

# Parenting Tips: How to Deal with Empty Nest Syndrome



By

[Ashleigh Underwood](#)

When you have a child, [parenting](#) becomes a big part of your life. You are invested in your kids, and much of what you do is about them and for them. What happens, then, when your children grow up and no longer need your constant care? Unfortunately, for many parents, the result is empty nest syndrome, causing depression and extreme loneliness. Thankfully, [PsychologyToday.com](#) offers some helpful insights for dealing with these tough times.

## If you're struggling with Empty

# Nest Syndrome, worry not. Cupid is here to help, with five [parenting tips](#) to deal with your symptoms:

**1. Talk it out:** In most situations, the best thing you can do is talk about how you feel. Getting your emotions out in the open allows for you to release some stress you have and to think out your problems. Opening up to your spouse or your friends can also give you a new perspective on your feelings. Odds are they are going or have gone through the same situation.

**Related Link:** [Parenting Tips: How To Cope With Stress](#)

**2. Find new hobbies:** When her youngest children went off to college, [celebrity mom](#) Susan Sarandon took advantage of her free time. She jumped headfirst into her acting career and starred in a Broadway play. Whether you throw yourself into your work, like Sarandon, or take up painting, a new activity can easily distract you from your quiet home.

**3. Keep in touch:** Just because your kids have flown the nest, doesn't mean you can never talk to them again. Stay in contact! Every once in a while, check in with your kids and see what they are up to. This will keep you feeling close and connected with them, even while they're gone.

**Related Link:** [Parenting Tips: How to Connect with Your Teenager](#)

**4. Stay positive:** In hard times, it is easy to fall into a negative state. You can tell yourself every negative scenario in the book, but it will only make things worse. Instead, keep your head up and focus on the positives. Every situation is easier with a positive attitude.

**5. Prepare beforehand:** Before your children leave, take some

time to prepare. Enhance your personal and social life so that you have something to look forward to when they are away. Make new friends, start new hobbies or even begin talking about your fears in advance.

**How do you deal with empty nest syndrome? Comment Below!**

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## **Top 10 Sexy, Successful, Not So Single Celebrity Women Over 40**



By

Krissy Dolor. Updated by [Katie Gray](#).

They say that your 40's are the best years of your life! Think women over 40 don't have a place in Hollywood? Take a look at a hit series like *Desperate Housewives*. After reading this list, you'll see that it simply isn't the case. While *The Moviefone Blog* and other sites have continuously come up with 40 actresses over 40 that are killin' it on the big screen, Cupid has narrowed it down to our top 10. We wanted them all to be sexy, successful and usually single, but recently settled down. Why? Because many of our favorite [celebrity couples](#) are stars who were notoriously in the tabloids for being single. While there's no doubt that every woman on the list is sexy and successful, let's highlight the celebrities who prove that you don't need a man (or woman!) by your side to make it big.

## See the top 10 powerhouse women in Hollywood:

1. [Jennifer Aniston](#) (47): Though Aniston was constantly singled out as *the* icon for unmarried and over 40 women until recently (which some tabloids didn't necessarily view as a good thing), she continued brushing it aside and continued to make us laugh alongside funnymen like Adam Sandler and Ben Stiller. She continued her comedy streak in *Horrible Bosses*, which included a cast of Jason Bateman, Jason Sudekis and Jamie Foxx. After her divorce from Brad Pitt in 2005, she focused on her career and was a powerful single woman. Now, she is recently married as of 2015, to Justin Theroux. She shows us that being single is *definitely* a good thing, so you can focus on your career and then settle down with the right one!

2. **Halle Berry** (49): Berry a Revlon spokeswoman and a former Miss USA runner-up, as well as one of the few African-American women to have won an Oscar for her role in 2002's *Monster's Ball*. She's been through a lot, including a custody battle

with ex Gabriel Aubrey over daughter Nahla, and she hasn't let it slow her down in the slightest. She was married from 2013-2015 to Oliver Martinez, her co-star in their film, *Dark Tide*. Though they announced their impending [celebrity divorce](#), it's not officially over yet and the pair have a son together that they are raising.

**3. Sandra Bullock (51):** This actress won a Razzie for her comedic flop *All About Steve*, an Academy Award for *The Blind Side* the day after, then went through an excruciatingly public breakup with ex-husband Jesse James, handling it with extreme grace. Need we say more? While her celebrity babies Louis and Laila are the true keys to her heart, she has been dating Bryan Randall, a photographer, since late 2015.

**Related Link:** [Celebrity Couples Who Were Friends First](#)

**4. Courteney Cox (52):** Courteney Cox is famous for her role as Monica Geller on the hit sitcom *Friends*. Though Cox had an estranged [celebrity relationship](#) with longtime husband, David Arquette, she openly supported his decision to check himself into rehab for alcohol abuse and depression. While their future together is long over, the two starred in *Scream 4*, the movie franchise that brought them together in the first place. They raise their daughter Coco Riley Arquette together, and Jennifer Aniston is the Godmother. She has been dating Johnny McDaid of the band *Snow Patrol* since 2013. Cox has been keeping busy professionally as well, she was a director on her sitcom *Cougar Town* and the series *Talhotblond*.

**5. Jodie Foster (53):** Jodie Foster first came to fame in Martin Scorsese's hit film *Taxi Driver* that starred Robert DeNiro. We've all seen Foster on film, but did you know she's a director, too? Check out *The Beaver*, where she co-starred alongside Mel Gibson. She has two sons with her ex-partner Cydney Bernard, and in 2014 married photographer and actress Alexandra Hedison.

**6. Melissa Leo (55):** Melissa Leo appeared on the scene a lot in the 80's and was a regular on *All My Children* and *The Young Riders*. If that doesn't ring a bell, this longtime actress also won a Golden Globe, Screen Actors Guild and an Oscar for best supporting actress in 2010's *The Fighter*. Then, she was alongside Robert Duvall in *Seven Days in Utopia* and Jesse Eisenberg and Tracy Morgan in *Predisposed*. She focuses on her children as well: she has a son with boyfriend John Heard and an adopted son, filmmaker, Adam Leo.

**7. Susan Sarandon (69):** This legendary actress has won an Oscar and a BAFTA award. She was married to Chris Sarandon from 1967-1979, and has had boyfriends like musician David Bowie and Italian filmmaker Franco Amurri. She has three children. Though many have speculated that Sarandon dated ping pong business partner Jonathan Bricklin, it was unclear if they were a pair for awhile. Then, they were the real deal, but broke up last year. But, you never know what the future holds! She was in the Beastie Boy's *Fight for Your Right Revisited*, a Sundance short, a sure sign that she's staying with the times.

**Related Link:** [5 Celebrity Couples Who Live Modestly](#)

**8. Sarah Silverman (40):** This funny lady keeps it controversial addressing racism, sexism and religion in her comedy stints, but everyone knows that a woman who isn't afraid to speak her mind is sexy. She's had relationships with Jimmy Kimmel and Kyle Dunnigan. You've seen her in *Take This Waltz* with Michelle Williams and Seth Rogen, in *Popstar, I Smile Back*, *Evolution* and other blockbuster hits. As of 2014, she's been dating Michael Sheen.

**9. Marisa Tomei (51):** Brooklyn native, Marisa Tomei has taken over Hollywood. She's starred in hits like *My Cousin Vinny*, *The Wrestler* and *The Lincoln Lawyer*, and you've seen her in *Crazy, Stupid, Love* alongside bigwigs like George Clooney, Ryan Gosling and Julianne Moore. She was recently in *The Big*

*Short.* Tomei has had a longtime on and off relationship with Logan Marshall-Green. She keeps her personal life private, though, and has stated publicly that she doesn't know why women need to have children to be accepted as complete, and she's not a big fan of marriage as an institution.

**10. Robin Wright (50):** After her highly-publicized divorce from Sean Penn, this former soap star threw herself into new projects, including crime thriller *Rampart* with Steve Buscemi and Sigourney Weaver; *Moneyball*, an adaptation of author Michael Lewis' (*The Blind Side*); and the adaptation of Stieg Larsson's *The Girl With the Dragon Tattoo*. She was engaged to Ben Foster, twice, but they ended their second engagement last August (2015.) The future will only tell if they will reunite again or not!

**Who are your favorite female celebrities over 40 years old? Share your stories below!**

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**Single Celebrity Susan Sarandon 'Trying to Figure Out' the Single Life**





By

[Katie Gray](#)

There is a new single celebrity in Hollywood! Actress Susan Sarandon is recently single. According to [UsMagazine.com](#), “The actress – who was married from 1967 to 1979 to Chris Sarandon, and then dated David Bowie, Franco Amurri, and Tim Robbins – has been single since splitting from 37-year-old Bricklin earlier this year. Prior to their breakup, the two were together for five years, and co-owned the New York City-based ping-pong club SPiN.” Sarandon said that dating apps are not for her, but she remains open to meeting someone new and is taking advice on how to go about it.

**Even single celebrities are sometimes at a loss when it comes to dating! What are some unique ways to start up your dating life?**

**Cupid’s Advice:**

When you’ve been out of the dating game for a while, it can be



tough to get back in there. Cupid has some dating advice:

**1. Putting yourself out there:** When jumping back into the dating scene it's important to put yourself out there. Don't be too hesitant to put yourself out there again, just be cautious. You just may find that you have a lot of potential suitors to get to know!

**Related Link:** [Susan Sarandon Says Her Son-in-Law To-Be Is 'Fabulous'](#)

**2. Having an open mind:** Sometimes dating can be confusing and complicated, but the key is to always have an open mind. Be willing to see the good in people and try not to compare them to your past partners. They are in your past for a reason and there is someone better out there for you. Allow yourself to see that!

**Related Link:** [6 Celebrity Break-Ups That Shocked Everyone](#)

**3. Trying new things:** Part of putting yourself out there again, involves trying new things. If you want a different outcome, you need to try something fresh and different. Along the way you will discover new things that you like and gain more culture in your life. It's a win, win situation!

**What are unique ways that you have started up your dating life? Share your stories with us below.**

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## **6 Celebrity Break-Ups That Shocked Everyone**



By

Molly Jacob

Breakups can be hard, but they get even more difficult when they're in the spotlight. While we know that Hollywood couples, with the pressures that come from being famous, often don't last long, it's still hard on fans when their favorite celebrity couple goes through a [celebrity break-up](#).

## See what celebrity break-ups shocked everyone, including us at Cupid's Pulse!

### 1. Heidi Klum and Seal:

Heidi Klum and Seal seemed to be one of those Hollywood couples who had it all. That's why we were especially shocked in April 2012 when Klum filed for divorce after six years of

marriage. But we're happy to hear, according to TMZ, that the celebs' divorce was a "clean break" with no fights over money or custody of their four kids.

## **2. Mariah Carey and Nick Cannon:**

Mariah Carey and Nick Cannon seemed to be deeply in love during their six years of marriage. But this celebrity couple fell apart when Cannon filed for divorce this past January. This celebrity breakup was in the spotlight this spring when Carey released her new song, "Infinity," which throws some jabs at Cannon. Next time you're thinking of getting tattoo for your significant other, think about this: Cannon had to cover up his "Mariah" tattoo with a larger tattoo last October.

**Related Link:** [Nick Cannon Opens Up About Split From Mariah Carey](#)

## **3. [Jennifer Aniston](#) and [Brad Pitt](#):**

We were heartbroken when this celebrity couple split up in 2005. Whether you were Team Aniston or Team Jolie during the publicized celebrity breakup, Aniston and Pitt seemed to have had the perfect relationship. But don't spend too much time worrying about this heartbreaking split – Aniston told US Magazine last January, "I don't find it painful."

## **4. Susan Sarandon and Tim Robbins:**

Susan Sarandon and Tim Robbins appeared to be the classic, enduring Hollywood couple – until they announced their breakup in 2009. While the celeb couple never got married, they were together for over 20 years and had two sons. The two met in 1988 while shooting the film *Bull Durham* and immediately clicked. Although there were rumors that they broke up because Robbins had an affair with Meg Ryan, Sarandon said a major reason for the split was a reexamination of her life after performing in the Broadway show, *Exit the King*.

## 5. Robin Thicke and Paul Patton:

Thicke made the headlines in the last couple of years with his catchy and controversial song, “Blurred Lines” and also his breakup with his teenage sweetheart, Paula Patton. In February 24, the celebrity couple announced their marriage was over, but it seemed like Thicke wanted Paul back more than she wanted him. This was pretty evident after he released his tribute to his ex-wife, the 2014 album title *Paula*.

**Related Link:** [Does Robin Thicke’s “Get Her Back” Have Enough Passion For Paula Patton?](#)

## 6. Gwyneth Paltrow and Chris Martin:

Coldplay and *Shakespeare in Love* fans alike were shocked when Paltrow announced on her blog, Goop, that the Hollywood couple would be splitting. After being married for 11 years and having two children, the duo’s bond seemed unbreakable. Their divorce seemed amicable, with Paltrow using the vague term “conscious uncoupling” to describe their breakup.

**What other celebrity breakups shocked you? Share in the comments section below!**

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# 5 Celebrity Mother-Daughter Look-alikes





By

[Courtney Omernick](#)

You may have heard someone state that you sound like your mother, but has anyone ever told you that you look like her? Below are five celebrity mother-daughter look-alikes that may have you do a double take.

**1. Reese Witherspoon and Ava Phillippe:** Although Ava has her dad's (Ryan Phillippe) famous lower lip, she is definitely her mom's mini-me. In a recent interview, Reese stated that Ava helps Reese select her gown during Oscar season. Twins and fashionistas!

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**2. Goldie Hawn and Kate Hudson:** Both actresses are known to light up a room with their locks and bright smiles. And, not only does the pair look similar, but they also share the same zest for life.

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**3. Uma Thurman and Maya Hawke:** Maya is all grown up, and she looks a lot like her mother! Both have blonde hair, blue eyes,

are lanky with fair skin, and share similar facial features. Who knows, maybe Maya will star in the next Kill Bill.

**4. Susan Sarandon and Eva Amurri Martino:** This mother-daughter team shares the acting gene, a sense of style, and looks! Eva definitely inherited her mother's curves, big, brown eyes, and dramatic hair color.

**5. Gwyneth Paltrow and Blythe Danner:** There is definitely a striking resemblance between these two! Both ladies share the same petite figure, fair beauty, slim nose, and amazing style.

**What are some other celebrity mother-daughter look-alikes? Comment below!**

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## **Star-Casted Romantic Comedy, 'The Big Wedding'**





By

Meghan Fitzgerald

*The Big Wedding* has a vamped up cast, including Diane Keaton, Robert De Niro, Susan Sarandon, Robin Williams, Katherine Heigl, Amanda Seyfried and Topher Grace. This new romantic comedy directed by Justin Zackham is about a modern family attempting to remain sane for the weekend of Alejandro (Ben Barnes) and Missy O' Connor's (Amanda Seyfried) wedding. Don (Robert De Niro) and Ellie Griffin (Diane Keaton) are a long divorced couple who are playing "happy" for their adopted son's wedding. Alejandro's biological mother is also in attendance, after deciding to fly halfway around the world. Not only does she not approve of divorce, but she also doesn't know that Alejandro's foster parents are adopted. The Griffin family tries to keep their cool as they are bombarded with the past, present and future throughout the weekend.

**Should you see it?:** This movie will be one for the books. One that people will remember for years to come. With this cast, how could you not see it? With the soft hues of humor intertwined with an old and new story of love, you can not miss it. It has the dysfunctional family attempting to keep it

together, old romance, comedy, and a real story.

**Who to take:** All people who enjoy Rom-Com's should without a doubt see this movie. It has Katherine Heigl in it: Queen of Rom-Com city. *27 Dresses*, *The Ugly Truth*, *Life as We Know It*. The list goes on and on. Do you love the humor of Diane Keaton, Robert Williams, and Robert De Niro? Than you need to see this movie as soon as possible.

**Related:** [Hayden Panettiere and Wladimir Klitschko Engagement](#)

## **How do you avoid wedding chaos?**

### **Cupid's Advice:**

It seems that wedding chaos is inevitable if your family is the slightest bit dysfunctional. Any wedding malfunctions are common, even if it seems drastic and not normal. To keep the slight malfunctions from turning into complete chaos, you need a leader. A person to put everyone in line, to keep calm and organized. Cupid has some more advice on this:

**1. Keep the bride calm:** As much as men can say they have equal part involvement as the bride, they're wrong. Most women have been thinking about their wedding since they were young. They have been checking over the table arrangement, moisture of the cake, songs played at the reception...all since day 1. They know their wedding like the back of the hand, and if a slight problem occurs; the bride must remain calm.

**2. Unwanted guests:** At some wedding, unwanted guests may arise. Ex-husbands, old friends, abandoned family members; they all could pop in at any moment. With these unwanted guests showing up at your perfect wedding, chaos may loom. The best thing to do here is stay perfectly calm, and have a responsible and unbiased adult exit them out of the venue. No chaos if there are no unwanted guests.

**Related:** [Add a Little "Luck O the Irish" to Your Wedding Day](#)



**3. Caterer/flowers:** Check in with your caterer constantly days before your wedding. Make sure they have the right times, addresses, and menu. Chaos will emerge if there is no food at the wedding. The same thing goes along for flowers. It is necessary to keep in contact with your florist and be aware of what you ordered, how much you ordered, the colors, and anything else essential.

**Have you ever been to a wedding resulting in chaos? Share your experience below.**

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## Susan Sarandon Says Her Son-in-Law To-Be Is 'Fabulous'



Susa

n Sarandon is excited about daughter Eva Amurri's engagement to the "fabulous" Kyle Martino. The proud almost mother-in-law is not taking part in the wedding planning, however.

Sarandon told [People](#) that Amurri is "very smart and very organized" and that she "trust[s] her judgment." But that doesn't mean she's not assisting in other ways, from finding the right cake topper to advising Amurri on her gown.

**What do you do if your parents don't like the person you're going to marry?**

### **Cupid's Advice:**

Not all of us have mothers who, like Sarandon, would use the expression "fabulous" to describe our spouse-to-be. In fact, many of us have probably been in the situation in which our parents disapprove. It's a difficult place to be in, but Cupid has some advice:

**1. Get them to talk:** First of all, you need to figure out why it is that your folks disapprove of your spouse-to-be. Is it because they don't think he or she is good enough for you? Is it simply because they're afraid of losing their child? If you sit down and have a word with them, at least you'll have something to work with.

**2. Talk to them:** So you've given them their chance to explain themselves. The floor is now yours. Tell your parents that you love your partner and want to be with him or her. Show them that the relationship makes you happy and you hope that they can be happy for you. Talking about it directly will make it easier for them to accept the marriage.

**3. Be patient:** Your folks may be disapproving for the time being. That said, be patient. Allow them to get to know your partner better and find common points of interest. Often

times, our parents may feel an overprotective instinct toward our suitors because they perceive them as potential threats. With time, they may become more welcoming and let your partner into their hearts.

**Do your folks disapprove of your fiancé? Share your story below!**

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## **Top 10 Sexy, Successful and Single Celebrity Women Over 40**



By

Krissy Dolor

Think women over 40 don't have a place in Hollywood? After reading this list you'll see that isn't the case. While The MovieFone Blog came up with 40 actresses over 40 that are killin' it on the big screen, we wanted to narrow it down to our favorite 10 – but they had to be single. Why? Simple! While there's no doubt that every woman on the list is sexy and successful, we wanted to highlight the celebrities who prove that you don't need a man (or woman!) by your side to make it big. So go ahead ladies – keep doing what you're doing! Read on to see our picks for powerhouse women in Hollywood:

**1. Jennifer Aniston (42):** Though Aniston is constantly singled out as *the* icon for unmarried and over 40 women (which some tabloids don't view as a good thing), she brushes it aside and continues to make us laugh alongside funnymen like Adam Sandler and Ben Stiller. She'll continue the comedy streak in *Horrible Bosses*, which includes a cast of Jason Bateman, Jason Sudekis and Jamie Foxx. With a list like this, being single is *definitely* a good thing!

**2. Halle Berry (44):** Not only is Berry a Revlon spokeswoman and a former Miss USA runner-up, she is *still* the only African-American woman to have won an Oscar for her role in 2002's *Monster's Ball*. Though she is currently in a custody battle with ex Gabriel Aubrey over daughter Nahla, she hasn't let it slow her down completely. In fact, rumor has it that she's dating Oliver Martinez, her co-star in their upcoming film, *Dark Tide*.

**3. Sandra Bullock (46):** This woman won a Razzie for comedic flop *All About Steve*, an Academy Award for *The Blind Side* the day after, then went through an excruciatingly public breakup with husband Jesse James, handling it with extreme grace. Need we say more? While baby Louis is the only man in Bullock's life, she is working with a few good ones in her upcoming films, including Tom Hanks, John Goodman and James

Gandolfini for 9/11-themed drama *Extremely Loud and Incredibly Close* and George Clooney for sci-fi flick *Gravity*.

**4. Courteney Cox (46):** Though Cox currently has an estranged relationship with longtime husband, David Arquette, she openly supported his decision to check himself into rehab for alcohol abuse and depression. While their future still remains to be seen, the two currently star in this year's *Scream 4*, the movie that brought them together in the first place.

**5. Jodie Foster (48):** We've all seen Foster on film – but did you know she's a director, too? Check out May's *The Beaver*, where she'll co-star alongside drama-daddy Mel Gibson. If anyone came tame that guy for a few months of filming, that's considered success!

**6. Melissa Leo (50):** You may not have heard of this longtime actress, but Leo made news when she won a Golden Globe, Screen Actors Guild and an Oscar for best supporting actress in 2010's *The Fighter*. You'll see more of her this year next to Robert Duvall in *Seven Days in Utopia* and Jesse Eisenberg and Tracy Morgan in *Predisposed*.

**7. Susan Sarandon (64):** Though many have speculated that Sarandon is dating ping pong business partner Jonathan Bricklin, she insists she doesn't have a boyfriend. But let's be serious – who *doesn't* like imagining a little cougar action when it comes to this sexy starlet? After all, she was in the Beastie Boy's *Fight for Your Right Revisited*, a Sundance short – a sure sign of her staying with the times.

**8. Sarah Silverman (40):** This funny lady keeps it controversial, addressing racism, sexism and religion in her comedy stints, but everyone knows that a woman who isn't afraid to speak her mind is sexy. You'll see in her in this year's *Take This Waltz* with Michelle Williams and Seth Rogen.

**9. Marisa Tomei (46):** She's starred in hits like *My Cousin Vinny*, *The Wrestler* and *The Lincoln Lawyer*, and you'll see her

next in *Crazy, Stupid, Love* along bigwigs like George Clooney, Ryan Gosling and Julianne Moore.

**10. Robin Wright (44):** After her highly-publicized divorce from Sean Penn, this former soap star threw herself into new projects, including crime thriller *Rampart* with Steve Buscemi and Sigourney Weaver; *Moneyball*, an adaptation of author Michael Lewis' (*The Blind Side*); and the adaptation of Stieg Larsson's *The Girl With the Dragon Tattoo*. With all that on her plate, who has time to think about exes?

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## Hunting for Love Later in Life



By

KB in NYC

We all know that dating is a minefield, right? But here's the thing; getting older doesn't help. A lot of 40-year-old men only want to date 25-year-olds. And here's why: a woman in her 30's or 40's knows what she wants. She's been around the block a few times, and she's less willing to compromise. She's less easily impressed and she is, in a word, more discerning.

Now that's not necessarily a bad thing, but it does make dating harder. Also, when man hunting at an older age, you tend to want different things. At 24, a cocktail and a great make out session will suffice; at 40, not so much.

Hollywood is filled with fabulous women, all of whom have achieved enormous success and are finding themselves single in their mid-30's and 40's – think Jennifer Aniston, Charlize Theron, Sandra Bullock and Sheryl Crow.

The thing is, these celebrities are pretty much set: they have millions of dollars in the bank, they look fantastic and if motherhood tickles their fancy, there's always adoption. And yet, they can't get the man thing right. Famous or not, who doesn't want to get the man thing right?

Whether you're single by choice or on a serious manhunt, the parameters are kind of the same. Be honest with yourself and the men you're dating about what you want. If it's marriage and kids, then own that.

You may not be in your 20's anymore, but that's no reason to act desperate. Like Jen taking back John Mayer after he had publicly humiliated her? That had a whiff of desperation to it. Know what you have to offer, and never accept anything less than you deserve, no matter how desperate you may be to "put a ring on it."

Take a page out of Jen, Cheryl or Sandra's books and surround yourself with great people. Friends make the world go 'round, and being happily single is about having your emotional needs met.

It's such a cliché, but oh-so true: be comfortable in your skin, even if it requires Artefill to keep it looking as good as it once did.

We are a society obsessed with aging, and yet many celebrities are just getting better the older they get. From Halle Berry to Kate Winslet, Jenny McCarthy and Susan Sarandon, age certainly hasn't gotten in the way of dating fabulous men. Which leads one to contend that if age is just a number, attitude must be everything.

*PR maven KB is a self-proclaimed 'lover, dater, blogger, believer.'* She is the author of *KB IN NYC*, a no-holds barred account of her dating hits and misses, and her search for love in New York. With a penchant for red nails, five star hotels and a sultry wit to match, she explores what it means to be in your woman perfect early-thirties navigating this brave new world that we find ourselves in.

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## Single Celebrities Who Rock (and Rule)!







By

Terry Hernon MacDonald of [singlewomenrule.com](http://singlewomenrule.com)

A happy marriage may be among life's greatest pleasures, but there's a lot to be said for living single. For too long, single men and women have been portrayed as unlovable, irresponsible, selfish, or childish. (The media tend to portray single celebs in their 20s as sexy, but once she – and in this case, it's usually a she – turns 30, the question, "Is there anyone special in your life?" comes with increasing frequency and feigned concern.)

It's time to celebrate two unmarried women who make single living desirable, and they're both well over 30. If you're not there yet, they'll give you plenty to aspire to; if you are, they'll give you reasons to be cheerful.

### **Susan Sarandon**

The young woman who played the grating but endearing Janet Weiss in *The Rocky Horror Picture Show* went on to draw acclaim for her performance in *Atlantic City* and ascended from there.

She built a reputation for being the wise, sexy, and – later on – the older woman men find irresistible. (After 40, she

solidified her status as a sex symbol – not a sex object – in *Bull Durham* and *Thelma and Louise*.)

And, while she's sexy, she's also one to beat the odds. According to IMDb.com, doctors Sarandon that she'd never have children. She had the last of three at 45. Today, she's 64, living on her own terms, having recently ended a 21-year relationship with *Durham* co-star Timothy Robbins.

### **Marisa Tomei**

According to IMDD.com, this 46-year-old actress says of marriage, "I'm not that big a fan of marriage as an institution, and I don't know why women need to have children to be seen as complete human beings." Tomei does enjoy relationships, though, having dated many attractive men, most recently actor Logan Marshall-Green, who is 12 years her junior.

Since hitting it big in the 1992 comedy *My Cousin Vinny* (her performance was ridiculed by the likes of Charlie Sheen), Tomei earned considerable respect for her work in *Welcome to Sarajevo* and *In the Bedroom*. She garnered an Oscar nomination for *The Wrestler* in 2008 and will co-star with Kevin Bacon, Steve Carell, and Emma Stone in *Crazy, Stupid, Love*, due for release in April 2011.

While Tomei's acting made her famous, what we at SWR really love her for is her work on behalf of women's causes, most notably Equality Now.