

# Celebrity News: Tamera Mowry Says Quarantine Tested Her Marriage to Adam Housley



By Nicole Maher

In the latest [celebrity news](#), Tamera Mowry revealed that being quarantined with her husband Adam Housley tested their marriage. According to *UsMagazine.com*, Mowry described both herself and her husband as workaholics, and said that being home together constantly was a change to which they needed to adapt. The [celebrity couple](#) tied the knot in May of 2011, and share two children together.

# In celebrity news, Tamera Mowry is opening up about the test she and her husband are going through due to COVID-19. What are some ways to cope with being quarantined with your partner?

## Cupid's Advice:

Quarantine has proved as a relationship test for even the strongest of couples. While you may love your partner endlessly, being confined to one home for months on end can test your relationship. If you are looking for some ways to cope with being quarantined with your partner, Cupid has some advice for you:

**1. Allow for some alone time:** Just because you and your partner are in the same house does not mean you have to be together the entire time. As quarantine progresses, you may feel the need to have some time apart. Taking a few hours every day or so to relax or sit on your own can help prevent any frustrations or tensions you may be feeling with your partner. If possible, safely getting some alone time by going for a walk or drive is also a good option.

**Related Link:** [Celebrity Vacation: Maren Morris Celebrates Ryan Hurd's Birthday with Romantic Getaway](#)

**2. Have off-limit areas:** Quarantine can make any living space feel claustrophobic after some time, so designating some areas that are reserved for each partner is a good idea to maintain the peace. If you are working from home, an office is a great space to reserve for yourself. In smaller living situations such as apartments, having a designated chair where your

partner knows to give you space can also work.

**Related Link:** [Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**3. Plan in-house events:** Despite feeling confined to your partner because of quarantine, it is still important to nurture the relationship by scheduling things to do together. By doing at-home dates such as cooking together or watching a movie, it will show your partner that you still want to spend quality time with them. This miniature date can help relieve some tension and make your partner more willing to give you space when you need it.

**What are some other ways to cope with being quarantined with your partner? Start a conversation in the comments below.**

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## **Celebrity Pregnancy: Tamera Mowry-Housley Is Expecting Second Child**





By Maggie Manfredi

Baby, baby! According to [Yahoo.com](https://www.yahoo.com), former *Sister, Sister* star Tamara Mowry-Housley is expecting again! In case anyone doubts the celebrity pregnancy news, *The Real* talk show host posted an Instagram pic of her holding the pregnancy test and wrote, “We are thrilled to announce we are #ClearblueConfirmed! Can’t wait to meet baby #2! Love Clearblue’s pregnancy test with Smart Countdown. It helped me get through the wait to get my result by counting down with me. #spon” Mowry-Housley and husband Adam are already parents to Aden, 2.

**This celebrity pregnancy made recent headlines! What are some ways you can prepare for a second child?**

**Cupid’s Advice:**



Just because people like Mowry-Housley already have one child doesn't mean baby number two will be an identical experience. Cupid has some tips on how to prepare for your second go-around:

**1. Hand-me-downs:** In the case of celebrity babies, this may not be something to consider, but a second baby should mean less spending. Take advantage of your first baby's outgrown clothes, toys, and crib! If you are having the opposite gender, this may not be completely possible, but there are always some unisex items that can be transitioned to the second child.

**Related Link:** [Holly Montag and Husband Richie Wilson Are Expecting](#)

**2. Reflect back:** Are there certain foods that kicked your morning sickness into high gear? If you kept a journal last time, it may come in handy as you work through your food tolerances and recall your previous pregnancy experience. Still, remember that not all pregnancies are alike.

**Related Link:** [Kourtney Kardashian Says She Feels 'Blessed' After Birth of Third Child](#)

**3. Sibling love:** It will be exciting to involve your first born child in the process with you. Take a cue from celebrity moms and babies like Jessica Simpson and her daughter Maxwell by helping to create a bond with your unborn child. It will help to bring the family together before the baby is born.

**Moms, how did you prepare for baby number two? Share your tips below!**

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# It's On, Off, and On Again for Tamera Mowry



*Sister, Sister* actress Tamera Mowry and Fox News correspondent Adam Housley are giving it another shot. According to [E! News](#), Adam proposed to Tamera last week in Italy, and a source close to the couple says, “they were engaged a few years ago, but broke it off... They have been dating on and off for the past year and now he has put a ring on her finger once again.” This isn’t the first celebrity couple to announce a “re-engagement.” Just last month, Megan Fox and Brian Austin Green announced their plans to tie the knot after calling off a three year engagement last February. The two finally married in late June. We’ll now see if the second time’s a charm – or better yet, a diamond – for Mowry and Housley.

**Is it wise to commit to someone for a second time after initially calling off an engagement?**

**Cupid's Advice:**

You may think the person is the love of your life, but deciding to take the plunge after initially calling off an engagement requires some thought. Cupid can help sort out some of your concerns:

**1. Don't rush into it:** If the engagement was called off, there must be reasons behind the break up. Make sure you truly know what the concerns were the first time around so you can work them out before deciding on marriage once again.

**2. Figure out the truth:** Are you really in love and see yourself with this person for the rest of your life? It's better to be honest with yourself from the beginning so you don't end up committing to someone you aren't happy with.

**3. Get your priorities straight:** If you and your partner have seriously taken the time to work out your issues, and both understand why *now* is the right time to get married versus before, make sure you're on the same page when it comes to your future. Take a look at these ten important questions to ask before you get engaged.