?**

## **Cupid's Advice:**

Adjusting to life and your identity without a plus one after a longterm relationship can be very difficult. However, if you

don't let your marital status define you, it becomes a lot easier. Cupid has some tips:

**1. Enjoy being single:** Spend time letting loose and enjoying the fact that you are no longer tied down.

**2. Join a dating site:** You don't have to commit right away, but it can't hurt to shop around.

**3. Take up a hobby:** Healthy distractions serve as a great means to move on. Learn how to ski, or pick up some handiwork like knitting or crocheting.

**Are long relationships more difficult to get over than short ones? Share your thoughts below.**