

Celebrity Interview: Temptation Island's Gavin Rocker Speaks Out About What Ultimately Ended His Relationship



Written by Altina Kamara.

Before arriving to the set of *Temptation Island*, Gavin Rocker was in 1+ year relationship with then-girlfriend, Esonica Veira. The way they met was like a scene out of a rom-com. However, their love took a turn as “temptation” ultimately took over with his now-ex. Though he doesn’t regret his time on the show, he wouldn’t recommend it to others.

In our exclusive celebrity interview, we chat with Gavin about his hesitation in relationships, past television appearances and what he learned from being on *Temptation Island*.

Check out our celebrity interview with Gavin Rucker to hear his thoughts on relationships and *Temptation Island*:

1. How did you two meet and was there an initial attraction?

We met doing background work for show Love Is (how ironic). I saw Esonica standing near me and she was just so beautiful, so I asked "Hey, what do you do?" She said she was a model. We kept talking and I asked for her number. I didn't have my phone, so I said, "Tell me your number. I'll remember it." She then said, "If you remember my number, I'll go out with you." Lol. I remembered her number, called the next day and the rest is history.

2. You two were together for just over a year when you decided to join *Temptation Island*. Do you think you had enough time together before putting your relationship to the test?

I think we had enough time. Anything longer than that would be a waste to me. I feel like it doesn't take long to know how you feel about a relationship. *Temptation Island* was great way to decide whether or not we should move forward or not.

3. What were your first thoughts upon arriving to the set of the show?

My first thought was, "Wow, these single girls are really here for love and they're serious too." I didn't know how to take it at first. It was such a weird experience, so I had to adjust on the fly. No one ever goes through something like

that (unless you were part of season 1).

4. Both of you started making connections with two other members of the show pretty quickly. Did you go into this knowing you wanted to find other relationships?

I did not. I wasn't planning on falling in love with anyone. I wanted to show Esonica my loyalty to her and see if she was the right one for me. Being with Esonica was my end goal the entire time.

5. Do you think social media may have had a negative effect on your relationship?

I think so. Not in a big way, but the smallest comment can lead to the biggest argument. Esonica looks deeper into social media than I do. She always knows who I'm talking to. I don't really get into it that much.

6. You have admitted in the past that you are nervous about taking that next step towards marriage. Why do you think you're so hesitant?

I'm hesitant because marriage is a huge step. In society today, marriage is so casual. People kind of just do it because "it's the right thing to do" or "you're at that age." I don't believe in that. I feel like marriage should happen when you're sure about your partner and to me, a year and a half isn't enough time to make that decision.

7. Fans discovered that Temptation Island wasn't your first television appearance. Do you have aspirations of becoming an actor? What else have you been on, if anything?

Temptation Island was my first television appearance, aside from being an extra on TV shows/movies. I'm a former college athlete, so I'm always cast for football movies/commercials. If fans count that, then sure, I've been in other things, but you can't even see my face in stuff like that. If I was a big-

time actor, people would see me in the box office.

8. Have you maintained the friendships with anyone on the show? If so, who do you still speak with and how often? (This includes the guys and girls)

All the guys and girls still talk from the guys' villa. We're all cool. We even have a group chat. Lol! That big group chat gets used every now and then, but the rest of the guys and I talk often. Almost daily. We love each other. One big happy family.

9. What have you learned overall from being on the show? Do you think it's something you would ever do again?

I learned that people cope with things differently. It's tough being cut off from the world for 4 weeks and surrounded by strangers. Most people wouldn't find that easy. It showed me how mentally tough I was and how everyone deals with controlled isolation.

I wouldn't do it again, but I'm thankful I did it once.

10. Are you [and Esconica] both still a couple now that the show is over? If not, who are you with? Why did it eventually end?

No, we're not together. I'm not with anyone at the moment. Things ended because, to put it bluntly, Esconica and I aren't compatible. We tried making things work after the show, but that was difficult, and when I found out she slept with Kareem at the reunion after telling me she didn't, I was done. She wanted to be with me still, but I can't go back with someone after lying like that.

11. Would you recommend going on the show to others who are in a relationship that they are not sure about?

I wouldn't recommend it. It's Temptation Island, not "Fall in love" Island. Things are tempting, but none of it really has

substance. Granted, people face temptation every day, but doing it on romantic dates in Hawaii is a different story. I'd only recommend it to those couples with trust issues, but usually the person with those issues is the first one to cheat, as we saw with almost every woman this season, so does that really help anything? Be careful.

12. What are the next steps for you now?

The next step for me is just to enjoy my life and focus on me again. I've been working on some music that I plan to release soon, so I'm excited about that. I'm also happy about the new friends I've made from Temptation Island. I love all of those people. We're bonded for life. Hate it or love it, we can't change that!

Want to keep up with Gavin? You can follow him on [Twitter](#) and [Instagram](#).

Celebrity Interview: Temptation Island's Esconica Veira Shares How She's Moved On With Her Life After The Show





Written by Altina Kamara.

Esconica Veira, a former pageant model, joined the cast of *Temptation Island* with her boyfriend, Gavin Rocker, and had doubts from the very beginning. As the show progressed, Esconica began to discover herself more and formed a bond with fellow cast member, Kareem Thomas. Her relationship with Gavin ultimately ended and she shares why it's okay.

In our exclusive [celebrity interview](#), Esconica speaks out about her relationship with Gavin and how it changed her, as well as what's next for her now that temptation is no longer knocking at her door.

Check out our celebrity interview with Esconica Veira to hear about her experience on *Temptation Island* and the relationship she had with

ex, Gavin Rocker.

1. How did you two meet and was there an initial attraction? You two were together for just over a year when you decided to join *Temptation Island*.

Gavin and I met on set doing background work on the show called *Love Is*. I thought that was pretty coincidental, and yes, we did have attraction when we first met.

2. Do you think you had enough time together before putting your relationship to the test?

Being in a relationship for just over a year, things should be good. It should be like the honeymoon stage. Looking back at it now, it may have not been enough time for us to put the relationship to the test.

3. What were your first thoughts upon arriving to the set of the show?

My first thought upon arriving to the set of the show was, "What the hell did I get myself into?"

4. Both of you started making connections with two other members of the show pretty quickly. Did you go into this knowing you wanted to find other relationships?

I don't think I found a connection pretty quickly. I was taking my time and honestly doing whatever I could to not make a connection.

5. In an interview with *PopCulture.com*, you said that your bond with Kareem helped to open you up more.

I did not initially go on the show to find another relationship. In the interview with *PopCulture.com*, I said Kareem helped me open up more, meaning on *Temptation Island*, he allowed me to be myself by listening to me and

understanding my unique situation.

6. Do you feel that your relationship with Gavin has hindered you? In what ways have you opened up?

I don't necessarily think that the relationship I had with Gavin hindered me, but I do feel like there were some parts of myself I was never really able to explore. I have opened up more by just knowing now what I should accept in a relationship.

7. Do you think social media may have had a negative effect on your relationship?

I do believe that social media can have a negative impact in relationships because everything is in the palm of your hand. It can make everything a bit harder when connecting with your partner and that can cause some disconnect in a relationship. Social media can make things seem very easy to find when in real life, it's not that easy.

8. You're the CEO of your own cosmetics line named Forever Royal Cosmetics. Can you tell us how you got into the beauty industry and what sparked your interest?

I am the CEO of my own cosmetic line named forever Royal Cosmetics. I got into the beauty industry because of pageantry. I've participated in pageantry for my entire life, actually since I was nine years old. What sparked my interest was my platform, which was promoting self-esteem in women. I've always felt like I wanted to be what I never had when I was younger and that was a positive role model that would show me how to accept myself for who I am – Someone to show me how to groom myself into a better version of who I am and to make the best of who I am.

9. Have you maintained the friendships with anyone on the show, and if so, who do you still speak with and how often? (This includes the guys and girls)

I have maintained many relationships with pretty much everyone on the show. I think we speak often enough and that includes the guys and the girls. All of us have been through a once-in-a-lifetime experience and because of that, we will always be connected.

6. What have you learned overall from being on the show? Do you think it's something you would ever do again?

What I've learned overall from being on the show is that it's okay to be me – whatever that is. Is the show something I would ever do again? I've learned to never say never, but right about now, I may have had enough of Temptation Island.

7. Are you [and Gavin] both still a couple now that the show is over? If not, who are you with? Why did it eventually end?

We are no longer a couple now that the show is over. At this time, I am with no one. It eventually ended because we came to a quick realization that both of us wanted two different things and sometimes, that's okay.

8. Would you recommend going on the show to others who are in a relationship that they are not sure about?

I would recommend going on the show to others who are in a relationship and they are not sure about it because it's a fast way to know if this person is the one or isn't, and if you're like me, you don't have much more time to waste.

9. What are the next steps for you now?

The next steps for me now would be to focus on becoming the woman that I want to be. That means excelling in my business, career, love life and the pursuit of my own happiness.

Want to keep up with Esconica? You can follow her on [Instagram](#).

Celebrity Interview: Temptation Island's Ben Knobloch Says He Knows What Women Want In Relationships



Written by Altina Kamara.

Ben Knobloch, a veteran and California-native, decided to take a chance on a unique opportunity to find love on the hit USA Network show, *Temptation Island*. Though he wasn't originally looking for love, his connection with fellow cast member, Ashley Howland, left fans wanting more.

In our exclusive [celebrity interview](#), Knobloch opens up about his past, his relationship with Ashley after the show, and what he's looking forward to in the future.

Check out our celebrity interview with Ben Knobloch as he spills the tea about his fellow cast members on *Temptation Island*:

1. What made you go on a reality show to find love?

I wasn't really looking for love. I wasn't looking for anything, really. It was a super unique opportunity that they reached out to me. I was just posting silly Instagram videos and somebody reached out asking about the tv show and I'd never heard of it and it seemed like a really unique thing that no one that I know has ever been on a tv show, so yeah, I decided to go for it and honestly, I didn't even know the premise of the show. I had to do some background research and at least go into it with an open mind, that no matter what happened, whether I was voted off the first night or made it all the way through or found someone to be with, I wouldn't be upset or heartbroken.

2. I read that you have three sisters. Can you tell us, in your own words, how that has affected you or helped you, or maybe even hindered you?

The three sisters, obviously growing up the only guy, was absolute hell. I remember there were times where they would tie me to chairs and put makeup on me. It was so bad, but the silver lining is I learned what not to do as a boyfriend. I'd see them coming home from dates crying and venting to my parents about what this guy did and what he didn't do, so slowly in the back of my head, I guess I was taking notes.

That led me to be who I am today, so I appreciate it but obviously there's still some PTSD from wearing makeup when I was 10 years old.

3. You do say that with the three sisters that you know what women want. Can you give us an example of what you think women want?

I think women want a strong partner, whether that's physically or emotionally strong, if they had to, someone they can rely on if they ever felt short or weak because nobody wants to date, male or female, someone who's weak. That is the biggest turn-off. It's not going to last long and if it is going to last long, it's going to be pretty toxic. Imbalance leads to bad things, so you want to balance a strong relationship with someone you can rely on.

4. Knowing what you know, what do think the difference is between you and Casey?

I think Casey is emotionally immature and it's very evident, seeing a few episodes back, where he...and obviously I had a preconceived notion about what I thought he was based on what Ashley told me but I knew that was just one side of the story. I was really looking forward to getting to know his side of the story and who he is as a person. Unfortunately, he never showed up to the reunion, so I never got to really meet the guy. I think Casey just has a lot of growing up to do. He's never really experienced life, he's never traveled outside of the country, Ashley told me he's never been in a massive heartbreak before. I'm a firm believer that you have to have your heart broken at least three times before you find who you want to end up with forever.

5. What's the longest relationship you've been in, to date?

My longest relationship was a year and a half.

6. Can you tell us about you and Ashley and where you are now?

I thought we were on good terms and then every once in a while, I'll get a drunk text or phone call, but I guess there's some drama updates. I was out of cell service for 4 or 5 days backpacking. I come back to my phone and there are missed calls and FaceTimes from different cast members and apparently, after these little *Temptation Island* get-togethers on the east coast and the west coast, mainly LA and New York, there's bad s**t going on. Girls are getting drunk and talking s**t to each other: singles, relationship couples...I'm trying to reach out to the other guys like "What the hell is going on?" And none of the guys have any idea, just the girls, so I'm not entirely sure what's going on. I think Ash and I are okay right now, but we are not dating...maybe friends, but the last couple of days, she has been not happy with me, for some reason, and I don't know why.

7. Did you [and Ashley] date after the show?

We hung out after the show a good amount. She flew out a few times to see me and it was fun, but we did have a hard part, like "Hey, you know, you want to go to LA, I'm staying here in Arizona." I have two years of school left. She has a lot going on with her clothing line, so we figured it was best to separate and still maintain a good, positive relationship without actually being together.

8. Are you dating anybody right now?

I'm not dating anybody right now, no.

9. What qualities do you look for in a woman?

I'm looking for someone who has goals. Someone who aspires to be something in this life, because life is short, and someone who...Someone who's goal-oriented and driven, someone who works out and takes care of themselves because I take care of my body and then how do I expect them to rely on themselves and take care of me if they can't take care of themselves, so that's kind of big in my book. Smart. I like to hold an

intellectual conversation, something other than a pretty face. Funny.

10. Do you think you'll do reality tv or television in general ever again? Do you like the business?

Yes, so that was one of the parts that was most exciting for me with getting on a tv show. Everybody has these rumors on what they think reality tv is or how tv works, but it is completely different, like all the moving parts and the pieces and I thought it was such a unique and awesome experience, so I would definitely be down to do another reality tv show, for sure.

11. You made a post on Twitter and it said something like, "It's amazing how many snakes come slithering out of the grass as soon as you get on a tv show." Who are you referring to? Are you referring to people in your life or other people?

I'm referring to every woman who's ever curved me before I was on tv. They didn't give me the time of day before I made something of myself. Now that I got on *Temptation Island*, they're like "Ooh, I guess he's doing well for himself. Let's hit him back up," but too late. You get one shot.

12. How do you weed through all of that?

I mean, I get it. People change over time, but if they weren't giving me the time of day before I was on tv, then I just say, "no thanks," or ignore them completely. Keep them on "read." That's the best policy.

13. What did you family think of you going on the show and what do they think now that the show has been on the air?

My mom, she was excited. She's a huge fan of reality tv, especially *Temptation Island*. She loves Mark Wahlberg, so that was kind of cool. But my dad was like, "What's the show called?" And I told him "*Temptation Island*" and he's like, "I

don't like the sound of that show," so there's kind of both sides playing the field, but they were supportive and they were saying "Have fun, good luck," and I went on the show and then my mom said it was kind of hard having me not talk to her for 30 days, because we talk regularly, at least weekly. So I get back and let her know how it went and they're loving it! My family is eating up the show. Every Thursday, I get a phone call from uncles and aunts and cousins like "Aww we saw you, we saw this, did this really happen? Can you talk about that?" So, it's fun.

14. You're in Scottsdale? Is that where you grew up and were raised?

No, so I'm actually from Northern California. I was up there until I was 18 and then I spent five years on the east coast following high school and the military and then I got out and was like, "I want to go to school and be a real human again," so I decided to move somewhere new where I didn't know anybody and start fresh in Arizona and here I am.

15. On your Instagram bio, it states that you're a "jack of all trades." Can you give us some examples of the types of things you do?

Yeah, so I've gotten multiple questions about that and it's kind of funny to explain. "Jack of all trades, master of none," is actually something an old, wise delta force guy told me a couple years ago, but they're saying you never want to stick to one thing. You want to diversify your portfolio, in a sense, so any given weekend, I can be found skydiving, scuba diving, hunting, fishing, off-roading, going to the clubs, in a library, just doing whatever I want. I don't have one single hobby. I kind of do everything and I think that's a good way to live because it's never boring and there's always something to do.

16. How do you think your dating life is going to change now

that the show is over?

The show was definitely life-changing, but I'm excited to see what happens after because of it, so I would really love to get into acting, but I refuse to move to Hollywood, so that's kind of the predicament. I'm excited for the future. I'm just going to keep doing what I do and see what happens.

Want to keep up with Ben? You can follow him on [Twitter](#) and [Instagram](#).

Celebrity Interview: Temptation Island's Kaci Campbell Says She Deserves 'A Lot Better' Than Evan Smith After Heartbreak in Finale





Interview by [Lori Bizzoco](#). Written by [Courtney Shapiro](#).

Kaci Campbell flew out to Hawaii with Evan Smith, her long-term, live-in boyfriend to join the cast of the exhilarating reality show, [Temptation Island](#). The couple had been struggling with their relationship and not sure whether they should end it or move on. As we saw on tonight's finale, Evan called it quits with Kaci leaving her for his new girlfriend, Morgan Lalor. We just spoke to Kaci and she says she is the happiest she's ever been in her life.

In our exclusive [celebrity interview](#) we chat with Kaci about her and Evan's promise to one another and game plan, her connection with Val Osipov, and what life looks like now that she is off the island.

Check out our celebrity interview with Kaci Campbell as she reflects

on her previous relationship with Evan Smith:

1. You sound like you're in a great mood. Can you tell us why?

I'm not going to lie. I'm totally nervous for the finale. I haven't seen it, I've heard about it from a lot of different reporters and through Reality Steve's podcast; he's told me all about it. I've heard it's very brutal and hard to watch, and I'm scared. I'm not gonna lie. With that said, at the end of the day this whole bizarre, extreme experiment that I put my relationship through is such a blessing in disguise. It honestly saved my life.

I was really hanging on to my relationship with Evan for a long, long time and fighting for it, but he's not my person at all. I deserve a lot better, and now that he's gone and out of my life, I feel such relief, and so free. I'm so excited for the show to be over and for the finale to be done. It's almost like lifting a band-aid off. I just can't wait for the next chapter of my life honestly. I don't know, it's crazy. For the first time in my life I'm truly genuinely happy, which is insane because six months ago I was heartbroken and depressed and anxiety ridden.

2. Can you tell us what conversations you had with Evan going into this show and what happened at the final Bonfire?

Evan and I, we came to *Temptation Island* with each other. To this day, he is trying to tell people that I didn't and I forced him on the island, which is really just a blatant lie. He wanted to be there. He wanted the fame and what not, and me and him had a game plan. Our game plan was no matter what we see, no matter what we hear at bonfires, we said that we will not make any decisions about our relationship until we go home. It was about three days before we got on our flight to Maui, and I broke down crying to him, telling him 'I feel like

this just needs to be said Evan.’ ‘If for some reason one of us falls for someone or has feelings for someone, please let’s not break up with each other on national television. Let’s go home and handle things in the privacy of our home. We owe that to ourselves, we owe that to our families, we’ve been best friends for so many years, so it’s the right thing to do. He kinda laughed it off and was trying to calm me down, and said that’s ridiculous, it doesn’t even need to be said, but okay I promise.’

That was kind of my mindset going into the bonfire, I was extremely disappointed with his behavior. I was quite honestly disgusted. I was second guessing myself, but thought that I couldn’t break up with him on TV. He has been through enough with his family and his father. So, I went into it knowing I wanted to go home and figure out things at home.

Related Link: [Celebrity Interview: Temptation Island Star, Evan Smith Says, “Ultimatums are Cruel When Dealing with Matters of the Heart.”](#)

Evan basically humiliated me with zero regard, zero respect, and no hesitation at all. It was absolutely unbelievable, and I can’t even really describe what I was feeling because quite honestly it was a total out of body experience. I’ve never experienced anything like that in my life. I totally blacked out. I don’t think they even show this, but I left Evan at the bonfire. I went running down the path. The crew was yelling my name, telling me where to go, chasing me with cameras. I got into the Escalade and I just remember I couldn’t cry because I didn’t understand what was happening. I had a full blown breakdown in the Escalade. It was nuts, I was pulling my choker, I couldn’t breathe. Honestly the fact that Evan did that to me in that way to this day is still shocking. I knew he had issues, and I knew he wasn’t necessarily the best guy, but I didn’t truly realize what he was capable of. Again it’s such a blessing, I don’t have time for that in my life.

3. You seemed to have recognized these signs and had a premonition about Evan. Can you elaborate on that?

With Evan, I was in a very strange situation with him. I had a lot of gut feelings about him for a really, really long time. I would actually try to break up with him, and he would kind of convince me to stay. He would use lines like this is what a normal long-term relationship is like, Kaci, you're overthinking this. We're not gonna be best friends everyday, we're gonna fight. We've known each other for 10 years, this is normal. The next day he would be prince charming again and sweep me off my feet. Also because of everything he's been through, in my mind I'm such a ride or die and such a loyal person that I didn't want to give up on him. Temptation Island proved to me that tragedy or not, he's just not a good person. I do wish I listened to my gut a long time ago

Related Link: [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Secret to a Happy Relationship](#)

4. Evan mentioned that he wasn't close with your family and only saw them a handful of times. What do you think about this?

That was actually Evan's choice. My family went above and beyond for him and invited him to family vacations, got him Christmas presents, birthday presents, wanted to go on double dates with us. It was always a big deal, and it was always me constantly trying to get Evan to be around my family, but it was uncomfortable like I was walking on eggshells.

5. Why did you stay with Evan if you knew he was not a good guy and why did you need a reality show to determine this?

Basically, Evan, he's really good at saying things are temporary. I would break down and cry about our relationship saying 'I can't be with someone who isn't good to my family and push them away like that. He would tell me 'I just have demons, it's not gonna be like this forever, and one day

everything is going to be fine. He just knew exactly what to say to reassure me that this was just temporary and just a phase and this is not forever and that he would definitely have a relationship with my family, and when we have children we'd all spend time together at Christmas and at birthdays, and everything would be fine.

6. What are your thoughts on him and Morgan?

I don't know, that's a whole other thing. I'm not gonna lie I genuinely from the bottom of my heart hope to God for her sake and her family's sake that it's real and legitimate and they have a happy ever after marriage and just live healthy and happy forever. I genuinely want that not even for Evan, but for Morgan. No girl or woman ever deserves to go through what I went through. It'll be Prince Charming for a while and then one day it'll be a light switch. She'll start noticing things and get gut feelings, and I just hope to God she listens to it. I think it's damage control, I really do. There's a lot of hate and I think he is just trying to prove a point because that's what Evan does. He is very combative and confrontational, and I think it was one last jab to really hurt me to be honest.

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7. Let's talk about something more positive. Can you tell us about the relationship you built with Val? Do you still talk to him?

Val and I are very close. We talk on a day to day basis. I definitely had very strong feelings for him on the show that I was not pursuing because I was loyal and didn't want to be tempted. The whole reason I went on the show was so Evan could prove himself to me, and that was obviously a failure. I wasn't there to meet someone and fall in love. I was there for Evan to prove to me that he's not the same person I met when

he was a boy. Looking back, I wish I did pursue things with Val. I definitely wouldn't have taken it to the extent that Morgan and Evan did because I don't retaliate in that way at all. I don't think it's right. To be honest, I don't think it's right for Val; he's one of the best people I've ever met in my life. If me and him were to ever be a thing, I wouldn't want to start in that type of environment, being on a reality show while my boyfriend is cheating on me. If it's the real deal, it needs to be started in a much healthier environment.

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8. Tell us what life has been like after the show. What have you learned about yourself?

I was very blind to the toxic situation I was in for a long time. I finally truly know my worth and know what I deserve, and never again will I be with a man that is anything remotely like Evan. The rose-colored glasses are totally off. He did me a huge favor.

I don't regret the ultimatum I gave him at all. I was stuck, and I was sacrificing my happiness for a person that doesn't deserve me. That ultimatum and going on the show, everything happens for a reason. I wouldn't have met Val. I wouldn't be happy like I am today. I do not walk on eggshells everyday anymore. Temptation Island saved my life.

10. What is next for you?

Life is looking bright. I am currently looking at apartments. It is up in the air. I can't really say where I am looking. I may have some stuff coming up in the entertainment industry, tons of ambassadorships coming up, and making income outside of my 9 to 5 job. I am doing YouTube and I am launching a podcast and I do have my own brand, Bossy that I had to put on hold while I was going through this craziness. So, I am

relaunching that. And, I am talking with publishers about writing a book. The book might be a fictional experience about my time on Temptation Island. That will be fun and there will be different characters.

11. You mentioned moving out of your apartment. What was it like when Evan came back? Did you guys have a conversation? When did he leave?

Honestly, that story is a complete nightmare. I am going to try to make it as quick as possible. Basically, I got on a plane to LAX and he stayed in Maui for a few days with Morgan. It was my birthday, he flew back on my birthday. He was texting me non-stop, begging and pleading to see me telling me he lost his best friend and partner. He says he doesn't know what he did. Meanwhile, I am at my apartment with his little brother and his dog. His brother doesn't know what's happening. Evan is a mile away at a downtown hotel with Morgan. His little brother had to step in and be like, you have to let him over Kaci. I told Evan he had a week to move out. I told him, I will be at work, you have a week to get your stuff and go. Evan would not move out. He would not do it. So finally, I let him do it. He came over. I let him talk. We talked for 24 hours straight. We didn't sleep. He was saying he had serious doubts because the show pitted us up against one another and that he doesn't know what he did and he is doubting his feelings. Then he got on a plane to go to Virginia.

As far as I knew, he was going to be back in 10 days. He was going to let Morgan know his doubts and that there was hope for us and that we were going to live separately, and stuff. Then literally three days later, I was sitting at the In and Out Drive Thru with one of our mutual friends and three hours before, he had sent me a "thinking of you" text with a heart emoji. Then while I am at the drive thru, he literally dumped me again in an novel text message. At that point, I cannot even explain what happened. It was like a light switch. It was

so emotionally and psychologically insane. Ever since then, he was reaching out to me through text messages, through my friends, threatening to publish my love letters. New Years Day is when I told him, this is how I feel about you. It was a pretty vicious text. I told him that there is no hope for us to be okay so to stop messaging and texting me. And, I haven't heard from him since.

12. Any final words?

I cannot even explain how disrespectful and uncivil this whole situation was –to me, to my family to his family. It was like out of this world. Everyone is saying that it was a blessing in disguise and that I dodged every bullet in the book. I am not going to lie; October and November I was not okay. And, then right around Thanksgiving, I was like “Boom, lights on” I am good. I don't miss him. I deserve someone who is good and is going to love and protect me and cherish me. And, someone who is never going to do these things to me ever.

He is all I have really known for my adult life. He is really all I have ever known. And it sounds crazy, but I spent three weeks with Val and he is so different than Evan. I felt so strong and sure of myself and confident. The absolute best version of myself. Evan never made me feel that way. The fact that someone I just met was able to make me feel that way, that in itself was a sign.

Want to keep up with Kaci? You can follow her on [Twitter](#).

Celebrity Interview: Engaged!

'Temptation Island' Reality Star, Evan Smith Gushes Over Finding His 'Soul Mate' Morgan Lolar



Interview by [Lori Bizzoco](#). Written by [Courtney Shapiro](#)

When we last spoke to Evan Smith, he had given us some insight into his time as a cast member on the first season of *Temptation Island* as well as his strong connection with Morgan Lolar, one of the singles on the show. What we couldn't tell you then is that we spoke to both [Evan](#) and [Morgan](#), and they spilled the beans to us about their surprise engagement!

Find out everything Evan couldn't say and more in our follow-

up [celebrity interview](#) below. We got the scoop from Evan on his life after the show, his proposal to Morgan, and what their future wedding and living plans look like.

Check out our celebrity interview with Evan Smith as he opens up about his exciting engagement and future with Morgan Lolar:

1. You can finally share the news that you and Morgan are engaged! What does that feel like?

Yes! I am so happy that I can talk freely about it. I am so pumped. I am so happy I get to be out in the open with all of it.

2. Can you walk me through the show ending?

After the show wrapped, we stayed together in Hawaii for three or four extra days with no cameras. We wanted to enjoy the island, and be together and be ourselves. We then flew to L.A. and spent about three to four days in L.A., too. Then, I went to my apartment, I grabbed my stuff, and then flew to Arlington and Morgan and I have been together every day since.

3. Tell us about Kaci. What happened there? How did you break the news to her?

So on the finale, we were given the choice to stay with the person we came with, leave single, or leave with another person. Kaci made the decision that she wanted to leave with me, and my decision was that there was no way that I was ever going to leave that island without Morgan. So, the news was broke to her there, and then when I got back to L.A., Morgan and I spent a few days together and then she jetted to Arlington and the next day I caught my flight to Virginia as

well. Kaci and I had a conversation in our apartment. We talked about her side of the island, my side of the island, what went down editing wise. I told her that I really love Morgan and I have fallen hard for her. I told her that I wish nothing but the best for her.

4. The way you feel about Morgan, did you feel like that about Kaci in the beginning?

I have learned a lot about myself on this island. I learned that there is a difference between being in love and being comfortable with someone you have known so long. It is a huge difference and I finally figured out the difference. You need someone in this life to balance you out. I am passionate and emotional and Morgan is more serious. We balance each other well and I needed that so badly in my life. She truly is my other half that I've been looking for.

5. Clearly, there are other families involved when you're in a relationship for a long time. Did you speak to Kaci's family at all?

It was tough. When you've been together for so long, families are involved. To be completely frank, I was never that close with Kaci's family even though they lived so close. We maybe hung out 15 times in the past five years being together. In contrast, I am with Morgan's mom and dad twice a week no matter what. Whether it's watching a basketball game, or going to get some beers on Taco Tuesday or playing Dominoes. So, its very different. I have had no conversations with Kaci's family. I think we are both grown. We are approaching 30. I love family, but I think with a break-up like that, I think it is better for it just to be between the significant others.

6. Can you tell us about Morgan's family?

I love this family. It is my family now too. I wish that you got to see that. I don't have any father figures both my grandfather's are dead and I lost my dad the way I did. Morgan

brought me to tears on the island because she looked me dead in the eye and told me, "I will share my dad with you." I broke down. It is just a testament to show you what kind of girl Morgan is. She is a twin. She has shared her whole life and it is in her nature and her heart.

7. Can you walk us through the proposal and how that happened?

Yes! I would love to do that. You are the first one that I can talk to about it!

Morgan and I had spoken about getting married. To be completely honest, we talked about it, and I told her it would be around her birthday on May 2nd. When you know you know, and I never understood that phrase when I would hear it from people who had been married for 50 years. But, I know exactly what they are talking about and it is lightening in a bottle, [just like Mark said.](#) I've felt like this for so long, ever since we got back from the island. I had been having dreams of Morgan in a white dress, walking down the aisle, and I just thought I don't want to wait any longer. I want to make this happen. I just had to do it. So, we were getting ready for the six month home packages that they were about to film and I talked to production and basically told them that I was in love with this girl and there was no way I was spending any more of my days without her. So, I would love to propose to her on the comebacks.

Production loved the idea. So, I was trying the whole week to get away from Morgan because we spend all of our time together, and I was trying to shake her, so I could talk to her dad for his blessing. The night before I proposed, I finally shook her, and I drove to her father Dave and sat down and told him 'I want to have a conversation with you. 'I can't imagine life without Morgan. I love her with all of my heart and soul, and I promise to take care of her, and I need your blessing to marry her. He's a very loving man, even though he doesn't show it that much, and he looked me in the eye, and

said he loved me and that I am part of this family now and it was amazing (You could hear Evan crying in the background).

The whole day was magical. We did a shoot at the National Mall and then we sat down at the dinner and I was so nervous but so happy and excited. It was amazing. I told her that I spoke to her father and in this conversation I had with him, he gave me his blessing to marry her and she just started ugly crying. So, I got down on one knee and told her, 'I can't imagine not spending every single day with you forever and always. Will you make me the luckiest man alive and marry me?' She said yes, and it's been amazing every day.

8. So, Kaci knows you're engaged now. Did she have any reaction to this?

I don't know. I have had zero communication with Kaci. I think it is better that way. I know that she has been saying things on social media. I have just been quiet on my end. I am happy. I am living in the now and cannot wait to just move forward.

9. Are you and Morgan planning on making D.C./Arlington your home?

We talked about it. This is my first winter out here on the East Coast. It was very different walking Ghost (Evan's dog) in the snow versus my 77 degree weather in L.A.. We are going to spend the summer here in D.C and after we will probably be moving to the West Coast. She has ties to Arizona because she grew up there, and I'm an L.A. boy, born and raised. So, we are probably going to make the push out to L.A. in the fall, but we have to figure out a few things before that.

9. Do you have any dates or locations in mind for your wedding?

We've been pretty loose about the dates, but my family and I have 20 acres of land in Hawaii, so maybe there. We might do it in L.A., we're still trying to iron all of that out. I

gotta marry this girl though. I want to be married, I want to start our life together. We've talked about it, and we're thinking tentatively spring of 2020, the latest being next summer. We're trying to make it happen

10. Are you guys thinking about starting a family right away?

We have definitely talked about it. We both want children. We don't want them in the far off future. We want them kinda soon, but it would never be before we are married or anything like that, but we want to start a family. I can't imagine a better partner. There's nobody better than Morgan and I'm just so lucky and so blessed to have her in my life.

11. So, this is really it for you? There are no doubts? It is not a rebound? Sounds like you found it.

Yes, I found it. It's so funny because I talked about why I haven't been able to get down on one knee for Kaci, and there was always something in the back of my head saying it's just not right. It is not it. The reason why it wasn't it was because I was still waiting for my soul mate. All those trials and tribulations I was going through in that relationship, brought me to that island and the stars had to align for both of us to be on that island at the same time. It's so magical, and I understand how blessed I am. I wake up every morning and count my blessings with her. It's incredible, and everyday with this girl is incredible. I know it sounds so sappy, but it is real.

When you know, you know, and I've never been so happy in my entire life.

Want to keep up with Evan and Morgan? You can follow Evan on [Twitter](#) and [Instagram](#). You can also follow Morgan on [Twitter](#) and [Instagram](#).

Celebrity Interview: She's Engaged! Temptation Island Reality Star, Morgan Lolar Talks About Falling in Love with Evan Smith



Interview by [Lori Bizzoco](#). Written by [Courtney Shapiro](#)

When filming began for the rebooted reality sensation, *Temptation Island*, Morgan Lolar came to Hawaii as a single woman with no expectations of falling in love. But love

hit her hard when she met Evan Smith, a man who came on the show confused about the status of his relationship with long-term girlfriend, Kaci Campbell. Now, Evan and Morgan are happily engaged and they couldn't be more excited for their future together!

In our exclusive [celebrity interview](#), we chat with Morgan about her initial connection with Evan, the scenes that didn't make it on the show as well as why going on *Temptation Island* was the best decision she's ever made.

Check out our celebrity interview with Morgan Lolar to hear all about her time on *Temptation Island*:

1. You seem so charismatic and confident. Why explore love on a reality show, especially when you know that people are in relationships and may not be single?

That was actually the hardest part for me. I almost didn't even go on the show. The night before the producers called me and were like your flight is in a few hours, are you going? I was like 'uh' I just didn't know how I was going to do it. My friends convinced me to go on the plane. I could see myself being on a reality show, but I never saw myself being on a dating reality show. So, it was very hard for me, but it was the best decision I've ever made in my life, So, I am so happy that I did it.

2. Were you nervous about falling for someone who was either just ending a relationship or confused about the status of their relationship?

Yes, initially that was one of the reasons I was scared to go on the show because I didn't want to interfere with someone's relationship. But, I was assured several times that these

couples were at extreme crossroads, and they were basically stuck in their relationships and were scared to meet other people because they didn't think they would get the time they needed to meet other people because of dating nowadays. Anyone can relate to that and I feel like a lot of people have been in relationships where they are just with the person because they're comfortable, and I know that I have done that before too. So, I sympathize with that and was like okay, I will try it.

3. Did you all of the worst case scenarios in your head before the show? For example, what if I fall for someone and they are with someone, how do I prepare myself for that, etc?

Absolutely not, I didn't prepare myself for anything. When my family and friends convinced me to do it, they said 'Morgan, your dating life here [In D.C.] sucks, you're not happy right now, you've never been to Hawaii, it's gonna be fun, so just go and do it.' So basically my head was like I am going to make friends and have fun. I definitely did not think that I was going to fall in love with somebody at all. It goes to show that the best things happen when you are not expecting them at all.

Related Link: [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Secret to a Happy Relationship](#)

4. What was life like before you appeared on the show, did you have to leave a job?

I'm a real estate agent, so I have a really flexible schedule. Also, what makes it even better is that my mom is also a real estate agent in the area. She lives about 7 miles away from me, so when they were convincing me to go she was like, I will take care of whatever it is that you need me to take care of. It is going to be fine, you are going. I really didn't have an excuse. My job wasn't going to be affected.

5. You and Evan seemed to really hit it off. Was there any

initial hesitation and what convinced you to go all in?

As everyone saw, there was the whole confrontation that happened the first night we were in the house. I had not talked to Evan at all really. I really didn't get any words in with him. So, my first real interaction was me screaming at him that I don't like him. It started out really rocky, but after he asked me out on that first date, it was maybe two sentences into talking to him and I was like 'whoa' this is not what I expected. We hit it off right away.

6. What was it that attracted you to him?

That is the thing that is so funny. I thought he was attractive initially. I said to Katherine, 'Oh, he is really attractive' and she took that and ran with it and told him that I liked him. Which, of course anyone would probably get frustrated over that. But, mostly what attracted me to him was once we were on our first date, I kind of messed with him a little bit. I'm extremely dry with my humor and I'm sarcastic, and right away he just got it. He was cool with it and really funny. He let me mess with him and he really just got my humor right away. We were laughing the entire time.

Related Link: [Celebrity Interview: 'Temptation Island' Star Dr. Johnny Alexander Dishes On What It's Like Being a Reality TV Star](#)

7. Were there any particular scenes that the viewers didn't see that you wish they did?

Oh my gosh. Are there any? Almost like every episode I was like 'what' they aren't showing what actually happened. I know they don't have the time to do that and I guess it is more entertaining to watch us make out in slow-mo than it is for us to talk about our lives and stuff.

But in terms of a specific time, we were talking about our lives growing up and I have a twin brother and a little sister

and he has two brothers. We would talk about the things that we would do when we were little and he asked me to tell him something that I did when I was little that I still do now. I told him that he was going to think I was such a weirdo, but I still make forts sometimes. I don't know why I do it, but it is really weird. He would make fun of me for it, but then a few days later, I go up to his room, and he made me a fort. It was like the cutest thing that you've ever seen. He had taken like all the chairs and seats and stuff and made this really cute fort. We hung out in there, and they didn't show it. I was like, that would have been something to get to know us and our relationship. He is so sweet and they don't show that.

8. On a scale of 1-10, what were your feelings for Evan on the show?

It went from a negative five to a 10 really, really, really fast. It was our first date. I think he said the same thing. After our first date, I was like oh wow, this guy, I really, really like him. It was quick. It was crazy.

9. Can you tell us what your status is now and your future?

Yes, I am actually engaged now! It's actually the most exciting thing in my entire life! I didn't expect this at all, it's crazy. He hid it so well. I had no idea. He is so frickin' sweet.

So, apparently my engagement got leaked on Twitter or something. The guy who posted it, said it was the fourth time that he proposed. It is so funny because the camera crew were there, so it happened and I was like bawling. He did it so perfectly, but they had to film it again, so he had to get back on his knee again. The entire time, I am just still crying because I am in shock that this happened. So, it wasn't fake like they made it seem, like he didn't do it right four times. They made it seem like it wasn't cute but it was beautiful the entire time and he did it perfect. That is

something that bothers me but it is what it is.

Related Link: [Celebrity Interview: Temptation Island Star, Evan Smith Says, "Ultimatums are Cruel When Dealing with Matters of the Heart."](#)

10. So here is Evan proposing to you and confirming his commitment to you in the biggest way. But what are you feeling about the other side of this, about Kaci? What are you thinking knowing what she went through? You are a woman, there must be something going through your head.

First of all, you mentioned proving his commitment to me. I have never felt like that at all with Evan. I don't understand, and I wasn't in their relationship, but with him and I, I don't question him at all. There is nothing to ever make me think that I'm not number one in his life. That is also why I was really shocked because I wasn't pushing him to propose or anything. So, I think it just goes to show that when you know, you know. He wanted to do it and was excited to do it. That's what made it even more special, because I wasn't expecting him to propose to me. It's only been six months.

11. How long were you together when he proposed?

We went on our first date on September 16th, and he proposed on February 25th, so we figured out that it was five months and a day. It's actually a really cute story because Evan is really close with my parents now and my dad was talking to him and told him, 'you know it's really funny because I proposed to Morgan's mom after five months exactly.' He didn't know that and now you proposed to Morgan in five months and one day.' My parents have been together for 25 years now.

12. So what was life like after the show. You have to have this secret love and you can't say anything, what was that like?

It is really hard to keep someone that you love and want to be

with all the time hidden. It's impossible, my friends all know him here, but we always have to do something at somebody's house. We can't really go to the bars. Once the show started, we would be at the gym and someone would recognize us so we now Evan can't go to the gym and I was like you can bench press me if you want and he was like, that's not going to work. It is really hard. It is a lot harder than than people think it would be, especially because it has been a long time. It's been like six months.

13. So what is your future? Where are you guys living?

After the show ended, which was around October 5th, we stayed in Hawaii for 2 days and then we flew to California. He stayed in California for an extra day and then packed all of his stuff and flew to D.C. He's been living with me ever since. We have spent every single day together. We're more in love every day. We just love one another. And it is so cool because there is no one in the world going through what I am going through right now with the hate and and all of this stuff. It is really bad except for him. He is going through it too. It is really sad. We are the villains of the show but we are the only ones who found love. There are days when he is getting beat up by the media, but he knows that he can just come and hug me because he knows that I understand it. He knows that I am going through the same thing that he is going through.

14. How do you handle all of the haters and social media in general?

We tell ourselves it is love, it's just love. Learn about it.

15. Was there anything you would have done differently on the show, or do you have any regrets about the way that things were handled?

I don't have any regrets about how things went with us. It is just how the show made it seem. It made it seem like Evan and I were sleeping together right away, when he didn't even

kiss me until our third date together. It made it seem like after our first date we were sleeping together. That's Reality TV though, it has to look more interesting. Other people were sleeping together, but we were the only ones shown doing it. It's crazy. The one thing I would change is that I said the F word a lot, but that is probably it.

16. Let's go back to Kaci. Do her and Evan talk? Do you know anything going on with her?

They do not speak at all anymore. She was messaging him all the time and he was very honest with me. He would show me the stuff that she was saying. It was a lot. She was asking him to come back and crazy things. Finally he asked her to stop contacting him, because it wasn't fair to me. Then on New Years we were sitting with my family, watching It's a Wonderful Life and she texted him 27 messages in a row.

17. What's next for you guys? Would you do a spin-off or more reality TV?

We would love to do more reality TV just because we're hilarious together. We balance each other out so well. He is super emotional, while I'm not. I feel like I'm the funny one, since he laughs at every single thing I do. We're just super cute. We balance each other out super well. So I think it would be really good. We want to do something like the Challenge just because we're both college athletes, and we have a really fun dynamic.

18. Are you thinking about wedding plans?

Evan is; he already started thinking about all of that. He wants to get married in the spring or summer of 2020. I feel really happy about that. He's just so great. He is like the planner, and I'm not at all. I am more go with the flow. I feel so so lucky!

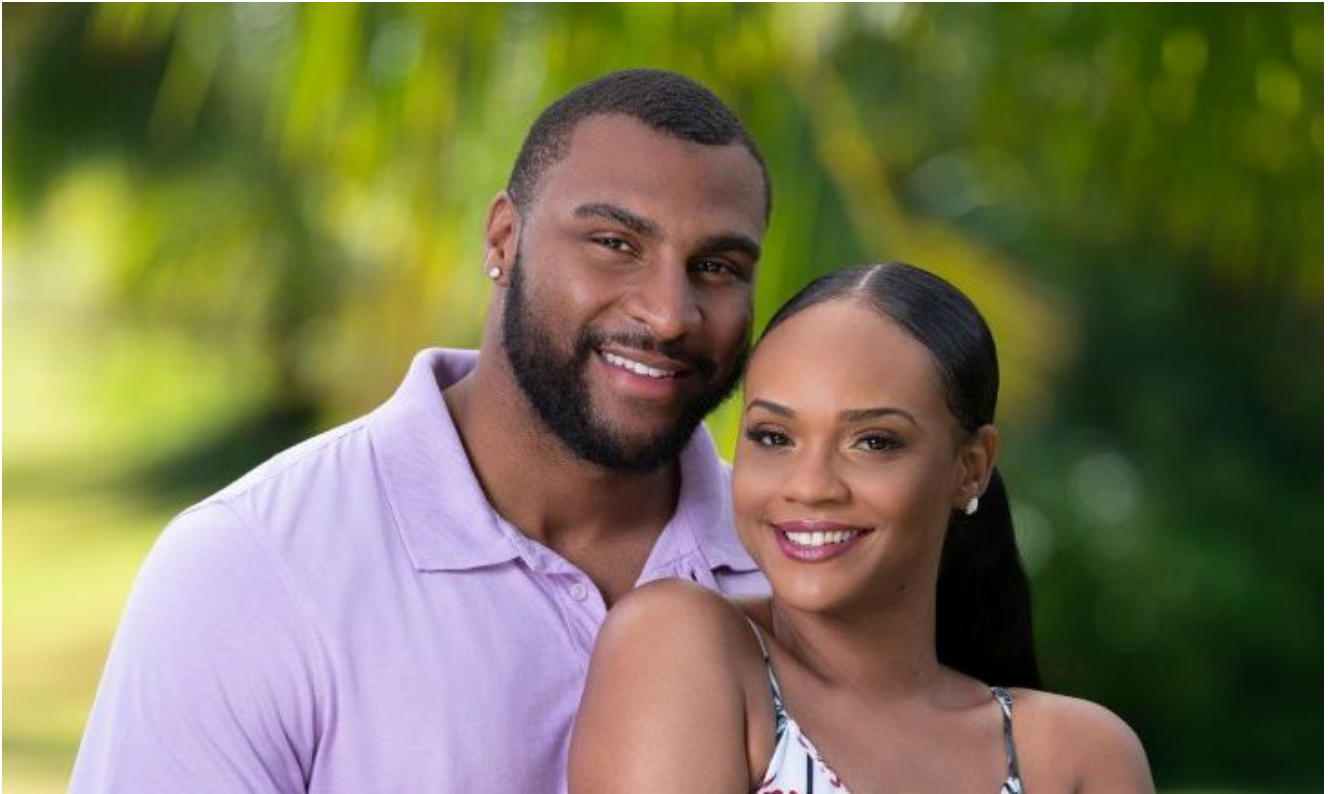
I don't know what's next. We are just in love. We are both

just so happy. This is the best thing that I have ever done. It is so crazy. Love is love you know, and it's one of the best decisions I made, which is crazy because I almost didn't go.

This season of *Temptation Island* may be over, but you can still keep up with Morgan and her love story by following her on [Twitter](#) and [Instagram](#).

Celebrity Interview: Temptation Island Star, Evan Smith Says, "Ultimatums are Cruel When Dealing with Matters of the Heart."





Interview by [Lori Bizzoco](#). Written by [Courtney Shapiro](#)

Evan Smith joined his longtime girlfriend Kaci Campbell along with three other couples and 24 eligible men and women on the first season of the rebooted reality show, *Temptation Island*, which began airing in January. Going into filming, Smith and Campbell, who had been together for 10 years total and five years exclusively, seemed to want different things out of their relationship, and they were hopeful that they would get answers to their questions during their time on the island.

In our exclusive [celebrity interview](#), we talk with Evan about why ultimatums can be problematic, his connection with single cast member Morgan Lolar, and what life is like for him after *Temptation Island*.

Check out our celebrity interview with *Temptation Island* star, Evan

Smith to hear more about life on the island, his relationship with Kaci and how hard he fell for single cast member, Morgan:

1. How does it feel now that you are a famous reality star?

I think I'm just south of famous (laughing). I never thought I'd be a part of it [reality TV]. It is wild seeing yourself every week on Tuesday nights, but life's still the same for me.

2. How did your family and friends react to you being on the show?

My family and friends were so supportive. I have two younger brothers that actually work for in reality TV for MTV, but they're behind the camera not in front of it. I got the talks from them telling me how it is. You know it's reality TV, so it's how they want to tell your story and see what's going to be the most fun to watch and the most sensationalized, so I came into it knowing full well that was going to be the case.

Related Link: [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Secret to a Happy Relationship](#)

3. Do you feel like you were your authentic self on the show?

It's funny you say that. I definitely was my authentic self. It was just that I feel like the viewers only got to see one side of me. Obviously, Morgan and I just had lightning between us and it was so much fun. Morgan and I had such amazing conversations and that led to the connection that everyone got to see.

4. It must be hard with the cameras always on you. But, you

didn't seem to care. You were able to just be in the moment with Morgan. Can you tell us more about that?

It was definitely weird. I'm not gonna lie, I was pretty shook when we started, but the producers told us, 'You're going to just forget that the cameras are there, and just look at whoever you're talking to.' when you speak. I look everyone in the eye when I talk to them, so I just tunnel visioned it. I was there to find answers, I was there to explore connections, so that's what I wanted to do.

5. You were in a long term relationship while being cast on 'Temptation Island.' What were your expectations going into this show? Were you hoping that Kaci would change or slow down about wanting a commitment?

Going into it, we both knew that we were at a crossroads. It was make it or break it time. Kaci was very adamant about me proposing and taking that next step in our relationship. For whatever reason, before we left the island, I had my reservations about it. I respect marriage so much, and I know that I'm going to be the guy that asks one time, and it's going to be with one person for the rest of my life. I just want to be 100% sure. I was hoping that going to Temptation Island would help open my eyes to what I have with my old connections and new connections. I just wanted to find answers.

Related Link: [Celebrity Interview: 'Temptation Island' Star Dr. Johnny Alexander Dishes On What It's Like Being a Reality TV Star](#)

6. We spoke with the show's host Mark Walberg previously and he said, "It never works when you give an ultimatum." How do you feel about that statement?

Ultimatums are cruel, especially when dealing with matters of the heart. To be frank, Kaci telling me I needed to propose by a certain date takes the love and passion out of what that

amazing day is supposed to be. I remember being a kid and thinking about the day I would propose to somebody. It's going to be special, and you're going to be nervous, but so excited, and wanting to do it, not being told you have to do it by a certain date.

7. Do you think having an ultimatum from Kaci led to you building those stronger feelings for Morgan?

I think Kaci and I both went into this knowing we weren't in the best place. I knew what I was getting myself into, and I originally didn't want to do the show, but I did. Going into it with those ultimatums and where we were in our relationship, it was tough, but I knew I needed to be there. It was one of the best decisions I ever made in my life.

8. On a scale of 1-10, how strong were your feelings for Morgan?

While we were filming, up until the point of the bonfire, I'm there, I'm at a 10. Morgan and I were talking about how I would have to face Kaci. It was a very high stress moment and we were both just a little shook.

9. The viewers got to see your incredible chemistry. Sometimes, when it's a 10, it's hard to think logically, so did you feel like that?

That's the thing about *Temptation Island*, and what was so incredible about the experience. We were completely unplugged from the real world. It was no cell phones and no television, so when we're there we're just with each other. Spending time on the island is real time together. Morgan and I talked about everything, where we grew up, what our siblings are like, funny stories, we were cracking up laughing at each other through the entire show. There was so much more being said, and I was thinking 100% clearly.

10. Is there any particular scene that was edited off or

didn't make it onto the show, but you wish it did?

Here's the thing about the editing; they have so many stories to tell. There are 13 singles on our side of the island alone, so I know it's not out of malicious intent that they don't show certain things. I just wish they showed the stories about Morgan growing up. She and I had so many discussions, and she told me about growing up in Arizona, and then moving to the south in Alabama. We had very serious and profound conversations that I wish made the cut. There were also just some silly things that I guess weren't entertaining enough.

11. You and Morgan definitely follow each other on social media. Are you guys still talking?

A little banter back and forth on social media is always healthy.

12. Where are you living, and what do your plans for the future look like?

I'm a personal trainer, and L.A. is my home. My clients are here, my best friends are here, so L.A. is definitely the place for me. As for moving forward, I definitely want to explore more reality TV, maybe try MTV or something. I just want to be happy, and I'm just excited for this *Temptation Island* ride to be over

13. Is there anything else you want to leave us with?

I hope you guys understand that all of us put our hearts on the line, all my cast mates, including the singles, we all put ourselves out there, and I hope everyone comes out on this other end better or at least learned something from this.

Want to keep up with Evan? You can follow him on [Twitter](#) and [Instagram](#). Tune into tonight's finale of 'Temptation Island' premiering at 10/9c on USA Network to see if Evan chooses to stay with long-time girlfriend Kaci, or he leaves the island

with Morgan.

Celebrity Interview: Southern Belle Kady Krambeer Shares Details About Temptation Island Experience



Interview by [Lori Bizzoco](#). Written by [Courtney Shapiro](#)

Kady Krambeer, a model, an artist, and entrepreneur joined the

cast of 'Temptation Island' this season to see if her current relationship was end game or if there would be another tempting man in her future. Krambeer started the season off with long-term boyfriend John Thurmond, but as the show progressed, she realized he might not be the one.

In our exclusive [celebrity interview](#), we chat with Krambeer about why she decided to be a part of a reality TV show, what it was like being on 'Temptation Island' as well as advice for other couples faced with the same challenge.

Check out our celebrity interview with Kady Krambeer to hear all about her time on Temptation Island, the latest reality sensation:

1. We know the background about your relationship with John, but what inspired you to do the show and bring it public?

The opportunity came about and we were thinking for a while if we were the one for each other, So, we thought 1. this would be really fun and 2. this will help us find out.

2. Before the show, did you ever have any counseling or did you have any process that you went through to determine if your relationship should end or continue?

No, not any counseling. It was one of those things where we decided we would do it and then life got in the way. But, we were praying about the relationship, talking to friends about it but really we were kind of going through the mundane day to day life and putting it on the back burner.

3. In terms of the show, did you think you were going to find

somebody on the show, or were you thinking it would make your relationship stronger with John?

Honestly, I didn't think that I would find anyone that I had strong connection with. In fact, the days leading up to us [John and I] going to the island, and then the first few days of filming, John and I felt like we had actually gotten a lot closer and stronger and we kept making jokes to one another, questioning what we were even doing there. It was like okay, we got our answers we can leave. We are good. We felt really solid and probably more in love than ever. Then at that point it was too late to back out.

Then we were separated and a lot can happen when you are separated. Even if you are not putting other singles into the mix, it a time to self evaluate and reflect. So it takes the comfort out of your normal life. There were no cell phones, and no distractions. It really opens your mind. It was like relationship therapy, especially with the producers asking the tough questions.

4. Tell us how you've personally grown through this experience.

I feel like I'm a completely different person coming off of the island, than when I started the whole experience. I feel like I grew so much. My horizons have been broadened. I was in a bubble and I was really quick to judge people I realized and really quick to make assumptions. It really opened up my eyes to a lot of different possibilities and lifestyles, cultures, and people that really bring perspective. It was really enlightening and it changed me. And then coming to be close with these people and establishing life long friendships makes me forever changed.

Then of course there is the growth that has come just since the show has aired. The fans that have positive and negative things to say. That is really hard to anticipate just how hard

it is going to be and how it is going to effect you. That has helped me grow and made me realize that I am stronger than I ever thought I would be.

5. How has the reaction been and how have you handled it?

I mean, it is mixed. I obviously have a lot of haters, but people are only getting a short little sliver and snippets of what is actually going on and there is so much more content that they are not seeing. So, they are making assumptions based off of what they are seeing regarding what type of person I am. Everyone there at the house knows my personality, but the viewers just think that I am awful. So, it has been tough. I try to ignore it, but there is only so much you can ignore and turn the other cheek and wear on your shoulders before that weight gets to you. It has been challenging. I try to rise above it and these people don't know me. It is really what my friends and family think about me that is really all that matters.

6. Is there anything that you said or did that you regret?

Well, there are obviously cringe worthy things that I say. It is so embarrassing. But I think that I was very true to myself. I followed my heart.. to a fault. I was very open to the experience and everything that I was feeling. That is all that I ever wanted, was to stay true to myself. So, no. I don't really have any regrets.

7. I know in one of the episodes you question John's masculinity, and then you met Dr. Johnny, who you described as an alpha guy. What attracted you to Dr. Johnny and what makes him different than John?

Johnny is so charismatic, and he is loud and outgoing. He is so super confident and super assertive. He was kind of like the dad of the household, and he just took care of everyone. You would just walk in the house and feel heard. He would just come in and start making food and be the provider for

everyone. He was always making sure that I had something to drink and that I had something to eat. He is really a caretaker and I didn't need to hold his hand and coddle him and tell him how to do stuff. I just loved his assertiveness and take charge attitude and confidence. That is what drew me to him.

8. Can you talk about your relationship with John or Dr. Johnny?

I just know that some big realizations came about on the island. Even after I came to these realizations, some old thoughts came creeping back up and so that is something that I struggle with for the rest of the season. I am kind of going back and forth. I was pretty confident in my decision but I was just back and forth. I kept second guessing myself and the rest of the season is a reflection of that and it shows the journey that I went through.

9. Do you have any guilt from the show?

Yes, I have guilt. I have guilt in respect to my relationship. Regardless of the relationship that was developing with Johnny, I was still ultimately in a relationship with John. It was hard on me to walk that tight rope. It was hard for me to be true to myself and still be respectful to my boyfriend.

10. Would you recommend this show for other couples? If not what would you suggest for other struggling couples?

Absolutely not. I do not recommend this for other couples. I don't think it's a good idea. I would not recommend it. It's harder than people think. No matter how confident you are, you get there and realize how hard it is.

11. What would you recommend couples do if they are faced with the decision of whether they should stay or break off their relationship?

If you are in a place where you question your relationship and you are still in the dating stage, I think time apart is helpful to clear your mind but not on a platform of a reality show. Take some time apart and some time away. Go on vacation, by yourselves, unplugged. Give yourself time and breath, pray and go to counseling if you want to do some traditional things together as a couple.

11. What's life like now that you are back in the real world and people are watching the show?

It's funny because I feel like a normal person in my everyday life until I get online. When I get online that's where things really circulate and that's when I realize that people recognize me. And, online it really hits me that I am on a reality show. I get recognized out in public occasionally. It happens more when the three other girlfriends and I are together. I mean it is a cool feeling, but we are just like, we are just normal people who did this crazy thing.

12. What made you put the necklace around Katherine?

Literally when the girls walked out, she just stuck out to me. There was something about her. I don't know if it was the energy she was putting off. I mean, obviously, she was beautiful. They are all beautiful.

When she made her introduction, she was saying, she is a southern belle. It's funny because what they didn't show was that she messed up her first time coming out and saying her introduction. She actually cursed and had to start over. It was so funny and cute and charming that I thought, okay I like her and I don't want to like her. So, I thought John would like her.

13. Is there anything else you can tell us from the show? Do you still talk to Dr. Johnny or John?

I still talk to everyone from the show. I don't know what I

can say right now.

14. Lastly, can you tell us what's next for you?

I don't know. Right now, I'm just focusing on myself and my career. I don't really know. Whatever life throws my way. I'm a pretty spontaneous person and I'm all about seizing opportunities and I want to live life to the fullest. I have no set plans right now. I have a marketing firm that I am slowly getting off the ground. I am focusing on that and having fun.

Looking for more Kady after the show? You can keep up with her on [Instagram](#) and [Twitter](#).