

Dating Advice: Moving Fast Towards a Relationship...Is That a Bad Thing?



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert, Tinzley Bradford to offer [dating advice](#) on whether you're falling in love or moving your relationship too fast. Follow these dating tips if you want to start having success on your dates!

Dating Advice On Pacing Your

Relationships

1. Think about it. Make a point to evaluate your relationship and it's speed. Rushing the relationship can have painful consequences, don't let yourself get swayed by chemistry.

Related Link: [Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?](#)

2. Go with the flow. Be confident in yourself and don't ask too many questions about whether he likes you or not. You don't want to look insecure and pushy. A new relationship shouldn't be taken too seriously, especially in the early stages.

Related Link: [Dating Advice: When Should I Sleep With A Guy?](#)

3. Don't play games. Sometimes you and the person you're seeing will be busy. Don't play games to see who will contact who first. Reach out to show you're interested and be available when the person you're dating does it too.

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Dating Advice: When Should I Sleep With A Guy?



On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jonathan Aslay to offer their [dating advice](#) about when it would be right to sleep with a new partner. Follow these dating tips if you want to start having success on your dates.

Dating Advice On Sleeping With A New Man

1. Do what is right for you. There is no real timeframe that is right for everyone. You need to come to terms with yourself and find out when the right time is for you. If you're looking for a serious relationship, you may not want to sleep with a new man too soon. A man who truly cares about you will try to get to know you before taking you to the bedroom.

Related Link: [Dating Advice: How To Be Sexy On Date Night](#)

2. Try the 10-date rule. You'll be able weed out the men who only want to have sex after the third and fourth date. The likelihood of sleeping together increases somewhere between the sixth and tenth date. This is a great option for those who are looking for someone that legitimately like them. The ten dates should occur somewhere between 6-weeks if it's not a long-distance relationship.

Related Link: [Dating Advice: What To Do When Your Relationship Gets Real](#)

3. Don't be jaded. Negativity and cynical attitudes sabotage a lot of relationships. Don't assume all men are bad. The experts dating advice is to be open to love and realistic with your expectations. Many women say they need a commitment before having sex, but you need to define what commitment means to you and go forward with your relationships accordingly.

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Dating Advice On How To Attract The Right Man





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Iris Benrubi to offer their [dating advice](#) for those trying to find the right man. Follow these dating tips if you want to start having success on your dates.

Dating Advice On Attracting The Right Man

1. Be feminine. This is very different from being "masculine," meaning you're focused on being independent and strong. A straight man doesn't want to be in competition with a controlling partner. Women have more success in maintaining a relationship when they are in touch with their gentler side.

Related Link: [Dating Advice: 3 Tips to Turn Around Your Dating Life](#)

2. Surrender. You need to follow your man's lead every once in a while. Constantly trying to dictate what your partner does is a sure way to cause conflict in your relationship. Also, it

can be very emasculating if you're always telling your man what to do. A man is happiest when he can be the leader and guide, so let him do it from time to time.

Related Link: [Dating Advice: Why Do I Attract The Wrong Men?](#)

3. Prize yourself. Get in the right mindset when you're pursuing relationships. You need to truly know yourself and be confident in who you are to have success with a man. The experts dating advice is that if you see yourself as his prize, you won't falter in your attitude towards him. Men will definitely be attracted when you carry yourself in this manner.

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Dating Advice: Why Do I Attract The Wrong Men?





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert David Steele to offer their [dating advice](#) for those who feel that they're meeting the wrong men on dates. Follow these dating tips if you want to start attracting the right men.

Dating Advice On Why You Attract The Wrong Men

1. Fear. Dating can be scary, but that fear of change makes people stay in their comfort zones. Learn to push yourself past where you're comfortable so you don't miss a chance at finding your man. The best dating advice the experts have is to take a risk.

Related Link: [Expert Dating Advice About Dating Traps to Avoid](#)

2. Doubt. It's common to feel doubtful towards relationships, but you should really try to change this mindset if you want to find the right man. Having doubt can truly sabotage your chances of having a successful relationship with the men you

meet.

Related Link: [Dating Experts Give Relationship Advice To Attract a High Quality Man](#)

3. Low expectations. Don't try to settle for men who don't meet what you want. Look for one hundred percent rather than eighty, and say no to those who don't meet your expectations. Be careful to not reject men for superficial reasons, however.

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Dating Advice: What Is A Man Looking For In A Woman?





On this week's episode of [Single in Stiletto's](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to offer their [dating advice](#) for those who want to know what men are looking for in a woman. Follow these dating tips if you're interested in finding the love of your life!

Dating Advice On What Men Are Looking For

1. Attraction. The first thing men look for in women is attraction. Whether it be physically, mentally, or emotionally, a man is looking for something in you that pulls him in. If there's no attraction or curiosity then there can't be a relationship.

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

2. Happiness. Another aspect men really look for in women is positivity! Don't sabotage your relationship with negative thoughts or attitudes. A man doesn't want to be with someone who is unhappy all the time so try to look at the brighter

side of life. Your happiness will act as a magnet that reels him in.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

3. Safety. Men want to be able to take you seriously and feel connected to you on a deeper level. He needs to be able to trust you with his inner self and insecurities. The experts dating advice is to put in the effort to make your man feel safe in the relationship.

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Dating Advice: How To Go From Single To Married





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to offer their [dating advice](#) for those who wish to go from dating to marriage. Follow these dating tips if you're interested in finding the love of your life.

Dating Advice On Getting Married

1. Keep your word to yourself. Know what you want and go for it. Don't go against your initial intention of getting married. The experts dating advice is to understand commitment and don't send mixed messages to the men you're seeing. This is how you'll make space for your husband.

Related Link: [Dating Advice: How to Create an Irresistible Online Dating Profile](#)

2. Watch your behavior. Stop doing things that wouldn't serve you well if you were married. Act like a wife and develop that mindset. This will ensure that you behave well when you actually get married. Your future husband will surely

appreciate it.

Related Link: [Dating Advice For Women: What Are Men Attracted To?](#)

3. Go out and be curious. Don't be afraid to ask questions in the beginning stages of dating. This is how you find out if you're in alignment with the man you're out with. Talking about what you want will save you from wasting time and it won't feel so personal if it doesn't work out.

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Dating Advice: How to Create an Irresistible Online Dating Profile





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their [dating advice](#) for those who wish to revamp their online dating profiles. Follow these dating tips if you're interested in finding the love of your life through the world wide web.

Dating Advice On How You Should Set Up Your Online Profile

1. Write for your audience. In the written sections of your relationship profile, remember who you're writing it for. You want to represent yourself the best way you can, but you also want to present yourself in a way that is attractive to others.

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

2. Mind your presentation. The same way you want to look your best at an interview, you should also want to with online dating. Especially if you're trying to find a lasting

relationship. Therefore your online profile should have a clear head shot and appropriate title/screen name.

Related Link: [Dating Advice for Women Over 40: Why He Didn't Call?](#)

3. Don't be too serious. Online dating should be fun. This dating advice says not to take it too seriously. Profiles that present themselves as too picky or intolerable have less success. No one wants to go out with someone who might be troublesome on a night out.

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Dating Advice: 3 Types of Women Men Avoid





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their [dating advice](#) for those who aren't having the best luck in the dating world. Learn whether or not you fall into one of the three types of women that men tend to avoid. Follow these dating tips to get your love life back on track.

Dating Advice On Who Men Try To Avoid

1. Being bossy. Very few men find bossy or rude traits attractive. Men do like strong women, but not if she is self-centered and generally mean. There can't be a relationship if you're entitled and trying to rule everything. Mutual respect is always best.

Related Link: [Dating Advice: How To Be Sexy On Date Night](#)

2. Being needy. Insecurity and constant calling is usually a red flag. If you can't allow a man to have space, then he will

most likely avoid a real relationship with you, especially if you're suspicious without reason. Being overly needing is overbearing. Take time to relax.

Related Link: [Dating Advice for Women Over 40: Why He Didn't Call?](#)

3. Being flirty. Men don't like women who are always seeking compliments from others. Men are territorial, so be careful how you receive and react to attention. The experts dating advice: It's disrespectful to be flirty or be perceived as flirty with other people in front of your man. Don't do what you wouldn't like done to you if the roles were reversed!

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Dating Advice: How To Be Sexy On Date Night





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Abiola Abrams to offer her [dating advice](#) on how to be sexy on your next date night.

Dating Advice On How To Be Sexy During Date Night

In order to be sexy on your next date, follow the experts dating advice and always bring a positive attitude. Instead of focusing on everything you don't want in a partner, focus on the positive things that have happened in your life. It's also important to smile, wear a form-fitting dress (but not too tight!), and walk with confidence. If you're confident in who you are and what you have to offer, then your date will find you sexy.

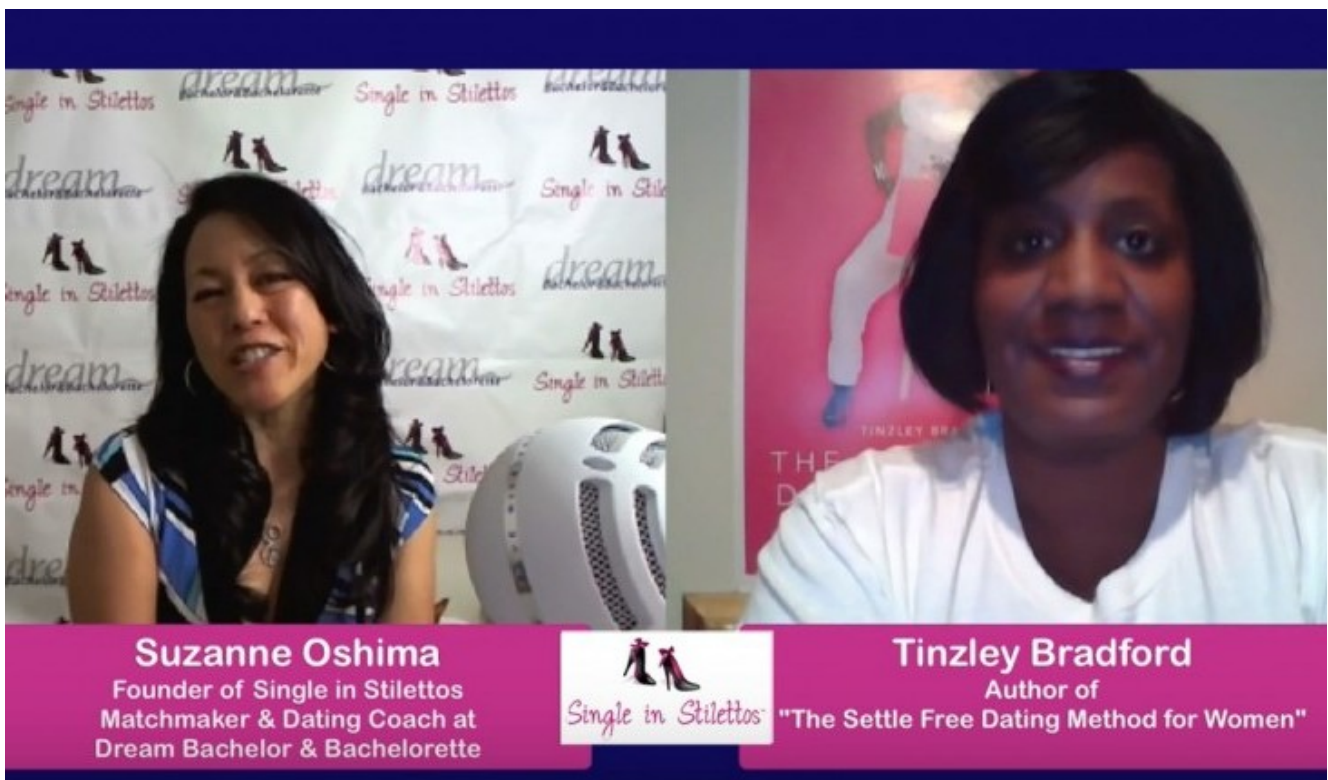
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Dating Advice for Women Over 40: Why He Didn't Call?



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Wendy Newman to offer her [dating advice](#) for those who may be upset that their date hasn't called. Follow these dating tips to get over rejection fast and focus your energy on finding the one

who is right for you.

Dating Advice On How To Handle Men Who Don't Call Back

1. Don't overthink it. Chances that you'll figure out why he didn't call is very slim. There could be a number of different reasons why he didn't call, but don't over-analyze and be critical of yourself to find out why it didn't work out.

Related Link: [Dating Advice: Are You Repelling the Right Man Away?](#)

2. Accept it. The fact that he hasn't called you back should serve as a sign that he isn't right for you. Don't try to force anything. If he was meant to be the right man for you, he would have called. Know your worth and accept that you have to move on.

Related Link: [Dating Expert Says Look For What You Need, Not Want!](#)

3. Be the best you. Once again, don't try to do detective work to find out why he didn't call you back. Looking for answers is a way of looking for how you can change yourself. Don't try to change. Expert dating advice says that being yourself on dates is the best way to find someone you're most compatible with.

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Dating Advice: Are You Repelling the Right Man Away?



On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nicole Moore to offer her [dating advice](#) for those who might be repelling the right man away. Follow these dating tips to attract a good man and keep him in your life.

Dating Advice On How To Avoid

Repelling Men

1. Get honest. If you're not meeting good men, the problem might just be you. Experts agree the best dating advice for a woman attracting problem men is for her to acknowledge that she is the common denominator and also has the power to fix it.

Related Link: [Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?](#)

2. Don't be afraid. Showing fear contributes to your poor luck in finding men. If you're approaching relationships afraid and guarded, you'll attract men who aren't good for you. Your fear is a magnet for men who are also afraid. Shift your thoughts to something positive.

Related Link: [Dating Advice: How to Deal with Heartbreak](#)

3. Change your outlook. Find positive qualities in the men that you encounter, even in situations that appear negative. For example, a man who is upfront about his intentions should be appreciated as honest. Also, keep in mind that it's unrealistic to find a perfect man.

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Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?



Suzanne Oshima
Founder of Single in Stiletto
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tinzley Bradford
Author of
"The Settle Free Dating Method for Women"

On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer her [dating advice](#) for those questioning whether they should be happy with themselves before meeting a man. Follow these dating tips to help find a happiness that isn't dependent on a man.

Dating Advice On Being Happy Before

Settling Down

1. Take time for yourself. You need to find someone that complements you rather than completes you. Focusing on what makes you happy will make you feel fulfilled and help attract someone who admires your happiness.

Related Link: [Dating Advice: 3 Tips to Turn Around Your Dating](#)

2. No settling. Don't settle for less than you deserve. If you're complacent with a mate that isn't right for you, there is no way you can be happy later on. Also, if you aren't happy with yourself, you will end up resenting the man you're with because you aren't satisfied with where you're at in life.

Related Link: [Relationship Advice: How to Find Real Love](#)

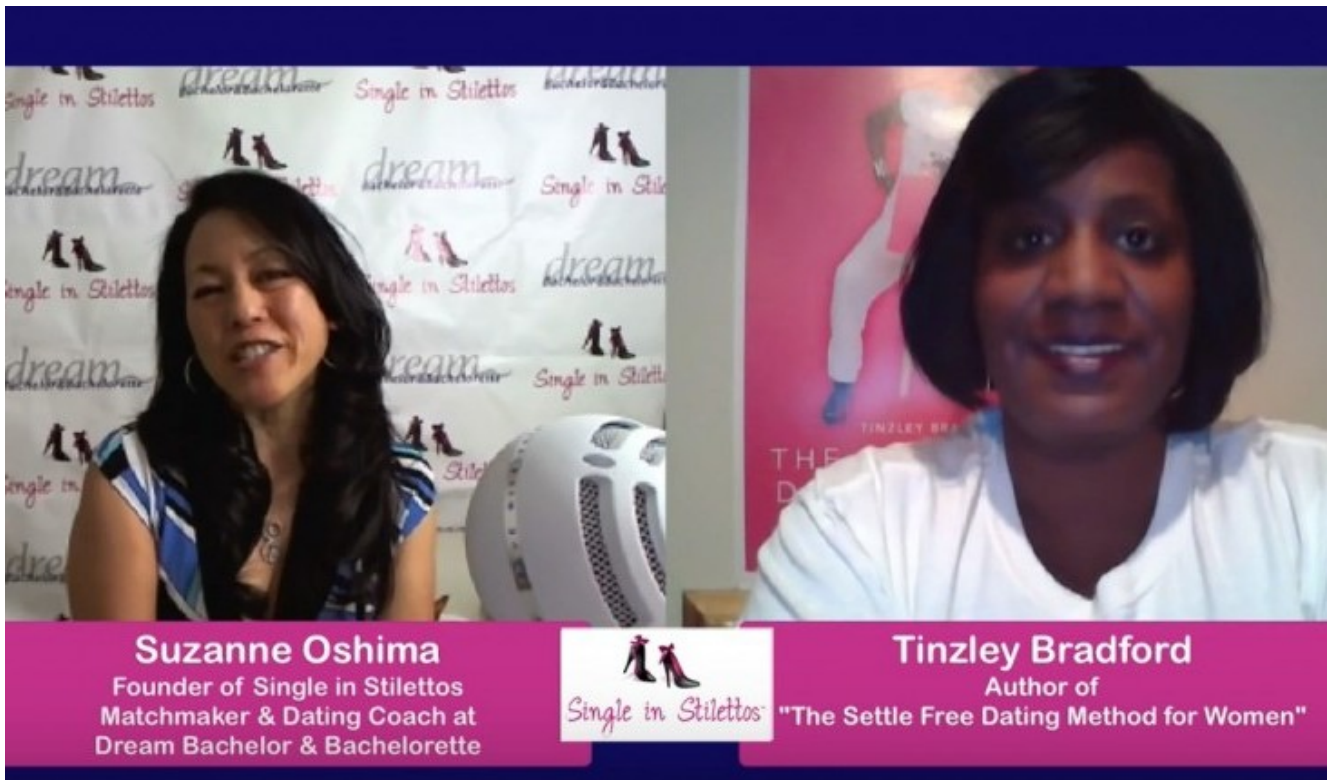
3. Find balance. You must be present in your relationship. Men seek out attention the same way women do. So if you're pursuing your dreams or career, make sure to follow this dating advice and take time away from work to be with your significant other.

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Dating Advice: 3 Tips to Turn

Around Your Dating Life



On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks to relationship expert Iris Benrubi to offer her [dating advice](#) to those that want to turn their dating life around.

Dating Advice To Improve Your Future Dates

- 1. Look for patterns.** If you want to get different results, you need to determine what your type is and date people who are outside of that type. The qualities you think you like might just be the reason why things haven't worked the way you wanted them to. The experts dating tip: Your type might not be the best type for you.

Related Link: [Dating Advice: The Secrets to Attraction](#)

2. Know your needs. Don't compromise on your important wants and needs. Being clear on what you want in the very beginning will weed out the ones who aren't right for you and save you from wasting time with those you aren't compatible with.

Related Link: [Expert Dating Advice: What is Love & How Do I Find It?](#)

3. Get feminine. Expert dating advice says to show that you're open and need someone. For men especially, it's important to show that there is a place for him in your life. Asking a man to contribute is one way to show that he is needed and will keep him interested since he'll know for sure there is a role for him in your life.

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Dating Advice: Use The Law of Attraction to Attract the Right Man





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert David Steele to give his [dating advice](#) for attracting the right man using the laws of attraction.

Dating Advice On How To Attract The Right Man

1. Be ready. When approaching a relationship, in order to avoid relationship problems, make sure you're ready to transition from single to dating. To find the love of your life you need to be available in order to meet him.

Related Link: [Dating Advice: The Secrets to Attraction](#)

2. Don't settle. Accepting less means you'll get less. Settling for someone you know isn't right for you is setting yourself up for failure much like a self-fulfilling prophecy.

Related Link: [Expert Dating Advice: What is Love & How Do I Find It?](#)

3. Take risks. You have to put yourself out there and take a chance. The experts dating advice is that getting out of your comfort zone will expose you to much more. Strictly sticking to what you're used to can be limiting.


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Dating Advice On Why Men Pull Away

A video frame showing two women. On the left is Suzanne Oshima, and on the right is Tinzley Bradford. The background features a repeating pattern of the "Single in Stilettos" logo and the word "dream".

Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tinzley Bradford
Author of
"The Settle Free Dating Method for Women"

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to give their [dating advice](#) on what to do when men pull away.

Dating Advice On What To Do When Men Disappear

1. They need to reevaluate. In every relationship, a man will pull away after the honeymoon phase in order to reevaluate and make sure they want to go to the next level with you. Expert dating tip: Give them their space and time to evaluate, then when they come back be happy and receptive.

Related Link: [Dating Advice: Online Dating Tips To Find Your Soulmate](#)

2. There's something going on in their life. They're evaluating a crisis at work, or something is going on with their friends or family. Maybe they're scared or not able to take the relationship where they want to go. Be happy and accepting if this happens.

Related Link: [Dating Advice: The Secrets to Attraction](#)

3. They're done. For some reason or another, they've decided they aren't interested anymore. The experts dating advice is to not pursue him because you aren't desperate.

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Dating Advice: Online Dating Tips To Find Your Soulmate



On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks to relationship expert Dr. Diana Kirschner to give their [dating advice](#) on the secrets of attraction.

Relationship Experts Talk Online Dating Advice

Trying to find your soulmate is rough, especially after experiencing bad break-ups or relationship problems. But have no fear, because the experts say that everyone has a soulmate.

Your soulmate has to be willing to grow and meet the basics. Try online dating if you want to find someone who has the same value system, wants the future you want, and feels like it's coming home.

Related Link: [Dating Advice: The Secrets to Attraction](#)

In order to find love online, there is simple dating advice that you could try to find great guys. First, your online profile should feature a great photo. Men are visual, so pictures count. Wear red, smile, make eye contact with the camera and wear moderate makeup. Also, be proactive about messaging men online, especially if you're not getting the responses that you want.

Related Link: [Dating Advice For Women: What Are Men Attracted To?](#)

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Dating Advice: The Secrets to Attraction





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to give their [dating advice](#) on the secrets of attraction.

Dating Advice: Relationship Experts Reveal Secrets of Attraction

The expert dating advice is simple. Practice, practice, practice. Check out their dating tips below.

1. Eye contact and smiling. Women don't realize how important this is! Hold eye contact and smile, it makes you approachable.

Related Link: [Dating Advice For Women: What Are Men Attracted To?](#)

2. Tone of voice. Sometimes women come across as bossy and demanding, even when they don't mean to. Take a breath, soften your voice, slow down.

3. Confidence in body language. Throw shoulders back and bring the energy down into your body. Lean back into things instead of leaning into them.

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Dating Advice For Women: What Are Men Attracted To?



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On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tripp to give their [dating advice](#) on what attracts men.

Dating Advice On Attracting The Right Man

Tripp has worked with thousands of men to help them find the woman of their dreams. Now he gives his dating advice to women so they can avoid relationship problems and find the man of their dreams. Below are the top 10 things that men are attracted to in a woman.

1. A man is attracted to a woman who's not "crazy."
2. A man is attracted to a woman who's emotionally stable.

Related Link: [Relationship Advice: How to Find Real Love](#)

3. A man is attracted to a woman who is independent.
4. A man is attracted to a woman who can take care of herself but still needs a man.
5. A man is attracted to a woman's feminine energy.
6. A man is attracted to a woman who is put together.

Related Link: [Dating Advice: How To Attract A Man Through Your Body Language](#)

7. A man is attracted to a woman who has a life
8. A man is attracted to a woman who he's attracted to physically, but every guy is different
9. A man is attracted to a woman who takes care of her body
10. A man is attracted to a woman with confidence

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Relationship Advice: How to Find Real Love



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant-Johnson to give their [relationship advice](#) on how to find real love, even if you've been in the dating world

for awhile.

Relationship Advice on Finding True Love

1. Clarity. It's important to have clarity about what you want in terms of a relationship in your life. One dating tip: This doesn't mean having a huge list, but there is a power in being able to say what you want.

Related Link: [Dating Advice: How To Attract A Man Through Your Body Language](#)

2. Conviction. The experts relationship advice is to have conviction and belief that finding love is possible for you.

3. Compassion. Have compassion for yourself and recognize that all you've been trying to do is get one of your deepest needs met. Also, approach potential dating partners with compassion as well.

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Dating Advice: How To Attract A Man Through Your Body

Language



On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks to relationship expert and author of *The Power of Women Over Men and How to Use It* Nick Karson to talk expert [dating advice](#) on how to show a man you're interested in him through your body language.

Dating Advice On Attracting A Man Through Your Body Language

Dating is not easy, but expert dating advice says one of the best ways to show a man that you're attracted to him is through your body language. Experts say your body language can say more to a man than you ever could. Their three best dating tips are to smile, hold eye contact, and lean into his

personal space a bit.

1. Smile. One of the biggest things you can do to show a man that you're interested, is to smile. It's a green light because men are so nervous and want to say hi, but don't always feel comfortable. If you can hold his gaze and give him a sweet smile, it makes you approachable.

Related Link: [Dating Advice: First Date Do's and Don'ts](#)

2. Holding his eye contact for 2-3 seconds. Doing this shows that you're listening and are engaged in the conversation.

3. Lean in. Go into his personal space a beat and lean in when you're talking to him. When women do that little hair toss, it shows men that you like them.

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Dating Advice: First Date Do's and Don'ts





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert and author of *121 First Dates* Wendy Newman to talk expert [dating advice](#) on first date do's and don'ts.

Dating Advice: First Date Tips

Dating experts acknowledge that it can take awhile to find the man of your dreams, but they have some dating tips on how to act on a first date.

- 1. Show up natural.** Be yourself and don't have an agenda. Throw away that checklist and don't prequalify the person you're dating.
- 2. Get to know each other.** Show up and try to get to know who the person is. Find out what they love and what they're passionate about.

Related Link: [Author Wendy Newman Shares the Relationship and Love Advice She Learned After 121\(!\) First Dates](#)

3. Be clear if you don't like him. Be gracious and pleasant, but don't act happy and flirty only to say no to a second date or dodge his calls.

4. Don't be negative. A first date is not the time to complain about your day at work, your parents, your friends, or even an ex. Be positive and pleasant to be around.

5. Don't talk about the long term future on a first date. Women think they're serious and that men date for sport. But it's just the way that you approach dating that's different. Men realize that a first date is just a first date. It's a baby step. Expert dating advice: Don't go into it trying to find your husband. Just try to get to know each other.

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Expert Dating Advice: What Men Want & Why They Cheat





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima turns the conversation over to relationship expert and author of "The Problem With Women...is Men," Charles J. Orlando to talk expert [dating advice](#) about none other than men, what they want, and why they cheat.

Dating Advice On What Men Want & Why They Cheat

Men want women who are confident, intelligent, energetic, honest, and supportive. Men respond to women who bring confidence to the table, but that is not to be mistaken with being a bitch. "Confidence is knowing who you are, it's knowing where you're going, and it's knowing who's going with you," Orlando said. He also wants someone he can talk with, not talk at. Sometimes a woman's intelligence can be troublesome to men if it's greater than his own. When women are smarter men have to be comfortable with that. Some men don't know their place as anything other than being a protector/provider, so it forces them to find their new

masculine. But Orlando did note, a man doesn't open a door for a woman because he thinks she's incapable, he opens the door because he values you. Men also want someone who is energetic and spontaneous, so Orlando's dating advice is to bring excitement to the relationship. He wants these things to remain throughout the relationship. Spontaneity is often the first to go, Orlando said, but men want to keep it.

Related Link: [Dating Advice: Get Inspired by Childhood Fun](#)

Men cheat for a variety of reasons, but Orlando said, "before physical act of betrayal, the relationship has already broken down." There is something missing in the relationship even before the inception of an affair. But what is it exactly that compels men to cheat? One, the opportunity to have sex without getting caught, which also caters to physical/sexual gratification that is emotionally detached. Two, he wants to have sexual variety. He's curious about being with someone he found physically attractive. Three, for the thrill of the chase. He misses that challenge and wants to know he's still got it. And finally, the desire to feel important or feel special. He wanted a ego boost because he wasn't getting it at home. "For any wife who won't there's a neighbor who will," Orlando said.

Related Link: [Relationship Advice: 4 Ways to Break Up With Your In The Nicest Way Possible](#)

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Relationship Advice: How and Where To Meet Men



Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tinzley Bradford
Author of
"The Settle Free Dating Method for Women"

On this week's [Single in Stilettos](#) video, matchmaker Suzanne Oshima and dating expert Marni Kinrys give [relationship advice](#) on how and where to meet the man of your dreams.

Relationship Advice On How To Meet 'The One'

Meeting 'the one' can seem like an impossible task, but this expert love advice will have you dating someone new in no time. To start, the experts say that you have to put yourself out there. Having a social life requires work and effort.

Delegate one day a week where you will do something that will put you in a position to meet a man. Whether that be having a dinner party for singles, going to a bar, going to a singles event, joining a running club for singles, or online dating, there are so many places to meet someone new.

Related Link: [Expert Dating Advice On How To Handle Dating A Player](#)

Remember, it's important to be active and do more than two things to meet someone. Men (and women) are everywhere, it's just a matter of opening your eyes and looking around. Women: Don't be afraid to approach a man and just say hi. If he's interested, he'll take the lead from there. The biggest confusion and misconception is that people don't want to be approached.

Related Link: [Expert Dating Advice On How To Flirt With Men](#)

You can even start a conversation with someone on the subway or at the grocery store. Just opening yourself up to any and all opportunities will help you find the man of your dreams. Follow this relationship advice, because the only way you can have people in your life, is to be open to it.

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How and where did you meet the man of your dreams? Tell us in the comments below!

Expert Dating Advice: Three Signs He Is Unavailable



On this week's episode of [Single in Stiletto](#), founder and matchmaker Suzanne Oshima talks about the language of love with relationship expert Nicole Moore who provides [dating advice](#) on the three defining ways men show you that they are unavailable for a relationship.

Expert Dating Advice: Three Signs He is Unavailable

Similar to many readers, relationship problems are not foreign to the dating experts. For Moore, to solve her own woes and to

provide others with dating advice, she developed a knack for love. “After enough pain, I got fed up and thought ‘I’m going to figure out how to make love work’ and I devoted my life to learning about love, how to love well and I figured out love is skill like anything else. It’s a learnable skill,” the expert shares. “When you know how to do the skill of love right you can have an amazing loving relationship.” Here are three signs that the guy you’re in to just isn’t available.

1. He tells you. If he says he isn’t looking for a relationship, or work is his priority, or his profile states that he’s just looking for friends and fun, take the hint. Regardless of these overt cues, women think he will commit to a loving relationship with them. “Look at what he is saying rather than what you are desiring or the fantasy that you made up in your mind,” Moore says. Pay attention to him and the way he talks about relationships; if he shows any of the signs above, it is very unlikely that man is available to you for a relationship.

Related Link: [Dating Advice: 5 Tips for Bunny Hopping Yourself into Romance](#)

2. Is he present? When you’re with him what’s his energy like? Is it focused on you? Is he uncomfortable? Is he looking around, checking his phone and making you feel as if he isn’t fully with you? “The reason people aren’t present on the deeper level is because there is stuff inside of them they haven’t dealt with yet. They can’t hang out in their body, they have to go to their heads,” Moore says. Dating tip: Once he faces enough of his inner demons, he’ll make you feel like you’re the only two in the room and he’s ready to make the two of you a happy item.

Related Link: [Relationship Advice: Ec-friendly Jewelry Makes for a Great Conversation Starter](#)

3. How does he talk about women in general? If he talks

negatively about women or talks negatively about his acts in the past he's not ready for you yet. He is either not over his exes or could have preconceived notions of women that are unfavorable and these two factors will prevent him from giving himself to you fully or at all. "He's going to hold himself back because he's actually afraid that women are going to hurt him," Moore reveals.

Related Link: [Celebrity Couple News: Kanye West Helped Kim Kardashian Fight Back During Nude Selfie Controversy](#)

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