

Pregnant Stacy Keibler Gushes About Husband Jared Pobre



By Sanetra Richards

Who knew pregnancy could look so good? Stacy Keibler shows off her bun in the oven on the cover of *Fit Pregnancy* June/July issue and talks about her love, husband Jared Pobre. According to UsMagazine.com, the 34-year-old actress opened up about how Pobre gave her a new outlook on wanting a family: ““Before we met, both Jared and I had told our parents we didn’t think we’d ever get married or have kids,” said the *Supermarket Superstar* host.”But when you’re with the right person, everything changes.” “My epiphany happened shortly after Jared and I started dating, and once we both knew, we didn’t hesitate,” the mom-to-be and wife added. “I just knew I was ready and that there’s no one else in the world I would want to do this with.” Keibler also gave a couple of her tricks to maintaining a slender figure and youthful skin, which are prenatal pilates and a natural beauty routine.

How do you know when you’ve found “the one”?

Cupid’s Advice:

When love crosses your path, it is indeed one of the greatest, memorable feelings. You are on cloud nine and there is no coming down. Plus, the stomach butterflies do not seem to be going away anytime soon. And if you have not experienced this yet, you are patiently waiting on the moment. Nevertheless, knowing when you have met that special person that is the reason for your insane feelings always brings up the question “Is he/she the one?” Cupid has some advice to help you figure

it all out:

1. You are 100% yourself: Coming across someone who fully accepts your personality, flaws and all, is similar to finding a four leaf clover. Fortunately, when that one does come around, they are hard to pass up – the person who understands your humor, accepts your lifestyle, and so forth. If you are never hesitant to say what is on your mind or do something completely out of the norm and they value it, chances are you are a step closer to recognizing ‘the one.’

Related: [Stacy Keibler Is Pregnant](#)

2. The fire continuously burns: A connection should always be felt between you and your partner, even if it is years down the line. ‘The one’ will constantly shower you with affection and appreciation.

Related: [Stacy Keibler and Michael Chiarello Are Looking For the Next ‘Supermarket Superstar’](#)

3. Mutual understanding: A confirmation on if you genuinely have met your match usually comes about in certain situations, such as you and your partner working out a problem instead of arguing and remaining stagnant. The conversations evolve and include “we” and “us” instead of “I” and “me”. If you notice more growth individually and together, then you have probably found “the one”.

What are some ways to know you have found true love? Share your thoughts below.

Stacy Keibler Is Pregnant



By April Littleton

According to [People](#), newlyweds Stacy Keibler and Jared Pobre are expecting their first child together. “More blessings!! We’re an elated family-to-be!” the couple told the magazine. The lovebirds married March 8 on a beach in Punta Mita. They were friends for five years before starting up a relationship with each other. “I’m so excited for the new chapter in my life,” Keibler said. “I’m so ready for it. I feel for the first time like I’m really fulfilled and at peace.”

How do you announce your pregnancy to loved ones?

Cupid’s Advice:

Congratulations on your pregnancy. Now you have to decide how and when you’re going to tell your loved ones about the excited baby news. A pregnancy announcement might seem intimidating, but just think about how excited your family and friends will be once you finally reveal the big surprise. Cupid has some tips:

1. Tell your honey first: Before you go around telling your friends and family the good news, you need to tell your partner you’re expecting first. You can choose to tell him right away, or think of a creative way to announce the news. Maybe you can tell your significant other over dinner or leave clever, little clues all over the house that lead up to the big reveal.

Related: [Surprise! Savannah Guthrie Is Married and Pregnant](#)

2. A picture story: Break the news to your family and friends with the help of a few photos. Have your honey snap a few

pictures of you holding up a sign explaining your pregnancy. You could wait a few months for your baby bump to start showing to make it a little more fun.


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3. Social media: Many couples are choosing to tell all of their loved ones about big news through the use of social media. While this method is impersonal, you'll get the job done faster. If you don't have a problem with everyone knowing about your baby news and you'd rather have everyone know at the same time, social media might be your best bet.

How did you announce your pregnancy to loved ones? Share your experience below.

Stacy Keibler and Michael Chiarello Are Looking For the Next 'Supermarket Superstar'



 Interview by [Lori Bizzoco](#); Editorial by Kerri Sheehan

Lifetime welcomed a new reality show to its ranks this summer with the July 22nd premiere of *Supermarket Superstar*. The show has been described as *Shark Tank* with food, giving undiscovered food entrepreneurs a chance to stand out among the big brands in the highly competitive food industry. Stacy Keibler, who made a name for herself as a World Wrestling Entertainment Diva, hosts the program. The blonde bombshell was known as "The Legs of WWE" due to her tall stature, but she rose to even greater prominence during

her relationship with A-list actor George Clooney, which ended earlier this year.

On *Supermarket Superstar*, aspiring foodie entrepreneurs pitch their products to three mentors: Debbi Fields, the founder of Mrs. Fields Cookies; Chris Cronyn, the president of Dine Marketing; and Michael Chiarello, megastar chef and retail visionary. These recognizable faces help contestants tweak their edibles so that they can win over Tom Dahlen, the buyer for A&P supermarkets. The Supermarket Superstar who Dahlen chooses in each episode wins \$10,000 in cash and \$100,000 in product development as well as a chance to compete for their product to be sold in A&P supermarkets and their affiliates across the country.

When she was first approached about the show, Keibler was already developing her own healthy food line. The former *Dancing with the Stars* contestant has “always had a love of food and cooking, so it just seemed like the stars were aligned, and it was a perfect fit.” It’s clear that the actress enjoys being a part of the program, even though she has a hard time guessing the winner each week. “I want everyone to win! I just love seeing their journey and watching them evolve through the whole process.”

Food titan and main mentor for the competitors, Chef Chiarello, would agree. He explains, “I think all of their stories are so extraordinary, and you fall in love as you learn more about each competitor.”

Supermarket Superstar gives some people the big break they’ve been searching for but denies others of their dream. Both Keibler and Chiarello are familiar with the nature of competition – as a WWE Diva and *DWTS* contestant and a *Top Chef Master’s* contestant respectively. In the end, they want to see the contestants do well, and Chiarello expresses his hopes that “as the series grows, we’d like to see a regional launch

of each week's winner because they all deserve a regional spot."

Keibler echos Chiarello's sentiments, saying, "We have people who have a great idea, people who have put their soul into trying to fulfill this goal, so I think the show is such a perfect platform for people to try to make their dreams a reality."

The model hopes that the show will be renewed for a second season. She believes that it's captured viewers because it shows "an inside process that most of us are a part of but know very little about. We're all consumers of food; we all go to the supermarket; and we all eat. We don't necessarily know the story behind how the products got onto the shelves."

Speaking of being a consumer of food, Chiarello has some tips for cooking a meal for your special someone. The chef has been married since 2003 to his wife Eileen and shares, "When I'm trying to do something romantic, it's not so much about lobster and caviar, but instead, it's about threading a story through the couple of dishes that you have." For example, you could make a delicious poached peach desert because the scent of peach reminds me of you of your partner.

Chiarello warns against taking your partner out for a swanky four-hour, six-course meal though. "It's not going to end like you hoped!" he jokes. "Keep things fresh and light and build stories with it. After all, it's the stories that create the flavor memories."

You can catch Supermarket Superstar on Lifetime on Thursdays at 10:30/9:30c. For more on Keibler and Chiarello, be sure to follow them on Twitter.

George Clooney and Stacy Kiebler Call It Quits



 By Kristyn Schwiep

After two years of dating George Clooney and Stacy Keibler have decided to split. The decision to split wasn't an easy one. According to UsMagazine.com, Keibler and Clooney have been having ongoing discussions in the last few weeks and they both realized it was better that they split. The distance between the two didn't make their relationship any easier. Due to working on different projects, the couple hadn't been in the same country for a long time.

What are some ways to make a long distance relationship stronger?

Cupid's Advice:

Long distance relationships are tough on the heart. Is dealing with the separation and fear of doubt worth it? Cupid has some advice on how to make your long distance relationship stronger:

1. Communicate: Talk to your partner about your expectations about the relationship and try to understand each other's. Discussing the parameters of your relationship will save you the heartache and misunderstanding in the future. So make sure you ask your partner questions like, "What are you looking to get out of the relationship?" or "Are we going to be exclusive?" Don't be afraid to communicate.


2. Keep the romance alive: Talking on the phone every day can become repetitive and boring, so try other things that can keep the romance alive. If you want to see your partner, video

chat is a great alternative to the average phone conversation. Also, try and think of other ways to keep the romance alive such as, sending flowers, watching TV or movies simultaneously together or sending e-cards. Here's a list of 100 things you can do in a long distance relationship.

3. Take advantage: Being with someone who is close to you in distance can put a strain on your relationships with family and friends, so take advantage of the benefits while in a long distance relationship. You get to spend more time with your family and friends without having to choose, you get to maintain your individuality and when you reunite after being apart you have the opportunity to fall in love over and over again.

What are some ways to make a long distance relationship stronger? Share your thoughts below.

George Clooney and Stacy Keibler Explore Lake Como, Italy

 George Clooney and Stacy Keibler are finding *amore* in Italy. The couple was spotted at Clooney's villa on Lake Como this week, enjoying the sun in a boat ride with friends, according to [People](#). Clooney, 51, and Keibler, 32, have been dating since last summer. This isn't the couple's first romantic getaway: they recently visited Mexico as well.

Where are the most romantic travel destinations for new

couples?

Cupid's Advice:

For a new couple, a passionate escape can really seal the deal on a relationship. Here are some of the most romantic travel destinations for new couples:

1. New Zealand: New Zealand is a wonderful place to explore with your love. Be adventurous and do things you've never done before. After all, bungee jumping was invented in New Zealand. If you don't feel so daring, you can relax and enjoy the beautiful scenery—and each other.


2. Ibiza: This Spanish island is the perfect place to party. Grab your honey and head to any of Ibiza's famous clubs to dance the night away.

3. Costa Rica: Relax on both the Pacific and Atlantic coasts in Costa Rica. You can experience romance on the beach while you surround yourself with the culture.

What are your most romantic travel destinations? Let us know below.

Angelina Jolie, Stacy Keibler and Their Beaus Have Awkward Run-In



 Is there some tension brewing between Angelina Jolie and Stacy Keibler? According to UsMagazine.com, the two ladies

awkwardly ran into each other while accompanying their nominated men recently. Jolie's longtime lover Brad Pitt and Kiebler's boyfriend of six months, George Clooney saw each other at the Screen Actors Guild Awards last weekend. Kiebler was reportedly fixated on Pitt when the two couples caught up with each other and even posed for what seemed to be an awkward group shot while walking the red carpet. This isn't the first time Jolie and Kiebler have had a weird moment when bumping into each other. A few weeks ago, the skies weren't so friendly when Jolie and Kiebler both hopped on the same private plane with their men while heading to the Palm Springs International Film Festival.

What do you do if you don't get along with your beau's best friend's girlfriend?

Cupid's Advice:

Sure, you won't get along with everyone you meet, but when it comes to your boyfriend and his close friends, getting along with them can be a big deal. Here are a few tips to help get you through any awkward moments while dealing with your potential "frenemy":

- 1. Girl talk:** Next time your sweetie's best friend and his girlfriend visit, invite her to go with you to the store or mall so you can talk to her about the issue and hopefully straighten everything out.
- 2. Be the bigger person:** Even if she's being rude when you are around each other, smile and be kind anyway. Treating her in a polite way may cause her to treat you the same ... eventually.
- 3. Avoid the situation:** If you've exhausted all of your options while trying to make peace with your beau's best friend's girlfriend and you two still can't patch it up, then it's probably best to leave her alone and only speak if necessary.

How did you handle not getting along with your partner's best friend? Share your experiences below.

Stacy Keibler Says George Clooney Keeps Her 'Locked Up'



George Clooney knows a good girl when he's got one. The actor jokingly told reporters that he doesn't let girlfriend Stacy Keibler go out. According to UsMagazine.com, the former WWE star played along with the reporters saying, "George keeps me locked up." They have much more in common than not wanting to go out on the town, however. The duo also have similar taste in fashion, according to Keibler. "Whatever I end up liking, he likes it, too. So it works out good because if he didn't, then I don't know what I would do!"

What do you do if your partner begins to hold you back?

Cupid's Advice:

Not all relationships are like Clooney and Keibler's. Sometimes a partner can stop you from doing things you want to do. Cupid has some tips:

1. Support: Ask for support. Sit down with your partner and let them know that you need them to be a friend to you first and foremost. Friendship means supporting you in whatever you choose to be passionate about.

2. Trust: Some partners keep their loved ones from going out due to a lack of trust. Not believing in your partner can be


a huge mistake. If your partner doesn't trust you, or vice versa, think about what is causing this mistrust and fix it if possible.

3. Moving on: Ultimately, if your guy or girl refuses to be there for you, it may be time to find someone who isn't going to hold you back, but rather, will push you forward.

What are some other ways a partner can hold you back? Share your comments below.

Find Out How George Clooney and Stacy Keibler Spent New Year's Eve



 Stacy Keibler didn't have to worry about where her New Year's kiss was going to come from because she and boyfriend George Clooney celebrated the arrival of 2012 together with family and friends at their home in Cabo San Lucas, Mexico. [People](#) reported that, although the former *Dancing With The Stars* contestant and hunky actor kept things low key this holiday, they still participated in usual NYE festivities. "There will *definitely* be some dancing and drinking going on," Keibler explained beforehand.

What are the advantages of celebrating holidays at home?

Cupid's Advice:

Spending New Year's Eve in crowded bars can be fun, but it can

also be a hassle. Cupid has some advantages to ringing in the New Year at home:

1. VIP list: If you throw a holiday party at your home, you can invite all of your closest friends and family. There's no chance you'll be sitting next to strangers.

2. Save money: Buying drinks or dinner out can be expensive. Make dinner at home, and accompany your meal with your favorite drinks made at a fraction of the price.

3. Intimate: Spending the holiday with friends and family can be a blast, but it might be a nice change of pace to spend a romantic night alone alongside your partner.

How did you ring in the New Year? Share your comments below.

Last Minute Holiday Shopping Guide for Your Partner



By Thomas Doane

With the holidays just around the corner, some people are starting to panic as they worry about what to buy for everyone. Of particular concern for many is what to buy for their significant others. Whether you are newly attached or longtime lovers, everyone wants to find a gift under the tree.

Believe it or not, even celebrities have these worries. After all, behind the fame and glamour, they are flesh and blood humans. Just like us, they have similar worries and doubts. In that spirit, here's a guide to holiday shopping for your

significant others, whether you're famous or not:

Related: [10 Holiday Gift Ideas For That Someone Special](#)

If you've just started dating, think small.

Not only will your new love not expect a large gift, but it may freak them out a little, which is definitely not what you want or need at this time of year. Try to find something small and meaningful for under \$50. This could be something simple like an item of clothing, or you could be a little more personal and plan a candlelit dinner at home. Whatever you choose, be sure to look for deals, and don't feel pressured to overspend.

George Clooney and Stacy Keibler should take this advice! The pair has only been together for a couple of months and shouldn't worry about lavishing each other with expensive gifts. In fact, due to George's infamously skittish nature, Stacy may want to go the dinner-at-home route, in order to appear appropriately aloof.

Related: [Simple Ways To Please Your Man](#)

If you have crossed the one-year threshold, then you can splurge...a little.

Still keep spending to a reasonable amount, but try to find a gift that reflects your feelings for one another. Once you have reached the one-year mark, it is likely that you are in love, so go for something romantic, if all else fails, like a weekend getaway for two, or a small piece of jewelry.

This would be a good guide for Justin Bieber and Selena Gomez, who recently celebrated their first year together. While this pair is awfully young to be worrying about jewelry, they obviously like vacationing together, and should feel comfortable expressing their feelings for one another. In doing so, they can be assured of one another's affections, and

their budding love will continue to bloom.

If you are in it for the long haul, then go all out.

Whether you are married or in a long-term relationship, the holidays are the perfect time to show your devotion and hope for a bright future together. Accordingly, buy your loved one something that shows how much they mean to you, and emphasizes your familiarity with their likes and dislikes.

Brad Pitt and Angelina Jolie are preparing for yet another Christmas together, and despite repeated rumors of their demise, it looks like they are still going strong. Now would be a great time for them to travel to another country, away from their passel of children, and reaffirm their love to one another so that next year will be even better than the last.

Regardless of where you stand in your relationship, the thing to remember is that the holidays are *not* about who gives the best gift or how many you receive. The true reason for the season is spending time with your loved ones and preparing for a great new year. So, just relax and spend the day with your sweetie. Happy holidays!

Thomas Stone is a freelance writer and frequent contributor at the SprightlyShopper.

Stacy Keibler Drops the L Bomb About George Clooney



 George Clooney is infamous for being very private when it comes to the media. His girlfriend, Stacy Keibler, however,

loves to tweet about their relationship. In response to his new mate's public ways, he had this to tell *Rolling Stone* magazine: "She can do whatever she wants, I rarely tell anybody what they should be doing with their life." It looks like things are getting serious, too. According to [UsMagazine](#), in Kiebler's latest tweet, she dropped the "L" word, stating, "You know it's love when your boyfriend has elbow surgery 2 days ago and takes you to a Ravens game. Especially when he's a Bengals fan." Maybe Clooney won't tweet his feelings for all to see, but often when your partner does trumps when they say.

What are some ways to tell you're in love?

Cupid's Advice:

During the holiday season, feelings of love often become more pronounced. They can be disguised as many other things, lust and infatuation being the most common forms. Here's how you know it's real:

- 1. You show it:** Like Clooney and Kiebler, sometimes words are better left unsaid. Showing someone you truly care can really make a person feel special. Being willing to take them to see their favorite sporting event (even if you loathe them), make them dinner, or even take them on a trip are good ways to tell it's true love.
- 2. You sing their praises:** Another way to tell you're in love is wanting to have the whole world know it. You seem to gush about your partner to anyone willing to listen.
- 3. They make your troubles disappear:** You are having the day from hell, but just hearing from them makes it all the better. You know you are smitten when you hear that voice on the other end of the line and all of the issues you were dealing with suddenly seem minor and disappear.

How did you know when you were in love? Share your comments below.

Stacy Keibler Gushes About George Clooney at 'Ides of March' Premiere

Stacy Keibler told [People](#) just what she thinks of her new beau George Clooney on Friday at the premiere of his new film, *The Ides of March* ... "Everything!" she said. That said, the fresh duo is taking baby steps into the public eye together. For example, rather than walking the red carpet arm-in-arm, Keibler and Clooney attended an after party with friends at the Deq Lounge at the Ritz-Carlton where they were seen chatting and laughing. One party goer said, "They have good chemistry, and she can hold her own with the boys. They both can equally be the life of the party."

How do you know when to take your romance public?

Cupid's Advice:

When things are new in a relationship, it can be a hard decision to take it into the public eye for fear of ruining something. Cupid has some tell-tale signs it's time to head out:

1. You're comfortable: First make sure that this is a relationship you definitely want to be in. You need to be comfortable before you declare your love to the world;

otherwise, the relationship won't stand a chance.

2. Be aware: Make sure there aren't external factors that will hurt your relationship. For example, a jealous ex or an overbearing parent can put a halt to any relationship.

3. Be understanding: There are inevitably people out there who will not be happy for you and your new relationship. Don't let this cause a rift between you and your partner. Don't buy in to rumors that are spread. Trust your gut.

How did you take your romance public? Share your thoughts in a comment below.