

Single in Stiletto Show: The One Thing Men Want from Women



On this week's [Single in Stiletto](#) show, founder Suzanne Oshima talks to Ms. Solomon, who became a dating coach after she realized that dating came easy to her. She didn't understand why so many women were complaining about finding love...and in today's video, she shares some of her secrets with you. So what is the one thing that men want? Fun! It's really *that* simple. Here are four ways that you can be more fun: learn how to flirt; be adventurous and spontaneous; radiate a positive attitude; and keep conversation light-hearted.

Related Link: [Ms. Solomon Reveals Where to Meet Men](#)

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How do you have more fun when dating? Share in the comments below.

Single in Stiletto Show: 4 Signs He May Be Falling for You



On this week's Single in Stilettos show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about four signs that your crush is falling for you. You may be looking for something that screams "He's so into you!" but remember that subtle signals reveal his true feelings too. Here are four indications that he likes you: his actions say he wants you even if his words don't; he becomes protective of you; he volunteers to do things for you; and he introduces you to his family.

Listen up for more great dating advice!

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Q&A: Can You Tell by Someone's Social Network If They're the Relationship Type?





Question from Charlie W.: When I first meet someone, I always add them on Facebook, Twitter, and Instagram and do the inevitable cyber-stalking that everyone does but no one wants to admit. Are there signs that show if someone is the relationship type or just looking to have a good time?

[Suzanne K. Oshima, Matchmaker](#): It's so true: No one likes to admit to cyber-stalking, but the reality is, checking out a man that you just started dating on Facebook, Twitter, and Instagram can really tell you so much about him. You'll find out what's important to him and what he likes to do in his free time.

While there aren't any specific indicators to tell if he's the relationship type, there are some signs to watch out for that reveal if he's just looking to have a good time. If he posts a lot of photos of himself surrounded by beautiful women (you know the type – I think every woman knows a man like this!), he could be feeling the need to be validated and just want to play the field. Or if he posts a lot of photos of him partying and having fun with his buddies, he might still be in the *Animal House* phase of his life and not have any intentions

of getting serious with someone. Ultimately, there aren't hard and fast rules when it comes to determining if a man is relationship material; however, these are some red flags to look for while you're dating him.

Related Link: [Celebrity Couples Who Let Social Media Ruin Their Relationship](#)

Paige Wyatt, Reality Star: Finding out what a person is like through social media can be a tricky thing, but it can be a good way to see if they are worthy of getting to know more after a first impression. A good way to tell if someone is the relationship type is to look at the activities they like. If they enjoy hiking, cooking, reading, or spending time with friends or family, they may be more of the relationship type. But if there are tons of pictures at clubs, bars, or parties, they may be just looking to have a good time. Though these signs give a good idea of what a person likes to do, they are *not* the best way to find out who they really are. Instead, get to know them in person and spend quality time together.

Related Link: [Five Ways Social Media Can Help Your Relationship](#)

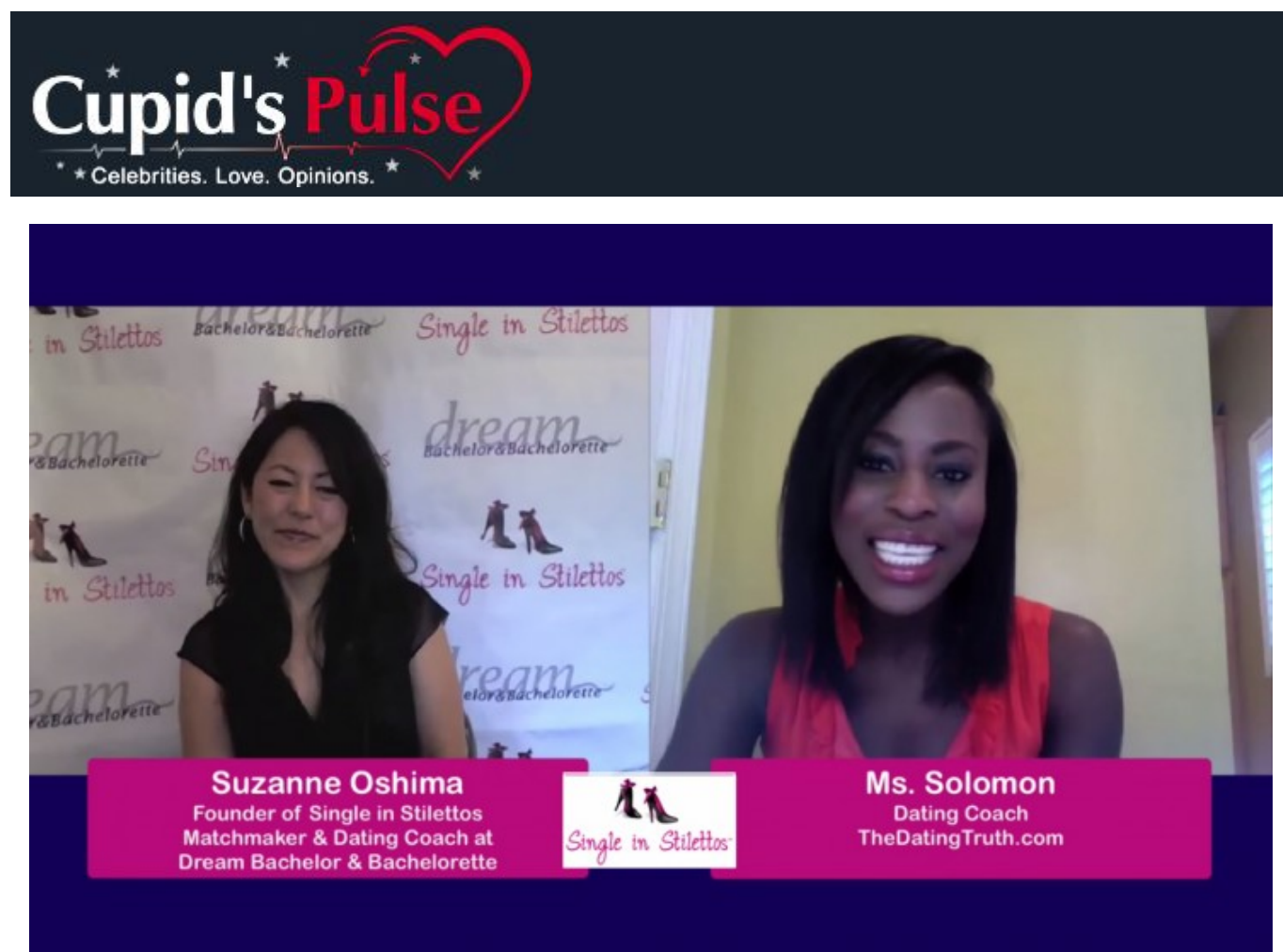
[Robert Manni, Guy's Guy](#): If you dig deep enough, you can get a reasonable idea about someone's relationship potential based on their social media activity. We all take a look at our new dates online, but we need to be careful not to prejudge our prospects solely based on their tweets, Facebook posts, and Instagram photos. Not only is the content mostly superficial, but it takes a lot of the fun and mystery out of dating! After all, the best way to get to know someone is in person.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

Have you ever judged someone you're dating based on their social media activity? Tell us about it in the comments below!

Single in Stiletto Show: Top 5 Dating Mistakes Women Make



On this week's [Single in Stiletto](#) show, founder Suzanne Oshima talks to dating coach Tripp about the top five dating mistakes that women make. As someone who works regularly with men and knows what they want in a partner, he's seen what happens after women make one of these errors: You don't offer to pay for the date; you act like you don't care; you don't show *any* affection; you talk too much; and you don't give him

a chance to be a gentleman. Taking any of these missteps, especially in the beginning stages of dating, can turn a man off...so avoid these behaviors if at all possible!

Related Link: [Tripp on How to Be More Than a Fling to Him](#)

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Ladies, what dating mistake do you find yourself making most often? Tell us in the comments below!

Single in Stilettoes Show: Why He Didn't Call You Back





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about the reasons why he didn't call you back. He explains five possible scenarios, straight from a man's point of view: He already has a girlfriend; he never really liked you in the first place; he's scared of or intimidated by you; he's just a player; or he views dating as nothing more than a game.

Related Link: [Mr. Locario on Where Are All the Good Men?!](#)

Remember that sometimes, when a guy doesn't call you back, it's for the best. After all, you deserve better than that!

For more information about Single in Stilettos shows, click [here](#).

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How do you handle it when a guy doesn't call you back? Tell us in the comments below.

Single in Stilettos Show: What Scares a Man Away



Ever wonder why the guy you were seeing suddenly stopped calling you, never to be heard from again? As author Zan Perrion explains on this week's [Single in Stilettos](#) show, you may have scared him away by being too demanding, dramatic, needy, rejecting, or jealous.

Related Link: [Zan Perrion on How to Have the “Exclusive Relationship” Talk with Him](#)

Watch the video above to learn how *not* to make these mistakes with future men!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What mistake do you make that scares men away? Tell us in the comments below!

Single in Stilettos Show: Insecurity and Dating



On this week's [Singles in Stilettos](#) show, founder Suzanne

Oshima talks to Abiola Abrams, author of *The Sacred Bombshell Handbook of Self Love*, about insecurities and dating. We all have insecurities, but it's important to fill those holes of self-doubt so you can be your best self. Remember that he can't love you if you don't love yourself. In the video above, Abrams shares her best tips for overcoming insecurities when it comes to dating, including: journaling; writing a list of what makes you beautiful; accepting who you are; being grateful; looking within; and surrounding yourself with positive people.

Related Link: [Robert Manni on 5 Ways Women Sabotage Themselves with Men](#)

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How do you overcome insecurities when it comes to dating? Tell us in the comments below.

Single in Stiletto's Show: How to Get a Man to Open Up





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima speaks with women's dating coach Jonathon Aslay about how and when to approach your honey with tough conversations. Aslay shares the key skills every woman should practice when trying to get her man to open up.

Related Link: [Jonathon Aslay on Why Men Are Commitment Phobic](#)

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How do you get your man to open up? Tell us in the comments below!

Single in Stilettos Show: How

to Be Successful with Online Dating



On this week's [Single in Stiletto's](#) show, founder Suzanne Oshima talks to dating coach and author Robert Manni about how to be successful with online dating. He answers the following questions: What are the three main things men look for in an online dating profile? What should you do if you're not getting a response? How can a woman contact a man without seeming desperate?

Related Link: [Robert Manni on 5 Ways Women Sabotage Themselves with Men](#)

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What is your best online dating tip? Tell us in the comments below.

Single in Stilettos Show: Do You Push for Commitment Too Soon?



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about signs that

you may be pushing for commitment too soon. Don't worry – we've all done it! In fact, the top reason why a guy ends a relationship after only a few months is because he's simply feeling too much pressure. In order to not make this mistake, you need to first understand *why* you're pushing him so hard. You may be feeling pressure from your friends, family, the media, or even yourself, thanks to your biological clock.

Related Link: [Lori Bizzoco: My Biological Clock is Ticking Away!](#)

Next, Fidelis shares four ways to avoid pushing for commitment too soon: Remain present in the moment; make sure you have your own life; don't think so far ahead; and establish clear boundaries.

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Cupid wants to know: How do you avoid pushing for commitment too soon?

Q&A: Is It Okay If My Boyfriend Texts His Ex?





Question from Alex S.: My boyfriend and I have been dating for almost six months. Every once in a while, I'll see a text on his phone pop up from his ex. He says they're just friends, and he's even introduced me to her before, but my girlfriends tell me that it's weird and that I should ask to read their messages. What do you think?

Answer from Our Love Experts:

[Suzanne K. Oshima, Matchmaker](#): If you ask to read the text messages, it's going to be a red flag to your boyfriend. You're basically saying that you don't trust him and that you're insecure about your relationship. It's going to be a huge turn-off to him, especially if there's nothing going on with his ex. Honestly, I think it's far more important for you to find out about his past relationship history and how it ended. Is she trying to win him back after he broke up with her? If so, then it is an issue that he's still communicating with her. Or did they both mutually decide to end the relationship and really are just friends? Believe it or not, it is possible to be friends with an ex. I'm actually friends with a couple of my exes, and believe me, nothing is going on!

Paige Wyatt, Reality Star: A lingering ex-girlfriend is never a comfortable situation, but sometimes, men don't feel negatively about their exes. Men hate drama, and one surefire way to get involved in drama is being rude to their ex. Instead, they figure they'll just be nice and friendly, and it won't be a big deal.

Unfortunately, they have no idea how uncomfortable it makes *you* feel as their current girlfriend. The only way to resolve this issue is to talk to your boyfriend about it. Let him know what you're thinking and try to make him understand from your point of view. Otherwise, he'll never know it bothers you. If he's really over his ex, he'll understand and find you and your feelings more important than talking to her.

[Robert Manni, Guy's Guy](#): Although social media plays a prominent role in relationships, every situation is different, so there's no definitive answer. However, communicating clearly and honestly with your partner is always recommended. In Alex's case, I suggest she forget about asking to read the texts. Her boyfriend responded when asked, and it could be an occasional harmless exchange.

Let's address the real issue. Alex is uncomfortable, and she doesn't understand why it's important for him to stay connected to his ex. That's a fair question. If her boyfriend knows she feels this way but insists on keeping constant contact with his ex, that's a warning sign. He needs to man up and let Alex know if his priorities are with the past or the present. And Alex needs to determine her course of action based on his response.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

Do you still text your ex? Why? Let us know in the comments

below!

Single in Stilettos Show: Where to Meet Men



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, dating coach and founder of TheDatingTruth.com, about where to meet men. Ms. Solomon is a proactive dater herself, so she knows the best spots to find a good guy. She even plans specific activities with the intention of meeting someone new! She encourages you to head to the following three places: the men's department at local

stores, hotel bars, and the gym.

Related Link: [Jonathon Aslay: Where Are All the Good Men?!](#)

For more information about Single in Stiletto's shows, click [here](#).

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Where do you go to meet men? Share in the comments below.

Single in Stiletto's Show: How to Be More Than a Fling to Him





On this week's [Single in Stilettos](#) show, dating coach Tripp reveals how to be than just a summer fling to your new guy. Here are his top three tips if you don't want him to think of you as a one night stand: don't jump into bed too soon; show boundaries but still be interested in him; and stop texting and call him instead.

Related Link: [Tripp on 5 Things Men Wish Women Knew About Them](#)

Listen up for more great dating advice!

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Ladies, what do you do to let a guy know you want more than just a fling? Tell us in the comments below!

Single in Stiletto Show: It's Your Fault You're Single!



On this week's [Single in Stiletto](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about the reasons you may still be single. There are five things you should do if you're ready to find love: You need to take responsibility for your love life; you need to stop being too picky; you need to give him a second chance; you need to be careful about interpreting his actions and words; and you need to take initiative to meet the right man.

Related Link: [Mr. Locario on What Attracts a Man](#)

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What's the first step you take when you're ready to find a partner? Tell us in the comments below!

Single in Stilettoes Show: How to Have the "Exclusive Relationship" Talk with Him



On this week's [Single in Stiletto](#)s show, founder Suzanne Oshima talks to writer, speaker, and romance artist Zan Perrion about having the “exclusive relationship” talk with your guy. His best tips include: keep it light; be curious about your relationship; make sure your tone isn't demanding; and never say “we need to talk.” The most important thing to remember, though, is that it's not only about what you want; it's about what you *both* want for your future.

Related Link: [Thomas Edwards Jr. on How to Tell If He Likes You](#)

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How do you bring up the dating-to-relationship conversation? Tell us in the comments below!

Single in Stiletto's Show: What Makes a Man Disappear





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to New York dating coach Hunt Ethridge about what makes a man disappear. According to Ethridge, there are three things that you should avoid doing if you want your guy to stick around: being too needy or desperate, thinking about the future too soon, and saying "we need to talk" (the absolute *worst* thing you can say to your beau!).

Related Link: [Hunt Ethridge on How to Ask a Guy Out](#)

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How to you ensure that your new guy doesn't disappear? Tell us in the comments below!

Single in Stiletto Show: Where Are All the Good Men?!



On this week's [Single in Stiletto](#) show, dating coach Jonathon Aslay talks to founder Suzanne Oshima about the five best places to meet men. If you're ready to find a new guy, he recommends that you: think about what you like to do and what you're passionate about; head to high-end business seminars; go to your church or synagogue; try online dating; or look more closely at other forms of social media, like Facebook or Twitter.

Related Link: [Jonathon Aslay on Why Men Disappear](#)

Of course, the most important thing is that you put yourself

out there. Open yourself up to love, and it will come to you!

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Where do you go to meet men? Share in the comments below.

Q&A: Should I Delete or Unfriend My Exes on Social Networks?





Question from Shelby F.: Whenever a guy and I breakup, I always wonder if I should completely delete him from my life. A part of me thinks it's a good idea because then I won't be tempted to see if he's tagged in any new photos with new girls, but the other part of me doesn't want him to think I'm so bitter or immature that I can't stand him coming up on my newsfeed. What should I do?

Answer from Our Love Experts:

[Suzanne Oshima, Matchmaker](#): When it comes to social media and an ex, there really isn't a clear-cut answer. It really depends on how the relationship ended and how you feel about him. If the relationship ended amicably and you feel you can still be friends with him, then it's fine to stay connected to him on social media.

However, if the relationship ended on a bad note, then why would you want to torture yourself by seeing him with his new girlfriend? Unfriending him or deleting him really isn't about being bitter or immature; it's more about your well being and moving on with your life. What he thinks about it shouldn't

really matter to you, as you are no longer together.

[Paige Wyatt, Reality Star](#): It's totally understandable if you feel the urge to check up on your ex every once in a while, but know that it's not healthy. Keeping an eye on him will never give you the chance to completely get over him and move on, especially if he posts pictures with other girls. Seeing him having fun or with another woman will drive you crazy, even if you tell yourself you're happy for him!

The best thing to do after a break-up is wait until things have settled and neither of you are upset, which might take a few weeks. Then, unfriend him. This way, he won't think it's you taking a stab at him, and he will more likely realize you're just working on getting over him, which is exactly what you're doing!

[Robert Manni, Guy's Guy](#): This is a personal decision that is entirely up to you. A lot depends on the individual circumstances of how things went down with each guy. If you had an amicable split and somehow managed to remain friends with your ex (it *can* be done), then keep your social media lines of communication open. However, if you experienced an uncomfortable break-up that left behind some emotional residue, it might be best to sever your social media ties with him, so you're not reminded of a bad situation.

Notice I have not mentioned or factored in what he thinks. That's because this is *your* decision, and what he thinks about your social media doesn't really matter. And if it does, then maybe you still have feelings for him.

For more information on our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

Do you delete or unfriend your exes on social networks? Tell

us in the comments below!

Single in Stilettos Show: 5 Ways Women Sabotage Themselves with Men



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating expert Robert Manni about five ways that women sabotage themselves with men when it comes to dating. Ladies, the biggest mistakes that you tend to make include: always being "plugged in" and never letting go of

your smartphone; not fishing where the fish are; traveling in groups; sticking too closely to your checklist of must-haves in a guy; and breaking up with him too soon. If you want to find true love, stop sabotaging yourself and learn how to avoid these pitfalls!

Related Link: [5 Things Men Wish Women Knew About Them](#)

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Ladies, what's the biggest dating mistake you make? Tell us in the comments below!

Single in Stiletto's Show: 5 Things Men Wish Women Knew About Them





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp about the five things men wish women knew about them. First, men like when women want to get to know them. Next, they love when women are affectionate. They also communicate on a more logical level – an important thing for women to understand. Men like when you ask them for help. And finally, men like compliments just as much as women.

Related Link: [How to Tell If He Likes You](#)

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Guys, what else do you wish women knew about you? Tell us in the comments below!

Single in Stiletto Show: What Attracts a Man?



On this week's [Single in Stiletto](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about what attracts a man. A self-proclaimed serial dater, he started out by helping his friends and family with their love lives – and now, he's here to help you! We all know that every man is attracted to different things, but there are some qualities that catch the attention of all guys. For instance, men like women with positive and pleasant attitudes as well as women who are independent and have their own lives.

Related Link: [What Women Don't Know About Men](#)

Listen up for more great dating tips!

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What do you think is the #1 trait that attracts a guy? Tell us in the comments below!

Singles in Stilettos Show: Are Men Intimidated By Independent Women?



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to relationship strategist Joe Amoia about whether or not men are really intimidated by strong and independent women. While that may be the case, there's a chance that you're making the biggest and most common mistakes made by career women, including: acting too self-sufficient, bringing masculine energy on a date with you, lacking vulnerability, and more.

Related Link: [Joe Amoia Reveals Quick Fix Dating Tips that Don't Work](#)

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What's the most common mistake that career women make? Share your thoughts in the comments below!

Single in Stilettos Show: How Do I Find Love and Balance My Career?





Finding love is hard enough, but when you're working overtime and never leave work on time, it can seem impossible. For this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to life stylist and mind body coach Diana Antholis about how women can succeed at the office and still meet their soul mate.

If you're facing this dilemma, she recommends that you identify your priorities and make time for what's important; be open and tell people you're looking for the right man; pick something new and step out of your comfort zone; indulge in "me" time; and indulge in doing an activity that gives you good energy.

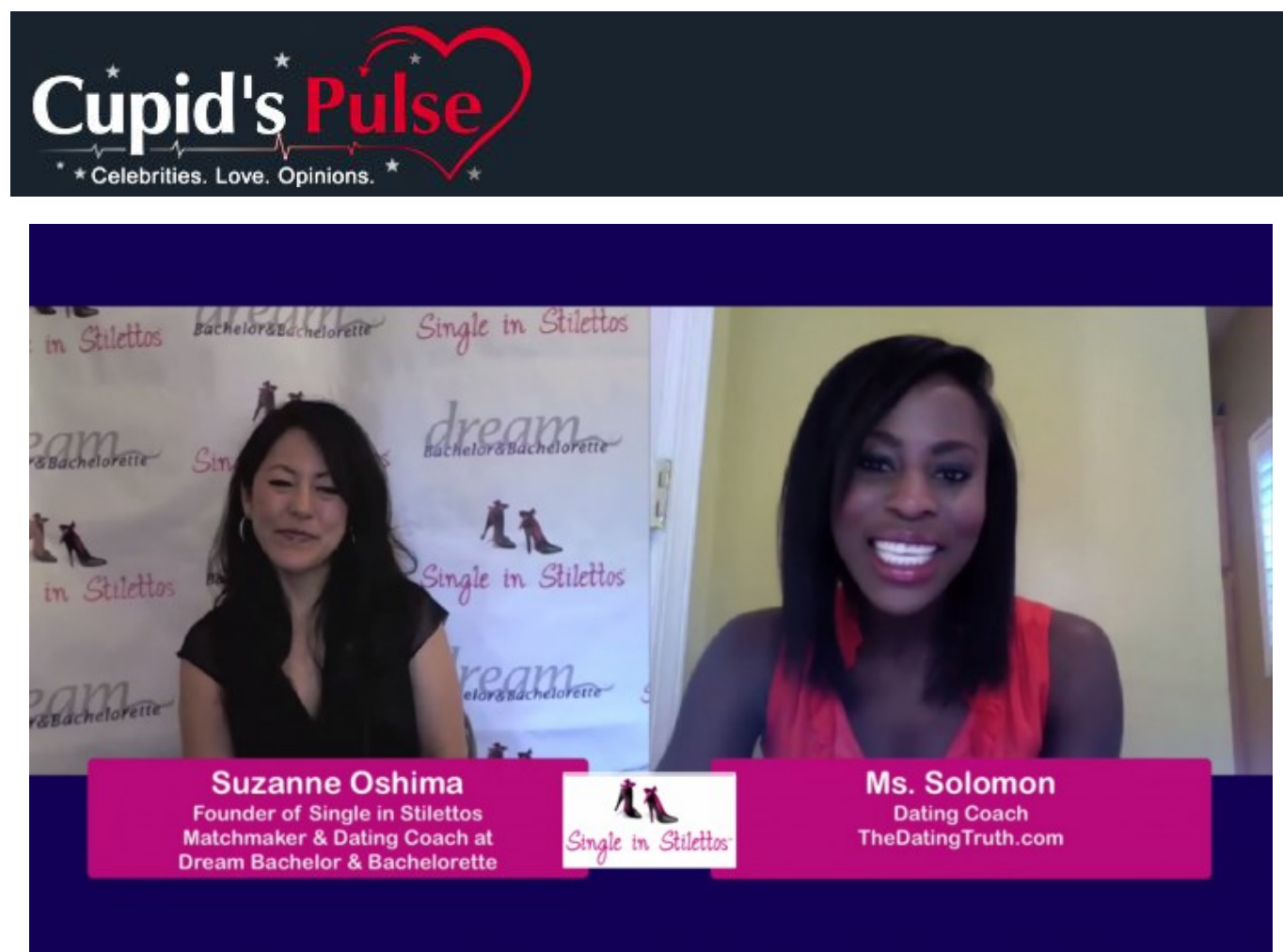
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How do you balance love with your career? Tell us in the comments below!

Single in Stilettos Show: Why Men Disappear



On today's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to dating and relationship coach Jonathon Aslay about why men disappear. Have you ever been happily dating someone when he suddenly stops texting and calling? It can leave you feeling hurt, vulnerable, and confused. You may blame yourself (as many women do), but Aslay wants you to know

that it probably has nothing to do with you. A man may disappear because of his own issues.

Related Link: [Jonathon Aslay Explains Why Men Are Commitment Phobic](#)

Listen up for more great advice!

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How do you handle a guy who disappears? Share in the comments below.