

Dating Advice: 4 Ways To Make Your Man Happy!



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Robert Manni to offer their best [dating advice](#) on ensuring your man's happiness. Find out how you can have an amazing relationship with the following dating tips!

Dating advice that will help you keep your man happy.

1. Men are visual! Whether you like it or not, men are highly in tune with their visual and sexual side. For this reason, a

man is happy when you keep up your appearance and the sex life is fresh. This shouldn't be one-sided however, make sure your man shows you the same courtesy. Just keep up the momentum like it's a new and exciting relationship.

Related Link: [Dating Advice: Maximize Your Online Profile to Attract the Right Man](#)

2. Keep it simple. Try to engage your man's simpler side. You don't have to cook or dote on him. You just have to spend time with him and partake in his interests from time to time. Whether that's sitting home and drinking or going to his favorite restaurant. It doesn't hurt to share your passions, especially when good food is involved. Who doesn't like to eat?

Related Link: [Dating Advice: Dealing With a Dating Burnout](#)

3. Be supportive. A man needs you to be there for him emotionally, physically and even when he's pursuing a career. Life is stressful enough, so it's great to have a partner by your side and vice versa. Find out your man's dreams, learn about him and find a way to get behind that so you can help him achieve these desires. It means a lot to support a man on his journey.

Related Link: [Dating Advice: The 5 Stages of Love and Why Many Stop at Stage 3](#)

4. Learn to forgive. Nobody is perfect, so it's important to give the benefit of the doubt when things go wrong. Just like you, men make mistakes. For this reason you need to know how to forgive. This doesn't mean you have to excuse something big like infidelity, but men need guidance to be the best version of themselves. He'll stumble and fall sometimes, but you can pick him up and make things better.

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Dating Advice: Maximize Your Online Profile to Attract the Right Man



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert PJ Dixon to offer their best [dating advice](#) on creating an eye-catching online profile that will attract any man on the

dating scene. Find out how you can adjust your single status with the following dating tips!

Dating advice on maximizing your online profile to find a man.

1. Name your wants. Your profile statement should not just be about you, but it should also list the kind of partner you're looking for. The statement should have conditions, provide details on what kind of action you want a date to take and clarify your reasoning for wanting these traits. At the end, you can include additional information so a man can get a better idea of who you are.

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2. Add a point of contact Going out on a limb and contacting a stranger on the internet for a date can be a daunting task, so make it easy for a man to reach you by providing a point of contact on your profile. This gets rid of some of the awkwardness in the early stages of dating and allows you both to jump right in and get to know each other. Whether it be a phone number or email, just add something so potential suitors know you're a real person.

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3. Pictures are important. Select about three or four photos where you look your best to add to your dating profile. Try to diversify your images to show your personality and attract the right man. Outdoor shots are good, but make sure you add front-on and dressy pictures that complement your figure. Casual shots with friends also don't hurt, but be aware that men are visual and may have wandering eyes for your good-looking friends.

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Dating Advice: Dealing With a Dating Burnout



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Duana Welch to offer their best [dating advice](#) on getting through a romantic burnout in the dating scene. Find out how you can fix

your single status with the following dating tips!

Dating advice on dealing with a romantic dry spell.

1. Practice self-compassion. Don't be too hard on yourself! It is normal to have a lull in your romantic life. You don't have to date all the time or make yourself feel bad about it. What you need to do is recognize your burnout and address how you can improve your love life without giving up. You need to stay positive about things.

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2. Challenge negative thoughts. If you ever fell pessimistic about your dating options, you need to oppose those dark sentiments. Looking for love is normal, it's not desperate or accidental. Majority of people want love in their lives, and you shouldn't be ashamed of wanting it too. Don't undermine your chances.

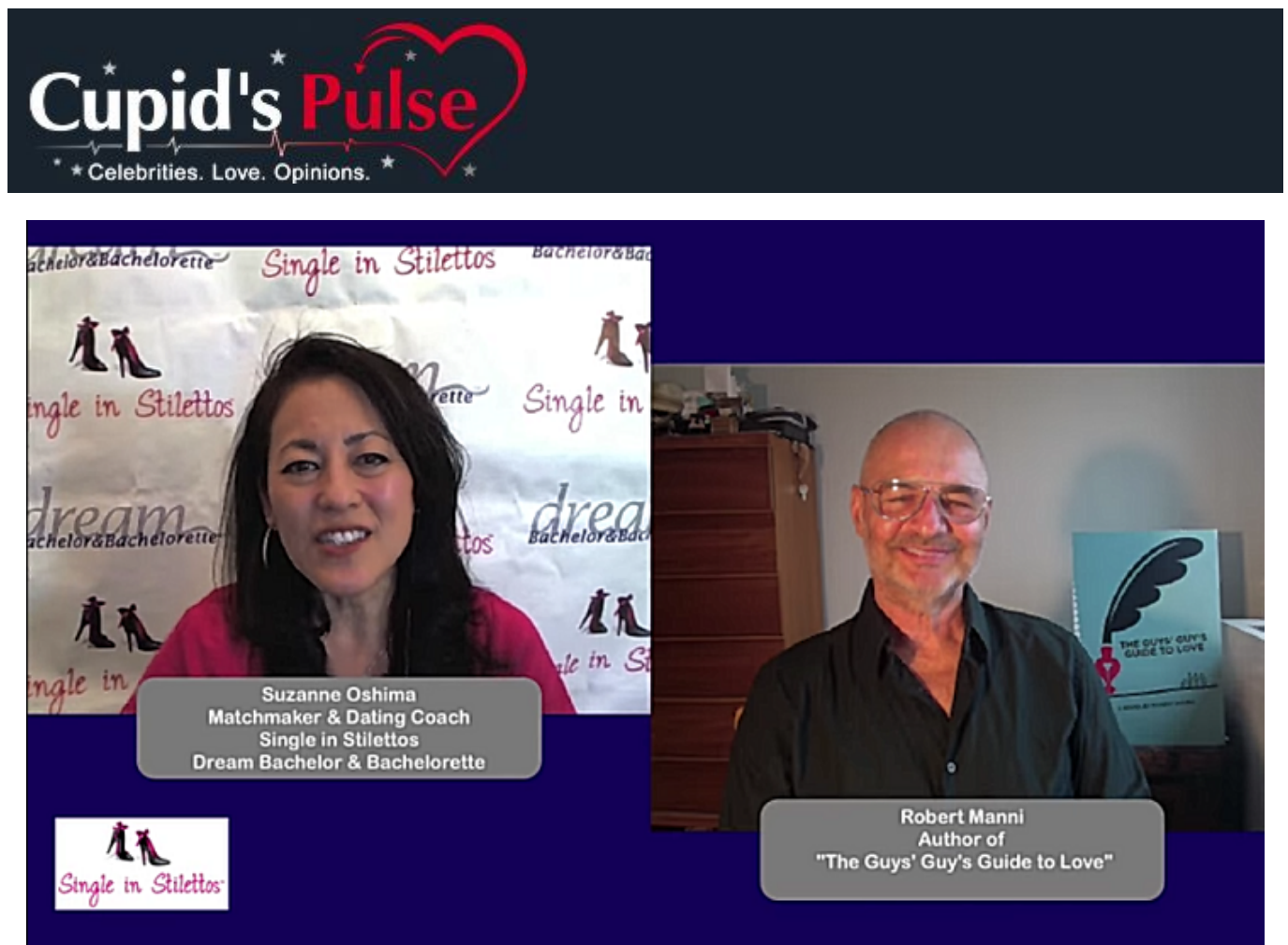
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3. Just do it. Even if you feel tired, you need to just put effort in. Sure, life is hard and so is dating, but you can't quit. When you're not having luck finding a job, you don't just give up. You do everything in your power to find employment. That same energy needs to be put in to find the right partner, which will hopefully last longer anyway.

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Dating Advice: The 5 Stages of Love and Why Many Stop at Stage 3



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Dr. Jed Diamond to offer their best [dating advice](#) on how to navigate through the stages of love. Find out how you can reach marriage without losing the spark with the following dating tips!

Dating advice on the stages of love!

1. Falling in love. This is the stage when couples are hopelessly devoted to one another. Everything is new, exciting and passionate. Your heart will ache for your partner in a way that only new love can provide. Since this is the beginning of the relationship, there isn't much pain or history that 's wedged between you.

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2. Building a life. When you've settled on staying with your partner on a more permanent basis, you take steps to solidify your lives together. Whether it's moving in together or getting married, you're putting down your roots understanding you won't always be in love, but you'll have a deep love and connection with your partner.

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3. Disillusionment. This can happen at any time, and many couples don't make it through this stage, but stage three is a time of doubt. You'll find yourself incompatible with your partner and questioning whether you made the right choice. However, this disillusionment is a sign of a healthy relationship. It means you really see your partner for who they really are and heal emotional wounds.

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4. Real-lasting love. After getting through the tough times, you're able to enjoy the fruits of your renewed relationship. The projections you put on your partner will

fade away, and you'll be able to love each other the way you deserve when your emotional scars from past relationships are healed. This is a time when you'll be able to love like you're in stage one all over again.

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5. Finding your calling. This is discovered together as a couple, and it's one of the most exciting times. If you're able to have a loving and meaningful relationship with your partner, you're able to share great gifts with the world, such as wisdom, positivity and forgiveness. Whatever it is you're good at as a couple, go out and do it!

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Dating Advice: Signs You're Settling for the Wrong Man





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer their best [dating advice](#) on how to have a successful relationship without settling. Find out the best way to avoid wasting your time with the following dating tips!

Dating Advice That Will Help You Avoid Settling

1. You're unhappy. If you're in a relationship and feel like you're doing all the work, then you're settling for less. You need to make sure your partner is giving you the attention you deserve. A relationship shouldn't feel like a chore or make you miserable. Find someone that treats you like a queen.

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2. You're passive. When you just take whatever a man gives you and it doesn't feel satisfactory, you are settling! The person you're with needs to make it known that you're their

significant other and they should be able to let the world know that too. You shouldn't accept a partner that treats you badly. Don't settle for nothing.

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3. You're excusing. You could be settling and not even realize it. Making compromises is fine, but if you're making an excuse to accept a certain behavior you don't like, then you're settling for the wrong man. It doesn't matter if he's taken you on a few dates or has done a few nice things for you- if you see something you don't like, say something or move on.

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Dating Advice: 5 Signs He's Taking the Relationship Seriously





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Robert Manni to offer their best [dating advice](#) on how you can tell whether a man is taking the relationship seriously. Find out the best way you can advance your relationship with the following dating tips!

Dating Advice That Will Help You Figure Out Whether He's Taking You Seriously

1. Gets off dating sites. If he's willing to give you his time and focus, he may be taking you seriously. A guy that continues to go on dating websites while you're both in a relationship is someone you should be wary of. Some men may need a nudge to shut their profiles down, but it's always better if he does it on his own.

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2. He vacations with you. Going on a trip together adds a whole new layer to your relationship. It's an intimate experience and you get to know each other on a deeper level. You'll see how your partner reacts to new places, people, cuisine, etc. This stands out for a man because it's not common for men to do such an activity with someone they're not serious about.

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3. Introduces you to friends. This shows your man is proud of you and wants to show you off. It's also a good opportunity for a man to see how you interact with the people in his life. He wouldn't invite you if he didn't think you'd mesh well, so relax and have a good time hanging out.

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4. Invites you home for holiday. When a man makes an effort to include you in holidays and special events, he's taking the relationship seriously. Inviting you means you'll meet his family and will be shown off yet again. These instances also help you figure out whether you should get involved with his family or run for the hills.

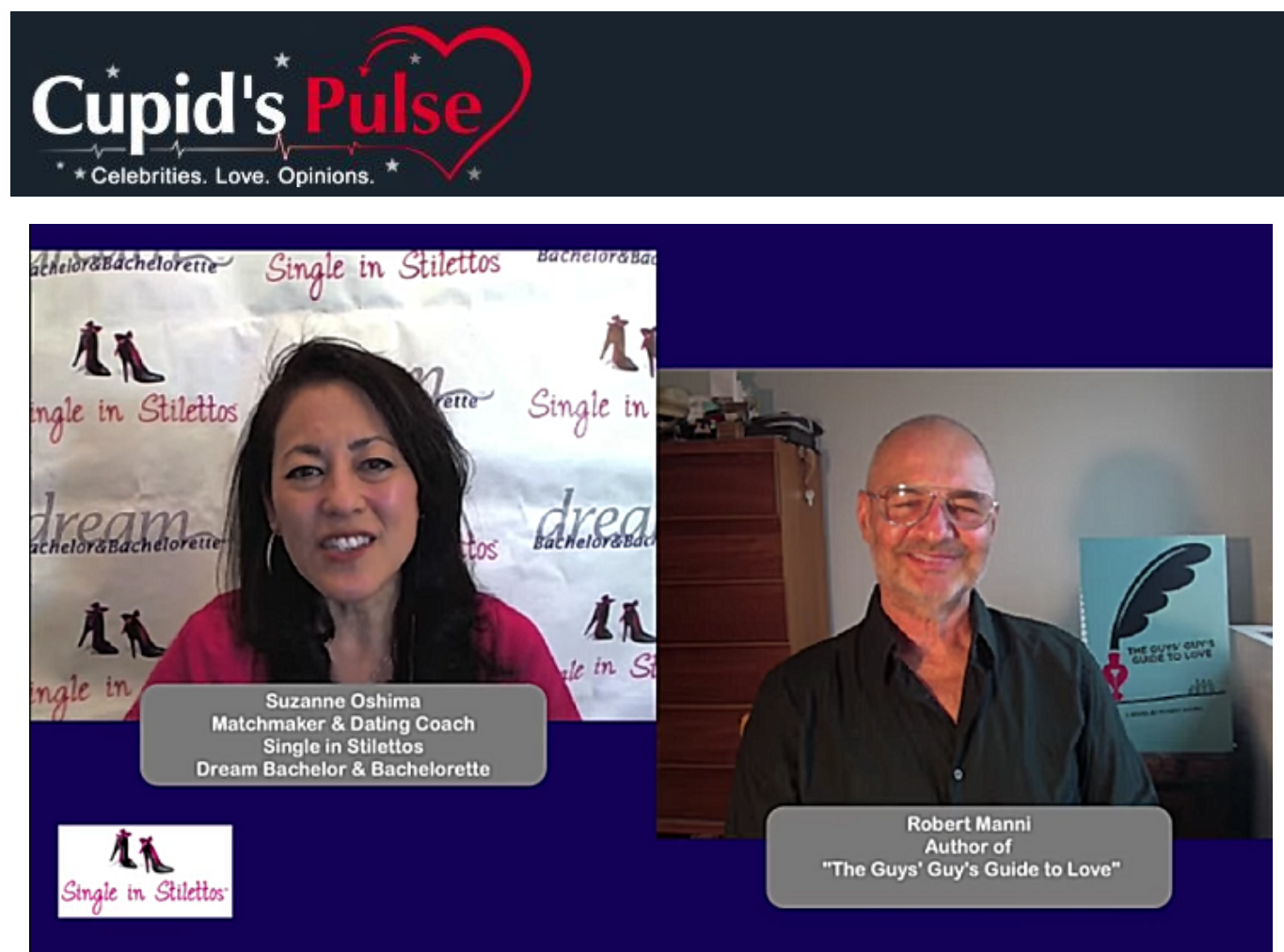
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5. Pays attention to you. Being able to remember little details shows he really cares about you. Men who don't take you seriously won't care to hear your needs, wants or background. If your man gives you the attention you deserve and takes interest in your life, then these are signs he may be thinking of a future with you.

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Dating Advice: How Women In Their 30s Can Find Love



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Melissa Braverman to offer their best [dating advice](#) on attracting men while in your 30s. Learn how you can end your single status and find the right man for you (without settling) with the following dating tips!

Dating Advice That Will Help You Find Love In Your 30s

1. Make an effort. Put yourself out there more and try to be less discriminatory when dating. Your dating pool is smaller because of your age bracket, so don't fall into a rut and go out of your comfort zone. Try to go out and meet people organically instead of falling into a routine and missing out on potential partners.

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2. Don't settle. You need to find the balance between pickiness and openness. This can be achieved by determining your wants and needs before entering the dating scene. You don't want to hurt your chances finding someone, but you also don't want to settle for a person you're not compatible with.

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3. Biological clock. Think about how important it is for you to have a biological child. Nature will not wait for you to find the right partner, so think of reproductive and parenthood options. Will you freeze your eggs? Are you okay with adoption? Do you want to have child before marriage?

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Dating Advice: 5 Things Men Find Beautiful in a Woman



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert PJ Dixon to offer their [dating advice](#) on what men find beautiful in women. Learn how you can attract the right man with the following dating tips!

Dating Advice On How To Be Perceived As Beautiful By Men

1. Softness and femininity. Men are often pushed to be rough and strong. Your gentleness will attract a man because it makes him feel safe, and that in turn puts him in his

masculine. Men want to protect and serve you, so take the lead and encourage a loving relationship with your feminine energy.

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2. Be kind. Not just men, but all people love kindness. Being a nice person shows you're approachable and pleasant to be around. Men look for that quality in a partner because they want to make sure they'll be treated right. If you're standoffish, take a moment to decompress and smile. It'll put you in a better mood and men will notice.

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3. Men are drawn by smell. Aside from physical appearance, men are attracted to your scent. Fragrance experts say two popular smells that'll draw a man in are vanilla and cinnamon. It's a primal and sensual instinct that many men enjoy. Scents makes a man want to pursue you because it reminds them of a hunt.

Related Link: [Dating Advice: Don't Lose Weight to Find Love!](#)

4. Protect him from himself. Men are pressured to serve as the protector, and they don't like showing vulnerability as a result. But sometimes you need to step in and help them out. Show your support and love, especially during hard times, and your man will feel inspired to do more with his life.

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5. Just be yourself. Nothing is better than being the person you really are. Be the best version of yourself everyday, and a man will appreciate that. A man wants to come home to positive energy, so try your best to show your happiness and sensuality from time to time.

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Dating Advice: Don't Lose Weight to Find Love!



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Duana Welch to offer their [dating advice](#) on why you shouldn't lose weight to find love. Learn how you can be confident and find a partner with the following dating tips!

Dating Advice On Handling Weight And Relationships

1. Men prefer voluptuous silhouettes. This one may seem obvious, but it must be reiterated that men generally prefer women with a little cushion. It's a biological instinct because men are searching for women who exhibit signs of fertility. As a result, narrow waists and wide hips are universally preferred body shapes. So if you're on the heavier side, go easy on yourself. There are countless men out there who love your body the way it is.

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2. Just be healthy. You don't need to have a perfect body, you just need to have a healthy one. Eat a balanced diet and try to work out regularly. Also make sure to wear flattering clothing, anything that doesn't make you feel good needs to get tossed in a donation bin. If you have to pick between your face or body, make sure to pick your face. It'll make up for any flawed body parts long-term.

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3. Find a man who accepts you. Be the best version of yourself always. There's no reason for you to change your physical appearance to please someone who may not even see a future with you. Men who only care about physical attributes are more concerned with immediate satisfaction, ie. one night stands. Men who are less judgmental are not only good for your self esteem, but they're more likely to commit.

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Dating Advice: 5 Signs He's Falling for You!



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer their [dating advice](#) on how to figure out if he's fallen for you. Discover how you've become irresistible to your man with the following dating tips!

Dating Advice That Will Help You Find Out If Your Guy Has Fallen In Love

1. When he shows you he cares. You know a man is falling for you when he makes sure you know he was thinking about you. Whether it was a good morning text or a phone call later in the day, he puts in effort to show you he cares. So bask in the attention he's giving you, it'll feel nice.

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2. He vocalizes his feelings. And you know for sure he's falling for you when he takes the time to say that he is. A man that isn't afraid to open up and show his vulnerable side is someone that's worth holding on to. However, you also need to make sure his actions also match his words.

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3. He'll remember little details. It's a great sign when he shows that he listens to you. You need to appreciate the effort a man puts into committing aspects of your life to memory. He wouldn't be doing that if you meant nothing to him. Aside from that, he also wants to impress you by showing he remembers.

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4. People in his circle know you. A man is not going to introduce you to his family and friends if he doesn't like you. So take note if the people in his life know about you, or if he's making it a point to invite you to social events. If he wants the world to know that you're both an item, then he's definitely fallen for you.

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5. He's talking about marriage. If you hear him talking about marriage after spending some time together, then he's fallen for you. Men don't have these serious conversations with just anyone. He's having these talks with you because he's picking your brain and making preparations for a future.

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Dating Advice: The One Thing Men Want More Than Sex!





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Jed Diamond to offer their [dating advice](#) on how to figure out what men want in a relationship more than sex. Learn how you can attract and satisfy a lifelong partner with the following dating tips!

Dating Advice That Will Reveal What Men Really Want

1. Want a safe harbor. Living in the world can be tough. It can be competitive and stressful. This is what makes men want security in a relationship. More than anything else, a man wants to be nurtured and taken care of physically and emotionally. So give your man the same love you want to feel.

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2. Show him acceptance. A man doesn't want to be criticized all the time and feel like he's not enough for you. Constant nagging and asking for change is a form of rejection. So make

sure your words are constructive, and let your man know you appreciate him for the person that he is, flaws and all.

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3. Be able to love yourself. Oftentimes, people go into relationships with baggage. This is especially true when it comes to women. If you want to have a successful relationship, you need to know how to leave a painful past behind you. A man wants to support you, but he won't be able to if you have walls built up.

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Dating Advice: What You Don't Know About Men!





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Robert Manni to offer their [dating advice](#) on how to figure out what men do and don't want in a partner. Learn how you can attract a lifelong partner with the following dating tips!

Dating Advice That Will Reveal Male Secrets

1. Want you to win. Men want to see women actualize their dreams in personal and professional settings. They're supportive and want their partner to be happy when it comes to love. Don't be misled by aloof behavior. If you're both in a committed relationship, he cares about you more than you realize.

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2. Sports win their heart. You can really get to know a guy when it comes to sports. Most men are interested in some type of sport, so get involved in his interests if you also like

sports. If you can't bring yourself to enjoy sports, then give him time to engage in his own sport-like hobbies. Don't limit him from things that bring him joy.

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3. Guys can't read signals. More often than not, men are blindsided by breakups. The reason for this, men are bad at reading signals of a strained relationship. Men aren't mind readers, so if you're unhappy, you need to express this at some point. This way your man can work with you to fix the problems you're experiencing.

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Dating Advice: How to Manifest Your Man (A Man's Perspective)





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert PJ Dixon to offer their [dating advice](#) on how to manifest a man's potential. Learn how you can find yourself with a lifelong partner with the following dating tips!

Dating Advice On Getting The Most Out Of Your Man

1. Identify your best qualities. First and foremost, you need to be confident and comfortable in your own skin before you pursue a relationship. When you're in touch with your best qualities, you put your foot forward with a smile on your face. This way you'll attract the right man and be able to recognize the traits you want them to have in common with you.

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2. Identify your 'two top threes.' Make a list of your absolute "must have" qualities, and another list of the things

you won't ever accept. Each list should be narrowed down to the three most important traits you're looking for in a mate. Try to center your lists around aspects that move you emotionally, rather than the superficial: "I want someone tall, dark and handsome."

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3. Identify your areas of improvement. Take time to critique yourself and find traits that can make you a better match for your partner. It's easy to name all the qualities you want in a man, but it can be difficult to admit you're lacking in an aspect of your relationship. If your man has an interest you're not involved in, make an effort to connect with him. If you have jealousy or trust issues, find ways to healthily cope. Become the ideal woman for your man!

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Dating Advice: How to Answer 'Why Are You Still Single?'





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Duana Welch to offer their [dating advice](#) on how to handle the difficult question: "Why are you single?" Learn how you can answer this inquiry in a smart way with the following dating tips!

Dating Advice On Handling Questions About Your Single Status

1. Explain your position. If the question offends you, you can tell the asker you don't like being asked this and why. Or another option you can try is being honest about why you're single in a way that's lighthearted. "My man-picker is broken," "I'm in a relationship with chocolate," or "I'm in a relationship with myself" are all nice ways you can answer this question without adding awkward tension.

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2. Consider before you speak. Yes, this question is loaded

and invasive, but it's also important that you know the asker's intent before answering. Are they being snarky? Or are they showing sincere concern? If they're not asking from a place of love, then you can respond to their inquiry as respectfully as possible and redirect the conversation back on them. No need for drama.

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3. Use your own dating service. If the person who asked you this question actually cares about your single status, you can turn this around by using their network. Tell them you're not sure why you're single and ask if they want to help you. This could potentially get you a date with someone special. People love being matchmakers, so enlist their help if you trust them.

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Dating Advice: 5 Things He Must Have





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer their [dating advice](#) on what it is that a man needs to have before you attempt a relationship with them. Learn how you can win the right man over and stay happy with the following dating tips!

Dating Advice That Will Help You Find A Quality Man Without Settling

1. Must have vision. A man must be able to see a future with you for the relationship to get serious. Someone who can't imagine themselves with you long-term isn't the right person for you. Commitment is a goal you should both share and work toward. If there's no common vision, then what's the point?

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2. Must have a job. Any potential mate should have had a stable job at some point in their life. If you end up with a man who is inconsistently employed, then this can be a

telltale sign of what the relationship could be like. You don't want to worry about your partner all the time, so find someone who can take care of their self.

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3. Must have transportation. Depending on whether you live in a place that has reliable public transportation or not, you need to consider how important it is to you that a man have a car. It might be a red flag if he depends on you to take him places and run errands all the time. If a man doesn't have a car or license, it's at least important that he's responsible enough to arrange transportation when needed.

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4. Must have positivity. A quality man should have confidence, morals and be respectful towards you. If he has issues with people around him like family or friends, that could be a red flag that there is something wrong with his attitude. Don't settle for someone who exudes negativity or has other bad traits.

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5. Must have something going for him. You should find a man who has a hobby that keeps him busy. Someone that is clingy and has no interests is a person that will get bored and try to bring you down when you're not paying attention to them. Your mate needs to support your passion and vice versa for a successful relationship.

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Dating Advice: Who Should Pay For a First Date?



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Robert Manni to offer their [dating advice](#) on who should be paying for first date activities. Learn how you can handle this delicate situation with the following dating tips!

Dating Advice That Will Help You

Determine Who Pays On First Dates

1. Whoever asked first. It can go either way nowadays, but the person who made the first move and asked for the date should be the one to pay. And since men are usually the ones to ask for a date, the responsibility of paying tends to fall on them. It's also a nice touch if a guy picks up the check on the first date for first impression purposes.

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2. Give and take. If you feel uncomfortable letting a man pay on a first date, then make attempts to contribute in some way. Picking up the tab on a glass of wine or treating a guy to movie tickets are nice ways to get equal footing in a new relationship. This sets precedent on how payment will be handled on future dates without the awkward "who pays" discussion.

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3. Be thankful. Nobody wants to feel taken advantage of, so say thank you after someone takes you out on a date. Men in particular get frustrated when women expect to be taken out and aren't appreciative. So mind your manners and show you're grateful when taken out. The same applies when a man doesn't show appreciation after you pay for a date. If he can't say thank you, you don't have to be with him.

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Dating Advice: The Biggest Turn On's for a Man



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Dating Advice That Will Help You

Figure Out When To Settle Down With A Man You Like!

1. Flirting. This tip seems a little basic, but don't be afraid to flirt. It makes a man feel good and shows him it's okay to approach you in that way. Just think of how flattered you are when someone flirts with you. Return the favor and flirt with a man you're truly interested in. If you don't make the move, someone else will.

Related Link: [Dating Advice: How Long Should You Date Around, After You Meet a Man You Like?](#)

2. Sexuality. A man is attracted to someone who is confident in their sexuality. The woman who can exude her sensuality is sure to turn a man on. This factor is important for a man not because they're shallow, but because a man wants to know that intimacy is on the table if he chooses to pursue a relationship with you.

Related Link: [Dating Advice: How to Get Men to Fall into Your Lap](#)

3. Softness. Men are conditioned to be strong, so they appreciate when a woman is gentle and loving towards them. This helps a man open up to you and makes him want to be with you. Softness shows that he can trust you. So let your feminine energy flow and be open to holding your man the same way you like to be held.

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Dating Advice: How Long Should You Date Around, After You Meet a Man You Like?



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Duana Welch to offer their [dating advice](#) on when is the right time to stop dating around after finding a man you like. Learn how to win over the man of your dreams and keep him interested with the following dating tips!

Dating Advice That Will Help You Figure Out When To Settle Down With A Man You Like!

1. Note how you get involved. Are you mutually committed to each other? This doesn't just mean making a verbal commitment. Take note of how close you both feel to each other and how much time you actually spend together. Eventually, it will click that the relationship should become exclusive. Just be careful when it comes to rushing commitment, it confuses men, so wait for him to show interest.

Related Link: [Dating Advice: What Attracts a Man?](#)

2. Lay the truth out there. If you want to continue dating other people after finding someone you like, be honest with all your dates. Let them know that you're dating around and looking for a partner you can commit to. Laying out the truth gives you more leverage and keeps you from looking desperate. Hopefully the man you like returns your feelings and makes a move to advance the relationship. Men are hunters at heart, they want to earn your affection and beat out competition.

Related Link: [Single in Stilettoes Show: 4 Signs He Might Be a Player](#)

3. Don't shackle him. Going off of the last dating tip, don't try to force a man to be with you. Ultimatums don't work, and neither does manipulation. Both will backfire on you in the end. A man needs to freely offer himself to you to truly be yours. So be yourself and keep dating around until you find a man that wants to be with you for the person that you are. A man who won't put in effort isn't the right man for you.

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Dating Advice: 3 Dating Red Flags



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Joe Amoia to offer their [dating advice](#) on how you can spot red flags on the dating scene. Find out how you can score the man of your dreams and avoid the bad apples with the following dating tips!

Dating Advice That Will Help You See The Red Flags!

1. Be crystal clear. You need to know exactly what you need and want in a relationship. This way you'll be able to see the traits and values that don't align with your lifestyle, and will be able to steer away from those who exhibit those very things you don't like. You shouldn't compromise your essential needs, so be honest with a man upfront. If you don't tell him, he won't give you what you need, so be open and consistent.

Related Link: [Dating Advice: What Attracts a Man?](#)

2. Observe him. From the very first date, you should take a good look at the man's attitude. Watch how he not only interacts with you, but also how he treats other people- like the wait staff for example if you're at a restaurant. If he is condescending and rude, then that's a huge red flag because eventually it will catch up to you. Also take note of his past relationships. If family and friends don't want to be around him, that should tell you something.

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3. Man vs. Boy. Don't get swayed by presents and sweet words if you sense red flags from your date. A boy will throw a tantrum and be manipulative to get what he wants, while a man accepts what he is given. If at any point you feel that you're being forced for sex or something else you don't want to do, then chances are you're dealing with a boy. Find a man who already has integrity, you can't teach an old dog new tricks.

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Dating Advice: What Attracts a Man?



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to offer their [dating advice](#) on how you can effectively attract a man. Find out how you can score the man of your dreams with the following dating tips!

Dating Advice That Will Help You Attract A Man!

1. Appearance. Yes, men are visual- but it's not always about how you physically look. They care about how your attitude appears too. Men are attracted to positive energy, they want to see you smile and be happy. Nobody wants to be with someone who hates life. If you're currently working on your appearance, you should still date and attract men with your personality.

Related Link: [Dating Advice: How to Get Men to Fall into Your Lap](#)

2. Happiness. This goes along with the prior tip, but to elaborate- you shouldn't stop at only appearing to be happy. It's important that you actually are. Think about how pleasant you are when you're on a first date trying to make a good first impression. You need to carry this attitude into a relationship instead of getting comfortable and complaining all the time.

Related Link: [Dating Advice: 3 Ways To Be Irresistible To a Man](#)

3. Authenticity. Be who you are. The right people will be attracted to your authentic self. For this to happen, you need to know who you really are, your likes, dislikes and so much more. If you're faking what you want, you'll attract the wrong man. So save yourself and potential suitors time and be real. You'll be surprised at how many men will like what you have to offer.

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Dating Advice: How to Get Men to Fall into Your Lap



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to offer their [dating advice](#) on the best ways to make a man fall in love with you. Find out how you can make yourself irresistible to the opposite sex with the following dating tips!

Dating Advice That Will Make A Man Fall Right Into Your Lap!

1. Smile. This tip seems obvious, but it's often forgotten. The best way to attract a man is through smiling. It shows that you're approachable and enjoy life. Men like women who look happy, so work on your RBF if you can, and invite a man into your life with those pearly whites.

Related Link: [Dating Advice: Find True Love After 40](#)

2. Vulnerability. Men like to help women, it's in their nature. So ask for assistance from time to time instead of doing everything yourself. Showing your vulnerability is endearing and offers a place for a man in your life. You don't have to ask for anything big, it's as simple as asking a man to pick something heavy up for you.

Related Link: [Dating Advice: Manifesting the Right Man?](#)

3. Tension. Don't become clingy. Create some tension by allowing a man to enter "pursue" mode. He needs to miss you and make an effort to see you. If you're too available, it can be a turn off. So make time for other hobbies and don't overshare. Men like a good mystery, it's sexy- so give it to him!

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Dating Advice: Find True Love After 40



Suzanne Oshima
Matchmaker & Dating Coach
Single in Stilettos
Dream Bachelor & Bachelorette

Robert Manni
Author of
"The Guys' Guy's Guide to Love"

On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their best [dating advice](#) for true love after 40. Find out why it's easier to find love later in life and how you can find the man or woman of your dreams with the following dating tips!

Dating Advice That Will Help You Find Love After 40!

1. **Know yourself.** It all starts with confidence. Women and men

over 40 have established their identity. Having that inner knowledge of yourself will help you find long lasting love and a quality partner. These things just come with age, so don't fret if you meet someone later in life.

Related Link: [Dating Advice: The Girl He Won't Bring Home to Mom...](#)

2. Know wants. The same way you get to know yourself better later in life, you find out what you need most through experience. People who are age 40 and older just make wiser decisions. Prior relationships also help you figure out how to best deal with others.

Related Link: [Dating Advice: 3 Ways You're Sabotaging Yourself at Finding Love](#)

3. Know tech. It's easier than ever for people over 40 to meet and connect. The internet and electronic devices are tools that help bring singles together. Those in this age bracket can take advantage of these mediums to find love. If you're not familiar with tech, you should take time to learn.

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Dating Advice: The Girl He Won't Bring Home to Mom...



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their best [dating advice](#) on what to do when a man won't take you home to meet his mother. Find out the reasons why men hide women, and learn how you can prevent this situation from happening to you with the following dating tips!

Dating Advice That Will Help You Meet His Mom

1. Easy. If you haven't made a man earn your body, this will get you added to the booty-call list. Women who give up the "goods" easily are less likely to meet mom and other family members. A man takes a woman he genuinely likes and sees a future with back home. Give a man the thrill of a chase if you

want him to take you seriously.

Related Link: [Dating Advice: Are You Intimidating Men?](#)

2. Crude. Being yourself is important, but don't get too comfortable right away. Being crude, swearing and general messiness can repel a man and make him not want to introduce you to his mother. Take time to get to know him before you drop F-bombs and risque jokes. You have no control on how these factors will be perceived.

Related Link: [Dating Advice: First Date Do's and Don'ts](#)

3. Aggressive. Men don't like seeing women with bad attitudes or mean personalities. If a man wants to sleep with you, then he'll put up with the unpleasantness, but if he is looking for something serious then he won't tolerate it. Women who are "bitchy" don't get to meet mom, so be careful with this- and just be a nice person.

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Dating Advice: Are You Intimidating Men?





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Wendy Newman to offer their best dating advice on how to attract a man. Learn how you can be intimidating to men and how you can prevent these behaviors in the dating scene. Here are three great ways to improve your love life with the following dating tips!

Dating Advice That Will Help You Be Less Intimidating

1. Saying "I got this." Being independent is a good thing, but waving your self-sufficiency in front of a man's face shows that you don't need them. A man wants to feel needed, like he has a place in your life and can take care of you. Let him pay for a meal, pull out your chair and help you with errands.

Related Link: [Dating Advice: 3 Ways To Be Irresistible To a Man](#)

2. Not having a place. Men like to provide, it's in their

nature. Find a way to let a man contribute to your life, whether it be as a breadwinner or confidant. If you show any sign that you don't have a place for a man in your life, any potential partner will lose interest. Show him that you want him as much as you want him to want you.

Related Link: [Dating Advice: Manifesting the Right Man?](#)

3. Don't be demanding. Sure, a man wants to feel wanted and needed, but he also doesn't want to be treated like a slave. Make sure you're not too demanding or asking for help all the time. You want to be high performance, not high maintenance. A man wants to be satisfied, not overwhelmed by upkeep.

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