Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend



By Mara Miller

In the latest <u>celebrity couple</u> news, Bachelor In Paradise alum Taylor Nolan praised new boyfriend Frazer Nagy. Nolan became excited about making her relationship with Nagy Instagram official. She told UsMagazine.com.com, "My whole world is very different from his, so that was something I was unsure of, how that would work out. But he's incredibly supportive and doesn't make it weird at all and understands [the Bachelor Nation publicity] is just a part of my life." While the couple doesn't watch The Bachelor during celebrity <u>date nights</u>, but they have had some awesome hangouts with Nolan's former costar Vanessa Grimaldi and her new beau Josh Wolfe. It's great to see that Nolan has a supportive boyfriend!

Bachelor In Paradise's Taylor Nolan has moved on, and the grass is greener. What are some ways to be emotionally supportive of your partner?

Cupid's Advice:

It's so sweet that Taylor Nolan has a new beau who supports her. Here are a few ways you can support your partner:

1. Be supportive: Stress can make us want to give up a lot. It helps to have someone who is a constant cheerleader to help you get through the tough times. So whether your partner is still in college working on a masters program or in an internship that might open doors for their dream job, make sure they know you'll be supportive the whole time, even when they are super stressed out.

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2. Be quiet and listen: We can't all have a fairy tale romance, so just listening to your partner when they need to vent can be super helpful. You want to let them know that they can talk to you openly about anything and that they'll have your full attention. This will not only make your relationship stronger, but will teach you both to communicate with each other effectively.

Related Link: <u>Celebrity Couple: Sarah Hyland & Wells Adams Get</u> <u>Cozy on Super Bowl Date Night</u> **3. Remind them you love them:** Reminding your partner that you love them lets them know that you're ready to listen. It can help lift their spirits if they've been having a bad day. So hug them, give them a smooch, and ask how you can help.

Being supportive of your partner can help make you both a stronger couple. What are some ways you're supportive of your partner? Share in the comments below!