

Celebrity Interview: Michael Canale Talks About His New Product Line & The Latest Celebrity Hair Styles



By [Rachel Sparks](#)

With nearly thirty years of experience as a celebrity hair stylist, Michael Canale is best known for creating “The Rachel,” the hair style of [Jennifer Aniston’s](#) character on *Friends*. Seeing between 20 and 40 clients every day, he starts his mornings at 7 a.m. and spends anywhere from 15 to 30 minutes on each client. Adding to his already busy schedule, he has just released an ingenious new hair product line that lengthens the longevity of color and repairs damage

to hair. Of course, Canalé is a lot more than a stylist: He's also a family man to three kids and an avid traveller for work. In our exclusive [celebrity interview](#), he opens up about his new product line, the latest celebrity hair styles, the importance of family, and what's next for his booming career.

Michael Canalé Talks About New Product Line in Celebrity Interview

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Canalé's new line of hair care products "is the first of its kind, focusing on getting hair ready for color and maintaining color between salon visits." The four-step process starts with a gentle shampoo that does not fade color. Following the shampoo, Nourish is a topical vitamin that helps strengthen and heal hair. The third step is the conditioner that "restores luster, softness and shine." The newest addition to his line is Replenish, "an ingestible vitamin with a vegan and all-natural approach that contains patented Targeted Cellular Technology for maximum absorption with critical ingredients that will help you achieve strong, healthy hair."



Photo: Michael Canalé
Product

It's easy to see why we trust the Canalé product line as much as we trust the stylist to color and cut our hair. Canalé has a strong knowledge base and uses the undertones of someone's skin and eyes in order to choose their best hair color. He suggests that you look at your wrist and note the color of your veins: "If they're blue, you have a cool undertone, and if they're green, you have a golden undertone." He also recommends looking at your eye color: If you have blue-toned eyes, cool-toned highlights will be a natural compliment. For instance, blue-toned eyes with specs are best complimented with baby-blond highlights.

Making it even easier for hair color novices, he adds, "Another trick is to always use your natural hair color when creating a hair color – that's why I prefer highlights."

Having started the largest hair styling trend in decades with "The Rachel," we had to ask Canalé's perspective on must-have celebrity hair styles. In terms of hair color, he believes that ombre and balayage are on their way out. Instead, he suggests his favorite technique and says, "The hottest color trend right now is using paper thin highlights to enhance a client's natural base and adding a finishing touch of a pop around the face to bring out a client's eye color, giving a subtle, glamorous look."

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When it comes to hair cuts, he encourages his clients to consider their natural texture. "If you do a cut that embraces your natural waves, it'll require less styling with heat and tools," he shares.

Celebrity Hair Stylist Shares

Parenting Advice

Aiding in his success is help from both his wife and manager. “I will tell you, it’s not easy. My wife is very supportive and holds down the fort when I’m out on the road,” he explains. “I also have a great manager who makes sure I don’t miss a beat when it comes to my kids.”

Despite his long days, Canalé always prioritizes time with his family. When it comes to finding your own work-life balance, Canalé says, “My best [parenting advice](#) to your readers is to never let work allow you to miss the most memorable moments and to carve out family time. Creating memories with your loved ones is priceless!”

So what’s next for this celebrity stylist? For starters, he sees himself spending plenty of time in the salon. He began his career working with Leslie Ann Warren and Marsha Mason, and most recently, he’s worked with Carolyn Murphy, the face of Estée Lauder, and Stephanie Hollman from *The Real Housewives of Dallas*. “I want to still be behind the chair, coloring the hair of women all over the world. I work in eight cities as of today and am looking to expand into another,” he explains. “My goal is that the future of my business continues to help women feel beautiful as we create healthy and beautiful hair color.”

Related Link: [Celebrity Interview: RHOD Star Stephanie Hollman Talks, Fame, Family Life, and Spring Style](#)

Additionally, Canalé hopes that one of his children will join the family business someday. “I’ve built a career around brand-specific color techniques and would love to see it continue,” he says. Plus, he promises that “a couple of incredible products will be released in 2018.” So stay tuned!

Canalé saves his best piece of beauty advice for the end of our celebrity interview: “One last thing: Don’t overthink your

color. Your hair is your best accessory – stay colorful!”

You can follow along with Michael Canale on [his website](#) and [Facebook page](#).

Celebrity Interview: ‘RHOD’ Star Stephanie Hollman Talks Fame, Family Life, and Spring Style



By [Delaney Gilbride](#)

After our recent [celebrity interview](#) with “wonder woman” Stephanie Hollman, we can certainly say this charitable philanthropist does it all. While *The Real Housewives of Dallas* (RHOD) has only recently finished filming its second season, the peacemaker of the show continues to juggle her work, home, and social life flawlessly. It begs the question: How is Hollman able to balance her busy life after her steady rise to fame? Thankfully, the reality TV star gives us all of the answers we crave and more.

Stephanie Hollman Talks *The Real Housewives of Dallas* in Our Exclusive Celebrity Interview

While fame is notorious for going to people’s heads, that’s nowhere near the case for Hollman. As for how the philanthropist felt after the release of season one of RHOD, she says that “you learn who your real friends are” after you’ve made your claim to fame. “There’s something really freeing about not being perfect and having everyone see that,” Hollman continues.

Of the drama that arises during the filming of Bravo’s hit show, Hollman explains that her mom’s words are always in the back of her mind: “If you don’t know what to do, do nothing.” She urges people to think before they act in both friendships and romantic relationships – and this *especially* goes for women! When you act before you think, you have to deal with the consequences one way or another.

Related Link: [Celebrity Interview: ‘RHOD’ Star Stephanie Hollman Says Her Life Is All About Her Family](#)

As for upcoming episodes of the show, the reality TV star explains that she’s “excited and nervous” for the season to air. “They really dug in deep, and everyone’s vulnerable,” she

shares. Reality TV fanatics can't help but obsess over the bickering and drama that comes along with shows such as *RHOD*, and it seems like this season won't disappoint. Along with your typical petty drama that lives on reality television, Hollman explains that "real life issues" will also be taking place. As for a sneak peak, the star exclaims that the cast trip was "unforgettable." Guess we'll have to wait to see what's in store!

Reality TV Star Gives Family and Relationship Advice

Hollman and her family are known to be the ultimate charitable family in Dallas, and she and her husband take strides every day to shape their two sons into humble and caring young men. While they work tirelessly to make the world a better place for those who need it, they're also teaching their children to "give back in ways that they can understand." For instance, during the winter, they do all that they can to help those who are struggling. Hollman and her children go out and buy children's jackets in every size to donate to kids who don't have a coat. They even give their own shoes to those who can't afford them. She teaches her children to "be kind" to others in the hopes that others will do the same.

Related Link: [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

As for her celebrity relationship with her husband, Hollman says marriage is definitely hard work! "I work really hard on my marriage," she claims. "We fight, but we talk about it, and we have a very open dialogue." She and her husband go to therapy weekly in order to maintain such a strong relationship, whether they're having a rough time or not. As for her best [relationship advice](#), Hollman encourages you to remember that, "no matter what happens, your spouse will always love you."

Hollman Talks Keys to the Perfect Spring Style

Look no further for spring [beauty tips](#)! This mother of two has got you covered. When it comes to the warmer days ahead, the reality star says her number one tip is that you *have* to be “really cozy in the spring.” The weather can range from easy breezy to intensely hot in a matter of hours, so to prepare for the changing temperatures, Hollman tells us that flowy clothes are the way to go. Her absolute favorite pieces for the spring time include maxi dresses, a flowy shirt, and a good pair of shorts. The fashionista also urges our readers to play with color and just have fun with their wardrobes.

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When it comes to the one beauty product she just can't leave the house without, we were a bit surprised. Hollman reveals that she doesn't wear makeup unless she's going out on a [date night](#) with her husband and instead wears her favorite sunscreen, EltaMD, almost every day. “You will never look into anything else!” Hollman promises in our celebrity interview. “It's almost like foundation. It makes my skin look beautiful and feel amazing.” The reasonably-priced sunscreen blocks out harmful UV rays, doesn't clog your pores, and gives your skin a beautiful finish. We know what will be on our shopping list this summer!

Catch Stephanie Hollman on the upcoming season of The Real Housewives of Dallas on Bravo. Check out her regularly updated [blog](#) today!

Celebrity Interview: 'RHOD' Star Stephanie Hollman Says Her Life Is All About Her Family



By [Mary DeMaio](#)

In the latest celebrity news, *The Real Housewives* franchise has extended to Dallas, Texas to follow the elite and extravagant social scene. In the premiere season, the women are all very open and honest with the struggles they encounter every day. In our exclusive [celebrity interview](#), Stephanie Hollman shares her secrets of being a stay at home mom, how she balances and brings harmony to her marriage, and reveals her best relationship advice.

Stephanie Hollman Reveals Best Relationship Advice

In order to stay connected and create closeness, Hollman, and her husband go to therapy once a week. They talk and pray about anything that is bothering them. They also have date nights every Friday to catch up with each other and have some alone time. "Our kids are respectful of that, you have to make your marriage important," she says. Children can sense when everything is not okay, so it is imperative to set a good example. "Harmony in the household makes a difference in the child's life," Hollman says.

At the end of the day, it all comes down to her children and husband, which are her utmost priority. Hollman and her husband are on the board of the domestic violence agency and they really hope that their children will follow in their footsteps. "I want my sons to treat women respectfully, be chivalrous, and open doors," she says. "I feel like that is lost now. People should make phone calls, not texts." She wants her sons' wives to look at her one day and say thank you for raising such great men. "My life is my children and my family, and as boring as it sounds, it's what makes me happy."

Related Link: [Celebrity Interview: Katherine Heigl Says "Family Comes First"](#)

Reality TV Star Talks About Authenticity In Celebrity Interview

New to the reality TV scene, Hollman wants viewers to walk away understanding that no one is perfect. She is a stay at home mom with a six-year-old and a four-year-old and she works hard to juggle their lives with the expectations of her husband, Travis Hollman. "I have little breakdowns, my husband

and I argue. People need to see we aren't all perfect," she says. Giving up her career as a social worker to have babies, Hollman wouldn't change a thing. "I have always been the girl who never tried to do anything out of my comfort zone," she revealed in our celebrity interview.

She was approached out of the blue to do 'RHOD' and wasn't looking for it. "I wanted to see what I was made of because if I didn't do it, I would have always wondered, what if," she adds. Her friend Amanda Ward had suggested her and Brandi Redmond to the producers, saying she had two girlfriends that are really goofy and always making people laugh. Within six weeks they were cast. Hollman and Redmond had been friends 10 years prior to the show. "I don't feel like I have to try. Sometimes it takes so much effort to have a conversation. It's not like that with Brandi," she adds. In their friendship, they are dedicated to talking everything out before it leads to a fight. "Our relationship is better than other people's marriages," Hollman says. The reality TV star hopes that it stays that way because she would never want to damage their friendship over a show. In terms of where she sees her career going next, the celebrity mom says that she just wants to live the journey God has for her. "If something comes out 'RHOD' career wise, that would be amazing," she says. Hollman hopes to use this experience to learn more about herself.

Related Link: [Celebrity Interview: 'RHOD' Star Cary Deuber Says Co-Star LeeAnne is "Loud and Obnoxious"](#)

Philanthropically, giving back has always been in her heart and she wants to be able to make a difference in the world. "I was born in a small town in Oklahoma and wasn't raised with the luxuries I have now," she shares. At times, her family members would struggle, but people reached out and supplied them with food when they needed it most. "I am now able to give back in a different light. I have the resources to financially make a difference for these charities," she says. Hollman leads the charitable contribution efforts for her

husband's company, Hollman Inc., but she doesn't work directly under him. "Bravo is very colorful. I appreciate that they have to be," she says. Her husband is obsessed with to-do lists and when he goes out of town he writes down what needs to be done. "He is such a great provider. He doesn't care what I spend. I think they were trying to make it like I had an allowance, but it's not like that at all," she says.

The Real Housewives of Dallas airs Mondays on Bravo at 10 p.m. EST.

You can keep up with Stephanie Hollman on [Twitter](#) and [Instagram](#) @stephhollman.