Celebrity News: 'Teen Mom OG' Star Amber Portwood Is 'Learning More' About BF Amid Cheating Post





By <u>Emily Green</u>

In the latest <u>celebrity news</u>, 'Teen Mom OG' star Amber Portwood is learning more about her boyfriend Andrew Glennon after a fight between the two that lead to Portwood's arrest on July 5, according to *UsMagazine.com*. This <u>celebrity couple</u> has been together since 2017, and share a fourteen-month-old son. Since the fight, Portwood has posted cryptic messages on her Instagram which have now been deleted, one of which said,

In celebrity news, Amber Portwood is resorting to cryptic social media posts to voice cheating accusations. What are some things to avoid on social media to save your relationship?

Cupid's Advice:

Social media is a double-edged sword—many love to use it to share what's been going on in their lives, but it also opens a door for people to insert their opinions on everyone's lives. Here are some of Cupid's tips on what to avoid on social media to try and save your relationship:

1. Block words you don't want to see/hear: One nifty thing about social media is you can always filter out what words you don't want to hear. Blocking any words you know will make you upset, or put negative thoughts into your head, you can stay level-headed and think about your relationship and how you view it.

Related Link: Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships

2. Stay out of your mentions: If your relationship is public, many people will try to comment their thoughts and opinions on your relationship, what your partner has done, what you have done, and so on. Don't pay attention to anyone that includes you in their messages because they don't know what your relationship is like. You are the only one who can really know how your relationship stands.

Related Link: <u>Celebrity News: Jana Kramer Reacts to Husband</u>
<u>Mike Caussin Saying Cheating Would Be a Dealbreaker</u>

3. Just stay off social media: Delete your apps on your phone for a bit, give yourself some room to breathe. By not posting anything about your relationship yourself, you won't send out that invitation for others to feed into any drama. You can relax and work out any issues with your significant other without people who aren't involved trying to give their two cents.

What are some other things to avoid on social media to save your relationship? Let us know in the comments below!

Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle





By: Emily Green

In the latest <u>celebrity news</u>, <u>Teen Mom 2</u> alum Jenelle Evans and her husband David Eason lost custody of Evans' three children on Tuesday, May 28, according to <u>UsMagazine.com</u>. The <u>celebrity couple</u> went before a judge in North Carolina, who ruled that Evans "failed to protect the children while in her care," which resulted in her oldest son (9), and daughter (2) being placed in the care of Evans' mother, while her youngest son (4) will stay with his biological father.

These celebrity parents lost custody of their kids after legal proceedings. What are three ways to keep custody battles from affecting your children?

Cupid's Advice:

Custody battles are hard times for any family. They can put enormous stress on not only the parents involved, but the children as well. Here are some of Cupid's tips to make sure that custody battles don't affect your children:

1. Remind them that it is not their fault: Some children may think that their parents splitting up may be because of something they did. Make sure your children know that they did nothing wrong, and the argument at hand is between you and your former partner, and they had no cause in getting to this point.

Related Link: Celebrity Exes Brad Pitt & Angelina Jolie Reach
Child Custody Agreement

2. Tell them you love them: While you and your former partner may not be on good terms anymore, make sure your children know that no matter the outcome, it does not mean you don't love them any less. Even if your children won't be living with you after the fact, have them know that you will always be with them in their hearts, even if you are not able to be there physically.

Related Link: Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court

3. Remind them and yourself, that this is in their best interest: A custody battle would not be occurring without viable reasons, whether it be on your part or your former partner's. Take the time to remind your children that doing this will only benefit them, and give them a chance for a better future.

What are some more ways to keep custody battles from affecting your children? Share your thoughts below!

Celebrity Parents: Former 'Teen Mom' Star Jenelle Evans Is 'Exhausted' Amid Custody Battle





By Bonnie Griffin

In the latest <u>celebrity news</u>, former *Teen Mom* star Jenelle Evans and husband David Eason are back in court trying to regain custody of their children. According to what a source told *EOnline.com*, Evan and Eason are "hoping to get [their]

kids back in time for summer." The children were taken after allegations that Eason killed their family dog, Nugget. The <u>celebrity couple</u> plan to seek counseling after they regain custody of their children and life begins getting back to normal.

These celebrity parents are fighting for custody of their kids. What are some ways to avoid a custody battle amid a split?

Cupid's Advice:

Splitting up when you have children doesn't need to result in a custody battle. If both parents agree to be reasonable, then a custody agreement can be made without ending up in a conflict. Cupid has some advice to keep things amicable:

1. Get informed: A good place to start working towards an amicable custody agreement is to become informed in your state's custody laws. Learn what "a child's best interest" means based on the laws in your state because that is what the court will base their decisions on when it comes to the custody of your children.

Related Link: <u>Celebrity Wedding News: Zoe Kravitz & Karl</u> <u>Glusman Secretly Married</u>

2. Ask your family attorney questions: Your children are the most important people in a custody case, so don't be afraid to ask your attorney lots of questions, and do not let them pacify you with vague answers. This will not only help you better understand the matter at hand, helping you become more informed but will prepare you for all possibilities and help you fulfill the role of being reasonable so you can avoid an ugly battle in court.

Related Link: <u>Celebrity News: Are Khloe Kardashian & French</u>
<u>Montana Getting Back Together?</u>

3. Be open to working with your ex: Just like you want to spend time with your children, to be there for them and meet their needs, so does your ex. Children want and need both of their parents, so be reasonable when making demands during custody litigation and keep in mind that your children need time with you and your ex.

What are some ways you might work to avoid a custody battle with an ex? Let us know your thoughts in the comments below.

Celebrity News: Maci Bookout Reflects on 'Toxic' Relationship with Ryan Edwards in New Memoir





By <u>Marissa Donovan</u>

Maci Bookout's new memoir *I Wasn't Born Bulletproof...*, looks back on the struggles she had while dating ex Ryan Edwards. Despite their ups and downs, the *Teen Mom OG* star was invested in making it work for the sake of her teen pregnancy. The two continued dating, until they realized splitting up would be best for their son Bentley. Bookout expressed that it was the "most painful breakup" she's had. According to *People.com*, the <u>celebrity exes</u> are both currently in long-term relationships with other people.

In <u>celebrity news</u>, this <u>reality TV</u> star shared her experience in a toxic relationship. What are some ways to know your relationship is toxic?

Cupid's Advice:

Coping through a bad relationship is emotionally draining for you and your partner. Sometimes it's hard to tell you're in one because people normalize unhealthy relationship behavior. Here are some red flags to look out for:

1. Thinking back instead of looking forward: This red flag applies to happy memories and grudges. If you think about the past more often then being excited about the future, then you need to reconsider why you want to continue the relationship.

Related Link: <u>Maci Bookout & Ryan Edwards in a Parenting</u>
Battle

2. Tiptoeing around small conflicts: Ignoring or lying about a problem for the sake of keeping the peace is more harmful than confronting the issue. This behavior always leads to a huge fight, which is something that must occur often if this happens while you're together.

Related Link: <u>'Teen Mom 2' Star Leah Messer Finalizes</u> <u>Celebrity Divorce No. 2</u>

3. There's self-doubt within the relationship: Lacking confidence in yourself because to how your partner treats you can be harmful to your overall heath. If you or your partners is developing bad habits or feeling helpless, end your relationship.

Will you be reading Maci Bookout's new book? Let us know in the comments!

'Teen Mom 2' Star Leah Messer

Finalizes Celebrity Divorce No. 2





By Jenna Bagcal

According to celebrity news from <u>UsMagazine.com</u>, <u>Teen Mom 2</u> star Leah Messer has finalized her second celebrity divorce from Jeremy Calvert. The <u>reality TV</u> couple have had a tumultuous relationship for the three years they were married. There were multiple rumors surrounding this young couple including Messer's alleged drug use and infidelity on both sides of the relationship.

Celebrity divorce is nothing new for Leah Messer. What are some ways to know you're ready to move on after a divorce?

Cupid's Advice:

Divorces happen in many relationships whether you're a reality TV star or an everyday person. Regardless of the divorce being messy or amicable, there is a time following your split when you're ready to move on from your ex-husband or wife. Here are some of Cupid's tips for how to know when you're ready to move on:

1. You feel happy: Divorces can be devastating for everyone involved. You may find that you're depressed for months following your divorce, but that feeling won't last forever. If you find that your mood has shifted 180 degrees from sad to happy, you may be ready to move on from your ex. Don't rush the process, let the happiness come organically.

Related Link: <u>'Teen Mom 2' Star Leah Messer Files for Divorce</u>
After 6 Months

2. You're interested in dating: One of the hallmarks of knowing that you're ready to move on post divorce is that you're interested in dating other people. Each person is different — some people are ready to date immediately, while for others it may take months or even years. When you're ready to date, you'll know. Do what you feel is right for you in terms of dating.

Related Link: <u>'Teen Mom' Leah Simms Was Overwhelmed with</u>
Wedding Plans

3. You have little or no emotional attachment toward your

ex: Feelings toward an ex-spouse can make your new relationships complicated. A sure sign that you're ready to move on to other healthy relationships is that you don't harbor any old emotional attachments concerning your ex. Make sure that you're completely over your ex-wife or husband before you commit to someone else.

What are some signs to look for when you're ready to move on after a divorce? Share your thoughts in the comments below.

'Teen Mom' Star Amber Portwood is Celebrating Celebrity Engagement to Boyfriend Matt Braier





By Meranda Yslas

After a rocky past couple of years, *Teen Mom* star Amber Portwood is happy to announce her <u>celebrity engagement</u> to her boyfriend, Matt Braier. Portwood shared the news with <u>UsMagazine.com</u>, saying that her new relationship is nothing like her famous relationship, or rather infamous relationship, with past boyfriend, Gary Shirley. Prior to her recent celebrity engagement announcement, Portwood had her fair share of celebrity news circulating around her, including her arrest for possession of drugs and a charge for domestic violence. Luckily for this bride-to-be, that is all in the past and she is ready to start anew with her fiancé.

Portwood and Baier are happy to announce their celebrity engagement, and sources say

Portwood has changed a lot since the last time she was on TV. How do you know you're in a good place emotionally to get married?

Cupid's Advice:

Taking the next step in a relationship and love can be scary if you aren't sure you're ready. Jumping into a marriage too quickly and without confidence can lead to a nasty break-up. Here's Cupid advice on what to check for to see if you're ready to walk down the aisle:

1. You don't always put your needs first: You are now able to recognize that in order for this partnership to work, comprises need to be made. Relationships, especially marriages, are a constant give and take, and finding a balance between the two will help ensure no one's feelings are pushed aside.

Related Link: <u>Teen Mom 2 Star Jenelle Evans Gives Birth to</u>
Baby Boy

2. Accepting the little things: A fight used to erupt when your partner left the toilet seat up or forgot to mention that there is no more orange juice, but now you let those silly things go. You are understanding that not everything needs to be an argument.

Related Link: Lady Gaga Celebrates Celebrity Engagement to Taylor Kinney

3. Trust issues have disappeared: If your partner goes out with some friends for a few drinks, you don't feel the need to constantly check up on them and see what they are doing. You trust them and don't need an alibi when they get home.

How did you know you were ready to tie the knot? Share your stories below!

'Teen Mom 2' Star Jenelle Evans Gives Birth to Baby Boy





By <u>Jessica DeRubbo</u>

'Teen Mom 2' star Jenelle Evans and her boyfriend Nathan Griffith announced the happy news that they welcomed a baby boy, Kaiser, into the world on June 30, according to <u>UsMagazine.com</u>. Though both Evans and Griffith are already parents, this is their first child together. Speaking about

how the duo came up with their son's name, Evans said, "We were basically searching for baby boy names on the Internet, and we came up with a bunch of different unique ones. We didn't want something that everyone else had or had even heard before, even us. So we wanted something different, and we ended up looking up Kaiser."

What are some ways to compromise on baby names?

Cupid's Advice:

Coming up with a name for your child can be daunting, and when you have two people lending their opinions, it's often complicated. Cupid has some advice:

- 1. Split up the first and middle names: Though it doesn't always seem fair, one partner take the responsibility of the first name, and the other partner take the responsibility of the middle name.
- 2. Randomize: Sometimes there's no agreeing, so the best thing to do is take your top two names and put them in a hat to randomly draw one out. The kicker with this one is that you both have to at least marginally like both names.
- **3. Figure out what's important:** Is your significant other most worried about carrying on a family name? What other factors are going into your decision? Make sure to weigh outside influences before discounting your partner's opinion.

What are some other ways to compromise on baby names? Share your thoughts below.

Reality TV Star Farrah Abraham Talks Next Career Move





Interview by Shannah Henderson.

Exclusive Celebrity Interview with Farrah Abraham

We recognize Farrah Abraham from *Teen Mom* and *Couple's Therapy*, and we'll get to know the reality TV star even better when her special *Being Farrah* airs on MTV later this year. In our <u>exclusive celebrity interview</u>, we chatted with the single celebrity mom about her Valentine's Day plans and upcoming

projects.

Related Link: <u>Farrah Abraham Discusses Her Life as a 'Teen</u> Mom'

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Pregnant 'Teen Mom 2' Star Jenelle Evans Is Behind Bars Post-Fight with Boyfriend





Jenelle Evans is at odds with the law again! The pregnant 'Teen Mom 2' star ended up behind bats after a dispute with baby daddy and boyfriend Nathan Griffith. Evans and Griffith were allegedly arguing when the police were called and they brought Evans out in handcuffs. The 21-year-old adds her tenth arrest in three years to her record. According to USMagazine.com, Evans claims that her neighbors called the police on them just so they can sell a story to the tabloids.

What are some ways to keep conflicts with your partner from escalating?

Cupid's Advice:

Every couple has their arguments, but it's important to keep these fights in check. Let Cupid help you keep the fights from escalating:

1. Stay calm: It's easy to get overly angry and yell during a fight, but staying calm and discussing things like the adults that you are will guarantee that the spat won't turn too sour. If you start screaming then your partner will follow suit, so don't let your temper get the best of you.

Related: <u>Teen Mom 2's Jenelle Evans and Gary Head Are Both</u> Behind Bars

2. Pick your battles: Not everything that you and your significant other disagree over is worth arguing about. Save your fights for things that really matter to you.

Related: 5 Celebrity Couples That Fight Dirty

3. Admit when you're wrong: There is not always a right or wrong when it comes to many fights, but sometimes there is. If whatever started the argument happens to be your fault then admit it to your partner and apologize. Sometimes all it takes

is an, "I'm sorry," and a kiss on the forehead to let a fight be forgotten.

How do you keep conflicts with your partner from escalating? Share below.

'Teen Mom 2' Star Leah Messer Is Pregnant with Third Child





By Jennifer Ross

It's baby number three for *Teen Mom 2* star Leah Messer! Messer, 20, and new husband Jeremy Calvert exclusively

confirmed the pregnancy to <u>Usmagazine.com</u>, saying that the two-year-old twins "can't wait to meet their new brother or sister." Calvert, 23, is Messer's second husband and this will be his first child. The MTV reality star divorced her first husband, and father of the twins, Corey Simms in April of 2011. "Being a teen mom was difficult, but I'm older and in a different place now — married to Jeremy and excited for our family to grow." Baby Calvert is expected to arrive sometime this winter.

What are some ways to prepare your children for a new addition to the family?

Cupid's Advice:

A new baby in the family will bring many changes. Although it is a joyous occasion, siblings may feel neglected and jealous in the beginning. However, parents can prevent some of this by preparing the siblings, and not just baby-proof the home, for a newborn. With a few simple steps and conversations, your home and family will be a happier place for baby to arrive:

- 1. Read a book: Start the "new baby" conversations with your children by reading them stories of becoming a big brother/sister. This way, little ones will be able to learn how important they will be in helping mommy with a baby and begin to feel proud of their upcoming role. Plus, it's a great way to spend a little quality time together.
- 2. Help them understand: Depending upon their age, your child may not fully grasp the concept of a new baby. A good way to help them understand is by showing them their own baby pictures. In doing so, tell them the stories behind the pictures. Also, don't forget to include pictures of your pregnancy with them.
- 3. Visit a friend: Another way to make the newborn a reality before birth is to visit a friend who has a newborn. Allowing

your children to sit, and possibly hold, a newborn baby will get their minds open and excited about their upcoming sibling. Feel free to answer any age appropriate questions that may come up because of the visit.

How did you prepare your children for the new addition in your family? Tell us below.

Teen Mom 2's Jenelle Evans and Gary Head Are Both Behind Bars





Teen Mom Jenelle Evans and fiancé Gary Head have both been arrested. A source tells <u>Us Weekly</u> that the two were arrested after an argument in which Head hit Evans. Head was arrested for domestic violence while Evans was arrested for drug possession. It's likely that Head will be dishonorably discharged from the Marines as a result of this arrest. The on-again off-again couple has been engaged since May.

What are some ways to tell your partner is a bad influence on you?

Cupid's Advice:

Passion is always important in love. However, sometimes the two of you can be passionate about the wrong things. Here are some ways to tell if your partner is a bad influence on you:

- 1. You change your mind: Do you find yourself doing things you swore you'd never do? Sometimes a partner's influence can turn you into a completely different person. If you think this is happening, it's time to call it quits.
- 2. You're alone: If you've cut off contact from your friends and family, this likely isn't a good relationship. Something is getting in the way of your connections with other people, which are always important to maintain.
- 3. They interfere: If your significant other is impeding on your life, your health or your career, they aren't a good influence. Nothing, not even someone you love, should get in the way of your plans and your happiness.

What are some other ways to tell your partner is a bad influence? Comment and let us know.

EXCLUSIVE: 'Teen Mom' Farrah Abraham Says "I Want a Man Who is the Guy Version of Me"





By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.'

Furthering her success, she recently announced her partnership with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended," which is due later this summer.

However, she says she won't let her fame get in the way of her relationship with her daughter. "Nothing hinders me from being a great mother," she says. "I will always use my accomplishments to help others and to find more worthwhile projects for myself."

Related: <u>'Teen Mom' Star Farrah Abraham Thinks About Giving Up</u>
<u>Modeling for Daughter</u>

The "Momtrepreneur," as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named 'Mom & Me.' Her motivation, she says, always comes from within: "If you have drive to make a comfortable life for yourself and your family, make no excuses and take action."

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the 'Teen Mom' premiere, she visits the grave of Derek Underwood, Sophia's father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn't want to force herself into finding love and tries to think it through before she says yes to a date. She explains, "Now, I only go on dates if I really like someone, rather than going on dates just because."

Of course, she has certain criteria that she looks for in a man. It's important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. "If a guy cannot fit in my life naturally, then I don't know

how he can ever really be a part of it," she says.

Even so, she emphasizes that her success won't get in the way of dating. "I want someone who is basically the guy version of me," she reveals. "He needs to work hard and have a good sense of humor. It's important that he is intelligent, friendly and family-oriented too."

Related: Five Top Tops On How To Find "The One"

Dating as a single mother is challenging but Abraham says that honesty makes it easier. "I've learned from other dates that it's best to say you have a child up front, she says. "Guys look at me differently when they think I'm single and twenty-one."

For single parents looking to date, her advice is "Stay true to who you are!" And for those people dating a single parent, she begs that they "be understanding of the time the parent needs to spend with their child."

Although she knows what she wants when it comes to finding the right man, she reveals that we won't see much of her dating on this season of 'Teen Mom.' Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, "Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!"

While she's ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of 'Teen Mom' and believes that they've helped her make it this far. "It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true," she shares. "Everything is at your

fingertips — you just have to put your best effort forward to make it happen."

You can catch Abraham on season four of 'Teen Mom,' which airs on Tuesdays at 10/9CT on MTV. You can also follow her on <u>Twitter</u> or <u>Facebook</u>. To pre-order her book 'My Teenage Dream Ended,' click <u>here</u>.

Teen Mom' Star Leah Messer Marries for the Second Time





Only one year after filing for divorce from ex-husband Corey Simms, Leah Messer has tied the knot again. At only 19-years-

old, Messer married fiance Jeremy Calvert last week. This time though, Messer is convinced the marriage will last. "We have a really good connection…It's different from Corey and my relationship, because we were kinda like forcing it… With Jeremy, you know when you're supposed to be with somebody and you're not," Messer said, according to <u>UsMagazine.com</u>.

Is age a factor when it comes to marriage?

Cupid's Advice:

Sometimes people get married too young, but how do you know when age is a factor when it comes to marriage? Cupid has some tips:

- 1. Money: Though not always true, the older you are the more likely you are to have established yourself financially. It's important to be able to pull your weight in the relationship.
- 2. Independent: You have to determine if you are at that age where you know who you are as a person outside of a relationship. For some, that age may be 19, but for others it could be 35. If you are happy alone, you can be happy with someone else.
- **3. Divorce:** According to studies, the divorce rates are lesser for those who marry later in life. When you marry later in life, you're more like to be stable in all aspects of life which makes for a stable marriage. Ultimately, though, when you know someone's *the one*, you just know.

Is age a factor for you when considering marriage? Let us know in a comment below.

Hollywood: Portrayals of Domestic Violence





By LaVonya Reeves

As a survivor of domestic violence, this is a subject close to my heart, and it leads me to asks questions like:

- What responsibility does Hollywood have for depicting healthy relationships?
- Do they accurately represent abusive relationships?

You've undoubtedly seen the headlines and read the stories, as there are cases upon cases of such violence. One relatively recent example has to do with the controversy surrounding Eminem and Rihanna's music video for "Love The Way you Lie," which depicts the emotional highs and lows, resentment and lies, and even physical altercations in one specific abusive relationship. In the video, actress Megan Fox and the former hobbit guy from *Lost* (Dominic Monaghan) show us an unhealthy relationships filled with sex, tender moments, fights, violence, and fire.

And let's not forget the highly publicized domestic violence incident between R&B singers Rihanna and Chris Brown. Rihanna (whose unhealthy relationship with Chris Brown was made public when he hit her) also sings the chorus and is shown throughout the video.

Abuse and domestic violence does not discriminate, as there are as many men who fall victim to domestic violence as women. Look at MTV's Teen Mom reality star Amber Portwood who was arrested and charged with felony domestic battery and child neglect stemming from her behavior on the reality TV series. Portwood, 20, while in a tumultuous relationship with her onand-off fiancé, punched him in the face. Gary Shirley, 24, is the father of Portwood's daughter, Leah. He subsequently filed charges against her for assaulting Shirley in front of their child.

What is Dating and Domestic Violence?

Dating or domestic violence is not a disagreement; it represents a violation of trust.

Pre-battering violence:

Verbal abuse, hitting objects, throwing objects & making threats.

Beginning Levels:

Slapping, pinching, kicking, and pulling of hair.

Severe levels:

Choking, beating-with objects (sticks, ball bats, etc...), use of weapons, and sexual assault.

One in 3 women in battering relationships is sexually assaulted. While drinking and drug use do not cause battering, these elements can create a violent situation. When chemical dependency is involved, both the injuries and lethality of abuse may increase.

An estimated 1.3 million women/men are victims of physical assault by an intimate partner each year. Some studies say the numbers are even greater — up to 5.3 million — since most assaults go unreported.

If you or someone you know is a victim or have been a victim to domestic violence, please tell someone, because help is available.

Call 911

The National Domestic Violence Hotline

http://www.ndvh.org/

(TTY) ANONYMOUS & CONFIDENTIAL HELP 24/7

1.800.799. SAFE

(7233) 1.800.787.3224

National Sexual Assault Hotline

RAINN RAPE ABUSE & INCEST NATIONAL NETWORK

http://www.rainn.org/

1.800. 656-HOPE

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'Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter





It looks like *Teen Mom* star Farrah Abraham is learning exactly what it's like to be a parent to her 2-year-old daughter Sophia. Abraham, who recently went under the knife for a breast augmentation to aid in her modeling career, is now having second thoughts on her career choice, according to USMagazine.com. In a preview clip airing Tuesday, Abraham said that she's nervous about leaving Sophia when she has to go away for photo shoots. When her mom Debra asked her about how she felt on her most recent trip, she said, "I was really sad but I kept it professional; I definitely think it's hard being in modeling and being a mom."

What are some sacrifices you need to make when you have a child?

Cupid's Advice:

Every parent has to make some sacrifices when it comes to raising their child, and some sacrifices hurt more than others. Cupid has a few sacrifices you may need to prepare to make when you have a child:

- 1. Dream career: If your fantasy career involves a lot of traveling or late hours, it may not be the best career path for you if children come into the picture. You don't want your child to feel alone or neglected, so unless there's absolutely no way to cut back at work, your best bet is to choose a different profession, or at least a position with more flexibility.
- 2. Not as much 'Me' time: Before having children, you may have been used to going to your morning yoga session, then stopping by the cafe for a cappuccino, then meeting up with the girls. When you have kids, this isn't your everyday reality. Yes, you can most certainly schedule some 'me' time, and most moms do, but there's no longer 'me' time ... all the time.
- **3. Financial freedom:** Once you have a child, money is a very important issue. You can most likely no longer buy a pair of shoes on a whim, and you must consider bills and expenses that a child brings.

What are some sacrifices you made when you had a child? Share your stories below.

'Teen Mom 2' Star Leah Messer Rekindles Romance With Ex-Boyfriend





It looks like *Teen Mom 2* star Leah Messer has patched things up with her ex-boyfriend Robbie Kidd just days after finalizing her divorce from Corey Simms in mid-June, according to *UsMagazine.com*. Following their ups and downs of parenting on the show, Messer, 19, and her ex-hubby Simms, 20, share custody of their 18-month-old twins, Aliannah and Aleeah. However, Simms doesn't seem to care much about having a family life with Messer. A source claims that Simms isn't fazed by his ex's new love and is "not interested in reconciling."

What are some things to think about when deciding whether to

go back to your ex? Cupid's Advice:

Sometimes you have to forget what you want and remember what you deserve. Cupid has some things to consider before going back to an ex:

- 1. Make a list: Take a stroll down memory lane. Jot down a list of all the good you and your ex had, and then do the same for the bad. Obviously if the bad outweighs the good, you shouldn't want to go back.
- 2. Talk to them: Get the heaviest things on your chest off of it. Without playing the "Blame Game," tell him or her how you feel about the break-up and see if he or she is on the same page as you.
- 3. Decision time: Put yourself first. How did your ex make you feel? How did he or she treat you? Before you make that choice, do some soul searching. Just because you love him or her, that doesn't necessarily mean that's who you're meant to be with. Stop. Think. Know your worth.

How did you decide to get back together with your ex? Share your experiences below.

'Teen Mom' Maci Bookout Says New Beau Is Her 'Perfect Lover'





Teen Mom star Maci Bookout may have had relationship problems in the past with her baby daddy and ex-boyfriend Ryan Edwards, but things seem to be looking up with her new beau, Kyle King. According to UsMagazine.com, Bookout twetted, "I love my perfect lover, Kyle King!" last Sunday. Bookout gave birth to her son, Bentley, 2, in October 2008. She moved in with her then-boyfriend Edwards, but bitter fights and drama led to her moving back in with her parents in Chattanooga, Tennessee. Shortly after moving back, she became reacquainted with her childhood pal, King ... and love spawned from there!

What makes your man the "perfect lover"?

Cupid's Advice:

There may not be an absolutely perfect lover, but some couples mesh so well that it may seem that way. Cupid has some ways to know you've landed a good one:

1. Butterflies: If your stomach churns every time you're around him, and your mushy thoughts center around him when he's not there, it's definitely a good sign.

- 2. Sweet gestures: Your man buys you flowers "just because" and is thoughtful when it comes to things that count.
- **3. Chemistry:** There's definitely something to be said for chemistry. If it seems like he's your other half and you're a better person when you're around him, he might just be the perfect guy for you!

What makes your beau the "perfect lover"? Share your thoughts below.

'Teen Mom 2' Star Leah Messer Files for Divorce After 6 Months





Just six months after the wedding of *Teen Mom* stars Leah Messer and Corey Simms, the two are filing for divorce. According to *UsMagazine.com*, the couple had just decided that everything was moving way too fast, especially considering their ages (16). Pre-marriage, Messer said, "I didn't want to jump into something else and be like, 'Oh, s**t! What did we do?. Three years ago, back before I was pregnant, I never thought I'd be married now. I was scared because a lot of people who marry young end up divorcing within a year." Although the two are now in the middle of their divorce, their friends hope that they can work it out.

How do you know when your relationship is over for good?

Cupid's Advice:

The more in love we are, the more we try not to see the flaws in our relationships. But how do you know when it's really time to call it quits? Cupid has some guidelines:

1. Nothing to talk about: If you find yourself scrounging for good conversation with your boyfriend/girlfriend, there may

just be nothing left there for the two of you to discuss.

- 2. Butterflies: Of course every couple has their good and bad days, but if you don't feel in love at least every once in a while, that's a bad sign. If that happy/excited feeling is no longer there, it may be time to reevaluate your relationship.
- 3. Fighting: It's human nature to disagree with people at times, but if the two of you not getting along is happening more often than not, it may be time to let it go.

How did you know it was over in your last relationship? Share with our readers below.

'Teen Mom' Stars Leah Messer and Corey Simms Get Married





Teen Mom 2 fans finally got to see show favorites Leah and Corey get married on the season finale. According to <code>UsMagazine.com</code>, Leah, 18, and Corey Simms, 20, who have two 15-month-old twin daughters, tied the knot in October of last year. "We want the girls to have their mommy and daddy forever," Corey said of their decision to marry. On a lighter note, the groom talked about a funny moment during the ceremony. "Leah messed up the vows!" Corey added, "She said a couple of words wrong, so we laughed a little bit."

Should you write your own vows at your wedding?

Cupid's Advice:

Exchanging vows during your wedding is your chance to tell your fiance how you feel, and writing them yourself is the perfect way to personalize the moment. Cupid has some tips on how to decide if you should write your own vows:

1. Express yourself: If you have something you really want to say to your mate on the big day, write your own vows. It's the perfect opportunity to share your emotions and hopes for

the future with your family, friends and spouse-to-be.

- 2. Value tradition: Some religions will insist that you use certain vows at your wedding. So if you plan on having a traditional ceremony, you might want to stick to the standard verses instead of writing your own.
- **3. It's your day:** The bottom line is, you should do what you want to do. If writing your own vows makes you uncomfortable, don't do it.

'Teen Mom' Leah Simms Was Overwhelmed with Wedding Plans





It's hard enough planning your wedding without kids, but add twin 15-month-olds to the mix and it can be even more stressful! Just ask *Teen Mom 2* star Leah Simms. The 18-year-old mom, who was planning her upcoming nuptials with her babies' father Corey in the show's latest episode, was beginning to get frustrated with wedding planning and raising her kids at the same time, according to *UsMagazine.com*. "I'm getting frustrated about it. I haven't got my dress, Corey hasn't gotten my wedding band," Leah told her mom, Dawn. "We were talking today about postponing it, but I don't know what we're going to do. I'm completely stressed out about it."

How can you avoid getting stressed by wedding planning?

Cupid's Advice:

Your wedding will probably be the happiest day of your life, but it's not easy getting it to run smoothly. Cupid has some tips on how to cut back on the frustration of the planning process:

1. Think in perspective: Let's face it. Your wedding is just

one day out of the rest of your lives together. Of course you want everything to run smoothly and be memorable, but chances are that the fact that you're marrying the love of your life will trump anything that goes wrong with the cake.

- 2. Delegate: The best thing you can do is give the people who care about you jobs to do. Your wedding party, family and close friends will be more than willing to help in any way they can!
- 3. Plan in advance: Get everything done as early as possible, so that you can relax in the weeks leading up to your big day. Make sure you aren't stressed from planning right before you wedding.

Teen Mom Star Leah Explains Why Husband Corey Is 'the One'





Teen Mom star Leah Messer says the relationship between she and her husband Corey Simms is better than ever, according to <u>UsMagazine.com</u>. In fact, she recently told her friend that he is "The One." "At first there were ups and downs, but I think we're doing really good now," Messer said. "The thing is with me and Corey, we do things very fast. From the very beginning, we got pregnant. But with [him], I feel like I'm happier than I've ever been in my entire life." She added that if he were to propose she would say "yes — hell yeah!" The relationship between these two has been no walk in the park, including a six month break following Messer's affair with an ex-boyfriend.

Can you regain trust after your partner cheats?

Cupid's Advice:

Probably one of the most difficult things to do is trust once it's been broken. It involves more than just your partner's desire to make things right. Cupid has a few suggestions:

1. Honesty is the best policy: They broke the trust, so now

they have to work twice as hard to regain it. The only to do that is to simply be honest ... all the time. Set up a policy of total disclosure between you and your partner.

- 2. Forgive, but don't forget: If you're serious about making your relationship work again, then you'll have to forgive your partner. Remember that just because they came back, it doesn't mean they won't leave again. So be cautious, especially at first.
- **3. Find out why:** This is something you may not want to hear, but there may be some opportunities for your relationship to grow if you know what drove them away from you in the first place.

Maci Bookout & Ryan Edwards in a Parenting Battle





Ouch! If being a teenage mom wasn't hard enough, things just got harder for the MTV's 16 and Pregnant star, Maci Bookout. After splitting up with her baby daddy Ryan Edwards, the devoted Teen Mom star tells US Weekly that she and her exbeau have a hard time agreeing on how their son Bentley should be raised. She talks about how she struggled to ween her 22-month-old son off his pacifier, and learned that Edwards gives Bentley his pacifier whenever the child is with him. Bookout says, "I think Ryan spoils Bentley and really has no boundaries as far as discipline. With me, I don't want Bentley to grow up and be a brat when he's 4 years old."

What do you do when you and your ex can't agree on how to raise your child?

Cupid's Advice:

Raising a child can be very difficult. Co-parenting with different views can make things even worse. Cupid has some tips to make things easier:

1. Compromise: If you and your ex can't agree on something,

then it's best if both parties relinquish a little control and find middle ground that will ultimately benefit your child.

- 2. Communicate: It's important that both parents put their differences aside and talk things out with one another. Poor communication opens the door for children to manipulate situations to his or her benefit. If your child can't have desert this week, then your ex needs to know that, too! Worst-case scenarios can lead to a child not being picked up after school or missing important medical treatments.
- **3. Equality:** Don't throw all responsibility at one parent. It makes for a more civil atmosphere and better upbringing for your child if you and your ex share an equal amount of the responsibility.