

Dating Advice: 3 Ways To Be Irresistible To a Man



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to offer their best [dating advice](#) on how to attract a man. Learn how you can become irresistible to a man and great ways to improve your love life with the following dating tips!

Dating Advice That Will Make You Desirable!

1. Be happy. Learn how to smile! Nobody wants to be around a "Debbie Downer." Don't let sadness get in the way of your dating life. Men like happy women, they want to be a part of

positive energy and make a woman happier. At least a man that desires a healthy relationship will want to do these things.

Related Link: [Dating Advice: Manifesting the Right Man?](#)

2. Be confident. Men love seeing an independent and confident woman. You don't need to be a damsel in distress all the time, it's not really sexy and can actually be scary- which will ultimately repel a man. The women that have a good head on their shoulders are the ones who attract quality men.

Related Link: [Dating Advice: How to Get Him to Commit to You!](#)

3. Be present. Stay "in the moment" when you're on a date. Don't daydream about a future that doesn't exist. Be attentive and engaging. Also try to avoid thinking of the past, it's a sure way to sabotage a good moment. It's also a good idea to put your cell phone away. Being present automatically makes you irresistible to a man.

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Dating Advice: Manifesting the Right Man?





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On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to offer their best [dating advice](#) for those trying to find love. Learn how you can improve your relationships by "manifesting a man" with the following dating tips!

Dating Advice That Will Help You Find A Man!

1. Find clarity. You need to address what you want and why. By evaluating your needs and wants, you'll be able to narrow down your list of potential partners. You don't want to waste time or send mixed messages while you're dating. A great way to clarify your desires is by cultivating those traits in yourself, which will in turn attract and manifest in a man.

Related Link: [Dating Advice: How to Avoid Holiday Weight Gain!](#)

2. Thoughts, words and deeds (a creation trilogy). The best

way to find a quality man is by having a positive attitude. You need to be consistent in your thinking, wording and actions. If you have doubt or tell your friends that there's "no good men out there" while you're dating, that is just setting yourself up for disaster. By making sure everything you do is in alignment, you'll attract a great man.

Related Link: [Dating Advice: How to Become Irresistible to a Man](#)

3. Commit. Don't give up if things aren't going according to plan. Love doesn't happen overnight. You need to put in the time and effort to find someone, especially if you're trying your hand at online dating. Checking out of the process simply because you're upset is a terrible thing to do. Give yourself a year at least to improve your dating skills. You need to evolve in order to find a man worthy of manifesting.

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Dating Advice: How to Avoid Holiday Weight Gain!





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert and fitness guru Tracy Campoli to offer their best [dating advice](#) for those trying to maintain their weight during the holidays. Learn how you can stay fit this Valentine's Day with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Start off right. Eat a healthy breakfast, it's the best way to start off the day. You'll feel good throughout the day if you eat something nutritious. This way you'll crave healthier food for the rest of the day.

Related Link: [Dating Advice: How To Handle a Bad Date?](#)

2. Calm down. Don't freak out if you notice you've gained some weight. You're busy and stressed enough, you don't have to worry about your body too. Take a moment to meditate, and don't be afraid to reject unhealthy food.

Related Link: [Dating Advice: Revive Your Love Life & New Year's Resolution By Losing Weight, And Keeping It Off!](#)

3. Mark calendars. Write down the time you want to dedicate towards working out. Putting it down on paper will make you accountable. Be realistic with your fitness goals also, you're not going to work out extra during a busy holiday schedule.

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Dating Advice: How To Handle a Bad Date?





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Jen Kelton to offer their best [dating advice](#) for those who have experienced disastrous dates. Learn how you should handle a bad date with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Go offline. Screen your potential date, especially if it's someone you've met online. Make a point to communicate with them offline, either through phone call, video chat, or text. From the conversations you have, evaluate whether it's a good idea to meet this person face-to-face.

Related Link: [Dating Advice: What Attracts a Man?](#)

2. Be polite. Make a graceful exit if you're having a bad date. You don't really know this person or what they're capable of, so don't make a scene. Just quietly run for the hills. You also want to be polite because you wouldn't

appreciate it if someone was rude to you after a poor date. Be candid, don't waste their time.

Related Link: [Your First Trip Together? 10 Packing Tips](#)

3. Say something. If you're upset or uncomfortable with something that is going on during a date, bring it to their attention. Make sure you're not chastising your date, use humor if you have to- but don't sit there unsatisfied if your date is neglectful or rude. If they don't respect what you have to say, it's okay to remove yourself from the situation.

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Dating Advice: What Attracts a Man?





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Mr. Locario to offer their best [dating advice](#) for those looking for love online. Learn how you can improve your chances at finding love with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Appearances, duh. This shouldn't be a surprise to anyone, but appearances matter when it comes to attracting a man. You don't have to look like a super model, just look your best when you go out. When you're put together, men will notice and gravitate towards you more. Don't stress yourself out too much.

Related Link: [Dating Advice: Best Online Dating Tips From a Dating Strategist](#)

2. Good attitude. Men like being around people who have pleasant attitudes. Your behavior and energy are definitely

analyzed before a man pursues. Even if you reject a man, if you do it nicely- he'll appreciate that. Nobody wants to be treated badly, especially not in the dating scene.

Related Link: [Single in Stilettos Show: 5 Signs He's Interested in You](#)

3. Success is key. Those who are successful and goal-oriented are found very attractive. Men like seeing women have their own hobbies and careers. They'll want to build with someone who already has things going on in their lives. A good man wants to support, not be relied on completely.

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Dating Advice: Best Online Dating Tips From a Dating Strategist





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert and dating strategist Damona Hoffman to offer their best [dating advice](#) for those looking for love online. Learn how you can improve your chances at finding love with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Communicate before meeting. Go beyond the instant messaging systems on dating websites. Make moves for conversations over the phone or through text. This gives a better sense of who you're talking to so you don't paint a picture of somebody that doesn't exist. Romance doesn't start online, it happens in person.

Related Link: [Dating Advice: How Long Will It Take Until I Finally Meet The One?](#)

2. Tell the truth. Be honest with how you present yourself.

Don't dabble in false advertisements. It's a disappointment to those you meet in person if you don't meet their expectations. It's also a bad idea to lie about your age online. If you're not being contacted online for dates, then be more proactive and send out messages of your own.

Related Link: [Dating Advice: Best Online Dating Photo Tips](#)

3. Be more inclusive. When searching online, it's easy to narrow down the qualities you want- so your dating pool ends up being very small. Lighten up on your criteria and be open to meeting people who don't match your list completely. It's more important that you find someone who shares your values and beliefs.

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Dating Advice: How Long Will It Take Until I Finally Meet The One?





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Arica Angelo to offer their best [dating advice](#) on how long it should take for you to meet "the one." Learn how you can improve your chances at finding love with the following dating tips!

Dating Advice That Will Help You Find Your "One"

1. Pay attention. Look at the people around you. Don't rely on dating apps to find someone, it distracts you from people you see in your daily life. Pay attention and observe the relationships around you- you never know who is nearby checking you out. Sometimes your lover is the guy you kept in your friends circle.

Related Link: [Dating Advice: How to Meet Men if You're Shy!](#)

2. Be thankful. Appreciate the dates you do have. Don't be negative and complain about what your date didn't do right. If you have frequent dates, you should be grateful for that.

You're spending time with someone who's interested in you and you're connecting with them. That's a beautiful moment, be thankful for it.

Related Link: [Relationship Experts Talk Capturing His Attention \(In Person!\)](#)

3. Find focus. Determine what kind of love you want and stick to it. Don't settle for less or let your circumstances affect your dating life. Be careful though, your desires could be too rigid; a list can write off eligible candidates. Make sure the qualities you want in a partner stem from love and not fear.

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Dating Advice: How to Meet Men if You're Shy!





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Thomas Edwards, Jr. to offer their best [dating advice](#) for those shy girls who want to meet someone new. Learn how you improve your love life and become more outgoing with the following dating tips!

Dating Advice That Will Help You Meet a Guy Even If You're Shy

1. Stand out. Wear something that is unique. It can be a cute accessory, a bright dress, or an intricate hairstyle. If you have something on your person that looks nice, it can serve as a conversation piece and help you meet someone. Stay away from black also, that's a "blend in" color.

Related Link: [Dating Advice: 3 Ways You're Sabotaging Yourself at Finding Love](#)

2. Go for hobbies. If you're a shy person, try picking out special-interest activities. This way you'll be able to meet

people who have the same hobbies and aspirations as you. Not only will you be surrounded by like-minded people, but you'll also feel comfortable having conversations you're knowledgeable on.

Related Link: [Single in Stiletto Show: How to Have the "Exclusive Relationship" Talk with Him](#)

3. Start early. If you wait until nighttime to go outside and date, you'll end up competing with others doing the same exact thing as you. So start earlier in the day if you want to increase your chances in meeting someone. This is also great practice if you're a shy person that's nervous about competing.

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Dating Advice: 3 Ways You're Sabotaging Yourself at Finding Love





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their best [dating advice](#) for those who want to improve their love life. Learn how you might be sabotaging your chances of finding love with the following dating tips!

Dating Advice That Will Improve Your Chances At Finding Love

1. Limiting beliefs. Don't let your mind cast doubt. If you let negative thoughts and fears take over, you'll ruin your chances at a relationship. Ignore those limiting beliefs if you want to move forward and find someone who will love you.

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2. Get support. Ask someone you trust for help. If your dating methods aren't working, don't keep practicing them in hopes one day you'll have a better result. Reach out to a friend and

ask them to provide you constructive feedback.

Related Link: [Dating Advice: 3 Biggest Mistakes Keeping You from True Love](#)

3. Advocate for yourself. Create opportunities where you can meet someone . Finding love takes effort. A good relationship isn't just going to land in your lap. You need to work for it, so don't be afraid to put yourself out there.

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Dating Advice: Revive Your Love Life & New Year's Resolution By Losing Weight, And Keeping It Off!





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to fitness and relationship expert Tracy Campoli to offer their best [dating advice](#) for those who want to improve their health and love life. Learn how to live up to your New Year's weight loss resolutions and keep the pounds off with the following dating tips!

Dating Advice That Will Help You Achieve Your Weight Loss Goals

1. Get clear. Don't just say you want to lose weight and never mention it again. You need to be clear about what exactly you want and how you'll feel when you achieve your goal. If you can visualize what it would be like when you've lost the weight, then you're in a good mindset to pursue your actual weight loss journey. Start from a place of success instead of making it a daunting task.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Create a strategy. Stay away from the word “try,” you need to say you’ll “do”- and create a plan accordingly. In business, people create a clear plan and support system, and they need to implement the same for their weight loss goals. You won’t be able to shed the pounds if you don’t have any structure. Consistency is key! It’s the only way you’ll get your dream body after all.

Related Link: [Single in Stilettos Show: How to Get Into Shape for Dating](#)

3. Make it your lifestyle. The best way to lose weight and keep it off is to turn your diet and workout routine into a lifestyle. The pounds will creep back on if you don’t implement these changes into your daily life. They don’t have to be drastic changes, they just have to be sustainable. Your body will thank you in the future.

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Dating Advice: 3 Signs He’s Not Into You!





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their [dating advice](#) for those who want to improve their dating life. Learn how to determine whether or not your partner is into you.

Dating Advice That Will Help You Figure Out If He's Into You

1. Look out for low energy. Keep an eye out for your date's pupil dilation. The pupil gets larger when person is excited, which is biological response that can't be faked. So look out for this telltale sign along with lackluster energy. If your date isn't going out their way to be nice or impress you then they just aren't into you.

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2. If you have to initiate contact. It's very uncommon for a man who is interested in a woman to not reach out. So if he

isn't calling or texting you at all then that's a huge sign that you're not the one for him. Or he should at least make himself available to you if he seems to not be a chatty type of guy.

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

3. Check his attitude. Make sure to observe how he treats you when you're both around different people. If he doesn't wrap his arm around you or show some kind of affection in front of people then he might not care about you as deeply. Men like to show off the women who are important to them, so take note of how he introduces you too.

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Dating Advice: Best Online Dating Photo Tips





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Wendy Newman to offer their [dating advice](#) for those who want to improve their online dating profile photos. Learn how to attract a quality partner through your online dating profiles with the following dating tips.

Dating Advice On Taking Your Best Profile Photo

1. Do it for you. Get comfortable and take photos of yourself that look simple and natural. Don't have anything in your profile photo that distracts from the message that you're looking for someone. Also avoid posting group photos as a main way to represent yourself, it gets confusing.

Related Link: [Author Wendy Newman Shares the Relationship and Love Advice She Learned After 121\(!\) First Dates](#)

2. Know what you're showing. You only have a few photos to show who you really are. Be aware of what you're showcasing,

and try to provide a variety. If you only upload photos where you're out drinking or working out, a person online will think that's all you care about and that you don't have other interests. It's a sure way to get yourself overlooked.

Related Link: [Dating Advice: Don't Be a Rules Girl!](#)

3. Have a full body shot. You want to show what you really look like. Avoid taking shots that misrepresent how your body naturally appears. Be comfortable in your own body and be yourself. Let your potential date choose whether or not they want to meet you based on how you look. It avoids awkward in-person interactions in the future.

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Dating Advice: Is It Possible To Find Love After 40?





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert David Steele to offer their [dating advice](#) for those who are looking for love later in life. Learn how to attract a quality partner that's worthy of your time with the following dating tips.

Dating Advice For Those Single Over 40

1. Go for it. Don't discourage yourself by saying it's too late for you. Pursue a relationship believing you're good enough. Take a risk and go out of your comfort zone to find love. Since so many older in age refrain from entering the dating pool, your chances in finding someone increases with the few who are also looking.

Related Link: [Dating Advice: Why Do I Attract The Wrong Men?](#)

2. Analyze your thinking. You might believe you're alright on your own, and that may be true. But if you find yourself desiring companionship or feel that you're missing something

in your life, then a relationship might be what you need. If you decide to start dating again then you need to change your mindset a bit.

Related Link: [Dating Advice: 3 Biggest Online Dating Mistakes](#)

3. Ask for more. If you end up getting lucky and find someone that you really like, don't be afraid to ask for more. At this age you shouldn't deprive yourself from the joy that stems from affection. Just remind yourself of how you weren't afraid to ask for the things that made you happy when you were younger. The same applies at 40 and over!

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Dating Advice: 3 Biggest Online Dating Mistakes





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Carmelia Ray to offer their [dating advice](#) for those who are looking for love through online dating. Learn how to avoid these online faux pas through the following dating tips.

Dating Advice For Those Who Want To Communicate With Their Body

1. Don't give up. Some people are too impatient or call it quits after a bad experience. Give yourself time to find a quality date. It's not fair to write everyone off just because you bumped into one bad person.

Related Link: [Celebrity Interview: Reality TV Matchmaker Carmelia Ray Says, "Take Actions That Are Consistent With Your Commitments"](#)

2. Avoid misrepresenting yourself. The biggest complaint many have in the online dating community is coming across people who exaggerate or flat out lie about their qualities. Honesty

is the best policy, so don't build anything on deceit.

Related Link: [Dating Advice: Best Body Language Tips](#)

3. Choose a good photo. You need to be aware of how you're presenting yourself online. A bad profile photo can really hurt your chances when trying to find a match. Pick a flattering picture that shows who you truly are.

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Dating Advice: Best Body Language Tips





Suzanne Oshima
Founder of Single in Stilettos
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Cyndi Olin
Relationship Strategist & Coach
Create Your Own Luck in Love

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Robyn Hatcher to offer their [dating advice](#) for those who need help in communicating through body language. Learn how to effectively get your message across without words in the following dating tips.

Dating Advice For Those Who Want To Communicate With Their Body

1. First impressions are key. A first impression is important because it helps people determine whether or not they can trust you. So the first few minutes you spend with someone are crucial! A good first impression starts with openness and vulnerability, so don't obstruct your torso with crossed arms or excessive clothing, or else it will look like you have something to hide. Another great way to show vulnerability is by exposing your neck while you're interacting. In other words, leave the scarf at home!

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First Impression

2. Be aware of your voice. Take note of how you sound when you speak. The pitch of your voice can either be helpful or detrimental when you're trying to date. A deeper voice is often seen as more confident, whereas a higher pitched voice can be interpreted as "weak" or "needy." If you struggle with your pitch, voice lessons might be beneficial. But of course, keep in mind that all people have their preferences. You don't have to change your voice if you don't want to, just find someone who appreciates that quality.

Related Link: [Dating Advice: How To Attract A Man Through Your Body Language](#)

3. Look at other people's body language. Not only should you be aware of your own body language, but you should keep an eye out for other people's as well. Is the person you're with leaning in? Are they making eye contact? Are their feet facing towards you or are they pointed at the door like they want to make a run for it? These are all things you should look out for in order to have a successful date.

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Dating Advice: How to Get Him to Commit to You!



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to offer their [dating advice](#) for those who need help in attracting a good man, and making him commit. Learn how to be the woman that men like to stay with. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Keep A Man

1. Authentic self. Be the person you really are. Don't pretend to be anything you're not. A truly happy person that knows who they are will make a man want to stay. He wants to be around that positive energy!

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

2. Have your own life. Don't become obsessed over anyone who doesn't ask you to commit. Keep busy, date other people, just do whatever makes you happy. There's no reason to drop everything for someone who hasn't asked for monogamy.

Related Link: [Dating Advice On Why Men Pull Away](#)

3. Safe spaces. Show your vulnerable side and allow a man to show his vulnerability as well. If he can't be himself or feel safe enough to open up to you, he won't trust you. And of course without trust, there is no commitment and no relationship.

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Dating Advice: How to Become Irresistible to a Man





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to offer their [dating advice](#) for those who need help attracting a good man. Learn how to be the confidant woman who is irresistible to any man. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Attract Men

1. Emotional intelligence. You need to emotionally mature to attract a man. You need to know how to respond to a man, not react to them. Going deep within yourself and knowing who you are will help you better connect with a man. Just remember, nobody likes an insecure drama queen.

Related Link: [Dating Advice: Best Ways to Meet & Talk to Eligible Men](#)

2. Be authentic. Someone that is authentic in who they are is

automatically viewed as attractive or sexy. Don't try to be someone else, it never works out in the end. Just accept who you are and celebrate it. One day a man will show up in your life who appreciates all the qualities you have to offer.

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3. Have a sense of humor. Don't be serious all the time, it takes all the fun out of a relationship. You shouldn't treat every date like a job interview. Men want to be with women who make them feel comfortable and happy. Knowing how to be light hearted can make a relationship last.

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Dating Advice: Best Ways to Meet & Talk to Eligible Men





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their [dating advice](#) for those who aren't sure of how they should talk or approach single men. Learn how to be the confident woman who wins the man over with a single conversation. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Approach Eligible Men

1. Create opportunity. If it's important for you to be in a relationship, then come up with a plan to meet men. You need to strategize your time instead of falling victim to your usual routine. Don't worry about looking desperate, you're being intentional with your love life- not desperate.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Notice people. Take time to look at the men in your life and around you. Love can strike when you least expect it. Stay alert and attentive, put down your phone if you have to. Men like a woman who can take notice of them.

Related Link: [Dating Advice: What Do Men Want from Women?](#)

3. Look offline. Explore your area and make it a point to discover new ones. Not only will you find fun places to enjoy your time in, but you might just bump into someone who has the same interests as you.

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Dating Advice: How to Win Him Over in the First 3 Dates!





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their [dating advice](#) for those who aren't having the best luck in the dating world. Learn how to turn things around by being the woman who wins the man over. Follow these dating tips to get your love life back on track.

Dating Advice That Will Help You Win The Man of Your Dreams

1. Play it cool. Don't be overeager when you're on a date. You don't want to look desperate. But also, be engaging and have a balanced conversation.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Relax. Even if you're nervous on a date, don't be all tense. It's not a job interview, you're out with this guy to enjoy yourself. If you aren't comfortable, a man will notice and make note of that.

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3. Keep it classy. Be positive and optimistic. You want to show a man that you're good company to be around. Complaining too much is just a turn off.

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Dating Advice: Think of Your Mind, Body, & Food When Out On Dates





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert, Lynda Layng to offer their best [dating advice](#) that will help you improve your mental and physical health on the dating scene. Learn how you can better yourself and your future dates with these three dating tips. Follow this advice if you want to find the love of your life!

Dating Advice On What You Can Do For Your Mind, Body & Food

1. Change your thoughts. Use positive affirmation instead of fixating on negative thoughts. Even if you don't believe it, you'll eventually be affected by the praise you give yourself. Don't be afraid to be kind to yourself and say, "I'm beautiful. I'm grateful."

Related Link: [Dating Advice: What Do Men Want from Women?](#)

2. Lighten up. Try to let go of the image you have in your mind of what perfection is. And don't take everything so

seriously or be hard on yourself. You don't want to make yourself feel bad with unrealistic expectations.

Related Link: [Single in Stilettos Show: What Turns a Man On](#)

3. Eat more real food. Get rid of processed food. You want to eat healthier, whole food that can expire. Eating processed food all the time will have adverse effects on your waistline and energy levels, so make little changes if you want to be healthier overall.

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Dating Advice: What Do Men Want from Women?





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert, Kara Oh to offer their best [dating advice](#) on what men want in a partner. Learn what attributes are most desirable with these three dating tips. Follow this advice if you want to start having success on your future dates!

Dating Advice On What Men Want In A Woman

1. Attraction: Men are visual creatures, so first and foremost a man wants to be attracted to you physically. Remember that each man appreciates different features in women, so don't worry about looking like a perfect model figure. If you look healthy and upkeep yourself, a man somewhere will appreciate it.

Related Link: [Dating Advice: Don't Be a Rules Girl!](#)

2. Let him be a man: You need to allow your man to feel masculine and powerful like he's your personal hero. While

your man gets into his masculine, you should allow yourself to get in touch with your feminine energy. Men don't want to compete with their potential mates.

Related Link: [Relationship Advice: How to Stop Dating Bad Boys](#)

3. Make him feel good: Don't be afraid to compliment a man and offer praise. This will automatically boost his morale and be beneficial to the relationship. A man who feels like he isn't a provider will lose interest because his masculinity is not being exercised.

For more information about Single in Stiletto's shows, click [here](#).

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Dating Advice: Don't Be a Rules Girl!





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert, Wendy Newman to offer their best [dating advice](#) on finding true love without a rule book. Forget all that you thought you knew, and follow these three dating tips if you want to start having success on your dates!

Dating Advice On Not Following The Rules

1. Don't strategize intimacy. You shouldn't worry too much about when is the right time to have sex. There is no right time, except for when you are both ready to take it to that level. Men in particular aren't interested in women who will hold out on intimacy in a strategic way.

Related Link: [Dating Advice: When Should I Sleep With A Guy?](#)

2. Take control of your dating life. Be available if you're interested in a man. You don't necessarily have to pursue, but take the opportunity to drop a hint that you're open to

dating. This will allow you to have control instead of relying on men to make the first move.

Related Link: [Dating Advice: 3 Biggest Mistakes Keeping You from True Love](#)

3. Make the time. It's alright if you want to give chase, but don't be too unavailable. You need to make time in your schedule for potential dates. If you're too busy and keep rejecting a man, he'll most likely move on to someone else. Try to pencil him in within two weeks.

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Dating Advice: 3 Biggest Mistakes Keeping You from True Love





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert, Nicole Moore to offer [dating advice](#) on finding true love. Follow these three dating tips if you want to start having success on your dates!

Dating Advice On Finding True Love

1. Putting the past in the future. Using criteria from your past in your future is a sure way to sabotage new relationships. There's usually pain in the past and bringing those thoughts with you can make you fearful or cause pain. Use your love desires instead, in other words, traits you'd like to find in a partner.

Related Link: [Dating Advice: Are You Repelling the Right Man Away?](#)

2. Try to be happy. Just like in the movies, the main character always falls in love when they're happy and having a good day. If you're open to being happy more often, you'll

open yourself to men and invite them in with your positive energy.

Related Link: [Expert Dating Advice: Three Signs He Is Unavailable](#)

3. Learn to be confident. Nobody likes a person who looks insecure or desperate. Don't give your power away by seeking validation from men. When you're confident, men will simply be attracted to that and will want to be around you.

For more information about Single in Stiletto's shows, click [here](#).

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Dating Advice: First Date Tips For Women





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert, Nando Rodriguez to offer [dating advice](#) on what women should do on their first dates. Follow these dating tips if you want to start having success on your dates!

Dating Advice To Follow On Your First Date

1. Create intent. Make a promise to yourself that you'll have fun. Do your part on the date to try and make it enjoyable, so if it doesn't work out you'll know it wasn't all your fault.

Related Link: [Five Conversations to Avoid on a First Date](#)

2. Ask questions. You have to make an active attempt in getting to know your date. Women often get swept away with talking about their selves, don't do this! Take initiative and ask questions to get to know them.

Related Link: [Dating Advice: Moving Fast Towards a](#)

[Relationship...Is That a Bad Thing?](#)

3. Checklists. Be careful having a checklist ready on a first date. Being too rigid in what you want will result in you writing off eligible partners. Let yourself be open on a first date.

For more information about Single in Stiletto's shows, click [here](#).

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