

Celebrity Parents: Struggling with Postpartum and Recovery Tips



By [Bonnie Griffin](#)

When you have a baby it's the happiest time of your life... until it's not. Many mothers struggle with a sense of extreme sadness and depression after giving birth. It may feel like you're all alone, and like you need to hide your feelings and pretend to be happy even if that's not what you're feeling but it's not. [Celebrity parents](#) like [Katy Perry](#) and Serena Williams are speaking out about their battle with postpartum depression. It's nothing to be ashamed of because it is very real for many new mothers.

Parents, you're not alone. Even celebrity parents struggle with postpartum.

According to *People.com*, celebrity parents like Katy Perry, Serena Williams, and Alyssa Milano are helping to shed some light on the reality of postpartum depression. Williams opened up saying, "Sometimes I still think I have to deal with it, ... I think people need to talk about it more because it's almost like the fourth trimester, it's part of the pregnancy." These celebrities are helping shed light on the fact that postpartum is not something to be ashamed of; it is a natural part of giving birth and the first step to beginning to feel better is to accept it is natural and you don't need to hide. Here are some recovery [parenting tips](#) for dealing with postpartum depression:

1. Respond to your child's needs: Build a bond with your baby. That may seem like a lot when you're feeling like you're stuck in sadness and darkness, but take it one step at a time. You build a bond by meeting your baby's needs. When they cry, pick them up, have skin-to-skin contact, sing to them, anything as long as you're interacting with them in a positive manner. As your bond grows between you and your baby it will help you both to feel more secure and help you feel better, too.

Related Link: [Parenting Trend: Baby Led Weaning](#)

2. Take care of yourself: It can be easy to get lost of taking care of your baby instead of taking care of yourself after giving birth. This can be further exasperated if you're suffering from postpartum depression. Take your vitamins, and make sure you are sleeping when the baby sleeps. Ask your friends and family for help so you can get some time to yourself to pamper yourself and make sure you're getting enough sleep. Get outside and get some sunshine because it can

positively impact your mood.

Related Link: [Parenting Tips: Apply Research to the Practice of Parenting](#)

3. Use your support network: Loneliness can make your postpartum feel worse, and leave you feeling lost in the dark. Reach out to your friends and family for support when you're lonely. Visit them or invite them out to lunch. They can offer social and emotional support that will help boost your self-esteem and lift your mood.

4. Therapy: If self-help and lifestyle changes are not enough to pull you out of your depression you can seek therapy. A doctor may also prescribe medication or counseling and psychotherapy to help you talk about your concerns and set manageable goals to help you take steps towards feeling more positive.

Postpartum affects many new mothers. What are some tips you have for lifting your spirits when you feel depressed? Let us know in the comments below.

Celebrity Wedding: Serena Williams Marries Alexis Ohanian in New Orleans





By [Karley Kemble](#)

In some seriously exciting celebrity news, Serena Williams and Alexis Ohanian are married! The tennis pro and Reddit co-founder tied the knot in a lavish New Orleans ceremony. According to [EOnline.com](#), their [celebrity wedding](#) was attended by many family members and friends – the rehearsal dinner alone had around 100 people in attendance. With tons of alcohol, beautiful flowers, and yummy beignets, this wedding was one-of-a-kind! Williams and Ohanian have been together since 2015 and welcomed their first child, Alexis Jr., two months ago. Congratulations to the [celebrity couple](#) – you have a lot to celebrate!

This celebrity wedding was a fancy affair! What are some ways to personalize your wedding festivities?

Cupid's Advice:

Your wedding will be one of the best days of your life, so it's important that everything – from the location and decor to the food and drinks – best represents you and your relationship. Cupid has some ideas on how to make your special day unique:

1. Break from traditions: Sure, there's nothing like a classic wedding. These ceremonies are timeless and quaintly traditional. But your day is all about you, so you can celebrate it however you'd like! If you would rather add your own touch to the bouquet or garter toss, go for it. Your guests will love the creative spin.

Related Link: [Celebrity Baby: Serena Williams Introduces Daughter Alexis Olympia](#)

2. Ditch the cake: If you don't like cake, you don't have to serve it! Dessert alternatives are super on-trend lately. You can serve cupcakes, order a wall of doughnuts, or even have an ice cream sundae bar. The choices are endless, and the personal touch will be remembered.

Related Link: [Celebrity Wedding: Serena Williams Addresses Secret Wedding Rumors](#)

3. Get creative with the guestbook: Guestbooks are nice, but realistically speaking, how often do you think you'll sit down and go through the album? Ditch the book and have something more practical. Buy a coffee table book for your guests to sign, or ask people write down a piece of marriage advice for you. You'll get more use when you implement a bit of creativity, and you won't feel like you're wasting your money on something that's going to gather dust in your closet.

How have you added personal touches to your wedding? Let us

know below!

Celebrity Baby: Serena Williams Introduces Daughter Alexis Olympia



By [Ashleigh Underwood](#)

It's a girl! A [celebrity baby](#) destined for Olympic gold has been born, and her name is Alexis Olympia Ohanian Jr. Although she was born almost two weeks ago on September 1st, [celebrity couple](#) Serena Williams and her fiancé Alexis Ohanian have only

just shared pictures and the name of their newest addition. While they opted to keep the sex of their celebrity baby a secret until her birth, Williams revealed to People.com that she felt “like it has to be a girl because everything that that baby went through and handled like a champ, only a woman could be strong enough to take on.”

This celebrity baby made her debut on social media! What are some other ways to introduce your child to family and friends?

Cupid’s Advice:

Having a baby is an incredible and life-changing event in every parent’s life. It is so amazing, in fact, that you will want to share your bundle of joy with everyone. Here a few way to reveal your exciting news:

1. Throw a party: What better way to celebrate you baby than with a party! Invite your family and friends to a “sip and see” to show off your child. If you didn’t get the chance to have a baby shower, use this get-together as an opportunity to let your guests meet your little one and shower him or her with gifts.

Related Link: [Celebrity Baby: ‘Bachelor in Paradise’ Stars Jade Roper & Tanner Tolbert Reveal Baby Girl’s Name](#)

2. Send an announcement: If you are a little wary about letting people near your newborn, send out a baby announcement. Take some adorable photos of your child and attach them to a card sharing their name, birthday, birth weight and height, and other important information. You can even include a personalized note, thanking everyone for their love and support during this exciting time.

Related Link: [Celebrity Baby: Eva Longoria Is Not Pregnant Despite Rumors, Rep Says](#)

3. Opt for a pregnancy announcement: A fun and easy way to share your baby news is with a pregnancy announcement. After you give birth, odds are, you will be too busy and tired to see family and friends. Instead, have a party or take pictures *before* the big day. This way, everyone will know that you are expecting and can congratulate you right away.

How did you announce your new baby? Comment below!

Celebrity Wedding: Serena Williams Addresses Secret Wedding Rumors





By [Marissa Donovan](#)

Rumors about Serena Williams having a secret wedding have circulated. The tennis star spoke with *E! News* to set things straight. According to [Eonline.com](#), Williams has not tied the knot with Reddit co-founder Alexis Ohanian. The [celebrity couple](#) got engaged in December and are still waiting to get married. Currently Williams is getting ready to become a [celebrity parent](#) to a baby girl and a wedding will not be happening in the near future!

It looks like there was no secret [celebrity wedding](#) between these two – at least not yet! What are some benefits to having a secret wedding with your partner?

Cupid's Advice:

Sometimes large weddings can be overwhelming. Secret weddings can be less stressful and can be intimate for you and your partner. Here are some perks to having a secret wedding:

1. You can pick any wedding venue: Have you always wanted to have a tropical beach wedding? Sometimes it can be expensive having all of your family come to your far away venue. By having a secret wedding, you can get married at any location.

Related Link: [Celebrity Baby: Serena Williams Says She Accidentally Revealed Her Pregnancy on Snapchat](#)

2. You don't have to entertain a large group of people: **Having** a small group of friends is more relaxing compared to the anxiety of having thousands of people stare at you. By having not having a large family wedding, you don't have to worry about entertaining everyone and you can focus on your special moment!

Related Link: [Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian](#)

3. You can go on the honeymoon immediately: There's no need to wait after a wedding reception. When you have a secret wedding, you can start your honeymoon right after your first kiss as a married couple!

Have you had a secret wedding? Tell us your wedding story in the comments!

Celebrity Interview: 'The

Cycle' Co-Host Aliya-Jasmine Sovani on Work, Life, Love and Balancing It All



By [Noelle Downey](#)

Aliya-Jasmine Sovani is one of the newest voices at NBC with the talk show she co-hosts, *The Cycle*, now airing digitally to reach a millennial audience. With her show, she strives to make the news more accessible to young people by creating a haven for a well-researched blend of political, pop culture, and sports news that so many viewers wish they could find with just a quick Google search on their phones. And now they can, thanks to *The Cycle*. When she's done at work, the co-host has a life full of love, laughs, fashion, and friends to enjoy. In our recent [celebrity interview](#), Sovani opens about how she

manages to have it all, from her dream job to true love.

Aliya-Jasmine Sovani Spills Details on Her New NBC Talk Show *The Cycle* in Celebrity Interview

While *The Cycle* may be hosted by NBC, one of the biggest networks around, Sovani insists that this new digital take on a talk show is bringing something brand new and accessible to younger viewers – and a lot of that has to do with the tone of the show. “Imagine Anderson Cooper doing the six o’clock news and then going home in the evening, and he throws a black v-neck T-shirt and cracks open a beer,” she explains with a laugh. “The way that he would explain his day to Andy Cohen at night over a drink is the way that we try to do the news every day.”

Related Link: [Celebrity News: Anderson Cooper Thanks Boyfriend Ben Maisani at GLADD Awards](#)

Of course, it’s not just the tone; it’s also the content, which the co-host says is chosen with younger viewers in mind. “We’ll do all the biggest headlines when it comes to world news and politics, but we also cover sports and pop culture,” she says, “so if Kendrick Lamar drops a new album, we’ll talk about that with the same kind of importance.”

In this new digital world, convenience is everything. Sovani believes it was important to make this show as easy to access on-the-go as possible to match the fast-paced life of most modern millennials. “Our show is completely made to watch on your phone, which I think is really cool and forward-thinking,” the co-host shares. “This is new: the idea of traditional news networks pushing out content to a millennial audience using digital and social platforms. Being able to be part of that movement, as a storyteller and as a journalist,

is really rad and incredibly fulfilling. Not only am I getting to tell stories that I care about, but I'm able to tell them on a platform that I also use to consume information."

***The Cycle* Co-Host Dishes on Her Favorite Date Night**

Of course, with a new show and such a busy work schedule, Sovani has to set some serious boundaries to make sure that she can find time to just relax. So what are her secrets for achieving that perfect work-life balance? "I live about three blocks from the ocean. I have a little rescue mutt, and I bring him to the ocean every single morning, and that's kind of my tranquility," she says in our celebrity interview. "I also have a rule at home: I don't have my phone in my bedroom at all. I won't even use it as an alarm. And I have a 'no weekends' policy. So the only time I'll check my email and my phone on the weekends is on Sunday night at 6 p.m., just to get ready for Monday."

During these social media and digital fasts, Sovani still has plenty to entertain her: "I just let my weekends be about me and my dog and my boyfriend," she enthuses. "We really like to go out for brunch, and we spend a lot of our weekends at the ocean. For me, that's everything."

Related Link: [Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen](#)

Sovani isn't just making strides in her professional life; she's also taking big steps in her [celebrity relationship](#). She admits that this is the first time she's ever lived with a boyfriend, so she's concentrating on keeping things fresh and fun. "I think it's very easy to get into a routine where all you guys talk about is work when you get home," she explains, "so we decided to try to go to more comedy shows! Instead of just doing a dinner [date night](#), we decided to start doing

'dinner and comedy' nights. We'll see the show, and then we can go for dinner and talk about it and the world at large."

So is laughter truly the best medicine? For Sovani and her special someone, it certainly is. "I think that it reminds you of why you were intellectually attracted to that person," she reveals. "For both of us, that's what we find really attractive about each other. So that's been a great addition to our relationship."

Aliya-Jasmine Sovani Reveals Her Go-To Fashion Item

Of course, whether in the office or on date night, Sovani is committed to looking fantastic. And there's one item that she just can't live without: "Sheath dresses are my new thing that I love in my 30's," she gushes. "I have these really great leather Oxford booties that I wear with my sleeveless sheath dresses and maybe a blazer thrown on top for work. Then, in the evening, all I have to do is replace those shoes with a cute pump and my briefcase with a nice little Chanel bag. That's been my new date night trick."

Related Link: [Fashion Advice: Choose the Perfect Date Night Dress](#)

With style tips as good as that, Sovani is clearly in-the-know when it comes to trends, and her knowledge of [celebrity news](#) is just as on point. Her favorite bits of celeb gossip right now are focused on two powerhouse ladies: [Kim Kardashian](#) and Serena Williams. "I read a headline about how Kim is being really open about getting a surrogate to have her next child. I know for many woman, that's been a taboo topic," she says. "So I think it's really interesting that she's being very open with it. It's opening up a dialogue for women who might not be able to have children and who have thought about that."

And it turns out the journalist is also a huge fan of how Williams recently shared her pregnancy photos. “I think that’s really incredible because she has this iconic strong female body and all women are pressured into looking certain ways,” Sovani explains. “Female athletes especially spend so much time conditioning their bodies, so for her to flip the switch and watch her body transform publically is really brave.”

Tune into The Cycle and follow Aliya-Jasmine on Instagram [@AliyaJasmine](https://www.instagram.com/AliyaJasmine) for more from this up-and-coming millennial news superstar!

Fitness Trend: Wearable Technology





By [Noelle Downey](#)

With warm weather here it's time to party on the beach and play in the surf and sand. But what if you're feeling like your beach body isn't quite bikini-ready? There's a new [fitness trend](#) that could help you get outdoors for a sensational summertime in the sun *and* motivate you to start sculpting some killer abs too. With stars like [Ryan Reynolds](#) and [Gwyneth Paltrow](#) jumping on the bandwagon, it's official, the newest celebrity trend when it comes to fitness is wearable technology. From Fit Bit to Garmin, this trend is everywhere, and we here at Cupid's Pulse have the the top five celebrity-approved ways to catch up on this trendy tech breakthrough for summer fitness fun.

Looking for a great way to stay fit and fab this summer? Check out these awesome pieces of tech to

stay on the fitness trend and on track to a red-carpet worthy body this summer!

1. Flaunt your abs with [Fitbit](#): While Fitbit is far from the only good option out there when it comes to wearable tech, it's definitely one of the most popular in the mainstream fitness world, probably partly because of the variety of models available. Tons of stars have been spotted with this handy piece of tech on their wrist as they work out. [Britney Spears](#) gets in some steps with an eye-catching pink Fitbit to match her workout ensemble, while Ryan Reynolds works on his killer abs with the Fitbit Flex, and [Kelly Ripa](#) struts her stuff with a Fitbit of her own tracking her every move toward a red-carpet worthy figure. Even former president Barack Obama has been spotted with a Fitbit Surge on his wrist during his daily runs. Whatever model you choose, this piece of tech wonder will do everything from track your steps and heart rate to monitor your sleep, with some models even syncing directly to your smart phone to store and compare the data.

2. Push to the limit with the [Pebble SmartWatch](#): If you're looking for something a little less mainstream and slightly more upscale, try the Pebble SmartWatch for a fitness tracker that looks like a fashion statement in the form of a swanky watch. TV talk show host and comedian Stephen Colbert has been spotted multiple times with this great piece of wearable tech on his wrist. If you're looking for something that doesn't necessarily proclaim, "I'm working out right now," but you're still interested in tracking your fitness data, try Pebble SmartWatch, which tracks your calories burned and distance covered and gives you personalized fitness encouragements when you need them. All of this is caught up in a sleek, celebrity style design that looks fashionable and stellar, and if you're not busy hitting the gym, you can discreetly set it to display

the time and still get compliments on your gorgeous accessory.

Related Link: [Fitness Advice: Is Fitness Turning Entirely Digital?](#)

3. Burn calories with the [Nike + Fuelband](#): If you're looking for something a little more simple that's still celebrity-approved, try the Nike + Fuelband, a simple band around your wrist that tracks calories burned and steps taken while allowing you to set daily goals for yourself on a single simple screen. This chunky and funky band certainly isn't as sleek as some of its competitors, but it also does exactly what it needs to do to help you set a better fitness schedule, without all the fuss of a more high-tech gadget. And it certainly has a great celebrity endorsement from Serena Williams, who's been spotted on the court during many of her victorious championship tennis games with this trendy fitness gadget on her wrist.

4. Take a step forward with [Jawbone UP](#): If you're not feeling Fitbit but want a combination of Fitbits variety of models and the sleekness of the Pebble SmartWatch, look no further than Jawbone UP, which offers four different models with a variety of abilities, from the basic model that provides a smart coach, activity tracking, calories burned, and sleep tracking to the more advanced models that provide all of this as well as automatic sleep detection and data on heart health. This sleek and shiny band offers choices to those who decide to purchase from this brand, as well as a variety of colors and styles. Famous actress and health guru Gwyneth Paltrow has been seen wearing the Jawbone UP on many occasions! See if the Jawbone UP could be for you too!

Related Link: [Product Review: Get Your Fitness Wear By Naja, a Socially Conscious Lingerie Brand](#)

5. Get in shape with [Garmin VivoSmart](#): For a fitness monitoring tool that's approved by fitness icon and Virgin-

founder Richard Branson, look no further than the Garmin VivoSmart. Garmin may not feature the fanciest models on the market when it comes to wearable tech, but it's also one of the most affordable, and you get a fairly good bang for your buck when it comes to using this handy fitness tool. Just like Richard Branson, you can strap this on and learn about your sleep and steps with one of their colorful and water-resistant models, or you can spring for one of the newer releases and get all day stress monitoring, rep counting, and more!

Have you ever used any wearable tech when it comes to fitness? What do you think of this trend? Will you be springing for one of these fitness tools soon? Let us know in the comments!

Celebrity Baby: Pregnant Serena Williams Gets Cozy with Boyfriend Alexis Ohanian on Babymoon





By [Noelle Downey](#)

Tennis superstar Serena Williams is enjoying some much needed rest and relaxation with her fiancé Alexis Ohanian following the announcement of the couple's [celebrity baby](#) news on April 19th. According to [EOnline.com](#), the [celebrity couple](#) was spotted basking in the sun, surf and sand at Playa del Carmen, a Mexican resort town, where Williams sported a cute swimsuit and a smile and her soon-to-be-hubby grinned and sipped on a beer. With this [Hollywood relationship](#) in for a major change with a baby on the way, it's no wonder this power couple is taking a moment to just enjoy the warm weather and each other's company as they celebrate their [celebrity pregnancy](#) and segue into a brand new chapter in their lives.

**Serena is preparing for her
celebrity baby with some
relaxation! What are some benefits**

to indulging in a babymoon?

Cupid's Advice:

With a baby on the way, traveling can seem like a daunting proposition. But there are tons of benefits to turning a [romantic getaway](#) into a special babymoon to celebrate your upcoming family addition. Here are Cupid's top tips on why you should prioritize a trip the next time you and your partner get such happy news:

1. It's your last chance to travel kid-free: While traveling while pregnant can be a mild ordeal, traveling with a baby or small child is exponentially more difficult! Considering that this may be the last opportunity you and your partner may have for a trip that's all about you, it might be a good idea to take the plunge and enjoy one last luxury vacation – minus the pitter patter of little feet.

Related Link: [Serena Williams Is Expecting a Celebrity Baby](#)

2. It's a great way to bond: Even if you're both super excited to be parents, it's likely that if you don't get away to celebrate, "real life" may distract you from your happy news. Get away from the pressure of work and other time commitments for a bit, even if just for a weekend, and really focus on the dreams, plans and hopes you have for this new special individual you're bringing into the world. One-on-one time will give you tons of opportunities to talk about your future favorite kiddo, and even make a great plan for your first few months as parents too.

Related Link: [Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian](#)

3. Relaxation is vital: Pregnancy is a wonderful miracle of life, but it also comes with its fair share of aches, pains and uncomfortable moments. Taking a trip to a spa, a beach, or

other luxury travel destination with your partner and just letting yourself really relax will do nothing but benefit you and your baby's health and help you center and collect yourself for the harder parts of bringing life into this world!

Williams and Ohanian seem prepped to be celebrity parents and are enjoying a little one-on-one time before their little one arrives! What are your favorite kid-free retreats to visit with your partner for a relaxing getaway? Let us know in the comments!

Serena Williams Is Expecting a Celebrity Baby





By [Whitney Johnson](#)

Serena Williams shared some exciting news via Snapchat: She's expecting a [celebrity baby](#) with fiancé Alexis Ohanian! As reported by [EOnline.com](#), the sports queen posted a picture of herself in a yellow one-piece bathing suit with the caption, "20 weeks." The [celebrity couple](#), who announced their engagement in late December, recently vacationed together in Tulum, Mexico – a babymoon, perhaps? Offering another hint about her celebrity pregnancy over the weekend, Williams posted a photo to Instagram and wrote, "Fighting to get up this morning." It's no surprise that this celebrity baby has already attended his or her first major sporting events: The tennis star was two months pregnant when she beat her sister at the 2017 Australian Open in January.

There's a sporty celebrity baby on the way! What are some factors to

consider about your fitness routine while you're pregnant?

Cupid's Advice:

Pregnancy changes a lot of things: what you can eat, what you can wear, and how you can exercise, just to name a few. If you have a baby on the way, here are some factors to consider about your fitness routine:

1. Listen to your body: Most importantly, pay attention to what your body's telling you. Pre-pregnancy, you may have pushed yourself to run that half-marathon as fast as you can. Now that there's a little one on the way, listen to how you feel: Are you uncomfortable? Do you feel faint? Are you drinking enough water? Do you need to take a break?

Related Link: [Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian](#)

2. Drink plenty of water: Make sure you stay hydrated before, during, and after exercise. Dehydration during pregnancy can lead to a number of problems, including decreased blood flow to the placenta, early contractions, and increased risk of overheating.

Related Link: [New Celebrity Couple: Serena Williams is Dating Reddit Co-Founder Alexis Ohanian](#)

3. Skip dangerous sports: Continue with your swimming or yoga practice for as long as you feel comfortable, but avoid sports that involve a lot of contact, like basketball or soccer, or that involve rapid movements and balance, like raquet ball, gymnastics, and water skiing.

Do you have any other advice about exercise during pregnancy? Tell us in the comments below!

Note: We are not medical professionals. Please consult with your doctor about your fitness routine during pregnancy.

Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian



By Justin Thomas

Here comes the bride! During a press conference after a successful match at the 2017 Australian Open on Tuesday, Serena Williams opened up about her recent celebrity

engagement to her now fiancé Alexis Ohanian. According to UsMagazine.com, Williams simply said, “It feels good” when asked about her feelings toward her new upcoming nuptials. As exciting as it is, Williams is making it clear she’s not losing focus, saying, “I really haven’t thought about it too much, because I wasn’t even really gonna think about it until after the tournament.” She continued, “So, I just keep saying, ‘February, I’ll start looking at the bigger picture of my life.’ But right now, I’m just so focused that this is all I can think about.” The news of the engagement broke on December 29, though the [celebrity couple](#) have been dating since the fall of 2015.

This celebrity engagement is still being celebrated! What are some ways to celebrate your recent engagement with family, friends and each other?

Cupid’s Advice:

Getting engaged is no doubt one of the most exciting moments and experiences in one’s life. There are a rush of thoughts that cross your mind as you begin to celebrate. Here’s some [relationship advice](#) from Cupid to help get the celebration started:

1. It takes two: Enter this new phase of your lives together by telling all of your loved ones together as a unit. Be creative or don’t be creative, or yell it from the top of a mountain; it doesn’t matter as long as you share the news together!

Related Link: [Relationship Advice: Post Engagement Behavior](#)

2. Celebrate: Yes, this means all the cliché engagement motions! Call up all of your family and friends, grab your partner, and pop open a bottle of your favorite champagne (or your drink of choice) and get the good times rolling.

Related Link: [Is Shia LaBeouf Celebrating a Celebrity Engagement with Girlfriend Mia Goth?](#)

3. Let the real party start: Once everyone leaves and the dust (confetti) has settled, it's time to celebrate with just the two of you. This can be done at home or through a quick getaway; just make sure it's special. By now, you can already feel the change in dynamic between you two as the news is still fresh, so relish in it. Make time to do what couples do!

What are some ways you'd celebrate your engagement? Comment below!

Celebrity Couple Predictions: Gwen Stefani, Serena Williams and Nicole Scherzinger





By [Shoshi](#)

If you're looking for the latest celebrity news and romance rumors, you've come to the right place! Below, I consider the future of three [celebrity couples](#), two new pairs and one on-again, off-again duo.

Get the Latest Celebrity News on Blake Shelton and Gwen Stefani

Blake Shelton and Gwen Stefani: When it was announced that Gwen Stefani and Gavin Rossdale were getting a celebrity divorce, it wasn't a big surprise. Throughout their marriage, there were cheating rumors on Rosedale's end – and where there's smoke, there tends to be fire. Good for Stefani for doing what she needed to do to get out of their marriage and get on with her life. Besides, she's as hot as ever; she will land another lover...which brings us to her new romance with Blake Shelton.

Related Link: [Gwen Stefani Drops New Music Video About Celebrity Divorce](#)

If ever someone needed to have fun after ending a marriage, it's the pop star. Looks like Shelton is the right partner in crime! I don't see this relationship and love as a long-lasting one though. It's simply two people coming together to heal as they put their marriages behind them. After Shelton, Stefani will move on to a new guy who is a little younger and wants to settle down.

Serena Williams and Alexis Ohanian: It seems like any man that the tennis star speaks to for more than five minutes gets the title of "boyfriend." Currently, that man is Alexis Ohanian, the co-founder of Reddit. Rumor has it that they were seen holding hands after one of her workouts. However, I have to ask: Is there even one photo of this celebrity couple together? It'd be nice to have a little proof that they have been in the same room at the same time! Unfortunately, Williams tends to keep her personal life to herself, so it may a while before we get the true scoop on this pair.

This relationship looks like a casual one, though it could very easily turn out to be the real deal. They're both at the top of their field; they both have their own money; and they're both good-looking. It's a grand slam.

Shoshi's Prediction for Celebrity Exes Nicole Scherzinger and Lewis Hamilton

Nicole Scherzinger and Lewis Hamilton: These two make one hot famous couple. When they walk a red carpet, people have to fan themselves. That being said, it's not all hearts and flowers between them. They have broken up and gotten back together so many times that they probably don't know which date to use as their anniversary.

Related Link: [Nicole Scherzinger and Lewis Hamilton Become](#)

[Celebrity Exes Again](#)

Besides their six-year age difference, there seems to be a lot of physical distance. Scherzinger lives in Los Angeles, while Hamilton lives in Monaco. It's being said that the distance is causing a strain on the relationship and love. Plus, there's the fact that Hamilton won't marry Scherzinger. Put all of that together, and it screams *hot mess*.

One of them is going to have to put an end to all of the celebrity break-ups and make-ups. From what I see, it will have to be Scherzinger. It looks like they want different things from their relationship. If no one is willing to move to make this relationship work, it doesn't stand a chance.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

New Celebrity Couple: Serena Williams is Dating Reddit Co-Founder Alexis Ohanian





By Kyanah Murphy

Love may be in the air, as a new [celebrity couple](#) has been spotted. Celebrity tennis player Serena Williams and the co-founder of Reddit, Alexis Ohanian, are dating! [UsMagazine.com](#) revealed the celebrity news with a statement that the celebrity relationship is new. The two were seen going to the gym together hand-in-hand, and Ohanian has taken up tennis – something he had no previous interest in until Williams. It's pretty sweet of Ohanian to take up Williams' sport of choice!

This is one high powered celebrity couple! What are some ways to support your partner's hobbies?

Cupid's Advice:

Supporting your partner's hobbies is a wonderful thing to do, whether you're a celebrity couple or not. Cupid has some dating advice to put you on the right track in supporting your

partner:

1. Be like Ohanian and try your partner's hobby: Ohanian hasn't had an interest in tennis until he recently started seeing his new girlfriend, Serena Williams. Since tennis is clearly one of Williams' passions in life, Ohanian has decided to try out the sport himself. You can also take up a hobby of your partner's to get a feel for something they're passionate about.

Related Link: [Celebrity News: Sandra Bullock Leaves Spa Looking Radiant and Happy](#)

2. Be there for your partner: If your partner plays a sport, show up to the game and cheer them on. If he or she needs a ride to a class, drive them. If they don't need either of those, just let them know that you support what they're doing, that you're there for anything they need, and you're cheering them on.

Related Link: [Calvin Harris Slams Rumors of Celebrity Break-Up From Taylor Swift](#)

3. Brag a little: If your partner is rather good at their hobby, brag a little about them while you're out with friends and family. Share what your partner has been up to and any achievements they've made to show your admiration.

What are some ways you support your partner's hobbies? Comment below.

5 Celebrity Couples Who Just Made It Official



By Mackenzie Scibetta

Celebrity gossip frequently makes comical combinations of [celebrity couples](#) that would never actually work. With rumors spreading false odd pairings, such as saying rebellious Rihanna and environmental activist [Leonardo DiCaprio](#) are together, it's difficult to know what to believe. However, these Hollywood relationships are no joke!

Cupid has compiled a list of

celebrity couples who are recently exclusive, together and 100% official:

1. Sandra Bullock and Bryan Randall: The 51-year-old Oscar winner and 49-year-old photographer pair first turned heads in the beginning of August. Things heated up when Bullock brought Randall as her plus one to Jennifer Aniston's wedding. Ever since then the duo has been spotted together all over Hollywood and are reportedly extremely smitten with each other.

2. Gigi Hadid and Joe Jonas: Nicknamed GIJoe, this young celebrity couple got together over the summer and have been inseparable. If they're not hanging with their massive group of famous friends, they're making the whole world envious of their cuteness. When recently asked how to describe Hadid in one word, Jonas replied with "happiness".

Related Link: [Gigi Hadid Says She Rejected Celebrity Boyfriend Joe Jonas When She Was 13](#)

3. Drake and Serena Williams: While this pair has been keeping their relationship under the radar for now, they have been caught making out in a restaurant, supporting each other at their respective professions and flirting on social media. Drake was even seen crazily cheering at Williams tennis match.

4. Cara Delevingne and St.Vincent: The supermodel and rock star confirmed rumors of a budding romance after they attended the London Fashion Week together, flirting in the front row. Delevingne recently gushed about her girlfriend in *Vogue* saying "I think that being in love with my girlfriend is a big part of why I'm feeling so happy with who I am these days."

Related Link: [5 Most Fashion Conscious Celebrity Couples](#)

5. [Gwyneth Paltrow](#) and Brad Falchuk: The 'Glee' producer and 'Scream Queens' co-creator confirmed this blossoming relationship by posting a picture on Instagram calling Paltrow his date. After taking their love public, they have been spotted all over together, even at Robert Downey Jr.'s 50th birthday party.

Which new celebrity couple is the cutest? Let us know below.

Serena Williams Crashes Wedding in Leopard-Print Swimsuit





By Shannon Seibert

Wedding crashing is one thing, but wedding crashing in animal-print pool attire is something else. Tennis star Serena Williams shocked one unsuspecting couple on Saturday, May 31 at their wedding ceremony on the beach in Miami, Fla. Williams had been posing for a shoot with friend and fellow athlete, Caroline Wozniacki. Williams came across the wedding ceremony and decided to pop in to give her best to the couple on their special day. The delighted couple then invited Williams to be a part of some of their wedding photos, according to UsMagazine.com.

What are some ways to surprise your wedding guests?

Cupid's Advice:

1. Put on a performance: A couple's first dance is supposed to make a huge statement that reflects the couple's relationships. Some brides submit their hubbies-to-be to weeks of dance lessons. Really wow your guests with a dance number. You could begin a flashmob, including the bridal and groom

parties or even put on an impressive waltz that will have your mother's eyes watering in awe. Just have fun with it and make musical memories with the love of your life.

Related: [Kim Kardashian and Kanye West Have a 'Fun and Busy' Wedding](#)

2. Make a random change in venue: Spontaneity never disappoints, ever. If your wedding is inside, but the weather is absolutely enchanting outdoors, relocate outside the venue last second. I mean it's your wedding, right? Sure, you may not have all of the decorations you wanted, or the traditional appeal, but spur of the moment decisions is what makes this wedding yours. The day is what you make of it, so if you want to create your fairytale in the parking lot, so be it!

Related: [Evan Rachel Wood and Jamie Bell Split After 2 Years of Marriage](#)

3. Channel your inner Oprah: *"You get a gift! He gets a gift! She gets a gift! You all get gifts!"* Free stuff is the best stuff. Let's be honest, this day is all about you, but your guests do want to feel included and appreciated on your special day. Show them some love with adorable personalized gifts, with an inside joke or an item that reflects their personal taste, such as a certain type of wine bottle. The gesture will show how much you care and they'll be even happier that they attended.

Did you surprise your guests on your special day? Tell us your story in the comments below!