

# Shannen Doherty Says Married Life Is 'Phenomenal'



Shannen Doherty is chronicling her wedding planning process in a new reality show called *Shannen Says*, which premieres Tuesday, April 10, at 10 p.m. ET on WE tv. According to [People](#), the actress is truly enjoying life as a newlywed. "Things couldn't be better.

Married life is amazing, and I can only say that because of my partner, because of Kurt," said Doherty. The actress has been married twice before, but both marriages were short-lived. "Marriage to me is such a gigantic commitment that it's not something I'd ever go into lightly anymore," she added. "I've learned my lesson."

**What changes do you need to prepare yourself for when you get married?**

**Cupid's Advice:**

Getting married is one of the biggest changes you will experience in your life. Here are some ways to prepare:

**1. Living together:** Living together first isn't a requirement, but it's doesn't hurt to practice for marriage by cohabiting. You'll learn about each other's quirks and habits.

**2. Having a second half:** Marriage is a union that binds you to someone for better or for worse. You will always need to consult your partner before making any major decisions.

**3. Making time:** Spending quality time with your partner is important when dating, but it's even more important once you've tied the knot.

**Should marriage be considered a sacrifice? Share your opinion below.**

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## Shannen Doherty Gets Married





*Beverly Hills, 90210*

actress Shannen Doherty married photographer Kurt Iswarienko on Saturday, reports [People](#). Doherty, 40, and Iswarienko, 37, were married on a private hillside estate in Malibu. Doherty has been married twice before, to actor Ashley Hamilton and Paris Hilton sex-tape costar Rick Salomon. “Marriage to me is such a gigantic commitment that it’s not something I’d ever go into lightly anymore,” said the actress in an interview last year. “I’ve learned my lesson.”

**How can you increase your chances for a successful marriage?**

### **Cupid’s Advice:**

The divorce rate has skyrocketed in recent years, and the percentage of marriages that end in divorce is only increasing as time goes on. Here are a few ways to make sure that you and your partner last:

**1. Have similiar goals:** Before tying the knot, make sure that you and your partner have similar goals. You may be perfect for each other now, but in 10 years you may not be. Make sure that you both wish for similar things in life.

**2. Be forgiving:** Everybody makes mistakes, and your partner is no different. Every marriage has its ups and downs, and you will have to be forgiving in order to make the marriage last.

**3. Think it through:** If you love your partner but are unsure about marriage, it's okay to take the relationship slow. Don't feel pressured into a marriage. Take your time, and be completely confident in your decision before tying the knot.

**How do you keep your marriage healthy? Feel free to share your experience in a comment below!**

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## Tori Spelling Offers to Plan Shannen Doherty's Wedding



Tori Spelling has taken her wedding planning to the next level by offering a

helping hand to former 9021 co-star Shannen Doherty, according to [People](#). Spelling, who has been keeping busy with her new show *Tori and Dean: sTORIbook Weddings*, would like to help Doherty plan as part of a yet-to-be-titled WE TV series next year. Spelling was approached by ET Canada about whether or not she would be interested in helping Doherty with her wedding, and Tori quickly replied “I’ll do the wedding” although she doesn’t know what kind of wedding she wants.

Whatever her friend may want, Tori Spelling is up for the challenge!

## **How can you include your friends in wedding plans?**

### **Cupid’s Advice:**

Even though your wedding is your special day, it can also be a good idea to include your friends in your wedding plans in order to take some of the stress off of yourself and your family. Cupid has some ideas:

**1. Theme suggestions:** The theme of your wedding is something that everyone who attends will remember, and it sets your big day apart from everyone else’s. Have a brainstorming session with your friends, and make it into a party.

**2. Opinions:** Yes, your special day is “all about you”, but if you don’t want to be a birdezilla, let your friends share their thoughts on the wedding plans without totally shutting them down. Show that you care about what they have to say and actually listen.

**3. Bridesmaids dress selection:** The one thing every bridesmaid dreads is having to wear a hideous dress that gets stuck in the back of her closet, never to be seen again. So instead of forcing your friends to wear something just to make you happy, why not allow them to have some say in what they will wear?

**Do you have any ideas on how you can include your friends in wedding plans? Share your thoughts below.**

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# 90210 Star Shannen Doherty Still Believes in Marriage



“When the going gets tough, you don’t get going – you hang on.” That’s former *90210* star Shannen Doherty’s take on marriage anyway.

According to [People](#), Doherty refuses to give on marriage despite two failed marriages and one unsuccessful engagement.

However, the actress says she is no longer naïve when it comes to the hard work behind a marriage. She explains, saying, “You have to go in with your eyes wide open and realize that it’s probably going to take a lot of work and maybe some couples’ therapy perhaps.”

**How do you keep your faith in relationships after a break-up?**

**Cupid’s Advice:**

A bad break-up can have anyone promising themselves that “this will be the last time.” However, Cupid has an idea or two about regaining your faith in relationships:

**1. Live and learn:** Take each relationship’s end as a lesson for the future. Walk away with a few pointers you didn’t have before in order to stop you from making the same mistake twice.

**2. Disregard the lover, not the love:** Love isn’t the one who has wronged you. Blaming relationships for what you’re currently feeling is misplaced anger. Remind yourself that love never fails; only lovers do.

**3. It’s never too late:** There is no deadline for finding “the one.” Appreciate each relationship for the happiness it brings to your life, and keep an eye out for Cupid’s arrow.