

Celebrity Interview: 'Newlyweds: The First Year' Stars Talk Love & Celebrity Relationship Struggles



By [Michelle Foti](#)

As seen on reality TV show *Newlyweds: The First Year*, newlyweds Tara and Rob Radcliffe have showed America that no marriage is perfect and not every wedding can be either! Looking past the burlesque dance and into the hearts and home of the celebrity couple, their awe-worthy connection is illuminating. In our latest [celebrity interview](#), CupidsPulse had the pleasure of chatting with the reality TV stars about their love life, some of their celebrity

relationship struggles, and they even gave us some marriage advice and strategies when things aren't always going well.

'Newlywed' Couple Talks Celebrity Relationship Struggles in New Celebrity Interview

Tara and Rob have faced the camera and faced America, but at the end of the day it's about facing one another with the gaze of appreciation and of course, a love life that now mimics a public celebrity relationship. Sharing their first year as newlyweds with America has actually brought the famous couple closer! "We have this journey we're going through together," Tara says. "We can talk to one another about certain things with the show that we couldn't necessarily talk to another person about...It's nice to have someone to share it with that you're married to or you're close with."

For this duo, their daily tasks are filled with laughter because of one another. In fact, laughter is one of Rob's favorite things about their famous relationship along with how much time they spend together. "I've never been in any relationship, married or otherwise, where we spend so much time with one another out of choice," Rob says. The laws of attraction do not even scratch the surface of the marriage.

"In this relationship with Tara, I find myself really gravitated towards her and just wanting to go spend time with her," the *Newlywed* star says. "For instance, today she's cooking and rather than being upstairs in our gym area, I chose to do push-ups and sit-ups right off the kitchen so I can be talking to her while I'm working out."

With a bond that seems unbreakable, Tara attests to how deep their connection runs. "For me and Rob, I feel like we've had

many lifetimes together, so the minute I saw Rob I felt like our souls were just reconnecting again and it was a really beautiful thing," she says.

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As newlyweds, the happy celebrity couple are no strangers to relationship problems. For the pair, struggle most typically comes in the form of family. "We have had a lot of issues just with the importance of family and the Persian culture," Tara reveals.

"Although family is important in Rob's life as well, he kind of picks and chooses who he wants a relationship with and who he doesn't. For me, it's like you don't have a choice. You are going to be respectful and fake it with family members that you don't always necessarily get along with."

And although they've had their marriage problems, one thing that the famous couple not only loves to do but also helps their relationship grow is asking questions: date night questions. When they're on a date night and the conversation lulls, they like to ask each other questions about the relationship to make sure that it is growing and healthy. "They're questions, like for example, what do you feel like you should be acknowledged for," Tara says. "Or what would you like to be appreciated for? Is there anything that I haven't allowed you to say yet, something like that," Rob added. "They're helpful. Keeps the marriage strong."

The reality TV stars would advise other couples to use this dating tip to overcome hard times. "I feel like when we do have these date night questions, it's like a safe zone," Tara says. "There's no judgement around it, there's no hurt. It's just two people being upfront and real and being able to walk through a problem with one another." Rob's relationship advice is to just appreciate each other on a daily basis. "Of course there are those days that we bump heads," he says. "We

disagree on things, we go off on our little spats with one another. But for me, it just comes back to appreciating each other." Even in the strongest of marriages, it isn't all smooth sailing. Rob says that in these situations, the love they share conquers all. "We're both so in love with each other, when we start stabbing and fighting I try to take a breathe and go 'You know what? Let's get through this fight because what we have is so special and the love that we have for each other is so important,'" Rob says.

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Before the celebrity couple exchanged vows, they had an interesting start. Tara worked for Rob for three days. "I remember I looked into his eyes and I was like, 'Oh my God, this is the man that I'm going to spend my life with. This is the soul I am supposed to be with.' And I just knew I wanted to be with him," Tara says.

Although they're newlyweds, neither Tara nor Rob are new to marriage. "For me I learned what I don't want in a partner from having a previous marriage," Tara says with a laugh. "I knew exactly what was making me unhappy, so coming into another relationship, it was nice to feel happiness again. I know how I should be feeling now in a relationship," Tara says. In our celebrity interview, Tara reveals that she loves the quirky things Rob does and he just loves being around her. Both Tara and Rob treasure the relationship they share.

"The exit door is not one I want to go walking through quickly because I've walked out through the exit door before," Rob says. "It makes me more committed than ever before, so I make sure that I appreciate the love that Tara and I have."

You can keep up with Tara and Rob Radcliffe via Twitter at [@robradcliffe180](#) and [@tara_radcliffe](#) and on Newlyweds: The First Year on Bravo, Wednesday 10/9c.