

Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi



By Megan McIntosh

In celebrity news, Stephanie Pratt is not a fan of [celebrity couple](#) Spencer Pratt and wife Heidi. According to *People.com*, Stephanie believes that “no one knows the real Heidi” and that ultimately she’s the reason for the split in the family relationship between brother and sister. Stephanie tried to save the relationship and put on a good front for the cameras because of her job obligations with her parents and just for the sake of her relationship with her parents. However, now

the gloves are coming off, and Stephanie is only being honest. Stephanie claims that Heidi doesn't want Spencer to "have a relationship with anyone but her" and because of this, Stephanie "cannot live near them, They are the most toxic people I've ever met." It looks like this relationship is far from being on the mend.

In celebrity news, Stephanie Pratt doesn't consider Spencer and Heidi family anymore. What are ways to mend your relationship with your family?

Cupid's Advice:

It can be hard maintaining relationships when you dislike a parent or sibling's new partner. Sometimes a relationship with a family is just not good for you, but if you want to mend your relationship with your family, cupid has some advice for you:

1. Always meet in person: It can be tempting to try and air your grievances via text or email. Don't. It's important to speak face-to-face gives everyone a chances to talk about their issues and express themselves. If you live too far for a face-to-face, try Skype or Facetime.

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2. Lay some ground rules: Make sure you know if any topic is off-limits. Try to emphasize that that you're trying to mend things not just complain and push blame. Limit the allowance of interruptions or name-calling.

Related Link: [Relationship Advice: The Beauty, Meaning, & Power of Love](#)

3. Use "I" statements: Rather than telling someone what they did, tell them how it affected you. Tell them how it made you feel. Don't say "You made me unhappy," say "I was unhappy because..." When you focus on your feelings, it makes the other person feel less defensive.

What are some ways you've fixed a relationship with someone in your family? Share below!

MTV's Video Music Awards: What You Missed





By [Jessica DeRubbo](#)

Well, the MTV Video Music Awards have come and gone yet again, and the celebs in attendance this year didn't disappoint!

Some of the more notable duos walking the white carpet this year were Justin Bieber & Selena Gomez, Usher & Justin Bieber, *Jersey Shore's* Ronnie & Vinnie and Stephanie Pratt & Lo Bosworth, according to [Hollywood Life](#). And, of course, there was the much-anticipated awards show participants Taylor Swift and Kanye West. After last year's debacle where West barged on stage during Swift's acceptance speech, he was on his best behavior. The two stars separately sang two brand new songs addressing last year's event, "like a pair of dueling attorneys making closing statements in front of a jury," according to Tris McCall at the New Jersey [Star-Ledger](#).

That's not to leave out the host of this year's VMA extravaganza. E!'s popular comedienne Chelsea Handler took the podium, and the question is: how did she measure up?

Here are three reviews that seem to sum it up:

1. "As the live portion of the show began, Handler turned in a

moderately funny Gaga sendup, appearing amid red-lycra-clad dancers wearing a dollhouse on her head. Though, again, it felt a little like Host the VMAs Paint-by-Numbers – Gaga’s both the easiest and the lamest (not to mention the most willing) target around,” said Jennifer Armstrong in *Entertainment Weekly’s* PopWatch.

2. “And then there was the awkward plight of the night’s host, Chelsea Handler. She was among the worst in the show’s history – purposefully out-of-touch, with brief, alarming flashes of off-color racial humor,” said Jon Caramanica of the [*New York Times*](#).

3. “But there was little smooching or feuding on Sunday, despite some nudging from the host. ‘I want to encourage everyone to be on their worst behavior,’ comedian Chelsea Handler declared in her opening monologue, a string of flat punch lines that felt a few degrees below crass,” said Chris Richards in *The Washington Post’s* Click Track.

Although the VMAs usually make for some stories full of cat fights and on-stage duels, the show was pretty tame overall this year. But with the best ratings since 2002, according to Just Jared, Chelsea Handler can’t complain!

Stephanie Pratt is an Advocate of Serial Dating





Reality star Stephanie Pratt is somewhere in between single and seeing someone...or seeing more than just one person. Post-*The Hills* and her public breakup with motocross boyfriend Josh Hansen, Pratt has declared she'd like to explore the world of dating limbo. As she told [People](#), "I'm seeing two guys right now, and it's actually way more fun than seeing one guy. I've never done something like this before, but it's really quite lovely!" Pratt claims that the best part of this experience is that it makes guys more trainable. "It trains them to ask for dates a lot earlier in advance," she said. **Is it a good idea to date more than one person at once?**

Cupid's Advice:

Dating always has its ups and downs. It can be heartwarming and heartbreaking at the same time. Even if you aren't seeing multiple people, it is still important to explore other aspects of life.

1. Keep your options open: Especially at the beginning of a relationship, it's important not to put all your eggs in one basket. It may seem like the real thing, but it might be too

soon to tell. Therefore, there is no harm in continuing to see other people at beginning stages of dating.

2. Don't be too available: If someone is too eager and willing to drop everything for someone else, it can be a huge turnoff. Never go out of your way for someone who won't do the same for you.

3. Be up front about it: If you're going to pursue seeing multiple people at the same time, tell your partner from the beginning, and accept that they too can see other people. It's not right if one side is completely committed while the other is out on the town with someone different every night. If one party starts getting jealous, then maybe it's time to consider a committed relationship.

Whether you're monogamous or dating multiple people, the key is to never be too available. Relationships succeed when both people continue to have their own interests.

Stephanie Pratt & Josh Hansen Call it Quits





Another love drama for the Pratt family! Stephanie Pratt's rep confirmed to [People](#) that the reality star and Josh Hansen "went their separate ways." The pro motocross racer tweeted on Monday, "Another dysfunctional move by Stephanie Pratt, I was under the impression u had to be someones bf in order to get dumped," as his rep says the two were never officially a couple. Pratt didn't let that slide, answering back with an expletive and exclamation-filled tweet. There aren't any other details available on the breakup, but it's seems the relationship ended on unhappy terms.

How can you end a relationship on good terms?

Cupid's Advice:

When it's time to end a relationship, you should always aim to leave it in nice conditions. Cupid has some tips:

1. Make up your mind: Don't threaten to leave your partner out of anger or spite because you want your way in an argument. A breakup shouldn't be used as a form of leverage unless you're truly prepared for that possibility.

2. Time and place: Pick a setting that allows you two the time and privacy to end it properly. For example, don't end it as your partner is leaving for work, or right after a crisis.

3. What to say: Don't patronize the other person with cheesy lines like, "It's not me, it's you," or, "I'm not good enough for you." Although it may seem like you're ending it gently, these generic lines might hurt his or her feelings more. Just say what you need to say.