

# Single Celebrity Parents: Balance Your Career & Parenting Like Sandra Bullock



By [Bonnie Griffin](#)

One [single celebrity parent](#) who seems to have it all figured out when it comes to being a full-time actress and mom is Sandra Bullock. According to *RadarOnline.com*, Bullock was already helping raise her three stepchildren in her previous marriage when she decided to adopt her baby boy from New Orleans. Bullock handled her quickly changing family situation and becoming a single mom with grace, making a smooth transition into her role as a single celebrity mom.

# **This single celebrity parent balances working full-time as an actress in the public eye. What are some ways to balance being a full-time single parent and a full-time career?**

## **Cupid's Advice:**

Trying to balance work and being a single parent can be the most difficult job of them all. Spending time away from your child to work, then coming home to take care of them and provide a happy, healthy home can be a lot to juggle for anyone. Cupid's has some [parenting advice](#) to help you balance work and parenthood:

**1. Find your support system:** Being a single parent doesn't have to mean you are all alone. Everyone needs support, whether it be someone to listen when we need to vent or to lend a helping hand. This includes single parents. Reach out to family or friends and find people who are willing to listen and occasionally pitch in when you need some time for yourself.

**Related Link: Parenting Tips:** [Apply Research to the Practice of Parenting](#)

**2. Take care of yourself:** It is easy to focus all your energy on making sure your children eat well and take their vitamins so that they are healthy, but it's not as easy to remember to take care of yourself. If you are going to pull double-time working and being a single parent, taking care of your own health is essential so that you can care for your child and not wind up completely worn down and exhausted. Your health

will help you keep up with your busy career and allow you to be the best parent you can be.

**Related Link:** [Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work](#)

**3. Have a backup plan:** The unexpected can happen to anyone. We would all love to ditch work and take care of our child anytime they are sick or don't have school, but that isn't always realistic when you're working. It is important to have a plan for what to do when something happens out of the ordinary, like losing a job or handling work when you have a sick child. Having a friend, neighbor, or family member as a backup for childcare when you cannot take your child to daycare or school will help you balance work and parenting. Folks in the IT world know that passing the Cisco 200-125 test to get the [ExamSnap's Website](#) credential can make all of the difference. Other parents simply go back to school to find what they love to do.

**What are some ways you balance being a working parent? Let us know in the comments below.**

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## **Celebrity News: Halsey Responds to Rumors She's Dating John Mayer**





By [Ivana Jarmon](#)

Singer Halsey has put a stop to romance rumors, *EOnline.com* reports. In [celebrity news](#), Halsey wants fans to know there's no blooming romance between her and fellow singer John Mayer. The two [single celebrities](#) started rumors after openly flirting on Instagram. The singer shut down romance rumors with a single tweet: "I just had a ground-breaking idea. What if...we let female artists ...have friends...without assuming that they are sleeping together?" she wrote. "I know, I know. It's like, completely ambitious but like, imagine if we like, tried?" This comes shortly after her [celebrity break-up](#) from G-Eazy. Mayer has been in a number of [celebrity relationships](#) with numerous women such as [Jessica Simpson](#), Jennifer Love Hewitt, [Taylor Swift](#) and more.

**In celebrity news, Halsey denies she's dating John Mayer with a**

# snarky remark on social media. What are some ways to shoot down false rumors about your relationship??

## Cupid's Advice:

Rumors have a way of catching fire once lit; it's information that can't be trusted. Rumors give room for doubt in a relationship. Cupid has some ways to shoot down false rumors about your relationship:

**1. Confront the source:** If you know who spread the rumor, you should talk to them. Be civil and keep your head high and talk to this person honestly. If you don't want to face them alone bring a few friends. Don't put yourself in harm's way or a dangerous situation if you know that talking to this person in question will try to do you no good.

**Related Link:** [Celebrity News: Find Out Why Danielle Jonas Missed Priyanka Chopra's Bachelorette Party](#)

**2. Broadcast the rumor:** Verbalize the rumor in a bold way. By acknowledging the rumor, you're taking away some of its power. People spread rumors to gain social status and they only have that if they have the inside scoop. By broadcasting their inside info, this person loses credibility and motivation to spread the rumor. Because Everyone will already know. Sometimes talking about is the easiest way to prove how ridiculous the rumor is.

**Related Link:** [Celebrity Break-Ups: Kaitlyn Bristowe Reveals Shawn Booth Forgot Their Anniversary Last Year](#)

**3. Take action:** Having vicious rumors spread about you isn't fun, but if you can get the person who spread them in trouble it can make you feel better about the situation. If rumors are being spread about you at school and you know exactly started



the rumor, go to an adult, teacher or adviser. If you're an adult and have rumors being spread about you and the lies have cost you, for example, your business or mental health and know who it is, seek legal assistance.

**What are some ways to shoot down false rumors about your relationship? Share your thoughts below.**

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## **Celebrity News: Kourtney Kardashian Spotted Out with Luka Sabbat**



By Ivana Jarmon

In [celebrity news](#), [Kourtney Kardashian](#) has been spotted with Luka Sabbat, 20-year-old *Grow-ish* star. The two [single celebrities](#) were spotted on Friday, stepping out for dinner at *The Nice Guy* in Los Angeles. The pair were seen having dinner and drinks as they chatted for hours waiting for friends to arrive. According to a source for *EOnline*, “They seemed to be really bonding and having fun.” The pair also both attended the grand opening of *Tao Chicago* nightclub the following Saturday, with Sabbat attached to her side the entire night. Kardashian met Sabbat through her younger sister [Kendall Jenner](#). A source says, “They are spending time together and its casual for now, she’s having fun and not taking anything too seriously.”

**In celebrity news, Kourtney Kardashian may have a new love interest. What are some ways to keep things casual at the beginning of a relationship?**

#### **Cupid's Advice:**

Does anyone really know how to keep things simple when love could be on the line? Cupid has some tips on how to keep things casual at the beginning of a relationship:

**1. Be comfortable, but don't get comfortable:** A casual relationship allows you to spend time with someone you are attracted to and sincerely like being around. But aren't ready to share your secret stash of voodoo dolls with. You should be able to have fun, keep things light. Don't talk about anything too deep. Just enjoys each other's company.

**Related Link:** [Celebrity Exes: Drew Barrymore & Justin Long Are 'Spending Time Together' 8 Years After Split](#)

**2. Keep your emotions on a leash:** Emotions are a crazy thing. It's easy to believe at times that you've fallen in love with this person. If this happens spend some time apart and see how you feel afterward. If you find yourself getting jealous either tell them or get out as soon as possible. Don't be ruled by your emotions in a casual relationship.

**Related Link:** [Newly Single Celebrity Kendra Wilkinson is 'Excited' to Start Dating Post-Divorce from Hank Baskett](#)

**3. Be honest with yourself:** Are you ok with casual? Are you ok with seeing other people? Are you looking to be in a relationship? Make sure you ask yourself these questions. Because you don't want to end up in a casual relationship when you want something more. And yes, it could turn into more, but what if doesn't? Are you ok with that? Be sure that you know what you want before jumping into a casual relationship.

**What are some tips on how to keep things casual at the beginning of a relationship? Share your thoughts below.**

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# **Celebrity Break-Up: Corinne Olympios Is Single Again After Announcing New Relationship**





By [Karley Kemble](#)

Just two weeks after announcing her new relationship, Corinne Olympios is back on the market. The former *Bachelor* hopeful was dating a Los Angeles area relator, but the pair has endured a [celebrity break-up](#), reports [UsMagazine.com](#). This [celebrity news](#) is a shock to fans, as Olympios said things were going well when she first spoke out about her now-ex. The reality star apparently in good spirits about her current relationship status, and shared the qualities she's hoping to find in a future partner: "I'm just looking for someone who's, like, chill and relaxed, supportive, cool," she said. "We don't need to rush into anything." Hang in there, Corinne!

## Corinne Olympios just went through

# another celebrity break-up very soon after announcing her relationship. What are some ways to know if your new relationship will last?

## Cupid's Advice:

When you begin a relationship, there's always an element of uncertainty. Sometimes, you just know when somebody's going to be around for longer than a few dates. Here's what Cupid has to say:

**1. They're eager to be with you:** Everyone's busy to some extent. However, it is important to recognize the difference between *not having* time and *making* time. If your partner seems super eager to spend a lot of time with you, and never (or very, very seldom) postpones plans, that is very telling! Even better: when the time they want to spend with you is thoughtful or seemingly mundane (i.e. offering to tag along with you while you run errands.)

**Related Link:** [Celebrity News: Find Out What Corinne Olympios Remembers from Night of 'Bachelor in Paradise' Incident](#)

**2. They take a genuine interest in your life:** When others might brush you off and seem indifferent about something small that excites you, your new partner shares the new excitement with you. They love hearing you talk about the details of your life – big and small. The same goes for you, too. If you're excited to learn all there is to know about them, you might just have yourself a lasting relationship!

**Related Link:** [Celebrity News: Controversial 'Bachelor' Alum Corinne Olympios is Headed to 'Bachelor in Paradise'](#)

**3. They listen (and remember!):** We can all tell if somebody is *actively* listening and *genuinely* caring. Perhaps you mentioned something in passing, and they bring it up later. That's a really, really good sign! It shows that they care about you and all that you have to offer!

**How could you tell if your relationship was going to last?**  
**Comment below – we'd love to hear from you!**

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## **Single Celebrity: John Mayer Tries to Score a Date with David Foster's Daughter on Instagram**





By [Marissa Donovan](#)

[John Mayer](#) seems to be searching for his next romance! The *Love on The Weekend* singer left a comment on David Foster's [Instagram](#) picture asking if he suggest him to his daughter Erin. Foster has yet to make a public comment about Mayer's remark. After breaking up with [celebrity ex](#) Katy Perry, the singer reflected on their relationship with song "Still Feel Like Your Man." According to [UsMagazine.com](#), the singer has clearly moved on and is scoping out his next romance.

**This [single celebrity](#) made one bold move! What are some ways to utilize social media for dating purposes?**

#### **Cupid's Advice:**

Over the recent years, dating has gone digital and has changed our ways of meeting new people. Here are some ways to use social media for dating purposes:

**1. Download apps:** Dating apps can be a hit or miss when it comes to dating someone. Some people get lucky and meet someone, while others find themselves mindlessly swiping. Before downloading any dating app, do your research on one you may be interested in and see how you can create a dating profile that others will be interested in.

**Related Link:** [Celebrity Exes Katy Perry and John Mayer Spark Latest Celebrity Gossip By Spending Super Bowl Together](#)

**2. Create a dating resume:** Get creative and humorous with you love life by making a funny, yet charming dating resume. According to *NYPost.com*, a student from Michigan State University created one and it apparently had a successful response. You can also come up with another creative concept that can help boost your dating game.

**Related Link:** [Celebrity News: Is John Mayer's New Song 'Paper Doll' about Taylor Swift?](#)

**3. Direct message:** Mayer is not the only one that's used Instagram for getting girls. According to [People.com](#), Justin Bieber directed message a gym's Instagram account by asking for a girls name in a photo they posted. Although this may seem like the easiest avenue to try dating, use with precaution! Direct messages can often come across as creepy if you have never met the person. If you've met person you are messaging, then it may be okay to send a flirty message.

**Who do you think John Mayer will date next? What [dating tips](#) would you give him? Let us know in the comments!**

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# Single Celebrity: Katy Perry Talks Unrequited Love and Shower Sing-Offs With Exes



By [Marissa Donovan](#)

[Katy Perry](#) is sounding off on her music and experiences with love these days. According to her interview with [WMagazine.com](#), the pop singer shared that she often sings in the shower and has enjoyed sing-offs with her [celebrity exes](#) in the shower as well. Her new song "Save As Draft" is one of the many from her collection that expresses her love life. She shared in the interview that her personal songs are about people she's no longer dating or have unrequited love.

In [celebrity news](#), this [single celebrity](#) is willing to express all the love that she's experienced. How can you express past or current relationships that you have had with partners?

#### **Cupid's Advice:**

For some it can be hard to express exactly what is happening or happened in a relationship. Communicating your feelings by talking can be a struggle a times. Here are some ways to can express your current or past relationships that you have had with partners:

**1. Keep a private journal:** Write down list of thoughts or write paragraphs of what your currently experiencing romantically. You can write about your past relationships, current relationship, or people you would like to be with. If you have problems with trusting other by telling them feelings, you can at least write out what you feel.

**Related Link:** [Celebrity News: Diplo Fires Back After Katy Perry Knocks His Bedroom Skills](#)

**2. See a couples counselor:** You do not have to be in a relationship to seek advice from an expert. A couples counselor are welcoming to those who want to express their love lives and might also want help. Trying searching for one and see what type of guidance they can provide for you.

**Related Link:** [Celebrity Break-Up: Katy Perry & Orlando Bloom Break Up After 10 Months Together](#)

**3. Listen to music:** If you can't put your thoughts in to

words, then try searching for music on Youtube or Spotify. Both websites may know of songs or musicians that have produced songs in your field of current emotions. You might even find a Katy Perry song that describes what your going through!

What are some other ways you can express your feelings about your current love life? Let us know in the comments!

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## Single Celebrities: Bella Hadid Has Had Enough Of Dating Rumors





By [Marissa Donovan](#)

Bella Hadid is tired of all the dating gossip! According to [Papermag.com](#), the supermodel tweeted that she is in a committed relationship with ... herself. Hadid has previously been linked with DJ Daniel Chetrit and Jordan Barrett, but she also claimed that both of the men were just her best friends. After her [celebrity break-up](#) from The Weeknd, many people have been quick to pair her up with her male friends! It looks like his runway star is enjoying walking solo for the time being.

**In [celebrity news](#), this [single celebrity](#) is tired of the rumors about her dating her friends. How can you clear the air of dating rumors about you and your friends?**

**Cupid's Advice:**

People may assume your super close friendship is a relationship. Sometimes this happens more than we would like it to! Here are some ways to clear the air of dating rumors:

**1. Post on social media:** Like Bella, let the world know how happy you are being single! All your other friends and rumor starters will see that you are not dating anyone, especially your close friends.

**Related Link:** [Celebrity Exes: Find Out How Bella Hadid Feels About The Weeknd & Selena Gomez's New Romance](#)

**2. Have your friends speak up:** Let your close friends know that the rumors are bothering you. As your friends, they will most likely be fine telling people that you are not a couple.

**Related Link:** [Celebrity Couple Bella Hadid & The Weekend Call It Quits After Almost Two Years](#)

**3. Keep mingling:** If you are seen with different people outside of your close friends, nobody will know who to connect you with. It's best to ignore the rumors by hanging out with your close friends and other people as well. It's good to keep them guessing!

How would you handle dating rumors while your single? Let us know in the comments!

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## Celebrity News: Blac Chyna Confirms She's 'Single' and



# ‘Happy’



By [Marissa Donovan](#)

According to [UsMagazine.com](#), Blac Chyna posted a photo on her Instagram account sharing that she is single and happy. The model has since deleted the photo, but still seems to be in high spirits by spending quality time with her children and focusing on her *Lashed* cosmetic line. Although Chyna and Rob Kardashian were spotted in Disneyland on Father's Day, the two seem to be co-parenting their daughter Dream.

**In [celebrity news](#), Blac Chyna proves you don't have to be in a**

# relationship to be happy. What are some benefits to the single life?

## Cupid's Advice:

Staying single has many benefits that people often forget while being in a relationship. Here are the highlights of why being single is awesome:

**1. You can have more nights out with friends:** Having a partner can sometime rule out fun with friends due to obligations you've made. Being single allows for more fearless adventures!

**Related Link:** [Learn How Celebrity Exes Blac Chyna & Rob Kardashian Are Co-Parenting and Working on Themselves](#)

**2. You can enjoy time to yourself:** Allow this time to go soul searching for what you really want out of life. Being single can also be great for quiet time alone without interruptions. Enjoy discovering a side of yourself by [traveling](#) or learning new activities.

**Related Link:** [New Celebrity Couple: Rob Kardashian is Dating 'Bad Girls Club' Star Mehgan James](#)

**3. You can sleep better:** According to a survey by [Amerisleep](#), single people get 7.13 hours of sleep, which is more than those who are engaged or married! Having a good night sleep will increase your mood and make you happier!

**What are some other perks in being single? Tell us in the comments!**

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# David Foster Talks Life After Celebrity Divorce from Yolanda Hadid



By [Whitney Johnson](#)

Music producer David Foster recently opened up about his [celebrity divorce](#) from *Real Housewives of Beverly Hills* alum Yolanda Hadid and revealed that being single in his sixties is better than expected. According to [UsMagazine.com](#), in a recent interview with *Vanity Fair*, Foster candidly said, “I tend to go from marriage to marriage – leaving one wife for another. This is the first time in my adult life that I’ve been single. It’s a very powerful feeling, but I’m not used to it.” The former [celebrity couple](#) first announced their split in

December 2015, and Hadid officially filed for divorce the next month.

## **This celebrity divorce proves that being single is a “powerful feeling.” What are some ways to embrace being single?**

### **Cupid's Advice:**

For many people, it's tempting to jump from relationship to relationship, but sometimes, the best thing is just to focus on yourself. Take time to get to know who you are and what you want out of life. Whether you're recovering from heartbreak or happily enjoying your alone time, check out this love advice for three ways to embrace being single:

**1. Be selfish:** When you're in a relationship, it's important to compromise, but when you're single, it's okay to make it all about *you*. Watch your favorite movies. Read your favorite books. Spend your time however *you* want to spend it – and don't feel bad about it! Do whatever makes you happy.

**Related Link:** [Yolanda Foster Files for Celebrity Divorce from David Foster](#)

**2. Focus on your non-romantic relationships:** It's easy to let your friendships fall to the wayside when you're in love and wanting to be with your boyfriend 24/7. Now is the time to rebuild those relationships. Make an effort to grab coffee with an old college friend or throw a dinner party for your best girlfriends.

**Related Link:** [Celebrity News: Yolanda Foster Says Ex David Foster 'Probably Saved My Life'](#)

**3. Set new goals:** Instead of wallowing in self-pity and loneliness, use this opportunity to better yourself. Professionally, go after that promotion at work, or if you're unhappy in your current job, look for a new one. Personally, train for a half-marathon, paint your bedroom a cheery yellow, or start writing that book. Just because you don't have someone by your side doesn't mean your life can't be happy and fulfilled.

**How do you embrace being single? Share your love advice in the comments below!**

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## **January Jones Opens Up About Being a Single Celebrity Mom**







By Justin Thomas

In a recent [celebrity news](#) from [Red Magazine](#), *Mad Men* actress and proud [single celebrity](#) January Jones opened up about the only (little) man she needs in her life. That, of course, being her 5-year-old son, Xander. She has never revealed the identity of Xander's father to the public, saying that that information is strictly the business of her son. Jones, 38, said something a lot of modern day single moms might need to hear: "It's good to have strong women around a man. To teach him to respect women. He doesn't have a male person in his life saying 'don't cry' or 'you throw like a girl.' All those s—ty things dads accidentally do." She went on to say, "I just don't feel I need a partner. Do I want one? Maybe. But I don't feel unhappy or lonely,".

**This single celebrity is totally fine being alone! What are some**

# ways to embrace your single lifestyle?

## Cupid's Advice:

It can sometimes be hard to walk in a single person's shoes but it doesn't always have to be. Here are some tips to help make the stride a little easier:

**1. Single doesn't mean alone:** Keep family and friends close to you heart. Make sure you make and spend time with loved ones. Don't underestimate the value of family and friendship and all of the love and support they offer. We all get by with a little help from our friends.

**Related Links:** [Think You Need a Man at Your Side? Think Again!](#)

**2. Enjoy your own company:** Learning to enjoy your own company isn't just important for single people; it's essential for everyone. From the social media crazed world we live in today to the office to the local mall, we're surrounded by people from every angle. Getting that alone time can help you not only rejuvenate, but also to learn a lot about yourself. Maxwell Maltz said it best: "If you make friends with yourself, you will never be alone."

**Related Links:** [Single Celebrity Susan Sarandon 'Trying to Figure Out' the Single Life](#)

**3. Stay positive:** Whether you're single and looking, not looking, open or not open to a relationship, it's still important to keep a positive attitude about life. No one likes a cynic. Remember there's so much in life to appreciate aside from relationships.

**What are your thoughts on being satisfied and single? Share your opinion below!**