

# Celebrity News: 10 New Celebrity Moms



By [Jessica Conigliaro](#)

Becoming a parent is one of the greatest accomplishments in life. For celebrities who have already achieved so much, having a child is a blessing. They become more relatable to the public—and are seen in a completely different light. From this point on, they are captured walking around town with the baby stroller and diaper bag—and they wouldn't have it any other way. Here is a list of the latest celebrity parents, and soon-to-be parents:

## Halle Berry

The well-known actress announced she is expecting a baby boy with French actor Olivier Martinez. The happy couple has been engaged since 2012. This will be the second child for Berry and the first for Martinez. Berry had her first child, Nahla Ariela Aubry, with ex Gabriel Aubry in 2008.

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## Kim Kardashian

After finding out about her pregnancy a few months ago, Kim and Kanye are starting to pick out their baby's fashion trends. Aside from her daughter's fashion, Kim has been upping her pregnancy fashion as well. She has been rocking the baby bump with fashion—and getting praised by her fans for staying trendy.

## Jessica Simpson

Jessica Simpson is getting prepared to have baby number two.

She confirmed her pregnancy last December and celebrated her baby shower on Sunday, April 15 with close friends and family. Simpson gave birth to her daughter Maxwell last year and will soon have both her hands full.

### **Malin Akerman**

The *Rock of Ages* actress welcomed a baby boy on Tuesday, April 16<sup>th</sup>. The Swedish Canadian actress and model is now a first time mother to Sebastian Zincone, born on April 16. Malin and hubby Roberto Zincone tied the knot back in June 2007.

### **Ashley Arnold**

Actor and comedian, Tom Arnold and wife Ashley Arnold were thrilled to have yet another reason to feel successful in life. Their new son, Jax Copeland arrived earlier last month. After failing several times to conceive, the couple was beginning to think having a child wouldn't be possible for them. They were more than delighted to hear the news they were expecting!

### **Jenna Bush Hager**

Former President George W. Bush is now a grandfather! Jenna and husband, Henry Chase Hager announced they were expecting last December. Jenna gave birth to Margaret Laura "Mila" Hager, named after both grandmothers, earlier last month.

### **Kerri Walsh Jennings**

Volleyball player Kerri Walsh Jennings is now a proud mother of three. She and husband Casey Jennings have 2 sons together named Joseph Michael, age 3 and Sundance Thomas, age 2. Jennings gave birth to a baby girl, Scout Margery last month.

### **Heather Morris**

Glee star Heather Morris is now expecting her first child—an unexpected joy for her and Taylor Hubbell, father of the baby.

The couple began dating in 2008 and just recently began living together in Morris' Los Angeles home in early 2012.

## Beverly Mitchell

The former *7th Heaven* actress and her husband Michael Cameron welcomed their first child, a daughter named Kenzie Lynn on March 28th. Just a few days after giving birth, Mitchell tweeted about how much she loved to spend time with her new bundle of joy.

**Related:** [5 Date Ideas Created Just for Moms](#)

## Shiri Appleby

Appleby, actress in the HBO series, *Girls*, and her fiancé, Chef Jon Shook announced they were expecting last December. She gave birth to a baby girl, Natalie Bouader Shook on March 23rd.

Who is your favorite celebrity mom? Share your thoughts below.

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# Shiri Appleby Welcomes a Baby Girl



 By Meghan Fitzgerald

Shiri Appleby and fiancé, Jon Shook spoke to [UsMagazine.com](#), confirming the [birth](#) of their little baby girl March 23rd in Los Angeles! Of her daughter, The *Girls* star stated, "She's heaven. I'm beyond thrilled." [Huffington Post](#) reported that the [couple](#) decked their baby's room with a chandelier, rug, and are now looking

for drapes. The couple refused to release the gender of their [baby](#) until now!

**How do you prepare to welcome a baby girl versus a boy?**

**Cupid's Advice:**

Preparing for a child is stressful. Not only is it stressful, but it obviously needs a lot organizing and preparing. When preparing for a baby girl versus a baby boy, you may have to prepare differently. Most importantly, you need to be ready for pink! Pink everything ladies and gentleman! Cupid has some more advice:

**1. Pink:** Parents-to-be, if you are welcoming a baby girl, be prepared for a mess full of pink. Even if you do not supply the pink, your baby shower sure will. Your baby girl will soon be decked out in all pink attire, so be prepared. Also, the color of the room will need to be gender-specific. When preparing for a baby girl, that color is hands down pink. [Parents](#), go buy some paint and start with those walls!

**2. Safety:** Preparing for a [child](#) is frightening, the amount of work you need to put into your house safety is substantial. It may seem obscure at first, however when your baby girl arrives, you will soon know why locks are necessary. Talk to other parents on how they safety proofed their house, or look in parenting magazines! Once your house is safe, your baby girl is prepared to come inside the home.

**3. Childbirth:** Childbirth is one of the main things to prepare for when welcoming a baby girl. Birthing classes are ideal for new [mothers](#)-to-be. It will teach you breathing methods, different ways to position yourself and control contractions. Learning how to undergo childbirth will prepare you to welcome a new baby girl.

**How did you prepare for a girl versus a boy? Explain your**

experience below!

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# Shiri Appleby Dishes about New Web Series 'Dating Rules From My Future Self'



By [Lori Bizzoco](#)

It's easy to ask others for dating advice, but sometimes you have to listen to your gut and do what makes you happy. Shiri Appleby (*Roswell/Life Unexpected*) shared that tip with us as we discussed her role on the new web series, '*Dating Rules From My Future Self*'. The series, also starring Taylor Kinney (*Vampire Diaries* and Lady Gaga's current beau), is about a young 27-year-old woman named, Lucy Lambert who starts getting text messages from herself 10 years in the future. The messages warn her about her dating strategy. She soon realizes that the man she is about to marry, isn't the one for her and she must change her life. If only there was an app that would allow us to get advice from our older, wiser self! Well, according to Appleby that may not be a good thing.

Below Appleby gives us the scoop on her new series, and how it relates to her personal life. She also shares some great dating advice with our visitors.

**Tell us more about the show. How does a web series differ from television?**

Related: [Former 'Roswell' Actress Shiri Appleby Debuts Web](#)

## [Series on Dating](#)

It doesn't feel any different from my end. The good thing is that people can watch it at their leisure from their computer and there's an opportunity for it to go viral.

**Does 'Dating Rules' compare to your current love life? Do you relate to Lucy?**

Yes, I relate to Lucy because as I've gotten older, I've realized that if I stop asking everyone else what they think I should be doing with my love life and I just ask myself, I always end up the happiest. For example, when I think about choosing between A and B, I stop and ask myself what do I really need in my life? If I'm really honest with myself I always pick the choice that makes me the happiest. When you doubt and ask everyone else what to do, you get really confused and end up in situations that don't make you feel comfortable. In the show, Lucy starts to understand herself and you see how she blossoms as a woman.

**Do you wish that you had the opportunity at one point to get future text messages like Lucy does?**

No, I don't think so. It would be great, but at the same time you learn a lot from your mistakes and why you chose to date someone. Going through the experience is important because whether it's positive or negative, it helps you to understand what you want in the future.

**What message do you think the show is trying to send out to viewers?**

It's a show about friendship and realizing how great it is to grow up with true girlfriends that you can ask honest questions to. It's also telling woman that it's okay to ask for what you need and to figure out what it is that you need.

And, how do you get that? You usually get that from listening to yourself.

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**What do you think was the motivation to create a show like this?**

It's important to create something that people will be entertained by, but if you have the opportunity you want to put a good message out there also, especially to young woman.

**Do you have any relationship advice you can share with our visitors?**

Yes. My advice is that it's not supposed to be as difficult as we make it out to be. The best thing you can do is to kill the idea of what you think you need or want. If you get rid of those preconceived thoughts, then you will be able to find the thing that you actually do need vs. what you think you need. Once that happens, you will discover that what you need is a best friend and the list you once had for finding a partner will feel like nonsense.

**How about your own dating life?**

Yes, I'm in a great relationship – it's really nice.

**Before we go, can you tell us about the book you're writing?**

Yes, it's really exciting. I am writing a book about how I've found myself and I tell it through all of the guys I've dated. I'm taking it to publishers at the end of this month. Hopefully it will be a good read.

*For more information about Shiri Appleby you can find her on Facebook or follow her on Twitter @shiriappleby. Dating Rules From My Future Self premiered on January 9, 2012. New episodes will air every Monday, Wednesday and Friday.*

**CupidsPulse.com wishes Shiri lots of luck on your new show and book! Would you want to get messages from your future self? Tell us in a comment below.**

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# Former 'Roswell' Actress Shiri Appleby Debuts Web Series on Dating

Shiri Appleby, 33, made us fall in love with her when she was on the hit alien show, *Roswell*. Now she is teaching us how to fall in love with ourselves before finding the right partner. Staying true to her acting roots, Appleby will be starring in a new web series, *Dating Rules For My Future Self*.

Appleby's character works up the courage to not marry her boyfriend after receiving a text message from her future self.

Through dating, she finds what makes her happy in a relationship and as a single gal, according to [YourTango](#). We definitely look forward to taking dating advice from this girl, who has been in a happy one year relationship.

## How do you take control of your love life?

### Cupid's Advice:

Being in a relationship is a 50/50 commitment, but that doesn't mean that you have to lose control of who you are.

When dating, you have to be able to have the courage to say "no" to what you don't want and say "yes" to new experiences:

- 1. Date on your terms:** Date when you're ready, and date who you want to. Don't necessarily rule out blind dates, but don't force yourself to look for love where it isn't a chance of it happening.

- 2. Know when to say "no":** Sometimes we get comfortable with a



partner and are scared to let go when we feel that the relationship is not going right. If you're not happy, the relationship will fail.

**3. Say "yes":** Don't turn down the chance to go on a date with someone you probably wouldn't have thought of getting to know. If you're in a relationship, don't be afraid to say "yes" to trying new things to keep your love life fresh.

**How do you take control of your love life? Share your thoughts below.**