

# New Celebrity Couple: Tarek El Moussa Confirms Heather Rae Young Is His Girlfriend



By [Mara Miller](#)

In the latest [celebrity news](#), we have a new [celebrity couple](#) to announce! According to *EOnline.com*, Tarek El Moussa confirmed that Heather Rae Young from *Selling Sunset* is his girlfriend. Moussa and Young sparked romance rumors back in July after they were spotted kissing on a yacht in a marina in Redondo Beach, California. Moussa said this about Young: "She's amazing. She does such a great job, she did *Selling Sunset*, and that show was incredible. So, I really admire her work ethic and her heart. It's been a long time since I've

started falling in love...I've been on my own for close to three and a half years now and to finally find someone again, it's a really big deal for me, because a few months ago if you would have asked me, I would say 'I'm gonna be on my own forever and I'm happy being alone,' and you know what, I realize what I was missing now." Young recently met Moussa's two children, but has yet to meet his [celebrity ex](#), Christina Anstead.

## **This celebrity couple is coming into the public eye after much speculation. What are some ways to know when it's time to bring your relationship public?**

### **Cupid's Advice:**

It can be hard to decide when you make your relationship public, especially if you and your new partner are private and want to enjoy your new love together. But, eventually, it will need to happen! Cupid has some ideas on how to know when to make your relationship public:

**1. You don't mind them meeting your family:** You know it's time to bring your relationship public when you're okay with your new partner meeting your parents, siblings, or even your kids (if you have them), and you've met their family.

**Related Link:** [Celebrity Break-Up: 'Flip or Flop' Star Christina El Moussa Officially Files for Divorce from Tarek](#)

**2. You don't want to date anyone else:** You know you're ready to make your relationship public when you delete the dating apps and delete the numbers of other potential partners because it feels like you're cheating otherwise.

**Related Link:** [How to Move On After Heartbreak](#)

**3. You're leaving your stuff at each other's house/apartment:**  
You know you're serious about each other when you start leaving clothing or other important items at each other's respective homes. In fact, it may seem like one of you are moving in on the other, but you just need to ask to make it official!

**What are some other ways to know when to make your relationship official? Let us know in the comments below!**