

Hayden Christensen & Sophie Monk Spotted Leaving Premiere



As reported in [Perez Hilton](#), possible new couple Hayden Christensen and Sophie Monk were spotted leaving the premiere of *Takers* together. The two reportedly left quickly in the same car. The *Star Wars* actor has reportedly been taking a break from his relationship with Rachel Bilson.

What does being on a break from a relationship really mean?

Cupid's Advice:

When a couple goes on a break, the relationship could go either way. Read on for some of Cupid's ways to tell whether or not this is a break – or a *breakup*:

1. Loyalty: If one half of the couple wants – or is willing – to be with someone else, this person should think about how much the relationship they took a break from really means to

them.

2. Time out: Even if one or both parties attempt to be with someone else, it doesn't mean the relationship is over. This could be a way a of discovering the couple's true feelings for each other.

3. It's over: Sometimes a break in a relationship can become a permanent separation. However, this doesn't mean the former couple can't still be friends. See what works best for you.